

L.H.S. STUDENT ATHLETE PARENT CHECK-LIST



PRE-SEASON:

- _____ Athletic Physical
- _____ Power of Attorney*
- _____ Inherent Risk Policy*

PRE-COMPETITION:

- _____ DoDDS-E Drug & Alcohol Policy*
- _____ Read the LHS Athletic Handbook (located in Student Planner)
- _____ Information on Hazing (<http://www.nfhs.org/hazing.aspx>).

Please review with your student athlete.

-----**These documents can be found on the LHS web-site under Lancer Athletics.*

<http://www.lake-hs.eu.dodea.edu/>

-----To begin a sport each athlete will need the following:

-Current Physical on file with the nurse. Athletic physicals are valid for one year from the date given.

-----Items in bold will need to be turned in to that team's coach before your athlete may begin competition.