



Schweinfurt Army Community Service Ledward Barracks, Bldg. 242 DSN: 354-6933 CIV: 09721-96-6933

Don't Forget:

A camera, Family or friends And most importantly to HAVE FUN!!!







For more great travel ideas please pick up a copy of our "Things to do & Places to Go" booklet as well as other informative items.

All information contained within this brochure is reprinted with the explicit permission of each of the companies herein represented, no claim is made to the accuracy of rates or of the services provided. For current rates and services provided please contact the companies directly. Created for the sole purpose of free distribution to the Soldiers and Families of USAG Schweinfurt.

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Information provided by Schweinfurt Army Community Service



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Inclusion in this brochure does not constitute endorsement or recommendation of services by USAG Schweinfurt ACS nor any municipality of the United States Army. This brochure is also not an all inclusive listing of services or companies in the area, but is meant as a sampling of adventure activities available to the Soldiers and Families assigned to the USAG Schweinfurt area. Additional information of adventure activities is available via the world wide web using a search engine of your choice.



Intro Scuba

Trial Course €20, -

The safe entrance into a new world... The perfect solution, if you are not yet completely sure if diving is going to become your new hobby. Then book a so-called Schnupperkurs (trial course) for €20, - and begin your training as an open Water Diver on your respective training dates.

You now have 14 days time to decide if diving is a sport for you. During this time you will have 2 courses on theory and 2 dives in the swimming pool, after which you can surely decide if you wish to continue your training.

If you decide to continue, the cost of the trial course is taken into account and you will only pay the difference of the open water diver course.

We look forward to opening up a whole new world of exploration and excitement through your training!







Scuba training from the Beginner to the Professional

Michael Schumacher does it, to Franzi of Almsick, Vitali Klitschko, Guido Westerwelle and also Günter Jauch - to name just a few of the 3.5 million individuals in Germany who dive. They all plunged into the sport of diving, and alone in Germany annually 20,000 more join the ranks. When you ask one of them why? The words "indescribable" and "fascinating" are what you hear time after time. What these individuals have experienced can

only be experienced after your first diving adventure. Begin your adventure now....we would be happy to guide you!

For over 16 years we have successfully trained divers. We also are one of the few diving schools with international certification to train other dive instructors. From the beginner to the dive instructor we have a course designed with you in mind!

INFORMATION:

Oliver Lutz Tauch Sport Akademie Tannenstraße 1 D - 90762 Fürth

Tel: 09119-774836

E-mail:

shop@tsa-tauchen.de

Website:

www.tsa-tauchen.de





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Adventure Activities **MWR Schweinfurt**

Outdoor Recreation programs provide Soldiers and their Families worldwide with opportunities to participate in, and enjoy, the great outdoors by offering outdoor activities and adventure. In addition, Outdoor Recreation staff assist commanders in maintaining unit readiness by providing outdoor adventure training upon request. The emphasis in Outdoor Recreation is on skill development and opportunities for Soldiers and Family members to acquire lifetime leisure skills. Trained, qualified, professional civilian Outdoor Recreation specialists offer ongoing classes at basic and intermediate skill levels in such activities as camping, canoeing, kayaking, hiking, sightseeing and lots more.



INFORMATION:

USAG Schweinfurt **Outdoor Recreation**

Bldg. 50 Conn Barracks CMR 457 APO AE 09033

Tel DSN: 353-8080 Tel CIV: 09721-96 8080

Website

www.schweinfurt.army.mil

Hours of operation:

Sunday 1100 to 1600 hrs ODR (Checkout Center) is open:

Tues - Fri:10am - 5:30pm. Saturday: 10am - 4pm.

Paintball Field hours:

Saturday 10am – 4pm.

High Adventure activities available through the Schweinfurt MWR include the following:

Paintball Alpine Hut Hopping Kayaking Canyoning

Climbina

White Water Rafting Hochseilgartens (High Ropes Courses)



Tauchshop Knorr

Scuba Diving

PADI Open Water Diver

This is the basic training for independent diving. During your training our instructors will teach you the basics of Open Water Diving.

The course covers:

5 modules on theory with final examination (alternative self-instruction).

Swimming pool training covering the 18 basic diving skills.

4 Open Water dives with an examination.

1 diving for experience



After your first diving experiences in the pool and open waters you will already feel the joy in diving begin to grow in you. In the hands of competent instructors step by step you will bring the underwater world to you. A world that has it's own rules and laws, which will fascinate you beyond belief. After conclusion of the PADI open Water of Diver course you can continue your training with specialty diving courses, these follow on courses will train you in your specific area of diving interest. More information is available by contacting us directly.

Cost:

€ 330. - all necessary course materials. € 350. - alternatively with DVD kit







Diving School

The modular PADI training program covers the spectrum from a classical beginner course up to and including training the professional diver who has chosen the path as a diving instructor.

As diverse as diver training is, the courses all have one thing in common; the courses are all conducted in a helpful and loose environment. An environment, which spurs you to continue your training and is able to inspire you over and over again.





INFORMATION:

Tauchschule
Walter und Gabriele Knorr GbR
Schweinfurter Str. 32a

97493 Bergrheinfel Tel: 09721/99869 D2: 0172/6619898 Fax: 09721/99869

Website:

tauchshop-knorr.de

Email:

info@tauchshop-knorr2.de

Hours of Operation:

Mon-Fri 15:00 - 19:00 Sat 10:00 - 16:00



MWR Schweinfurt Paintball



Speedball

Description: Speedball (or center flag) is a type of capture the flag game. But instead of having two or more flags, you only have one. Players win by total elimination or taking the flag to their opponent's starting station.

Teams: Two teams of equal players. **Time**: The name should explain it: Speedball. 5 to 15 minutes is the typical time limit,

Setup: As a guideline, the dimensions of a field should be about 150ft wide x 300ft long. There also should be equal amount of bunkers on both sides of the field. Almost a mirror image. No bunker advantage to one side. The flag is hung in the center of the field. A designated starting area for each team on each end.

Rules: Played like the capture the flag.

Winning: Take the flag to the opposing teams start position or eliminate the opposing team.

Marker, Mask, HP Bottle, Field Fee and Air Paintballs not included	\$20.00
Field Fee and Air If you have your own equipment Paintballs not included	\$10.00
Group Price per person (10 or more) Reservations required Paintballs not included	\$15.00
Paintballs Field Paint (white boxes) 2000 rnds 500 rnds	\$60.00 \$15.00
DRAXXUS 2000 mds	\$56.00
DIABLO 2000 mds	\$60.00



The Paintball Field is open every Saturday from 1000 to 1600 hrs or for Groups by appointment



Adventure Activities MWR Schweinfurt



For the following High Adventure activities please contact the Schweinfurt Outdoor Recreation at 09721-96-8080 for availability, prices and times.

INFORMATION:

USAG Schweinfurt Outdoor Recreation Bldg. 50 Conn Barracks CMR 457 APO AE 09033

Tel DSN: 353-8080 Tel CIV: 09721-96 8080

Website

www.schweinfurt.army.mil





Minimum participants: 4 persons, maximum group size 14 persons

The caving experience is approx. 7 hours long, the duration depends on many factors such as group size, cave etc. As each guide leads only one route, so there is no time pressure during the route, thus you can enjoy your adventure according to your desires. Our routes are always set as a daily route.

A person should be in good general health. Health impairments can be

considered during route planning, specifically vertigo and the ability to swim need to be considered. We will advise you openly and honestly about the routes prior to your participation.



So that the fun and excitement is not lost, you are equipped with special equipment such as neoprene clothing, Höhlenschlaz (protection pair of overalls), belt, helmet and lighting!



Each participant must bring along: Bath items, older warm long underwear (that will become dirty), shoes that will get wet and that are ankle high, towels and a change of clothing and dry shoes (2nd pair) for wear after the caving tour.

Swabian Alb starting from 65, - € per person

Other tours with increasing difficulty available upon request!



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Adventure Activities **MWR** Schweinfurt

Caving or also known as **Spelunking**

Mystical and fascinating! It is a unique feeling to move deep inside the earth surrounded by tons of rock. With the aid of the light of the carbide lamp, wearing caving overalls and a helmet we guide you into the unknown of the underworld. One will experience real and total silence and also the indescribable feeling of being in the bowels of the earth. Our shadows dance on the walls and the stalagmites

INFORMATION:

Purelements Thomas Waibel Purelements Burgweg 11a 87527 Sonthofen

Tel: 08321-677190 Fax: 08321-677195

E-mail: info@purelements.de website: www.purelements.de/

and stalactites glitter in the light of our lamps as we travel into the depths of the cave. Caving experiences are offered at the following areas; Cave tour in the Schwäbische Alb, Falkensteiner Cave and a cave tour in France.

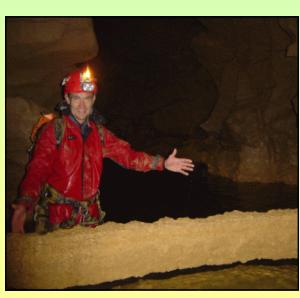
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Level: Basic

Since you will be exploring several smaller caves you will have more time to observe the geology that is present inside the cave.

The basic cave routes are open depending upon snow conditions and weather starting in the middle of April to at the beginning of November. Since the exploration of the Falkensteiner Höle depends so much on weather and water level, it will be decided on the day of your tour if it can be safely explored.

Basic routes are suitable for everyone.









Big Adventure Activities MWR Garmisch



INFORMATION:

Sign up for the activity of your choice in Alpine Adventures.

Open 7 Days a Week 07:30 - 12:30 / 15:00 - 21:00

CIV: 08821-944-4142

CONTRACT COMPANY HIGH ADVENTURE ACTIVITIES

These activities are conducted by our partner contract professionals. All feature fully certified guides and instructors.

All of these companies adhere to the highest safety standards in the

industry. Activities are subject to availability and minimum participation requirements. Advanced booking recommended.

FINAL SALES ONCE CONFIRMED RESERVATION SALES ARE NONREFUNDABLE



ALL PRICES & TIMES ARE SUBJECT TO CHANGE.

For the most up to date information please visit our website at:

www.edelweisslodgeandresort.com

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Equipment and clothing

Equipment will be provided at the venue. Please wear comfortable clothing, e.g. sportswear.

Participants and spectators

You can bring up to 5 friends with you for free. Please contact the organizer if you want to bring more than 5 accompanying persons. In any case, get them to bring a camera! There's a rich buffet of warm and cold meals at the VIP area (€ 25 per

cold meals at the VIP area (€25 per person, to be paid at the venue)



Service

You'll be equipped with a racing suit, shoes, gloves and helmet. Instructions in racing physics, flag signals and important auto racing basics. The seat in the cockpit will be adjusted individually to your physique; instruction in controls and instruments of the racing car. The courses

are held with up to 16 participants and 10 'Formula Koenig' racing cars. Insurance with an excess amount of €2,000 included. If you are interested in a guided tour of the Euro Speedway Lausitz for you and the accompanying person, please inform the organizer in advance. You'll see places that are not accessible to common visitors: the race control tower, the race management centre or the press area at the 40 m high grandstand!









Drive a racing car yourself

Be a racing driver for one day and make the asphalt melt! Breathtaking acceleration, unbelievable curve speed and a brake system like an anchor. The sonorous sound of the engine will make the hairs on your arms stand up! Speed over the circuit of the Euro Speedway Lausitz, the Salzburgring or the Hockenheimring and drive past the impressive grandstand with whining engine. Of course you will be briefed and provided with professional equipment before the race. Satisfy your need for speed – as a racing pilot behind the wheel of a real single-seat racing car! Information and participation requirements:

Required physical condition and age

Driving license class B, no health troubles such as cardiovascular problems, heart troubles, acute / chronic back troubles, slipped discs or similar. Maximum body height 1.95 m.

Duration of the adventure

The adventure takes approx. 3 hours in which you can race up to 50 km.

Weather

This adventure takes place in any weather. If need be, the racing cars will be equipped with rain tires.

INFORMATION:

Jochen Schweizer GmbH Rosenheimer str. 145 e-f 81671 München

The Jochen Schweizer® adventures contained in this brochure and 591 more are available at www.jochenschweizer.de.

Sales / Service: 0180-5606084

Redeem a Gift Certificate: 0180-5606088

Hours of Operation:

Mon - Fri 08:00 - 20:00 Sat 10:00 - 16:00

(14 ct/Min National land based, mobile surcharges may vary)

Website:

www.jochen-schweizer.de

Drive a Race Car Yourself

Coupon: € 559.00 Gift Box: € 576.00



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Paragliding flights MWR Garmisch



TANDEM PARAGLIDING FLIGHTS

Mon-Sun \$100 plus lift ticket, approx. . €15 Take a tandem flight with an experienced instructor off the Kreuzeck Mountain. It is around an 11 minute flight down. You may take your camera with you to photograph the whole experience. Report to Alpine Adventures at 0745 to receive directions to the meeting point, a flight time and a voucher for payment. Activity is weather dependent and mostly morning flight times.

Sign up in Alpine Adventures.

NOTE: Transportation not provided. It is a 10-15 minute walk or a 5 minute drive to the meeting point. (Kreuzeckbahn lift ticket not included in the price, approx. € 15 paid to the instructor.)

SUPPLIED: Helmet, safety gear and instructor

REQUIRED: Sturdy shoes (no flip-flops or sandals), long pants, weather appropriate gear and Euros for lift ticket.

LIMITS: Minimum age 8 yrs. Weight limit of 100 kilos (220 lbs.). Blue jeans not recommended.

mended. 4 DAY PARAGLIDING GROUND COURSE

\$375 (prices could change due to exchange rate)
This four day course consists of theory and practical experience. You must complete 20 flights ranging from 40-100 meters. The flights for this course are made behind the American Hausberg Lodge. All take off points are reached by foot so be prepared to do a lot of hiking. Flights cannot be done in adverse weather conditions but the minimum number of flights will be rain checked if required. Upon completion of the 4-day course you may fly with a certified instructor. You must complete the required number of flights in order to move on to the High Flight Courses.

4-DAY COURSE DATES:

Call for availability

4-DAY COURSE (OVER 2 WEEKENDS) DATES:

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Call for availability





HIGH FLIGHT COURSE, PART ONE

\$475 (prices could change due to exchange rate) You must have completed the 4 day course and 20 flights from 40-100 meters to start this course. Flights for this course are made from the Ski Stadium and from a nearby ski area. During this course, you must complete 10 flights from over 100 meters and 5 flights from over 400 meters. Flying is usually done in the mornings and there are theory classes to attend in the afternoons. Upon completion of these flights and classes you may move onto the High Flight Course, Part Two.

INCLUDES: All equipment necessary, except lift ticket

NOTE: Lift tickets cost approx . €75-100

HIGH FLIGHT COURSE DATES:

Call for availability



HIGH FLIGHT COURSE, PART TWO

\$875 (prices could change due to exchange rate) You must have completed the High Flight Course, Part One to move on to Part Two. Flights for this course are made from the Kreuzeck Ski Area. During this course you must complete 25 flights from over 400 meters. Flying is usually done in the mornings and there are theory classes in the afternoon. Note that these classes vary in length to accommodate weather and wind tendencies during those times. Upon completion of these flights and classes you may take the written and practical test. Upon successful completion of the written and practical examination given by the Deutscher Hangegleeiterverband you will receive your A-License. This license is recognized worldwide. The written examination* has been translated into English. The course fee does not include the charge for the examination which is approximately € 120.

INCLUDES: All equipment necessary, except lift ticket

NOTE: Lift tickets cost approx. €215

*Written and practical examination will usually take place during the last days of the Part Two Course. Exact dates will be determined by the number of flights that have been completed. You will need two passport-sized photos for your A-License.

HIGH FLIGHT COURSE DATES:

Call for availability





Equipment and clothing

Equipment will be provided at the venue. Please bring comfortable clothing with you (e.g. sportswear).

Participants and spectators

You can bring up to 5 friends with you (free of charge). If you wish to bring more than 5 persons with you, please contact the venue. Don't forget your camera! There's a buffet with cold and hot dishes at the VIP area (additional charge: €25 per person, registration and payment at the venue).

Alternatively, hot and cold drinks can be bought at the venue.



Service

After fitting on the racing suit, helmet, gloves and shoes you'll feel like a professional racing driver. A briefing afterwards will inform you about the circuit and the racing car. Experience the enormous acceleration and centrifugal forces first-hand for 3 to 5 laps on the racetrack (total distance approx. 13.5 km). The breathtaking combination of high engine performance, low centre of gravity and minimum weight of

the racing car result in enormous acceleration and immense centrifugal forces, which are exemplary for the fascination of car racing!







Ride in a Two-Seater Race Car

Fasten your seat belts, please! You will need it! Just lean back and establish your personal speed record easily! No problem, you will be chauffeured by a professional racing driver! He'll do all the work, steering, changing gears, overtaking. All you have to do is to enjoy the incredible acceleration which will push you into your seat as soon as the racer speeds from 0 to 200 in 12 seconds! And its braking force is even more unbelievable! The extremely broad tires stick to the asphalt as if the racer suddenly had a super-tanker in tow. Take a seat and celebrate the ultimate thrill of speed! Information and participation requirements.

Required physical condition and age

This adventure is not suitable for persons who suffer from heart troubles, cardiovascular diseases or chronic/acute spine problems. Participants must be under 1.87m tall.

Duration of the adventure

After a briefing you'll be chauffeured for 4 laps (Lausitzring) or 5 laps (Hockenheimring), totaling approx. 13.5 km.

Weather

This ride is held in any weather. The racing car can be equipped with rain tires, if necessary.



Ride in a two-seater Race Car

Coupon: € 299.00 Gift Box: € 316.00

INFORMATION:

Jochen Schweizer GmbH Rosenheimer str. 145 e-f 81671 München

The Jochen Schweizer® adventures contained in this brochure and 591 more are available at www.jochenschweizer.de.

Sales / Service: 0180-5606084

Redeem a Gift Certificate: 0180-5606088

Hours of Operation:

Mon - Fri 08:00 - 20:00 Sat 10:00 - 16:00

(14 ct/Min National land based, mobile surcharges may vary)

Website:

www.jochen-schweizer.de



WATER SPORTS

MWR Garmirch

CANYONING

Daily \$100

Europe's latest craze, a combination of climbing, rappelling, jumping and swimming will help you discover the mystical mountain gorges and nature in its most unspoiled form. Canyoning requires no extra skill or training, other than an average fitness level, balance and a good head for heights.



NOTE: Transportation not provided. Approximately 1.5

hours drive to the meeting point.

SUPPLIED: Safety equipment (wetsuit, spray jacket,

helmet, climbing harness, and hiking boots).

REQUIRED: Swimsuit, towel, a change of clothing and

PASSPORT or ID Card and leave document.

LIMITS: Minimum age 14 years. You must be able to

swim.

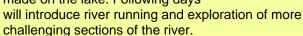
TRIP TIMES: 0830 in Haiming, Austria

(arrive 15 minutes early).

KAYAKING

Daily \$80

Learn the fun and exciting sport of kayaking. Day One starts out on a local lake for introduction to kayak paddle strokes, games and theory. Groups may even hit the river on the first day, depending on progress made on the lake. Following days



NOTE: Transportation not provided.

LIMITS: Minimum age 12 years. You must be able to swim.

PROVIDED: All technical and safety equipment and instruction.

REQUIRED: Swimsuit, towel, change of clothing, lunch and drinks.

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FLAT-WATER RAFT TRIPS

\$35 Adults, \$30 Kids 14 & under.

Join us for a relaxing float trip on the beautiful Loisach River. This 2-3 hr scenic float trip is great fun. Be ready for some wet and wild action as a water war is sure to break out along the way. 1000-1300 daily.

LIMITS: Minimum age 8 years. Must be accompanied by an adult. Must be able to swim.

NOTE: Transportation not provided. **REQUIRED:** Swimsuit, towel, change of

clothing, lunch and drinks.







WHITE WATER RAFTING

Mon-Thur \$60, Fri-Sun \$65

One of our most popular programs. Alpine Adventures will book a white water rafting trip on the fast moving Inn River in Austria. This activity includes a safety lecture, paddle & stroke demonstration and the river trip itself. Sign up in Alpine Adventures.

NOTE: Transportation not provided. Approximately 1.5 hour drive to the rafting center.

SUPPLIED: Safety equipment (wetsuit, spray jacket, helmet, life vest, water shoes) and guide.

REQUIRED: Swimsuit, towel, a change of clothing and PASSPORT or ID Card with leave documents.

LIMITS: Minimum age 12 years. Must be able to swim. **TRIP TIMES:** Mon - Fri: 0900 & 1230 in Haiming, Austria

Sat - Sun: 0900, 1230 & 1530 in Haiming, Austria (arrive 15 minutes early).

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Tandem Bungee Jumping

Weather

For safety reasons, the adventure has to be cancelled or postponed in case of strong winds or thunderstorms.

Equipment and clothing

Please wear comfortable clothing and shoes with flat soles and which do not cover the ankles.

Participants and spectators

Single jumps and tandem jumps available at this venue (for single jumps please see separate link).

Spectators are always welcome!

Service

Each participant receives a diploma after the jump.













Tandem Bungee Jumping

Tandem bungee jump

A joint jump for double thrill! Experience the most action-packed moments of your partnership or the most intensive minute of a friendship! A tandem bungee jump unites you and your tandem partner in a unique way. All bungee facilities offer jump heights of approx. 50 m. You can optionally book a special refreshment: dip with your head into water when reaching the return point of the rope! Experience the ultimate thrill and jump into a new stage of your life! Information and participation requirements

Required physical condition and age

Minimum age is 14, total weight of both participants must not exceed 170 kg. Normal physical health and fitness is a prerequisite. Participants must sign a statement before the jump that they are up to the physical requirements and free from certain diseases (e.g. eye diseases, injuries of the musculoskeletal system or similar).

Duration of the adventure

Participants make an appointment with the organizer (time-frame). Please allow approx. 1.5 hours for the whole adventure, including registration, briefing, preparations and the jump. Waiting time or delay caused by the weather may occur. Detailed information: Munich: 50m jump from a crane at the Olympic regatta lake; optional headfirst dip into the regatta lake. Jumps are held on nearly every weekend from April through October.

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INFORMATION:

Jochen Schweizer GmbH Rosenheimer str. 145 e-f 81671 München

The Jochen Schweizer® adventures contained in this brochure and 591 more are available at www.jochenschweizer.de.

Sales / Service: 0180-5606084

Redeem a Gift Certificate:

0180-5606088

Hours of Operation:

Mon - Fri 08:00 - 20:00 Sat 10:00 - 16:00

(14 ct/Min National land based, mobile surcharges may vary)

Website:

www.jochen-schweizer.de

Tandem Bungee Jumping in Munich

 Coupon:
 € 139.00

 Gift Box:
 € 156.00

 Theme Box:
 € 214.00



ADVANCED WHITE WATER RAFTING

Mon-Thur \$130. Fri-Sun \$135

Check out our ultimate challenge! Warm up in the morning on the Inn River, take a break, and then head to the thrills of the Otzaller Ache River. Great fun and bigger thrills!

NOTE: Transportation not provided.

Approximately 1.5 hour drive to the rafting center.

SUPPLIED: Safety equipment (wetsuit, spray jacket,

helmet, life vest, water shoes). **REQUIRED:** Swimsuit, towel, a change of clothing and PASSPORT or ID Card with leave document.

LIMITS: Minimum age 16 years. Must be able to swim. **TRIP TIMES:** 0830 in Haiming,

Austria

(arrive 15 minutes early)







ALL PRICES & TIMES ARE SUBJECT TO CHANGE.

For the most up to date information please visit our website at:

www.edelweisslodgeandresort.com



Welcome to Lower Franconia's largest climbing forest! For your climbing safety we employ only the best equipment including camp belts and climbing helmets. Our staff is comprised of trained technical personnel. Safe climbing environment for children starting at 8 years old (1.30 m in height). Have you ever jumped out of a treetop like Tarzan into a net? Ever in dizzying heights, navigated over varying rope, bridges and balance obstacles? Ever zip lined up to 100 meters over the ground on a ropeway? Never? We invite you to experience the thrill of a high ropes course Here in Schweinfurt we have 9 courses with approx. 90 obstacles of fun and adrenaline. Great fun for young and old alike. An unforgettable adventure in the forest for the whole family. Everyone can prove their skills and courage when climbing on the courses. Enjoy an unforgettable experience in completely new dimensions. We look forward to your arrival!





Prices listed are for 3 hours in the climbing forest (each additional ½ hour of 10. - €)

Adult

Per person	€20
on Wednesdays	€18
Groups starting from 10 Pers.	€16
Student and youth (14-17 years)	
Per person	€14
(without parents) min. 10 Pers.	€12

Families
2 adults + 2 children € 39. each additional child € 9. -

1 adult + 1 child €29. -1 adult + 2 children €38. -

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Location details

Don't forget your inline skates! There's an over 5 km long, smooth asphalt track going round the regatta facility. And in summer, you can swim in one of Germany's cleanest lakes (ground water lake) or just watch the training of international rowing athletes.

Weather

For safety reasons, this adventure has to be paused or postponed in case of adverse weather.

Equipment and clothing

Please wear comfortable clothing and shoes with flat soles and free ankles.

Participants and spectators

Both single jumps and tandem jumps are available (for tandem jumps please see separate offer). Spectators are warmly welcome!

Service

Every participant receives a diploma after the jump. If desired, your jump is recorded on DVD for an extra charge.









Bungee Jumping Munich

All you need are a large rubber cord and some nerve... Experience 50 m of free-fall and dip into Olympic waters! Experience your jump at the Olympic rowing regatta facility near Munich – at the spot, where bungee jumping was popularized. Jump into an adventure full of adrenaline. And if you get too excited and need some cooling-off, just let us know: if you desire, you can dip with your head into the clear water of the lake before the cord snaps back and pulls you upwards again.

Check out this "classic" among extreme sports! Information and participation requirements

Required physical condition and age

Minimum age is 14 years. Participants must weigh between 50 and 120 kg (im Tandem max. 170 kg).

Good physical health and toughness are prerequisites. You have to issue a statement in which you declare that you comply with the physical requirements and that you don't suffer from certain diseases (e.g. eye diseases, injured musculoskeletal system).

Duration of the adventure

Participants arrange a date with the organizer. Please allow 1.5 h for the adventure, including registration, preparation and jump. Delay and postponement may occur due to bad weather conditions or similar.

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INFORMATION:

Jochen Schweizer GmbH Rosenheimer str. 145 e-f 81671 München

The Jochen Schweizer® adventures contained in this brochure and 591 more are available at www.jochenschweizer.de.

Sales / Service: 0180-5606084

Redeem a Gift Certificate:

0180-5606088

Hours of Operation:

Mon - Fri 08:00 - 20:00 Sat 10:00 - 16:00

(14 ct/Min National land based, mobile surcharges may vary)

Website:

www.jochen-schweizer.de

Bungee Jumping in Munich

Coupon: € 89.00 Gift Box: € 106.00 Theme Box: € 132.00







INFORMATION:

Kletterwald am See:

Flying Fox park at Schweinfurter Badesee

Owner: Klaus u. Heike Vatter

Ölmühlweg 11 97450 Arnstein

Tel: 0151-50628302 Tel: 0171-7355568

email:

info@Kletterwald-am-See.de

Website:

www.Kletterwald-am-See.de

Open: During the Bavarian school vacation

(approx 1 Aug-2nd week in Sep) daily

starting from at 10 o'clock!

Other Times:

Monday: Closed

Tues - Friday starting at 12 o'clock SA, so and German holidays starting at 09.30

Season: April until November. No

registration required for individuals. Groups

according to agreement.







A rope garden can be called a series of artificial obstacles (from rope and/or cables), which are developed in a meaningful course for various applications. The high express garden is a suspension course between poles or in some cases also between living trees. At heights of up to 10 meters the course challenges each participant with several different exercises offering everyone the possibility of experiencing and of extending their own personal limits. Secured and under professional guidance participants have the chance to gather meaningful experiences that everyday life does not afford. Participation does not require any special physical ability or learned skill - there are also no rules as to how the individual obstacles are to be mastered. Learning by Doing stands in the foreground. The high express garden is not a standardized unit, individuals are free to move about as they see fit on the obstacle. It can however, be configured to a target group's needs. High express elements are used in connection with climbing ropes, belts, helmets and further safety equipment. The high express garden is open year round.



INFORMATION:

Mr. Waldenmeier An der Haak 11 97506 Grafenrheinfeld ph: 09723-9104-0 or -40

email: info@hochseilgartenuechtelhausen.de www.hochseilgartenuechtelhausen.de







Duration of the experience

You should schedule at least half a day for your stay at the "Drop Zone".

Weather

The jump may be delayed because of the weather or information from air-traffic control.

Equipment and clothing

- Comfortable clothing, e.g. sweat suit
- Stout shoes without coarse tread, e.g. trainers
- You receive all the jumping equipment on site.

Participants and spectators

Spectators are warmly welcome!







Services

- Tandem jump from 3,000 to 4,000 meter height
- Instruction
- An experienced tandem master
- Parachute and equipment

Plane and petrol





Only skydivers know why birds sing!

Moments for eternity! Firmly connected to an experienced "tandem master" via a harness, you jump out into the sky from an altitude of about 3,000 to 4,000 meters. After your exit, you're going to accelerate like a hot-blooded sports car until you speed towards ground with free fall velocity! About 50 seconds later, your tandem master activates the parachute and you're floating through the air! Tandem skydiving in free fall takes away your sense of time: the seconds in the sky will feel much, much longer, and you'll never forget these impressions as long as you live.

Become a member in the club of skydivers! Information and participation requirements.

Required physical fitness and age

- Minimum age 10 years.
- Participants under 18 years require the consent of a parent who must be present on site.
- Minimum body height 1.40 meter.
- Maximum body weight 85 to 90 kg, depending on location.
- Normal range of mobility.
- Physical and mental fitness.
- If you need glasses, please wear glasses that are as small as possible, or sports glasses or contact lenses.
- Not suitable for people suffering from asthma, acute herniated disks, diabetes, cardiac disorders or similar.
- Not suitable for pregnant women.

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INFORMATION:

Jochen Schweizer GmbH Rosenheimer str. 145 e-f 81671 München

The Jochen Schweizer® adventures contained in this brochure and 591 more are available at www.jochenschweizer.de.

Sales / Service: 0180-5606084

Redeem a Gift Certificate: 0180-5606088

Hours of Operation:

Mon - Fri 08:00 - 20:00 Sat 10:00 - 16:00

(14 ct/Min National land based, mobile surcharges may vary)

Website:

www.jochen-schweizer.de

Tandem Skydiving around Bamberg

Coupon: €199.00 Gift Box: €216.00









PRICE	Youth (under 18)		Adult (over18)	
	3-4 hrs/ person	7-8 hrs/ person	3-4 hrs/ person	7-8 hrs/person
Groups > 10	15,50 €	29,50 €	25,50 €	42,50 €
Social Groups	14,50 €	27,50 €	24,50 €	40,50 €
School groups	3-4 Std./pro Person 14,50 €		7-8 Std./pro P	erson 27,50 €
Rebates for groups over 25 possible				





KLETTERWALD-EINSIEDEL

KLETTERWALD + TEAMTRAINING



With different courses to challenge the faint of heart to the brave of heart Kletterwald- Einsiedel has a course designed for everyone. Your security is of the greatest importance to us. While in the climbing forest you will experience the deepest intensity of fun and action, all the while knowing that your safety is not in danger, allowing you to completely enjoy the experience. You are constantly secured by means of sturdy professional climbing belts equipped with double snap hooks and ropes, falls are impossible. Safety coaches constantly observe you and the course to ensure the safety of all participants. There is no climbing without a safety briefing! We look forward to your arrival and experiencing a nerve tickling experience on one of our courses.

INFORMATION:



KLETTERWALD-EINSIEDEL

Kletterwald-Einsiedel GmbH HRB 9434 Amtsgericht Würzburg Sterntalerweg 80

97084 Würzburg **Email**:

info@kletterwald-einsiedel.de

Website:

www.kletterwald-einsiedel.de

Owner: Peter Langer Tel. 0931 - 2072660 Cell: 0179 - 7677772

High Season June/July

Friday 13:00 - 20:00 Weekends 09:00 - 20:00

August Bavarian school Vacation
Daily 09:00 - 20:00

September

During Bavarian School Vacation

Daily 09:00 - 19:30
Outside Bavarian School Vacation

Friday 13:00 - 19:30 Weekends 09:00 - 19:30

October/November

Friday 13:00 - 18:30 Weekends 09:30 - 18:30

Low Season March - May

Friday 13:00 - 18:30 Weekends 09:30 - 18:30



Jochen Schweizer Adventurer

Treat someone to an unforgettable experience!



Material items loose their value - they deprecate! Treat someone to a special experience and live eternally in their memories!

Order gift certificates and gift boxes for unforgettable experiences with us or pick one up now in our Adrenaline shops. You're done dreaming - now live it!

Cordially Yours,











INFORMATION:

The Jochen Schweizer® adventures contained in this brochure and 591 more are available at www.jochenschweizer.de.

Sales / Service: 0180-5606084

Redeem a Gift Certificate:

0180-5606088

Hours of Operation:

Mon - Fri 08:00 - 20:00 Sat 10:00 - 16:00

(14 ct/Min National land based, mobile surcharges

Website: www.jochen-schweizer.de

A note about our website:

Currently, not all of our product descriptions are available in English. We are adding new English descriptions daily. In the meantime, please have a look at the German versions for a first impression!



Rafting in Bayern



Distance: Kössen Schleching (WW II) **Season:** 1. May until 30 August **Time:** approx. 2.5 to 3 hours

Rafting - Tiroler Ache (Tyrolean river):

Our "Bavarian" rafting trip takes us on the Tiroler Ache from Kössen in the Tyrol to Schleching in Bavaria. On this wonderful and easy rafting trip through the rough, incredibly beautiful scenery of the Chiemgauer Alps you can experience the charm and tranquility of nature.

Price:

Monday to Friday: 35,- Euro per person. Saturday and Sunday: 39,- Euro per person.





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Price List Climbing Forest

Time guideline approx. 2.5 hours (High season) approx. 3 hours (Low Season)

Children up to 10 years (with proof)	10 €
Youth up to 17 years (with proof)	13 €
Adult over 18	16 €
Family normally (2+1)	
2 adults 1 child or 1 youth	39 €
each additional child	8 €
each additional youth	10 €
Family 1+2	
1 adult 2 children or 1 child + 1 youth	33 €
each additional child	8 €

each additional child 8. - €
each additional youth 10.- €
Birthday children receive free entrance (with proof)
when in a group of 5 or more paying customers.

Groups (only climbing forest)

starting with 15 persons no combination

with family tickets 10% discount















INFORMATION:

Chiemgauer Hochseilgarten GmbH

Michael Paul

Am Beerweiher 4 83229 Aschau i. Chiemgau

Tel.: 08052-5460 Fax: 08052-5427 Cell: 0171-3409472

E-Mail: <u>info@chiemgauer-</u>hochseilgarten.de

Website: http://www.chiemgauer-

hochseilgarten.de/index.html

In the High Express Garden you will experience a series of artificial obstacles constructed of rope, steel cables, tires, trees...etc.

The obstacles increase in difficulty as you progress through the course. Completion of the course does not require any special abilities, requirements or physical fitness.

There also are no specific rules for completing the course other than the safety rules that are enforced for everyone on the course. Mastering the obstacles will be an individual/team decision. The adage of "Learning by Doing stands at the forefront to completing the course.

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Rafting on the Sanna







Rafting - Tour Ötztaler Ache



Season: 16. May until 30 September

Time: approx. 2.5 hours

The greatest rafting highlight in the Tyrol is the Ötztaler Ache.

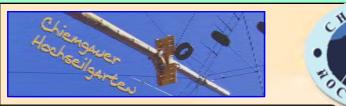
A level of white water difficulty of IV+, very fast currents and hundreds of

waves and rollers demand everything from the whole team.

Condition for the Ötztaler Ache is experience in rafting

(at least one trip on the gorge of lmst).





HIEMGAD

Individuals

For individuals open Thursday and Sunday afternoons, reservation required. High Express Garden exclusively on request.

A trial program for a short look into the experience of the high rope garden. This program is particularly suitable for simple team building ideals and individuals, who just want to try it one time.

Duration: 3 to 4 hours

Provided: Support coach, complete safety

equipment

Price: 48. - EUR per person (reservations start-

ing at 6 persons)

Daily Program

After a detailed safety and technique briefing we gradually work ourselves into the highest levels of the High Express Garden. Emphasis is here to conquer natural fears and increase personal confidence. Problems like elevator fear, can be treated consciously and after short time you will be able to overcome this fear.



Duration: 6 to 8 hours

Provided: Support coach, complete safety equipment

Price: 88. - EUR per person (reservations starting at 6 persons)



Bernhardt Ballonfahrten

Welcome to Bernhardt Ballonfahrten, we would like to inspire you to undertake the adventure and the fascination of a balloon trip. Ballooning as a form or transportation has always been something special. Travel by balloon 200 years ago was reserved for aristocrats only, as they were the only ones permitted travel by air. Thankfully times have changed and air travel is now available to everyone who wishes it. However the fascination and excitement of a balloon ride continues to inspire today just as it did in the past....welcome aboard!



All balloon trips, independent of category include the following items:

The balloon trip itself lasts approx. 60 - 90 minutes.

Free beverages on board
Free beverages upon landing
A balloon driver baptism with
documentation and sparkling wine.
All legally prescribed insurances
Return to the starting point
Free use of a digital video camera



INFORMATION:

Bernhardt Ballonfahrten Inh. Claus Bernhardt Am Feller 3 97234 Reichenberg Tel: 09366/99211 Fax: 09366/99212 Funk 0160/99430060

Email:

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bernhardt-ballonfahrten @onlinehome.de

Website:

http://bernhardt-ballonfahrten.de

Your balloon trip is tracked using satellite navigation equipment. The stored data is then uploaded to a computer and overlaid on a 1:50,000 scale map allowing you review your exact route of flight. When desired this map and route can be provided to you at no cost.



Rafting-Tour Imster Schlucht



Season: 1. May until 15 October

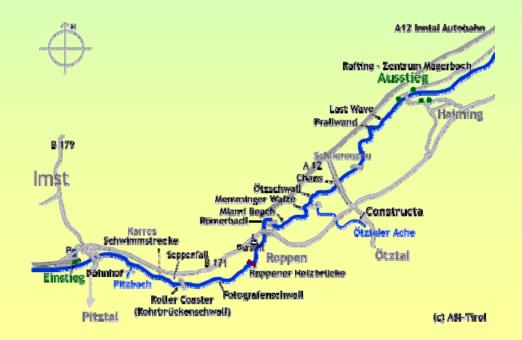
Time: approx. 3 hours

The gorge of Imst is the classic white water rafting tour in the Alps.

It's perfectly suitable for beginners -

the level of white water difficulty goes up to level III.

Price: Monday to Friday: 41,- Euro per person. Saturday and Sunday: 45,- Euro per person.





Thanks to very highly developed safety standards rafting has become a quite safe outdoor experience.

With our state-certified rafting guides and latest equipment you can venture experience deep gorges and foaming waves.

Feeling the dynamic of water, experience the power of nature – these are challenges that were once reserved for kayak and canoe paddlers.

You can experience all that without any special knowledge with us.



Rafting trips:

- » Rafting Imster Schlucht (gorge of Imst)
- » Rafting Ötztaler Ache (river of the Ötz valley)
- » Rafting in Germany

Conditions for river rafting are:

- Ability of swimming and physical health;
- Participating in the Imster Schlucht I is possible for everybody older than 8 years, on the Ötztaler Ache for 14-year-olds and up;
- The rafting season lasts from May 1st to October 15th:
- We provide the complete equipment for you; you bring your swimsuit and the things you need for showering;
- The transfers to and from the activities are included in the price;
- The complete infrastructure of our camp is at your disposal: beach volleyball court, climbing wall, hot showers...
- We are happy to organize overnight stays in surrounding guest-houses and hotels – everything from a simple farmhouse up to a four stars hotel is possible;
- We also organize catering and BBQs.

INFORMATION:

Natur Pur Outdoor sports GmbH

Dorfstr. 7, A-6432 Sautens/ Ötztal

Address:

Michael Paul Am Beerweiher 4 D-83229 Aschau Tel.: 08052-711333

Fax: 08052-5427 Mobil: 0171-3409472 E-Mail: info@raftingcanyoning.de

Natur Pur Camp, Sautens/ Ötztal

Tel.: +43 5252 20157 Mobil: +43 664 2813707 E-Mail: info@raftingcanyoning.de

Bernhardt Ballonfahrten



All passengers meet at the agreed upon starting point. Your pilot will examine the local weather conditions/patterns and will use a more suitable starting point if necessary. Please be punctual at the starting point, because we cannot wait on late guests.

Category	Description	Price/person
Romantic	Balloon flight Monday to Sunday	180,- €
Sunrise	Balloon flight Saturday / Sunday / German holidays in the early morning	175,- €
Early flight/group	Only possible by booking with 7 individuals weekdays early Monday to Friday	155,- €
Picnic	Only with booking of 7 individuals and only an early flight	195,- €
Children	Children up to 16 years of age	135,- €
Exclusive	maximum 2 individuals in balloon basket available everyday	270,- €





Ballonfahrten

Rothenburg ob der Tauber



What's it all about?

Enjoy Rothenburg from a bird's eye view with our hot air balloon team. There are few pleasures as unforgettable as drifting gently over breathtaking Rothenburg and the romantic Valley of the Tauber in an open basket.

When?

Seven days a week, at sunrise or two hours before sunset.

Where?

We launch from the Valley of the Tauber below the old town of Rothenburg. We are about 90 minutes in the air, with up to five passengers in the balloon basket. Total time required is about three hours.

Pilots?

We are the first licensed (BY 207) ballooning company in this area. Our pilots have got several hundreds of hours of balloon experience. Chief-Pilot George even more than two thousand.



INFORMATION:

Happy Ballooning

Georg Reifferscheid D-91541 Rothenburg o.d.T.

Tel: 09861-87888 Fax: 09861-87880

Cell: 0171-6805243 office

Opening hours:

Monday to Friday from 8:30am

- 12:30pm

Saturday from 10:00am - 12:00am

Email:

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info@happy-ballooning.de

Website:

www.happy-ballooning.de



family Tour



Facts & Information:

Level: Basic

Starting at 6 years of age participation in the Family canyoning is possible. All participants should be able to swim.

Equipment: Each participant must bring: Bath items, shoes that will get wet and that are ankle high, towels and a change of clothing and dry shoes (2nd pair) for after the tour.

Cost:

€80, - €adults

€65, - € children (6-14 years)

Special prices in July and August! €75, -Adult

55, - € children (6-14 years)







family Tours



HAPPY BALLOONING Ballonfahrten

Family routes in the Allgäu

For you and your family we offer special family canyoning routes in the Allgäu area. The Canyoning tour is aligned for children starting at 6 years old with parental participation. The ravines, which we tour, offer many options (portions of the tour can be bypassed if requested).

The family will be prepared for the upcoming challenge through child friendly briefings and a "dry" training session. The children will experience an exciting and fun filled adventure with their parents. The adults will learn and experience first hand to trust their children in challenging situations.

Canyoning for families is also possible in the area around Vorarlberg and in Tirol! Our professionally trained, child-friendly canyoning guides look forward to you and your family.

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Purelements Thomas Waibel Purelements Burgweg 11a 87527 Sonthofen

Tel: 08321-677190 Fax: 08321-677195

E-mail: info@purelements.de website: www.purelements.de/







We offer you... ... daily dates for your balloon trip. Since one cannot plan for the weather, you can select any day as a balloon trip date. You only need to decide whether you wish an early morning or an evening start. On the day of the planned balloon trip the pilot will inform you of any changes due to weather.

Price of Balloon flight

Balloon ride: 180 Euro

group of three: 175 Euro per person group of five: 170 Euro per person

Happy Ballooning - launch site Detwang 21 91541 Rothenburg Ob der Tauber Germany







Skygate ballooning information: A balloon trip lasts approx. 1-1 I/2 hours; because we rely on the wind as our engine times will vary and sometimes the trip is a little longer or shorter, depending on the wind. Each season of the year has its own attraction, in particular the winter season the viewing is very impressive due to the crisp clear skies. The cold is not a problem as when you are drifting with the wind you do not feel the wind when you are in the basket. Dress for the

season as if you were going for a hike and please wear good walking/standing footwear. Experience the European mountains from a bird's eye view. Do you have special requests? We are very flexible and will strive to make your ballooning adventure the memory of a lifetime!



INFORMATION: SKYGATE Ballonfahrten Jo Milbert

Brüder-Zimmermann Str. 4 86989 Steingaden

Tele: 08862 - 932424 Fax: 08862 - 932425 Cell: 0171 - 3152947

Email:

info@skygate-ballonfahrten.de

Website:

www.skygate-ballonfahrten.de





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Facts & Information:

Level: Expert

Minimum age amounts to 18 years with participation in at least one of the other routes basic or pro.

A person should have a good general state of health and be able to swim. We will advise you openly and honestly about the routes prior to your participation.

items, shoes that will get wet and that are ankle high, towels and a change of clothing and dry shoes (2nd pair) for after the tour.

Equipment: Each participant must bring: Bath

Cost: €120, -

Destinations: Allgäu, Vorarlberg, Tirol,









With the optimal preparation through briefings, having practiced on the basic course, having overcome the fear of leaping into the depths of the canyon and having learned the roping techniques required you are ready for all the canyon has to offer. The canvon is larger, the climbs longer and steeper and the ravine deeper as we dip into the cool water. Along the route we encounter roaring waterfalls, glittering cliffs and wonderful awe inspiring nature in it's primitive and purest form. The Pro and Expert routes are suitable as a follow on course to the basic course. For the more daring individuals it is also possible to begin with a pro route. The expert level is reserved for those that have already challenged themselves on one of the other routes and would like a higher level of difficulty.

Facts & Information:

Level: Pro:

Minimum age is 16 years.

A person should have a good general state of health and be able to swim. We will advise you openly and honestly about the routes prior to your participation.

Equipment: Each participant must bring: Bath items, shoes that will get wet and that are ankle high, towels and a change of clothing and dry shoes (2nd pair) for after the tour.

Cost: €100, -

Destinations: Allgäu, Vorarlberg, Tirol, Switzerland, Italy



INFORMATION:

Purelements Thomas Waibel Purelements Burgweg 11a 87527 Sonthofen

Tel: 08321-677190 Fax: 08321-677195

E-mail: info@purelements.de website: www.purelements.de/

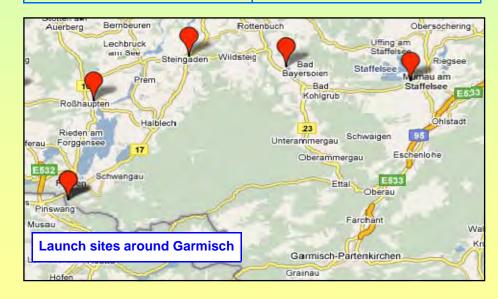


We balloon all year round in beautiful weather according to agreement. Into the spring and summer we balloon in the early and evening hours, in the autumn and winter we shift the starting time more to the middle of the day.



Price of Balloon flight

Per Person:	185,00 Euro
5 or more individuals	175,00 Euro
8 or more individuals	165,00 Euro
Children under 13	95,00 Euro
Flight over the Alps	On Request







TS-BALLONFAHRTEN THE ORIGINAL

TS-Ballonfahrten has over one century of tradition piloting balloons and guests, which we protect conscientiously, so that our guests have a memorable once in a lifetime experience.



INFORMATION:

TS-Ballonfahrten Luftfahrtunternehmen
Annemarie & Fritz Edl GdbR
Eichfeldstrasse 11a

83339 Chieming Tel: 08664-8118 Fax: 08664-1382

Email:

info@ts-ballonfahrten.de

Website:

http://www.ts-ballonfahrten.de

THE BALLOON TRIP

A unique characteristic of balloon flying is that the balloon is steered considerably by nature. It moves with the wind and thus we depend very strongly on the existing weather conditions at time of launch. As a responsible ballooning team we ensure that our guests start their dream journey only in optimal weather conditions. The culmination of each balloon trip is naturally the piloting baptism of the guests, where the guest becomes the pilot of the balloon bringing them into the guild of balloon pilots.







Fitness:

Basic routes are suitable for everyone. Try it out! Minimum participants: starting at 4 individuals. A person should have a good general state of health. Health impairments can be considered during route planning. Restrictions concerning vertigo and swimming ability can be addressed.



Length:

A basic route can last upwards of 3 hours. The duration depends on many factors such as group size, Canyon etc. Since with us each guide leads only one route, there is no time pressure during the route. Our routes are always booked as a daily route.



Equipment:

So that fun and good mood are not lost, you are equipped with special equipment such as neoprene clothing, belt and a helmet! Each participant must bring along: bath items, shoes that will get wet and that are ankle high, towels, a change of clothing and dry shoes (2nd pair) for after the tour.



Allgäu Vorarlberg | Bodensee Tirol | Außerfern | Inn valley Tessin | Lago Maggiore Chiavenna | Comer Jake



starting at €80, - per person







Canyoning ...

A fascinating experience of exploring ancient rock formations, emerald-green water pools and the indescribable wonder of nature up close and personal. Swimming, sliding, jumping, roping, running and pure enjoyment - all this and much more is possible, when you zip the neoprene suit shut, adhere to the safety considerations and you have learned the techniques of roping. We then move into a world where time no longer matters, where the clear water rushes secured by a rope which you firmly grasp in your hand as your repel down the waterfall and in the next instant dare to jump into the blue green waters below. Let from us guide you through a world that time has not changed, where you can be bewitched by the wonder and majesty of the moment as seen from a perspective that you will remember for a lifetime.

Level: Basic:

Basic routes are characterized by a relatively short climb, a ravine that many alternates offers, as well as emergency exits which can be reached easily. Nevertheless, a basic route has everything which Canyoning constitutes: Leaps, slides, repelling etc. in moderate heights for an initial experience and learning. Season:

The basic routes start in the middle of April and run into October depending on the snow situation and weather. Since canyoning depends so much on the weather and water conditions, the ravine which will be utilized will be selected on the day of your adventure.

INFORMATION:

Purelements Thomas Waibel Purelements Burgweg 11a 87527 Sonthofen

Tel: 08321-677190 Fax: 08321-677195

E-mail: info@purelements.de website: www.purelements.de/









Our Prices:	incl. 19 % MwSt
Length of flight	Approx. 1.5 Hrs
Per Person	189 Euro
For 2 Persons	185 Euro per Person
For Groups > 4 Persons	175 Euro per Person
For Groups > 8 Persons	165 Euro per Person
Children under 14 years old	140 Euro per Person
Alps flight 1.5 to 2 Hrs (only in Winter)	250 Euro per Person





Step 1: go to www.ballonservice.de

Step 2: Click on area where you are interested in doing a balloon flight



Step 5:...book the flight and enjoy your balloon flight....remember have fun!



Weather

Since canyoning is an outdoor activity in the mountains, it strongly depends on the weather conditions. The tour might be postponed in case of adverse weather and therefore the organizer reserves the right of making changes at short term (e.g. location, starting point of the tour), if necessary. Please arrange a date with regard to weather conditions directly with the organizer.



eanyoning

Equipment and clothing

Required wetsuits as well as belaying and climbing equipment will be provided by the organizer. Please bring hiking boots or trainers (bear in mind that they might get wet) with grip sole, as well as sufficient outdoor clothing adapted to weather. Further information can be obtained directly from the organizer.



Participants and spectators

Minimum number of participants per group is 5.









Canyoning tour for beginners

An outdoor adventure for all who miss the adrenaline rush in ordinary hiking. Gorges, caves, canyons, torrents and thunderous waterfalls are outdoors enthusiasts' delight. Learn handling rope and equipment in a special dry practice and gain first experience in canyoning techniques, such as abseiling and belaying others. Realize what you've learnt on the following tour: abseil up to 8 meters from rock faces, slide and jump up to 3 meters deep, into crystal clear waters. Practice and improve your climbing skills in easy walls.

Pass this canyoning adventure with flying colors and experience adrenaline in its finest form! Information and participation requirements

Required physical condition and age

Minimum age is 16. Minors must have the written consent of their parents. This adventure requires good health and agility. Participants must be at least average swimmers and have a good head for heights. Please note: canyoning cannot be compared to normal hiking but requires much more strength, agility and boldness.

Duration of the adventure

The adventure takes about 4 hours, depending on the number of participants and their fitness. Tour starts at 8.30 a.m.

Canyoning Tour for Beginners

Coupon: € 69.00 Gift Box: € 86.00



INFORMATION:

Jochen Schweizer GmbH Rosenheimer str. 145 e-f 81671 München

The Jochen Schweizer® adventures contained in this brochure and 591 more are available at www.jochenschweizer.de.

Sales / Service: 0180-5606084

Redeem a Gift Certificate: 0180-5606088

Hours of Operation:

Mon - Fri 08:00 - 20:00 Sat 10:00 - 16:00

(14 ct/Min National land based, mobile surcharges may vary)

Website:

www.jochen-schweizer.de



Sail Training with the Rhöner Hang Gliding and Parasailing Flight Schools on the Wasserkuppe!

For a "Safe Flying" and learning environment the Wasserkuppe is perfect due to the enormous practice slopes (950m) avail-

able, also known as the "Mountain of the Flyer" it shows that the northern Alps is not the only alternative to sailing:

- Kilometer-wise practice slopes in the Rhön*
- 16 basic and high-altitude flight areas:
 Guaranteeing sailing opportunities
 regardless of wind direction*
- Parasailing school, shop, service, hotel and restaurant all on the mountain*
- Throughout the entire season weekly a Paragliding course with DHV-Certification*
- For school age children up to the 13th class there has been no increase in price for the last 9 years!
- Guaranteed highest weather stability
- In 2007 it was again confirmed: We are the most popular flight school in Germany! **

*Only place available in Germany **DHV Survey





Undecided? Why not try our Trial Offer course

Still a little uncertain if flying is for you? Plan to attend a trial offer course! After a short introduction to the theory and equipment used we head out to the practice slopes.

Shortly after some running and sail inflating exercises you will realize your dream of independent flight! After your first few short flights with radio contact your view of the world will have changed! The incredible experience of the trial offer course proves itself in that most of the trial offer students sign up for a follow on course and continue to fly.

Our recommendation

In comparison with a tandem flight or a balloon trip the "trial offer course" is our recommendation of choice for experiencing the freedom of flight an unforgettable active weekend, also great with a partner, with friends, associates or teammates.

Training after the trial offer?

Immediately after completion of the trial offer course, we can continue your training with either the 4 day ground course or the week long combination course. If you choose not to immediately pursue your dream of flying,, you can sign up within one year of taking the trial offer course and it will be taken into account!

Papillon

Rhöner Drachen- und Gleitschirmflugschulen Wasserkuppe GmbH

Wasserkuppe 46 D-36129 Gersfeld +49 (0)6654 - 75 48 +49 (0)6654 - 82 96

-Mail: info@wasserkuppe.com Internet: www.wasserkuppe.com

Flightcenter-open times: Daily, Mon-Sun: 9 - 18 hrs

Trial Offer Parasailing		
Trial Offer in the Rhön, every Saturday and Sunday	150,– EUR	
Group rebates for Groups > 5	Per request	





Type: Level 1 a basic entry level route Season: 01. May until 15 October Time: approx. 1.5 to 2 hours

Cost per person: Mo-Sun euro 45. Group discount each 11th Person is free!
Easy canyoning tour in the rose garden ravine.
This route is ideal for a riser route and for becoming acquainted with the medium Canyon.

Type: Level 2 - Easy to Moderately severe in

difficulty.

Season: 01 May until 15 October

Time: approx. 3 to 6 hours

Cost per person: Mo-Sun euro 64. Group discount each 11th Person is free!
Moderately severe canyoning tour, either as an addition to route 1 or for the adventurous and courageous can be used as an entry level event.



Type: Level 3 - Severe to Extreme in difficulty.

Season: 01 May until 15 October **Time:** approx. 4 to 8 hours

Cost per person: Mo-Sun euro 84. -

Extreme Canyoning tour, a precondition to undertake is completing of at least route 1 or route 2, as well as active, independent roping techniques (with us or learned on preceding routes).



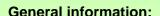




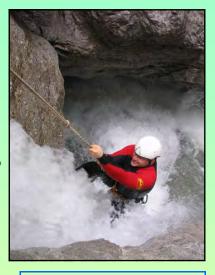
Information:

Canyoning, an outdoor sports which is still new and unknown to many people, is travelling in canyons using a variety of techniques that may include walking, scrambling, climbing, jumping, abseiling and/or swimming in deep pools. You can find canyoning trips of different levels of difficulty – from a scenic but easy tour for beginners to extreme canyons with slides and jumps of more than 10 meters and abseiling up to 70 meters.

Thanks to our state-certified canyoning guides, latest equipment and very high safety standards canyoning has become quite a safe nature experience.



- Conditions for canyoning are: ability of swimming, security of stepping and physical health;
- Participating in trip I is possible for everybody older than 8 years, depending on the weather and the water-level;
- The canyoning season lasts from May 1st to October 15th:
- We provide the complete equipment for you; you bring your swimsuit and the things you need for showering;
- The transfers to and from the activities are included in the price;
- The complete infrastructure of our camp is at your disposal: beach volleyball court, climbing wall, hot showers...
- We are happy to organize overnight stays in surrounding guest-houses and hotels – everything from a simple farmhouse up to a four stars hotel is possible;
- We also organize catering and BBQs.



INFORMATION: Natur Pur Outdoor sports GmbH

Dorfstr. 7, A-6432 Sautens/ Ötztal

Address:

Michael Paul Am Beerweiher 4 D-83229 Aschau Tel.: 08052-711333

Fax: 08052-5427 Mobil: 0171-3409472 E-Mail: info@raftingcanyoning.de

Natur Pur Camp, Sautens/ Ötztal

Tel.: +43 5252 20157 Mobil: +43 664 2813707

E-Mail: info@rafting-canyoning.de

Papillon

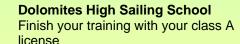
Other Flight Training Opportunities with us at Papillon

Basic Handling Course

The four-day basic training ends with the first high-altitude flight; it forms the basis for follow training. The training objectives in the basic course are starting - steering - landing.



A week long course in theory and practice. At the completion of which you have a high-altitude flight document of identification (earlier: D-light). This permits flights in the training course area, and after a briefing also flights in other training areas.



Motorized Parasailing

Don't rely on the wind fly with a motor!









Segelfliegen ... nur Schweben ist schöner!



Segelfliegen ... nur Schweben ist schöner!

With our "Trial Day" you will get a taste

of what flying can be like. On a Monday

thru Friday you will experience three

extensive flights either in a motorized

both) to expose you to the thrill of

called Pilot Briefing (morning

in the evening.

flying! The day begins with the so-

discussion) and ends with returning

of the airplanes to their park areas

plane or in a glider (or a combination of

Wasserkuppe

Experience the fascination of flying in its most beautiful form!

Training as a Glider Pilot is divided into three phases:

- In the first phase the basic techniques of flying Gliders is learned such as starting, turning flight and landing. This phase is accomplished in a twin seat glider and ends with your first three solo flights (Aexamination).
- The second phase is in a singleseater and during the B-examination the flight student must demonstrate that they can handle the tasks required alone.
- The third part of the training is concerned with the planning and preparation of flying on thermal currents, the thermal flight lessons are accomplished with and without instructors. This phase ends with the C-examination.
- After the theoretical examination, and a minimum flight experience of 25 hours with an en-route flight of at least 50 kilometers the examination can be taken to be a Glider Pilot - then the skies are open to you!





INFORMATION:

Flight School Wasserkuppe

Wasserkuppe 9-11 36129 Gersfeld Tel: (06654) 364

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Email:

info@fliegerschule-wasserkuppe.de

Website:

www.fliegerschule-wasserkuppe.de



Trial Day Offer

Trial Offer 3 flights in a glider motorized plane or **EUR** combination, weekdays Mon-Fri

180.-





Panorama flights: Would you like to experience the nature and beauty of the Rhön from above or share it with someone special? Then try one of our panorama flights. We have three offers available starting from 50 EUR to 105 EUR.





