

# FORT LEE OCCUPATIONAL HEALTH CLINIC



#### Kenner Army Health Clinic

The Occupational Health Clinic (OHC) provides guidance and establishes procedures for the conduct of the Occupational Health Program at Kenner Army Health Clinic Fort Lee Virginia.

Occupational Health Services are applicable to all federal civilian employees and active duty military personnel in hazardous industrial positions.

#### **Location and Hours:**

Located in the Preventive Medicine Division Building (PMD), Building 8130~B Wing,  $2^{nd}$  floor in the Kenner Army Health Clinic.

Hours of operation are 0730 - 1630, Monday through Friday. The clinic is closed on Saturdays, Sundays, and Federal Holidays.

## To call the Occupational Health Clinic dial: 734-9159

In an emergency dial: 911

#### **Services Provided:**

### 1. Pre-placement Physicals

Accomplished upon request from the Civilian Personnel Advisory Center (CPAC). Pre-placement physicals are performed on perspective employees whose jobs will require exposure to hazardous conditions or mental and physical stress.

### 2. Hazardous Duty Physicals

Required on employees working in designated hazardous duty positions. Supervisors will be notified by the OHC when their employees are due.

## 3. Fitness for Duty Physicals

Conducted only upon the written request of the supervisor through CPAC. Ordered when one or the other of these conditions apply:

- > Indications the employee's performance or adjustment in his position is being adversely affected by ill health.
- > There is a question of possible hazard to the employee or others, if employee remains in the present location.

## 4. Disability Retirement Physical

Consult with the CPAC, retirement specialist for an appointment and disability packet.

The employee will have the disability forms completed by his/her persona physician. The Occupational Health Physician must review the completed SF 3112. The disability packet will be forwarded to CPAC after approval by the OHC.

#### 5. FECA Examinations

Determines whether compensation claimants may be able to perform the duties of an available job. Fort Lee has a light duty policy to enable injured employees to return to work. Call the OHC for information about Fort Lee's Light Duty Program.

#### 16. Medical Records

Maintained at the Fort Lee, OHC. Transferring personnel shall provide a forwarding address for the record to be sent to their new duty station.

## 1. Overseas Deployment Physicals

Completed on all civilian employees, volunteers, and contract employees deploying overseas. Assures physical fitness and prevention from illness. Employee must bring copy of orders, immunization record, and all pre-deployment documents.

#### **Definitions:**

OCCUPATIONAL HEALTH – The overall Occupational Health Program promotes and reduces risk of illness arising from the individual's work environment.

FEDERAL CIVILIAN EMPLOYEE – Any federal service employee paid by appropriated or non-appropriated funds.

ACCOMMODATION – A term used to place a workman's compensation claim in a work area that is physically suitable for his/her medical problem.

FITNESS FOR DUTY – A Fitness for Duty Examination is a formal request by the supervisor through the Civilian Personnel Office to determine if an employee is medically fit to continue his/her duties.

ERGONOMICS – Science of fitting jobs to the people who do them. Goal is to reduce work related musculoskeletal disorders.

### 11. On the job injury/illness

- (1) Requires civilians seeking medical attention for a job related injury or illness to be seen in the OHC. Employees must bring Fort Lee Form 1051 (Report of Injury) completed by his/her supervisor to Preventive Medicine, or as soon as possible after treatment. If referred out, the OHP or OHN will issue a CA16 to authorize immediate medical treatment.
- (2) Employees treated at local hospitals will report to the OHC the following duty day. If unable to come to the OHC due to severity of the injury, they should call 734-9159.

#### 12. Immunizations

Provides job related immunizations to employees working in hazardous areas and federal civilian employees required to travel overseas. Tuberculin skin testing (TBST) will be given annually to health care providers, childcare providers, and food service workers. The OHC does not administer TBST to contractors or students, however, a copy of the TBST must be provided to the clinic.

#### 13. Radiation Protection

Assigns film badges to employees who are potentially exposed to low levels of ionizing radiation as a result of their duties through the Environmental Health Program.

## 14. Employee Assistance Program (EAP)

Provides referrals for employees with alcohol or drug abuse problems through the Fort Lee EAP. Employees may contact the Occupational Health Nurse, 734-9159, for referral. Limited professional counseling is available through Alcohol Substance Abuse Program (ASAP) at 734-9601.

## 15. Ergonomic Evaluations

OHC arranges ergonomic evaluations in the workplace.

#### 6. Termination Examinations

Performed on all employees who have been exposed to health hazardous conditions and retiring, resigning, being released, or transferred.

## 7. Illness/Accident Program (Return to Work)

Requires employees returning to duty after seven (7) work days to have a medical release from their private physician and be cleared through the OHC, prior to returning to work. The medical release should include a medical summary containing the diagnosis, the treatment, limitations, and diagnostic workup. This is to ensure the employee is able to return to duties as assigned, to identify any physical limitations to regular duty and enable OHC to evaluate the possibility of occupational related disease.

## 8. Pregnancy Surveillance

Evaluates all pregnant active duty and civilian employees for potential work assignment hazards.

#### 9. Vision Conservation

Provides personnel working in areas designated by the Installation Safety Office as eye hazardous with protective eye wear.

## 10. Hearing Protection

- (1) Designates areas with continuous noise levels above 85dbA as noise hazardous. Employees working in this type of environment will be included in the Hearing Conservation Program.
- (2) Requires annual audiograms on all employees who are exposed continually to excessive noise.
- (3) Industrial Hygiene can evaluate an area for noise levels. Surveys can be scheduled with IH at 734-9438. IH provides classes on the following:
- \* Hearing Hazards at Fort Lee
- \* Biological Effects of Ionizing Radiation
- \* Health Hazards in Motor Pools (include JP8)
- \* Health Effects of Lead, Paint, and Mold