

PHOP Mission Statement

To ensure that Reservists have full access to appropriate psychological health care services, to increase resilience, and to facilitate recovery, which is essential to maintaining a ready military force.



US Navy Reserve PHOP Teams Regions and Locations

Mid-Atlantic Region

(Norfolk, VA and Andrews Air Force Base, MD) CT, MA, ME, NC, NH, NJ, NY, PA, RI, VA, VT, and WV

757-444-7295 ext 2510

757-444-7295 ext 2511

Midwest Region

(Great Lakes, IL) AR, IA, IN, KS, KY, MI, MN, MO, NE, ND, OH, OK, SD, TN, WI

866-535-8538 ext 290

866-535-8538 ext 291

Northwest Region

(Everett, WA) AK, ID, MT, OR, WA, WY

425-304-3871

425-304-3870

Southeast Region

(Jacksonville, FL) AL, FL, GA, LA, MS, PR (Puerto Rico), SC, TX

904-542-2486 ext 116

904-542-2486 ext 152

Southwest

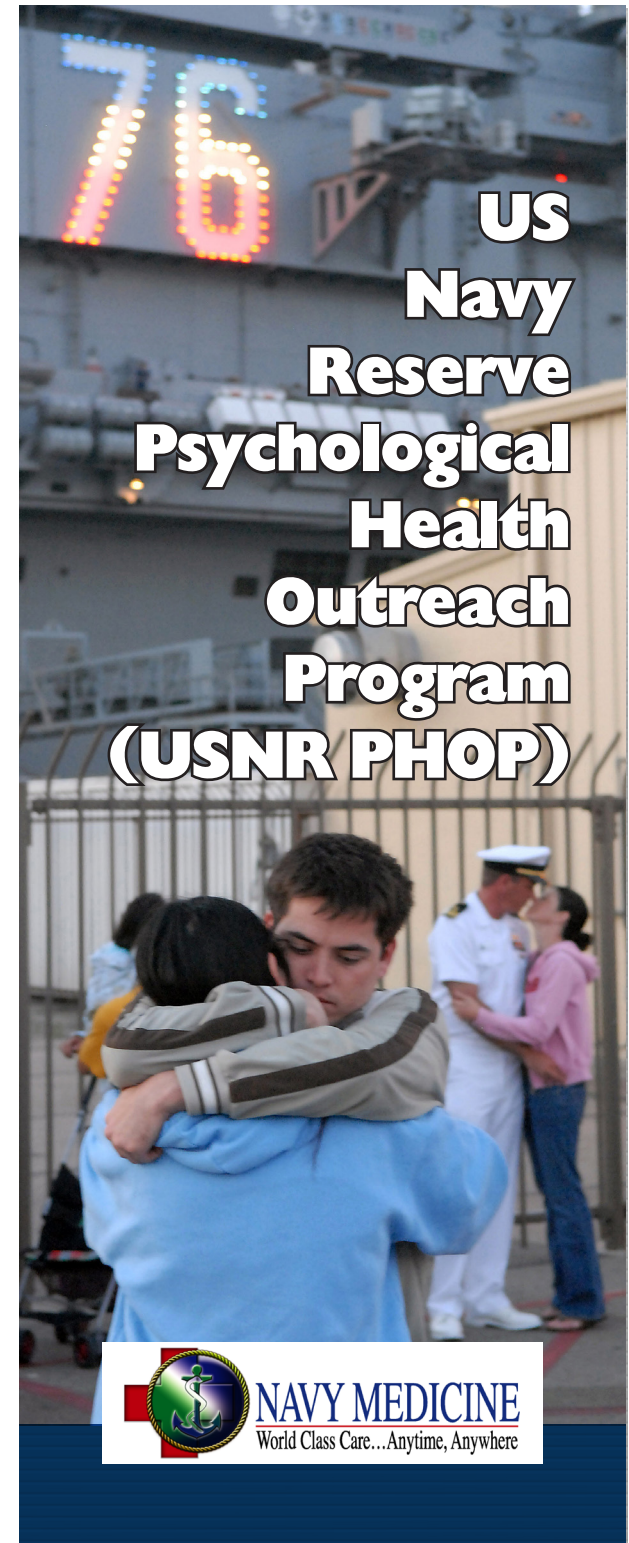
(San Diego, CA) AZ, CA, CO, Guam, HI, NM, NV, UT

619-532-3723

619-532-3730



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Goals of the Psychological Health Outreach Program

- To maintain psychological health, enhance resilience and facilitate the recovery of Reserve service members and their families which is essential to maintaining a ready and fully capable force.
- To facilitate a “culture of support for psychological health” where Reserve members and leaders understand that psychological health is essential to overall health and performance.
- To perform early and non-stigmatizing behavioral health care screenings and referrals to the appropriate psychological health care.
- To ensure Reserve service members and their families are psychologically prepared to carry out their missions.
- To ensure sufficient and appropriate resources are allocated to sustain prevention education, early behavioral health care screenings and referral to appropriate systems of care.
- To assist and empower Reserve leaders in advocating, referring, monitoring, and caring for Reserve service members.



PHOP Activities

- Behavioral Healthcare Screenings
- Determine any psychological health issues that may require services or intervention
- Provide outreach telephone calls to all identified Reservists returning from deployment within the past 6 months
- Assist referred Reservists with the Line of Duty determination process
- Maintain 24/7 phone/email on-call service to respond to inquiries and referrals



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