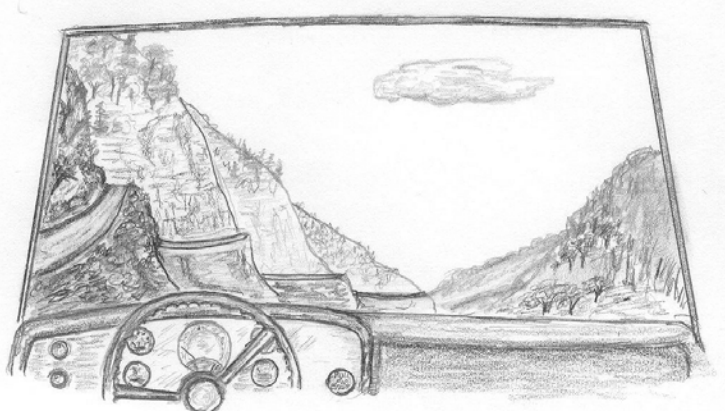


# TRUCKS - USE LOWER GEARS

Each year truck drivers are severely or fatally injured in vehicle related accidents. Steeply pitched, winding roads create hazardous conditions, particularly in poor weather conditions.



## BEST PRACTICES

- Always assure your vehicle is in safe operating condition; conduct a thorough pre-operational inspection. Report all unsafe conditions to your supervisor.
- Keep your brakes maintained and adjusted.
- If you develop a problem controlling the truck, take immediate action to stop. Time and speed are your worst enemies. Pay attention to locations of runaway ramps and don't hesitate to use them.
- Wear your seatbelt; seatbelts do save lives! Drivers attempting to jump from moving vehicles often receive serious or fatal injuries.
- Before making your first trip, ask other drivers about known hazards. Be informed. Obtain your hazard training.
- Be aware of other vehicles, maintain good communication with other drivers, and watch out for foot traffic.
- Keep your speed within safe limits; follow all posted rules.

**BE INFORMED - BE TRAINED - BE AWARE  
BE SAFE**

