

Buckeye Flyer



Wright-Patterson AFB, Ohio
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Wing members spread Christmas cheer at VA Medical Center



New Year a time to start over

Chaplain (Maj.) Bill Dickens
445th Airlift Wing

January is always the month we start over. I've started over on eating less, eating healthier, taking vitamins, exercising more, reading more, watching less television, spending more time with the family, saving more, and the list goes on. The New Year is always a time for starting over or beginning again.

The Bible tells us that God is a God of new beginnings. The psalmist, in Psalm 103:12, tells us that when God forgives us, he casts our sin as far as the east is from the west. If you keep going north, you will eventually go south. However, if you travel east, you will continue to travel east. When God forgives us, He remembers our sin no more. Now that is giving us a new beginning. In fact, Paul tells us that when God cleanses us, we are "new creations" the old has gone and the new has come.

As you begin 2009, reflect on your life and see if God wants to start over with you. If you want to, He is more than willing. Have a wonderful New Year's celebration and a great 2009.

Cover photo: Staff Sgt. Ronetta Bragg, 445th Aeromedical Staging Squadron, visits with VA resident Milton Harris, a Vietnam Veteran, during the Dayton VA Medical Center's annual Christmas party. The 445th Airlift Wing has participated in the annual event for the past 12 years. (Air Force photo/ Maj. Cynthia Harris)

Are You Ready for 2009?

By Col. Stephen D. Goeman
445th Airlift Wing Commander

An air of excitement is in the air as we look forward to what to expect in the upcoming year. Job Number One is and will continue to be taking care of our Airmen and their families. At any given time we have over 100 of our wing Airmen deployed to many varied locations around the world. We need to acknowledge the many sacrifices these individuals and their families make in order to serve our Air Force.



Col. Stephen Goeman

The newly fielded Yellow Ribbon Program is our next step in making sure we meet the needs of our heroes and their families. Be on the lookout for these programs and if you are able, volunteer when you can and take the time to assist our deployers prior to, during, and after their safe return to their homes and loved ones.

The personal safety of our Airmen needs our attention. The business we are in is inherently dangerous but by exercising sound risk management decisions and employing solid judgment we can operate in a safe manner both at work and at leisure. I have every confidence in your abilities to get the job done safely and to use your expertise in making sure that we operate safely.

In 2008 we lost three of our Airmen in off duty incidents. This is unacceptable; each of us needs to look at how we can act proactively and be prepared for the unexpected. Be a good wingman and look out for your fellow Airmen. A word to our motorcycle riders; you are at risk. You can be a highly skilled rider but there are far too many unskilled drivers out there who will be a hazard to you. I can't control what you do off duty but I beg each and every one of our motorcycle aficionados to complete a sanctioned motorcycle safety course to sharpen your skills in this dangerous environment. Lt. Col. Barton and our wing safety office stand by to offer assistance.

Lastly, what would any year in the Air Force Reserve be without some type of inspection? 2009 will be no different. Our maintenance group will receive a visit in March for a Logistics Compliance Inspection (LCI) and in October the entire wing will be evaluated in a wing-wide Unit Compliance Inspection (UCI). Included in this UCI will be a Health Services Inspection for our ASTS and a Maintenance Standardization & Evaluation Program (MSEP) for the maintenance group. We'll finish up the year in November with an Aircrew Standardization Evaluation Visit (ASEV) for our operations group personnel. That is a tall order, but I have faith in our Airmen to prepare and expect to see positive results in all areas.

Chief Mouser and I wish you all a Happy 2009 and now let's take a deep breath and get to work!

Buckeye Flyer 445th Airlift Wing (Air Force Reserve Command)

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Medical Squadrons on top once again

By 445th Airlift Wing Public Affairs

The 445th Aeromedical Evacuation Squadron, the Aeromedical Staging Squadron and five unit members received 2007 Air Force Reserve Command Unit awards during the 2008 Air Force Reserve Command Medical Awards Luncheon November 12, 2008.

The **445th Aeromedical Evacuation Squadron** received the Outstanding Reserve Medical Quality Initiative Award. The unit was recognized for quickly adapting to new universal training requirements during the wing's conversion from C-141s to C-5s. The unit combined a comprehensive training program with aggressive procurement of airlift from C-130, KC-135 and C-17 airlift wings to support the new training environment. Members of the AES are currently spearheading efforts to assist with development of equipment and procedures to use the C-5 airframe as an aeromedical evacuation platform.

The **445th Aeromedical Staging Squadron** accepted the Outstanding Aeromedical Staging Squadron (250/150 Bed) Award. The squadron was recognized as the "best ever inspected" by an Air Force Inspection Agency Team with an outstanding score of 94. The Emergency Medical Technician (EMT) Schoolhouse and the Advanced EMT training in conjunction with the National Park Service were recommended for support at all command levels. The EMT Schoolhouse provided 35 percent of the total EMT training in the Air Force Reserves. The unit exceeded the national average pass rate by 28 percent.

Lt. Col. Sheri Gladish took home the Outstanding Reserve Officer Assigned to an Aeromedical Staging Squadron Award. Colonel Gladish was recognized for support during deployments for Guatemalan Humanitarian Missions, and Operations Enduring and Iraqi Freedom. As the medical director to 5 CCAT teams, she provided clinical expertise to meet training goals of nine diverse medical professionals. Colonel Gladish provided stabilization and resuscitation of 850 critically ill and injured patients.

Lt. Col. Valorie Jarreau received the Outstanding Reserve Officer Assigned to an Aeromedical Evacuation Squadron. While deployed to Andrews Air Force Base in support of Operation Enduring Freedom, Colonel Jarreau used her acute attention to detail and medical experience to analyze and identify a widespread sleep deprivation problem affecting patients during aeromedical evacuation transport. She developed an inter-

agency procedure to ensure patients received adequate en route rest, without delaying patient movement.

Senior Master Sgt. David Bloomfield was selected as the Outstanding Air Reserve Technician Non-commissioned Officer Assigned to an Aeromedical Staging Squadron. Sergeant Bloomfield deployed twice to the 435th Contingency Aeromedical Evacuation Staging Facility, one of the busiest in support of Operations Enduring and Iraqi Freedom. The 435th provided medical care and safe transportation for more than 1,300 battle casualties and 5,000 inbound and outbound patient movements.

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AES members provide in flight patient care



Capt. Leesa Lowder, 445th Aeromedical Evacuation Squadron, assists a patient in flight from Ramstein Air Base, Germany to Andrews Air Force Base on a C-17. The AES members are deployed to Ramstein AB to provide patient care on all flights from South-west Asia back to the United States. (Air Force photo/Capt. Jonathan Kollmann)

AFRC Sexual Assault Prevention and Response Program

By Col. Karen Nagafuchi
445 AW Reserve SARC Liaison

What it Means to YOU!

Sexual assault is a CRIME which violates the Air Force core values. It is far below the standards America expects of our military in addition to harming our mission, destroying morale, and in some cases, causing life long and devastating consequences for our Airmen. Inherent in the Air Force Core Values of Integrity First, Service Before Self and Excellence in All We Do, is respect: self-respect, mutual respect, and respect for the Air Force as an institution. Within the military, behaviors involving sexual assault are punishable by the Uniform Code of Military Justice. The Sexual Assault Prevention and Response Program reinforces the Air Force's commitment to eliminate sexual assaults through awareness and prevention training, education, victim advocacy, response, reporting, and accountability. The Air Force promotes sensitive care and confidential reporting for victims of sexual assault and accountability for those who commit these crimes.

What is Sexual Assault?

Sexual assault is defined as intentional sexual conduct characterized by the use of force, physical threat, or abuse of authority, or when the victim does not or cannot consent. It can occur regardless of gender, spousal relationship, or age of the victim. Consent shall not be deemed or construed to mean the failure by the victim to offer physical resistance. Consent is

not given when a person uses force, threat of force, coercion or when the victim is asleep, incapacitated, or unconscious. Sexual assault includes rape, non-consensual sodomy, unwanted, inappropriate sexual contact or fondling, or attempts to commit these acts. Sexual assault is **never** the victim's fault. Sexual assault is a crime and the offender has chosen to engage in criminal behavior. By being prepared, alert, and assertive, you can reduce your risk of being sexually assaulted.



How Can I reduce My Risk of Sexual Assault?

Be Prepared: travel with a buddy, stay in groups, stay sober, never leave a drink unattended, walk only in lighted areas after dark, keep the doors to homes, barracks, and cars locked, and know where a phone is located.

Be Alert: trust your instincts, if a place or person feels unsafe, it

probably is; watch for signs of trouble such as strangers where they should not be; report any unauthorized or suspicious males or females in lodging facilities; if you sense trouble go to a safe place ASAP; if you feel you are in danger, attract help any way you can.

Be Assertive: State what you want with a confident voice and body posture. If you do not want to be intimate with someone tell him or her clearly.

Sexual Assault Response Coordinator

Each military installation has a Sexual Assault Response Coordinator (SARC) who is available 24/7 to assist victims of sexual assault. Victims can make confidential reports of sexual assault by contacting the SARC directly. Victims will be provided with advocacy, support, and assistance in obtaining a forensic exam. Restricted reporting does not immediately initiate an investigation and pertains to sexual assaults which occur in military status. Reports made to other agencies or the installation law enforcement will result in command notification and initiate an investigation.

The Department of Defense believes that its first priority is for victims to be protected, treated with dignity and respect, and to receive the medical treatment, care, and counseling they deserve. If you are seeking help or would like more information, please use any of these numbers for help.

WPAFB 257-SARC (7272)
445 AW SARC Liaison & Victim Advocates 257-9900
445 AMDS 257-5200
Military One Source
1-800-342-9647

Medical Squadrons on top once again

Continued from page 3

Master Sgt. Tina McNamara was honored as the Outstanding Air Reserve Technician Non-commissioned Officer Assigned to an Aeromedical Evacuation Squadron. Sergeant McNamara managed several mission-critical programs including health monitor and vehicle control officer for more than 140 assigned squadron members. Her expertise combined with training as an expeditionary medical operations planner was instrumental in maintaining squadron medical readiness capabilities during high tempo operations in which the unit supported more than

14,600 active-duty days while preparing for multiple exercises, including an expeditionary operational readiness inspection.

Senior Airman Adam Longberry clinched the Outstanding Reserve Airman Assigned to an Aeromedical Staging Squadron Award. He was hand-picked to serve as team leader for the newly created Phoenix Flight for newcomers. He was recognized as an outstanding security forces member during Volk Field Operational Readiness Exercise for his willingness to defend 100 percent of Contingency Aeromedical Staging Facility personnel, patients and equipment.

Tecumseh Elementary School adopts 445th Security Forces Squadron



Tecumseh Elementary School in Xenia, Ohio adopted the 445th Security Forces Squadron for their upcoming deployment. The students are planning to correspond with and send care packages to security forces members during their six month deployment. Members of the squadron visited the school Dec. 17. The students give "high fives" as they make their way back to their classrooms. The 445th Security Forces members are Senior Airman Zachary Johnson, Master Sgt. John Grice, Senior Airman Sherry Houston, and Master Sgt. John Koehl, Security Forces First Sergeant. *(Air Force photo/Staff Sgt. Jarrod Applegate)*

Reservists can nominate bosses for Employer Support Award



ARLINGTON, Va. — Employer Support of the Guard and Reserve, a Department of Defense agency, has opened the nomination season for the 2009 Secretary of Defense Employer Support Freedom Award. National Guard and Reserve members and their families are eligible and encouraged to nominate employers who have gone above and beyond in their support of military employees. Nominations will be accepted at www.FreedomAward.mil from November 3, 2008 to January 19, 2009. The Secretary of Defense Employer Support Freedom Award is the highest recognition given by the U.S. Government to employers for outstanding support of their employees who serve in the National Guard and Reserve.

The 2009 recipients will be announced in the spring and honored in Washington, D.C. at the 14th annual Secretary of Defense Employer Support Freedom Award ceremony September 17, 2009. Recipients of the 2008 Freedom Award met with President George W. Bush and Deputy Secretary of Defense Gordon England. Under Secretary of Defense for Personnel and Readiness, Dr. David Chu presented the awards at a ceremony attended by members of Congress and senior government and military officials.

Almost one-half of the U.S. military is comprised of the National Guard and Reserve. The Department of Defense shares these citizen warriors with their

civilian employers, many of whom provide significant support to their employees who serve in the National Guard and Reserve. 2008 honorees ranged from a small family owned transportation business in Utah to large businesses including Chrysler and Dominion Resources to the City of Austin, Texas, a public sector employer. Past recipients of the Freedom Award have provided full salary, continuation of benefits, care packages and even family support to employees fulfilling their military obligation.

The Freedom Award was instituted in 1996 under the auspices of the National Committee for Employer Support of the Guard and Reserve (ESGR) to recognize exceptional support from the employer community.

ESGR is a Department of Defense agency established in 1972. Its mission is to gain and maintain employer support for Guard and Reserve service by recognizing outstanding support, increasing awareness of the law and resolving conflicts through mediation.

For questions regarding the Freedom Award nomination process, please visit www.FreedomAward.mil or contact Beth Sherman, ESGR Public Affairs, at 703-380-9717.

For help in completing a nomination package for employers, please contact the 445th Public Affairs Office at 257-5784, building 4010 Room 171.



Tech. Sgt. John Stevens, 445th Aircraft Maintenance Squadron, familiarizes members of the Dayton SWAT team with the C-5 during training for emergency support teams. The Dayton SWAT team would respond with 88th Air Base Wing Security Forces during an Air Piracy/Hijacking situation. (Air Force photo/Laura Darden)



Awards

Congratulations to the following members who recently earned an award.

Meritorious Service Medal

1Lt David La Fave, 445 CES
1Lt Michael Shopp, 445 MOF (Posthumous)
CMSgt John Gram, 445 MOF
SMSgt Michael Dugan, 445 AMXS
SMSgt Julie Hill, 445 LRS
SMSgt Kip Michael, 445 SFS
MSgt Karen Miller, 445 AW
MSgt Johnnie Tinkle, 445 MXS

Air Force Commendation Medal

SMSgt Edgar Collingwood, 445 AMXS
MSgt Edward Benton, 445 AMXS
TSgt Monty Murphy, 445 AMXS

Air Force Achievement Medal

SSgt Derek Gibson, 445 AMXS
SSgt Robert Hughes, Jr., 445 AMXS

Promotions

Congratulations to the following reservists recently promoted to the rank indicated.



Airman

Kyle Altman, 445 SFS
Michael Blackthorn, 445 LRS
Toran Farrow, 445 SFS



Airman First Class

Lindsey Ambuehl, 445 AW
Eric Greiner, 445 SFS



Senior Airman

Nathan Brown, 445 CES
Charity Imfeld, 445 AMDS
Matthew McDonald III, 445 AW
Sean Steele, 445 AMXS
Tyler Winslow, 445 MXS



Staff Sergeant

James Epley, 445 CES
Patrick Rogers, 445 MXS

John Wernke, 445 CES
Daren Yingling, 445 ASTS



Technical Sergeant

Charles Crawford, 445 CES
Lorenzo Law, Jr., 89 AS



Master Sergeant

Donald Floyd, 87 APS
Patricia Simmons, 445 ASTS

Fetal protection program

The 445th Aerospace Medicine Squadron (AMDS) continues to implement the wing-wide "Fetal Protection Program" for all pregnant reservists. This mandatory Fetal Protection Program will assure a safe work environment for both the pregnant member and her unborn baby.

All reservists must contact the 445 AMDS upon learning of their pregnancy. An interview will take place Saturday of the UTA weekend. Please contact Maj Ann Kaus (OIC), SSgt Calvitta Collins (NCOIC), or SrA Charity Imfeld with any questions or concerns at 937-257-5200, Ext 0.

445th IG

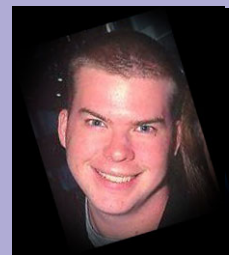
The primary charge of the IG is to sustain a credible Air Force IG system by ensuring the existence of responsive complaint investigations, and Fraud, Waste, and Abuse (FWA) programs characterized by objectivity, integrity and impartiality.

445 AW/IG:
DSN: 787-9902
Commercial: (937) 257-9902
Fax: (937) 656-0751
Kathryn.Staiger@wpafb.af.mil

News Briefs

In Memory

First Lt. Michael Shopp, 445th Maintenance Operations Flight, died in a motorcycle accident



Thanksgiving Day. Our thoughts and prayers go out to his family.

AFSA Annual Awards and Installation Banquet

The Air Force Sergeants Association will hold its annual awards and installation banquet Jan. 24 at 6 p.m. at the Wright-Patt Club and Banquet Center. Cocktails will begin at 6 p.m. followed by dinner at 7 p.m. The cost for dinner is \$25 for club members and \$27 for non-members. Reservations can be made via the AFSA website at afsa751awards.eventbrite.com before Jan. 17.

Families of deployed members

If you have specific family needs while your spouse is deployed, please allow the 445th Airlift Wing to help.

Chaplain:

Capt. Jonathan Kollmann
Office: 937-257-0589
Cell: 937-430-0300

Duty First Sergeant:

Master Sgt. John Koehl
Office: 937-257-0062
Cell: 937-269-3867



Annual Award Winners



Airman
Staff Sgt. Erin Conner
 Logistics Readiness Squadron



NCO
Tech. Sgt. Chad Kopf
 Aircraft Maintenance Squadron



Senior NCO
Master Sgt. Kelly Janus
 Aerospace Medicine Squadron

Staff Sgt. Erin Conner was selected as the 445th Airlift Wing's Airman of the Year for 2008. Sergeant Conner is assigned to the 445th Logistics Readiness Squadron as a traffic management craftsman. She is noted for outstanding performance during Volk Field and Gulfport deployments where she excelled at numerous critical support positions. As a member of the Post Attack Reconnaissance team, she directed team movement to discover locate and report findings. In her off duty time, Sergeant Conner pursues her Community College of the Air Force degree in transportation management and volunteers with local girl scouts.

Tech. Sgt. Chad Kopf is the wing's NCO of the Year. Sergeant Kopf is assigned to the 445th Aircraft Maintenance Squadron as an aircraft electrical/environmental specialist. Sergeant Kopf was instrumental in troubleshooting and repair of an aircraft with a history of nitrogen problems. His critical thinking led to repair of a right dewar secondary pressure regulator and right primary pressure overboard vent valve which eliminated further nitrogen problems. Sergeant Kopf is involved in several community efforts including building homes for Habitat for Humanity and supporting the military through Air Force Sergeants Association and the American Legion.

Master Sgt. Kelly Janus is the wing's Senior NCO of the Year. Sergeant Janus is a medical services technician for the 445th Aerospace Medicine Squadron. She contributed to the war effort by assisting more than 300 warfighters, providing patient care during aeromedical evacuation missions. She deployed to Yellowstone National Park and supported the NPS Emergency Medical Technician Program, providing patient care and treatment for tourists and employees. Sergeant Janus gives back to the community by preparing meals at the Ronald McDonald House and volunteering at St. Vincent Homeless Shelter.



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