



INNER *view*

Staff Sgt. Elisha Bowers

Hometown: Decatur, Ga.

Years in service: 8

Job title: NCOIC Personnel at the 94th Civil Engineer Squadron

Civilian occupation: Assistant Chief of Customer Service, 94th Mission Support Squadron

What is the best part of your job? "The people I work with. I have a great supervisor. In the military you really learn to work well with others."

What is the most challenging thing about your job? "In customer service you really have to work with people who have different personalities and attitudes. Being able to serve them and make it through the day can sometimes be a challenge."

What is your favorite movie? "Norbit. I love that movie. I'm more of a comedy person and Eddie Murphy is so funny. I watched that movie almost every day."

Any hobbies? "I love spending time with my kids, but to relax I go shopping. My favorite store is Bebe's. Can't forget the clubs. I love clubbin'."

What's your greatest fear? "I'm afraid of heights. I can't even get on a ladder. It's crazy for a tall person, I guess that could be an issue. I hate the

water. I can't be around it or underwater. So I guess that's more than one."

Have you gotten away with anything lately? "No, not that I remember."
(Big Chesire Cat grin)

How has being a reservist in the Air Force changed your life? "I've learned a lot, skill wise. I've become more outspoken, gained more responsibility and developed character."

What is life's greatest joy? "My kids, Monta is 5 and Angel is 2. They tear things up, but it is great to see them so active and they love each other. They have to do everything together. They have a really strong bond."

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EXERCISES

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Minuteman

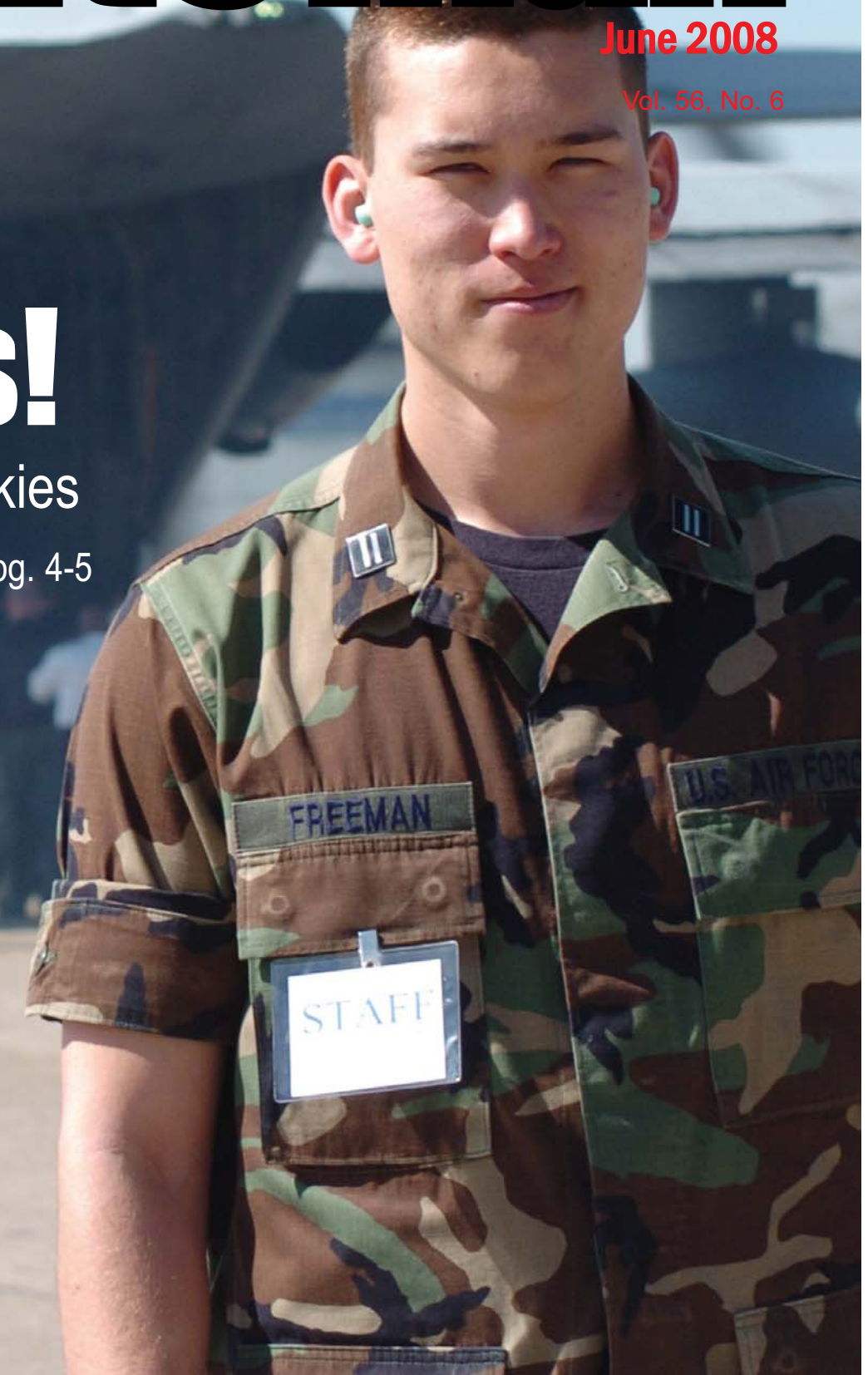
MONTHLY

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Success!

Students take to the skies for annual orientation pg. 4-5



Cover photo

Reserve Officer Training Corps cadet volunteer Charlton Freeman, also a member of the Mission Support Group, returns from escorting a group of students on an orientation flight. (Air Force photo/Don Peek)

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Submission deadline for the July issue is June 8. Articles should be submitted electronically to the 94th Airlift Wing Public Affairs office. The email address is 94AW.PAV3@dobbins.af.mil. For more information, contact public affairs at 678-655-5055. This funded Air Force newspaper is an authorized publication for members of the U.S. military services. Contents of the *Minuteman* are not necessarily official views of, or endorsed by, the U.S. Government or the Department of the Air Force. Editorial content is edited, prepared and provided by the 94th Airlift Wing Public Affairs office. All photos are Air Force photos, unless otherwise indicated.

Reservists! Take this cutout to your employers and give them a chance to pledge their support to the **Guard and Reserve**. If your employer is interested in signing this, please call Jawana Latimer at 678-569-6455 for more information about the program.

We recognize the National Guard and Reserve are essential to the strength of our nation and the well being of our communities.



In the highest American tradition, the patriotic men and women of the Guard and Reserve serve voluntarily in an honorable and vital profession. They train to respond to their community and their country in time of need. They deserve the support of every segment of our society.

If these volunteer forces are to continue to serve the nation, increased public understanding is required of the essential role of the Guard and Reserve in preserving our national security. **Therefore, we join other employers with compliance of the Uniformed Services Employment and Reemployment Rights Act (USERRA):**

1. Employment will not be denied because of service in the Guard or Reserve;
2. Employee job and career opportunities will not be limited or reduced because of service in the Guard and Reserve;
3. Employees will be granted leaves of absence for military service in the Guard and Reserve, consistent with existing laws; and
4. This agreement and its resultant policies will be made known throughout our organization.

Employer Information (Please Print Clearly)

Employer Name: _____

Name: _____ Title: _____

Street Address: _____

City: _____ State: _____ Zip: _____

Telephone: _____

Date: _____

Number of Guard and Reserve Employees in your organization: _____

Visit the Services link on the web at www.dobbins.afrc.af.mil

From staff reports and news service



Updating AtHoc information

Log in on a computer connected to the 94th Airlift Wing's network. In the lower right hand corner of the screen, next to the clock in the "quick launch" portion of the taskbar there will be a purple globe.

With your mouse, right click on the purple globe and select "Update my contact details." Here, insert or update the email address and phone numbers that can be used to contact you. Close the window.

Right-click on the purple globe icon again and select "Update civilian opt-in." Traditional reservists select the box that says "N/A, I'm a traditional reservist." Civilian employees and contractors have the option to "opt-in" or "opt-out." After making the selection, press "Submit my selection."



Jamaican Night

The Lakeside Lounge will look and sound more mellow on June 7. Starting at 4 p.m. the Lakeside Lounge will be hosting a Jamaican Jam with Reggae music, dancing, Jamaican food and fun. The event is open to all.

Prime Rib

Services' Consolidated Club will host another prime rib buffet on June 27 at 6 p.m. The cost is \$13.95 for members and \$15.95 for non-members. Anyone who is interested should contact the club for reservations at 770-427-5551.

Golf tourney

The third annual Consolodated Club member/guest golf tournament will be held July 7. Tee time is 8:30 a.m. To sign up or learn more, call Jerry Marshall at 678-655-4594.



Corn and Sausage Roast coming

It's the time of year to enjoy a summer cook-out; food, fellowship and the great Georgia weather outdoors. All of this and more can be had right here on Dobbins. How? Buy a ticket and attend the 5th Annual Corn N' Sausage Roast, planned for July 16 from 11 a.m. to 1 p.m. This event is a "repeat performance" requested by many at Dobbins. There is a limited amount of tickets available and anyone interested should call Ron Durant at 678-655-4434 if they are interested in purchasing or selling tickets.

Last year's event raised \$2,000 and all proceeds went to the 94th Family Readiness Emergency Fund. The funds are dispersed to our Dobbins family, in their time of need, and fills the void where there isn't another agency to assist them. In addition to good food and fellowship, attendees are eligible for door prizes and "the price is right" on many donated, unique one-of-a-kind handmade items. Cash is accepted when purchasing items.

New arrivals, new ranks

Promotions

| | | |
|-------------------------------|---------------------------|-------------------------|
| Senior Master Sergeant | Technical Sergeant | James M. Miller |
| Jonell Bosket | Jasper C. Howard | Senior Airman |
| Timothy M. Edwards | Randolph P. Kent | Daniel T. Hadder |
| Brian T. Wilson | Steven Reynolds | Airman 1st Class |
| Master Sergeant | Jamie Weaver | Adrius M. Odom |
| John P. Batiste | Staff Sergeant | Cynthia D. Smith |
| Gary W. Ramey | Jorge A. Alago | |

Newcomers

| | |
|---------------------------------------|--------------------------------------|
| Maj. John B. Puet | Master Sgt. Sherice L. Storall |
| Maj. Sherry L. Sexton | Tech. Sgt. Josephine C. Atkins-Scafe |
| Capt. Patricia J. Catanach | Tech. Sgt. Richard C. Skrzyniarz |
| Capt. Lauren B. Ramsey | Staff Sgt. Michael W. Mack |
| Senior Master Sgt. Carl O. Graap | Senior Airman Richard F. Conyers |
| Senior Master Sgt. Alexandra L. Meyer | Airman 1st Class Donald C. Hadden |
| Master Sgt. Dawn Y. Griffin | Airman Terence D. Abercrombie |
| Master Sgt. Joseph T. Simms | Airman David C. Taylor |

Check out other stories on the web at www.dobbins.afrc.af.mil



A Junior Reserve Officer Training Corps cadet takes a peek through the window during a C-130 orientation flight from Dobbins ARB April 15 and 16. More than 1,300 students participated in the event.

FIRST FLIGHT

Atlanta area JROTC cadets receive an orientation to career paths in the **Air Force Reserve** and a one of a kind lift on a military aircraft.

Story and photos by
Master Sgt. Stan Coleman
Public Affairs

There is something special about a young person's first flight, especially when that person has the unique opportunity to fly on a C-130 at Dobbins Air Reserve Base. The 94th Airlift Wing's 700th Airlift Squadron and the rest of Team Dobbins have provided and supported that first flight experience for Atlanta area Junior Reserve Officer Training Cadet high school students for more than 10 years.

"It's great to be able to sponsor events such as this. It gives JROTC students a chance to experience a day in the life of a United States Airman. For many of them, it's a glimpse into their future," said Tech. Sgt. James Branch, a member of the 94th Airlift Wing Public Affairs office and the event's organizer. "This event was a huge success. Together we processed and flew more than 1,300 students, some who never had an opportunity such as this. I think activities like this make a big contribution to the future of our Air Force."

On April 15 and 16, more than 1,300 Air Force, Army, Navy and Marine JROTC cadets experienced their first C-130 orientation flight at Dobbins. Atlanta area college Reserve Officer Training Corps cadets also volunteered their support to continue the legacy of first flight experience for metro Atlanta Area youth.

"I had time between classes and wanted to hang out and see C-130s in action," said ROTC Cadet 3rd Class Jacqueline Smith, a member of Georgia Institute of Technology's Air Force ROTC Detachment 165. "It's interesting and fun to interact with JROTC cadets. I don't have this opportunity that often." "I enjoy sharing my job experi-

ences with cadets and having an influence on their decision to serve in the military," said Tech. Sgt. Jason Wade, 94th Aeromedical Staging Squadron medical technician. "Our mission is not all combat-related. It's taking care of the sick and injured and providing support for humanitarian missions."

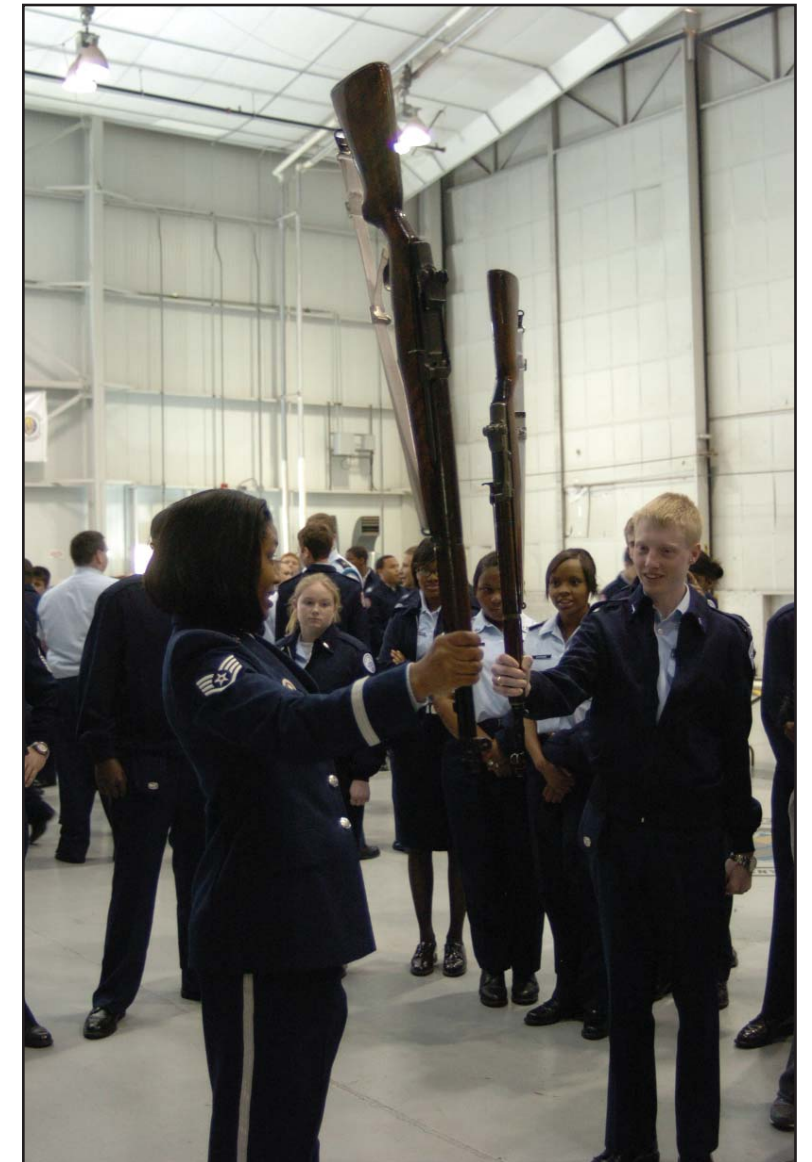
In addition to flying on the C-130, the students enjoyed the opportunity of interacting with members of Team Dobbins. They had an opportunity to get a hands-on look at the specialized equipment of the Security Forces Squadron, Honor Guard, Emergency Management Flight, Aerial Port Squadron and the Aeromedical Evacuation Squadron.

Members of the 94th AW Honor Guard provided demonstrations and instructions on flag folding and drill and ceremony. Members of the 80th Aerial Port Squadron provided a display and explained how cargo is prepared for an airdrop. The Security Forces Squadron had weapons like: M-9s, M-16s, M-240s, M-203s, shotguns and batons on display.

The 94th Recruiting Squadron also provided informational handouts and talked to the cadets on opportunities within the Air Force Reserve. "This is a huge experience for us," said JROTC Cadet Airman 1st Class Brandon Conkel, of Cherokee High School.

"My coaching from the honor guard taught me to keep the rifle close and more steady," said JROTC 1st Lt. Austin Price of Carolina High School and Academy in Greenville, S.C., "I look forward to making the Air Force a career."

Cadet Price aspires to become an Air Force pilot after college. Maybe someday he'll have the opportunity to provide a young cadet with his or her first flight.



A cadet gets some hands on training in drill work from a member of the 94th Airlift Wing Honor Guard.



Above, Kennesaw State Reserve Officer Training Corps Cadet Charlton Freeman counts the number of high schoolers bound for a waiting C-130. College cadets volunteered to lend a hand. Right, a JROTC instructor checks in his students with recruiting specialist Samara Gapud before entering the pre-flight briefing area.



Recruiters get a chance to share career opportunities with more than 1,000 students during the orientation.

New LRS commander Maj. Afful takes helm

By Master Sgt. P.N. Brown
Public Affairs

Maj. Christopher Afful stepped up to take the helm of the 94th Logistics Readiness Squadron. The former LRS squadron operations officer assumed command of the unit after 12 years of active service with the Air Force and three years in the Reserve.

The Atlanta native added squadron commander to his military biography, which includes roles as the training officer for the 355th Wing command post at Davis-Monthan Air Force Base, Ariz., early in his career and as the chief of contingency plans and combat operations, 16th Air Force, Aviano Air Base, Italy.

Commissioned a 2nd lieutenant as a Reserve Officer Training Candidate from Iowa State University in 1994, Major Afful graduated with a degree in aerospace engineering and wanted to be a pilot, but after one taste of the logistics world when he entered the career field he was hooked. He wanted to see the world and experience all the new things there were to offer with the travel. And travel he did, going from the west coast to Hawaii and Italy too.

During his career Maj. Afful has added such noted accomplishments as 1997 Emergency Action Officer of the Year for Air Combat Command and also the Company Grade Officer of the Year for the 355th Wing Staff at Davis-Monthan AFB. He took the same category in 2001 at 16th AF in Aviano.

"My plan for the LRS is to take what is already a very good unit to the next level. We will accomplish this through preparation for the Operational Readiness Inspection/Unit Compliance Inspection and future deployments, with the goal of providing the best in supply chain management to the Airmen, Soldiers, Sailors and Marines deployed to the Area Of Responsibility," said the father of three, who has big plans for the unit. "The LRS manages every aspect of providing for the war fighter's needs...from deployment to distribution, resupply and redeployment. As the military piece of U.S. foreign policy, one cannot be effective unless he or she can project and sustain forces to anywhere in the globe. This is where the men and women of the LRS come in and how



Maj. Christopher Afful, 94th Logistics Readiness Squadron commander talks with Chief Master Sgt. Wright on the deployment line. (Air Force photo/Don Peek)

we support the mission."

With the devotion he has for the Airmen of the LRS and his leadership, the unit will continue to provide transportation, supply and logistics support to more than 1,800 military and civilian personnel at Dobbins. The unit is a key piece in the base mission to provide trained C-130 pilots.

When he isn't leading the LRS Maj. Afful is enjoying his family, a wife Tumaini and three children, Anthony, 15, Christopher, 4 and True, 9 months.



In the road... In the field

Members of the 94th Airlift Wing civilian and military community practiced their lifesaving response skills during May exercises that focused on catastrophic incidents at home and abroad. The exercises are part of a larger program that ensures the wing is prepared leading up to the Operational Readiness Inspection. (U.S. Air Force photo/Don Peek.)



Self Aid and Buddy Care: Know the basics

By Tech. Sgt. James Branch
Public Affairs

Whether during an exercise or in a real life situation, you may be required to react to a medical situation and perform Self Aid and Buddy Care.

SABC is the immediate life saving measures taken in an emergency to preserve a life or limb until qualified medical personnel arrives.

SABC training is a requirement for every Airman. The training is administered through two classes. The first is online training while the second is a classroom-delivered, hands-on class.

"This training is important because medical personnel are not always around," said Staff Sgt. Jerome Brown, SABC instructor trainer, 94th Aeromedical Staging Squadron.

"A casualty could have died from loss of blood, heat exhaustion or hypothermia and a layman person should know what to do to stabilize them until medical help arrives," said Sergeant Brown.

As a player in the upcoming Operational Readiness Inspection, you may be required to perform SABC on a casualty. This is a test to show that in any given medical emergency, you are equipped with the knowledge and materials to sustain a life.

There are five basic lifesaving steps, which can be associated with the letters A, B, C, D and E. First, establish an open Airway. Second, ensure Breathing. This is the most crucial step. The victim must be breathing for you to perform the remaining steps. Third, stop bleeding to support Circulation. Next, prevent further Disability. Immobilize neck injuries, if any. Place dressings over any open wounds. Splint obvious fractures or limb deformities. Finally, minimize further Exposure to weather or other conditions.

You may have to control or treat for shock. Symptoms of shock could include confusion, sweaty but cool (clammy) skin, shallow and rapid breathing or weak and rapid pulse. Make sure you keep their airway open. If conscious, place the victim on their side in a recovery position. Keep them calm, warm and comfortable. Ensure them that everything will be taken care of. Elevate their lower extremities. Do not give them food or drink. Seek medical help immediately.

When there's obvious external bleeding, apply direct pressure to the wound with your hand or with a dressing if available. Once a dressing is applied, do NOT remove it. Elevate the limb if there are no fractures. Use

pressure points to control the bleeding. Add more dressing if needed.

A tourniquet may be used to stop the bleeding, but only as a last resort. Usage of a tourniquet can result in a loss of the limb. Place a 1-inch-wide constricting band around arm or leg to stop severe bleeding. DO NOT use wire or shoestrings. Place band 2-4 inches above the injury if possible. Tighten band enough to stop bleeding and no more. Once the tourniquet is in place, do not loosen or remove. Mark time and letter "T" on casualty's forehead.

When applying SABC to a casualty, be sure to remain vigilant and attentive to your surroundings. For example, before treating a casualty who's been exposed to a chemical agent, be sure you properly decontaminate yourself as well as the victim. Before treating a casualty of an Improvised Explosive Device (IED), make sure you identify any remaining threats in the immediate area.

"Remember, before applying SABC, always help yourself first, so you can in turn help others," said Sergeant Brown.

SABC Quiz:

SABC should be performed on a casualty:

- After qualified medical help arrives.
- Immediately. You should take the proper life saving measures to preserve a life or limb until qualified medical personnel arrives.
- 15 minutes after medical help has been notified. If medical help doesn't arrive in allotted time, perform SABC.
- It's not your job to perform SABC. Leave it up to qualified medical personnel.

Remove a tourniquet only if:

- Bleeding has stopped.
- You did not properly measure 2-4 inches above the injury.
- Never remove a tourniquet.
- You didn't mark the correct time on the casualty's forehead.

Before performing SABC you should:

- Call medical personnel
- Make sure you have clean dressings or bandages.
- Give the victim some food or water.
- Remain vigilant and check your surroundings.

answers: b, c, d

