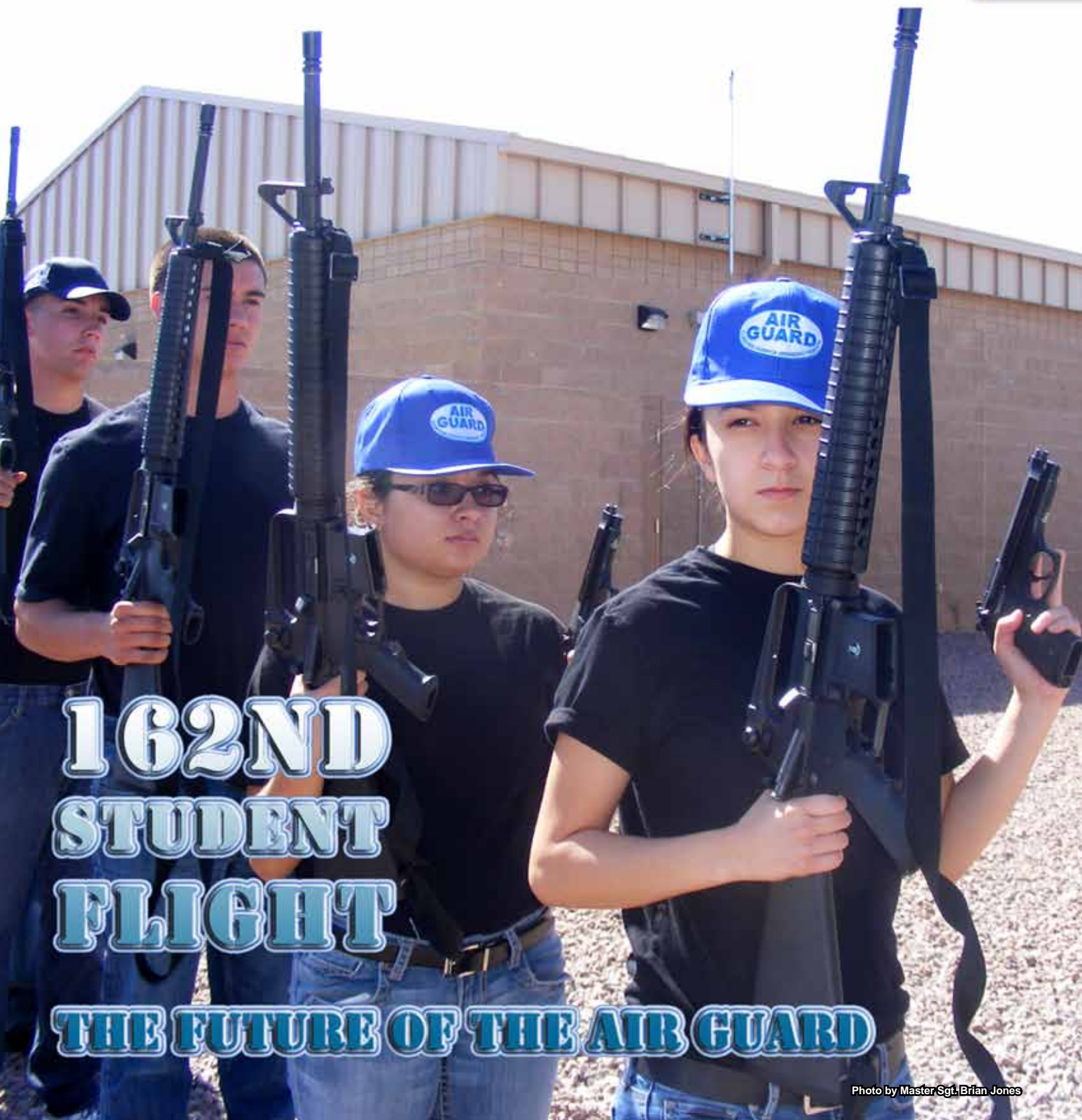




# EL TIGRE



SERVING THE 162ND FIGHTER WING AND TUCSON'S AIR NATIONAL GUARD COMMUNITY SINCE 1959



**162ND  
STUDENT  
FLIGHT**

**THE FUTURE OF THE AIR GUARD**



# CONTENTS

# EL TIGRE

## SUMMER 2011 THE STUDENT FLIGHT EDITION

JULY

AUGUST

SEPTEMBER

COMMAND SECTION 3

NEW GROUP COMMANDER 4

A FIRST FOR MOROCCO 5

SHUTDOWN LESSON 7

A MARCHING CHAPLAIN 8

STRESS PLAN 16

AN A-7 STORY 17

RETIREE FEATURE 18

A LEADER'S FAREWELL 20

ANNOUNCEMENTS 22

IN PHOTOS 23

### ON THE COVER...



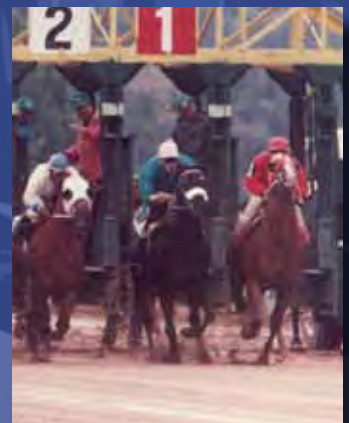
THE STUDENT FLIGHT EXPERIENCE 9



5,000 VIPER HOURS 6



A DRILL IN THE LIFE: FORCE SUPPORT 11



FROM FIRST PLACE TO FIRST SHIRT 14

## EL TIGRE

*El Tigre*, the official newsletter of the 162nd Fighter Wing, Arizona Air National Guard, is published quarterly for unit members, retirees, family members and civic military support groups in the community. Contents of *El Tigre* are not necessarily the official views of, or endorsed by, the U.S. Government, the Department of Defense, the Department of the Air Force or the National Guard.

The editorial content is edited, prepared and provided by the Public Affairs office of the 162nd Fighter Wing, Tucson International Airport, Ariz. All photos are Air National Guard photographs unless otherwise indicated.

**162nd Fighter Wing Public Affairs**  
1650 E Perimeter Way, Tucson, AZ 85706  
(520) 295-6192, 162fw.pa.omb@ang.af.mil  
Visit: 162fw.af.mil or 162fw.com

### 162ND FW EDITORIAL STAFF

Commander.....Col. Michael T. McGuire  
Chief of Public Affairs.....Maj. Gabe Johnson  
Deputy Chief.....1st Lt. Angela Walz  
NCOIC.....Master Sgt. Desiree Twombly  
Staff Writer .....Staff Sgt. Jordan Jones  
Staff Writer.....Airman 1st Class Jack Hurd  
Photographer .....Master Sgt. Dave Neve  
Photographer.....Tech. Sgt. Hollie Hansen  
Contracts/Budget.....Master Sgt. Sandra Ahern  
Contracts/Budget.....Master Sgt. Terri Laguna



# New alternative work schedule offers many benefits

by Col. Mick McGuire  
Commander



Colonel McGuire

Starting July 17, the wing will adjust to an alternative work schedule for our full-time force.

In order to mitigate safety issues associated with the 12-day work cycle caused by a drill weekend, our full-time Guardsmen will earn a scheduled day off, or SDO, every pay period in exchange for slightly longer work days.

Our drill status Guardsmen understand this issue all too well. On Mondays they return to their civilian jobs and work 12 days in a row with seldom a day of rest to break up the long stretch. For that, I sincerely thank them for their service.

However, for the full-time force that produces about 60 F-16 training sorties every day, two weeks without a day off could have a negative impact on morale and raises significant safety concerns.

To alleviate the risks brought on by worker fatigue we have traditionally taken the Monday after a drill weekend as a no-fly day. These Mondays always present two unfavorable options for people – either take leave or show up for a relatively unproductive day of work when most customer service functions are closed.

Neither of these appropriately meets the intent of our no-fly days, so we looked into a variety of alternative work schedules authorized by the U.S. Office of Personnel Management for a solution that does.

We assembled a working group comprised of commanders and supervisors from every group. After examining several options, they proposed a 5-4/9 plan in which people will work eight 9-hour days and one 8-hour day per pay period with one day, usually a Monday, taken as a

scheduled day off.

Holidays, technician pay periods and the unit training assembly schedule will dictate which days are scheduled days off. Most of the time they will be Mondays, occasionally they will be Fridays – rest assured everyone will be issued a schedule for adequate planning.

This same plan is in place at virtually all other Air Guard F-16 units across the country, and many Army and Air Guard units across our state are implementing it as well.

As a standard, Active Guard Reserve members and Air Technicians will work 6 a.m. until 3:30 p.m. with a 30-minute lunch break. The Friday of every five-day work week will be an 8-hour day from 6 a.m. to 2:30 p.m. The core hours for all sections with customer service functions will be 8 a.m. to 2:30 p.m.

I leave it to supervisors to work with individuals for variations and determine how best to man their sections to cover their core business hours. There will be exceptions made for individuals who demonstrate a true hardship caused by the new schedule. These will be considered

on a case-by-case basis; however exceptions will not be long-term solutions.

Of course, this change will not affect those who have special shift requirements like security forces, civil engineers and firefighters to name a few.

Also, it will have little effect on unit training assembly duty hours. Attendance and work schedule requirements for the majority of full-time and part-time members on drill weekend will remain as they have always been.

We're going to give this schedule a 90-day trial period to ensure it provides us adequate throughput for student production and sortie generation. At the end of the trial we'll look closely at our productivity and feedback from you.

I encourage you to talk to your supervisors about how the schedule works for you. Is the work load manageable? Do you like the days off?

As an added benefit to this plan, scheduled days off will help conserve energy costs for members and the unit. There will be fewer commutes per month for you and the unit will save energy resources while facilities and equipment on base are shut down.

Overall, this new schedule will meet our intent to provide a safe and healthy work environment for everyone. Its success hinges on our ability to communicate this plan effectively across the wing, its associated units and to our customers and families.

To help with this, the wing Vice Commander Col. Ted Maxwell will hold a number of briefings in the base auditorium in building 1 to explain the 5-4/9 construct. Dates and times will be announced base wide. All of our members are invited to attend one of these. Please come with your questions in hand.

Thank you for your flexibility, and have a safe and restful SDO.



# Change of command for mission support group

by Airman 1st Class Jack Hurd  
Public Affairs

The 162nd Mission Support Group at Tucson International Airport welcomed its new commander here June 4.

Lt. Col. Garry Beauregard assumed command of the group and accepted the unit flag from Col. Mick McGuire, 162nd Fighter Wing commander, during a ceremony before unit members, family and friends.

Colonel Beauregard, a long-time RC-26 Mission Systems Officer for the 162nd, returns to the wing after serving Operation Copper Cactus as the deputy commander of operations for the Southwest border mission. He's a veteran of Operations Allied Force, Northern and Southern Watch, and has deployed several times in recent years to South America and Iraq.

"I want to thank the wing leadership for giving me this opportunity," said Colonel Beauregard who is now in charge of base security, communications, force support, contracting, civil engineering and logistics. "The cooperation and unity of these diverse squadrons are really second to none. I have learned how important team work and communication are to have success as member of mission support."

"We need to continue to realize that we are not an Air Force of one but an accumulative band of professionals striving for success which is based on working together with effective communication of intent and direction. All I can ask any of us to do is follow the Air Force core values: integrity first, service before self, excellence in all we do," he said.

Colonel McGuire emphasized the Mission Support



Photo by Master Sgt. Dave Neve

Col. Mick McGuire, left, 162nd Fighter Wing commander, passes the 162nd Mission Support Group flag to Lt. Col. Garry Beauregard as a symbol of his assumption of command June 4. The group consists of about 400 Airmen who support the international F-16 pilot training mission at Tucson International Airport.

Group's vital role in the wing and expressed confidence in Beauregard's ability to lead the wing.

"The technical expertise that's resident in those of you in uniform in the support group will make it extraordinarily easy for him to continue to run and manage this group. We are asking him to put the 'L' in leadership for this group and continue to move it down the tracks as we get ready for next generation technologies," said Colonel McGuire. "We look forward to your leadership with the group."

## 162nd opens for the Tucson Padres, June 5



Tech. Sgt. Manny Echeverria throws out the first pitch.



162nd Fighter Wing Honor Guard presents the colors.

Tech. Sgt. Chandra Smith sings the National Anthem.



Col. Mick McGuire, Command Chief Master Sgt. Shane Clark and Tech. Sgt. Manny Echeverria shake hands with catcher Nick Hundley.



# First Moroccan F-16 pilots to complete training in Arizona

by Maj. Gabe Johnson  
Public Affairs

In July, the Kingdom of Morocco, a strategic partner for U.S. forces in North Africa, will become the 25th country to own and operate F-16 Fighting Falcons. The pilots tapped to fly them are scheduled to finish training here in time to bring them home, July 30.

Four Royal Moroccan Air Force officers, former F-5 pilots, will conclude 15 months of rigorous instruction at the 162nd Fighter Wing; the international F-16 training unit at Tucson International Airport.

They are the first from their country to accomplish consecutive courses in basic qualification, flight lead upgrade and instructor pilot certification in the multi-role fighter.

A handful of Air National Guard pilots will accompany them as they deliver the first four of Morocco's 24-aircraft purchase. The new planes, block 52 versions of the fighter, will be fresh off the assembly line and are a considerable step up in technology from the third generation fighters Morocco currently flies.

"We are modernizing our fleet and we've chosen the F-16, not only because it is a high-quality airplane, but also because of the close relationship we have with the United States," said Deputy Inspector of the Royal Moroccan Air Force, Brig. Gen. Abdelali Houari.

"We are really happy to send our pilots here to be trained. After a year and a half in the United States our pilots are happy, of course they want to return home, but they have gained a lot of experience here with the Arizona Air National Guard."

Lt. Col. Steve Haase, the Morocco program manager for the 162nd, worked with the RMAF for the last three years. He's trained fighter pilots from all over the world and fully understands the scope of the students' historic accomplishment.

"It's all them," he said. "It's a big commitment to be the first F-16 pilots for Morocco. It's a testament to their positive attitude and work ethic. They are excited about the F-16 and its capabilities yet they understand how much work there will be to build up an F-16 base."

As students, the pilots averaged three sorties per week and accumulated more than 150 F-16 hours each. Once home, they will not only be responsible for training others, but will also be instrumental in standing up F-16 operations at Ben Guerir Air Base.

It's a former U.S. air base located about 36 miles north of Marrakech and once served as a transatlantic abort



Photo by Master Sgt. Jack Braden

*Royal Moroccan Air Force Maj. Mouloud Chihani performs a preflight check on an F-16 Fighting Falcon at Tucson International Airport before a training mission July 7, 2010. Chihani and three other Moroccan pilots are the first F-16 pilots in their air force and will lead the way to establish a new squadron of block 52s when they return home this July.*

landing site for the space shuttle. It's currently undergoing upgrades that, according to Moroccan officials, are modeled after U.S. Air Force bases.

"These are the best F-5 instructor pilots from their air force. They think the way we think," Colonel Haase said. "They have really shown that they want to learn how we [the U.S.] operate with the F-16 so they can do it the same way – not just flying, but everything from maintenance to logistics."

Six additional Moroccan pilots are currently in the basic F-16 course in Tucson with graduation planned for September. They too will return home to help manage Morocco's growing F-16 fleet.

It's unclear if more student pilots from Morocco will train in Tucson; however, according to Colonel Haase, the 162nd stands ready.

"Every country is very different, that's what's so fascinating for instructor pilots here," said the colonel. "We get to know these guys on a personal level and establish trust with them. Training capable fighter pilots and fostering relationships along the way is what this is all about."

Since 1989, the 162nd has trained with virtually every nation that flies the F-16. In addition to Morocco, the wing currently trains with pilots from Singapore, Norway, Belgium, Chile, the Republic of Korea, and the Netherlands.



# Test Center pilot reaches 5,000 F-16 hours

by Maj. Gabe Johnson  
Public Affairs

An Air Force Reserve pilot assigned to Tucson International Airport became the fourth person to rack up 5,000 flying hours in the F-16 Fighting Falcon during a flight here Monday, May 9.

Col. Lenny Dick, vice commander of the Air National Guard Air Force Reserve Command Test Center, began flying the multi-role fighter in 1984. His milestone mission over the Arizona desert was a test flight for Software Capability Upgrade 8 – new software intended to improve Guard and Reserve F-16 warfighting capabilities.

By comparison, most F-16 pilots accumulate about 3,500 flying hours in the course of a career. He credits his rare achievement to opportune duty assignments and to the Airmen who support the Air Force flying mission.

“I’ve been really fortunate that most my assignments have been flying assignments. I’ve had staff assignments but was able to fly during most of those,” said Colonel Dick.

“But the real reason is the pyramid of support that it takes to get to 5,000. How many hundreds or thousands of people have worked to produce that many hours? How many pounds of fuel? It really is astounding.”

In succession, 5,000 hours add up to nearly seven months. Each flying hour, requiring approximately eight hours in maintenance work, amounts to 40,000 man hours. Sorties that burn 4,000 to 5,000 pounds of fuel per hour equate to roughly 20 to 25 million pounds over the colonel’s career.

“A lot does go into the mission and it’s good to see one of our pilots reach 5,000 hours,” said Senior Master Sgt. Al Aragon, maintenance supervisor for the test center mission. “The great thing about this flight is that he’s the fourth person to do it and he did it in a jet that has about the same number of hours – 5,100.”

Aragon and his team of 21 crew chiefs, weapons and avionics technicians are members of the 162nd Fighter Wing, the test center’s host unit at the airport. They maintain seven F-16 Block 25s and 32s – models built in the mid-1980s – which are used by the center to conduct operational tests on behalf of the Air Reserve Component in order to keep older weapon systems relevant.

“All of our maintenance is done by the 162nd,” said the colonel. “These are as old as any jets in the Guard and Reserve but they are the most advanced F-16s that



Photo by Master Sgt. Dave Neve

*Col. Lenny Dick accepts a poster May 9 commemorating his 5,000th F-16 Fighting Falcon flying hour from aircraft maintainers assigned to the 162nd Fighter Wing. Known as “F” Flight, the team supports the Test Center with regular maintenance as well as unique test modifications.*

the Air Force flies and that creates a unique maintenance situation. Our jets are test aircraft that have avionics, weapons and recording media that they wouldn’t see anywhere else.”

Over the course of 5,000 hours, Colonel Dick saw as many changes outside the cockpit as he did within.

As a junior officer he trained for a war with the Soviet Union that never happened, and instead had his first combat experience at the onset of Operation Desert Storm in 1991.

“I remember that Desert Storm was the first combat for all of us and now looking back that’s where all of my combat has been with the exception of Bosnia.”

Over 12 deployments Colonel Dick said he spent more than a third of his career in the Middle East. He amassed over 300 combat flying hours serving as an F-16 pilot in Operations Desert Storm, Deny Flight, Northern Watch, Southern Watch and Enduring Freedom.

He also served in Operation Iraqi Freedom as a Special Forces ground liaison and later as the commander of the 506th Air Expeditionary Group in Kirkuk.

“I’ve been fortunate to serve in all of those conflicts and to fly as much as I have,” Colonel Dick said. “But for me it’s not so much about flying itself. It’s about being part of a team, planning difficult missions and executing them with my wingmen. I’d like to see more of them reach 5,000 hours.”



# A near miss sends an important message

by **Chief Master Sgt. Shane Clark**  
Wing Command Chief

In April, we narrowly avoided a government shutdown and learned a valuable lesson in the process. Above all, we learned that we need to prepare our personal finances for the unexpected.

Had there been a shutdown, many government workers would have been furloughed and many would have been asked to work without pay for weeks. I propose that being faced with this possibility was a good thing because 1) it didn't happen in the end and 2) it made us all think about our personal financial readiness.

It's safe to say that not living within one's means – paycheck to paycheck – is an unwise practice in today's uncertain economy. The next threat to your pocket book may not be a couple of missed paychecks but may be an event of equal impact like medical or legal bills, home or auto repairs, or a spouse who is suddenly laid off.

And as military members, we all know that paying our bills on time and maintaining good credit is part of the job. Our security clearances, a condition of our employment in the Guard, depend on it.

Experts say that Americans should put aside up to six-months worth of expenses in a savings account or similar low-risk option for emergency access. This is undoubtedly a challenge for anyone, but it doesn't have to happen overnight. Just start small, but be sure you start now.

In my house we practice the 80-10-10 rule – 80 to live on, 10 to church and 10 to our "rainy day" fund.

Financial readiness encompasses more than savings alone.

We all should consider our family's needs for adequate personal property (renter's) insurance; and if you're a homeowner, consider purchasing flood insurance.

Make a detailed inventory of your personal property. Many insurance companies encourage customers to take photos or video of their belongings. Insurance obviously cannot replace the sentimental value of your property, but it can certainly help you with monetary losses.

Finally, don't forget comprehensive coverage for your cars. Liability insurance alone won't pay for damage from weather, fire, theft or vandalism. With a little preparation you'll minimize the burden of such sudden expenses.

Avoid credit card debt and high interest loans. Think twice before charging your next vacation or flat screen TV if you can't pay off the balance in a timely manner.

Protect your personal information. According to the Federal Trade Commission, Arizona is among the list of states with the highest per capita rates of identity theft. Be extremely cautious about the way you dispose of personal documents and be careful about the personal information you transmit over the internet.

Though retirement seems like a long way off for our junior members, investing today will help them maximize the cumulative effects of a disciplined savings plan for their families.

Along those lines, the government offers the Thrift Savings Plan (TSP) which allows your money to grow tax-deferred while being automatically deducted from your pay through allotments—this is an easy way to invest your money systematically.



*Command Chief Clark*

Regardless of your status – DSG, technician or AGR – you should take advantage of this program to supplement your retirement. I can't emphasize enough how important this is for our younger members.

The Family Readiness Group has a wealth of information to educate you on the many tools available to help you manage debt, begin saving, protect against identity theft and secure your family's future.

Additionally, I encourage everyone to look into services offered by [militaryonesource.com](http://militaryonesource.com) and the Department of Defense program, Military Saves, at [www.militarysaves.org](http://www.militarysaves.org). These programs sponsor money management seminars and provide access to financial management information and personalized money management plans.

We want confident and proud Guardsmen. When your personal life is in order, you are a better asset for our state and our nation. Don't wait until the next "near miss" to start thinking about your personal situation.



# New wing chaplain finds unique way to bond with Airmen

Story and photo  
by Master Sgt. Desiree Twombly  
Public Affairs

In February, the 162nd Fighter Wing welcomed a new chaplain to the Guard family. On Sunday morning of the April unit training assembly, Chaplain (1st Lt.) Nathan Mestler reported to the wing's student flight – a group of 45 brand new Airmen preparing to attend Air Force basic training – to practice marching and military discipline.

The new Protestant chaplain confesses he's brand new when it comes to the military but is willing to take on any task to have a shared experience and connect with wing members.

"I'm really in the same boat as the student flight," said Lieutenant Mestler. "This is a great way for me to connect with and get to know them. Also, I need to learn how to do the basic stuff."

Chaplains are unique in that they can become commissioned officers without attending a commission program. Like many doctors, nurses and other professional career fields, they can be commissioned immediately upon entry into the service.



Courtesy photo

Chaplain (1st Lt.) Nathan Mestler takes his oath of office in Phoenix accepting a direct commission in the Arizona Air National Guard.



Chaplain (1st Lt.) Nathan Mestler receives some words of "encouragement" from former Air Force Military Training Instructor Master Sgt. Gilbert Alcaraz.

"I go to [chaplain] school in about a year and so I'm just learning who to salute and about military customs. I'm catching up. When you come in this way you really miss that shared experience that everyone else has like going through basic training. The chaplains group here is helping me learn what I need to know. The whole experience has been fantastic," he said.

The lieutenant quickly proved he's not pulpit-bound. As students executed commands or dropped to the ground to do push-ups, he immediately joined in. Standing in formation and marching was his first experience with military customs.

"Not everyone is going to come in and say, 'I'm going to connect with the chaplain.' Most people will have a time in their lives where they go through trauma and they need to talk to someone. They need to know who that person is. You can't do that without building relationships. That's the most important thing about being a chaplain," said Lieutenant Mestler.

Master Sgt. Gilbert Alcaraz of the wing safety office is a former Military Training Instructor. He facilitates the training with student flight and said he was very excited to have a lieutenant participate with the students.

"It says a lot of an officer who initiates something like this. It says a lot to the students as well because they are the future of this wing. They see the chaplain go through the same experience as they learn. It's a great way to build respect and to connect to wing members," said Sergeant Alcaraz.

Mestler is a graduate of the International Baptist College in Phoenix. He is a drill status Guardsman and outside of the wing he is a professor and a dean at the same school.





"I primarily teach biblical languages; Hebrew and Greek. I'm also the dean of students and help with student life on campus. My day-to-day is really ministry. I also offer a lot of counseling," he said.

Now as the primary Protestant chaplain for the wing, Mestler will provide religious support to Airmen of all faiths. His motivation to join the Guard is simply a continuation of, as he says, "a life of service."

"Leadership is service and so is a life of ministry. That is something that the Air Force really understands. I feel so privileged to serve those who are serving our country. One of the chaplain's key functions is to be of service to people as they are going through life situations – being someone they can come to. That's primarily what I'm thinking about here and that's what I hope happens," said Lieutenant Mestler.

As characteristics apply to the chaplaincy, Chaplain (Lt. Col.) Michael Martinez asserts that Mestler is a good fit for the wing.

"My first impression when I met him was that he was approachable and open to people. His temperament,

personality, good nature and attitude fit all the qualities you should have as a chaplain. I saw all that in him," said Chaplain Martinez.

In addition to having the qualifications of a chaplain, Mestler also understands diversity. His hometown is Nairobi, Kenya.

"When I was very young my parents left the U.S. to be missionaries in Africa. They still live there and run a college. I'll be returning this summer to teach Bible studies at the school. My father and grandfather were Baptist pastors so I am the third generation in ministry," said Lieutenant Mestler.

Toward the end of training, the chaplain quietly excused himself to prepare for the morning's service. As he walked away from the group he left an impression with the students he joined that morning. Tyler Anway, one of the students training along with the chaplain, said he won't forget their shared experience.

"I'm not sure what a chaplain does, but it was awesome to have him join us this morning. I think it's great that he did push-ups and stood with us," said Anway.

## ***New Airmen get a leg up on basic training***

► *Members of the 162nd Fighter Wing Student Flight learn how to clean M-16 and 9 mm fire arms during the April unit training assembly. The wing currently has 85 new members in the flight; 40 are attending basic training or tech school and 45 report to drill each month while waiting for a school date.*



◀ *Staff Sgt. Jacob Lee from the 162nd Security Forces Squadron teaches student flight members how to properly clear a weapon. New members waiting for school receive meaningful training and experiences that prepare them for formal training and service in the Air Guard. The flight, run by the recruiting office, is considered a benchmark program in the Air National Guard.*

Photos by Master Sgt. Brian Jones

# Student flight sounds off...

## Why did you join the Air Guard and what's your most memorable experience so far?

Levi Magda



"I'm going to tech school for crew chief training but I do plan to apply for the [Joint Counter Narcotics Task Force]. To be honest, it's because of Tucson. I've lived here my entire life and I've always wanted to go active duty Air Force but I guess you could say I would get homesick, I love Tucson so much I just wanted to do my service here because this was where I was born and raised.

My most memorable experience was when Master Sgt. Alcaraz asked me to say my reporting statement I just stood there and said, 'Sir, I don't know what that is. This is my first drill.' He stared at me for a moment and then he grabbed another trainee out of the formation and threw him in front of me... just chewing him out because I didn't know what I was supposed to know.

It brought to light the fact that we are all each other's wingman here and that it's each other's responsibility to make sure everybody is up to date and current with the knowledge they are supposed to have. It was cool to see that everyone here is accountable for the things we do and not just a singular person."

Jacob Knutson



"I'm going into security forces. I finished my masters degree at the [University of Arizona] about a year ago, and after evaluating what I wanted to do with my life I wanted to join the military. This is my first drill weekend and so the most memorable experience so far has been doing the team building exercise, running around the track in formation, and trying to keep in step with the other trainees."

Angela Young



"I chose the Guard over active duty Air Force because of my children. I'm a single parent. The most memorable moment I've experienced has been meeting the other student flight members and other Guard members that have been in the 162nd for numerous years."

Randy Olivani



"They have really good benefits and they have a lot of opportunities that can help me out in life so that's why I decided to go with the Air Guard as opposed to any other branch of service. This is only my second drill but learning how to march with Master Sgt. Alcaraz and getting yelled at by him was definitely an eye opener."

Tyler Jones



"I joined the Guard not only because of school and the benefits but also to serve my country in some way and still stay at home and be involved... and so far it's been a pretty good decision. Doing PT for the first time ever was pretty rough. I haven't run that far in a while and it was a wakeup call for me and gives me more motivation to push myself so that the two-mile run in basic won't be as bad."

by Airman 1st Class Jack Hurd  
Public Affairs

# A Drill-in-the-Life Force Support Squadron



By Master Sgt. Dave Neve &  
Tech. Sgt. Hollie Hansen  
Public Affairs

Staff Sgt. Erich Smith  
prepares ground beef to  
make hundreds of servings  
of meatloaf.

In one unit  
training assembly  
weekend, these  
Airmen chop, mix,  
and cook 1,600  
meals. What goes  
on behind the  
serving line to  
get each one  
on a tray?





Chief Master Sgt.  
Edisa Salcido  
spreads frosting on  
carrot cake.



Senior Airman Jamin  
Ruff slices roast beef.



Staff Sgt. Sarah  
Miller makes  
baked beans.

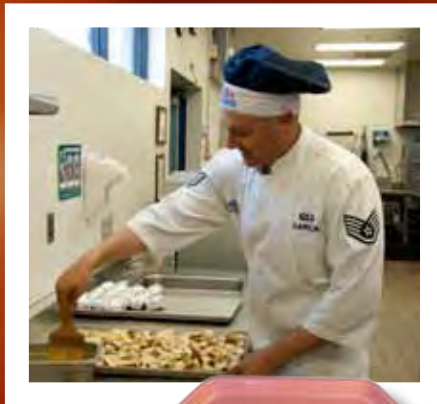
Master Sgt. Livia  
Almados prepares to  
cook fruit crisp.



Staff Sgt. Rachael  
Rosczyk opens a  
steamer to remove  
cooked vegetables.



Contractors prepare vegetables for the salad bar.



Staff Sgt. Brian Garcia prepares oven browned potatoes.



Staff Sgt. Jacob Sulwer mixes batter for dessert.

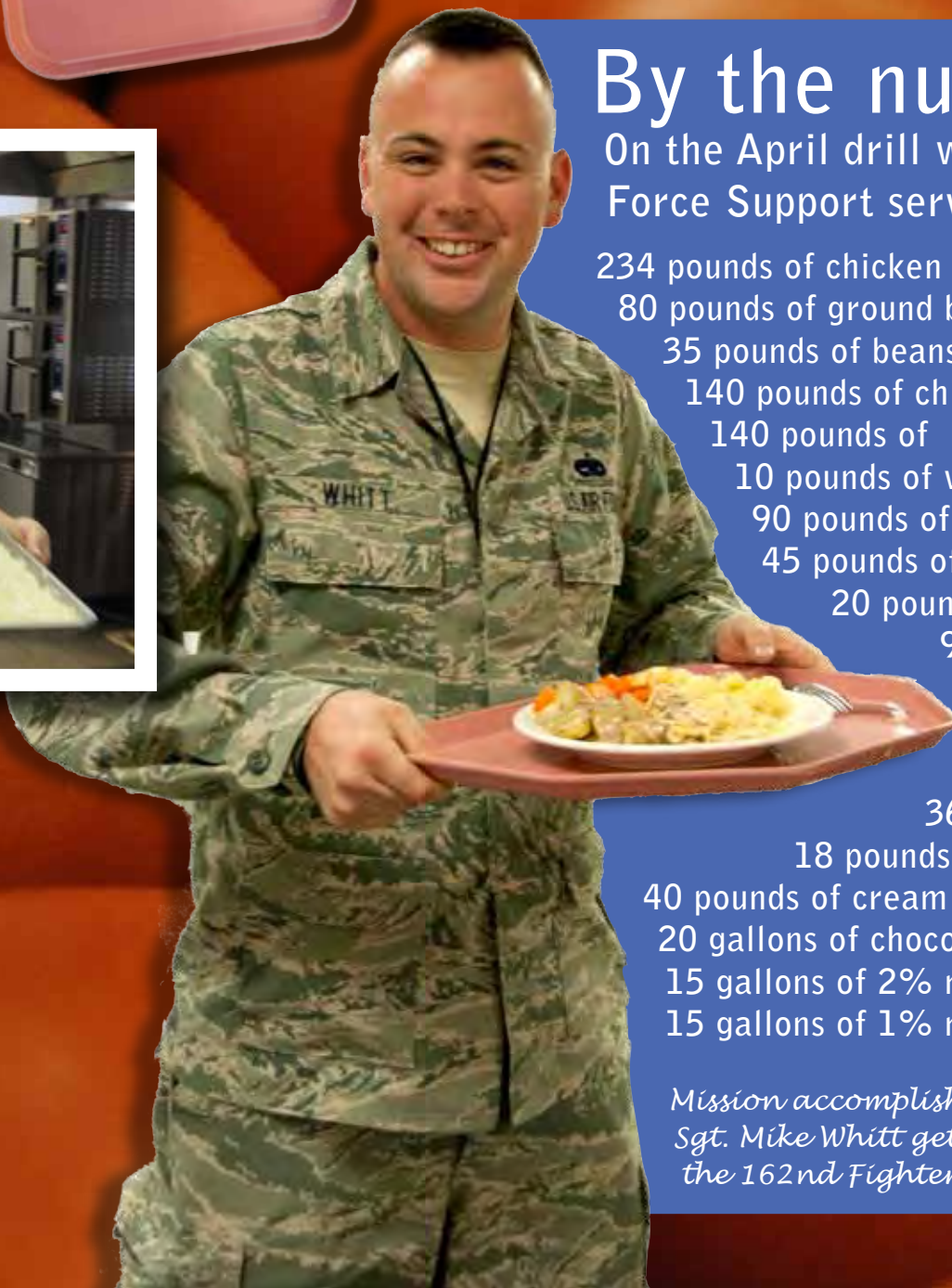


## By the numbers...

On the April drill weekend, Force Support served up:

- 234 pounds of chicken
- 80 pounds of ground beef
- 35 pounds of beans
- 140 pounds of chicken strips
- 140 pounds of hamburger patties
- 10 pounds of veggie patties
- 90 pounds of iceberg lettuce
- 45 pounds of romaine lettuce
- 20 pounds of spinach
- 90 dozen eggs
- 80 pounds of bananas
- 45 pounds of apples
- 40 pounds of oranges
- 36 pounds of pears
- 18 pounds of grapes
- 40 pounds of cream cheese
- 20 gallons of chocolate milk
- 15 gallons of 2% milk
- 15 gallons of 1% milk

*Mission accomplished, Force Support... Staff Sgt. Mike Whitt gets ready to enjoy lunch in the 162nd Fighter Wing dining facility.*





# From atop a horse - to jockeying for his troops

by 1st Lt. Angela Walz  
Public Affairs

When leaving the Army in 1984, Marc Polanco told his platoon that he was going to race horses for a living. At 140 pounds—almost 25 pounds too heavy for the sport—and having never raced before in his life, it was no wonder they may have had their doubts.

Seventeen years later, Polanco is a master sergeant in the Arizona Air National Guard, the 162nd Fighter Wing's maintenance operations center (MOC) supervisor, a first sergeant, and—yes—a retired horse jockey.

He lost 23 pounds back in the '80s and followed his dream to race horses. "I heard there was a shortage of jockeys in Prescott so I went out there and told them I could ride. I hadn't raced before, but I didn't fall off the horse so they gave me a jockey license," recalled Sergeant Polanco.

Learning from his uncle, Ray Bazurto, a horse trainer; and his mom, Irma, who grew up on a ranch, Polanco won his first race on a horse named "Maybe Sometime."

He recalled being teased by other jockeys after the race. "I apparently had a concussion. I thought I went straight to the winner's circle but I saw the video later. There was a sharp turn at the end and a couple of the horses went down, including

mine. I got up took a couple of steps and fell flat on my face, got up, then stumbled up to the winners circle with my helmet all jacked up," he chuckled.

At five feet, nine inches tall and only 117 pounds, Polanco's jockeying career took off nearly as fast as the horses he was riding; somewhere in the vicinity of 35 miles per hour, six seconds out of the gate. He started out riding for "the small guys" and received offers to ride for larger commissions with larger stables.

With the best winning percentage in the quarter horse sprint races, Polanco left Arizona for New Mexico to try his skills there. His career piqued on July 21, 1994, when he raced "Fun Cash" to a



"FUN CASH"

WORLD'S CHAMPIONSHIP QUARTER HORSE CLASSIC TRIALS  
ARTHAS S. PRENDERGAST, OWNERS WESTON MARTIN, TR  
21.63 JULY 21, 1994 MARC POLANCO, UP  
BBIT (2nd) First Division RIO DEL NORTE (3rd)



first place finish in the World's Championship Quarter Horse Classic Trials at Ruidoso Downs, New Mexico. His horse raced 440 yards in 21.63 seconds. His dad, brothers and nephew drove most of the evening prior to support him. "That was the best surprise of the day," said Polanco.

"There's nothing like it," he said of horse racing. "I was blessed. I never suffered any major injuries, but I've lost 3 friends."

He left the sport at the top of his game, opting instead for a full-time job, and medical benefits, with United Parcel Service. Although his dad retired from the Air Force, Polanco wasn't introduced to the

Air Guard until December, 2000, while coaching for a local football league.

"My dad says I finally saw the light, leaving the infantry for the Air Force; and he's right, I haven't slept in a tent since. I talked to a recruiter on a Monday, tested on Tuesday, and enlisted on January 6, 2001," he said. He was hired as a full-time Air Technician after the Sept. 11, 2001, attacks.

"I was a Senior Airman in 2001, and after a year I put a goal on my retention worksheet to be a first sergeant," said Sergeant Polanco. "Chief [Mary] Minter said I had to make staff [sergeant] and tech. [sergeant] first," he laughed.

"Marc wanted to be in my job since we hired him and now he's in it," said retired Senior Master Sgt. Bill Peterson, former MOC supervisor.

"He's goal oriented. He sets his mind to get something accomplished and he goes for it. He's gone to all of the required schools to get to where he is – weapons school, plans and scheduling school, first sergeant school, and so on. I think he'll be a great supervisor and a great first shirt."

Seventeen years later, Polanco's horse racing days are long behind him but prove, as does his military career, that a dream combined with action produces great results.



◀ **A photo finish...** Marc Polanco, right, crosses the finish line ahead of the competition at the World's Championship Quarter Horse Classic Trials at Ruidoso Downs, New Mexico, July 21, 1994.

▲ **The Winner's Circle...** A 117-pound Polanco commemorates his victory with family and friends.

▶ **From first place, to first shirt...** Master Sgt. Marc Polanco serves as the first sergeant for the 162nd Mission Support Group in addition to his new duties as the wing's maintenance operations center supervisor. "I'd like to thank my wife and my family for their support. Without it, my career in the Guard wouldn't be possible," said Polanco.





# What is your stress plan this summer?

by **Diane Schiff**

Director of Psychological Health

We've all heard it – stress is bad for you; stress can bring you down; watch your stress level. But what is stress? Stress can be simply defined as any challenge to the body or mind that is de-stabilizing.

Put another way, stress takes an organism out of balance. According to this theory, the organism (you) then seeks to re-stabilize itself by countering the stress.

This can be done in a variety of ways; some healthy and some not. How your body and mind strives to return to a state of balance is the issue here. So how do you regain balance after you've encountered a stressful situation?

Let's look at a stressor that is predictable here in Tucson – the extreme and prolonged heat of summer.

Who knows this stress better than the crews working on the flightline?

The intense heat is an unavoidable aspect of your job. This is where anticipating the stress and having a set of strategies to deal with it are critical.

Some questions to consider are: What are my own warning signs that I am getting stressed out? What have I done in the past that has helped me cope? What do my colleagues do to deal with the heat? Where can my supervisors provide assistance to help improve my job satisfaction and performance?

Here is a classic example. You had a terrible day at work and feel totally stressed out. On your way home you:

- Drive aggressively cutting off the slow people and running red lights.
- Stop and get a six-pack and a box of Twinkies.
- Acknowledge what you are feeling and thinking then practice

relaxation techniques such as deep breathing, positive affirmations, etc.

- Call a family member or friend and vent your feelings.
- Turn on the radio really loud to drown out your thoughts and feelings.
- Stop at the gym and work out.
- Start a fight with your significant other, kids, the neighbor, or the dog when you get home.

Do you go for the Bud Lite or the deep breathing? Both are attempts to restore balance. We all know which strategies are the healthiest, but which do we choose?

Sometimes it's as simple as short-term vs. long-term benefits. It may be easier to vent my anger at my dog, or to polish off the Twinkies in the moment but what strategy is most likely to restore me to a healthy state of balance?

The point is to have a stress plan that includes productive coping behaviors that work for you.

## Active shooter exercise yields many lessons learned

by **Lt. Col. Lance Yarborough**  
Air Force Advisor

We call them “major accident response exercises,” or MAREs, but when a simulated active shooter stalked the halls of the 162nd Fighter Wing headquarters building May 18 – the ensuing attack and response was no accident.

The horrific events that unfolded at Fort Hood, Texas, in November of 2009 showed us all that an active shooter on base is a very real threat that requires planning and preparation for defensive measures, engagement and the aftermath.

To serve this purpose, the base faced a realistic scenario that simu-



lated an armed attacker and numerous victims with mock wounds – all part of a directive from Air Education and Training Command to practice active shooter response and lockdown notification procedures.

Overall this exercise was a great success and provided exceptional training for all involved. While we did uncover some areas that need attention, overall base play in the

MARE was very good.

The emergency responders, both security forces and the fire department, did a great job dealing with the tactical problem of the shooter and the immediate needs of the victims, both injured and uninjured.

On a more strategic level, the wing's senior leadership tackled the base wide response to what would certainly be a national level incident. Real world events of this nature result in a frenzied media response, and the base exercise evaluation team (BEET) included that aspect in the overall exercise as well.

For the remainder of the base populace, the exercise was a reminder of their need to be prepared for this type of incident and an opportunity to put that preparation into effect.





# An A-7 story untold: A belated thank you



*Lou Gum, a retired A-7 maintenance officer visits the 162nd Fighter Wing in May to deliver his personal thanks to the wing for years of support provided to his former Nellis-based unit.*

For some you old A-7 troops that are still around.

In the early days of the 4450th Tactical Fighter Group, 1980 – '83, my unit was the last A-7 unit left in the regular Air Force. We were just a misfit squadron made up of a hand full of troops at Nellis Air Force Base, Nev., flying a hand full of A-7D's. They were used as trainers for the F-117 Nighthawk, which was a secret back then.

The A-7 was selected for its similarities to the F-117; cockpit workload and flying characteristics. The A-7 was also used to keep the 4450th pilots current and was used as a chase plane for the F-117. The regular Air Force had phased the A-7 out and gave most of them to units across the Air National Guard.

We first started with four aircraft and TDY personnel from England Air Force Base, La., until we built-up our numbers of assigned Airmen, NCO's and aircraft. The 4450th finally ended up with over 200 maintenance personnel assigned, 16 A-7D models and two A-7K models – two seaters.

As we were the only Air Force A-7 unit, our logistics support and training was surely lacking, so we

turned to our Air Guard friends who were still flying the A-7s. For the next couple of years we developed a partnership with the Guard units around the country.

The reason for this story is to point out one outstanding unit and that is the 162nd in Tucson, Ariz. You were the best!

The 162nd played a huge role in the success of maintaining the A-7 during its time in the 4450th. A partnership was formed and the 162nd provided training, logistics support and became our "depot" for engine overhaul. This included depot maintenance, modifications and repairs to the TF-41 engine.

The 4450th also assigned two or three engine troops to the 162nd during this time as part of the agreement to support the Guard on engine work. I might add that the 4450th never had any major problems once the 162nd took over the maintenance of our engines.

The 162nd's support went beyond engines, they providing our pilots with simulator training for the A-7, swapped parts, and helped keep our "Big 8" – avionics suite of testers – up and running. They also did the acceptance inspections for us on a

brand new A-7K that was flown out of Vought in Dallas.

On one occasion we needed some parts from China Lake Naval Air Station, Calif., and the 162nd needed to swap some of the guns that we had removed from our aircraft. So they flew their support C-131 to Nellis, brought their old guns and did the swap, then flew to China Lake, picked up the needed parts for the 4450th and returned to Nellis.

The 4450th relationship with the 162nd expanded to other A-7 Guard units around the country. When the Guard came to Nellis for Red Flag and other exercises, they knew we would support them with troops, logistics and our "Big 8" suite.

Many of our technicians received excellent training while working alongside the Guard troops during their visits to Nellis and our visits to the 162nd. As our relationships grew with many A-7 Guard units across the country the partnerships and friendships grew as well.

To end this story, if it were not for the outstanding support that the 162nd and other A-7 Air National Guard Units during this time, we would have not been as successful in supporting the flying mission. A late but heartfelt "Thank you" to each of these units for your services to our country and the outstanding support and team work you gave the 4450th.

A personal thanks to the men and women of the 162nd for their hard work, dedication and team spirit during these early days of the 4450th. Your outstanding support kept our planes flying safely, and with an outstanding mission capable rate. Thank you from an old Airman...

*Lou Gum, Former Commander, A-7 Maintenance Squadron (1980 – 1983)  
Capt. USAF (Ret)*



# Keeping us connected: yesterday, today and always

by Chief Master Sgt. (ret.) Barry Soulvie  
Retirees Office

The 162nd Fighter Wing Retirees Office consists of volunteers who maintain several functions that benefit retired members. They keep a retirees database, provide information through *El Tigre*, newsletters and handouts, maintain the retirees e-mail system and organize social events.

Many dedicated retirees have carried on these functions over the years. Thanks to each of them for taking time to serve their fellow retirees. A list of current volunteers appeared in the Winter 2011 *El Tigre*. Thanks also to the wing commander and staff, whose continued support allows the office to effectively function as a liaison to unit retirees.

In 1985 Don Ainley saw a need to keep 162nd retirees connected and thought an informal newsletter would be useful. With contributions for postage and printing from numerous retirees, the newsletter became a reality and the old fogey, or "O.F. Club," was created. The goal was to provide information about retirement benefits, upcoming events, and updates on former colleagues.

In early 1986 a retirees luncheon was scheduled on base at the Tucson Air Guard Recreation Association (TAGRA) to provide an opportunity to get together. Since lunch was served daily at TAGRA the luncheon was accommodated simply by requesting additional food be prepared on that particular day.

The first luncheon was held March 27, 1986, and 23 retirees showed up. This was considered a good attendance and prompted a second luncheon in November which drew more than 40 retirees. A group photo was taken to commemorate the gathering and the Retirees Semi-annual Luncheon was born. Over time, the luncheon photos became ceremonious and proved to be valuable documentation of retiree history. The luncheons have continued through the years and are currently held each April and October.

Also, starting in April 1986 a column called the "Retirees Corner" was first printed in *El Tigre*. This became a monthly venue to get current information to retirees. The "Retirees Corner" continued to be supplemented by the *Retirees Newsletter*. Information printed in *El Tigre*, and newsletters, continue to this day as a prime source of information for retirees.

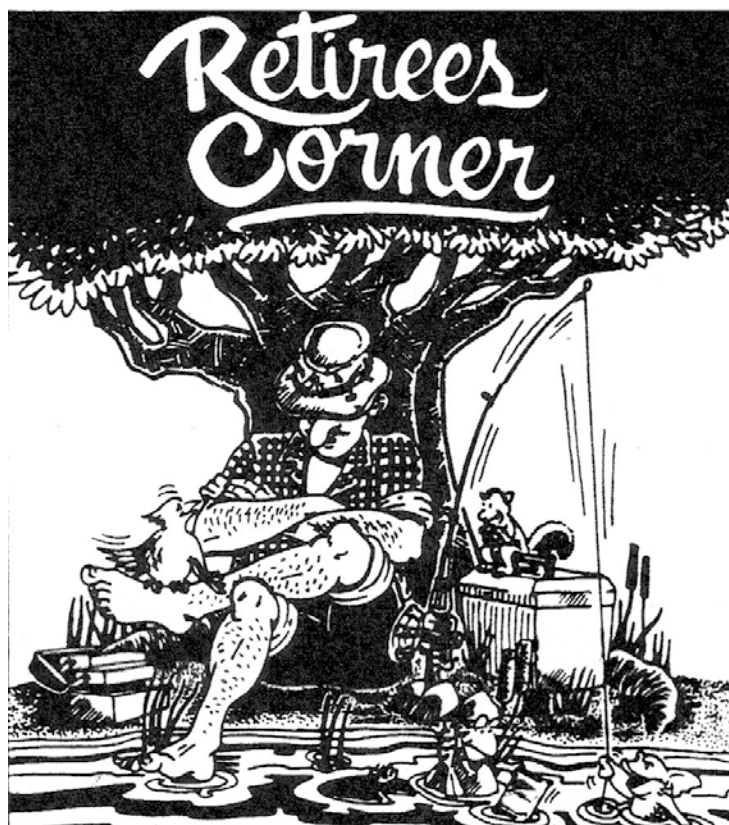
As the list of retired members grew, so did the number of social events. In 1993 former unit members John

Palermo and Rudy Lucero started meeting periodically at El Zarape Mexican restaurant for breakfast to talk over old times. Soon the word spread and additional retirees showed up. The location changed several times but the breakfast remained consistent and continues to this day. Participation is seasonal with greater numbers showing up in the winter months as many retirees are traveling or visiting the old family homestead during the summer.

In early 1994 Frank "Chico" Moreno, with the assistance of Rita (Fry) Baier, acquired space for an on-base office where retired unit members could go for information. Before then all retiree administrative functions were accomplished at volunteers' homes.

The creation of this office was an offshoot of the original O.F. Club *Retirees Newsletter* and related functions. The office moved several times and is now located in the southwest corner of building 1.

About 10 years ago the 162nd retiree breakfast expanded northward. For many years a group of 162nd retirees have lived year round or spent summers in the Show Low, Pinetop-Lakeside area in the White Mountains of east central Arizona. These mountain-dwelling retirees started a seasonal monthly White Mountain Retirees Breakfast similar to the one held in Tucson. The White Mountain Breakfast continues each year from May to September.





*These 162nd retirees attended the second retirees luncheon at TAGRA Nov. 13, 1986. This event heralded a semi-annual gathering that continues today. Those attending were:*

*Kneeling, (Left to Right): Bobby Foster, Pat "Frenchy" Denault, Larry Weiland, Lester Babcock, Lou Picciurro, Milt Collier, Rudy Lucero*

*1st Row Standing: Rudy Herreras, John Kupferschmidt, Mack Carlisle, Bud Marques, Ralph Pella, Tom Brown, Lloyd West, Wayne Butler, Bill Bradley, Don Morris*

*2nd Row: Jack Carpenter, George Olbin, Ken Hood, Jim Barr, Buck Enfinger, Marv Becker, Bob Reed, Cy Conroy, Raymond "Sam" Bass, Bob Fritz, Paul Loy*

*3rd Row: C. L. Coward, Dickee Epps, Ken Spencer, Ray Basek, Ken Bernstrom, Carroll "Willie" Williams, Ed Gillooly, Dick Stacy, Chester Carlson*

After several years of success with the White Mountain Breakfast another idea emerged. Former 162nd commander John Hartnett thought of creating a picnic as a fun mid-summer event in the mountain environment for Air Guard retirees and their families. A committee was formed, details worked out and the first White Mountain Retirees Picnic was held in June 2005. Success was immediate and the picnic became an annual event. It was soon known as an Arizona Air Guard event as retired members of the Phoenix ANG units were also invited.

Through the years retiree volunteers created and maintained various functions to give old friends the opportunity to keep in contact. These events allow retirees to relive shared experiences and bring back memories of the good old days.

The list of 162nd retiree functions rival those of any Air Guard unit in the country. All retirees – old, young and future retirees – are welcome to attend each and every one of these events. Continued participation will ensure 162nd retiree functions will be around for a long time to come.

## Summer Events

**July 13**, Monthly Retirees Breakfast in Tucson, HomeTown Buffet, 5101 N Oracle Rd, 7:30 a.m.

**July 13**, Seasonal Monthly White Mountain Breakfast, Deb's Restaurant (formerly Loafin Levi's), 1624 White Mountain Blvd, Lakeside, AZ, 7:30 a.m.

**August 10**, Monthly Retirees Breakfast in Tucson, HomeTown Buffet on Oracle Rd, 7:30 a.m.

**August 10**, Seasonal Monthly White Mountain Breakfast, Deb's Restaurant, Lakeside, AZ, 7:30 a.m.

**September 14**, Monthly Retirees Breakfast in Tucson, HomeTown Buffet on Oracle Rd, 7:30 a.m.

**September 14**, Final Seasonal Monthly White Mountain Breakfast, Deb's Restaurant, Lakeside, AZ, 7:30 a.m.

## Retirees Remembered

**Dick Shoemaker** has left us. We recently learned that Dick passed away last year. He was a former active duty Air Force member who joined the 162nd and served as a Drill Status Guardsman in the Egress Shop.

**Robert A. (Bob) Porter** recently passed away. Bob served with the unit for many years as a full-time member of the Maintenance Squadron.

**John Lambert** passed away at the end of May. John was a 30-year member of the 162nd who completed his career serving the unit full time in the AGE Shop.

We express sincere condolences to the family and friends of these dedicated Guardsmen. Their names will be commemorated on the 162nd Memorial.



# Former support group commander looks back on colorful career

by Maj. Gabe Johnson  
Public Affairs

When an Air Guard recruiting ad caught retired Col. Karen Bence's eye as she walked through the airport in Sioux Falls, S.D., in 1975 she had no inclination that she'd one day command the Guard's largest mission support group.

"A college buddy of mine and I were dropping someone off when we saw these 'Go Air National Guard' postcards. We thought let's fill these out and see what happens. In no time a recruiter was at our door."

By April 1976, Colonel Bence was enlisted and serving as an orderly room clerk in the 114th Fighter Wing's maintenance squadron in Sioux Falls.

"We were females and, with the exception of the nursing corps, we were a novelty in the Air Guard in those days."

She first came to Tucson's 162nd Tactical Fighter Group in 1978 to work in the safety office and later moved into operations where she worked full time in the academics section.

"Back then everyone was first generation. There were no second or third generation family members working here yet," Colonel Bence recalled.

"We worked, played and lived here. People raised their kids here. All summer long families would be at the pool that was once behind [the Tucson Air Guard Recreation Association], or building 15. For breakfast, everyone in the wing ate at TAGRA at the same time. For lunch, everyone ate there at the same time every day. There was a sense

of community that, I believe, lives on today at the squadron and flight level here."

In 1984, an opportunity came up for commissioning and she took it. She gave up her full-time enlisted job to become a training officer in operations - a drill status position.

She soon found her niche in the personnel world, transferring two years later to the unit's force support squadron, which then was known as the consolidated base personnel office. Though she often ventured into other mission areas throughout her career, she always returned to civilian and military personnel-related jobs.

"I've worked in all of the groups, with the exception of the medical group. In all, I've changed career fields a half dozen times."

Colonel Bence worked as an executive officer for the Selective Service System, dabbled in public affairs during a brief assignment in the Air Force Reserves, returned to the unit's support group, and later served as the wing Inspector General and headquarters squadron commander.

"It's been a very good ride," she said. "I learned a lot."

In August 2007, taking a leave of absence from her civilian job with the Transportation Security Administration, Colonel Bence once again returned to full-time duty and assumed command of the 162nd Mission Support Group. The group of about 400 Airmen supports the wing's F-16 training mission with everything from security to fuel management to personnel services.

Among her troops she was highly regarded as an advocate for their diverse missions and was known for empowering individuals to use their skills to lead as well.



*Retired Col. Karen Bence marches in a parade on base as a staff sergeant in the early 1980s.*

Capt. Tricia Pacheco, commander of the 162nd Communications Flight, serves under Colonel Bence. "I was a lieutenant when she hired me," she said. "She was a great mentor for me as a young commander. She was always there when I needed her but she didn't hover over me even though I was junior. The trust and confidence she had in me to do the job gave me the confidence to do it."

"My enjoyment has been the people," said the colonel. "There are so many talented people here that could do anything they wanted to do, but they chose to be here because they see this place as being special."

"They are willing to deploy. They raise their hand and leave families and small babies behind. Despite the sacrifice they're proud to do it and they'll do it again. I'm so proud of all of them."

The June unit training assembly was Colonel Bence's last as she relinquished command of the group and retired. She plans to resume her work with TSA and visit the 162nd often.

Her words for her fellow Guardsmen: "The wing is strong, it's solid, it's sound - built on a legacy of fine leaders and strong men and women. Do your best and you'll pass that legacy on to the next generation. Stay focused, stay positive and stay looking forward."



## JEC rallies for AADD over Memorial Day weekend

Over Memorial Day weekend the 162nd Fighter Wing Junior Enlisted Counsel embarked on a mission to save the lives of local servicemembers in Tucson.

This mission, Airmen Against Drunk Driving, is a program of volunteers who drive the streets responding to the needs of military members requiring assistance and to offer an alternative to drinking and driving.

The JEC operated the program May 27-29, covering the whole weekend; marking the first holiday weekend ever covered by the JEC. The phone calls started shortly after 11 p.m. and continued through the night. Drivers picked up a total of 16 people -- 16 Airmen in need.

The system works simply: an individual calls the AADD coordinator to request a ride home. The caller gives their exact location, what they are wearing, how many people are with them, and where they are going. The coordinator gives the caller the make, model, and color of the pick-up vehicle. The ride is to go home only, not to another establishment. The program's success is derived from anonymity. No rank is involved and only first names are used.

- The volunteer drivers for Friday night were Tech.

Sgt. Lena King from munitions training, Staff Sgt. Trisha Pacheco from supply, Staff Sgt. Scott Lilley from engine shop, and Staff Sgt. Mark Gregory from the alert detachment. The coordinator for Friday night was Jacqueline Gregory.

- Saturday night drivers were Lt. Col. Matt Ward from the 152nd Fighter Squadron, Staff Sgt. Scott Lilley, Staff Sgt. Tiffany Cleveland from supply, Staff Sgt. Trisha Pacheco, Senior Airman Chris Heising from the phase docks, and Airman 1st Class Elliot Smith from security forces. Staff Sgt. Tiffany Cleveland also acted as the coordinator for the night.

- Sunday night drivers were Master Sgt. Holly Tek from maintenance group, and Staff Sgt. Mark Gregory. Jacqueline Gregory again held the duty of coordinator.

AADD is staffed strictly by volunteers and operates Friday and Saturday nights from 11 p.m. until 3 a.m. with holidays added to the schedule. To volunteer as a driver or coordinator contact Staff Sgt. Mark Gregory, AADD representative, at 975-7286. If you need a ride this or any other weekend call AADD at 850-AADD (850-2233).

## Association provides a stage for professional development

by Master Sgt. Dave Morgan  
EANGA President

So what is EANGA and why does it provide the Arizona National Guard a place to hold professional development for the Soldiers and Airmen in our state?

First off, EANGA stands for Enlisted Association National Guard of Arizona and it's the state charter of a national organization called EANGUS which stands for Enlisted Association National Guard of the United States.

These organizations are dedicated to protecting and promoting the morale, welfare, benefits as well as fighting to equip the National Guard's enlisted force.

As a charter requirement, EANGA must host an annual meeting that will accommodate the entire membership that wishes to attend.



*Command Chief Master Sgt. Dan Irving speaks to Guardsmen at the Fiesta Resort Hotel in Tempe.*

This meeting is for conducting association business.

Since this can be done in half a day, the other half is donated to the Senior NCOs at Joint Force Headquarters to use for their purposes.

State Command Chief Master Sgt. Dan Irving and Command Sgt. Maj. Max Butler elected to

make professional development available to 300 Arizona Soldiers and Airmen. It's a partnership that works for both EANGA and senior leaders at JFHQ.

The two main topics at the conference were resiliency and generational differences.

Resiliency training taught that all servicemembers need help from time to time and they should not be ashamed when its needed.

The generational differences highlighted the importance of understanding communication gaps, expectations and social behaviors that differ from one generation to the next. If these are understood, leaders are more effectively able to manage and communicate with other generations.

Professional development is only one reason to get involved with the Enlisted Association. Visit [www.eanga.org](http://www.eanga.org) to learn more about the initiatives and benefits that EANGA works to enact and preserve.



# All in the EL TIGRE Family

## Military Promotions:

### To Senior Master Sergeant

Christina Burr  
Peter Smith  
James Stenger

### To Master Sergeant

Frederick Hernandez  
Waylon Erb  
Matthew Walters  
Ernesto Ruiz  
Bradley Clifford  
Geraldine Kile

### To Tech. Sergeant

Bernardo Dominguez  
Nathan Larsen  
Guillermo Soto  
Scott Owen  
Daniel Sales  
Jamie Hussell  
Dominic Flores  
Julio Pinedo  
Ruth Scott  
Dana Watson  
Georger Ballesteros  
Robert Johnson

### To Staff Sergeant

Jonathan Jackson  
Christopher Markle  
Lonnie Vega  
Anthony Madrid

Alfred Aragon  
Andrew Boisclair  
Mia Hixson  
Raymond Armenta  
Brad Guzman  
Christopher Morell  
John Greer  
Curtis Crisp  
Brian Milligan

### To Senior Airman

David Luu  
Eric Bickler  
Norman Basurto  
Frank Landavaso  
Peter M. Smith  
Ross Anderson  
Vanessa Ferreria  
Paul Stewart  
Nicholas Warren  
Tony Pena  
Russell Shirley  
Daniel Valdez  
Justin Koughn  
Cody Darby

### To Airman 1st Class

Christopher Dunlap

### To Airman

Christopher Perkins

## Births

Tech. Sgt. Brian and DeAnna Brewer welcomed a new AGE mechanic 18 March 18, Brooklyn Cheyenne, 7.7 pounds, 19 inches, AGE element.

Tech. Sgt. Francisco Estrada's second son was delivered March 28, 7.1 pounds, 19.5 inches, munitions.

Staff Sgt. Jessica Anderson's second daughter, Kelly Lynn was born April 13, 7 pounds 5 ounces, 19 inches, AGE element.

Airman 1st Class Daniel Valdez, propulsion shop, and Helen welcomed Alexia Ashlynn May 9. She was 7 1/2 pounds and 20 inches.

Staff Sgt. Donny Burch and wife Brittany welcomed son Nathaniel Donnell Burch May 12, 8 pounds 8 ounces, AGE element.

Staff Sgt. Ruben Acedo, propulsion shop, and wife Valerie gave birth to a 7.1 pound, 19 inch baby boy June 2.

*Know of any recent births or distinguished graduates in your unit? Email public affairs at [162fw.pa.omb@ang.af.mil](mailto:162fw.pa.omb@ang.af.mil).*

## Wing Quarterly Award winners: 1st Quarter 2011

Read about their accomplishments at [162fw.ang.af.mil/quarterlyawards](http://162fw.ang.af.mil/quarterlyawards).



**SrA David Luu**

162FW Airman of the Quarter  
Jan - Mar 2011



**TSgt Eugene Sanders**

162FW NCO of the Quarter  
Jan - Mar 2011



**SMSgt Mark Devault**

162FW SNCO of the Quarter  
Jan - Mar 2011



**Lt Col Robert Hadley**

162FW Officer of the Quarter  
Jan - Mar 2011

Staff Sgt. Jordan Jones, public affairs, returns from a six month deployment to Afghanistan May 10. He's greeted by his wife Rachel and daughter Merry Beth.



Erika Jaramillo, center, has her second lieutenant rank pinned on by her sister Tech. Sgt. Annie Jaramillo and her boyfriend Pedro Palomino May 5. Lieutenant Jaramillo earned a direct commission as a nurse in the med group.



Col. Jim Taylor, left, presents Tech. Sgt. Mark Kaletsch the Elite Performer Award April 15 for his work with the 148th Fighter Squadron.



Tornado Victims Food Drive Drop-Off



Retired Master Sgt. John Salazar collects hundreds of pounds of food and supply donations on base for Midwest Tornado victims in June.

Col. Ted Maxwell, vice wing commander, throws out the first pitch April 17 at a Tucson Padres military appreciation game.



Dutch F-16 pilots, Lt. Col. Maurice Schonk, and Lt. Daniel, are photographed on the 162nd Fighter Wing flightline by a Dutch press delegation, April 28.



162nd Fighter Wing members volunteer June 11 to pack food boxes at a community food bank in Tucson.



Staff Sgt. Jonathan Jackson is presented the NCO of the quarter award at Joint Base Balad, Iraq.



Senior Airman Andy Madison, security forces, fights off simulated attackers after getting pepper sprayed in the face.



162ND FIGHTER WING  
ARIZONA AIR NATIONAL GUARD  
1650 EAST PERIMETER WAY  
TUCSON AZ 85706-6052  
OFFICIAL BUSINESS

PRSR STD  
US POST PAID  
ANG PERMIT NO. 394  
TUCSON, AZ

# 162nd Fighter Wing Family Appreciation Day



## Food

Hamburgers  
Hot Dogs  
Chips  
Macaroni Salad  
Egees  
Cookies

## Events

Chili Cookoff  
Salsa Competition  
Dunk Booth  
Inflatables  
Haunted Hangar  
Cake Walk

Save the date...

**Sunday, October 2nd  
During Drill On Base**

