



Magazine of the 94th Airlift Wing Vol. 4. No. 1 **January 2013**

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Submission deadline for the Feb. 2013 issue is Jan. 15. Articles must be submitted electronically to 94AW.PA@us.af.mil. For more information, contact Public Affairs at (678) 655-5055.



Lights, camera, action!

Master Sgt. Chance Baban, 94th Airlift Wing Public Affairs, interviews Maj. James Light, C-130H instructor pilot, prior to departure for the annual Operation Toy Drop at Fort Bragg, N.C., Dec. 7. The event brought multi-service personnel from around the world to airdrop toys onto the Fort Bragg ranges for distribution to local children.



Dobbins Air Reserve Base members excelled throughout the 2012 calendar year with 94th Airlift Wing and individual Airmen, civilian and contractor accomplishments. Twelve photos were chosen for our annual year in review because they exemplify the standard of excellence Team Dobbins is known for. A full size poster is available for download at www.dobbins.af.mil (cover by James Branch)

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Wing Commander's Hotline

Provides wing members with a direct link to the wing commander to relay kudos, concerns or suggestions on wing matters. (678) 655-9422

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FROM THE TOP

Mentoring; it's our responsibility

By Chief Master Seargent Wendell L. Peacock 94th Airlift Wing command chief

Shortly after arriving at my first duty station, I went through my squadron orientation and was assigned to a security police flight, now called the security forces squadron, and began my career.

While going through squadron orientation I met Staff Sgt. Hettsmensperger. We called him Staff Sgt. "Hetts" for short. He was a controller assigned to the flight and lived down the hall from me in the dormitory. He was from Florida as I was, and involved in squadron sports, like softball, as I became, so we hit it off and became friends. Sergeant Hetts was never my immediate supervisor, but he took special interest in making sure my career was headed in the right direction. From correspondence courses, to who I associated with after duty, to what I was doing in my off duty time, he advised me.

Did I ask him to? Did he have to take this special interest? No. But he felt that as a Non-commissioned officer, it was his duty and responsibility to guide young Airmen. I didn't realize it then, but he was mentoring me, and his mentorship continued even after he was assigned to another base. Staff Sgt. Hetts was my first mentor and there have been others, both NCO and officer, during my thirty-plus year career. We all need someone to help us make sure we are on the right path in our careers and in life.

Over the past few months, I've been asked a lot about mentoring and the need to establish a mentoring program. I ask, "Do we really need another program?" Did Staff Sgt. Hetts mentor me as part of a program? No. He did it because he felt it was his responsibility as an NCO. However, if you do feel that there should be a formal program, I would submit to you that we already do; it's the "Enlisted Force Structure", AFI 36-2618.

Webster's dictionary defines a mentor as; a trusted counselor or guide; tutor or coach. In chapter four of the AFI, NCO Responsibilities, paragraph 4.1.2. states, "An NCO's primary purpose in the Air Force is to be a skilled technician in their assigned specialty and building, preparing and leading teams to accomplish the mission. I think Webster's definition captures that paragraph. As a guide, tutor or coach, you are building, preparing and leading.

The U.S. Office of Personnel Management (OPM) website provides "Best Practices: Mentoring." It talks about formal mentoring which is structured, provides oversight and has clear personal and organizational goals. This would be more of the role as a supervisor. The mentoring Staff Sgt. Hetts provided me was more "informal"; it had no structure or oversight. As stated on the OPM website, "Informal mentoring is normally for interpersonal enhancement, but can also promote career development." This site provides a lot of valuable information, as well as references about mentoring. I hope you will check it out.

Our reserve force has changed a lot over the last ten years. Back in the day, the majority of personnel entering the reserves were prior service. However today that's not the case; we are seeing more and more non-prior service personnel entering the reserves. Many of them come with little or no real experience of being part of an organization.

A number of our Airmen are joining

photo by Senior Airman Elizabeth

Chief Master Sgt. Wendell L. Peacock, 94th Airlift Wing command chief, promotes mentorship as he, along with members of the **Dobbins First Sergeants Council, the Dobbins** Human Resource Development Council, the Lonely Hearts Club and Military Order of the Purple Heart, Chapter 576 assembles baskets of holiday food for Airmen in need at Dobbins Air Reserve Base Dec. 5.

straight out of high school. They may or may not have participated in organized sports, been a member of a club or have ever held a part time job. Yes, they are motivated for different reasons, but in my discussions I have found that the majority have a true desire to serve; to be part of something much bigger than they are.

With those facts in mind, it is paramount that we as NCOs and Senior NCOs do our part and fulfill our responsibility; to mentor Airmen.

Members turn over a new leaf for 2013

By Senior Airman Christina Bozeman 94th Airlift Wing Public Affairs

With each New Year, new promises are made.

"I'm a big Chicago Cubs fan," said John Mikula, 94th Airlift Wing exercise physiologist. I resolve to not get excited about my baseball team this year."

Making bulk personal resolutions for ourselves seems to be popular as well.

Senior Master Sgt. Florencio Lopez, 22nd Air Force acting first sergeant said, "Training for a full Ironman competition, save a lot of money and buy another rental house."

The promises don't have to be for us,

but rather to be better for loved ones.

Col. Timothy Tarchick, 94th Airlift Wing commander, said, "I want to be a better husband for my wife and a better father to my children."

"Invest; that's my New Year's resolution," said Capt. Tameka Alderman, 94th Mission Support Group executive officer.

AROUND THE PATTERN



Members of the 94th Airlift Wing participate in a mass casualty exercise with a local disaster medical assistance team were in Sacramento, Calif. early December. The Airmen coordinated with civilian volunteers to evacuate patients out of a simulated disaster location. (Courtesy photo)



Maj. David Blackburn of the 700th Airlift Squadron, receives the customary "drenching" following his fini-flight Dec. 19. (photo by Senior Airman Elizabeth Van Patten)



Members of the 94th Force Support Squadron erect a canopy during annual training at a Single Pallet Expeditionary Kitchen training site Dec. 5. (photo by Brad Fallin)



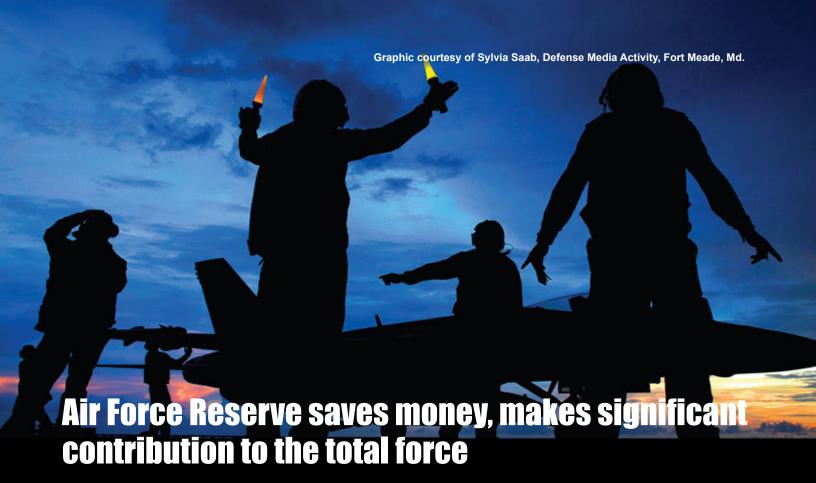
Master Sgt. Donald Browney and Staff Sgt. Caleb Timmerman, 94th Explosive Ordinance Disposal team, explain the capabilities of "The Matador," a bomb disposal robot, to Hercules Community Council member Mr. Frank Quallen, Dec. 6. Members of the council attended a quarterly luncheon here, followed by a 94th EOD demonstration. (photo by Brad Fallin)



John Bevich and Bob Humphries of the Georgia Vietnam Veterans Alliance present Col. Timothy Tarchick, 94th Airlift Wing commander, and Angela Pedersen, 94th AW Airman and Family Readiness Office director, with 40 gift cards to a local grocery store Dec. 5. The gift cards will help service members in need during the holiday season. (photo by Senior Airman Elizabeth Van Patten)



Members of the wing Human Resource Development Council and volunteers from New Beginnings Full Baptist Church participate in a homeless feeding at the Peachtree Pine Street Men's Shelter, Atlanta, Ga., Dec. 22. Over 500 meals were prepared and distributed during the event. (photo by Senior Airman Elizabeth Van Patten)



By Senior Airman Christina Bozeman 94th Airlift Wing Public Affairs

Doing more with less is what the Air Force Reserve does. The total membership of the Air Force Reserve is 70,500 compared to Air Force active duty's 332,200. Accomplishing many tasks with comparatively fewer people and with a smaller budget is a challenge that is always met.

"The reserve only spends an average four percent cost for 17 percent of capability of the whole Air Force," said Col. Marshall Irvin, 94th Mission Support Group commander.

Using only four percent of a budget and getting over a quadruple of 17 percent worth in product really makes the Air Force good stewards of tax payer dollars, according to the most recent U.S. Air Force Almanac and Air Force Reserve Command Snapshot.

When the U.S. needs Reservists, they step forward, do what they are trained to do and return to their civilian obligations. By operating in their civilian capacity for 28 days out of the month, reservists can offer a fresh perspective on weekends.

"Reservists easily bring an eye of efficiency," said Irvin. "They always have that eye open to waste or abuse. We're bringing that to the table all the time."

Around the world there are an estimated 3,887 Air Force Reservists activated and sustaining military missions at this

Master Sgt. Clarence Hester, 94th Airlift Wing logistics plans superintendent, works at the deployment processing center here and has aided the Air Force in saving money when it comes to speedy pre-deployment training.

"A pro for a reserve member is that they don't have to spend back to back deployments away from home," said Hester. "The have the ability to volunteer for deployment in most instances."

Reservists are presently serving in every mission area and combat zone. More than 60,500 Air Force Reservists, since 9/11, have deployed, which is equal to 76 percent of the existing force.

Reserve personnel either deploy or support combat operations on active duty orders when not in civilian status.

"We must remain mobile," said Irvin. "It protects our jobs."

During a deployed duty for active and reserve Airmen, the cost of operations and personnel are almost identical, but the costs are greatly lower for Reservists when they return to routine levels of training at 30 to 60 days a year.

There are countless challenges we face as a nation. Moreover, this is a time in which monetary funds are incredibly tight, with an uncertain sequestration that could take effect early January, involving a \$50 billion across-the-board spending cut as part of a 10-year, \$500 billion cut.

For many, not knowing the details of these cuts or the affect they will have on military personnel, programs and operations is a little unnerving.

However, in all of the undefined territory, Reservists continue to be a beacon of cost-effectiveness.

"We must stay focused on our task which is defending our constitution." Irvin said. "We have to remain ready, vigilant and focused on our craft."

The Air Force just celebrated 100 years in military aviation. That's something that we can be proud of as Airmen.

Countless Reservists and active duty alike have unselfishly responded to the call of their nation for the safely and wellbeing of their fellow Americans.

"Bottom-line is, it takes both active duty and reserve Airmen working together as one team to make it happen," said Hester. "Neither component can make it happen without the support of the other."

94th Maintenance Group

By Senior Airman Christina Bozeman 94th Airlift Wing Public Affairs

The 94th Maintenance Group held their Second Annual Chili Cook-Off during the December Unit Training Assembly in Maintenance Bay 2.

Lt. Col. Peter Wojciechowski, 94th Maintenance Group deputy commander, took first place, but would not reveal the secret ingredients that made up his chili.

"Every chili guy will tell you it's an old family recipe," said Wojciechowski. "My recipe is a full sheet of ingredients."

However, Wojciechowski revealed that his chili did contain elk tenderloin, pork and venison. This is his second year winning the chili cook off, so he must be doing something right.

Maj. Robert Mehan, 94th Aircraft Maintenance Squadron commander, won second place trailing closely behind by only 19.5 points.

"We were just having fun," Wojciechowski said. "The real winners were the Maintenance Group."

Participants raised \$279, and the proceeds will go to the Combined Federal Campaign and Wingman Booster Fund, which is used for retirements. going away gifts and funeral expenses.

There were eight entries this year. All were judged by using whole numbers one through five to combine scores for aroma, spiciness and taste, with five being the highest.





"Chili's not a bad meal for recovery a said John Mikula, wing exercise physic wise, it's got a lot of fresh foods and in fat." (photo by Senior Airman Elizal



94th Security Forces Squadron

By Senior Airman Bizabeth Van Patten 94th Airlift Wing Public Affairs

The sweat poured off of several of the six celebrity judges as they sampled each of the nine simmering pots of chili with names such as, Toral Toral Toral" "Butt-Busting Brew" and "Bearkat Chill" in the competition. The aroma of spices, peppers and various secret ingredients walting from the crock pols continued to linger in the air even after the last tasty morsel was devoured at the conclusion.

The event was, of course, the Third Annual 94th Security Forces Squadron Chili Cook-off Growing each year, the cook-off is open to absolutely anyone with a desire to enter and potentially garner coveted bragging rights of best chili on Dobbins Air Reserve Base.

"Every year we get bigger and better," said Capt Robert Mayes, 94th SFS operations officer "The first year we had ribbons. This year we have some engraved trophies."

Following the tradition of best practices in chili cook-offs, the SFS chili cook-off uses third-party, independent judges along with a scientific, blind taste-testing process.

As a veteran judge, Neil Bethune, 94th Airlift Wing antiterrorism officer, gave words of caution to the other judges.

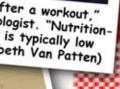
"Some of this chili is so strong and spicy, it could used to mitigate a known threat to the base," said as by-standers begin offering Self-Aid Buddy Care to already beet-red Bethune.

Garnering first and second place were Master Sgt. Scott Laflamme with his "Toral Toral Toral" chili and Staff Sgt. William Burke's "Boom Boom" chili, respectively. The race between the two chili's was so dose, there was initially a tie, which had to be broken by an additional round of scien-Hific judging.

Surprising everyone by coming in and dominating at third place was Travis Blis, of Mobilized Fuels, Inc. and member of the Dobbins Honorary Commanders Association, with his "Anonymous Chiti".

"This is likely the most special award I have ever received," said Blis. "To know that I am in esteemed company of the past and current chili-makers is just such amazing treat and a tribute to all the sweat and hard work I put into my product"

* No judges were permanently harmed in the judging of this event. As a preventative measure, each judge was issued a pack of Tums.



of two



DTS training video available on Dobbins website

By Senior Airman Elizabeth Van Patten 94th Airlift Wing Public Affairs

Air Force Reserve Command completed phase I of the Defense Travel System deployment across the command in January. DTS is used to prepare reservations and generate travel vouchers, as well as other functions.

Dobbins personnel will be held accountable for creating their own individual DTS accounts before the new year to ensure their smooth transition into use of the system. Over the past six months, many Airman on base have attended DTS training during drill weekends.

The DTS program will be vital to every member, yet for some it could also be complicated.

Dobbins Air Reserve Base now offers an instructional video to ensure that DTS issues are solved, and that the member takes

away more than just knowledge for the future. The video offers step-by-step instructions for completing the travel voucher process.

"The intent of the video is to introduce you to DTS and familiarize you with the necessary steps to process a basic authorization or voucher," said Maj. Isidro Reneria-Silva, 94th Finance Office officer in charge. "As with any new system, the more we use it—the more proficient we become with it "

In March, Dobbins is scheduled to implement phase II which will eliminate some existing limitations, according to Reneria-Silva. The only limitations that will remain in place after phase II are for members who are performing inactive duty training in conjunction with active duty training, those performing inactive duty training outside normal commute or the \$300 rule, members without a government travel

card, members on temporary duty to school (Air Education & Training Command) and members on CED orders.

Your DTS profile is not connected to myPay or any other DOD user accounts.

"As Department of Defense employees and military members, DTS has become a part of our lives as we travel to meet mission requirements," said Reneria-Silva. "I challenge each of you to embrace DTS and take advantage of the benefits it offers. Enjoy the video and safe travels."

Users can visit the 94th Airlift Wing Training Video website at http://www.dobbins.afrc.af.mil/library/TrainingVideos.asp for more DTS information and training, or contact your unit's Organizational Defense Travel Administrators.

http://www.dobbins.afrc.af.mil /library/TrainingVideos.asp

Treadmill vs. Track: Which is better?

Story and photos by Senior Airman Christina **Bozeman**

94th Airlift Wing Public Affairs

When training for a marathon or a physical fitness test, how do you train? Do you pound the pavement in your neighborhood or your local park? Maybe you head straight to your favorite gym to log some hours the treadmill?

There are significant differences in running on a treadmill vs. running on a track.

"Runners use the same muscles when using a track as they do when using a treadmill, but their muscles are used differently," said John Mikula, 94th Airlift Wing exercise physiologist.

In fact, when running, many muscles from your feet to your shoulders aid in the task when it comes to balance and body function.

"Your proprioception is different on land than on a nice flat surface, like a treadmill," Mikula said.

Proprioception is when the body works together as a whole and the strength of effort is being employed in the movement. In short, running outside is very different from running on a treadmill.

"The number one difference on the treadmill is it's an assistance device," said Mi-

Senior Master Sgt. Jonell Bosket, 22nd Air Force human resource specialist, is a volunteer that aids in the recording of official running times during Physical Fitness

Tests and has witnessed runner's struggles firsthand.

"I would advise running on a track because the treadmill helps you along," said Jonell "It's a different kind of running.

When you run outside, your muscles get a more intense and involved workout. Running on the treadmill is ok to get you started, but you're essentially cheating your muscles when it comes to body conditioning.

"The treadmill is a good place to start for poor runners," Mikula said. "However, it can give a false sense of security at some point."

Solely training on a treadmill can lend to lack of strength over time. Although, it's not to say that treadmills don't have their advantages. During the winter or inclement weather, training indoors is the next best thing.

"To simulate counteracting wind, set the treadmill to a one degree incline, and set the treadmill 30 percent faster than you would normally run," said Mikula.

Working out inside is also a great way to keep up with fitness when time, schedule or other factors don't permit.

> "Running in a controlled and warm environment enables you to run longer," said Mikula.

However, when you start training, don't spend all your time on the treadmill. Once outside, your body

will react differently. Muscle strength is a big part that propels you down the road or track.

"You should be running at least one day a week outside at first," said Mikula. "Six weeks prior to your PFT, you should be running outside 2 to 3 times a week."

"Running is 50 percent cardio vascular and 50 percent strength," said Mikula.

The last key to training successfully is fueling your body accurately. What you put in your body is just as, or more important, than how you train. Getting off the treadmill and running outside is the best way to realistically train your body and muscles for what is to come.



Dobbins Civic Leader sends letter to 94th Airlift Wing

Col. Timothy E. Tarchick Commander, 94th Airlift Wing Dobbins Air Reserve Base, Ga.

I would like to thank you, and the members of the 94th Airlift Wing for the opportunity to attend the Civic Leader Tour to Patrick Air Force Base, Fla. in October. It Dear Col. Tarchick, was a once in a lifetime experience to see a glimpse into the Air Force Reserve. I often find myself reminiscing on things that I saw, learned, and felt during the tour. Although there was a lot to be absorbed in a short period of time, two things were

My mind: Observing the effort that both you and your staff put forth to make this trip possible was truly amazing. As I noticed, every aspect and every detail was referred greatly affected; my mind and my heart. to as "a mission," and carried out as such. For me, getting up close and personal with a C-130H aircraft was one of the main highlights of the tour. I was able to learn a little about the history of these fine aircraft, experience what a "work horse" they have been for the military, and to see first hand how much work is involved to get one off the

Arriving at Patrick AFB was learning experience as well. I enjoyed visiting Cape Canaveral, and seeing its history. I am glad to see that such highly trained personnel are still overseeing missions, and that the U.S. is still striving to make achievements in the ground.

The 920th Rescue Wing at Patrick AFB was a privilege to see. I was awestruck by the HH-160. I learned so much about them by seeing one up close, and receiving the briefing on how they were used independently, as well as in conjunction with the C-130 in space program. rescue operations here and abroad. The 920th Rescue Wing Pararescue Squadron is a phenomenal unit. The training these guys go through is remarkable, as well as the dedication that each of them possess. The rescue exercise that they performed left me awestruck. Every aspect of the trip was truly a learning experience.

My Heart: I would like to say God bless each and every one of you for your service. All of you sacrifice so much for our country, with what seems to me, very little in return. I know a paycheck is at the very bottom of the list of the reasons you serve. All of you show such pride, and honor to serve. It was nice to see that you are a close family and care greatly for one another. I take notice that no matter what anyone achieves in this life, they never do it alone. It takes support from many to make it

I was shown so much respect by everyone I came in contact with during the tour. Words can't describe what that means. With so much to do, everyone took the time to have a conversation and answer questions. I feel that what I experienced on the tour, possible. and the great people I met, will lead me to be a better person, and a better American. All of you go to great lengths daily to achieve the mission at hand, and to complete

it with such dedication and passion. I will do my best to work as hard for all of you, as you do for me. I am forever grateful. Thanks again to the 94th Airlift Wing for an

experience I will never forget.



Respectfully,

Corey L. Ghorley Dobbins Civic Leader

TOUCH & GO's

TSP contribution limits increase in 2013

The Federal Retirement Thrift Investment Board has announced the 2013 elective deferral limit for regular Thrift Savings Plan contributions increased from \$17,000 to \$17,500 for 2013, Air Force Personnel Center officials said. The TSP catch-up plan contribution limit will remain at \$5,500. TSP is a long-term retirement savings plan which allows investors to build an investment portfolio while lowering their taxes each year they contribute. Contributions go directly from each paycheck to the member's account, which makes it easy to pay yourself first, with taxes deferred until post-retirement withdrawal.

Organizations team up to provide holiday baskets

Members of the Dobbins First Sergeants Council, the Dobbins Human Resource Development Council, the Lonely Hearts Club and Military Order of the Purple Heart, Chapter 576 assembled baskets of holiday food for Dobbins Airmen in need Dec. 5. The baskets were each filled with a holiday meal, complete with all the trimmings, for the purpose of feeding an Airman's family on Christmas should the Airman, through now fault of their own be experiencing a hardship this Christmas season. The baskets were discretely distributed during the December drill weekend to Airmen nominated by their first sergeant. "We need to continue this legacy of giving back and taking care of our men and women in uniform," said Col. Timothy Tarchick, 94th Airlift Wing commander.

JAG accepting applications for two programs

Applications for the Funded Legal Education Program and Excess Leave Program are being accepted Jan. 1 through March 1. Interested officers are encouraged to compete. The number of FLEP and ELP applicants selected is determined by the needs of the U.S. Air Force, Air Force JAGs do more than just provide legal assistance. In addition to prosecuting and defending clients brought before courts-martial, JAG officers routinely participate in nearly every facet of the Air Force mission. Contact Maj. Scott Van Schoyck at 678-655-5199 or email scott.vanschovck@us.af.mil.

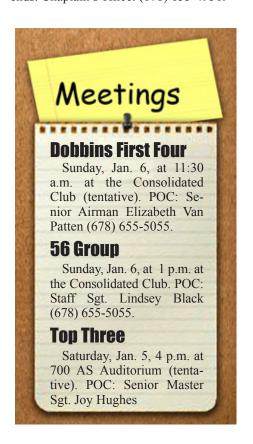
Top Three offers coin for a tov

This holiday season, the Marines received help from their Dobbins wingmen. The Top Three collected \$1400 in the form of toys at the Dobbins Consolidated Club in exchange for a commemorative Dobbins Airshow coin. While most Airmen accepted the coin gratefully, the passion for the cause was not lost in the unfailing commitment and dedication to Toys for Tots. "We had people donate more than once, or pull up with bags and bags of toys," said Senior Master Sgt. Joy Hughes, Top Three president. "The mission of Toys for Tots is simple," said Gunnery Sgt. Jason Tollette, Marine Corps Reserve Center chief of motor transport. "Get a toy for every kid that needs one. The 94th AW Senior NCOs helped by bringing in 600 toys." For more information on the Top Three, please contact Hughes at joy.hughes.1@us.af.mil.

UTA Chapel Services

Chapel services are held each Sunday of the Unit Training Assembly at 7:15 a.m. at the Dobbins Chapel and 8 a.m. at the 80th APS classroom. Chaplains are available for pastoral counseling during UTA weekends. Chaplain's office: (678) 655-4956.

Charles Ayeni **SFS** Tom Moffatt 700 AS **Newcomers Todd Danielson** 700 AS Christopher Whitehead The following Airmen were Brandon Hefner 80 APS 94 MSG welcomed to the 94th Airlift Wing in December **Senior Master Sergeant Technical Sergeant** David Strickland 94 APS **Airman Basic** Dondrea Williams **SFS** Danyella Spidell **MXS Master Sergeant Master Sergeant** Victor Watts **94 APS Airman 1st Class** Chance Babin AW Natally Bryan **ASTS** Oscar Rivera AW **Staff Sergeant** Desja Earl **FSS** Tiera Cousins **ASTS** Hamilton Hyppolite APS Captain Erika Jackson **ASTS Senior Airman** Courtney Gustin **AES** Breena Ned **AES David Garritson MXS** Damari Ralls **SFS Darious Graham** FSS Major 80 APS Hleb Shyrokikh Anel Lett **ASTS** Kelvin Haywood **CEF** Christopher Williams SFS Beyunka Nunn **ASTS** Hannah Rice **ASTS Promotions Senior Airman** Kionte Stephens LRS Tasha Greer-Watson FSS The following Airmen were pro-Harolyn Walden **ASTS** moted in November Airman **Staff Sergeant** Colonel selects **Darrious Sims CES**



CHAPLAIN'S CORNER

It happens every 12 months

By Chaplain (Maj.) Douglas A. Collins 94th Airlift Wing Chaplain Office

It happens every 12 months, a New Year



is christened. It can be just another day, turning of a calendar or it could be the start of something that will make all the rest of the years different. Before you quit reading and think that this is just another article about

setting resolutions, please bear with me a few more moments.

What is lost so many times in our life is not that we don't live, or that we do not have much to be thankful for in our lives. The thing that is lost is that we begin to take for granted the things that are special to us. The worst thing we can do at this time of the New Year is to look back and say honestly to ourselves that we did not spend enough time investing ourselves into the things that we say we value most.

A few years ago Tim McGraw had a song called, "Live like you were dying." In the song, he sings of the things that a person says that he has done since finding out he was dying. The sad part for me about that song is that it took the person hearing that he only had a short time to live to go out and do the things that he should have been doing all along.

I have some news that you may not want to think about but it is true, "We are all dying!" That may seem basic, but it is a truth that most of us want to forget. It is not said to make you feel sad, it is said to remind you to not wait to tell those in your life that you love them. Why wait to do the things that you have always wanted to do? Life is short, and I believe that you were each born with a purpose in life. You are not a mistake who drifts through day to day, just getting by in this world.

Life is too short not live like you were dying! Now go live!!!



Wing flies, educates Cherokee Chamber of Commerce

By Senior Airman Elizabeth Van Patten 94th Airlift Wing Public Affairs

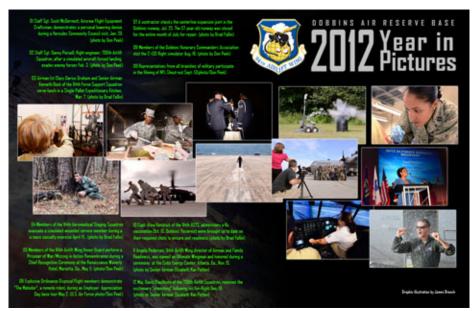
Senior leadership of the 94th Airlift Wing hosted the Cherokee County Chamber of Commerce on Dec. 13 for a tour which included a flight on a C-130 Hercules.

Col. Timothy Tarchick, 94th AW commander, hosts these civic leader flights periodically throughout the year to increase community leaders' awareness and understanding of the Air Force's role in national security, an opportunity he offered to Pam Carnes, Cherokee County Chamber of Commerce president.

"Based upon the number of Cherokee County residents that work there, the partnerships are actually already in place," said Carnes. "While a percentage of Dobbins' employees live in Cherokee County, they contribute to the economic viability of the region as a whole, which allows for growth not only in our community but others as well."

Prior to the chamber members boarding the aircraft, they were given a series of briefings to answer their basic questions about the base and safety procedures during the flight. The civic leaders weathered the flight well, being good sports and interacting with the flightcrew.

"What an incredible experience," said Carnes. "Most of the attendees in our group had either not visited Dobbins in quite some time or never had been given the opportunity. The business leaders were impressed not only with what they saw but what they heard. Col. Tarchick's presentation, which included the economic impact of Dobbins on the area, opened their eyes to the significance that goes far beyond safety of our country's citizens."



Download the 2012 Year in Pictures at www.dobbins.afrc.af.mil

VALENTINE'S DAY CELEBRATION BANQUET



Free event for Couples

(Black tie optional)

Saturday, January 26, 2013

5:30 pm - 8:30 pm

THE BRAWNER HALL



3182 ATLANTA RD, SMYRNA, GA 30080

COME ENJOY A ROMANTIC DINNER AND FUN DATE

ALSO LEARN AND GAIN DEEP INSIGHTS

All stages of relationship:

- Dating Engaged
 - Newlywed
- Married Couples



FREE CHILD CARE /
Jitterbug Performing Arts

Limited availability (8months -12 years old).

Early reservation required and must be made by 01/12/2013

In appreciation of our military couples attached to Dobbins ARB – Marietta, GA

Spring of life couples ministries in conjunction with 94AW Chaplain's Office

Request the honor of your presence

FABULOUS FOOD!

INSTRUCTIONAL GAMES!

SPECIAL GIVE -AWAYS!

GREAT FELLOWSHIP!







COCKTAIL AND PORTRAIT

Capturing your special moment together

SEATED DINNER AND I PROMISE IN THE BALLROOM

Real people going deep with real testimonies

DANCE

Everything is absolutely FREE!

The favor of a reply is requested by 1/12/13 678.923.2829 / Springoflifemin@gmail.com



Position: Wing Equal Employment Office interim manager

Years of service: 10 Hometown: Atlanta, Georgia

What does your job entail? My job entails everything from making sure the office is open to answer equal opportunity questions – whether from leadership, Airmen, or civilians. I process complaints and make sure timelines are being met for those complaints. I also conduct EO training for the wing.

How did you celebrate Christmas? I celebrated Christmas with my family, here in Atlanta. I went to my grandmother's house. She loves to cook, and I love to eat, so it's a perfect match!

Did you do anything else over the holidays? Master Sgt. Lund and I delivered holiday cookies and coffee cake to Base Security Forces personnel on Christmas Eve. We just wanted the people who worked that night to know we were thinking of them. It was the least we could do. We wanted to do more, and maybe we can expand it next year. Also, since my grandmother loves to cook, she cooked so much food, I was able to package up a few plates of leftovers and hand them out to the homeless.

Why are you involved in community service? Everybody does something at some point; it's not something unique to me. I have been blessed to have a family that has given me a life that's comfortable, so I try to give back to those less fortunate. Also, in the Air Force, there is emphasis on volunteerism and community service, so having that instilled in me as a young Airman has made a big impact.

What advice would you give anyone interested in getting involved in community service? I recommend everyone get

involved in community service - young or old. It's one of the most important things one can do. If you can't find anything to do, create something. There is always something that needs to be done. It doesn't matter what your motives are, just do it. Every little bit helps.

What is your most recent accomplishment? Running and finishing the Air Force Marathon. It was my first marathon, and the first time I ran anything more than a 5k.

What do you do for recreation? It depends on the season. I tried whitewater rafting and love it. My family is a priority and I see them as much as possible. I love to travel and go on road trips. I also love to attend Atlanta Falcons with the rowdy fans up in the 300 sections and Braves games. I like to try new things – like bungee jumping, skydiving and zip lining are on the list for this year.

What advice would you give someone who is interested in joining the military or junior enlisted? Take control of your career. Understand your objectives at each level in your career so you can meet them. Know that you may have mentors and people to encourage you along the way, but your career is in your hands – it is up to you.

Tell us an interesting fact about yourself. I love Toni Braxton. I've loved Toni Braxton since I was about nine years old.

If you would like to nominate someone for the INNERview, please e-mail the editor at 94aw.pa@us.af.mil or call Public Affairs at (678) 655-5055.