


AES SAVING LIVES HEALTH AWARENESS UNIFORM CHANGES



FALCON
FLYER

Magazine of the 94th Airlift Wing
Vol. 2, No. 11 November 2011

Wing Dining Out
fosters camaraderie
and esprit de corps

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Vol. 2, No. 11 November 2011



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94th Airlift Wing commander

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Submission deadline for the Dec. 2011 issue is Nov. 15. Articles must be submitted electronically to 94AW.PAv3@us.af.mil. For more information, contact Public Affairs at (678) 655-5055.

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ON THE COVER >>> President of the Mess, Col. Timothy E. Tarchick, 94th Airlift Wing commander officially opens up the wing Dining Out held at the Ritz Carlton, downtown Atlanta early October. (photo by Don Peek)



Matthew Lingerfelt, Bryan Simmons and Ferre Dollar of the Cable News Network focus on Robin Meade, anchor of HLN's morning show, "Morning Express with Robin Meade," during a taping of her "Salute to Troops" special at Dobbins Air Reserve Base Oct. 27. Since this summer, CNN has traveled with Meade to visit various servicemembers, military bases and colleges. Her special military-tribute newscast will air on Veteran's Day. (photo by Brad Fallin)



Proud to serve

By Lt. Col. Mark Cumbee
94th Operations Support Squadron

Recently I stopped at a local gas station to fill-up while still in uniform. While pumping gas, a gentleman came over and said “thank you for your service.” I replied, “I’m proud to serve.” This has happened to me numerous times since 9/11, and I’m sure it has happened to you too.

It makes me stand-up a little straighter and instills pride in me that our community does recognize what we are accomplishing in the armed services.

In fact, I have often found myself at the airport and I see other members in uniform, I will tell them “thank you for your service.”

I know my squadron has heard me say numerous times that I appreciate their service and the time and enormous effort put into keeping our mission moving forward, but on Nov. 11, our nation will also recognize our efforts, struggles, and losses on Veterans Day.

Looking ahead to Veteran’s Day, I visited the U.S. Department of Veteran Affairs website to “re-learn” what Veteran’s Day was all about and how many veterans there are in the United States.

Veteran’s Day originated on Nov. 11, 1919 as “Armistice Day” when President Woodrow Wilson proclaimed, “to us in America, the reflections of Armistice Day will be filled with solemn pride in the hero-



Lt. Col. Mark Cumbee

ism of those who died in the country’s service and with gratitude for the victory, both because of the thing from which it has freed us and because of the opportunity it has given America to show her sympathy with peace and justice in the councils of the nations.”

This date was chosen because one year prior in 1918, on the eleventh hour of the eleventh day in the eleventh month, after four years of bitter war, the Allied powers signed a cease-fire agreement (an armistice) with Germany bringing World War I to a close.

This year, Veteran’s Day is 11/11/11! Yes, for you history buffs, the Treaty of Versailles, which officially ended the war

was signed on June 28, 1919, however, fighting ceased seven months earlier in November.

Later in 1954, President Eisenhower signed a bill changing the name to Veterans Day to honor all veterans who served in all American wars. The important purpose of Veteran’s Day is a celebration to honor America’s veterans for their patriotism, love of country, and willingness to serve and sacrifice for the common good. And how many veterans are there?

Last year the U.S. Census Bureau presented that there are 21.9 million veterans in the U.S.; 9 million of those are 65 years and older and 1.5 million are female.

“Proud to Serve”... on a recent trip to Washington D.C., I went to visit the Pentagon Memorial and the Air Force Memorial which are set next to Arlington National Cemetery.

As I walked from the Pentagon up the hill to the Air Force Memorial, you notice the rows and rows of white headstones at Arlington, and it is overwhelming at times the sacrifices which our nation has asked her young men and women to endure; you all do it freely today as well.

I am proud to serve our great nation and I hope you are too! Take pride in all you do.

FOD prevention: everyone’s responsibility

By Col. Richard Kemble
94th Airlift Wing Vice Commander

As we begin to transition to a combat-coded force, let us begin by getting in the right mindset.

During the last Foreign Objects and Debris (FOD) Board, 15 relatively large, non-aircraft, pieces of FOD were discovered by our airfield folks and presented during the meeting.

We must begin to reinvigorate our Warrior Ethos – not that we ever lost it, but it’s time to reconnect and internalize in all

we do.

If you see something that doesn’t belong, pick it up and throw it away; especially on the flight line and at the entry control points. This goes for the rest of the base as well. Dobbins is our base, we must act as if our name is on the mail box.

Take an extra few seconds to thoroughly inspect the vehicle’s tires. If a FOD tool is missing from the ECP, please notify safety or base ops.

Have you ever had the chance to do a FOD walk?

I challenge you to come out and par-

ticipate, especially if you’ve never done it. It doesn’t take long, and the more the merrier! The 94th Maintenance Group performs a FOD walk every Monday at 8:15 a.m. unless weather dictates pushing it to another day. FOD walks also take place on Sunday of the Primary UTA at 8:15 a.m. as well. So c’mon out!

I thank you for your service and what you do each and every day for this country – may GOD bless all the men, women and families of the 94th Airlift Wing and I wish you the happiest of holidays!

AROUND THE PATTERN



Thirty-eight members of the 94th Airlift Wing were recently selected to attend a four day visit to Washington D.C. in November. Master Sgt. Geambro L. Wells, 94th Operations Support Squadron first sergeant, conducted a "Class A" uniform inspection of all participating members, ensuring each Airman was in regulation of Air Force Instruction 36-2903. (photo by Master Sgt. James Branch)



Mark A. Berkenmeier, fire inspector at Dobbins, hands out "hot commodities" to include fire safety literature and other giveaways to members of the 94th Airlift Wing during a fire prevention briefing Oct. 14. National Fire Prevention Week 2011 was observed Oct. 9-15. (photo by Senior Airman Danielle Campbell Purnell)



Col. Tim Tarchick, 94th Airlift Wing commander, presents Chief Master Sgt. Stephen Hogan from the 94th Maintenance Squadron with the FY 11 Get One Now award at the Commander's Call in Hangar 5 Oct 2. The 94th Airlift Wing Get One Now program was implemented by Tarchick in addition to the Air Force Reserve Command program, to provide special incentives to the wing member whose referrals lead to the most accessions -- quality referrals who signed up for the Reserve. (photo by Don Peek).



Lt. Col. Augusto Casado, incoming 94th Maintenance Group commander, speaks after assuming command of the 94th MXG from Col. Patrick Webb, during the Oct. 2 ceremony. (photo by Don Peek)



Lt. Col. Scott A. Carlin assumes command of the 94th Airlift Wing Civil Engineering Squadron from Col. Marshall Irvin during a change of command ceremony held here Oct 2. Previous commander, Lt. Col. Christopher T. Whitehead, will commence duties as the deputy commander of the 94th Mission Support Group. (photo by Don Peek).

Wing fosters camaraderie and esprit de corps

By Senior Airman Danielle Campbell Purnell
94th Airlift Wing Public Affairs

Dobbins Top 3 sponsored a Wing Dining Out at the Ritz Carlton in Buckhead Oct. 1.

Dining Out is one of the military's formal ceremonies which includes dinner and drinking, and fosters esprit de corps.

"I got a lot of good feedback about the dining out," said Col. Tim. Tarchick, commander of the 94th Airlift Wing. "It was a great night."

There was a general consensus amongst wing members that official events

like this need to be held more frequently.

Senior Master Sgt. Joy Hughes, the 94th Chief of Education and Training, co-chaired the event alongside Honorary Chief Heather Whitehead.

"This was the first official event in several years," said Hughes. "The last official military function was a Military Ball that was held five years ago."

Selecting the location initially proved to be a challenge, however the attention to detail and willingness of the Ritz-Carlton staff was invaluable. This

helped to make the final steps of planning flow smoothly.

"Planning started June 2010," said Hughes. "The initial date for the dining out was changed three times, with Oct. 1 being the final date."

395 tickets were purchased representing Air Force members of every rank and their guests.

"I was very pleased with the attendance, given the number of members who were off station during the Unit Training Assembly for training, temporary duty assignments or deployments," Hughes said.

Maj. Gen. (retired) Edward

J. Mechenbier, guest speaker of the ceremony, encouraged members of the military to grow alongside technology.

"Today's military looks alot different from my day," he said. "Now we don't even think to leave the house without our cell phone or our Ipads."

He said one thing that has remained constant is the camaraderie that is employed at events like dining out.

"Ultimately it was satisfying to see all the planning came together to produce a successful Dining Out that will long be remembered," said Hughes.

Maj. Gen. James T. Rubeor from Peterson AFB, Colo, and Chief Master Sergeants of the 94th Airlift Wing render a salute to the President of the mess as they are called to the grog bowl for a violation during the 94th Dining Out held at the Ritz Carlton in Downtown Atlanta (photo by Don Peek)



(Above right) Maj. Gen. (retired) Edward J. Mechenbier is guest speaker at the 94th Airlift Wing Dining Out held at the Ritz Carlton in downtown Atlanta. (photo by Don Peek)



Members of the 94th Airlift Wing Honor Guard perform the POW/MIA missing man remembrance at the 94th AW Dining Out held at the Ritz Carlton in downtown Atlanta Oct. 1. (photo by Don Peek)

Infractions of the Dining Out rules of the mess are called out by Darrel Bogan, 94th Airlift Wing equal opportunity officer and the president of the mess. "Guilty parties" were sentenced to the grog bowl during the 94 AW Dining Out held at the Ritz Carlton in downtown Atlanta. (photo by Don Peek)

Saving lives, miles high

By Senior Airman Chelsea Smith
94th Airlift Wing Public Affairs

Steady, skilled hands provide moments of comfort for the distressed and ease wounds unseen.

This is part of their mission.

Digressing to a clear Monday morning, as many are rising from bed to rub the crust from their eyes, the six-member crew from the 94th Airlift Aeromedical Evacuation Squadron sat quietly, reading through their flight crew checklist which included patient profiles, crew-member assignments, emergency plans, mock aircraft layouts and other vital information that is kept on their person at all times, said Master Sgt. Shane Grizzle, non-commissioned officer in charge of Aeromedical Evacuation Flight Operations.

The routine training mission from Ramstein, Germany to Rota, Spain, a simulated deployment, included two litter patients and one ambulatory patient. The aeromedical evacuation crew is comprised of six members; two flight nurses of whom one is the medical crew director (MCD) and three medical technicians. Lastly, a designated medical clinical coordinator (MCC) controls the required training, said Grizzle.

The two-hour training re-

flects the worldwide missions these highly trained members must conduct in real-life. That is, to provide in-flight medical care to patients as they fly them to full-time stabilized care.

“Our training missions always have simulated life threatening medical emergencies and simulated in-flight aircraft emergencies,” said Lt. Col. David Rodberg, 94th AES training flight commander. “In turn, we are able to provide outstanding in-flight care to our wounded warriors and return them to safety and to a higher echelon level of care.”

As crew members conduct the pre-brief meeting, Senior Airman Dewayne McDaniel, 94th Aeromedical Evacuation Squadron member, is drawn to the door hinges as he listens intently. McDaniel said he has a few more hours of training before he may take part in flying missions, but the last 14 months of his life have been dedicated to training.

“I’ve been through all types of training,” said McDaniel. “From three phases of tech school training, flight school, survival, evasion, resistance, escape (SERE training) and the Flight Training Unit located at Pope AFB, but I’m still not fully qualified.”

A new member must have a timeline because they’re

going to be dedicated to this job for continuous training to be prepared for these types of missions, said Lt. Col. Cynthia Bradford, 94th Aeromedical Chief Flight Nurse.

After initial training, these members must continuously conduct monthly training, flying local and cross-country missions to satisfy currency requirements and ensure mission readiness, said Rodberg.

“The 94 AES has supported numerous war and peacetime missions,” said Rodberg. “We’ve supported missions in Iraq, Afghanistan, Pakistan and other parts of Asia. In a short notice, we were able to provide crews for humanitarian relief efforts such as hurricanes Ike and Katrina, and spent two weeks evacuating civilian casualties in support of Operation Restore Hope, Haiti.”

Even some of our military elite forces are being treated on our missions, said Rodberg.

“We have treated many Army Rangers, Navy Seals and numerous other wounded warriors,” Rodberg said. “All of our wounded are able to take a deep breath of relief once we are airborne. The patients become more relaxed. I can literally feel the stress release from their bodies knowing they are going to receive exceptional in-flight care.”

Following the two-hour in-flight training, the crew files back into the briefing room, ready to discuss the effective-

ness of the training.

Although the day’s routine mission did not include the sights and sounds of live human patients, Capt. Jeff Wilson, the mission MCC, said he was pleased with the training conducted in-flight.

“In our scenario, we had a male ambulatory patient getting treated for his battle wounds. The patient’s squad member and friend was also wounded and treated for anxiety because he wanted to ensure his friend was not going to die,” said Wilson. “We discussed possible restraints, went over the emergency checklist and covered radio discipline – critical when communicating in a patient or in-flight emergency.”

In addition to improving medical response aptitude, the training is beneficial to members because they can become familiarized with all the medical equipment and the contents contained within our medical bags, said Wilson.

“It’s always a learning experience,” said Lt. Col. Cynthia Bradford, the mission Medical MCD as she concludes the meeting. “Just follow the regulations – you can never go wrong with what’s written in the regulations.”

The crew dismisses. This time, the members are more prepared to respond to any military and humanitarian medical emergencies when needed.



(Top) 1st Lt. Brittany Hemmer, 94th Aeromedical Evacuation mission second flight nurse, builds seating in the C-130 aircraft for the six-member crew in preparation for the two hour routine training mission held Oct 6 here. Hemmer is universally trained to provide in-flight medical care to patients during military and humanitarian emergencies. (photo by Senior Airman Chelsea Smith)

(Left) Crew members secure litter straps around two patients aboard a C-130 aircraft before their departure for a simulated deployment in October. Members from the 94th Aeromedical Evacuation Squadron here conducted a two-hour routine training mission to maintain universal training currency that is needed to support medical emergencies worldwide. (photo by Senior Airman Chelsea Smith)

Dobbins receives Christmas tree

By Senior Airman Danielle Campbell Purnell
94th Airlift Wing Public Affairs

“We like to do what we can for our troops,” said Chuck Berry, owner of Berry’s Christmas Tree Farm. “We know they’re working hard for us every day and we want to support them.”

Berry and his team, based out of Covington, donated a 16-foot Christmas tree to the Dobbins community.

More than 40 miles from the farm, three men dug a 28 foot wide and 2 feet deep hole near the Dobbins main gate and base marquee. Tim Starks of T.O. Starks and Associates led the team. They transported the Deodar Cedar tree from the farm to Dobbins ARB. The digging service was also donated to the base.

Selection of the tree took place in early October, however to ensure that proper delivery was secured and that the grounds were neither too wet nor too dry, the delivery of the tree didn’t take place until Oct. 24.

Selection, transportation and planting of the tree were coordinated by the 94th Airlift Wing Human Resource Development Council who noted that the tree was a unique one.

“Most Christmas trees are from the pine family,” said Tech. Sgt. Jeff Nix of the Dobbins HRDC. “However, the Deodar Cedar that has been donated is a pine-like, southern-variation that deeply resembles the typical Christmas tree.”

The Christmas tree was in the ground at Berry’s Christmas Tree Farm for about 15 years before it was donated to the base.

“This tree will grow 60 feet tall,” said Starks. “Its a slow grower, so it may take 30 years to reach its full potential.”

The tree will grow along with Dobbins for years to come.

“One day when we’re all retired, it will tower to the heights of other trees that are planted here at the base entrance,” said Col. Tim Tarchick, 94th Airlift Wing commander.

Coordination is in process to make sure the tree is decorated in time for the holiday season.

“Christmas is a big deal for us,” said Berry. “We look forward to sharing this tree with Dobbins’ service-members and anyone else who may pass by the main gate and see it.”

(Left) Tim Starks, a landscaping contractor from Lithonia, Ga., and his crew plant a base Christmas tree near the Dobbins ARB front Oct. 24. The tree was donated by Chuck Berry of Covington, Ga., and Starks.

(Lower right) Tim Starks, landscaping contractor, smooths the area around the base of the newly planted base Christmas tree Oct. 24. (photos by Don Peek)



November ushers in new era of AF uniform wear

By Senior Airman Spencer Gallien
94th Airlift Wing Public Affairs

Effective Nov. 1 the Battle Dress Uniform and Desert Camouflage Uniform will no longer be authorized for wear by U.S. Air Force personnel.

In October of 2007, U.S. Air Force basic trainees began receiving Airman Battle Uniforms instead of the BDU, and October will be the last month that Airman will have the option to wear the BDU rather than the ABU.

Along with the upcoming uniform changes Airmen will also no longer be authorized to wear tan boots and must wear the sage green boots with their ABUs.

The U.S. Armed Forces began using BDU fatigues in 1981, and were worn by every branch of the U.S. Armed Forces until 2005 when the military branches began adopting service-specific uniforms tailored to each services unique mission.

“Both uniforms had their positives,” said Tech Sgt. John Besselman, 94th Airlift Wing Airman and Family Readiness Center non-commissioned officer. “The ABU is low maintenance, and is easily identifiable since every Airman will be wearing the same uniform.”

The official change-over to the ABU also coincides with the 94 AW’s transition from Air Education and Training Command to Air Mobility Command.

“The BDU has a long and storied history with the military and specifically the Air Force,” said Command Chief Master Sgt. Wendell Peacock, 94 AW command chief. “However, the change from BDU to ABU has a dual meaning for the Airmen of the wing (94 AW); we just recently changed commands and missions from a schoolhouse and training base to a combat-coded, ready-to-deploy AMC base.

“What better represents this change than officially switching uniforms to the ABU, a uniform that represents the warrior ethos instilled in each Airman today.”



Gym bags carried with Service Dress and Physical Training Uniforms (PTUs) must be solid color black or solid dark blue ONLY. Gym Bags with Airman Battle Uniforms (ABUs) must be solid color black, solid color dark blue, ABU-patterned, olive drab or Air Force sage green. Small logos are authorized, stitching color must be the same as bag color. Must carry bag in left hand only.



Backpacks carried with Service Dress and Physical Training Uniforms (PTUs) must be solid color black or solid dark blue ONLY. Gym Bags with Airman Battle Uniforms (ABUs) must be solid color black, solid color dark blue, ABU-patterned, olive drab or Air Force sage green. Small logos are authorized, stitching color must be the same as bag color. Must carry bag in left hand only.



Airman Clarence Tatum from the 94th Airlift Wing Security Forces Fire Team models the current Air Force Airman Battle Uniform which will override the Battle Dress Uniform that Technical Sgt. Trent Morris from the 94th AW Maintenance Squadron is modeling. The BDU and the Desert Camouflage Uniform are being phased out Nov. 1 (photos by Senior Airman Chelsea Smith; photo illustration by Senior Airman Danielle Campbell Purnell)



Airman Battle Uniform (ABU) utility caps may not be pushed, rolled, folded or tucked in (e.g. ranger fold).

Above and beyond: a civic leader's experience

By Gary Mason
Dobbins Civic Leader

Oct. 13 started as a normal day when I woke up in the pre-dawn hours and began my morning ritual of preparing for the day. That was the extent of my normalcy for this day, however. Instead of heading to my restaurant to begin my work day, I set a course for Dobbins Air Reserve Base for a civic leader tour to the Niagara Falls Air Reserve Station, N.Y. It was nothing less than perfect.

How incredibly humbling it was to board the powerful C-130 and witness the way our reservists work hand in hand to accomplish such a demanding

mission. Upon arriving in Niagara Falls, we were greeted by the 914th Airlift Wing commander who provided an overview of the base and its dynamic tactical airlift mission. The day was filled with several interesting and interactive visits to work-centers ranging from emergency management to security forces.

Next, we were treated to a tour of spectacular Niagara Falls, where we learned the social and economic impact the Air Force Reserve has on the city. When my head hit the pillow, I couldn't wait to see what our hosts had in store for us in the coming day.

The morning began with a Military Entrance Processing Station tour. If I

wasn't so old, I would have signed up on the spot! The day ended with an explosive ordnance demonstration. There were plenty activities throughout the day.

Throughout the day, I was again impressed with the values and the professionalism of our armed forces. As the day wound down, we again boarded the venerable C-130 and our trek back to northwest Georgia.

Special thanks go out to Col. Tim Tarchick, 94th Airlift Wing commander, and the 107th and 914th Airlift Wings. This was truly, one of the most impressive and memorable trips of my life. It changed the way I view the Air Force and the impact its mission has on my every-day life.



Nineteen civic leaders, Col. Tim Tarchick and aircrew from Dobbins Air Reserve Base, Ga. prepare to board a C-130H enroute to Niagara Air Reserve Station, N.Y. Oct 13. (photo by Brad Fallin)

Adoption tips for military families

By Master Sgt. James Branch
94th Airlift Wing Public Affairs

November is National Adoption Month, a time set aside to raise awareness about the adoption of youth from foster care. There are approximately 107,000 in the U.S. foster care system waiting for families to adopt them. Many servicemembers have desires to expand their families and are encouraged to adopt, both domestic and internationally.

Although adoption is very rewarding, it can be a costly and lengthy process without the correct resources, says Ruthly Chery, 94th Airlift Wing Airman and Family Support administrator.

Chery was a U.S. Navy Petty Officer 2nd Class when she adopted her daughter from Haiti, now 18.

"I was stationed at Naval Station Everett, WA. when my family decided to adopt,"

said Chery. The process was initiated in 2004, but was not finalized until 2008."

Adoptions granted in the U.S. are governed by State law. Families who adopt out of state should familiarize themselves with the Interstate Compact of the Placement of Children. Families interested in adopting a child born outside of the country must comply with the laws of their State of record, U.S. immigration law and laws of the country where the child lives.

"Adopting internationally typically takes longer than domestic adopting," said Chery.

The cost for adoption can range from nothing, to more than \$40,000.

"Make sure the adoption is done through a reputable adoption service provider," said Chery. "Generally, the U.S. State Department will have a list of adoption service providers, lawyers and doctors for

the area you are adopting from."

Failure to adopt through a reputable agency or provider can sometimes result fraud.

"In Oct. 2004, my family and I met with the president of an Orphanage in Haiti and made a down payment," said Chery. "Near finalization, he disappeared. He had stolen our money."

"Although we filed a civil suit against him and the agency, This was a costly and lengthy setback," added Chery. "

DoD instruction 1327.06 allows servicemembers to be eligible up for up to 21 days of non-chargeable leave in conjunction with the adoption. Military families are also eligible for an adoption tax credit.

"Adopting a child should not be taken lightly," said Chery. "Take advantage of your local resources."

Read full article at www.dobbins.afrc.af.mil



Nominate your supportive employer

Nominate your supportive employer for the 2012 secretary of defense employer support freedom award. This award is the highest award given by the U.S. government to employers for exceptional support of Guard and Reserve employees. Nominations are being accepted Nov. 1, 2011 through Jan. 16, 2012 at www.freedomaward.mil.

Dobbins Team Day Nov. 10

As a reward and recognition for jobs well done throughout the year, 94th Airlift Wing leadership will sponsor Team Day Nov. 10 from 10 a.m. to 3 p.m. at the Dobbins Lakeside Facility. The event will give Dobbins members a chance to fellowship and have fun competing in games such as softball, tennis, card games and tug-of-war. Buses will be available to transport members to the Lakeside Facility during the course of the day.

Air Force launches SST

Since the launch of the Air Force Single Staffing Tool (SST), all current Air Force employees are now required to search and apply for jobs on USAJOBS, www.usajobs.gov, rather than the Air Force Personnel Center, by submitting a resume and any required supporting documents. Job-seekers are encouraged to take time and develop well written resumes. USAJOBS allows applicants to store up to five resumes per account.

You know what it takes to be a Reservist

The Get One Now Program is a great way for Reservists to keep the Air Force Reserve strong by recommending qualified people with whom they wish to serve. When your referrals join the Air Force Reserve, you get credit for an accession and become eligible for an award. Awards range from iPods, to LCD HDTVs to laptop computers. As a new member of the Air Force Reserve, you are automatically registered for the Get One Now program. You are sent a membership notice with your Get One Now login information within approximately one month of joining. By logging in to the website, you can enter a qualified referral - someone who you believe would make a good member of the Air Force Reserve. You can also check on the status of your referrals and update your personal account information online. Call 877-786-2372 or visit www.get1now.us to get started!

2012 UTA schedule

The Fiscal Year 2012 unit training Assembly (UTA) schedule is now posted on the Dobbins Air Reserve Base Official Website: www.dobbins.afrc.af.mil. Remember to provide this link to your civilian employers and family members for reference.

Daylight Saving Time ends Nov. 6

Daylight Saving Time will end Nov. 6, at 2 a.m. and revert back to Standard Time. Please wind back your clocks one hour.

Newcomers

The following Airmen were welcomed in October:

Staff Sgt. David English
 Staff Sgt. Eric Wilson
 Staff Sgt. Jesse Conner
 Staff Sgt. Taaeast Alexander
 Senior Airman Damon Pierce
 Senior Airman Daniel Matthews
 Senior Airman Joshua White
 Senior Airman Norvan Santiago-Gonzalez
 Airman 1st Class Amber Davis
 Airman 1st Class Jaleesa Holden
 Airman 1st Class Princess Jeanbaptiste
 Airman 1st Class Shekhey Ali
 Airman 1st Class Tiffany Thomas
 Airman 1st Class Timothy Ousley
 Airman 1st Class Trez Jenkins
 Airman Brett Vratachnik
 Airman Basic Anthony Sigman
 Airman Basic Joshua Deane
 Airman Basic Robert Bowen
 Airman Basic Shawnyse Harris

Promotions



The following Airmen were promoted in October:

Airman
 Robert Bowen
 Eric Bull
 Brittany Calkins
 Deondre Dupree
 Tyler Smith

Airman 1st Class
 Byron Jackson
 Harrison Slagle

Senior Airman
 Megan Hamilton
 Marcus Haynes
 Devon Key
 Stephanie Luckett

Promotions continued:

Demarco Mack
 Tiffany McGregor
 Luis Pluguez
 Chelsea Smith

Staff. Sgt.
 Kelli Miller
 Benjamin Santini
 Richard Sabo

Tech. Sgt.
 David Garner
 Joseph Saldivar
 Teresa Hullinger

Master Sgt.
 Phillip Gagnon
 Larysa Lewis
 Jason Mellor
 Luz Moseley
 Kenya Stokes

Wing CC hosts Commander's Call

The start of the 2012 fiscal year also marked the quarterly Commander's Call held Oct 2 at Hanger 5. Col. Tim Tarchick, 94th Airlift Wing commander, presided over the meeting in which he discussed the impact of our mission change from the Air Education and Training Command to the Air Mobility Command, new base initiatives, and the recent accomplishments of Dobbins service members. Command Chief Master Sgt. Wendell L. Peacock also spoke of the mission change stating, "Our commitment level is going to have to move up." The next Commander's Call is scheduled for Jan. or Feb. 2012.

Resiliency awareness

The Department of Defense provides servicemembers and their members with a variety of counseling services and suicide prevention programs. Installation support programs also provide referrals for assessment, treatment, and other services as needed. National Suicide Prevention Hotline: 1-800-273-TALK (8255) Air Force Suicide Prevention Program: <http://afspp.afms.mil> Military Homefront Suicide Prevention: www.militaryhomefront.dod.mil Military One Source: 1-800-342-9647

November is Health Awareness Month

November is National Health Awareness Month and a good time of year to reflect on health consciousness. John Mikula, Dobbins Exercise Physiologist, defines health as the function ability of one's body, mind and spirit during a given moment in time. He stresses not to wait until your health is threatened to improve it, but do a little bit each day to improve physically, emotionally, mentally, and spiritually. Ways to do this are regular exercising, cultivating healthy relationships and maintaining a balanced diet. In addition to drinking plenty of fluids, meals should contain colorful food choices and meet daily caloric requirements of 55 percent carbohydrates, 20-25 percent protein and 20-25 fat. Ultimately, health consciousness means working each day to improve one's physical and emotional well-being. Here's to your health!

Falcon Flyer submission deadline

The deadline for submissions to the Falcon Flyer is the 15th of the month prior to the following month's issue. Public Affairs welcomes articles and photos for the base website, www.dobbins.afrc.af.mil as well. For more information call the editor at (678) 655-5005 or e-mail the PA office at 94aw.pav3@us.af.mil.

CHAPLAIN'S CORNER



Let us be thankful

*By Maj. Douglas A. Collins
94th Airlift Wing Chaplain Office*

Don't look now, but in just a matter of weeks, 2011 will be another year in the history books and we will be talking about it in past tense.

I will speak for myself only, for those who don't like to think of such things, but I have noticed that the older I get and the more my body slows down and the more the clock seems to speed up.

I remember wondering as a child if the week would ever end or asking why the school year was so long.

Today it is more of a challenge just to see if I can keep everything straight in the time that I have much less think about tomorrow.

One thing this month provides, is an opportunity to remember the things that we value and give thanks for in our lives before the holiday season kicks in.

Thanksgiving should be more than eating and football, although these are important.

The reality is, I could not tell you the score of one game from last Thanksgiving and I would like to forget how much I ate.

What I can remember is the things that made life more enjoyable and for that I am

thankful.

For years, experts have said that animals have an amazing calming effect on people, especially among those in hospitals and nursing homes where life can be challenging and people look for comfort.

When one strokes a kitten or pats a dog on the head as they just sit there and enjoy the moment, it's hard not to let their peace rub off on us.

This is a small example of a moment, we can be thankful for the little things in our lives.

The problem for most of us is, in the rat race of life, thankful thoughts can slip away in the cares of the moment.

It's not that we forget to be thankful, but that we fail to take time to remember what we are thankful for.

I would encourage you to take the time to renew your life everyday in the three areas that matter the most: spiritual, physical and mental.

One way in which we can touch all three of these areas is to spend some time each day, each week or at least each month, taking time to reflect on things that you value but often times are too

busy to acknowledge.

So this Thanksgiving, before the plate is full and the television is blaring, find a corner or a quiet place and make a list, either mentally or tangibly, of the things which you are truly thankful for.

Nothing is too small or too big for the list. Also, take time this month to remember that you were made with a need to be a part of the world as a whole.

In doing so, you connect with your spiritual side, your body will find peace and relaxation, and you will feed your mental aspect with positive encouragement.

When I was young, my pastor said, in the middle of a prayer, that he was thankful for his new red truck. The reality of it was the truck was an old hand-me-down that he was able to buy for very cheap. To him, it was needed and worthy of a few words of thanks.

Never underestimate the little things; they are the blooms that keep us going each and every day. When we are thankful, we are also by nature grateful. We realize our life is enriched by not only what we do and give, but by the remembrance of those things done for us. Have a blessed holiday season with those that matter in your life.



INNERview

Master Sgt. Josh Gray

Hometown: Tallapoosa, GA

Job title: Health Professions Recruiter

Years of service: 14

What does your job entail? Recruitment of Health Professionals to meet Air Force Reserve Command Surgeon General manning requirements.

What's is a recent accomplishment in your job? The Air Force Reserve Recruiting Service has made and exceeded its goal for 11 consecutive years now, the best in the Department of Defense.

What's most rewarding about being in the Air Force Reserve? The ability to put the uniform on each day to serve my country and community. The camaraderie shared with other members and the satisfaction of completing the mission.

What's the most difficult part about being in the Air Force Reserves? Though an AGR, I truly feel that this program is extremely positive for a Reservist. I struggle with finding thoughts that portray the AFR as difficult. There are just too many good things about this program to truly find something to complain about.

What do you do for recreation? I spend time with my family. I am definitely a sports fanatic when it comes to

football and baseball. I try to get my golf game going when I have the time.

Favorite movies? Top Gun and Basic

What were your previous assignments? I was in the Command and Control career field for the first 10 years of my career. I held assignments at Maxwell, Tyndall, Hurlburt Field, and spent 2 years as an ART here at Dobbins. As a Recruiter for the last 4 years, I have been assigned at Charleston and here at Dobbins.

What is your most memorable assignment? My 2 years at Charleston AFB, SC. A great place to live and serve.

What advice would you give to someone looking to become a Recruiter? On many days, Recruiting is a tough job and takes a lot of devotion to the mission. Your interactions with almost everyone you come in contact with will definitely impact just how successful you are as a Recruiter. Of the 14 years I have served in uniform, the last 4 as a recruiter have been the most challenging and rewarding.

Tell us an interesting fact about yourself. I am a HUGE Georgia Tech Yellow Jackets fan... I do mean HUGE!

If you would like to nominate someone for the INNERview, please e-mail the editor at 94aw.pav3@us.af.mil or call Public Affairs at (678) 655-5055.