#### Understanding ADR

DOT Center for Alternative Dispute Resolution Fern Feil Kaufman 9/26/2012

# What is Alternative Dispute Resolution?

- Process that provide alternatives to traditional mechanisms
- Do not take the place of traditional processes
- They provide alternatives to parties ready, willing, and able to try them
- Involve introducing a neutral to help the parties resolve their dispute

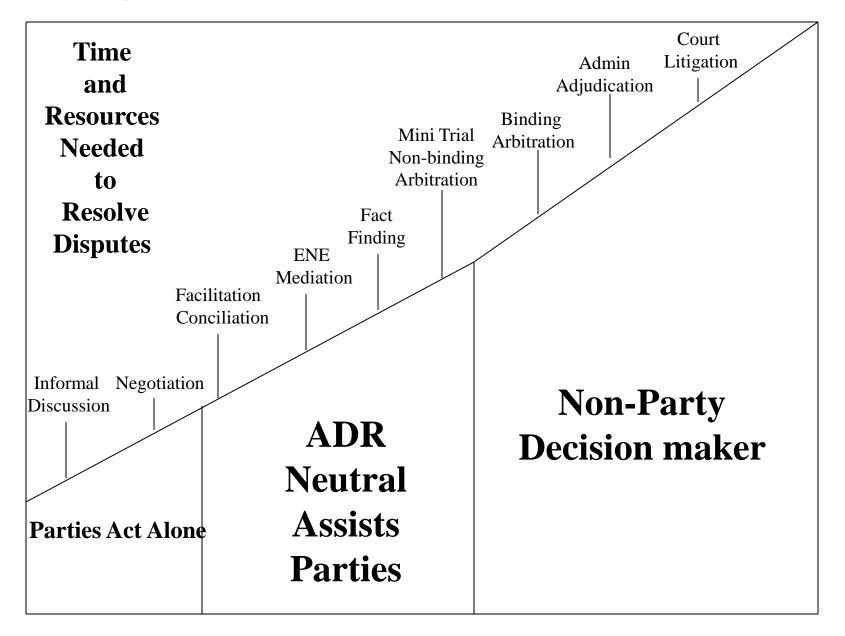
#### Principles of Interest-Based Negotiation

- Focus on the Issue
- Explore all Interests Underlying the Issue
- Be Open to Possibilities and Opportunities
- Satisfy Others' Interest as well as Your Own
- Draft a Solution Which Addresses All Interests

#### Positions vs. Interests

- Positions are:
  - What a person wants
  - Interests are:
  - Why a person wants a certain thing

#### **Dispute Resolution Processes**



# **Burning Sailboat**

• Sammy(ie)

#### Lesly(ie)





#### FIRE!!!!!!!!!!



# Dynamics: Court v. Mediation

- Communication flow
- Issues
- Facts
- Outcome

# Mediation

- Facilitated negotiation
- Third-party not a decision-maker
- Third-party offers no opinion

# Goal of Mediation

- Vent and diffuse feelings
- Clear up misunderstandings
- Determine underlying interests or concerns
- Find areas of agreement
- Incorporate those areas into solutions devised by the parties themselves

# Role of the Mediator

- Facilitates discussions
- Opens channels of communication
- Translates information
- Distinguishes positions from interests
- Assists in creating options
- Provides a reality check

#### A Mediator Is

- Process Expert
- Neutral
- Confidant
- Cheerleader
- Agent of Reality

# What a Mediator is Not!

- An Advocate or Lawyer
- A Judge or Decision Maker
- A Counselor
- A Reporter
- An Enforcer

# Why Use ADR

- Faster
- Less Costly
- Easier, less formality
- Less confrontational overall
- More creative solutions
- Parties retain control of outcome
- Participant satisfaction increased
- Less likely to damage on-going relationships
- Little to lose by attempting ADR

## **Contact Information**

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