



Chief Jordan takes reins from Chief Hergenrother



Chief Master Sgt. John A. Jordan assumed the role and responsibilities of the Command Chief Master Sergeant position from Chief Master Sgt. Thomas Hergenrother during a ceremony held here, Jan. 9. Unit members, family and friends gathered in the base auditorium to congratulate Chief Jordan on his new position and to thank Chief Hergenrother for his contribution as the 183rd Fighter Wing Command Chief Master Sergeant. Col. Michael Meyer, 183rd Fighter Wing Commander, gave both Chiefs accolades for their dedication, service and personal integrity that they have provided the unit. Chief Hergenrother retired after 40 years of outstanding service to the unit and received numerous tokens of appreciation. Chief Jordan is committed to continuing the tradition of excellent service to the Commander, Wing, and enlisted members while serving in the Command Chief Master Sergeant position.

Photo by Staff Sgt. Shelly Stark

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Important Information

Unit Training Assembly Schedule



and pay dates



<u>Duty Performed</u>	<u>Pays out (approx.)</u>
MAR 5-6	MAR 16
APR 2-3	APR 13
APR 30-MAY 1	MAY 11

PLEASE NOTE: Duty hours for each UTA/SUTA will be 0800-1200 and 1300-1700 unless otherwise scheduled in advance. Mark your calendar! For more pay information, see the DFAS website at <http://www.dfas.mil/index.htm>. Pay information is under the Money Matters heading.

March Lunch Menu

Saturday

Marinated Pork Steak
Herbed Baked Chicken
Baked Mac n Cheese
White Rice
Cauliflower
Broccoli
Fried Apple Crisp
Salad Bar
Fresh Fruit

Sunday

Chili Macaroni
Baked Fish
Wild Rice Blend
Mashed Potatoes
Glazed Carrots
Peas n Mushrooms
Chicken Gravy
Apple Crisp
Salad Bar
Fresh Fruit

Saturday and Sunday Short Order

Chicago Style Hot Dogs, Chicago Style
Polish Sausage, Chips, Peppers n Onions

**Menu subject to change*

Attention!



The deadline for the
**APRIL issue of the Falcon's
View is SATURDAY, March 5,
1200 hrs.**

On Base Emergency

CALL 911 FOR ALL YOUR
ON-BASE EMERGENCY NEEDS.

Important Contacts

Commercial (217) 757-1XXX
on base use 3-digit Ext.

Main Gate.....	205
Base Commander.....	219
Base Operations.....	202
217th EIS Commander.....	700
Pass and Registration	481
Recruiting.....	285
Public Affairs	267
Customer Service	308
Military Pay	225
Clinic.....	221
Safety	237
Chaplain	367
Wing IG	770

Toll Free Number

1-800-392-1797

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183rd Transitional Support Mission comes to an end

by Master Sgt. Jesse Stewart
183rd Maintenance Squadron

The 183rd FW F-16 Phase Inspection Transitional Support Mission (TSM) has come to an end. What is the TSM you ask? Let me begin by giving some background information: The National Guard Bureau tasked the 183rd Maintenance Squadron with a temporary mission to assist other units around the nation in performing F-16 phase inspections. These units were unable to accomplish these inspections due to both preparation and returning from Air Expeditionary Force (AEF) deployments. While deployed to the area of responsibility (AOR), each F-16 aircraft can log up to 600 flight hours, depending on the ops tempo. F-16 phase inspections are required to be accomplished after every 300 flight hours.

Under normal flying at their home stations, aircraft may go through "Phase" every one and a half years, on average. While deployed, they typically are phased two to possibly even-three times during an AEF cycle. At the end of a deployment, aircraft are carefully managed by maintenance schedulers to allow enough flight time for the return home. This is where the backlog can occur.

Beginning in October of 2008 and concluding in December of 2010, TSM personnel, both full time and traditional, were instrumental in accomplishing 20 phase inspections on block 30 F-16Cs from seven different ANG units. The units were: the 132nd Des Moines, IA, the 113th Andrews AFB, Md., the 114th Sioux Falls, S.D., the 158th, Burlington, Vt., the 187th Montgomery, Ala., the 177th

Atlantic City, N.J., and the 140th Buckley, Colo. The 20 phase inspections added 6,000 additional flight hours to the ANG block 30 F-16 community. This equates to approximately two years of flying for one unit.

In addition to a normal phase, there are numerous hourly and calendar inspection criteria established by engineers to sustain air worthy war fighters. Some of the major inspections include: component time changes, landing gear overhauls, engine and egress inspections, avionics, electric, fuel, hydraulic and weapon systems operational checks. On several instances, engineering disposition from the 508th Fighter Sustainment Group at Hill AFB, UT, was required for structural/mechanical defects discovered during the inspections. These defects are normally repaired during scheduled depot maintenance.



Crew Chief SSgt Matt Shelton gives the "thumbs up" as the last aircraft maintained in the 183d Fighters Wing's phase mission, leaves the base.

Once the inspections were completed, maintainers performed additional duties by transitioning from inspectors and back shop specialists to flight line mechanics and flight line dispatchable specialists to launch and recover the aircraft. On occasion, pilots would traverse to and from the 183rd by a two-seat F-16D to drop off and pick up phase aircraft. Maintainers were responsible for turning these as well.

During the TSM, personnel supported

numerous air shows, performed transient aircraft maintenance, recovered the T-33 Shooting Star for static display, performed ORE/ORI TDY support and attended 3-level technical schools required for their new jobs.

Now that the TSM has ended, everyone will now transition to their new jobs within the Engine Component Repair Facility and the Air Operations Group. The inspection element would like to thank all involved not only for their support, but their willingness to help, attention to detail and for continuing to maintain these aircraft as if they were our own.

My final farewell

By Chief Master Sgt. Thomas Hergenrother, 183rd Command Chief

Retirement is something we all think about throughout our entire working career; it seems like it cannot get here quickly enough. And then, as retirement gets closer, things begin to change. A little apprehension sets in and you start thinking "what am I going to do to stay busy?" Any way you look at it, the older you get, the quicker your retirement looms on the horizon. And the precious gift of time seems to rapidly accelerate each and every day.

As I prepare to retire from the 183rd (January UTA was my last weekend) I have endured a roller coaster of thoughts and emotions. But those feelings are based on great memories. My career at the 183rd has been outstanding! I have been blessed to have worked with some of the finest individuals that have served in the military. The 183rd has some of the most talented, most committed and patriotic members that can be found anywhere. The commitment to excellence has been a proud heritage of this Wing for the entire 62+ years of its existence. And the future looks very bright.

The BRAC process gave us the Air Operations Group (cNAF), the Centralized Repair Facility (CRF) for GE engines, and allowed us to keep the talented Mission Support Group. As result of these new missions, the transition to create a Center of Excellence has been a supreme challenge. Numerous individuals that were highly skilled in their chosen career fields were forced to retrain. And as one would expect, these Airmen met the challenge, maintained a great attitude and started the retraining process. Today, 28 months after beginning the



new missions, over 75% of our personnel have attended technical schools and are approaching their 5-skill and 7-skill levels. This is very typical of 183rd personnel.

And if you have not noticed, there are extensive modernizations being accomplished on our on-base facilities. The oldest building on base, the P-1 Hangar, has been upgraded to a state-of-the-art engine repair facility. The renovation of the AOG buildings, P-16, P-35 and P-36 will begin in the near future. The upgrades will result in a new high-tech Air Operations Center (AOC), increased functionality in work spaces and secure communication upgrades to successfully support the assigned SOUTHCOM mission. The communications building, P-8, is scheduled for modernization beginning in June 2011. And if you look at the grassy area south of the base, where the new empty pond is located, you will see the new main gate entrance being developed. These are certainly positive upgrades in maintaining a competitive edge while moving forward in the new missions.

If you keep up with the news, you will know that the DOD budget is being scrutinized, cuts are being made in every program, and military construc-

tion dollars are extremely difficult to obtain. You should feel proud the 183rd has been selected to receive funds for these state of the art upgrades. In five years the base will look vastly different for returning retirees.

Since post 9-11 the Air National Guard has moved from a strategic force to an operational force and we now fight side-by-side with our active duty counterparts. Military leaders and Capital Hill lawmakers have taken notice. The ANG is accomplishing their role on the Global War on Terrorism at 10% of the cost of the USAF. This will be extremely meaningful data when DOD is determining where to place future missions.

At the 183rd, we have an outstanding record of filling deployment lines when tasked. From Sept. 11, 2001 through Sept. 11 2010, over 800 members have participated in 30 to 179 day deployments, with 51 members exceeding 180-day deployments. In addition, as of today, in early January 2011, we have 68 members deployed to various locations around the world. These members are working side-by-side with their active duty counterparts and there are no differences in skill sets. Total Force Integration (TFI) is alive and well. During the Worldwide Command Chief conference last May at Gunter AFB, numerous active duty Command Chiefs stood up and praised ANG members for their performance while assigned to their deployed command. They were not forced to do this, they wholeheartedly volunteered. Yes, a lot has changed the ANG in nine short years.

My career with the 183rd has come to a close. It has been a great career. I leave feeling extremely proud to have served with the current members, past members and our retirees. I wish the best for each of you, your families and a bright and rewarding future for the 183rd.

The 183rd Fighter Wing Responds to Accident at Capital Airport

SPRINGFIELD, IL (01/06/2011) Firefighters from the Springfield-based 183rd Fighter Wing responded to a civilian airplane crash at approximately 11 a.m. on Jan. 6 at the Abraham Lincoln Capital Airport in Springfield. The aircraft came to rest off the runway in the grass in front of Standard Aero.

Four firefighters from the 183rd Fighter Wing, which serves as the first responders for airplane crashes at the Springfield airport, responded to the crash.

“They responded under the minimum time required by the Federal Aviation Administration and did a terrific job extinguishing the fire, securing the aircraft and providing aid to those on board,” said Lt. Col. Chuck Coderko, 183rd

Fire Marshal.

Six individuals were on board the aircraft, with two people injured and taken to the hospital for further medical treatment.

“Our firefighters are top notch and performed their job with great professionalism. I am proud of the work they did today and do every day,” Coderko said.

As part of the previous mission of the 183rd Fighter Wing, the Air National Guard unit has 18 full-time firefighter positions. The firefighters are highly trained for Hazardous Material and Homeland Defense response. They provide fire protection for Abraham Lincoln Capital Airport as well as Mutual Aid Support to Fire Departments from Springfield, Sherman, Athens, Pleasant Plains and any department that requests.

The crash remains under investigation by the Federal Aviation Administration and the National Transportation Safety Board.



Photo by Master Sgt. Shaun Kerr

In the Spotlight



Who: 2nd Lt. John Coleman

What: DISA EI SIT-OPS OIC

When: Enlisted Aug. 26, 1999
Commissioned Feb. 19, 2010

Why: He decided to enlist in the IL Air National Guard after high school to help pay for my college. He completed the AFOQT after graduating from college in the hopes of one day becoming an officer.

Civilian Employment: He is currently working full time as a Title 10 employee with the 217th EIS.

Civilian/Military Correlation: Currently working in the 217th EIS for his civilian and military positions. His first position in the Guard was in Plans and Programs in the Communications Flight, which helped him pursue his bachelors degree.

Recent/Favorite Deployment: In 2007 he went on a TDY to Aviano AFB, Italy. He was fortunate enough to visit Venice, Florence, Rome and tour the Vatican City during the deployment.

Additional Comments: He thinks the neatest thing about the transition from enlisted to officer is now he gets the honor of enlisting young Airmen just like he did in 1999.

Still in Transition... Phase 2

By Col. Ricky Yoder
183rd Air Operations Group
Commander

Many of us in the OFA (Old Fart's Association) are fond of recalling how things used to be. Romanticizing the "good ole days" can be healthy to a point – expressing our affection for our common Air Force heritage bonds us together as professional Airmen. These days, however, in the Air Operations Group (AOG), I prefer to look forward and not backward and have a clear vision of where we are going, not where we have been. Although I enjoy the heady memories of low-level flying in Cold War Europe, or Close Air Support on the Korean DMZ, our conversion to Component Numbered Air Force (CNAF) augmentation which started two and a half years ago has given all of us the opportunity to expand our personal horizons and our careers into areas that were very limited in the ANG in the good ole days.

The ability to take advantage of the opportunities of this Command and Control (C2) mission set requires our entire organization to change, not only our technical skills and AFSCs, but how we think and how we mentor and professionally develop our young Airmen at all levels of their careers. Some members of the OFA may look backward and I hope that they have the vision to see the large difference between how we career-developed Airmen when we were younger and the tools that our Airman require for success in today's operational environment. In a general sense, this is the reality of the Air National Guard since



the end of the Cold War and the first Gulf War, Desert Storm. During the last two decades, the ANG: 1. Has become an operational reserve instead of the strategic reserve of old; 2. The active component has become reliant on the ANG due to the high ops tempo of the times and more recently due to the lean economic situation that our country is facing and; 3. The ANG has been transitioning to non-traditional ANG mission sets due to emerging technologies and the subsequent decreased requirement for manned aircraft.

Specific to the AOG, we are converting from a tactical level mission where we operated a major weapon system and developed Airmen to operate or support that major weapon system to an operational level mission where we build upon the skills that we learned while at the tactical level and further develop our Airmen in order to assist the Joint Force Air Component Commander to provide Air Force capabilities and Air Force forces to a Combatant Commander. In our case, we are integral members of the CNAF staff that enables the Commander of Air Forces Southern, Lt. Gen. Spears, to support the objectives of his boss, the Commander of U.S. Southern Command, General Fraser. Our ability

to plug and play, competently and confidently, into Lt. Gen. Spears' staff is essential for him to provide those Air Force capabilities to the Joint Fight and U.S. Southern Command.

During the first two and a half years of our conversion, we have focused a significant portion of our efforts on learning new technical skills. For many of us in the AOG, that has translated into AFSC-awarding schools and the Air and Space Operations Center (AOC) formal training unit. Our AF-FOR augmenters in the ASuS are still developing their training requirements with ACC, but have started attending AFFOR Intermediate Staff Course (AISC). Many of us are still in that first technical phase of conversion as we acquire new AFSCs and earn the special experience identifiers (SEI) tagged to our AFSC identifying us as operational level warriors with Initial Qualification Training (IQT). We will continue to hone our technical skills as we complete Mission Qualification Training (MQT) and get certified as Combat Mission Ready (CMR) operators. Our goal of Oct. 1, 2011, is for the AOG to declare Initial Operational Capability, or IOC, which is measured as 50% of our personnel certified as CMR. Our next metric will be to reach Final Operational Capability, or FOC, which is defined as 80% of our personnel certified as CMR.

During the last six months, I have detected a slight shift from the technical skills training phase to a phase where we are adding some professional development and an operational level flavor, as personnel are returning from schools and other C2 courses. Part of this shift, I believe, is due to the efforts of our local exercise working group led by Lt. Col. Greg Henderson and the incorporation of

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Goals for Greatness!

By Chief Master Sgt. Brenda Korte
Human Resource Advisor

How are those new goals coming along this year? Are you keeping up with your exercise program? Eating right? Wishing it was spring and the weather was a little warmer for your running program? In the last hard copy Falcon's View, I suggested a few goals that may tie into our mili-

tary career and guide us to greatness. The new electronic version of the paper allows me to share all of the goals listed in the second edition of A Leader's Guide to Diversity (all commanders and first sergeants have a copy). Remember, goals are listed in relation to Enlisted Time in Service (ETS) and some will appear at multiple levels. Overall, they provide insight and suggestions as we move forward in our military career.

0-Five Years ETS

- Establish yourself as a doer
- Find your voice
- Always communicate with dignity and respect
- Make no excuses, hold yourself accountable
- Work zealously on building confidence, competence, discipline, and focus
- Build confidence in public speaking
- Be prepared and qualified for opportunities ahead of time
- Achieve higher education
- Accept help from others to grow beyond your AFSC
- Responsive to feedback
- Act as a person of honor and high character
- Creative problem-solver
- Be organized and resourceful to get things done
- Have faith and believe yourself forward
- Demonstrate personal flexibility in different situations
- Know and excel at every aspect of your job
- Complete your PME ahead of time
- Find multiple mentors
- Ensure you find your purpose in the Air National Guard
- Volunteer for leadership roles within the organization
- Get involved with councils, profes-

sional organizations and associations

- Be mindful of your reputation on and off duty
- Personally meet "Top 3" unit leadership
- Know and understand the mission
- Volunteer for community and unit events
- Join and become involved in a community organization

Six-10 Years ETS

- Develop your training skills to develop others
- Achieve higher levels of education and training
- Keep your resume updated
- Be prepared for future opportunities ahead of time
- Act consistently in-line with a clear and visible set of values and beliefs
- Treat differences fairly and equitably
- Able to make tough decisions
- Comfortably confront and work through conflict
- Deal promptly and fairly with all Airmen
- Inspire individuals, teams and the organization to perform at a higher level
- Accept help from others to grow beyond your AFSC
- Complete your PME on time (7 level/NCO Academy)
- Read at least one leadership book a quarter
- Get a mentor/Be a mentor

- Live out your purpose in the Air National Guard
- Volunteer for leadership roles within the organization
- Develop relationships with Airmen outside of your comfort zone
- Learn your supervisor's job
- Serve in a position of leadership at your unit
- Learn to write awards and performance reviews
- Volunteer for community and unit events
- Join and become involved in a community organization
- Continually develop your leadership skills
- Be effective and efficient with resources
- Introduce and execute one good idea every six months
- Join and proactively support a military organization or association

11-15 Years ETS

- Make no excuses
- Achieve higher education
- Be prepared for future opportunities, before they happen
- Understand how diversity affects leadership, teamwork and your mission
- Get the most and best out of all Airmen
- Help other Airmen find their voice
- Act with honor and character, deal and

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A Blessing to Our Families?

By Chaplain (Lt. Col.) Bob Barry
183rd ASuS Chaplain

The holiday season for most of us is highlighted by time spent with our families, and there are good reasons for this. In the religions of Abraham, the first to experience the curse of Adam and Eve's sin were their sons, Cain and Abel. The first parents poisoned their children with sin and this poison spread through all humanity. But at least in the Christian tradition of these religions, Jesus made the first object of his ministry the family. His own parents were blessed with a spirit that made them exceptionally devoted to him, even to the point of fleeing in exile to the deserts of Egypt to protect him. But Jesus did not limit his blessings to his own family, but gave them generously to others. His first disciples, Andrew and Peter, were brothers, and Jesus saved their mother from a serious illness. And the next two disciples were James and John, the sons of Zebedee. The first action Jesus took in his ministry was to bring blessings and not curses to the families of his followers.

I mention this because Jesus offered these blessings long after his birth and he continued to do so throughout his ministry. This fact forces a question on us: do we continue to be a blessing to our families? By who we are and what we do, by what we have done and what we will do, are we a burden, curse and humiliation to our families, or are we a blessing, cause of joy and a comfort to our family members? Do our ac-



tions and decisions drive our family members apart or draw them together? I raise these questions because our families shape and form us and a good family life enriches us while a deteriorating family life harms us.

In all of the religions of Abraham, God offered blessings to families, and his actions are an example for us. As we begin another year, it is good for us to resolve to give more to our families. One of the greatest gifts we can give to our family is peace on a day-by-day basis. This involves overlooking minor actions and events that irritate us. It involves cheerfully helping others or doing tasks others do not want to do. It involves making extra efforts to overcome problems and difficulties. Bringing peace to one's family can also require us to reach out to other family members in a fuller and more complete way when a crisis emerges.

At a deeper level, we can be a blessing to our family by giving them faith. Many today claim that each individual should decide about this in private, but I am not so sure. Giving a child or adolescent religious faith seldom hurts them and it usually helps

a great deal. This does not relieve the child of conscientiously determining religious truth when they mature, and in fact, it will help to make these critical decisions.

These are only a very few ways we can be a blessing to our families, and coming up with what each of us can do with our own families to be a blessing to them is our own personal task.

Chaplains' Information:

Roman Catholic Chaplains:

Lt. Col. Bob Barry
3700 103rd Street
Chicago, IL 60655
phone: 773-296-3857
email: RLBarry@att.net
or robert.barry@ang.af.mil

Lt. Col. Jeff Laible
316 S. Logan Street
Lincoln, IL 62656
phone: 217-732-4019
email: Frlaible@hotmail.com

Protestant Chaplain:

1st Lt. John Bormann
16595 N. Meadow Ln.
Petersburg, IL 62675
phone: 217-361-8833
email: jonbormann@gmail.com

Religious Services

Protestant Service:

Saturday 1500 hrs Chapel

Catholic Mass:

Saturday 1600 hrs Chapel

Base Chapel Office:

Bldg. P-48, Room 302

Phone 217-757-1367

DSN 892-8367

Fax (217)757-1509



Family Matters

By Maj. Shawn Green
Commander, 183rd Comptroller Flight

For those members of the 183rd that have been in the unit for many years, like me, you have probably worked with someone that has had a brother, sister, father or mother in the unit as well. Some families have spanned many years and many siblings with the unit, such as the Rosenthals and Cassons. In fact, this is one of the unique features of the National Guard that distinguishes us from our active duty counterparts, and in my opinion gives us an advantage.

In 2010 I had the pleasure of being introduced to a new generation of 183rd serving siblings that have impressed me enough to write about them. If you have not met one of them yet, you will. They are on a course to be a new chapter to the uniqueness of the Air National Guard.

The family I am referring to is the children of José and Jo Hanna Borjon (pronounced Bohr-john) of Sherman, Ill., known as Pappa Joe and Mamma Jo. There are three sisters and one brother that are all currently members of the 183rd/217th, Leah (Borjon) Bryant, Faith (Borjon) Patton, Paige Borjon and Derek Borjon.

As the kids will tell you the parents are a clear case where opposites attract. José was born and raised in Aurora, Ill., and is a former Marine Corps sergeant.

When the kids were growing up he was in to body-building and was described as a shorter, non-green version of the Incredible Hulk. According to the sisters, this was a limiting factor for being asked out on a second date by boys during their high school years. He is now an auditor for the Illinois Department of Revenue, where he has worked in several important roles for the past 30 years. So, pay your state taxes on time!

Josephine was born and raised in Perry, Ill. (over by Pittsfield). She is an Art teacher for the Springfield School District. The guy from the city/suburbs met the gal from the country while attending Western Illinois University.

Faith Patton, the second born and self-labeled “favorite child,” joined the unit in 2004 and spent a few years in the Maintenance Squadron in the Analysis section. She currently works full-time in the Finance office as a travel/accounting technician. When asked why she joined the ANG, she said it was for the school benefits and because her father said “over my dead body” will you join another branch of service. She has her Bachelor’s degree in Business Administration from UIS. She became aware of the unit’s existence because of her close relationship with Master Sgt. Sarah Hayward’s sister, Jill. Sarah and Jill’s father was actually her basketball coach in school. Master Sgt. Hayward talked with her about the family atmosphere and benefits the 183rd offered and Faith eagerly signed up. Her son, Wyatt keeps her busy and she is expecting her second son to be born in April of this year.

Paige, the third in the lineup was the next to join the Guard. She learned of the school benefits from her sister and Master Sgt. Hayward and chose to join the Civil Engineering Squadron as a Heating, Ventilation and Air Conditioning (HVAC) Specialist. In that capacity she has already traveled with the squadron to Baghdad, Iraq (for six months), Germany, Florida and her least favorite...Minot AFB,

See Borjon Family Page 13



From left: Derek Borjon, Paige Borjon, Faith Patton, Leah Bryant

Commanders Comments cont.

Cont. from Page 6

group-wide training during our UTAs. Walking the halls during the last few UTAs, it has been very encouraging to overhear discussions about Joint Air Operations Plans (JAOP) and Course of Action (COA) Development. Additionally, the teamwork displayed in building the training is not only a positive characteristic of a unit, but also good training for establishing our proper lanes as part of a CNAF staff. A1 personnel briefing manpower, A4 personnel briefing maintenance and logistics, AMOS personnel briefing airlift or aerial port requirements, etc – enables different divisions and directorates with different legal and functional responsibilities to coordinate, plan, and interact towards the common JFACC and COCOM objectives. This is the key to any Joint team – that joint team in USSOUTHCOM also includes many Government and Non-Government Organizations (NGO) as well. Learning our lanes in these organizations is part of the professional development and skills required by our airmen to navigate through this C2 mission.

Another piece of the professional development is Professional Military Education (PME). To be able to plug and play into the CNAF staff, you must share the common foundation of education of your active component contemporaries that you interact with on the staff. This includes AFSC awarding schools, advanced warfighter courses such as Contingency Wartime Planning Course (CWPC) and, of course, PME. Recently retired Command Chief Master Sgt. Hergenrother's career is a good place to form lessons learned and setting goals for success in the careers of your young airmen. If you talk with Chief Hergenrother, he will tell you that his experiences at in-residence NCO and SNCO Academy gave him the tools necessary for his high-octane success. Continue your research and you will find that most of the over-achiever Senior NCO role-models, on this base, have attended NCO and SNCO Academy in-resi-

dence. Recently, I am encouraged to see many members of the AIS taking advantage of in-residence PME. While the travel budget continues to shrink, I will go the distance in finding funds to send our commanders and superintendents to NCO Academy graduations.

My last point is readiness and accessibility. As we become highly trained operational level warriors, we become more aware of current events around the globe. Being aware of current events reminds us that there are hot spots in the world, as well as natural disasters that could require our recently acquired C2 expertise. In the CNAF mission set, it is imperative that we are ready to deploy to the engaged theater whether it is in a kinetic fight or humanitarian assistance as a result of a natural disaster. We do not have the luxury of a pre-planned AEF schedule as we did in our prior tactical level flying missions. It does us no good to train to the CNAF mission set, if we are not accessible to Lt. Gen. Spears when he needs us. Whenever his AFFOR or AOC staff goes to 24-hour operations, we are a requirement for 12AF/AFSOUTH mission accomplishment.

In closing, I am very encouraged at this stage of our conversion to the CNAF mission. As of this writing we are 71% manned and 59% have attended their required AOC courses. I would be happier with 100+% manning, but we are on our way to declaring IOC Oct. 1. That is the easy part. I am also very happy to see the beginnings of the second phase of training which includes a culture shift. With the proper education and professional development, all of us are capable of being confident and competent operational level warriors, able to plug and play into any numbered Air Force or Joint Task Force staff. I am confident that our squadron commanders and superintendents will continue to push their airmen and set them up for success. I know that our Airmen will always be available to answer the call and will perform magnificently.

Promotions

Technical Sergeant

Ashley J. Ball
Chelsea T. Grubb
Luis M. Pozo
Jacob A. Blome

Staff Sergeant

Aaron O. Johnston

Welcome Aboard!

Maj. David S. Mattingly	183rd AMOS
Capt. Thomas W. Hall	183rd AOS
Capt. Arnold W. Weber	183rd AMOS
Tech. Sgt. Stephen M. Koldenhoven	183rd AMOS
Staff Sgt. Carlos M. West	183rd MXS
Airman 1st Class Jake A.P. Perkins	183rd MXS
Airman Basic Cody A. Sims	183rd FSS
Airman Basic Steven V. Jefferies	183rd CES

Retiree Announcements

Happy Retirement! Chief Master Sgt. Thomas M. Hergenrother, Jan. 26

Breakfast Gathering: Retirees gather on the first Tuesday of each month to share breakfast and talk about the good ol' days. Join them at King Pin Lanes, on the corner of Sangamon Ave. and Dirksen Parkway, Tuesday, March 1, 2011. They say they meet at 8 a.m. but if you're not there by 7:30, the early birds have taken the good seats!



Spring semi-annual retirees luncheon: Come join the retirees for a get together to share stories of days-gone-by and catch up on what is new. It will be Apr. 29, 11:30 a.m., located at the Diamond Buffet, 2441 S. MacArthur Blvd. Cost is \$7.50 per person which covers a meal, drinks, dessert and tax. (A gratuity basket will be available). For more information contact Mr. Walter Pierce at (217)787-1226.

Fire Department Reunion: Past and present members of the 183rd Fire Department are invited to a reunion, Apr. 10, 1-5 p.m., at the Firefighters' Club at 970 West Lake Dr., Springfield, Ill. BBQs, chips and veggies provided. Please RSVP to Jim Cribbett at retmsgt1@earthlink.net or call 217-629-9811 no later than Apr. 1.

It is with regret we announce the passing of Master Sgt. (retired) Orville Shipp, Jan. 6; he was 86. He was a former member of the 183rd and served in the propulsion section. He resided in Girard, Ill.; services were held Jan. 8 in Virden, Ill.

Human Resource Advisor, continued

Continued from page 7

- talk straight
- Make complex decisions quickly
- Develop and act upon your moral courage
- Communicate a compelling vision
- Commit and execute on what needs to be done
- Foresee and plan around obstacles
- Make and embrace change
- Effective strategist full of ideas and possibilities
- Complete your PME on time (9 level, SNCO Academy)
- Be a mentor to many, build diverse networks
- Read leadership best practices to make yourself a stronger leader
- Establish yourself as a go-to Airmen
- Ensure your EPR's are outstanding and progressive
- Think of one great, new initiative, that you can execute in your squadron every six months
- Volunteer for leadership roles with the organization
- Become a leader in a council, military organization or association
- Be extremely visible and involved in unit functions
- Build relationships with members at NGB/ Stat Tour
- Volunteer for community and unit events
- Join and become involved in a community organization
- Achieve a higher education
- Be prepared for future opportunities, before they happen
- Understand how diversity affects leadership, teamwork, and your mission
- Get the most and best out of all Airmen
- Act with honor and character, deal and talk straight
- Make complex decisions quickly
- Communicate a compelling vision
- Commit to what needs to be done
- Foresee and plan around obstacles
- Fearlessly take on issues, challenges and people
- Make and embrace change
- Effective strategist full of ideas and possibilities
- Complete your PME on time (9 level, SNCO Academy)
- Be a mentor to many, build diverse networks
- Establish yourself as a go-to Airman
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- Join and become involved in a community organization

16-20 Years ETS

- Make no excuses

Holiday Party



Borjon Family cont..

North Dakota. When asked about her job, she said she really enjoys the work and the camaraderie in the CE Squadron. She is currently going to college at UIS, working on her Bachelor's degree in Accounting. She would like to continue on in that career field by getting her Master's degree and her Certified Public Accounting credentials to become an international auditor. Paige went through Basic Training on the "buddy system" with Staff Sgt. Megan Hayward from Finance. When she is not in class or studying she can be found doing activities with her nieces and nephews; spoiling them before giving them back to her sisters. Her sisters describe her as "EXTREMELY independent."

Derek was the next to join the unit in 2009. His sisters refer to him as "baby" and consider him to be "somewhat spoiled by mom and dad." He chose to work in the 217th EIS cable section because of the influence of his uncle, who owns an electrical contracting business in the Chicago area. He is currently attending Lincoln Land Community College. Derek is following his father's example in fitness by getting into power lifting competition. He recently took first place in a meet and he has set state-wide record for bench pressing in his weight class. Paige is his spotter and feels that she is a big influence on his success.

Leah Bryant is the oldest of the bunch, but was the last to join

the unit. She is described by her siblings as the "most theatrical." After attending Faith's basic training graduation she and Derek both declared "we will never do this." Faith and Paige were shocked when the other two eventually joined the Guard. She currently works full-time in the Finance office as the Staff Accountant. Her plans include getting an officer commission one day, so her brother and sisters have to salute her. Leah has her Bachelor's degree in Business with a concentration in Accounting from Robert Morris College. She also attended Springfield College of Illinois where she received sports and vocal scholarships.

This family grew up with a close relationship and still has it to this day. I have the opportunity to witness this first hand, since Faith and Leah both work full-time in Finance.

All of the sisters and Derek eat lunch together often and take care of each other's families by choice, not by necessity.

They are all very competitive, yet protective of each other. You can

find them attending each others' military school ceremonies (Paige has attended all of their basic training graduations).

Master Sgt. Sarah Hayward deserves some credit for a job well done by single handedly recruiting all four of these top-notch members. Momma Jo and Papa Joe have done a terrific job of instilling a great work ethic and sense of values in their children.

I believe the 183rd will benefit from their efforts for many years to come as they now join our extended family.

It makes me proud to see such great qualities in our next generation of Airmen.



Clockwise from lower left: Derek Borjon, Faith Patton, Paige Borjon and Leah Bryant.

Comm Flight News

Protecting Personally Identifiable Information (PII)

By Chief Master Sgt. Erin Roesch
183rd Communications Flight

On Jan. 18, the Air Force reported a privacy incident that involved information posted to a Community of Practice (CoP) website where a folder that contained 14,280 individual's name, SSN, grade, and deployment date in a spreadsheet that all Air Force Knowledge Now (AFKN) members had access to.

As a reminder, it is everyone's duty and responsibility to protect Personally Identifiable Information (PII) and report breaches IAW DoD Memo dated Jun. 5, 2009 Safeguarding Against and Responding to the Breach of Personally Identifiable Information (PII), DoD 5400-11-R DoD Privacy Program and AFI 33-332 Air Force Privacy Program.

I would encourage all of you to do your part in safeguarding PII. Owners of CoPs and shared drives need to perform privacy act scrubs and remove all PII information from spreadsheets, documents, and/or forms where PII is no longer needed and/or protected.

There are instances where PII is still authorized for collection, however, there are many rules for doing so, such as authorization, access, protection, release, and destruction.

There are also rules for sending E-mail that contains PII. You must add "FOUO" to the beginning of the subject line, followed by the subject. Include the following statement at the beginning of the email: "This email contains FOR OFFICIAL USE ONLY (FOUO) information which must be protected under the Privacy Act and AFI 33-332." Do NOT indiscriminately apply this statement to routine emails—use only when transmitting PII!

If you have any questions concerning protection against PII please contact your Privacy Act Officer – Master Sgt. Debra Schmitz at ext. 551.

Veterans Information

Warning to Veterans ~ *Forwarded by Kevin Secor, VSO Liaison, Office of the Secretary of the Department of Veterans Affairs*

An organization called Veterans Affairs Services (VAS) is providing benefit and general information on VA and gathering personal information on veterans.

This organization is not affiliated with VA in any way. Websites with the name "vaservices" immediately after the "www" ARE NOT part of the Department of Veterans Affairs, the US Government agency. Do not go to them or if approached or called, do not offer them any information concerning yourself or data on other veterans. Keep in mind that the real VA website ends in .gov.

Also, be aware that the Department of Veterans Affairs does not randomly call veterans, nor does it ask veterans for information which it does not already have—like Social Security Numbers. In particular, if you have not dealt with the VA previously—and in person—and all of a sudden, you receive a call from someone saying they are with the VA or something similar sounding, hang up the phone. Also, do not respond to emails which suggest that they are from the VA. The VA never conducts official business nor asks for personal information by email.

VAS may be gaining access to military personnel through their close resemblance to the VA name and seal. Our Legal Counsel has requested that we coordinate with DoD to inform military installations, particularly mobilization sites, of this group and their lack of affiliation or endorsement by VA to provide any services.

In addition, GC requests that if you have any examples of VAS acts that violate chapter 59 of Title 38 United States Code, such as VAS employees assisting veterans in the preparation and presentation of claims for benefits, please pass any additional information to Mr. Daugherty at the address below.

Michael G. Daugherty
Staff Attorney
Department of Veterans Affairs
Office of General Counsel (022G2)
810 Vermont Avenue, NW
Washington, DC 20420

Family Readiness

If you have a member of your family that is a retired or current member of the 183rd, or have information that a retired or current member of the 183rd has passed away recently, please contact Mr. Joe Ward, Airman and Family Readiness Program Manager. We want to ensure that no one is forgotten for the annual Wreath Laying Ceremony commemorating all past and current members that have lost their lives each year. The Family Support Group is still sending sympathy cards to all deceased members' families, as well, but once again, we need the information.

Joe D. Ward
183rd Airman and
Family Readiness
Program Manager
3101 J. David Jones
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62707

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March is National Colorectal Cancer awareness month

*Submitted by Tech Sgt. Amy Murphy
183rd Medical Group*

What do the colon and rectum do? The colon and rectum are part of the large bowel or large intestine, which is an organ that is part of the digestive system (also called the digestive tract). The digestive system is the group of organs that allow us to eat and to use the food we eat to fuel our bodies. The colon and rectum play a very important role in how our bodies use the food we eat.

Why are the colon and rectum important? Healthy eating is good for your overall health, but having a low-calorie, high-fiber diet that includes many fruits and vegetables is important to a healthy colon and rectum. A healthy colon and rectum will rid your body of the leftovers it no longer needs. Your stool is filled with bacteria, so it is important to pass this out of your body. If your colon or rectum is not working the way they should, you will experience problems such as bloating, gas and pain.

Colorectal cancer is cancer of the colon or rectum. It is equally common in men and women. An estimated 142,579 people will be diagnosed in 2010, and an estimated 51,370 people will die from the disease. With recommended screening, this cancer can be prevented (by removing polyps before

they become cancerous) or detected early, when it can be more easily and successfully treated.

Symptoms: Early stages of colorectal cancer do not usually have symptoms.

Advanced disease may cause: rectal bleeding or blood in or on the stool; change in bowel habits or stools that are narrower than usual; stomach discomfort (bloating, fullness or cramps); diarrhea, constipation or feeling that the bowel does not empty completely; weight loss for no apparent reason; constant fatigue and vomiting.

At Risk:

- Men and women age 50 and older
- People who use tobacco, are obese or are sedentary (not physically active)
- People with a personal or family history of colorectal cancer or benign (not cancerous) colorectal polyps
- People with a personal or family history of inflammatory bowel disease, such as long standing ulcerative colitis or Crohn's disease
- People with a family history of inherited colorectal cancer

Risk Reduction:

- Be physically active and exercise regularly.
- Maintain a healthy weight.
- Eat a high-fiber diet rich in fruits, vegetables, nuts, beans and whole grains.
- Consume calcium-rich foods like low-fat or skim milk.



- Limit red meat consumption and avoid processed meats.
- Do not smoke.
- Do not drink alcohol excessively.

Early Detection: If you are at average risk for colorectal cancer, start

having regular screening at age 50. If you are at greater risk, you may need to begin regular screening at an earlier age. The best time to get screened is before any symptoms appear. Use this guide to help you discuss screening options with your health care professional.

Consider one of the following tests below. Screening intervals for tests that find pre-cancer and cancer:

Colonoscopy: Every 10 years
Virtual colonoscopy: Every five years

Flexible sigmoidoscopy: Every five years

Double-contrast barium enema: Every five years

Screening intervals for tests that mainly find cancer:

Fecal occult blood test (FOBT): Every year

Fecal immunochemical test (FIT): Every year

Stool DNA test (sDNA): Ask your health care professional

Any abnormal result of a virtual colonoscopy or double-contrast barium enema, as well as a positive FOBT, FIT or sDNA test, should be followed up with a colonoscopy. For any questions you might have, visit [www. http://www.preventcancer.org/colorectal](http://www.preventcancer.org/colorectal).

Carbon Monoxide

A Silent Killer

Submitted by Senior Master Sgt. Brian Willoughby, Ground Safety Manager

Each year in the America, unintentional carbon monoxide (CO) poisoning claims more than 500 lives and sends another 15,200 people to hospital emergency rooms for treatment. Some simple steps can keep you and your family safe. Everyone is at risk for CO poisoning but unborn babies, infants, children, senior citizens and people with heart or lung problems are at even greater risk for CO poisoning according to medical experts.

Carbon monoxide is an odorless, colorless and toxic gas. Because it is impossible to see, taste or smell the toxic fumes, CO can kill you before you are aware it is in your home. At lower levels of exposure, CO causes mild effects that are often mistaken for the flu. These symptoms include: headaches, dizziness, disorientation, nausea and fatigue. The effects of CO exposure can vary greatly from person to person depending on age, overall health and the concentration and length of exposure. Sources of carbon monoxide gas can include items you use everyday including: gas-fired appliances including home furnaces and ovens, charcoal grills, wood-burning furnaces or fireplaces and your car. Gas powered generators can also be a hazardous produce of CO gas. Recent studies by the Center for Disease Control and National Institute of Standards and Technology have show that generators operated as far as 15 feet from a home can produce dangerous levels of gas in the home.

Symptoms of carbon monoxide poisoning can be mistaken for other illnesses, particularly during the winter heating and flu season. Common symptoms can include: headache, dizziness, irritability, confusion/memory loss, disorientation, nausea and vomiting, abnormal reflexes, difficulty in coordinating, difficulty in breathing and chest pain. Other more severe symptoms are Cerebral Edema (a life threatening condition that entails the destruction of

brain cells by compressing them into themselves within the cranial compartment), convulsions/seizures, coma and death. Often, several members of the same family or those in a given building will complain of the same symptoms. Children are thought to be more susceptible to carbon monoxide poisoning than adults. Some people may not suspect that CO poisoning is occurring until major symptoms appear. Carbon monoxide poisoning can mimic gastroenteritis (nausea and vomiting). Other manifestations may cause the appearance of what may appear to be a neurological or psychiatric disorder.

The presence of a carbon monoxide alarm in your home can save your life in the event of CO buildup. To protect you and your family install at least one carbon monoxide alarm with an audible warning signal evaluated by a nationally recognized laboratory, such as Underwriters Laboratories (UL), near the sleeping areas and outside individual bedrooms. Carbon monoxide alarms measure levels of CO over time and are designed to sound an alarm before an average, healthy adult would experience symptoms. It is very possible that you may not be experiencing symptoms when you hear the alarm. This does not mean that CO is not present. In addition, fuel burning appliances, furnaces and chimney systems should be inspected by a qualified professional annually. Never use your range or oven to help heat your home and never use a charcoal grill inside your home or garage. While this sounds obvious this happens every year with tragic results. Running a vehicle in a garage even with the doors open can cause a dangerous buildup of carbon monoxide. Move vehicles outdoors to warm them up. When purchasing an existing home, have a qualified technician evaluate the integrity of the heating and cooking systems, as well as the sealed spaces between the garage and house.

If your CO alarm sounds:

- Turn off all appliances and sources of combustion (i.e. furnace and fireplace)

- Ventilate the house with fresh air by opening doors and windows
 - Call a qualified professional to investigate the source of the possible CO buildup
- If you suspect you or a family member may have Carbon Monoxide poisoning:
- Evacuate all occupants immediately
 - Determine how many occupants are ill and determine their symptoms
 - Call your local emergency number and when relaying information to the dispatcher, include the number of people feeling ill
 - Do not re-enter the home without the approval of a fire department representative
 - Call a qualified professional to repair the source of the CO

For further information refer to www.cdc.gov or www.usfa.dhs.gov

- This year the 183rd will not be hosting any Motorcycle Experienced Rider Courses on base. However, if you own a motorcycle, the requirement for having completed either the Experienced Rider Course or the Basic Rider Course still applies. Reference AFI 91-207 for more information.
- The Illinois State University (ISU) website link for motorcycle safety classes is <http://motorcyclesafety.illinoisstate.edu/default.asp>. Class dates should be posted soon. The link will take you to the homepage for signing up for classes for most of the area such as Peoria, Decatur, Springfield, Bloomington, etc. If the courses through ISU are not close to your home, go to the bottom of the ISU homepage and you will find a link for Motorcycle Programs and other links. Clicking on this link will take you to a regional map and show you which university has a class closer to your residence.
- If you sign up for a class, there is a \$20 registration fee that holds your seat in a class. The \$20 is refundable. Under current state finances it takes about eight weeks for the refund. You may also donate it to the program and receive a T-shirt for the participation in the class.