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From the top	pg. 3
Around the pattern	pg. 4
Motorcycle Safety	pg. 5
Cover story	pg. 6
Single Airman's Initiative	pg. 8
Airmoms reflect on deployment	pg. 9
Touch & Go's	pg. 10
Chaplains Corner	pg. 11
INNERview	pg. 12

ON THE COVER >> Members of the 94th Aeromedical Staging Squadron personnel wait for the signal to approach a Georgia Army National Guard helicopter and off-load a patient in route to a contingency aeromedical staging facility, during a mass casualty exercise at Dobbins Air Reserve Base, Ga., April 15. The 94th Airlift Wing worked with the Georgia State Defense Force and Army Cadet Corps personnel in treating and evacuating simulated disaster victims. (photo by Brad Fallin)



Master Sgt. Elena M. Lund, 94th Airlift Wing Legal Office superintendent, greets Lt. Gen. Charles E. Stenner, Jr., commander, Air Force Reserve Command, during his landing at Dobbins Air Reserve Base in route to the 2012 A Survey of Law Conference in Atlanta, April 13. Lund escorted Stenner during his two day tenure. (photo by Master Sgt. James Branch)



Times are a-changin'

By Col. Richard L. Kemble 94th Airlift Wing vice commander

I recently spent time with a World War II veteran and he asked me about the challenges of today's military. I told him about economic uncertainty, constant change, time demands, technology, long deployments away from loved ones and the like. He smiled and said, "I see not much has changed since the 1940's." I listened for the next 30 minutes about the challenges of his era, and realized that change is universal - a constant.

Change is a funny little word. I'm willing to bet, most of you don't care much for change. Honestly, the last time I truly looked forward

to change, I was probably a year old and had something in my diaper. I can recall the few times as an adult when I looked forward to change: graduating high school and college, going to pilot training, getting my first assignment, then my next and my next. There was a sense of excitement – a perceptible exhilaration about what was just around the corner. When I was younger, I actually looked forward to this type of change. I was young, bullet-proof and a warrior. The more dynamic the situation the better!

While still on active duty, at my ten-year point, I was to take yet another assignment, and realized that change no longer had the "magic" it

once had. I no longer looked forward to embracing the unknown. The adrenaline just wasn't the same. I came to realize that change is okay if it's on my terms, but I'm not too fond of it when it's forced on me. I believe this is the frustration we all feel as adults. We are uncomfortable when we are not in control. In reality, we are seldom in control.

If everything is right with the world and going according to your plan, then life seems easy and comfortable. However. when we lose control, we lose comfort and our equilibrium is upset. I'm certain many of you have seen this before, but I think it worth mentioning. Saint Francis of Assisi wrote, "God, grant me the serenity



Col. Richard L. Kemble

to accept the things I cannot change, courage to change the things I can, and wisdom to know the difference."

Reacting to change is part of our resiliency training. Do you lament over it, or do you own it? It is how we react to change that defines us. Change is coming, and what you do when it comes defines you.

Fuselage Utilization Trainer moves to new home

By Airman 1st Class Liz Gaston 94th Airlift Wing Public Affairs

A small crowd gathered around an old, gray fuselage on the cloudy, gray morning of Apr. 13. Most of those gathered were senior enlisted members (past and present) from the 94th Airlift Wing. All had some type of story to share on the fuselage.

As the sun came out, the crowd assembled around Lt. Col. Peter A. Wojciechowski, 94th Airlift Wing Maintenance Group deputy commander, as he laid out the plan for moving the FUT during the weeks to come.

"The purpose of this meeting was to begin coordination of the various agencies and departments that will be involved with moving this FUT across three states," said Wojciechowski.

However, the FUT is slated to gain a new home at Pope Air Force Base, N.C. this month where it will, again, be utilized as it was intended – as a training tool.

Pope AFB is home to the

school for aeromedical evacuation, much like Dobbins had been home to the loadmaster school.

The FUT proved to be a cost-effective way to train in a realistic setting for many years.

The 94th AW used the trainer during its tenure under Air Education and Training Command as a training tool for loadmasters. When the 94th AW was tasked to be part of Air Mobility Command in 2011, the FUT was, by and large, no longer needed.

Dallas Godfrey, 94th Airlift Wing transportation officer, was on-hand to explain the various options and weigh them from a financial perspec-

Scrapping the FUT for the metal had been an option until officials Pope AFB had communicated that they were in need of a FUT for training purposes, said Godfrey. In the end, having the FUT used for its intended purpose was going



Members of the 94th Airlift Wing and off-base agencies discuss the best method for relocating the wing Fuselage Utilization Trainer April 13. The FUT, until recently, used as a training tool for loadmasters, will soon be transported from Dobbins Air Reserve Base, Ga. to Pope Air Force Base, N.C. (photo by Airman 1st Class Liz Gaston)

to save more money than the Air Force was going gain by scrapping it.

The original plan was to load the C-130 in a C-5 and fly it to Pope AFB. After careful measuring, it was decided that the FUT would not fit into a C-5. The C-130A fuselage would have fit into a C-5: however the FUT was from a C-130E, which is taller than the A-model.

The plan is simple. Two cranes will lift the FUT. A tractor trailer will move underneath the FUT, lower it onto the trailer and support it using a series of fabricated cradles.

For now, the FUT is still on the flightline, but scheduled to leave Dobbins later this month.

Those who have their own FUT stories should stop by and say their farewells before it takes off for its new home.

AROUND THE PATTERN



Rick Wagner, air traffic control supervisor here, receives a commander's coin from Col. Tim Tarchick, 94th Airlift Wing commander, on April 12. Wagner received this year's Air Traffic Control Civilian Supervisor of the Year award. (photo by Brad Fallin)



Master Sgt. Engle R. Coulter, Tech. Sgt. Richard F. Conyers Jr. and Senior Airman Katherine J. Pool look on as they prepare to represent the enlisted tiers at the NCO & SNCO inductions held on April 14 at transportation proficiency center. (photo by Airman 1st Class Elizabeth Gaston)



Patrick J. Cone, firefighter from the Dobbins Fire Department, demonstrates the abilities of one of the crash response trucks to Tommy Nguyen and Trey Kilpatrick, staff members for Georgia Senator Johnny Isakson during his visit here April 9. (photo by Don Peek)



Val Barton, Nancy Black, Jan Tamer, and Vonnell Adsit, all volunteers at the Dobbins Air Reserve Base Thrift Shop, stand near new flags they helped replace at the base POW/MIA Memorial Park, April 5. The ladies volunteer every Thursday and each Unit Training Assembly Saturday from 10 a.m. to 3 p.m. at the thrift store, which has been in existence for 28 years. Proceeds from the thrift store sales of donated items go toward various base projects. Their next project will be to help fund the relocation of the historic base chapel. (photo by Brad Fallin)



Staff Sgt. Caleb J. Timmerman, 94th Airlift Wing explosive ordinance disposal technician, illustrates how he would use a robot to manipulate a bomb to visiting Air Force Junior ROTC cadets from McNair High School. (photo by Airman 1st Class Elizabeth Gaston)



Chief Master Sgt. Wendell L. Peacock, 94th Airlift Wing command chief, addresses Dobbins' newly selected Noncommissioned and Senior Noncommissioned Officers at an induction ceremony April 14. (photo by Don Peek)

AFCEA Atlanta Chapter makes Dobbins new home

By Master Sgt. James Branch 94th Airlift Wing Public Affairs

The Armed Forces Communications and Electronics Association Atlanta Chapter recently made the Dobbins Air Reserve Base Consolidated Club its monthly meeting location and hosted an inaugural luncheon April 26, 11:30 a.m. to 1:00 p.m.

Maj. Gen. Wallace W. Farris, Jr., 22nd Air Force commander, was the guest speaker.

"AFCEA Atlanta relocated its monthly meetings to enhance dialog with Armed Forces units located on the base and within the Atlanta Metro area," said Lynn Schneider, AFCEA Atlanta assistant vice president of publicity. "The chapter currently has over 400 members and represents both military members and the technical goods and services community."

AFCEA Atlanta is a non-

profit professional organization whose charter is to advance communication and electronics disciplines, opportunities, and education between the armed forces of the United States and commercial industry.

"The chapter offers multiple benefits to its members and the community," said Schneider. "Counted among these are monthly lunches with speakers from the technical community, education programs that offer emerging science and science teaching tool grants, generous scholarships, and cash awards for science fair participants."

The chapter also provides USO support at Hartsfield-Jackson International Airport for recurring rest and recuperation flights, and during the holiday season, Operation Block Leave for returning war fighting heroes.

700th Airlift Squadron changes command

By Senior Airman Christina Bozeman 94th Airlift Wing Public Affairs

Members of the 700th Airlift Squadron welcomed their new commander in a ceremony April 14, here.

Lt. Col. Mark K. Cumbee was the squadron commander for the 94th Operations Support Squadron before assuming command at the 700th AS. He spoke words of encouragement to the members of his new command.

"I have a great respect for you, and thank you for letting me join your team," said Cumbee.

This unit is already great, he added, so I will be only be adding a small part.

Cumbee took command from Lt. Col. David H. Salisbury, who had been running the squadron for the last five years. Col. Steven R. Clayton, 94th Operations Group Commander presided over the ceremony.

"He always did things for the squadron first and always took on whatever challenge came up," said Clayton.

Salisbury addressed his fellow airmen and spoke from the heart.

"I don't want to let it go," said Salisbury. "I will miss you guys, and your families. The leadership at this squadron is fantastic."

Col. Timothy E. Tarchick, 94th Airlift Wing commander, thanked Salisbury's family for supporting him while here at Dobbins.

"Thank you for your leadership," Tarchick said to Salisbury. "You're a fine officer and a good leader."

Are you ready to ride?

By Lt. Col Walt Koelln 94th Airlift Wing Safety Office

Fuel economy and nice weather are two main reasons for motorcycling. Riders need to be trained, skilled and responsible.

Automobile drivers sometimes need a reminder that the roads must to be shared with motorcyclists.

Now is the time to really start making a solid pitch for motorcycle safety awareness.

Seven motorcycle rider's defenses while on the road are training, experience, behavior, attitude, mechanical condition of the vehicle, skill and personal protective equipment.

I would like to encourage commanders and unit safety representatives to update your motorcycle rider trackers, and help spread the word when base motorcycle safety courses are offered.

Call Mr. Ron Durant, 94th Airlift Safety Office, at (678) 655-4434 for more information on motorcycle safety and to schedule motorcycle training.



Bikers participate in a group ride at the annual Motorcycle Safety Rally at Eglin Air Force Base, Fla., April 13. The rally brought together a record number of 650 bikers from all services and bases for safety discussions, riding courses and group rides. (photo by Irene Freiberg)



Members of the 94th Aeromedical Staging Squadron and Georgia Army National Guard load a patient into a helicopter during a mass casualty exercise at Dobbins Air Reserve Base, Ga., April 15. The exercise was conducted to measure the 94th Airlift Wing's ability to treat and evacuate natural disaster victims from the local area if ever needed. (photo by Brad Fallin)

Hoping for the best, preparing for the worst Dobbins unit participates in mass casualty exercise

By Senior Airman Chelsea Smith 94th Airlift Wing Public Affairs

In recent years, tornadoes, hurricanes, floods and other natural disasters have ravaged regions of the United States, which has emphasized once again the importance for Airmen to be ready to respond to crises at home and abroad at a moment's notice.

To better prepare for a crisis situation, emergency response officials gathered at the Transportation Proficiency Center for the Mass Casualty Exercise here April 15.

Members from the 94th Airlift Wing Aeromedical Staging Squadron, along with the Georgia State Defense Force, and local Army Cadet Corps members, participated in the simulated exercise, preparing individuals involved to react quickly, and successfully transport and treat injuries of all types.

"In the heat of the moment, you don't want to sit there fumbling," Senior Airman Kara Almond of the 94th Aeromedical Staging Squadron. "You have someone's life in you hands. You need to know what to do, when to do it, and how to do it."

The scenario, based on recent disasters that have crippled the South and Midwest, simulated tornado devastation in the Metro Atlanta area. Dobbins personnel were recalled to duty for mass medical evacua-



Members of the 94th Aeromedical Staging Squadron prepare an injured patient for transport to the contingency aeromedical staging facility during the mass casualty exercise, here, April 15. The scenario was based on recent disasters that have crippled southern and midwestern states. (photo by Brad Fallin)



Members of the 94th Aeromedical Staging Squadron stabilize patients in a contingency aeromedical staging facility, while awaiting evacuation transportation during a Dobbins mass casualty exercise, April 15. Volunteers from the Georgia State Defense Force and Army Cadet Corps acted as casualties, to add realism to the simulated disaster. (photo by Brad Fallin)

tion via helicopter.

The full-scale field exercise included the establishment of two Contingency Aeromedical Staging Facilities, built to house 30 casualties played by the GSDF and Army JROTC cadets, and were used to triage, treat and prepare casualties for aeromedical evacuation to cities throughout the Southeast.

As the moans of incoming victims transported via helicopter and truck descended upon the area, 94th ASTS participants promptly ensured every patient was properly assessed, treated and contained.

Inside the overflowing CASF, participants accomplished procedural objectives that included demonstrating the ability to identify and stabilize mental health patients in crisis, perform casualty movements using litters and gurneys and other listed objectives.

Amongst the crowd was a young lady with a bruised and battered face.

Acting casualty, Mandisa Jenkins-Goodman from the Army Cadet Corps program, stared aimlessly through the chaotic climate, occasionally comforting her surrounding friends in distress.

"This is unlike anything I've ever experienced," said Goodman. "I can't believe I'm able to participate in an operation this massive. I'm glad to help."

I'm sure the other participants were also glad to help, Goodman added.

Members of the 94th AW Exercise Evaluation Team assessed the exercise participants' ability to respond to various emergencies following the severe weather and natural disaster scenarios.

Lt. Col. Bubba Smith, EET chief, paced the scene, taking

notes and offering assistance where needed.

"It's imperative to conduct these exercises to prepare for various types of natural disasters such as the tornadoes that recently struck Joplin, Mo., or Hurricane Katrina," said Smith. "Our readiness ensures our ability to swiftly respond at the time of need."

By the end of the exercise, participants demonstrated that when preparation meets opportunity, success is often the outcome.



Members of the 94th Aeromedical Staging Squadron and Georgia Army National Guard evacuate injured personnel during the mass casualty exercise, April 15. "It's imperative to conduct these exercises to prepare for various types of natural disasters," said Lt. Col. Bubba Smith, Exercise Evaluation Team chief.(photo by Brad Fallin)

"Air-moms" reflect on deployments, children

By Senior Airman Spencer Gallien 94th Airlift Wing Public Affairs

Mother's Day, which is celebrated on the second Sunday of May, often brings up images of flower arrangements, chocolates, and various other gifts children give to show their appreciation for their mother's hard work.

For Airmen-mothers, the rigors of deployments and long separations can impact a maternal relationship. However, many "Air-moms" here have found special ways to continue that bond, while also answering their nation's call.

"I've missed birthdays, mother's days, first days of school, a lot of special occasions that I would have loved to have been at," said Tech. Sgt. Nicole Smith, 94th Logistics Readiness Squadron log planner.

"We talked every night before she went to bed," said Smith. "We used video teleconferencing, but sometimes she would become upset so the phone seemed to work better for us. I also sent lots of letters and pictures, and made sure to send care packages with gifts."

With the recent 94th Airlift Wing transition from Air Education and Training Command to Air Mobility Command, the number of deployments for Air-moms is expected to rise.

"I have two daughters, and soon I will be going on my fourth deployment," said Tech. Sgt. Karie Contreras, 94th Aircraft Maintenance Squadron C-130 crew chief, who will deploy with the wing. "As a single parent, I have to make sure my girls are going to be taken care of. That means having a family care plan in place with first, second, and third options for my girls."

Contreras began preparing for her upcoming deployment by telling her daughters, four months ago, that they will be



Tech. Sgt. Karie Contreras, 94th Aircraft Maintenance Squadron C-130 crew chief, will soon embark on her first deployment with the 94th Airlift Wing. She has taken great care in preparing her family for the upcoming deployment. (photo by Senior Airman Spencer Gallien)

staying with their grandmother.

After that, she began letting them stay overnight at their grandmother's house to become comfortable with the separation.

Once deployed mothers arrive at their deployed location, an important step is to setup routines with their children in order to keep communication strong.

"The last time I deployed, I talked to my daughter every night before bed," said Smith.

"We started using Skype, but it was difficult for my daughter to see me and not have me there. We adjusted our schedule to work for both her and I, and had our 'goodnight' conversations over the phone."

For each deployed mother, how they maintain contact with their child is unique. However, there was one universal theme - maintaining their bond with their child.

Dobbins answers CSAF's Earth Day challenge

By Airman 1st Class Liz Gaston 94th Airlift Wing Public Affairs

Following the observance of Earth Day on April 22, the Air Force challenged every member of the Air Force family to do his or her part to conserve natural resources, minimize waste and prevent pollution.

"I challenge all Airmen to think about pollution prevention in new ways," said Gen. Norton Schwartz, Air Force chief of staff. "We all need to understand that we can make a difference in managing waste so we can find cleaner, more cost effective ways of accomplishing our mission." Dobbins Air Reserve Base Civil Engineering contributed to the Earth Day efforts at the Consolidated Club on base during the lunch hour Thursday. Members of the CE environmental flight were on hand to help educate lunch-goers on ways to conserve energy and provide invaluable information on recycling initiatives around Dobbins ARB.

During this lunchtime endeavor, goody bags filled with products that demonstrated what kind of everyday items can be made from recycled materials were passed out. The bags themselves were made form 100 percent recycled pa-

per and were a crowd pleaser.

Even a seemingly small change can have a large impact, and efforts here at Dobbins ARB reflect that. Gina M. Rose, from the 94th Airlift Wing Civil Engineering Environmental Flight, along with Master Sgt. Kimberly C. Mc-Bride, Master Sgt. Kenay M. Fleming, Tech. Sgt. Rodney A. Cox and Staff Sgt. Cheryl L. Morgan, participated in a road-side litter pickup.

These five individuals teamed up with volunteers from Lockheed-Martin and represented Dobbins ARB by cleaning up over a mile of roadside along the borders of the base.

This was in participation of the "Keep Cobb Beautiful: Keep America Beautiful" initiative.

"Everyday should really be Earth Day," said Rose. "If anyone has questions about energy conservation, recycling, or Earth Day they can email me at gina.rose@us.af.mil."

To help emphasize the importance of individual efforts, the Air Force is promoting a "Blue Acts of Green" social media page. Dobbins ARB Airmen and their families are encouraged to visit the site at www. facebook.com/blueactsofgreen to commit to performing an act of "green" at home or work to benefit the environment.

First Four takes off at Dobbins Air Reserve Base

By Airman 1st Class Liz Gaston 94th Airlift Wing Public Affairs

Junior enlisted Airmen were invited to begin their very own organization, the Dobbins First Four, during the April Unit Training Assembly, with the support of Chief Master Sgt. Wendell L. Peacock, 94th Airlift Wing command chief, members of the Top Three organization and unit first sergeants, who were also in attendance.

"What a pleasure it was for me to speak to the Dobbins First Four," said Peacock. "With the assistance of the senior noncommissioned officers I saw in the room during the first meeting, I feel confident this will be successful as an organization. I would also encourage our 56 Group, the Top Three and the Dobbins Chiefs Group, as well as all NCOs, SNCOs and officers to support the Dobbins First Four."

During the meeting, members were asked to contribute ideas via a questionnaire they filled out. Members reported that they were interested in networking with other Airmen from around base and SNCO mentors. Airmen at the meeting were also very much in favor of participating in community service projects, leadership and professional development workshops and social gatherings around base.

"This can be the start of something really good for you as Airmen and team Dobbins," said Peacock. "I say 'can' because the group will only be as strong as you make it. That is your challenge."

The First Four is scheduled to meet during the May UTA at 11:30 a.m. in building 838,

room 2406. For more information, the First Four can be found on Facebook at www.facebook.com/dobbinsfirstfour.



Senior Master Sgt. Joy E. Hughes, 94th Airlift Wing chief of education and training, and president of the Dobbins Top Three organization, mentors Senior Airman Cameron C. Janzen, 94th Airlift Wing honor guard member. Hughes will be among those called upon to mentor members of the First Four. (photo by Airman 1st Class Liz Gaston)

New initiative singles out Dobbins' single Airmen

By Senior Airman Chelsea Smith 94th Airlift Wing Public Affairs

Single Airmen at Dobbins can soon look forward to free, fun-filled activities and adventures through the implementation of the Air Force Headquarters' Single Airman Initiative, scheduled to kick-off April 21 in historic Banning Mills, Ga. in which participants will take a ride on the Screaming Eagle Zip Line.

"SAI provides activity guidance and resources to force support squadrons to foster a strong culture, mission and sense of community for single Airmen," said Fred Engel, 94th Airlift Wing services recreation director.

Since its inception in October 2011, SAI programs have appeared in more than 50 base installations due to its growing popularity and avenue for single airman to build longlasting relationships while participating in fun activities that won't hurt one's pockets.

Lead by Engel and Missy Bozeman, 94th Force Support Squadron event coordinator, initial planning began here in March for pilot activities to take place through April and May.

"Fifteen slots have been allocated for participants of any rank, who are single," said Engel.

Upon completion of the trip, attendees will be able to provide feedback through the interactive customer evaluation, or I.C.E, system found on the Dobbins Force Support homepage. There, participants may suggest new ventures and areas of interest, said Bozeman.

"Other bases have experi-

enced great success with the program," said Bozeman. "Our goal is to build participation gradually, so that when we move into phase two of the initiative, we can open up more slots for trips to NASCAR races, baseball games, movies and other suggested activities."

Engel said he is confident the program will have a positive impact on the Dobbins community and the Air Force as a whole.

"Reservists who don't know each other or work on different parts of the base will have the opportunity to get to know their fellow airmen through fun and engaging initiatives locally, at no cost to them," said Engel.

Bozeman said she is optimistic about the turn-out for the upcoming event.

"We hope through word-of-

mouth and a continued marketing effort, we're able to attract a sizeable group for the upcoming trips," said Bozeman. "With continued growth, we can plan for future activities that promote team-building, networking opportunities and leadership amongst the ranks for our single Airmen."

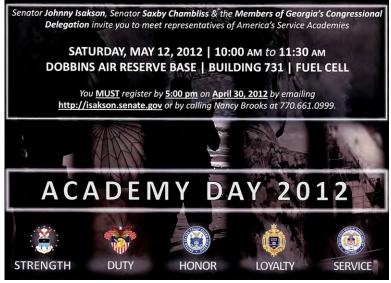
Upcoming free trips and classes on the itinerary include:

- •Stone Mountain Park Adventure Package April 28
- •White Water Rafting on the Oconee River in Tennessee May 12.
- •"Cooking for Two" class at the Consolidated Club with Air Force Reserve Command's Top Chef Mike Medford - May 16, 6 p.m to 8 p.m.

Information on participation and activities can be found at http://dobbinsarbservices.com or call (678) 655-3825.

TOUCH AND GO'S







Like us on acebook

Scan here to visit Dobbins Air Reserve Base on Facebook, and to receive the latest news about base projects and activities.

Newcomers

The following Airmen were welcomed to the 94th Airlift Wing in April:

Master Sgt. Alric Nunerley, 94 LRS Master Sgt. Eunice Stockdale, 94 LRS Master Sgt. Dana Wakefield, 94 FSS Tech. Sgt. Noel Ayala, 94 CES Tech. Sgt. Katherine Ring, 80 APS Staff Sgt. Marvin Graham, 80 APS Staff Sgt. Adrienne Ford, 94 LRS Staff Sgt. Julian Mallory, 94 AES Staff Sgt. Ebony White, 80 APS Staff Sgt. Amber Wright, 94 ASTS Senior Airman Tiffany Coleman, 80 APS

Senior Airman Lyndsy Harrison, 94 ASTS

Senior Airman Scott Heathcoat, 94 AW Senior Airman Tiffany Ragin, 94 FSS Senior Airman Shirley Turner, 94 ASTS Senior Airman Anthony Victrum, 94 CES

Airman 1st Class Lavertae Marshall, 94 FSS

Airman 1st Class James Wright, 94 SFS Airman Jennifer Valler, 94 FSS Airman Basic Devin Cyr, 700 AS Airman Basic Michael Madala, 94 AMXS

Promotions

The following Airmen were promoted in April:

Master Sergeant:

Tony Smith, 94 AMXS

Tech Sergeant:

Aaron Abshire, 80 APS Kaeshawn Byers, 80 APS Shane Crocker, 94 MXS Keith Dammann, 80 APS Andre Gibson, 80 APS Sean Henderson, 94 CES David Jolley, 700 AS Sharon Tate, 80 APS Jeremy Weatherington, 80 APS

Staff Sergeant:

Thomas Hartley, 94 MXS Benjamin Hayes, 94 PA

Senior Airman:

Alyssa Arrowsmith, 94 CES Adam Jackson, 80 APS Delvecchio Jones, 94 AMXS Zeni Jones, 94 CES Taquisha Lias, 94 ASTS Andrew Mailman, 94 CES Timothy McCullough 94 SFS Chasity Pace, 94 LRS Alexander Prince, 94 CS Karen Ross, 80 APS Herbert Scott, 94 MXS Miraclle Smith, 94 ASTS Andretti Willis, 94 MXS

Airman First Class:

Christopher Bauer, 94 AMXS Travis Borders, 94 FSS Eric Bull, 80 APS Joshua Charlton, 94 AMXS Anthony Colvin, 94 SFS Deondre Dupree, 80 APS Merquay Eason, 94 FSS Angel Lett, 94 ASTS Jayro Rendon, 80 APS Hannah Rice, 94 ASTS Kionte Stephens, 94 LRS

Airman:

Roland Roberts, 94 MXS Morrico Williams, 80 APS

Customer Support update

Customer Support is now open Monday thru Friday, 8 a.m. to 3 p.m., 1342 Dobbins Place, Building 727, Room 1033.

Dobbins 56 Group meeting



The Dobbins 56 Group meets every Sunday of the Unit Training Assembly at Heritage Hall, Building 838, 12 p.m. to 12:45 p.m. This month's meeting is May 6.

Pizza, beverages and a free Dobbins 56 Group T-shirt will be given to the first five members in attendance. For more information, contact Tech. Sgt. Tanisha Lofton, president, at (678) 655-3124 or Tech Sgt. Erica Shelton, administrator, at (678) 655-3226.

Want to save gas?

Call (678) 655-5004 if you are interested in car pooling to the next UTA.

Dobbins First Four meeting



94th Airlift Wing junior enlisted Airmen are invited to attend the next meeting for the Dobbins First Four, Sunday, May 6, 11:30 p.m. to 12:00 p.m. at building 838, room 2406 (ATN room).

The objective of the First Four is to enhance and maintain the camaraderie, esprit de corps and prestige of the junior enlisted Airmen and to promote mentorship, leadership and training.

For more details, contact Senior Master Sgt. Joyce Hughes, Dobbins Top 3 president at (678) 655-4000.

Employer's Day June 2

Employer Appreciation Day will be held Saturday, June 2.

Reservists are encouraged to invite their supervisor or employer to this event to showcase the wing's mission and our role in supporting the Air Force and the Department of Defense.

Please complete the nomination form at www.dobbins.afrc.af.mil and email or fax it to (678) 655-5056 no later than May 6.

Wing Family Day June 3

The 94th Airlift Wing Family day is scheduled for Sunday, June 3. 94th AW and 22nd Air Force members and their families are welcomed to come out and enjoy food, fun and demonstrations from various wing organizations. parking will not be available at the lakeside facility. Buses will run continuously throughout the day. For a list of bus pick-up and drop-off locations, visit www. dobbins.afrc.af.mil.



Taking time to reflect

By Chaplain (Maj.) Douglas Collins 94th Airlift Wing Chaplain

I can't speak for you, but it appears to me that life is getting faster each and every day. My wife would say that we are just getting older, but I believe there's more to it than that.

How many of you will admit to checking email on your phone before you are dressed and ready for the day? How many of you fall asleep with the television playing in the background? How many of you cannot remember a time recently in which you just sat and relaxed with nothing on except the sound of nature or the silence of the room?

If this sounds like you, then maybe you are just a little too on the edge and in need of time in your day to reflect and remember the things that are important in this world. Just in case you needed a reminder, reading emails is not the most important thing in your life.

John Maxwell, a leadership mentor, who speaks to thousands of people every year, has said we have forgotten how to think. He does not mean that we have forgotten how to do normal activities, but means that we spend far too little time reflecting and renewing our intellectual engine that prepares us for the future.

This time of reflection is different for everyone, but should be counted as important to not only our physical well-being, also our mental and spiritual well-being. When we discuss taking time to reflect and renew, there are a few things I suggest that will aid and make your time more productive.

First, try and set aside a time each day to do nothing but calm down. Second, move away from or turn off the electronics in our life and spend time thinking about where you have been. Third, spend time thinking of what you are doing and where you are headed. No one would start off on a trip without first trying to find the best way.

Would we start a new day, which may hold life and death, without pondering what we would like for that day to hold?

The next thing is to identify a place in which you can go to reflect. This may not be a place you can get to everyday, although that would be best. If it is not a place you can easily get to, then make time each month to go to that place and draw from the strength that the place holds for you.

For many of you, this sounds like your daily prayer time and you would be right. I believe that the daily development of our faith is crucial to our well-being. If you do not have a regular prayer time, the value of having quiet time is still something that should be part of your day.

We were not made to constantly go without a break or take time to slow down and reflect. This will bring you more strength and more time because you will have had time to plan your day, week or month without life planning it for you.

On May 3, the United States will again celebrate our National Day of Prayer. I would encourage each of you to participate in your own way as you reflect and pray for our country as we face the many difficulties that are all around this world.

Have a good month and remember to take time to renew your life with some time spent in the quiet reflections of your thoughts.



Hometown: Tarpon Springs, Fla.

Job title: C-130 Navigator, Executive Officer,

Tactics Officer

Years of service: 9.5 (7.5 Active Duty)

What does your military job entail? Performing navigational duties aboard the C-130 in order to supply friendly forces and transport troops to the fight.

What's the most recent project you've worked on? I created a secure briefing room for briefing and debriefing training flights at our squadron.

What's the most challenging aspect of your job? Mostly, additional duties associated with being the squadron executive officer.

What's the most rewarding thing about being in the Air Force Reserve? The ability to serve in a job that has a clear mission and directly contributes to national security.

What is the most difficult part? Sometimes dealing with an uncertain future.

What advice would you give an individual looking to become a navigator? Study hard and be willing to "broaden your career" into other duties and jobs in addition to being a navigator.

What do you do for recreation? Read and relax with my family.

What were some of your previous assignments? I was an active duty B-1 Bomber Wing Staff Officer at Dyess Air Force Base, Texas.

What did you enjoy most about it? Extremely rewarding wartime mission; performing close air support and time sensitive targeting to neutralize hostile threats to friendly forces.

What's the last book you read and did you enjoy it? Atlas Shrugged. I enjoyed it very much. It's almost life changing; a must-read for sure.

What has been your favorite assignment? B-1 bomber combat deployments.

What did you do before joining the Air Force? I was a student and Air Force ROTC cadet at the University of West Florida.

What's your favorite quote? "The object of life is not to be on the side of the majority, but to escape finding oneself in the ranks of the insane." - Marcus Aurelius Bottom line from my perspective, "Live by principle rather than by the way from which today's winds blow."

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