BRING YOUR KID TO WORK

HEALTH AND SAFETY

CE KEEPS THE LIGHTS ON



Wing aircraft, members go on the road again www.dobbins.afrc.af.mil



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Scan to visit Dobbins Air Reserve Base online at *www.dobbins.afrc. af.mil* Lt. Col. Tim Johnson Capt. Patrick Simmons Master Sgt. Stanley Coleman Staff Sgt. Lindsey Black Staff Sgt. Benjamin Hayes Senior Airman Christina Bozeman Senior Airman Quadoah Ford Senior Airman Spencer Gallien Senior Airman Chelsea Smith Senior Airman Elizabeth Van Patten Mr. Brad Fallin Mr. Peter Kowalski Mr. Don Peek



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ON THE COVER >> Aircraft and members from the 94th Airlift Wing temporarily relocated from Dobbins Air Reserve Base to Maxwell Air Force Base, Ala. as part of a mini deployment to train and remain combat ready. The Dobbins flightline was closed for repair during the month of July. (photo by Senior Airman Elizabeth Van Patten)



SCIENCE BEHIND EFFECTIVE LEADERSHIP >> Noncommissioned officers attend this year's NCO Leadership Development Course which began on July 23 here. The 10 day course combines college level academic management and leadership instruction with military skills applications. Graduates come away with the tools required to meet mission challenges leaders will encounter along their career paths. The course is taught primarily by Terrance Mosley, Kennesaw State University alumni career coordinator, with supplemental lessons taught by military instructors. For more information on the NCO Leadership Development Course, or information on future courses, contact the 94th Airlift Wing Education Office by phone at 678-655-4000. (photo by Senior Airman Elizabeth Van Patten)



Criticism is a gift

By Col. Steven Clayton 94th Operations Group commander

We work in jobs where our potential advancement is based on individual performance. I'd like to share a lesson learned with you. When I was 21 years old and working my way through college, I landed my first high paying job with benefits. I worked at United Parcel Service, loading 40 foot trailers on the night sort. I worked my "you know what" off to make a good impression. Every night from 10 p.m. until 2 a.m., I got covered in sweat and inhaled nostril and throat clogging cardboard dust. What fun!

One particularly heavy night, my trailer got way backed up. I was working hard, but couldn't keep up. I noticed my supervisor standing there watching me work. I thought he'd be impressed with how much exertion I was putting into the job. Imagine my surprise when he said, "You aren't working fast enough."

It must have been a good night for yours truly because instead of getting frustrated I



Col. Steven Clayton

said "Sir, can you show me how fast you want me to work?" He said "sure" and proceeded to show me the pace he wanted. Well, I copied his pace, got caught up, and hopped into another person's truck to help them. A year later, I was promoted to supervisor.

I thanked that supervisor for taking the

time and caring enough to tell me that I wasn't cutting it. If he wanted to, he could have just said nothing, not have risked a possible confrontation, and fired me without any explanation since I was still on probation.

I've always appreciated bosses telling me what I am doing wrong. I've listened and when necessary, corrected my performance my entire career. That ability to listen when criticized has always helped me. Reacting negatively to criticism has always been bad for me.

Bosses don't criticize because they like to, at least good ones don't. They criticize to make improvements. A wing commander told me a long time ago that the only people who never got criticized were the ones who didn't have any responsibility.

You want to move up? Listen to your boss, accept her or his criticism, and show them you listened through performance improvement.

Always remember it's not personal, it's business.

Wing participates in Feds Feed Families initiative

By Senior Airman Elizabeth Van Patten

94th Airlift Wing Public Affairs

Members of the 94th Airlift Wing Equal Opportunity Office and Veteran's Empowerment Organization of Georgia met July 27 to load 202 pounds of food collected as part of the Feds Feed Families initiative outside building 838 on base.

The 202 pounds of food had been collected in bins around base, according to Capt. Darrell Bogan, 94th Airlift Wing equal opportunity director. In addition to the food, Bogan also collected clothing and shoes and other useful items.

"Last year Dobbins ARB collected 600 pounds of food," said Bogan. "In order to beat that goal we need to collect 357 pounds of food for the month of August. Please continue to encourage those around you to participate in this most worthy cause."

Blue collection bins have been placed by 94th Airlift Wing equal opportunity specialists in buildings 838 and 727, the Base Exchange and the Dobbins Inn. The final collection will occur at the end of August.

The food collected in August will be donated to the Atlanta Food Bank.

For more information, please contact the 94th Airlift Wing Equal Opportunity Office at 678-655-5042.



Capt. Darrell Bogan, 94th Airlift Wing equal opportunity director, and members of the Veteran's Empowerment Organization of Georgia load over 200 pounds of food and clothing collected as part of the Feds Feed Families initiative July 27. Wing members donated goods throughout the Summer to Atlanta area families in need. The program concludes Aug. 30. (photo by Senior Airman Elizabeth Van Patten)





Col. Tim Tarchick, 94th Airlift Wing commander, presents Janine Bemis, wing sexual assault response coordinator, with a Federal Civilian Service certificate in recognition of 21 years of U.S. government employment, July 26. Bemis ended her term of service July 31. (photo by Brad Fallin)



Personnel from SoCo Contracting Company (contractor for the 116th Air National Guard) install an 18 x 18 x six foot ductile iron tee to repair a water main leak on base July 19. (photo by Don Peek)



Members of the Dobbins First Four Group serve patrons during the annual Corn and Sausage Roast July 18 at the base Lakeside facility. Sponsored by the Square and Compass Club with assistance from the Dobbins Thrift Store, the Dobbins Chiefs and First Four Groups and the Airmen and Family Readiness Office, the event is intended to promote base camaraderie and benefit the Dobbins Emergency Assistance Fund for Reservists in financial need. (photo by Senior Airman Elizabeth Van Patten)



Ken Perry, son of Staff Sgt. Homer Perry, discusses details of a 1974 C-7 Caribou engine fire to Lt. Col. Walther Koelln, wing safety officer July 18. Staff Sgt. Perry, then a member of the 94th Tactical Airlift Wing, received a Certificate of Outstanding Performance for his role in preventing a serious accident and possible loss of life during the flight. Perry is petitioning awarding the Distinguished Flying Cross to the original four member crew.(photo by Don Peek)



Contractors from Windamir Development and Construction repaint headquarters building 838 July 13. In addition, the \$163,000 project consisted of power washing, sealing, and repainting exterior walls on buildings 486, 511, 513 and 514. (photo by Don Peek)



Chief Master Sgt. Gerald Milbourne from Headquarters 22nd Air Force, assists Reservists with refresher Mission-Oriented Protective Posture training at the Transportation Proficiency Center July 30. (photo by Don Peek)



Bring Your Kid to Work Day entices children young and old

By Senior Airman Elizabeth Van Patten 94th Airlift Wing Public Affairs

More than 75 children experienced first-hand a taste of what their parents see and do at work by participating in the second annual Dobbins Air Reserve Base Bring Your Kids to Work Day on July 27.

Col. Tim Tarchick, 94th Airlift Wing commander, opened the day by welcoming the children and their parents to explore exhibits at their leisure.

"Some of you will be joining the military because of this day," said Tarchick. "That's what happened to me when I was a little guy. My dad took me to something like this. Be safe and enjoy the day and thanks for being part of the team."

Exhibits included a UH-60 Blackhawk, courtesy of Clay National Guard Center, as well as static displays from the 94th Security Forces Squadron, Dobbins Fire Department and Explosive Ordnance Disposal all located at Hanger 5 on base. The children and their parents were also invited to "fly" in the Eastern Regional C-130 Simulator.

Following the displays, parents and children gathered for lunch at Verhulst Hall to relax and watch a movie while they reflected on the day.

"I wanted my two kids to experience a day in the Air Force, and they loved it," said Tech. Sgt. Camille Rubin, of the 94th Communications Squadron. "This is an awesome program, a great experience and I can't wait to participate in it again next year."

During the day, Airman Andy, the Air Force Reserve Command recruiting mascot, made a special guest appearance to greet participants. This was made possible by Mercedes Campilango and Ricky Bohannan, volunteers from the Dobbins ARB Development and Training Flight.

"Setting up Airman Andy and greeting the kids as they came through the door gave our trainees a little volunteer experience," said Tech Sgt. Gregory Meghoo, 94th Airlift Wing Development and Training Flight noncommissioned officer in charge. "They are learning about volunteerism before they even go to Basic Military Training."

Photos: (Top) Col. Tim Tarchick, 94th Airlift Wing commander, addresses parents and kids attending Bring Your Kids to Work Day. (by Brad Fallin)

(Background) Staff Sgt. Yovunka Thorpe-Henry, 94th Force Support Squadron and daughters, Jada Deshana and Janai Amor Henry hang out with Airman Andy at the Eastern Regional C-130 Simulator. (by Mercedes Campilango)

(Bottom) Master Sgt. Jason Mellor, 94th Explosive Ordinance Disposal Flight, helps Sierra Rose operate the bomb disposal robot. (photo by Don Peek)



(Left, center and bottom) Members of the 94th Maintenance Group use specialized jack stands and lifts to work on a C-130 Hercules at Maxwell Air Force Base during the month of July. Aircraft and members of the 94th Airlift Wing were relocated from Dobbins ARB to Maxwell AFB to continue training and remain combat ready during revnovation of the base airfield. (photos by Senior Airmen Elizabeth Van Patten)

Story and photos by: Senior Airman Elizabeth Van Patten Graphic layout by Master Sgt. James Branch

Almost 200 miles from Dobbins Air Reserve Base, Airmen of the 94th Maintenance Group were faced with an interesting task, repairing the aluminum alloy ducting in one of their C-130 engines.

Three junior enlisted Airmen, noticeably younger in appearance, were doing the heavy lifting, disassembling the offending ducting and operating the lift or hefting tools to assist with other maintenance tasks on the C-130.

Three seasoned noncommissioned and senior noncommissioned officers were keeping watchful eyes on their Airmen, making sure the standards for their career field and, of course, safety were followed to the letter.

"This is the perfect opportunity for our Airmen to deal with unique and real-world core tasks," said Tech. Sgt. Ralph Zeruto, of the 94th Maintenance Group.

This is, in reality, a month-long temporary duty assignment. Over 100 Airmen and three C-130 Hercules that have currently relocated to Maxwell Air Force Base, Ala., will be rotated out halfway through, and joined by members of the 80th Aerial Port Squadron and 94th Aeromedical Squadron, so as many members of the wing as possible will have the opportunity to operate in this unfamiliar setting - on someone else's home turf.

Given that over 100 members of the 94th Airlift Wing are currently deployed to Southwest Asia, the wing leadership is treating this TDY as a mini-deployment.

The 94th Airlift Wing members are operating out of Maxwell AFB because the runway at Dobbins has closed for scheduled maintenance, according Clarence Miller, 94th AW airfield operations manager.

"We're going to complete several projects that have been in planning for about 14 months," said Miller. "The main project is to replace all of the joint sealant on the runway, which is 300 feet wide and 10,000 feet long. Also, we are going to clean the runway and remove built-up rubber from the aircraft landing areas. Finally, we are pouring new concrete in places that need it." Miller confirmed th year to do work like th when weather should crews will be workin complete these projects

"Aircraft put a lot of important that the airfie Miller. "If you have a then our mission will our requirements. If w down the runway whe this maintenance, ther down when we aren't p

With the Dobbins A bers of the 908th Airlif AFB, have opened their ing C-130 wing, accord 94th AW.

Not only have they cally offered up support of any gracious host, continually made ev could for members of t (Top right) Senior Master Sgt. K. Scott Cook instructs maintenance personnel on replacing valves within wings of a C-130 Herucules aircraft. Members of the 94th Airlift Wing participated in a mini deployment until early August, during renovation of the Dobbins airfield. (photo by Senior Airmen Elizabeth Van Patten)

at the preferred time of his is during the summer, be less of an issue, and ng around the clock to 3.

stress on a runway, so it's eld is kept up," concluded runway that starts to fail, fail. The mission drives e plan properly, and shut n we choose to complete n we can avoid shutting lanning to."

RB runway down, memt Wing, based at Maxwell r doors to their neighborrding to members of the

willing and enthusiastit that would be expected but the 908th AW has ery accomodation they he 94th. From workspace and office needs to equipment and extra training opportunities, the members of the 908th AW have gone above and beyond.

"We have been here in the past, during scheduled maintenance of our runway at Dobbins," said Lt. Col. Mitch Clowe, 700th Airlift Squadron navigator scheduler and the current mission commander. "Since we have such a good working relationship with the 908th AW and the 357th Airlift Squadron, we were able to call them up."

According to both 94th AW aircrews and maintainers, they are close enough to home so that many can travel home, should the need arise. Yet they are far enough away that some Airmen have had to put plans in place for family members to take on daily responsibilities that are normally shared - similar to plans that would be in place when they actually deploy.

For aircrews, the terrain and weather patterns are different than those around Dobbins. However, it is very much business as usual for them as they are familiar with flying to many locations. C-130 aircrews have the ability to land in austere locations as it is.

"We would be flying about the same schedule at Dobbins," said Clowe. "Generally, our aircrews are more experienced, so we are here keeping them qualified to fly. We're not doing much different than we would be doing from home, because we prepare constantly."

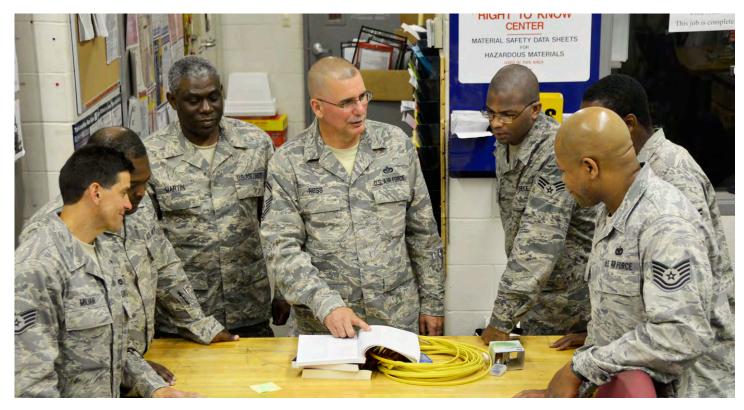
The flying mission of the 94th AW must still go on.

"We can't just take a month off, we have to maintain our training requirements," said Senior Airman Mark Hanson, 700th Airlift Squadron loadmaster. "To take a month off, would ground a lot of aircrews."

Both the aircrews and maintainers have had, and will have, the opportunity on this TDY to exchange ideas and best practices with members of the 908th AW.

Wingmanship, whether on a deployment, or at home station, is worth more than gold.

To read this entire story, please visit www.dobbins.afrc.af.mil.



CE electrician keeps Airmen equipped, and the lights on

By Tech. Sgt. Rodney Cox 94th Civil Engineer Squadron

When you're sitting in the office and the fluorescent lights go out, who do you call? The most common response to the question is an electrician, of course. According to Senior Master Sgt. Brian A. Ross, 94th Civil Engineer Squadron, there's more to being an electrician and member of 94th CES than just changing lights around the base.

"Electricians are expected to know and understand many elements of electrical systems," he said. "Our area of expertise can range from airfield lighting systems, to fire alarms to generators, to motor controls."

With safety being a prime concern, Ross trains his new and career Airmen to work in three major areas; residential, commercial, and industrial engineering.

"Whether at home station or at a deployed location, our electricity and power production personnel are trained to provide reliable, continuous and stand-by power to base facilities," Ross said. "Power for heating ventilation air condition systems is vital to medical and supply facilities."

Ross started his Air Force career as a cable and antenna installation and maintenance specialist in 1981. He has been a member of the Air Force Reserve for 24 years.

As a Tech. Sgt., while serving in Operation Enduring Freedom in 2003, he became the superintendent of his shop.

"Becoming a superintendent was an eye opening experience for me," Ross said. "I was in charge of eight electricians and eight power production personnel." In addition to taking care of his Airmen, he was responsible for the lighting of all tents, conex boxes, and expandable shelters on base. He also oversaw the operational power plants for main base and airfield lighting.

"Upon that experience, I learned that NCOs must be ready to take on any task given to them, no matter how large may be," Ross added.

To further his experience as an electrician, he became an instructor at the Expeditionary Combat Support-Training and Certification Center, a tenant unit at Dobbins Air Reserve Base, training and certifying personnel in Emergency Airfield Lighting Systems.

In 2005, when Hurricane Wilma, a category 5 storm struck Florida, he was temporarily assigned to Homestead Air Reserve Base to support an Emergency Airfield Lighting System, assisting C-130 aircraft in landing and delivering disaster relief supplies; however. In seven hours, Ross, along with six aerial port personnel constructed the EALS and 10,000 feet of runaway.

Ross enjoys serving as a Civil Engineering electrician. He continues to show Airmen, young as well as experienced, the many civilian and military opportunities the electrician career field has to offer. He strives to instill the principles and wisdom that he's received over the years.

"Ask an electrician to share a story or two about his or her job," Ross laughed. "You might be amazed about the work that goes into keeping the lights on!"

Senior Master Sgt. Brian A. Ross, 94th Civil Engineer Squadron electrician, maintains the readiness of his Airmen by training them in the three major areas of electricity and power production; residential, commercial, and industrial. "Electricians are expected to know and understand many elements of electrical systems," he said. "Our area of expertise can range from airfield lighting systems, to fire alarms, to generators, to motor controls." (photos by Master Sgt. James Branch)

Base exercise physiologist works with Carolina Panthers

By Senior Airman Elizabeth Van Patten 94th Airlift Wing Public Affairs

John Mikula, Dobbins Air Reserve Base exercise physiologist, had the opportunity to work with Joe Kenn, Carolina Panthers coach, and the rest of the Panthers franchise recently, as a visiting strength and conditioning coach during their Rookie Mini-Camp in Charlotte, N.C.

Mikula makes a regular habit of communicating with others who excel in his field to learn new practices. With this in mind, he kept in contact with Kenn, identifying similarities between training in the military and the National Football league.

"To me it's a no-brainer to help someone working with the military," said Kenn. "We owe everything to those in the military."

Coach Kenn places a lot of emphasis on endurance, balance and movement, dynamic strength and hard work, according to Mikula. He was very excited to have a strength coach working with the military in camp and eagerly agreed to wear an Air Force t-shirt during one of the training days.

"It was pretty cool too to hear the military cadence the athletes worked out to in the strength room on that day as well," said Mikula. "Coach Kenn is regarded as one of the best strength coaches in all of sports and it was an honor to be able to learn from him during the Panthers Rookie Camp."

A few weeks later, Rashad

Roberts, Panthers assistant strength coach and Austell, Ga. native, stopped by the base for strength and conditioning discussion with Mikula. The two discussed Air Force fitness testing and Dobbins' approach to strength and conditioning.

A specific area of discussion was the use of Total Body Resistance Exercise, or TRX, Suspension Training, which has roots in Navy SEAL training. The conversation focused on common threads in training for athletes, both on the field of competition and in gaining the tactical advantage.

Mikula asserted, and Roberts agreed, that the fitness methodology for keeping a defensive back on the field or an Airman on the flightline at the basic level is not that different. Developing lean, conditioned and resilient athletes is safe and more effective. Also the cost of not do so is also similar - decreased productivity, tactical continuity, morale and overall well-being.

"To me it's very important to continue to be a student of the game, to gain perspective on best practices," said Mikula. "I'm thankful for peers like Coach Kenn and for the Carolina Panthers organization for helping increase my skill-sets in order to benefit Airmen."

Mikula offers strength and conditioning classes for Dobbins members on a regular basis. For more information, please contact John Mikula by phone at 678-655-4363.

Photos: (Top) John Mikula, Dobbins Air Reserve Base exercise physiologist, and Joe Kenn, Carolina Panthers coach, at the Carolina Panthers rookie training camp in June in Charlotte, N.C. Mikula was invited to serve as a strength and conditioning coach for the team. (Bottom) Mikula and Rashad Roberts, Carolina Panthers assistant strength coach, discuss similarities between the National Football League and military training needs. Mikula makes a regular habit of communicating with others who excel in his field to learn new practices. (Courtesy photos)







Jackson takes command of AFRC

Lt. Gen. James F. Jackson became chief of the Air Force Reserve and assumed command of the Air Force Reserve Command in a ceremony July 30 at the Museum of Aviation here.

He replaced Lt. Gen. Charles E. Stenner Jr., who retired from the Air Force with 39 years of military service. Stenner had served as chief and commander since June 2008.

Air Force Vice Chief of Staff Gen. Larry O. Spencer officiated the ceremony.

As the chief of the Air Force Reserve, Jackson serves as the principal adviser on Reserve matters to the Air Force chief of staff. As AFRC commander, he supervises 71,400 reservists in the selected Reserve assigned to command units and the Individual Mobilization Augmentee program.

The challenges will continue," Jackson said at the change of command ceremony. I will do my best to lead us all to success. I will not overlook that the Reserve's strength is based on a careful balance of family, employer and military responsibilities -- the triad we always talk about. I will focus on projecting those strengths of citizen Airmen where they will most benefit the continued security of our nation and its interests.

Jackson became the deputy to the chief of Air Force Reserve in the Pentagon in May 2010. When he assumed command of AFRC, he became the chief of the Air Force Reserve.

He is a 1978 graduate of the U.S. Air Force Academy. He completed more than 14 years on active duty, including flying tours in Europe and the Pacific, before joining the Air Force Reserve in 1992. Jackson has held numerous wing leadership and command positions, as well as staff assignments at Headquarters, Pacific Air Forces, Headquarters, U.S. Pacific Command and Headquarters, U.S. Air Force.

Airmen invited to share their stories with recruits

Each year, thousands of men and women join the U.S. Air Force. Now, those Airmen have the opportunity to tell their stories in their own videos known as "Airmen Stories."

The videos will give potential Air Force recruits a chance to hear Airmen share their personal stories firsthand, unscripted and unrehearsed, according to Brig. Gen. Balan Ayyar, Air Force Recruiting Service commander.

Airmen are free to talk about what they like about the Air Force and how it has helped them meet their goals.

Airmen Stories may be featured on such social media as the AFRS Facebook page, the Airmen Stories YouTube page or other venues.

For more information, visit *http://www.rs.af.mil/airmenstories*.

Use TRiPS to plan your next trip

As the summer calls Airmen to their favorite vacation spots, the 94th Airlift Wing Safety Office reminds everyone to plan accordingly and account for risk management factors using the Travel Risk Planning System, or TRiPS, an online resource for managing risk while travelling on the nation's highways.

A great tool to use is the TRiPS program implemented by the U.S. Army, said Lt. Col. Walther W. Koelln, 94th Airlift Wing safety officer. Just input your information and the program will tell you and your supervisor your overall risk assessment, maps and links to additional information."

In addition to using the TRiPS tool, the wing safety office offers these useful tips for an enjoyable and safe vacation.

Prepare your vehicle, paying close attention to maintenance issues, before you begin your trip.

Know what to do in an emergency, such as a blown tire or a break down. Do not panic. Gradually release the gas pedal, correct your steering and pull over to the side of the road. Turn your hazard lights on to alert other drivers of the situation and stay with your vehicle.

Weather can play a big part in safety while travelling. Be sure to check the weather along the route you plan on taking and use the radio to stay informed about changes in the weather conditions.

To access the TRiPS tool, go to *https://safety.army.mil/TOOLS/ TravelRiskPlanningSystemTRiPS/tabid/630/default.aspx.*

Retirements

The following retired in July: Tom Moisan Janine Bemis Riecko Candee

SARC program continues with alternate coordinator

Janine Bemis, wing sexual assault response coordinator will retire July 31. The Sexual Assault Prevention & Response Program will continue without interruption with Capt. Tamika Alderman, alternate SARC until the new base SARC arrives. Alderman can be reached at (678) 655-4002 or at the Sexual Assault 24 hour hotline, (678) 758-5844.

Remember, sexual assault hurts one, and affects all. The Department of Defense holds the entire Military responsible for protecting its own; therefore, all Service members need to be educated and accountable when it comes to sexual assault prevention. Sexual assault occurs when consent is not given for sexual contact, even if the victim doesn't resist.

For Servicemember guidance, rights and reporting options, visit *www.myduty.mil*.

VA offers information on **burial benefits**

A study recently reported that nearly 60 percent of veterans do not fully understand the burial benefits provided by the federal government. Upon retirement, will you be among this shocking figure? The main cause of this confusion may be related to the seemingly difficult process involved in obtaining benefits, but the benefits offered through the U.S. Department of Veteran Affairs can be substantial. Burial benefits include a government-issued flag, a government headstone or marker and a Presidential Memorial Certificate. Take the time to research what's available to you at the VA website, http:// www.cem.va.gov/cem/bbene, because the time will come when you'll need to start planning. Be prepared and don't fall victim of unawareness.

Educate yourself, because you deserve everything that is available to you.

Mold: a silent killer

Mold; it can be in your home or office walls, shoes, on your food, even in hidden places, like under carpets, in the attic and appliances. All molds aren't toxic, but if left to grow, they can be.

No one knows how many species of fungi exist but estimates range from tens of thousands to perhaps three hundred thousand or more," said Christine Englemann, 94th Mission Support Group chief bioenvironmental engineer. Molds grow best in warm, damp, and humid conditions and spread and reproduce by making spores"

It's been a contributing factor to illnesses such as asthma and bronchitis, and has also been linked to death of babies from respiratory bleeding.

Do not leave standing water, ignored spills or leaking appliances home or office. Other easy steps to denying mold a happy home is to keep humidity levels in the between 40 and 60 percent, use an air conditioner or a dehumidifier during humid months, and provide adequate ventilation. Catching mold in time helps protect your property and health.

Dobbins First Four

94th Airlift Wing junior enlisted Airmen are invited to attend our next meeting on Sunday, August 5, 11:30 a.m. to 12 p.m. in building 838, room 2606 (ATN room). HRDC will be present to discuss upcoming opportunities.

For more details, contact Senior Airman Michael Roman or Senior Airman Elizabeth Van Patten at 678-655-5055.

56 Group Meeting

94th Airlift Wing Staff and Tech Sgts. are invited to attend our next meeting on Sunday, August 5 at 12 p.m. in building 838, Heritage Hall.

For more details, contact Tech. Sgt. Tanisha Lofton, 56 Group president .

Top 3 Meeting

94th Airlift Wing Senior NCOs are invited to attend our next meeting on Saturday, Aug. 4 at 4 p.m. at the 700 AS.

Special guest speaker will be Dale Carnegie.

For more details, contact Senior Master Sgt. Joy Hughes, Top 3 president.







Scan here to visit Dobbins Air Reserve Base on Facebook, and to receive the latest news about base projects and activities.

Register to vote!

Voters and their voting age family members should register to vote now.

The state of Georgia requires voters be registered 30 days prior to Election Day.

Overseas and military absentee votes do count!

If you will be deployed or TDY on election day, register to vote absentee at *www. fvap.gov.*

For more information, visit www.afcrossroads.com/VoteFund/Vote

To register to vote in another state, visit *www.fvap.gov/reference/links.html*

Information on Georgia elections can be found at *http://sos.georgia.gov/elections/*

Still have questions? See a voting assistance counselor on base.



Seeing struggles as opportunities for growth

By Chaplain (Maj.) Olga Westfall 94th Airlift Wing Chaplain Office

Have you ever thought what your life would be like without any struggles? It often seems like as soon as one issue gets resolved, a few others stand right by the door.

Sometimes people ask me, "Chaplain, why would a loving God allow all of these problems in my life?"

I believe that God allows certain challenges to come in our lives to help our character development and make us stronger. Without these challengers, we would never reach for maximum potential and become stronger human beings.

A friend of mine posted a quote on her Facebook wall stating, "God did not promise days without pain, laughter without sorrow or sun without rain, did promise strength for the day, comfort for the tears, and a light for the way."

Sometimes things come up that require

more perseverance and patience but in the long run, if we handle those issues with the right attitude and humility, it will all turn out for our good. The following story helps to support this thought. (Author unknown)

A man found a cocoon of a butterfly. One day a small opening appeared. He sat and watched the butterfly for several hours as it struggled to force its body through that little hole. Then it seemed to stop making any progress. It appeared as if it had gotten as far as it could, and it could go no further, so the man decided to help the butterfly.

He took a pair of scissors and snipped off the remaining bit of the cocoon. The butterfly then emerged easily. But it had a swollen body and small, shriveled wings. The man continued to watch the butterfly because he expected that, at any moment, the wings would enlarge and expand to be able to support the body, which would contract in time. Neither happened! In fact, the butterfly spent the rest of its life crawling around with a swollen body and shriveled wings. It would never be able to fly.

What the man, in his kindness and haste, did not understand was that the restricting cocoon and the struggle required for the butterfly to get through the tiny opening was God's way of forcing fluid from the body of the butterfly into its wings so that it would be ready for flight once it achieved its freedom from the cocoon.

Sometimes struggles are exactly what we need in our lives. If God allowed us to go through our lives without any obstacles, it would cripple us. We would not be as strong as what we could have been. We could never fly!

I asked for favors.....

And God gave me opportunities. I received nothing I wanted......

But, I received everything I needed! Trust in God. Always! DOBBINS FIRE DEPT

INNERview

Christopher Dunlap

Hometown: Orlando, Fla. Job Title: Firefighter/Emergency Medical Technician Years of service: 17

What does your job entail?

As a firefighter, I respond to all structural and crash instances on the installation. As an Emergency Medical Technician, I provide medical support to base personnel during emergencies, and stabilize patients until advanced life support personnel arrive. I'm also a Hazardous Materials Team member. We respond to incidents on and off base when requested by the Georgia Mutual Aid Group.

What do you enjoy most about your position? Assisting and helping others in time of need is the most fulfilling reward of being a firefighter.

Have you ever been deployed?

Yes, twice. I deployed to Saudi Arabia in 1998, and to Kuwait in 2000

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What do you do for recreation?

I enjoy spending time with my family.

What's your favorite movie? Band of Brothers

If you would like to nominate someone for the INNERview, please e-mail the editor at 94aw.pa@us.af.mil or call Public Affairs at (678) 655-5055.