



# EL TIGRE NEWS



JUNE 2008

SERVING THE 162ND FIGHTER WING AND TUCSON AIR NATIONAL GUARD COMMUNITY SINCE 1959

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Courtesy photo

## 162nd Fighter Wing team focuses on ANG maintenance

Members of the 162nd Fighter Wing Minuteman Committee, several unit members, U.S. Rep. Gabrielle Giffords, D-Ariz., (center) and Brig. Gen. Rick Mo시오, wing commander, discuss the concerns of Air National Guardsmen service wide over the Air Force's plan to consolidate maintenance activities. The meeting, held here May 2, allowed the congresswoman to explain her plan to engage the House Armed Services Committee, the Air Force and other affected congressional districts across the nation for the purpose of saving wing-level maintenance across the Guard.

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# We all play important roles during inspections

by Brig. Gen. Rick Moisio  
Commander

The time has come to once again put some focus on upcoming inspections.

The Medical Group will receive a Health Services Inspection (HSI) over the November Unit Training Assembly. We expect another ESOHCAMP (Environmental and Safety Inspection) early in 2009 and our next AETC Operational Readiness Inspection is less than two years out, currently scheduled over the March UTA in 2010.

We all play an important role in the HSI because medical readiness statistics are an important part of the inspection. I can see no reason that the wing, and that means each and every one of us, would not be 100% current on all of our medical and dental requirements by the time the inspectors arrive.

We've made great strides over the past few years and our statistics look better than ever before, but we can do even better; we can be perfect! Please do your part by getting up to date on your physical exam, immunizations, and your dental checkup.

We did very well on our last ESOHCAMP, but like the HSI, we all play a part in this inspection. Many of you have responsibilities in environmental programs such as hazardous materials or spill preven-



General Moisio

tion or containment. The hearing conservation program requires active participation on the part of a great many of us.

On the safety side, supervisors must review recent safety inspections and make sure that all programs are compliant and especially that any findings have been corrected and are being monitored.

Finally, every member needs to focus on individual safety requirements such as seatbelts, bike helmets and speed limits.

Our last ORI was two and a half years ago and you all did a fantastic job. It is my fervent hope that this

wing will look equally impressive to the inspection team next time around. So now is the time to simply get ready to get ready. In my mind, that means taking a little time to check your regulations and instructions. There's a good chance that AFIs have been changed since our last look.

Check out AETC instructions and supplements, first making sure that they are applicable to the ANG, which is stated in the very first paragraph. Your area may also be affected by an ANG instruction or supplement as well.

Finally, if you are responsible for a local supplement, be sure you have a plan to update it well in advance of the inspection.

Remember that the leading cause of stress as we prepare for the ORI is procrastination. Get ahead of the game now, know what your requirements are and identify your problems to your supervisors. We have plenty of time to get in compliance.

Please read the short message from our safety professionals on page 13. It has lots of tips to keep us free from injury, or worse, over the summer.

Just as I look forward to the safe return of our security forces from Iraq at the end of summer, so too do I hope that you will all have a fun and safe summer here in Arizona or wherever your travels might take you.

## EL TIGRE NEWS

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# To the Members of the 162<sup>nd</sup> Fighter Wing:

With your support and the guidance of your outstanding wing commander, Brig. Gen. Rick Moisio, we were able to claim victory last month in the fight to head off the consolidation of aircraft maintenance facilities in the Air National Guard.

As many of you know, the Air Force has a plan to absorb anticipated personnel cuts by relocating and consolidating aircraft maintenance backshops in a handful of bases around the country designated as Centralized Intermediate Repair Facilities (CIRFs) or Centralized Repair Facilities (CRFs). As a result, bases will lose maintenance personnel and equipment to other locations.

Upon learning of this initiative from General Moisio, I became deeply concerned that it could have a detrimental effect on the 162<sup>nd</sup> Fighter Wing and other National Guard wings like it around the country.

Having served as a member and as the chairwoman of the 162<sup>nd</sup> Minutemen Committee, I know how extraordinary your unit is. In addition to being the largest F-16 fighter wing in the National Guard and carrying the responsibility for international pilot training, you also have the distinction of being one of the safest F-16 units in the United States. The 162<sup>nd</sup> operates with less than half the average accident rate of the wider F-16 community in the Air Force and Guard. I'm convinced that this stellar safety record is due in no small part to the highly-dedicated and experienced maintenance crews you have in Tucson.

If the Air Force maintenance consolidation program were implemented as planned, the 162<sup>nd</sup> stood to lose more than 200 maintenance positions and many Guard bases in other states had a similar fate.



Photo by Capt. Gabe Johnson

*U.S. Rep. Gabrielle Giffords, D-Ariz., and Brig. Gen. Rick Moisio, wing commander, discuss options for saving wing-level maintenance activities in the Guard. More than 200 maintainers at the 162<sup>nd</sup> would have been affected by the Air Force's plan to consolidate maintenance to a small number of facilities across the service.*

I reached out to the members of Congress who represent these Guard units. Together we met with top Air Force generals from the Pentagon to demand answers. We asked them to explain why they believed maintenance consolidation was a good idea for the National Guard and why they failed to keep Guard units and Congress informed of their plans.

My colleagues and I were not satisfied with the responses and information they gave us.

As a member of the House Armed Services Committee, I worked to add an amendment to the National Defense Authorization Act that effectively halts the active duty Air Force's plans to consolidate maintenance operations at Air National Guard bases nationwide. The amendment requires the Air Force to receive approval from the National Guard Bureau before any maintenance operation is closed. This measure passed the House last month as part of a larger defense authorization

package.

This victory in staving off Air Force maintenance consolidation and protecting the high-quality work of the 162<sup>nd</sup> Fighter Wing in Tucson would not have been possible without the advice and support of General Moisio. This issue will continue to require vigilance in the months and years to come, but you can rest assured that protecting the interests of our National Guard and the 162<sup>nd</sup> Fighter Wing will continue to be a top priority of mine in Congress.

I have had the privilege of being affiliated with the 162<sup>nd</sup> for many years, and I continue to be impressed by your professionalism and the pride you take in your work. I look forward to working with you in the future to support this unit, the Arizona National Guard, and our military as whole.

Sincerely,  
*Gabrielle Giffords*  
 Member of Congress



# New FRG coordinator: Mission first, family always

by Capt. Gabe Johnson  
Public Affairs

The new Family Readiness Group coordinator for the 162<sup>nd</sup> Fighter Wing has a head start on her new job having marched a mile in a Guardsman's boots.

Barb Gavre began her tenure as the wing's family assistance manager April 28. Her appointment marks her second career with the unit. She served 23 years in the 162<sup>nd</sup> as a supply technician, which gives her unique insight into the needs of Guard members and their families.

"I was a first sergeant for four of those years," said Gavre, "and I think the experience I gained in that job will help me serve our families. I'm no stranger to helping people; whether it's with minor financial problems, or major personal crisis, I feel I'm ready to help."

She's not only a former wing member, but she's also a military spouse and a mother. She's married to Maj. Ken Gavre, Maintenance Squadron commander. Together they have four children ranging from 12 to 22 years old.

"It's so exciting to be in this unique position that allows me to draw from my professional experience as a military member as well my personal experience as a family member," she said. "I've always felt that the people in this unit were one big family, and it's an honor to carry on the wing's tradition of taking care of its people like family."

According to Gavre, the Family Readiness Group's first priority is to take care of deployed members and their families to see that their pre-deployment, deployment and post-deployment needs are met.



Photo by Capt. Gabe Johnson

*Barb Gavre (left) introduces herself to Tech. Sgt. Kris Jones as the new Family Readiness Group (FRG) coordinator. Sergeant Jones, who works in the medical group, is one of several FRG volunteers. The FRG is always seeking volunteers to assist with Family readiness programs. Wing members are encouraged to use their skills and talents to help fellow members and their families.*

"Families experiencing a deployment should know that they can call on family readiness for anything... landscaping, a leaky sink, child care, car trouble, Tricare issues... anything."

Other goals for the group include financial management assistance, newcomers' briefings, managing volunteers, managing assistance resources, organizing family events, and working with other wing organizations like the Jimmy Jet Foundation and the 162<sup>nd</sup> Fighter Wing Minuteman Committee.

Gavre serves as a conduit for people who need help finding valuable military resources and has local connections for volunteers who offer their skills to assist with a variety of problems.

She's also the wing's spokesperson for all family readiness issues and an active participant in the Air Force and Air National Guard family readiness network; a community of professionals dedicated to sharing information and programs to enhance readiness.

"We say 'mission first, family always,' and it's true because when our families and our personal lives are in order we can effectively set ourselves to accomplishing the great mission set before us," said Gavre.

*The Family Readiness Group office is located at the Air National Guard Base at Tucson International Airport in Building 1, room 108. Barb Gavre can be reached by telephone at (520) 295-6566.*



## Writing on the wall for a streamed, leaned Air Guard

by Tech. Sgt. Mike Smith  
National Guard Bureau

ARLINGTON, Va. - Improvement. For Col. Billy Asbell it often starts with a dozen or more slightly anxious Air National Guardmembers seated in their conference room. They clutch cups of coffee or water and find some comfort in the familiar walls. Before long, those walls are hidden behind layers of yellow sticky notes and white easel sheets.

Asbell is the Air National Guard's director of Air Force Smart Operations for the 21st Century (AFSO21). He covers walls with information in his efforts to lean work processes and help units streamline their operations by cutting out fruitless work. "What are your processes, and how can you improve them?" Asbell asks.

He repeats that question many times a year in many shops across the Air Guard. No, he is not the big bad wolf that blows shops down with outside cost-cutting agendas. Nor is he a Santa Claus bearing gifts of additional funding or manpower.

Asbell and his six-person team from the Air National Guard Readiness Center facilitate Smart Operations. On a unit's invitation, they guide the members through heaps of data, ideas and goals to restructure processes and eliminate waste.

The Air Guard is on pace with other Air Force major commands in applying Smart Operations, Asbell said. The first two years were spent working with the states to train nearly 50 Smart Operations experts and apply the program to the Air Guard's administrative processes and weapons systems. There are plans to train more than 250 ASFO experts by 2010. The Air Guard's readiness center even applied the program to its own processes.

"I ask them, if you were king for a day with all resources available, what would [work] look like," said Asbell. "Obviously there would be no non-value added work ... why would you put that on yourself?"

With many, including Asbell, believing the National Guard is already intrinsically lean, Asbell says he still sees endless processes where Smart Operations could further Air Guard capabilities.

"It works in administrative processes, it works for maintenance processes, it works anywhere there's a process," said Asbell.

Asbell explained how the team trains and facilitates AFSO21. "We take the subject matter experts, bring them together, teach them about Lean, lead them through mapping their processes, help them identify and eliminate



wasteful steps and then turn them loose to implement. We don't justify positions, we don't justify facilities and we don't eliminate jobs. We eliminate waste."

The Air Force definition of waste is "something that is non-value added and does not change the form, fit or function of the product and something customers are not willing to pay for."

If a non-value added step is required, the AFSO21 team said they will ask why and keep asking until participants can determine if it impacts their mission.

Officials say giving time back to people and organizations using Smart Operations can be valuable for an Air Force that must continue to meet worldwide requirements with busy warfighters.

Asbell focused the Smart Operations program on the Readiness Center and held 26 events there in 2007.

"And we had some big successes," he said.

The center, whose mission supports Air Guard field units, freed hundreds of administrative processing days by joining readiness center personnel and field personnel in process improvement events.

"You certainly can't write a check on those days, but you can do things that could not get done before," said Asbell.

Now, the Smart Operations team plans to conduct more than a dozen unit events in 2008 and to train and certify more Airmen in the field who can facilitate AFSO21.

For Col. Billy Asbell, Smart Operations concepts should not create anxiety because the unit is the master of its own improvements. If his team can bring that message to all 88 Air Guard flying wings and stick the ideas of Lean on the walls, it will, he said.

"So far," Asbell said, "I am comfortable with what we have achieved and that we are right on target."



# Wright Flight helps students

by Capt. Gabe Johnson  
Public Affairs



“What’s that thing? Is it a bomb?” asked a fourth-grader pointing to an aircraft fuel tank in the air park here. More than 60 curious elementary school students recently had all their questions answered during an all-access tour of the Air National Guard Base at Tucson International Airport.

This wasn’t an ordinary tour. Tucson’s Reynolds Elementary School was reaping its reward for participating in Wright Flight, a program designed to educate fourth-grade through 10<sup>th</sup>-grade students about aviation and the role of the Air National Guard. April 24 was their opportunity to experience a day in the life of a 162<sup>nd</sup> Fighter Wing Guardsman.

Nine- and 10-year-olds took turns flying an F-16 simulator, experimented with night vision equipment, practiced simulated ejection seat procedures, toured an engine test facility and topped off the day with a visit to the base fire station. It’s all in a day’s work for wing volunteers who’ve racked up several “Wright Flight” hours.



Photos by Master Sgt. Dave Neve

*Tech. Sgt. Victoria Lacey shows a fourth-grade student the parachute simulator at the 162<sup>nd</sup> Operations Group.*

One day each month, wing members set aside time to inspire young minds to reach new heights; harnessing the power of aviation to encourage students to succeed in the classroom.

“The program, and the 162<sup>nd</sup>’s participation, really does a lot to motivate students to do well in school,” said Mark Hollinger, Wright Flight program director. “The students, teachers and parents don’t know what to expect at first, but they always come away grateful for the impact it has on the kids’ school work, and they have a greater appreciation for the Guard and all of the career paths it offers.”

“At Reynolds we set goals for the kids to increase their reading comprehension,” said Martina Dickinson, fourth-grade teacher. “We also give them a six-week course and test them on aviation history, women in aviation and the NASA programs. If they meet those goals, then they get to participate in this field trip. About 95 percent of our students in Wright Flight reached their goals this year.”

*“Wright flight enjoys so much success because of volunteers like the ones at the 162<sup>nd</sup>”*

**-Mark Hollinger, Wright Flight program director**

According to Dickenson the biggest event for students when they tour the Air Guard is the flight simulator. “When they’re able to take off and land in the simulator they really feel like they really can fly,” she said.

Wright Flight is a non-profit organization founded in 1986 by retired Lt. Col. Robin Stoddard, a former 162<sup>nd</sup> Fighter Wing pilot. His concept was to use children’s fascination with aircraft to motivate them to do better in school. He developed the program and organized a group of volunteers and pilots to teach the program and ultimately fly the graduating students in private aircraft.

Today, the program partially funded by the Southern Arizona Minuteman Committee graduates 950 Tucson students per year; with a total of 13,400 graduates since inception.

New chapters are springing up across the country. In addition to the Tucson headquarters and the Phoenix branch, North Carolina, South Carolina, Texas, Vermont, Kansas, Missouri, Massachusetts and Florida have launched successful chapters.



# stay on course



*Wright Flight students watch a fire truck demonstration at the 162<sup>nd</sup> Fighter Wing firehouse. The tour showed local school kids several examples of jobs found in the Air National Guard.*

The tremendous growth of the program across the country is due to volunteers who began working with the program in Tucson and have taken it to new communities as they move about the country to new assignments, said Hollinger

“Wright flight enjoys so much success because of volunteers like the ones at the 162<sup>nd</sup>,” he said.

“I enjoy working with these kids,” said Lt. Col. Mark Harting, F-16 pilot and Wright Flight coordinator for the 162nd. “Wright Flight is a great opportunity for me to depart what I’ve learned as a pilot since I joined the Air Force.”

In addition to organizing several demonstrations around base, Colonel Harting gives students an adapted unit briefing for their level of understanding. “I tell them the things they need to do to be successful in life,” he said. “They are coming into an environment that I didn’t have to deal with at their age. It’s a chance to teach them to stay away from drugs, and to respect their parents, teachers and friends.”

## New 148th commander



Photo by Staff Sgt. Desiree Twombly

**Lt. Col. Michael McGuire**  
148th Fighter Squadron Commander

**Hometown:**

Arcadia, Calif.

**Flying hours:**

3,200 in the F-16

**Off-duty time is for...**

I enjoy golfing and fishing with family and friends. My current hobby is restoring a 1963 white, Corvair.

**Previous assignments:**

1987-1988 Sheppard AFB, Miss., Pilot training

1988-1989 MacDill AFB, Fla., F-16 Fighter Training Student

1989-1993 Hill AFB, Utah

1990-1991 Minhad AB, United Arab Emirates  
F-16 Pilot, Operation Desert Shield - Desert Storm

1993-1996 Luke AFB, Ariz., F-16 Instructor pilot

1996-2001 Eilson AFB, Alaska, F-16 Weapons Officer

2001-current Tucson, Ariz.

**Organizational goals:**

Continue to create graduates who meet all F-16 standards for allied nations and to continue to build on relations to keep the flying mission.

**Work philosophy:**

Be a professional in all you do.



# AZ Air Guardsman honored for selfless act of heroism

by Staff Sgt. Desiree Twombly  
Public Affairs



Photo by Staff Sgt. Desiree Twombly

*Staff Sgt. Jay Rosenberry prepares his F-16 for a sortie at Tucson International Airport. Sergeant Rosenberry was awarded the Coast Guard Silver Lifesaving medal for the heroic rescue of three young children caught in a riptide while vacationing in the Outer Banks of North Carolina in July 2006. The medal is awarded to any person who rescues or endeavors to rescue any other person from drowning, shipwreck or other perils of the water.*

On any given morning at Tucson International Airport the skies are clear, there's a view of the mountains, rows of F-16s wait for the morning "go," and a life-saving hero prepares his jet for flight.

In April, the Coast Guard honored Staff Sgt. Jay Rosenberry, an F-16 crew chief here, for saving the lives of his children and another child in 2006. He was presented with a Coast Guard Silver Lifesaving Medal.

Rosenberry, a member of the 162<sup>nd</sup> Fighter Wing for 18 years, is no stranger to duty and service before self.

He was on vacation July 24, 2006, with his 13-year-old daughter, Josie, and his 11-year-old son, J.J. They were vacationing with his former girlfriend, Kristy, and her family at Harkers Island, off the coast of North Carolina.

Among the group were Kristy's daughter, Mikayla, her son, Josh, Kristy's dad, Johnnie, her step-brother, Mark Emerson, and his wife Angel. That day ended with an event that left him with bitter-sweet emotions, said Rosenberry.

While unpacking and settling into a cabin, Rosenberry's children and the rest of the group headed to the beach. The sky was overcast and it appeared a storm was on the way, said Rosenberry.

Down at the beach, the children and Mark were playing in the waves in knee-to waist-deep waters.

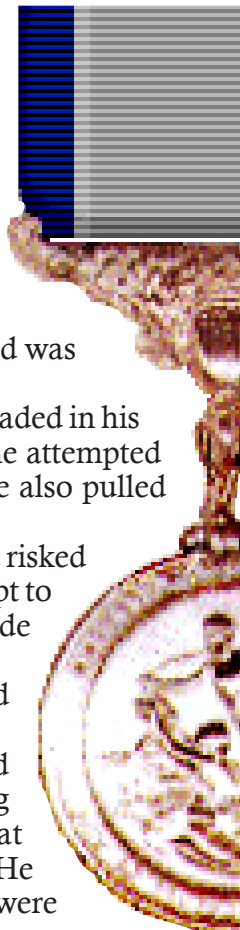
"My son was knee deep in the water and was pulled under by a riptide," he said.

Mark saw that J.J. was in trouble and headed in his direction to try to help him back in. As he attempted to help J.J., he and his nephew Josh were also pulled farther into the waters by the rip tide.

Josie saw her brother was in trouble and risked her own life to go into the waters to attempt to save him. She was also overcome by the tide and dragged out into the waters.

"That's my little hero," said Rosenberry.

At the time Josie was being pulled into the water, Johnnie, who was sitting on the beach, immediately realized that the children and Mark were in danger. He went into the water. The waves and surf were







so strong that Johnnie could not break through, said Rosenberry.

Mikayla, Kristy's daughter ran to find Rosenberry to help.

"I am grateful that she sprinted those 250 yards to the cabin. She'll always be a hero in my eyes. If it weren't for her, I don't know if Josie, J.J. or Josh would be here today," said Rosenberry.

As soon as the words, "the boys are in trouble," came out of Mikayla's mouth, Rosenberry without hesitation, sprinted to the beach.

"As I got closer, I could see four heads bobbing in the water," he said.

Josie was closest to the shore and J.J. was not far behind. To their right were Mark and Josh. They were scattered 30 to 100 yards from the shore.

"When I got to the water, I swam through the incoming waves. As I got closer to Josie I could hear her crying frantically to get J.J. I grabbed Josie by the arm and swam her to knee deep water where she could stand up and get safely to shore. I immediately rushed back out into the surf after J.J.," he said.

As he made it back to shore with his son, exhaustion began to set in. Rosenberry stopped briefly and gave his children a hug and told them he loved them not knowing if he would make it back. He headed into the waters for Josh and Mark.

"As I was heading back out, I passed Kristy who was exhausted from trying to get through the waves to help her son. I can remember her saying, 'Please save my boy!'" he said.

Fighting against the waves, Rosenberry was able to see over the water and noticed that Mark and Josh had been separated.

To his despair, he saw Mark floating in the water. He swam to reach Josh. With great difficulty and nearly overcome by exhaustion, he fought the waves with Josh and made it safely to shore.

"It got to a point that I thought I might actually die out there, but was comforted greatly knowing that my children were alive on shore and would see another sunrise," he said.

At about the same time Rosenberry made it to shore, two good Samaritans went out on boogie boards and managed to bring Mark back to shore. He did not survive. He gave his life that morning in his attempt to save the children.

A Coast Guard helicopter arrived and transported Mark to Carteret General hospital. Rosenberry, his family and friends, were put on a boat and taken to the mainland where



Photo by Petty Officer 2nd Class Christopher Evanson

*Staff Sgt. Jay Rosenberry visits the gravesite of his friend Kevin Mark Emerson in Jetersville, Va., April 11. Emerson was posthumously awarded the Gold Lifesaving Medal for his role during the heroic rescue. Emerson died as a result of his heroic actions.*

they were treated and released from the same hospital. While at the hospital, a Coast Guard captain informed Rosenberry that the last time they got a similar call, all four people had drowned.

"I sit and I think about that and I feel fortunate to have been able to make it to all three children and bring them back in safely. Thank you God for giving me the strength to do what needed to be done," said Rosenberry.



# Asian-Pacific Heritage Month



Photo by Senior Airman Sarah Flint

Senior Airman Karl Green (center) is recruited to dance with the Na Wahine I Ka Nani O Tucson Polynesian Dance Group during lunch in the dining facility, May 4. Marie Hanna (left) and Cyndy Outhouse (right) were two of several performers invited by the Equal Opportunity Office to share Asian-Pacific American Heritage Month with Guard members here.

## Airmen can request Afghan, Iraq campaign medal stars

RANDOLPH AIR FORCE BASE, Texas (AFPN) -- A recent memorandum from the Office of the Under Secretary of Defense provides guidance on the wear of campaign stars on both the Afghanistan and Iraq campaign medals.

The campaign stars recognize servicemembers for participating in designated campaign phases within the areas of responsibility for both awards.

In order to qualify for the campaign stars, Airmen must first qualify for the campaign medals by having served in the area of eligibility for 30 consecutive or 60 non-consecutive days, and must provide official source documentation to confirm their participation in the AOE. Approved decorations, performance reports or travel vouchers can be used as official documentation.

Airmen become eligible to wear the campaign stars by serving one or more days in the following campaigns:

For Afghanistan:  
Liberation of Afghanistan - Sept. 11 to Nov. 30, 2001  
Consolidation I - Dec. 1, 2001 to Sept. 30, 2006  
Consolidation II - Oct. 1, 2006, until a date to be determined.

For Iraq:  
Liberation of Iraq - March 19 to May 1, 2003  
Transition of Iraq - May 2, 2003 to June 28, 2004  
Iraqi Governance - June 29, 2004 to Dec. 15, 2005  
National Resolution - Dec. 16, 2005, until a date to be determined.

If an individual's initial inclusive period of deployment overlaps one or

more of the approved campaign phases, the Airman will be entitled to the appropriate number of campaign stars.



"If you've already had 30 days in the qualifying area -- 10 of those days during Liberation Phase and 20 during Consolidation Phase I -- you'll qualify for the campaign medal and two campaign stars," said Col. William Foote, director of personnel services at the Air Force Personnel Center.

Active duty members, Guard, Reserve and veterans who qualify to wear the campaign stars with the medals can contact their military personnel element or flight.

For more information, contact the Air Force Contact Center at 1-800-616-3775.



# June training assembly dental event

by Chief Master Sgt.  
George Silvas  
Medical Group

All Air National Guard members are required to maintain a year-round high level of medical military readiness.

Individual medical readiness (IMR) is a list of medical and health requirements that the DoD has deemed necessary to maintain a medically qualified and readily deployable force. Items considered in the IMR are: health record review, dental, immunizations, laboratory tests, occupational health examinations, line of duty injuries, medical evaluation boards, world-wide duty

evaluations and physical profile series. Maintaining a high level of IMR is an ongoing challenge.

The Medical Group recognizes that the annual dental examination (ADE) is the most challenging IMR requirement for our members. With that, the Medical Group has coordinated with the National Guard Bureau and Federal Strategic Health Alliance (FEDS HEAL) to have their mobile teams (dentists, assistants and X-ray technicians) come to our base and perform dental examinations during the June UTA.

FEDS HEAL teams will be working out of Building 6 both Saturday

and Sunday from 7:30 a.m. to 2:30 p.m. All appointment slots have been scheduled and coordinated via section health care monitors (HCMs) to include an alternate list of names in the event of cancellations.

This unique June UTA FEDS HEAL endeavor will allow expanded, easy access dental services to our members outside our normal Medical Group function. This is a great opportunity for many of our Air National Guard members to meet their ADE requirement and be fit for duty.

Any questions or concerns may be directed to the Medical Group by calling 295-6165 or 295-6172.



## PROJECT CHALLENGE

Photo by Capt. Gabe Johnson

*Air rushing through the Hush House baffles gave Project Challenge corpsmembers a feel for the power of an F-16 fighter jet engine during an engine test, May 16.*

*The 162<sup>nd</sup> Fighter Wing showed 68 Project Challenge corpsmembers a day-in-the-life of an F-16 training wing while reinforcing the program's objective to inspire and*

*motivate young high school dropouts to return to education, set goals and accomplish them.*

*Through this 21-week program the Arizona National Guard provides a challenging military-based educational program in residence for teenagers who desire to succeed.*

*The program produces functional members of the community with a success rate of 85 percent; measured by the number of youth who return to school or are placed in a career after graduation.*



# Tig Bits

## Thank You...

Having received so many prayers and thoughtful cards from the 162nd Fighter Wing family, my wife Cherri and I send our sincerest gratitude. Thank you for your support.

- Maj. Gen. (Ret.) Don Morris

## Drinking Water

The 162nd Fighter Wing Bioenvironmental Engineering office, in conjunction with Tucson Water, is proud to report that all of the drinking water monitoring conducted on base in 2007 met every standard for safe drinking water. To view the Annual Drinking Water Report visit the base intranet, under HQ/Medical Group/Bioenvironmental Engineering.

## Blood Drive

April's blood drive produced 32 registered donors, four first-time donors and 29 productive units - that's up to 87 lives saved. The next blood drive will be held, Saturday, June 7, 8 a.m. to 1 p.m., at building 15 (TAGRA).

## Job Opportunity

The wing is currently seeking applicants for a Personnel Officer Drill Status Guardsman position. Completed application packages must be submitted no later than June 10 to the Mission Support Flight. Contact Master Sgt. Clint Awana at 295-6462 with questions.

# DTS Offers Online Training Center

The Defense Travel System (DTS), currently being used by 162nd Fighter Wing Active Guard Reserve members, will be mandatory for all 162nd Fighter Wing members in the very near future.

Per a memorandum from the Office of the Under Secretary of Defense, signed by Dr. David Chu, DTS must be used whenever possible. As stated, "this mandate applies to all travel that is currently supported by the system and those that will be supported in the future, as they become available."

With this in mind, DTS offers an online training center that is available to all users. This section features several DTS demonstration tools, online self-guided training modules, and simulations where customers can practice using DTS. In addition, there are links to other valuable resources including "How to Process Documents."

Members can access the training center from the DTS homepage at <http://www.defensetravel.osd.mil/>

[dts/site/index.jsp](http://dts/site/index.jsp) by using the blue training button or by selecting the training link on the left sidebar.

The "Overview Modules" section of the online training center contains these simulations that will walk you through creating appropriate travel documents using DTS:

- Create an Authorization
- Create a Voucher
- Create a Local Voucher
- CBA Reconciliation
- First Time Login To DTS
- Create a Group Authorization
- Create an Imported Authorization
- Review and Approve Travel Documents

The online training center is user friendly and will aid travelers, approving officials and defense travel administrators in processing timely travel documents. If you have any questions regarding DTS training, please contact the finance office at 295-6882.

# Apply now for Jimmy Jet scholarships

Three Jimmy Jet Foundation Scholarships are available now through July 31; the Brig. Gen. Ronald L. Kurth for General studies, the Col. James V. Fiorelli for Aviation related studies, and the Lt. Col. Pamela J. Long for Volunteer work and community involvement.

For each scholarship, \$500 will be awarded per semester (maximum of \$1,000).

Unit members and their immediate family (spouse or children) are eligible to apply. Retired unit members and their immediate family (spouse or children) may also apply.

Applicants may apply for all three scholarships; however, applications for each scholarship must be com-

pleted in order to be considered.

Submitted applications must be typed with all required areas completed and required documentation enclosed.

Applications must be mailed in on time to be considered; JJF Board Members will not accept late applications. Mailed applications must be postmarked July 31.

Applications can be downloaded from the 162nd Fighter Wing website. Go to [www.162fw.ang.af.mil](http://www.162fw.ang.af.mil), and click the scholarships tab.

All applications may be mailed to:

The Jimmy Jet Foundation  
Scholarship Committee  
1650 East Perimeter Way  
Tucson, AZ 85706-6052



## Stay safe in AZ during the 101 Critical Days of Summer

By Chief Master Sgt. Charles Reeves  
Wing Safety Office

The 101 Critical Days of Summer is the period from Memorial Day to Labor Day in which people are more likely get seriously hurt or lose their lives because of safety-related accidents.

Due to the sometimes harsh climate of Southern Arizona during the summer months, members of the 162<sup>nd</sup> Fighter Wing family should take extra precautions to stay safe.

Summer heat and exposure to ultraviolet rays means you should cover up when outdoors. Consider wearing large brim hats, stay under shade or a portable ramada whenever possible, use sun screen and

stay hydrated meaning drink plenty of water and avoid alcoholic beverages in extreme heat.

When hiking, camping or picnicking, watch for poisonous critters like rattle snakes, especially in the evening when they start moving around hunting for their next meal. Make sure someone knows where you're going and when you plan on returning.

If boating, fishing, swimming or skiing use a life jacket and the buddy system. Get off the water when thunder storms are present and seek shelter.

Before traveling long or short distances make sure your vehicle is in good operating condition, take plenty of water for emergencies and have a cell phone handy to call for help if you find yourself stranded.

Thunderstorm season brings flash floods and blowing dust. Don't

camp in river or wash beds; and don't drive through running washes or low lying areas. When visibility is poor while driving pull off the road and turn your lights off.

As the summer months approach, let's be more proactive rather than reactive in the activities we choose to do.

Here are a few thoughts to consider:

- Plan your time adequately
- Exercise good judgment
- Identify potential hazards
- Listen to people around you who may positively guide your decisions
- Listen to your spirit and/or conscience
- Assess the risk involved
- Consider all options
- Analyze the entire situation
- Make controlled decisions
- Review the situation

## Health tips for recreational swimming over the summer

Division of Parasitic Diseases,  
National Center for Zoonotic,  
Vector-borne, and Enteric Diseases

This summer, swimming pools will be filled with millions of people having fun and staying cool. But did you know that germs can contaminate swimming water even if it is treated with chlorine? Learning about recreational water illnesses (RWIs), which are spread by swimming in contaminated recreational waters such as swimming pools, waterparks, lakes, and the ocean, can protect you from illness.

RWIs are caused by germs like Crypto (short for Cryptosporidium), Giardia, E. coli and Shigella, and are spread by accidentally swallowing water that has been contaminated

with fecal matter. You share the water with everyone in the pool. If someone with diarrhea contaminates the water, swallowing the water can make you sick.

The great news is that germs causing RWIs are killed by chlorine. However, chlorine doesn't work right away. It takes time to kill germs and some germs like Crypto are resistant to chlorine and can live in pools for days. Therefore, healthy swimming behaviors are needed to protect you and your kids from RWIs and will help stop germs from getting in the pool in the first place. Here are six "pleas" that promote Healthy Swimming:

1. Please don't swim when you have diarrhea. This is especially important for kids in diapers. You can spread germs in the water and make other people sick.

2. Please don't swallow the pool

water. In fact, avoid getting water your mouth.

3. Please practice good hygiene. Take a shower before swimming and wash your hands after using the toilet or changing diapers. Germs on your body end up in the water.

4. Please take your kids on bathroom breaks or change diapers often. Waiting to hear "I have to go" may mean that it's too late.

5. Please change diapers in a bathroom and not at poolside. Germs can spread to surfaces and objects in and around the pool and spread illness.

6. Please wash your child thoroughly (especially the rear end) with soap and water before swimming. Everyone has invisible amounts of fecal matter on their bottoms that ends up in the pool.

Go to [www.cdc.gov/healthyswimming](http://www.cdc.gov/healthyswimming) for more information.



# Retiree Benefits - Proposed Changes to TriCare

by Chief Master Sgt. (Ret.) Barry Soulvie  
Retirees Office

One of the most coveted benefits available to military retirees are medical benefits available through TriCare.

Unfortunately, there is a proposal in Congress to cut Medicare payments to doctors by more than 10 percent. Military retirees, who depend on Medicare and TriCare For Life for their health insurance, are in double jeopardy because TriCare payments will also be reduced as they are based on Medicare rates.

If the proposed changes are implemented, doctors will make less money and be less inclined to see Medicare patients supplemented by TriCare. The proposed new laws are scheduled to be implemented in July; however, public inputs until mid-June may still affect the final decision.

Any changes that increase costs or decrease pay outs are detrimental to the stability of medical care for many military retirees. It's not too late to influence these decisions but time is running out. You are urged to call or write your congressional representative and express

your concerns.

There are also additional proposed changes that will increase some enrollment fees and medication co-payments for those in TriCare Prime and TriCare Standard programs.

To help you understand not only your medical benefits, but other benefits available to you, the Retirees Office has created *The 162FW Guide to Retirement Benefits*. This Guide identifies the wide variety of benefits available and also provides contact information so you can follow up on how to acquire those benefits.

To request a copy, contact us by phone at (520) 295-6663 or e-mail at 162.retirees@aztucs.ang.af.mil. Leave your name and address and we will mail a copy to you. For those with Internet access you can find the Guide on the new 162<sup>nd</sup> Fighter Wing Web site at www.162fw.ang.af.mil. Click on "Resources," and then click on the Guide cover in the upper right hand corner. It will appear as a downloadable PDF file.

Last call: If you plan to attend the Annual Retirees White Mountain Picnic and have not yet signed up, time is running out. The picnic is on June 19 and your payment of \$10 per person is due by June 10.

## All in the EL TIGRE Family

### Military Promotions:

**To Master Sergeant**  
Eugene Preston, 214th RG

**To Technical Sergeant**  
Darlene Boydston, 162nd Fighter Wing  
Wayne Cordon, 162nd Fighter Wing  
Jose Dejesus-Solis, 162nd Fighter Wing  
Juan Yebra, Security Forces  
Bradley Clifford, 162nd Fighter Wing  
Casandra McIntyre, 162nd Fighter Wing

**To Staff Sergeant**  
Donald Twilley, A/C Hydraulic Systems  
Michael Whitt, 162nd Fighter Wing  
Donald Twilley, 162nd Fighter Wing  
Aldo Estrada, 162nd Fighter Wing  
Sean Keel, 162nd Fighter Wing  
Kenneth Barton, 162nd Fighter Wing  
Tracy Stotts, 162nd Fighter Wing  
Kenneth Wagner, 162nd Fighter Wing  
Justin Guarine, 162nd Fighter Wing  
Jessie Ochs, 162nd Fighter Wing  
Daniel Williams, 162nd Fighter Wing

**To Senior Airman**  
Meagan Kirkland, MXG Orderly Room  
John Mitchell, 162nd Fighter Wing

**To Airman**  
Brandon Urena, 162nd Fighter Wing

**Technicians:**  
Senior Airman Ryan Ramos was selected for the temporary Technician in the Pneudralic Shop.  
Master Sgt. James Stenger was selected to the WS-09 position in the Weapons section.  
Senior Airman Ryan Ramos was selected to a WG-10 Haydraulic Systems Shop position.

**New Members:**  
Staff Sgt. Timothy Fleshman, Munitions Element  
Airman Basic Siiri Moore, Non-Destructive Inspection  
Airman First Class Leah Rhodes, AGE Element  
Staff Sgt. Jamie Gonzalez, Fuel Shop

**Other:**  
Airman 1st Class Amanda Leyvas, Weather Section, received the Honor Graduate Award for Basic Military Training, and was the War Hawk Award (top physical fitness performer) recipient in a class of 680 graduates.  
Staff Sgt. Eric Hall, A/C Hydraulic Systems Shop, earned his CCAF (Aircraft Maintenance Technology) degree.

**Births:**  
Senior Airman Shawn Bell (Engine Shop) and his wife, Valerie, welcomed their baby girl, Samantha, Feb. 18.  
Senior Airman Jordan Jones (Public Affairs) and Callie, welcomed their daughter, Adi Nevaeh, April 23.  
Staff Sgt. Wesley Bode (Engine Shop) and his wife, Jessica, welcomed their baby girl, Aelana, April 12.



## Military better prepared than ever for disaster relief, official says

by John Kruzel

American Forces Press Service

WASHINGTON, D.C. - The Defense Department and U.S. military are better prepared than ever to aid disaster-relief efforts, and have improved measures for tracking military families affected by catastrophe, a top Pentagon official said May 20.

Among other services, department entities are poised to assist with evacuations, emergency transportation and search-and-rescue missions as the nation braces for the hurricane season that starts June 1, Paul McHale, assistant secretary of defense for homeland defense and Americas' security affairs, said.

"Today, the Department of Defense -- active, reserve and National Guard -- is better prepared to assist civil authorities than at any other time in our nation's history," McHale said at a Hurricane Awareness Day news conference at the Federal Emergency Management Agency here.

McHale said the department understands its role in catastrophic relief and has worked with FEMA

to put in place a wide range of missions to support a national response. In the event of disaster, the Pentagon is prepared to coordinate FEMA logistics on military bases, to deploy emergency communications rapidly, and to deliver ready-made meals, water and power generators.

Homeland Security Secretary Michael Chertoff praised the increased role the Defense Department has assumed over recent years.

"[The people of the Defense Department] have been phenomenal partners over the last couple of years and have become really fully integrated with our planning system and our approach in a way that was not the case previously," he said.

The Pentagon has more closely integrated its planning with the National Guard Bureau, U.S. Northern Command, and state adjutants general, McHale said. Guardsmen are ready to deploy to Gulf Coast and East Coast states -- where hurricanes are most likely to hit -- and military forces are prepared to protect constitutional rights and provide law enforcement if either system breaks down in the wake of a disaster.

## DESERT ROSE DINING FACILITY MENU

### SATURDAY

Smoked Pork Roast  
Spinach Baked Fish  
Pork Fried Rice  
Mac n Cheese  
Carrots  
Vegetable Medley  
Green Beans  
Chocolate Brownies  
Pineapple Upside down cake

### SUNDAY

Fried Chicken  
Spaghetti w/meat sauce  
Steamed Rice  
Oven Browned Potatoes  
Chicken Gravy  
Peas n Carrots  
Steamed Cauliflower  
Green Beans  
Garlic Bread  
Applesauce Cake  
Cherry Crisp

### SHORT ORDER & STANDARD ITEMS

Grilled Hamburgers  
Cheeseburgers  
Hot Roast Beef Sandwich  
Pizza  
Chicken Strips  
Tuna Sandwich  
Vegatarian Burgers  
Baked Potato Bar  
French Fries  
Onion Rings  
Baked Beans  
Salad Bar  
Assorted Breads  
Jell-o & Sugar-Free Jell-o  
Frozen Yogurt  
Soda, Coffee, Tea, & Milk

*Dining Hall Hours*  
9:45 a.m.-12:15 p.m.

*The menu is based on availability and is subject to change without notice.*

## 162fw.ang.af.mil Your link to the latest news and info



The 162nd Fighter Wing's new public Web site is the best way to get news and information about the Air National Guard's premier F-16 pilot training unit. Add the site to your favorites and check it periodically from work or at home. You'll know what's going on before *El Tigre News* reaches your mailbox.



# MOBILITY EXERCISE

by Senior Airman Jordan Jones  
Public Affairs

Members of the 162nd Fighter Wing here participated in a mobility exercise during the May drill geared toward providing hands-on experience.

“Phase I was the mobility part,” said Master Sgt. Kenneth Gross, unit deployment manager for the headquarters squadron. “In the mobility processing line they make sure your entire medical, training and mobility records are complete, and the deploying troops hear a briefing explaining where they’re going and the conditions to expect.”

“Phase II on Sunday tested their response to possible threats they could encounter in theater,” said Sergeant Gross. “CBRNE and Defense Task Qualification Training is a continuation of the computer-based Chem Warfare task qualification training.”



*Exercise participants experience increasing levels of Mission Oriented Protective Postures (MOPP) as the simulated threats increase.*



*Staff Sergeants Scott Beardshear (left) and Eric Klajda identify an M-8 paper contaminated with simulated nerve agent.*



*Staff Sgt. Trevor Harvey locates a simulated unexploded ordnance (UXO) and properly cordons off a safety zone from the munition’s location. The UXO was one of two real-world examples that Guardsmen may encounter in during a deployment.*

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