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Magazine of the 94th Airlift Wing
Vol. 2, No. 10 October 2011

94th Airlift Wing transitions
from training to mobility



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94th Airlift Wing commander

Col. Timothy E. Tarchick

Chief of Public Affairs

Lt. Col. James R. Wilson

Editor

Master Sgt. James Branch

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94th Airlift Wing Public Affairs Office

1430 First Street
Dobbins ARB, GA 30069

Phone: (678) 655-5055

Fax: (678) 655-5065

Website: www.dobbins.afrc.af.mil

E-mail: 94AW.PAv3@us.af.mil

Facebook: Dobbins Air Reserve Base

Wing Commander's Hotline

Provides wing members with a direct link to the wing commander to relay kudos, concerns or suggestions on wing matters. (678) 655-9422

Weather Emergency Hotline

(678) 655-2333

Staff

Lt. Col. Tim Johnson

Maj. Clare Reed

Capt. Patrick Simmons

Master Sgt. Stanley Coleman

Master Sgt. Travon Dennis

Senior Airman Christina Bozeman

Senior Airman Danielle Campbell Purnell

Senior Airman Quadoah Ford

Senior Airman Spencer Gallien

Senior Airman Benjamin Hayes

Airman 1st Class Chelsea Smith

Mr. Brad Fallin

Mr. Don Peek

Mr. Shaun Shenk

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ON THE COVER >>Tech. Sgt. Darrien Thornton of the 94th Security Forces Squadron, represents the 94th Airlift Wing's transition from the Air Education and Training Command to the Air Mobility Command. The wing is set to reconnect with its past, rejoining AMC for the first time since 2001 on Oct. 1. Photo Illustration by: Brad Fallin
Concept: Senior Airman Spencer Gallien



Photo by Don Peek

Contractors from D.H. Griffin Wrecking Co., Inc. lift the roof of the old Dobbins air traffic control tower during its demolition here Sept. 7.



Vector check: Why do you serve?

By Lt. Col. Edward Liberman
17th Civil Engineer Squadron commander

In recent weeks, there's been a lot of chatter at the water coolers about the future of the Air Force. Folks are concerned, and it's evident from their comments, "Is my contract going to get cut? What about retirement benefits? Forget doing more with less, soon we'll be doing everything with nothing!"

Their concerns are understandable; our country and the armed services are headed into challenging times. News headlines talk of personnel and budget cuts, and the million-dollar question is how bad will it be?

The challenges that loom on the horizon aren't unprecedented. Our nation has gone through them before. But, they are unique and personal to many of us. At times like this, when people question what the future holds and whether they should continue serving in the armed forces, it's time to do a vector check. Why do we continue to serve?

We each joined the service for different reasons. For some, it was an adventure, a chance to see the world, to do something

new and exciting. For others it was a means to an end -- education, a paycheck, or a new beginning. For many, it was a proud heritage passed down to us by past generations -- to be patriots of our nation. Regardless of the reason we joined, time passes and many of us have reached the point where service commitment is fulfilled or term of enlistment is near complete, yet we choose to continue to serve.

"Our nation was born of extraordinary circumstances and has weathered many challenging times."

To our civilian comrades, you may not wear combat uniforms, but you serve our country with equal fervor. Why do you continue to serve? Don't some say the grass is greener in the private sector or is there some other reason you stay? What is that inner drive that keeps us serving?

It's healthy for us each to reflect on the reasons we serve. If your motive is the paycheck or tangible benefits, then it's

conceivable we all could be rudely awakened if cuts are necessary. Challenging times sometimes call for drastic measures. If budget cuts result in the end of pension retirement or a halt to annual pay raises, will you still serve? Or what if the job loses its luster and high operations tempos press even harder. Will you still serve? It's time to dig down deep inside, in those character places, and decide if you will stay the course when challenges come to pass.

Our nation was born of extraordinary circumstances and has weathered many challenging times. During those times our flag has been carried not by super heroes, but by ordinary men and women like you and me. What distinguishes them though was the personal sacrifice they withstood and yet continued to serve. Sure, there were those who left the service along the way. But those who stayed the course carried our flag through the tough times.

So, I ask you, what's your motive for serving? Are you prepared to stay the course through these challenging times? It's time for a personal vector check.

Airmen celebrate Hispanic heritage month

By Senior Airman Christina Bozeman
94th Airlift Wing Public Affairs

The Airmen Enriching Airmen program, hosted by the 94th Airlift Wing Human Resource Development Council, held a Lunch and Lunch, enlightening Dobbins' members on Hispanic contributions to the U.S. Air Force Sept. 11 at the Dobbins Consolidated Club.

Hispanic Heritage Month, Sept. 15 - Oct. 15, is the period in which the U.S. recognizes the contributions of Hispanic Americans to our nation and celebrate Hispanic cultural heritage.

Hispanic Heritage Week was approved by President Lyndon Johnson and was expanded by President Ronald Reagan in 1988 to cover a 31 day period.

Following an introduction from Master Sgt. Elena Lund, HRDC member and luncheon organizer, Chief Master Sgt. Imelda

B. Johnson, senior Individual Mobilization Augmentee MAJCOM paralegal manager, Air Education and Training Command, served as guest speaker for the event.

"I get an opportunity to share a story that many people don't know about the Spanish community," said Johnson. It's nice to be able to share our history."

Johnson, who drills routinely at Randolph Air Force Base, Texas, has been speaking at various military installations on the subject for the past two years.

"Out of the 620 men promoted to Chief Master Sgt. in Dec. 1959, only two had Spanish surnames, H.H. Valverde and Joseph E. Garcia," said Johnson.

Johnson concluded her presentation with a quote from Hispanic Medal of Honor recipient Master Sgt. Roy P. Benavidez, author of "Medal of Honor: One Man's Journey from Poverty and Prejudice."

"I believe that there is no greater calling for a man or woman than to serve in the military of a free nation. I believe that it is a calling that transcends all others because imbedded deep within the soul of every free man or woman is the knowledge that the freedom we have was earned for us by our ancestors, who paid some price for that freedom. Each and every generation must relearn those lessons, and they are best learned by doing. The strength of every free nation depends on this transfer of knowledge. Only through the transfer of knowledge from generation to generation will free men survive," quoted Johnson.

Capt. Darrell Bogan, chairperson, Dobbins HRDC, thanked Johnson for taking time to visit the Dobbins HRDC.

"This presentation is a testimony that we [Airmen] all play an integral part in American history," said Bogan.

AROUND THE PATTERN



Photo by: Senior Airman Spencer Gallien

The 94th Airlift Wing Honor Guard flag detail lowers the U.S. flag at Dobbins Air Reserve Base during a retreat ceremony to honor the 10th anniversary of the 2001 terrorist attacks, Sept. 11.



Photo by: Master Sgt. James Branch

Seeking a different workout from the norm, Dobbins members participate in a free cardio kickboxing class at the base gym Sept. 10. The fast-paced fitness class combined elements of boxing, martial arts and aerobics, providing overall physical conditioning and toning.



Photo by: Brad Fallin

Col. Tim Tarchick, 94th Airlift Wing commander, greets members of the Atlanta Falcons football team during their visit to Dobbins Air Reserve Base Sept. 20. The Falcons signed autographs, posed for pictures and showed appreciation to their supporters.



Photo by: Don Peek

Pluggie, the Dobbins Fire Department's electronic fire safety spokesman, gives a wink to a young attendee of the Third Annual Georgia State University Fire Safety and Emergency Preparedness Carnival held at Hurt Park in downtown Atlanta, Ga., Sept. 27.



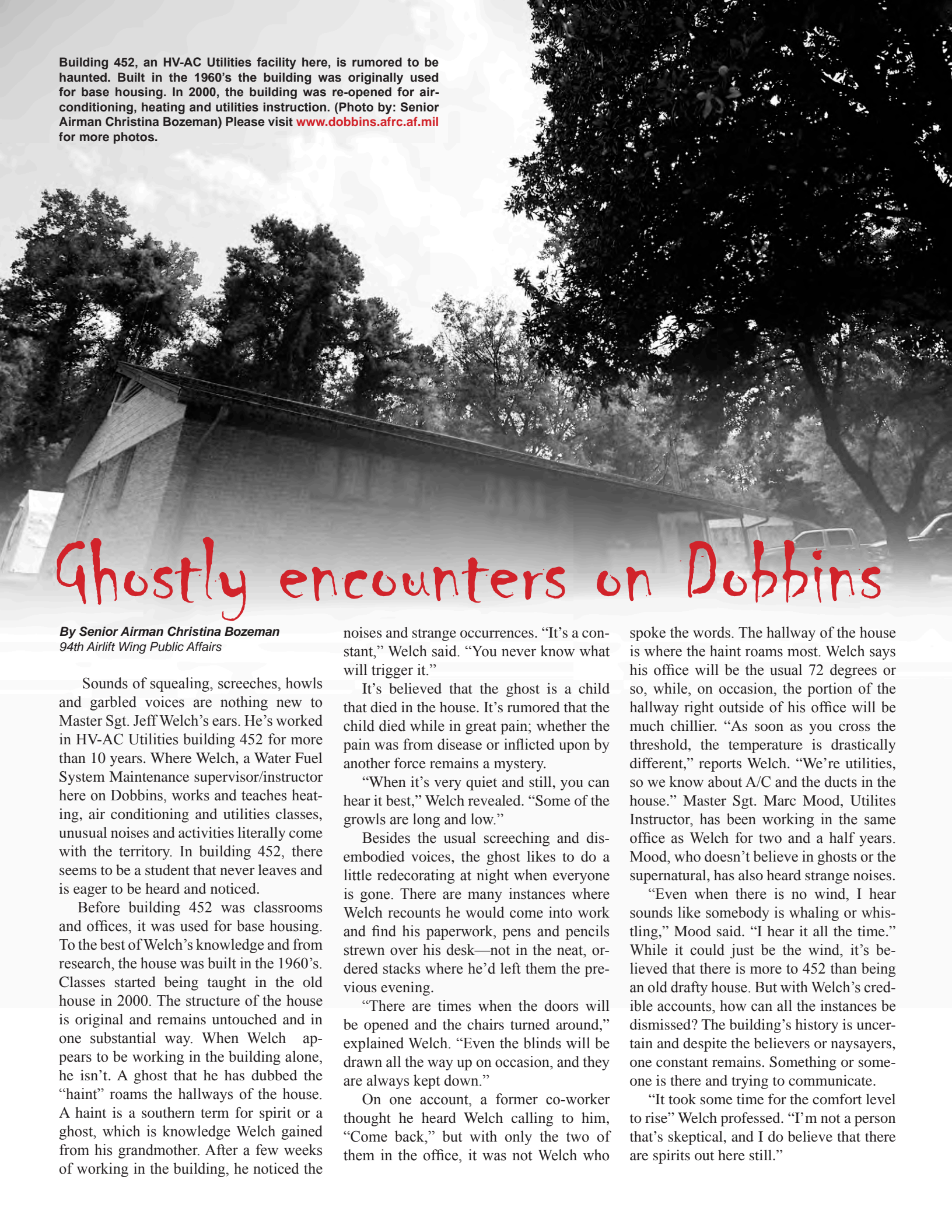
Photo by: Don Peek

Members of the 80th Aerial Port Squadron pack a parachute during training here at Dobbins Air Reserve Base in Sept. 2.

Master Sgt. Greg Lee surprises fellow loadmaster, Master Sgt. Paul Lewis with the traditional drenching during his recent Fini-Flight here at Dobbins Air Reserve Base, Ga. The 700th Airlift Squadron will celebrate and honor the years of faithful service of Sergeant Lewis, on the occasion of his retirement from the United States Air Force Reserve Oct. 2, 9 a.m., at 700 AS auditorium.



Photo by: Brad Fallin



Building 452, an HV-AC Utilities facility here, is rumored to be haunted. Built in the 1960's the building was originally used for base housing. In 2000, the building was re-opened for air-conditioning, heating and utilities instruction. (Photo by: Senior Airman Christina Bozeman) Please visit www.dobbins.afrc.af.mil for more photos.

Ghostly encounters on Dobbins

By Senior Airman Christina Bozeman
94th Airlift Wing Public Affairs

Sounds of squealing, screeches, howls and garbled voices are nothing new to Master Sgt. Jeff Welch's ears. He's worked in HV-AC Utilities building 452 for more than 10 years. Where Welch, a Water Fuel System Maintenance supervisor/instructor here on Dobbins, works and teaches heating, air conditioning and utilities classes, unusual noises and activities literally come with the territory. In building 452, there seems to be a student that never leaves and is eager to be heard and noticed.

Before building 452 was classrooms and offices, it was used for base housing. To the best of Welch's knowledge and from research, the house was built in the 1960's. Classes started being taught in the old house in 2000. The structure of the house is original and remains untouched and in one substantial way. When Welch appears to be working in the building alone, he isn't. A ghost that he has dubbed the "haint" roams the hallways of the house. A haint is a southern term for spirit or a ghost, which is knowledge Welch gained from his grandmother. After a few weeks of working in the building, he noticed the

noises and strange occurrences. "It's a constant," Welch said. "You never know what will trigger it."

It's believed that the ghost is a child that died in the house. It's rumored that the child died while in great pain; whether the pain was from disease or inflicted upon by another force remains a mystery.

"When it's very quiet and still, you can hear it best," Welch revealed. "Some of the growls are long and low."

Besides the usual screeching and disembodied voices, the ghost likes to do a little redecorating at night when everyone is gone. There are many instances where Welch recounts he would come into work and find his paperwork, pens and pencils strewn over his desk—not in the neat, ordered stacks where he'd left them the previous evening.

"There are times when the doors will be opened and the chairs turned around," explained Welch. "Even the blinds will be drawn all the way up on occasion, and they are always kept down."

On one account, a former co-worker thought he heard Welch calling to him, "Come back," but with only the two of them in the office, it was not Welch who

spoke the words. The hallway of the house is where the haint roams most. Welch says his office will be the usual 72 degrees or so, while, on occasion, the portion of the hallway right outside of his office will be much chillier. "As soon as you cross the threshold, the temperature is drastically different," reports Welch. "We're utilities, so we know about A/C and the ducts in the house." Master Sgt. Marc Mood, Utilities Instructor, has been working in the same office as Welch for two and a half years. Mood, who doesn't believe in ghosts or the supernatural, has also heard strange noises.

"Even when there is no wind, I hear sounds like somebody is whaling or whistling," Mood said. "I hear it all the time." While it could just be the wind, it's believed that there is more to 452 than being an old drafty house. But with Welch's credible accounts, how can all the instances be dismissed? The building's history is uncertain and despite the believers or naysayers, one constant remains. Something or someone is there and trying to communicate.

"It took some time for the comfort level to rise" Welch professed. "I'm not a person that's skeptical, and I do believe that there are spirits out here still."

Wing rejoins AMC after ten years as C-130 schoolhouse

By Senior Airman Spencer Gallien
94th Airlift Wing Public Affairs

The 94th Airlift Wing is set to reconnect with its past as it prepares to rejoin Air Mobility Command for the first time since 2001 on Oct. 1.

For the past 10 years, the wing has been a part of Air Education and Training Command with a primary mission to train active duty, guard and reserve component aircrews in the C-130 tactical mission.

The transition from AETC to AMC will most significantly impact the operations and maintenance groups, while to a lesser extent, impacting units within the mission support group.

“We will go from having a heavily-tasked, day-to-day mission training fully-capable C-130 aircrews to an operational mission where we are preparing to deploy to war,” said Col. Steven R. Clayton, 94th Operations Group commander. “We’ve joined the military to fight our nation’s war, and by joining AMC, we will have a more direct way to do that.”

As part of the transition, approximately 150 Airmen from the 94 AW have already been tasked to deploy to U.S. Central Command’s area of responsibility.

“We’ve already almost filled every slot on the DRMD (deployed requirements manning document) with volunteers,” Clayton said. “I’m proud of the way our Airmen have stepped

up to volunteer.”

Senior Master Sgt. Clarence Hester, Logistics Readiness Squadron superintendent, insists that the conversion to an AMC combat mission will mean more taskings for wing members.

“Previously under the AETC training mission, our taskings were mainly individual volunteer deployments,” said Hester. “Under AMC, we will see more mass deployments, especially in the maintenance, operations and logistics functional areas. The Ops tempo should increase significantly because our aircraft will now be aligned in the Air Expeditionary Force rotation along with personnel required to maintain and fly the aircraft.”

Colonel Clayton pointed out that it’s not just our Airmen that are affected by this change, but their families and loved ones, too.

“Our Airmen need to think about their families,” added Clayton. “They prepare for this kind of mission; our Airmen are ready, but their families are not used to deployments. Our Airmen must take care of and explain this to their families.”

One of the most difficult areas of the transition was how to handle the full-time employees who would no longer have jobs after the transition.

“We’ve been posturing ourselves for quite a long time to minimize the effects of lost jobs,” said Clayton. “We’ve either found new jobs for them

on base or allowed employees to leave in order to accept new jobs elsewhere.”

Although many full-time employees relocated as part of the move, overall the numbers of traditional reservist jobs will increase.

With joining AMC, comes Operational Readiness Inspections (ORIs), deploying for Air Expeditionary Force buckets and new forms of stress for Airmen.

“We currently have 17 units, only four are currently AMC gained,” said Hester. As of Oct. 1, all of our units will become AMC gained, which means one ORI instead of two, as we’ve had to do during the past several years.”

“We have a series of deployment personnel and cargo exercises scheduled to get the wing prepared to deploy and pass our AMC ORI in 2014,” added Hester. “One key element to help ensure we are successful during the ORI is for the wing to shift from a training, to a combat wing mindset.”

Col. Tim Tarchick, 94th Airlift Wing commander, is positive that the Airmen at Dobbins Air Reserve Base are prepared for the change.

“We have some of the finest Airmen in the Air Force Reserve Command here,” said Tarchick. “There will be more deployments and inspections to prepare for, but I know that our Airmen are ready for the challenge and look forward to it. As the philosophy of NASA states, failure is not an option.”

A loadmaster from the 700th Airlift Squadron here directs a C-130 as it lands after a training flight. The 94th Airlift Wing will transition from Air Education and Training Command to an Air Mobility Command combat mission Oct. 1., increasing number of Air Force Reservists, Operational Readiness Inspections (ORIs) and deployment opportunities. (Photo by: Don Peek)

Farris takes command of 22nd Air Force

By Lt. Col. Chad E. Gibson
22nd Air Force Public Affairs

Maj. Gen. Wallace "Wade" Farris assumed command of the 22nd Air Force in a ceremony here today with Lt. Gen. Charles E. Stenner, commander of the Air Force Reserve Command presiding.

Farris replaced Maj. Gen. James T. Rubeor, who will now serve as Special Assistant to the Commander, North American Aerospace Defense Command and United States Northern Command for Reserve Matters, Headquarters United States Northern Command, Peterson Air Force Base, Colo.

"The 22nd Air Force, based on a lot of hard work by Jim Rubeor, is going to be focused on the operational aspects and the readiness of this command," said Stenner. "Jim has done a great job. This numbered Air Force's capability is ready for the future... it has been characterized by change, a high-ops tempo and an evolution into an operationally-focused piece for the warfighter."

Prior to the formal change of command ceremony, Stenner awarded the Meritorious Civilian Service Award to Rubeor.

"It has been a joy, a pleasure and a privilege to serve with all of you," Rubeor said as he addressed the crowd of more

than 400 including many of the commanders and senior leaders from all of the 22nd Air Force units.

Families, friends and Citizen Airmen watched as General Farris, who previously served as the Director, Air, Space and Information Operations, Air Force Reserve Command, Robins Air Force Base, Ga., accepted the unit flag from Stenner, a tradition symbolizing the formal change of command.

"My wife, Kim, and I are excited about this job and excited about being a part of the reserve family here," said Farris. "We've spent about 20 years of my career in 22nd Air Force, so I may be little prejudiced, but I think 22nd is the premiere numbered Air Force."

Farris also wanted 22 AF members to know he is accessible and people-focused.

"My door will never be closed," said Farris.

Maj. Gen. James Bankers and Maj. Gen. Martin Mazick, both former commanders of 22 AF in the days after 9/11 were among those in attendance a day before the 10-year anniversary of the attacks.

The 22nd AF was one of the first in the war effort after the attacks and continues to play a critical role in the war. On any given day, approximately 5,000 Air Force Reservists serve in the United States, Af-

ghanistan, Iraq and other locations around the world.

Though it will continue providing combat forces to the warfighter, the 22nd AF will also face some changes in the next year. Air Force Reserve officials recently announced plans to streamline and restructure the 22 AF and other Numbered Air Forces by fiscal year 2012.

"Change is never easy, but we have to do it right and we have to take care of our people," Farris said, "My job will be to make sure that happens and to remove as much uncertainty about the process -- the end result is a leaner, more efficient organization."

The 22 AF, located at Dobbins Air Reserve Base in Marietta, Ga., currently has more than 27,000 reservists assigned to 14 wings in 19 states and 130 aircraft assigned. It also includes 24 flying units and 191 support units.

As commander, Farris understands the high-paced tempo at which the units of the 22 AF are operating and knows too well the affect it can have on the warfighter's their families and the community.

"My goal is always families, people and safety first," said Farris. "I have found if you take care of your people and their families, the mission takes care of itself."



Maj. Gen. Wallace W. "Wade" Farris Jr. addresses members of the 22nd Air Force during his change of command ceremony in Sept. General Farris accepted his new assignment as commander of the 22nd Air Force from Lt. Gen. Charles E. Stenner Jr., chief of Air Force Reserve, Headquarters United States Air Force, Washington, D.C., and commander, Air Force Reserve Command, Robins Air Force Base, Ga. "My goal is always families, people and safety first," said Farris. "I have found if you take care of your people and their families, the mission takes care of itself." The 22 AF, located at Dobbins Air Reserve Base in Marietta, Ga., currently has more than 27,000 reservists assigned to 14 wings in 19 states and 130 aircraft assigned. It also includes 24 flying units and 191 support units.

Photo by: Don Peek

Exercise physiologist holds fit-camp

By Senior Airman Danielle Purnell

94th Airlift Wing Public Affairs

Eleven Airmen raced the clock after being challenged to run two laps in three to five minutes.

Their faces grimaced as they paced down the final stretch. The breeze of the upcoming fall lightly pushed them forward. Their sun appeared like a spotlight, following the group as it set in its place.

"4:41, 4:45, 4:51," John Mikula, 94th Airlift Wing exercise physiologist and fitness assessment cell coordinator called out as the final fit-camp members finished the run.

Participants could barely hear Mikula because their hearts seemed to beat outside of their chests while they worked to catch their breath.

The wind carried his voice through the atmosphere.

"Excellent job -- grab a drink of water and we'll head toward the gauntlet," he said to the fit-camp participants who were weary of what was in store for them.

He pointed to the same turf the group had done warm-up exercises on just a few minutes earlier.

The turf was set-up like an obstacle course. Twelve circuit exercises were set up for endurance and strength training including a push-up and sit-up section as well as a set of ten pound weights.

"You will get a chance to try most of these," said Mikula. "For now, you will choose four."

Each fit-camp member got in place in front of one of the challenges. One person started at the soccer ball dribble, another started at the balance exercise.

Some of the participants laughed together after they began because they were sur-



Photo by Airman 1st Class Chelsea Smith

Members from Dobbins perform warm-up stretches in preparation for fit camp held at the running track here in September. The boot-camp type training is conducted for Dobbins servicemembers during the week rotating between aerobic and anaerobic exercises.



Photo by Airman 1st Class Chelsea Smith

prised at how challenging the exercises were.

Mikula's whistle blew, indicating 60 seconds had passed and that it was time to rotate.

Lt. Col. David Rodberg, member of the 94th AW Aero-medical Evacuation Squadron transitioned from a tire-lift exercise where he lifted the weight over his head, which

depended on muscles from his legs to a weight training exercise using bands.

"This really makes a difference," Colonel Rodberg said. "Fitness is where the Air Force's emphasis is right now and because of this training I feel I am continuously 'Fit to Fight'."

As the four minutes expired,

the group took another water break.

"You all did so well that I have a reward for you," Mikula said as he started his stop watch and readied the group for a quarter-mile run, which would be followed by two more minutes of circuit exercises.

Some fit-camp members held their waists while others rested their hands over their heads. Many lined up at the water fountain or gathered around their personal water bottles.

"Right now you would be about half-way through with Fit to Fight," he said. "You are making deposits into your fitness account and you never know when you will need to make a future withdrawal like during Fit to Fight or during a deployment."

The group ran a final quarter mile at interval speeds and returned to the turf for the last set of circuits.

"I'm going to push you," said Mikula. "But the most rewarding feeling is to watch fit-camp members cross the finish line during Fit to Fight and to hear them say they scored exceedingly high."

When John Mikula came to Dobbins Air Reserve Base earlier this year he stated he would be committed to training smart, training frequently, training with intensity and training with a purpose. Conducting fit-camps twice a week was a tangible part of that commitment.

Fit-camps are conducted every Wednesday and Thursday at 8:30 a.m.

Fitness assessments are also conducted every weekday at 8:00 a.m. with the exception of Wednesdays when the assessment is conducted at 10:00 a.m.



Surviving breast cancer: a true story

By **Stephanie Flowers**
94th Security Forces Squadron

My name is Stephanie Flowers and I am a breast cancer survivor.

When I was 33 years old, I felt a lump in my left breast one evening while playing with my son. He bumped the back of his head against my breast while swinging his head backwards, and I felt a dull ache. I touched it, and I could not believe that I felt something foreign and so hard in my body.

My intuition told me that this was not a good sign, and the thought started going through my mind, "Could it be cancer?" I knew it was not suppose to be there, but it was.

The next day I called my mother and told her what I had discovered. I made an appointment with the doctor to have a breast examination and mammogram.

Initially, the doctor insisted that everything was alright, there was no need for a mammogram and that I was too young to have breast cancer. She felt certain by doing a hand exam that it was just a cyst.

I insisted on a mammogram, and threatened to get off the table and go elsewhere

for a test. The doctor reluctantly placed an order for me to see a mammogram specialist.

After getting a mammogram test done, the specialist found two large masses in my left breast. A biopsy was done, and I waited for two days for the results.

The mammogram specialist called me with the results of my test. After a lot of small talk, wishing she had better news to share, my biopsy confirmed that I had two cancerous tumors in my breast and to find an Oncologist and Radiologist as quickly as I can. She advised me not to procrastinate. The news was the worst thing I had ever heard in my life. Like many people, I never thought this could happen to me. Even worst, I was at work, and not at home, when I got the call.

I called my mother immediately after hanging up with the doctor, and told her the news, and then I cried for 15 minutes or more in the office parking lot. Thoughts started going through my mind like, "What stage is my cancer in? Am I going to die? I just bought my house! Who's going to take care of my son?"

Afterwards, I had a Computerized Axial Tomography (CAT) scan done, and

found that my tumors were in stage two, in which patients usually has an 88 percent survival rate. I was able to catch it in time and had the tumors removed through surgery, chemotherapy, and radiation. Taking these steps saved my life.

Breast cancer awareness month is very important to women of all ages. Preventing breast cancer can be as simple as performing breast exams monthly. If you do detect an unusual lump, change in skin texture or color, please have a mammogram done.

We are celebrating 25 years of awareness, education and empowerment!

NOTE:

Breast cancer is a disease which malignant (cancer) cells form in the tissues of the breast. One of the earliest signs of breast cancer can be an abnormality that shows up on a mammogram before it can be felt. The most common signs of breast cancer are a lump in the breast; abnormal thickening of the breast; or a change in the shape or color of the breast.

While October is recognized as National Breast Cancer Awareness Month, www.NBCAM.org is a year-round resource for breast cancer patients, survivors, caregivers, and the general public.

Dobbins contributes to 5.7 million pounds of donated food

By **Army Sgt. 1st Class Tyrone C. Marshall, Jr.**
American Forces Press Service

The Department of Defense led all federal agencies in exceeding the philanthropic goals of this year's "Feds Feed Families" food drive campaign, which ran this summer.

The U.S. Office of Personnel Management and the Chief Human Capital Officers Council announced in a press release that DoD led 40 government agencies, donating 2,004,613 pounds of a total 5,793,446 pounds of nonperishable food items to feed children, senior citizens and families.

"Feds Feed Families was a resounding success," said John Berry, the director of OPM. "This year's goal was 2 million pounds and federal employees opened up their hearts to deliver an astounding record total of food items and other essentials."

Members at Dobbins Air Reserve Base donated 600 pounds of non-perishable items during the summer months. MUST Ministries, a non-profit organization aimed at ending poverty and homelessness, picked up the donations in September.

"The food donated by our Airmen will hopefully relieve less fortunate families of some

of the stress and conflict that may arise during hard times," said Staff Sgt. Dalia G. Nesmith, 94th Airlift Wing equal opportunity specialist and member of the Dobbins Human Resource Development Council.

According to OPM officials, the Agriculture Department followed, donating 1,791,393 pounds of food. Other federal agencies combined to donate 1,997,440 pounds of food.

The annual federal food campaign is a direct response to the United We Serve Act that President Barack Obama signed in April 2009, according to a press release from the

Office of the Deputy Secretary of Defense.

During the past three years, OPM officials said the food drive's results have increased exponentially. In its first year, federal employees donated 1 million pounds of nonperishable food items, and in 2010, federal employees donated 1.7 million pounds.

"The message this sends to our members is the resounding power of a selfless act," said Nesmith. "This reinforces our second core value, Service Before Self, and further strengthens Air Force pride. Serving our country is also reflected in how we serve our immediate community."



Wing offers free fitness class

The 94th Airlift Wing offers members a chance to have fun and get fit during “Bootcamp with a Purpose,” a free, fast-paced fitness class that combines elements of cardio, toning and core strengthening to provide an physical conditioning. The class is instructed by Toby Silverman of L.A. Fitness, Oct. 1, 4:30 to 5:30 p.m. at the base gym. For more information, contact Master Sgt. Lena Tamplin, wing fitness manager at (678) 655-3378.

Conversational Bible Study

Every Unit Training Assembly Saturday, a Conversational Bible Study will be held at building 838 (chaplains office) from 11:30 a.m. to 12:15 p.m. The study will include light snacks; however, attendees must bring their own lunch.

Welcome newcomers

Lt. Col. Diana Echols
 Maj. George Dorsey
 Maj. Joseph Janik
 Maj. John Spero
 Maj. Matthew Wadd
 Capt. Byron Arceneaux
 2nd Lt. Benjamin Bullock
 Master Sgt. Shane MacDonald
 Tech Sgt. Andrea Brown
 Tech Sgt. Timothy Cole
 Tech Sgt. Karly Derosena
 Tech Sgt. Jacob Lavender
 Staff Sgt. Taaeast Alexander
 Staff Sgt. Jesse Barnes
 Staff Sgt. Ural Edwards
 Staff Sgt. Candice Johnson
 Staff Sgt. Candice Little
 Staff Sgt. Melissa McCormick
 Staff Sgt. Akil Sanders
 Staff Sgt. Lakeisha Tapplin
 Senior Airman Michael Berryhill
 Senior Airman Dijon Cousins
 Senior Airman Peter Elefante
 Senior Airman Daniel Matthews
 Senior Airman Damon Pierce
 Senior Airman Justin Potter

Senior Airman Antione Stallings
 Senior Airman Shawn Thomas
 Airman 1st Class Laura Byers
 Airman 1st Class Jamanda Goddard
 Airman 1st Class Zeni Jones
 Airman 1st Class Sakyla Joseph
 Airman 1st Class Stephanie Luckett
 Airman 1st Class Tiffany McGregor
 Airman 1st Class Timothy Ousley
 Airman Basic Jayro Rendon
 Airman Brett Vrtachnik
 Airman Basic Deondre Dupree
 Airman Basic Demarco Mack
 Airman Basic Diane Piedrahita
 Airman Basic Donovan Williamson

Retirements

Lt. Col. Teresa Ayres
 Master Sgt. Bruce See
 Master Sgt. Paul Lewis

Spotted: copperhead on Dobbins

A runner spotted a copperhead snake near the running trail behind the Air Force gym recently. The copperhead is one of three venomous snakes found in North Georgia and is the most commonly encountered. Linda May, environmental outreach coordinator for the Georgia Department of Natural Resources, states copperheads are fairly common to run into if you're outside a lot, and around brushy areas. There have been no confirmed venomous snake bites on Dobbins according to one source who has worked on Dobbins since the late 1970's. So what do you do if you are one of the lucky ones who spot a copperhead? The best course of action is to, simply, leave the snake alone. According to North Carolina State University, almost 80 percent of snake bites happen when someone is trying to capture or kill the snake. Staying away is safer than trying to whack at it and you have a greater chance of being bitten on your forearm if you try to kill it. May also pointed out it's against state laws to kill a non-venomous snake. If given the opportunity, snakes usually escape on their own - down a hole, under a ledge, or in the case of cottonmouth snakes, into the water. If by chance you are bitten by a snake, May says the best thing to do is immediately get to a hospital.

October is National Energy Awareness Month

Did you know that the Air Force is the largest consumer of energy in the Federal Government? Every year we spend about \$1 billion just for the energy it takes to run our facilities. If we meet our annual goal of saving 3% of that energy we will have saved \$30 million! It is up to every one of us to change our culture and reduce consumption to support the Department of Defense and Presidential directives to increase our energy independence. The 2011 Energy Awareness Month theme is: “Turn Words into Action-Turn Action into Results.” Wise energy attitudes, behaviors, and organizational decisions ensure results. Take time to review your daily routine to conserve energy and empower others to take action. Join together to save energy and money. Here are 5 things we can all do now to help secure a clean energy future at work and at home:

1. Choose Energy Star appliances and rated office equipment.
2. Make the switch to compact fluorescents
3. Set back thermostats. This alone can save up to 25% of our heating and cooling costs.
4. Turn off lights, computer monitors and printers when not in use.
5. Slay the energy vampire. Flip the switch on the power strips and unplug unused wall chargers.



What's this on the homepage?

Let the news come to YOU! Stay up-to-date on the latest news stories here and around the Air Force Reserve simply by subscribing to the RSS feed located on the Dobbins ARB homepage. You can locate these links within the **Headlines**, **AFRC headlines and Features** tab on the left-hand side of the homepage. Be informed and know what's happening on your base!

NEWS BRIEFS



ESGR partnership provides servicemembers with employment opportunities

The Employer Support of the Guard and Reserve (ESGR), an organization whose vision is to develop and promote a culture in which employers support and value the military service of their employees, is partnering with the Employer Partnership of the Armed Forces (EPAF) to provide hiring employers with the ability to post available jobs and for servicemembers to post resumes, search for jobs, and make a connection with potential employers through www.EmployerPartnership.org. Ampian Staffing is a partner actively seeking staffing. They specialize in the medical and IT fields and have jobs all across the nation. Ampian Staffing www.ampianstaffing.com is specifically looking for Certified Hand Therapist Physical Therapists Occupational Therapists, Speech Language Pathologists Certified Occupational Therapist Assistants and Physical Therapist Assistants. They have 70 vacant positions nationwide, including many that offer bonuses and relocation packages, staffing consultant, Ampian Staffing, Inc. Interested candidates can contact Justin Robertson at Monday through Friday, 9 a.m. to 5 p.m. at 1-877-229-6996, extension 2007, or via e-mail at justin@ampianstaffing.com.

Change of command for 94th MXG/CC

Lt. Col. Augie Casado, deputy commander, 94th Airlift Wing Maintenance Group assumed command of the 94 MXG Sept. 25. The former commander, Col. Patrick Webb, assumed command the 419th Maintenance Group at Hill Air Force Base, Utah. A change of command ceremony is scheduled for Oct. 2, 1 p.m. at Verhulst Hall.

Congressman visits Dobbins

Col. Tim Tarchick, 94th Airlift Wing commander and Maj. Gen. Wallace Farris, 22nd Air Force Commander, hosted Congressman Tom Price, Sixth Congressional District of Georgia, Sept. 29. The congressman toured the new base Air Traffic Control Tower and the base gymnasium.

Falcon Flyer submission deadline

The deadline for submissions to the Falcon Flyer is the 15th of the month prior to the following month's issue. Public Affairs welcomes articles and photos for the base website, www.dobbins.afrc.af.mil as well. For more information call the editor at (678) 655-5005 or e-mail the PA office at 94aw.pav3@us.af.mil.

CHAPLAIN'S CORNER



Greetings from the wing chapel staff

*By William Ferrell
94th Airlift Wing Chaplain Office*

The chapel staff represents one leg of the base professional triad. The other two are legal (JAG) and medical personnel.

We not concerned with how religious our wing members are, but that they have the freedom, in virtually any setting, to exercise their religious preferences.

Our presence in our military culture affirms our nation's commitment to religious freedom, as well as the importance of discerning the ultimate value of what we are about in every aspect of our life and work.

An Air Force chaplain is a minister, priest or rabbi in the "blue suit" or Airman battle uniforms, as the mission requires, ministering to military personnel and their families wherever they are.

A chaplain represents his or her own religious denomination while also providing for the needs of others in the Air Force family. Notice that your chaplains are trained professionals.

One day a young man asked me, "How long is the tech school for a chaplain?"

"Nine years," I replied. "I'm sorry, chaplain, I thought you said 9 years," he said. I replied again, "I did. There are four years of college, three years of seminary, and at least two years of ministerial experience."

Many people do not realize that the chaplain is the only Air Force officer that wears two hats. By this I mean we are responsible to two authorities.

Chaplains are responsible to their church or faith group and they are responsible to the military system.

Keep in mind that a chaplain cannot serve without the endorsement of the church.

It is a continual balancing act to preserve our integrity as religious professionals, and to the demands of serving as military officers.

This dialog is constant and dynamic. From it emerges the very character of the chaplain service as we stand at the convergence of society's sense of morality and commitment to self-preservation.

Ultimately, readiness is one of our main goals!

By encouraging and supporting the free exercise of religion, we help our people make sense of what is going on. Faith "binds together all of life." People with purpose are people with vision.

When you take care of people and their families, you enhance the readiness of the unit!

U.S. military chaplains are unique among chaplains in others countries. We serve in the only country where the Chaplain is responsible for everyone's religious needs. Other countries provide for the major faith group and the others are left out.

Religious observances include worship services, liturgies and rites (weddings, funerals, etc)

The wing chaplains offer several services including Catholic, field services, pastoral care, counseling, crisis intervention, visitation, religious instruction, lay training, humanitarian programs and leadership advisement on spiritual, religious, ethical, and moral issues.

You can reach your chapel staff at (678) 655-4955.



INNERview

Lisa Knight Stevens

Hometown: Lancaster, S.C.

Job title: Chief of Services

Unit: 94th Force Support Squadron

Years of service: 16.5

What does your job entail? As the chief of services, I oversee all Morale, Welfare and Recreation (MWR) activities on Dobbins ARB, to include Outdoor Recreation, the Consolidated Club, Fitness Center, all sports fields, playgrounds and pavilions, the Lakeside Community Center, FamCamp, Lodging, ITT Tickets & Travel, Marketing, Nonappropriated Funds (NAF), Human Resources, and NAF Accounting. I am also a Mortuary Affairs Officer.

What's the most rewarding part of your job? I absolutely love what I do! I can't imagine doing anything else! The best part is seeing smiles on our customers faces.

What is the most difficult part? We work a lot of hours, but what we do is truly fun! I tell my team, "we are the fun patrol for Dobbins. It is our job to give this community good, quality programs to enjoy in their free time. As far as I am concerned, there is no better job!

Are you married? Yes. My husband, Bobby Stevens, is also a career Services civilian. He is the Community Support Flight Chief in Force Support at Laughlin Air Force Base, Texas.

Do you have any children? I have two daughters, Sarah Catherine, 12 and Meredith, eight. I also have two dogs and two guinea pigs... do they count?

What do you do for recreation? Read, hang out with my daughters, play Scrabble online and bake cupcakes. I've recently started playing Cornhole. I'm a bit addicted to that game.

What advice would you give an individual looking at becoming a manager of a department or squadron?

You have to be willing to get in with your people and do the hard work. It takes everyone on the team to make it work. You have to be open to new ideas and constantly keep up with trends in the industry.

Where were some of your previous assignments?

What did you enjoy about them? I've served at Shaw Air Force Base, S.C., Spangdahlem Air Base, Germany, Yokota Air Base, Japan and Randolph AFB, Texas. Our friends, both American and German, were like family to us. Yokota was also an amazing tour because everything clicked just right. I was so lucky to have the right leadership and team that allowed us to really pull together and accomplish some amazing things. It was very high energy and sometimes exhausting, but absolutely the most rewarding time of my career.

What was the "must see" movie for you this summer?

Cars 2, because my 8 year old wanted to see it and we are huge fans of Larry the Cable Guy!

If you would like to nominate someone for the INNERview, please e-mail the editor at 94aw.pav3@us.af.mil or call Public Affairs at (678) 655-5055.