



Answering the call

by Capt. Justin Short
CERFP Medical Plans & Operations Officer
HQ ILANG

Imagine yourself at a professional football game. Thousands of people packed into a relatively small area. You've just gotten your food and beverage of choice and making your way to your seats in the mists of cheering fans. Its almost kick off and everyone is on their feet...then BOOM. Suddenly there is a large explosion and panic. Those who were in the immediate area of the blast have suffered thermal burns and lacerations from flying debris. After some of the smoke has cleared you notice that the blast was big enough to cause part of the stadium to collapse. People are yelling for help from underneath the collapsed concrete and twisted metal. You are almost knocked down by panicked people who are trying to run for the nearest exit and don't care what's in their way—they just want out—people are getting trampled. Now you are starting to feel tightness in your chest and your vision is starting to get blurry. You realize, from your Chemical Warfare training, that you might have been exposed to some kind of nerve agent. As your senses start to fade you begin to hear sirens and voices over loud speakers directing you toward them.

Step in the Illinois CERFP Team...

The Chemical, Biological, Radiological, Nuclear & High Yield Explosive (CBRNE) Enhanced Response Force Package (Commonly known as CERFP; leave it to the military to put an acronym inside an acronym) is a Joint National Guard Homeland Response team. Illinois is one of 17 states across the country that has this unique joint mission. The team is made up of both Army and Air National Guard personnel from several units from across the state including all three Air Wings and the 404th Chemical Brigade which



Personnel from the IL CERFP Medical and FSRT Elements take advantage of a photo opportunity around a Polish Armed Forces Tank (Photo submitted by Capt. Justin Short)

has Chemical Units in Machesney Park, Galesburg, Macomb and East St. Louis. All three Medical Groups along with Fire Fighters, Transportation, and Communication support at each of the Air Wings plays a vital role in the development and implementation of the CERFP Team in Illinois. This package provides support to state and local emergency responders, and it improves Weapons of Mass Destruction response capabilities to include incident site search capability of damaged buildings, rescuing trapped casualties, providing decontamination, and performing medical triage, and initial treatment to stabilize patients for transport to medical facilities. The Army National Guard units from the 44th Chemical Battalion performs the technical search and rescue and decontamination operations while the Air Guard is in charge of the medical treatment as well as the Fatality Search and Recovery. The Fatality Search and Recovery Team (FSRT) which is also part of the CERFP is manned by personnel

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Duty Performed Pays out (approx.)

JUN 6-7 JUN 15

JUL 11-12 JUL 22

AUG 1-2 AUG 12

PLEASE NOTE: Duty hours for each UTA/SUTA will be 0800-1200 and 1300-1700 unless otherwise scheduled in advance. Mark your calendar! For more pay information, see the DFAS website at <http://www.dfas.mil/index.htm>. Pay information is under the Money Matters heading.

Attention!

**The deadline for the
JULY issue of the
Falcon's View is SATURDAY,
JUNE 6, at 1700.**



On Base Emergency

**CALL 911 FOR ALL YOUR
ON-BASE EMERGENCY NEEDS.**

Important Contacts

**Commercial (217) 757-1XXX
on base use 3-digit Ext.**

- Main Gate..... 205**
- Base Commander..... 219**
- Base Operations..... 202**
- 217th EIS Commander..... 700**
- Pass and Registration 481**
- Recruiting..... 285**
- Public Affairs 267**
- Customer Service 308**
- Military Pay 225**
- Clinic..... 221**
- Safety 237**
- Chaplain 367**
- Wing IG770**

**Toll Free Number
1-800-392-1797**

**Developing the force within
ourselves and the ANG!**

*by Senior Master Sgt. Brenda Korte
Human Resource Advisor*

Force Development is the HRA theme for the month of June. Our push is to create an environment where each Airman is given the full opportunity to grow, learn, progress and develop as they strive to unleash their full potential in the pursuit of greatness. We need to continuously improve. Leadership constantly evolves to new challenges.



We need to be ready to face these challenges and continue moving forward and being successful. By developing professional Airmen, we are benefiting the communities in which they serve, the Air National Guard, and the United States Air Force.

Remember the flywheel article from last month? Well, this month take the flywheel challenge for Force Development and ask yourself: "What did I do today to push on the flywheel?"



What am I doing as a leader, team member, Airman, friend, and person to continuously improve in each of these areas? Remember, in order to do something that

you have never done before, you must become someone that you have never been before!

- Do I consistently set goals on which I will base progress in my evolution as a leader?
- Am I open to feedback and review, however unfair? Do I give honest feedback for growth?
- Do I mentor and prepare Airmen for possible future opportunities?

Don't miss the opportunity to participate in a Force Development event in June! The HRA Office and the NCOAGA will be sponsoring a Leadership Speaker Series during June drill. Look under the NCOAGA section of this Falcon's View for times and locations. See you there!

The future is now at the 183rd

by Lt. Col. James Bentley
183rd Logisitcs Commander

The Air Force is in the midst of an historical transformation. The way the Air Force is organized and the ways that airpower is employed are changing in revolutionary ways. Changing, too, are the ways in which Air Force Logisticians provide support to war fighters.

The Expeditionary Combat Support System (ECSS) is the cornerstone enabler of the logistics transformation effort. Using an Enterprise Resource Planning (ERP) software solution, ECSS is applying best commercial practices and using industry-proven tools to establish the Air Force's first capability to globally view and manage its logistics resources (i.e., major end items, materiel, people, and funds).

But ECSS is much more than an IT system. It will fundamentally change business processes, personnel roles, and jobs across the spectrum of the Air Force Logistics community. Locally, ECSS will drive dramatic changes and improvements in the way logistics is done.

For example, the process of scheduling a repair currently means setting a repair date on the base level without the ability to ensure technicians, parts, facilities, tools, etc., are available Air Force-wide. With ECSS, an integrated global view of people/parts availability will enable greater scheduling effectiveness and ultimately increase availability of repaired components or major end items. Simply put, Air Force Logisticians will have what they need to get the job done when repairs are system-scheduled under ECSS.

Citing another example, today Air Force Logisticians collectively rely on paper forms and enter data into multiple base-level systems. This labor-intensive effort will be replaced by entering data once into one system. When fully imple-

mented, ECSS will replace hundreds of logistics information systems and will be the single source of truth for logistics information.

While it will be several years before ECSS reaches full operational capability and its benefits are fully realized, the implementation process is already underway. And, that process will affect the 183d very soon.

183rd will see ECSS fielded as a part of the first release. That means ECSS will be fielded here no later than December 2010. While that may seem to be a part of the distant future, the reality is that we need to begin preparing for ECSS now.

To help with that preparation, the USAF and Air National Guard ECSS Program offices conducted a kickoff meeting with 183rd leaders Feb. 17 and 18, 2009. During this meeting, ECSS program officials delivered an informational and educational briefing about ECSS, its goals, program timelines, and how the Air Force will be affected.

The kickoff represented the beginning of the ECSS organizational change management program, which is designed to help prepare everyone for this transformation effort. History tells us that no change is ever successful until individual behaviors change. The people who perform Air Force Logistics processes (from all functional communities) must personally engage in the transformative aspects of ECSS in order for it to succeed.

As is always the case, these sweeping changes will not be easy, as long-standing ways of doing business will either dramatically change or completely disappear. ECSS will pull people from their comfort zones and cause them to do new tasks in different, unfamiliar ways. To help logisticians navigate these changes, the ECSS program will provide education and training programs for those who will use the new system. An



Air Force-wide change agent network, supported by an ECSS program team, will share information on ECSS activities, schedules, and lessons learned and conduct local problem-solving meetings to help smooth implementation at each installation. This same network will support the sustainment of ECSS after fielding is completed. The members of the Wing's change agent network are Lt. Col. James Bentley (Site Transformation Lead), Maj. Kenneth Yoggerst, Capt. Shawn Strahle, Chief Master Sgt. Jimmie Flinn, Chief Master Sgt. John Jordan, Senior Master Sgt. Rex Arkebauer, Senior Master Sgt. Anthony Tate, Master Sgt. Brad Allen, Master Sgt. Damon Cozadd, Master Sgt. Timothy Sidener, Tech. Sgt. Angela Armstrong and Tech. Sgt. Chris Bandy. The initial change agent network training was conducted on March 31 and April 1, 2009.

ECSS will drive changes in the way the Air Force does business and the way logisticians perform their jobs. The result will be an Air Force enterprise better enabled to provide its war fighters the right materiel at the right time. ECSS will also enable logisticians to use their time more productively, significantly reducing the cost of accomplishing the Air Force Logistics mission.

Under the current schedule, we at the 183rd will be among the first to realize the benefits that ECSS will bring to the Air Force. To learn more about ECSS, contact Lt. Col. Bentley at ext 326 or visit <https://www.ecss.wpafb.af.mil>.

New Retirees

Master Sgt. Kevin Skibbens	183rd Civil Engineering Squadron	April 7, 2009
Master Sgt. Douglas Haenni	Detachment 1	April 9, 2009
Senior Master Sgt. Jeffrey Hoffman	183rd Aircraft Maintenance Squadron	April 9, 2009
Master Sgt. Kurtis Spradlin	183rd Maintenance Squadron	April 9, 2009
Chief Master Sgt. David Wille	217th Engineering Squadron	April 15, 2009
Master Sgt. Anton Smits	217th Engineering Squadron	April 17, 2009
Senior Master Sgt. Michael Heren	183rd Services Flight	April 19, 2009
Master Sgt. Richard Johnson	183rd Maintenance Squadron	April 26, 2009

Congratualtions Lt. Col. Casson



From left, Master Sgt. William Casson, Lt. Col. Thomas Casson, Master Sgt. Robert Casson, and

Capt. Christopher Casson, pose for a photo at a retirement gathering held May 2 for Lt. Col. Thomas Casson's retirement after more than 30 years of service. (Photo taken by Master Sgt. Shaun Kerr)



Retirees breakfast gathering

Come join the retirees for breakfast. Some are new, some are old, and some are even older than that, but it's always an enjoyable way to start the day. The monthly retiree's breakfast will be on Tuesday, June 2, at King Pin Lanes on the corner of Sangamon Ave. and Dirksen Parkway. They say they meet at 8 a.m., but if you're not there by 7:30 a.m., the early birds have taken the good seats!

Fire department reunion

by retired Senior Master Sgt. James Cribbett

Members of the 183rd Fire Department and their guests met at the Firefighters/Postal Lake Club on Sunday, April 19, 2009, for a reunion. There were 52 firefighters and guests in attendance.

There were a lot of stories and photographs passed around during the get together, some of the stories may have been a little improved over the years, but it was great to reminisce over all the experiences we all had.

The oldest member, in years served, was Roger Redford (1954), and the youngest, in years served, was B. J. Minott.

Food was provided by some of the former Chiefs of the department. We hope to make this an annual event, with the next get together scheduled for the Sunday after Easter in 2010. As the time nears I will be sending out e-mails or post cards to the ones I have information on. If there is anyone who was not contacted, but was a member of the fire department, or you have information on a former member, please let me know.

A special thanks to the current Chief, Senior Master Sgt John Ring, who recognized all the past and present 183rd firefighters.

It was great to see you all there and I hope to see you next year.

My contact information: 217-629-9811, or ret-msgt1@earthlink.net

The Security Forces Squadron has fielded many requests as to the condition of our brother Carlo Santini. At the request of the family, please log-on to the Caring Bridge website (www.caringbridge.org) for information about Carlo and his family. The website will allow you to post a message to the family as well as read Carlo's blog. Please keep Carlo and his family in you're hearts and prayers through these trying times. Thank you.

Are you spiritually prepared?

by Lt. Col. Jeffrey Laible
183rd Fighter Wing Chaplain

A typical drill weekend begins early, very early, Saturday morning. After attending a brief meeting for Commanders and the Enlisted Leadership, morning roll-call for the Wing follows. Assembled in the third floor classroom of P-48 are a variety of career fields, all of whom work directly for the Wing Commander. Following a variety of announcements is our monthly safety briefing. Depending on the time of the year, we might hear about the dangers of driving on snow and ice, watching for deer crossing highways, or more recently, the 101 critical days of summer. We review important steps for responding to tornados and are instructed to never drive through flooded roads or highways. These monthly safety briefings have a way of impacting one's memory, especially after many years of hearing them on a monthly basis.

So while we are instructed monthly on how to respond to driving on snow and ice, or the correct steps in responding to the threat of tornados, thus adopting a more safety conscious awareness of our surroundings, I wonder how many of us take time to instruct ourselves on the importance of being "spiritually prepared and safe."

Why in the world would we need to spend time, every day, on spiritual preparedness? What possible "spiritual storms" could impose themselves on our



lives or the lives of our families and friends?

Perhaps those unexpected events that one never plans on, like tornados that just happen to touch down in my neighborhood, or if you are in the military, like we are, a deployment to a war zone, where bombs are exploding around you and an occasional bullet flies by, perhaps

these life changing events are reason enough to spend time working on our plan for being "spiritually prepared."

Being spiritually prepared is not difficult. It is simply a matter of having a daily plan that includes: an awareness of God's presence (or your Higher Power) in your life and this world; spending some quiet time in prayer and/or reflection; reading some spiritual literature daily; doing some good works for the less fortunate or those in need; and treating others as you would like to be treated.

As we move into the 101 critical days of summer where all of us are more conscious of the need to exercise safety and be prepared for the unexpected, let's also remember how important it is to take time to exercise our spiritual preparedness plan. We'll be glad we've done this, especially when life throws us a curve ball like that unexpected tornado or deployment to the war zone.

✠ ✠ CHAPLAINS' INFORMATION ✠ ✠

Roman Catholic Chaplains:

Lt. Col. Bob Barry
3700 103rd Street
Chicago, IL 60655
phone: 773-296-3857
email: RLBarry@worldnet.att.net
or robert.barry@ilspri.ang.af.mil

Lt. Col. Jeff Laible
316 S. Logan Street
Lincoln, IL 62656
phone: 217-732-4019
email: Frlaible@
holyfamilylincoln.com

Base Chapel Office:

Bldg. P-48, Room 302
Phone 217-757-1367, DSN 892-8367
Fax (217)757-1509

Religious Services
Protestant Service:
Saturday 1500hrs Chapel
Catholic Mass:
Saturday 1600hrs Chapel



Changes in your communications support

by Chief Master Sgt. Victor Wurtzler
Information Systems Branch Chief



one base. Since we only have the one Wing you will really only be using the organizational page normally and all of our sub-orgs will fall under that page. <https://www.my.af.mil/gcss-af/USAF/ep/globalTab.do?channelPageId=-474224&command=base>

Many people resist change. Change is work. Change means learning new ways of doing things. Change means taking something that is comfortable and making it uncomfortable until the new system is learned. But change is progress. Change usually makes things better once it is completed. Imagine if we were still putting information on bulletin boards and filing information in file cabinets and having to write all our e-mails on a typewriter. For those of you who never did any of that, I guarantee it is definitely better now. Change is a way of life in the 21st century and certainly in the world of communications in the Air Force. Over the next few years, we in Communications will change a lot, and therefore it will cause you to change also. The first of those is changes in the internet for the base. I wanted to let you all know that our Knowledge Management Office (formerly Base IM) has now published a Base and Organizational page for the Air Force Portal. We had waited on creating these pages until some of our local changes had been made and our re-organization was more complete. Over the next year we are transitioning to these pages vice the old Vipernet page and that page will slowly transition out. That is why we really haven't updated the Vipernet in a while.

The concept is that our primary page for everyday work and access is our "Organizational page." This is really the page that will replace Vipernet, and the good thing is a lot but not all of it can be accessed from anywhere you can access the Portal, like home or when TDY. If you haven't looked at it lately, it has just been updated again with links to ATMIS and COMMJC and some other helpful and useful links. Some links will not work from outside this base because they link to our internal network. <https://www.my.af.mil/gcss-af/USAF/ep/globalTab.do?channelPageId=-1976845&command=org>

The other page is the Springfield, IL (ANG) page or the Base page. It is more of a page about the base and the local area. Its purpose is more for people who are coming here TDY and need to get info about the base and the area. Understand that we must fit this into the Air Force's construct where there can be many Wings on

After you bring each of them up you can click on the link near the top of each page to set them as your base or your organization. Then they can be easily brought up through the menus on the Portal. This is the future of our web pages. Please take a look! Give us your ideas and comments!

Another thing that will change in the very near future is our e-mail system and the software that our computers run on. We will be using Vista as an operating system and the Office 2007 suite as our productivity platform. These systems have a very different look and feel. If you haven't used them, you might want to do the training we have on the network or available through Microsoft as a CBT.

Our networks are consolidating and we are being absorbed more and more into the larger Air Force network every day. We have less local control and more of the patches and other updates are done at an ANG or Air Force level. Part of those changes will likely mean that our local communications unit will change. We have been told that the Communications Flight will become a squadron. Our AFSC's are changing and some of the CSA+ (C4 Manager) duties might change or go away. We will have a larger helpdesk function and some of that might eventually go to regional centers.

NGB/A6 is now trying to position us for the future of "Cyber Operations." I am part of a team of people who have worked on a document proposing that the ANG is uniquely suited to play a major role in keeping the nation's communications infrastructure safe from a cyber attack.

So as you can see, there is a lot of change coming for us in Communications and therefore, also change for all of you. The change will mean work and learning, which may be uncomfortable at times. But it means progress and it means some really exciting possibilities. I dread some of the work but I embrace the possibilities some of it brings for all of us.

If you have questions about this or anything else Communications related, call the Helpdesk at ext. 241. You can always call me at ext. 576.

Answering, continued from page one

from the 182nd Services Flight in Peoria and is the pilot FSRT team for the United States. Within the last three years National Guard CERFP teams have responded to Hurricanes Katrina, Rita and Wilma, have been pre positioned at the Democratic and Republican National Conventions, the Presidential Inauguration, and the Super Bowl. In order to be certified as Fully Mission Capable (FMC) the team has completed extensive training in hot zone triage and extraction, Hazardous Materials Operations, and National Incident Management System (NIMS) training. Along with the training the team is required to perform one full scale collective exercise per year. This training is in addition to their regular AFSC training and certifications. The team has also passed two External Evaluations since 2005. All of the additional training and exercises add up to two ADDITIONAL weeks of annual training for team members.

Recently the Illinois CERFP team deployed 103 personnel to Poland for 10 days to conduct a joint military-civilian unit level civil support exercise. This was a full scale mass casualty event. The exercise was conducted in a training area just outside of Warsaw, Poland. The participants included members of the Illinois Air and Army National Guard along with members of the Delaware, Minnesota, and California Air National Guard, Illinois Civilian Fire Fighters, Polish Armed Forces, Warsaw Fire Department, Slovakian Armed Forces, and Austrian Red Cross. The exercise scenario was that of an explosion in a large sports arena. It tested the response capabilities of the CERFP to respond to a CBRNE mass casualty event. It also served as preparation for the Polish military to ready themselves for their real-world security support of the European Cup in 2012. The EURO-CUP is Europe's Soccer equivalent of the NFL Playoffs and the Super Bowl rolled into one.

The core objectives of the civil support exercise in Poland were to promote information sharing regarding the proper processes and procedures involved to successfully respond to a CBRNE attack on civilian targets. This year's event also highlighted Aero-medical Evacuation training sessions involving two C-130 aircraft from the 182nd AW in Peoria. The Peoria Air Guard unit is currently helping the Polish Air Force stand up their new C-130 mission so it was a great opportunity for our aircraft to be there for the Polish to train on their new air lift mission which Poland will perform in support of the Global War on Terrorism (GWOT) in Afghanistan. The CERFP team conducted search and extraction of victims trapped in the simulated soccer stadium and decontamination of a simulated nerve agent and then medical triage and treatment of the victims by our Air Guard Medical and Fire personnel. After the live victims were extracted it was FSRT's turn to go in and extract the fatalities and properly process them before transferring them to civilian authorities. It was a great opportunity to cross train with our counterparts from several different nations and share techniques and experiences. Since 1993, the Illinois National Guard and the Polish Armed Forces have participated in a partnership program that provides for the sharing of ideas between the two nations. Poland utilizes U.S. support to help transform and modernize the Armed Forces of the Republic Poland; in 1994 the 183rd FW helped the Polish Air Force stand up its F-16 mission.

In recent years the Air National Guard Medical Service has gone through a revolutionary transformation by reconfiguring its medical capabilities into Expeditionary Medical Support systems. These systems provide highly mobile, integrated, and multifunctional medical response capabilities. They are the lightest, leanest, and most rapidly deployable medical platforms avail-



Lt. Col. Joseph Maslar (center) and Maj. Melanie McDonald (left), 183rd Medical Group, and Staff Sgt. Leslie Howell (right), 126th Medical Group, treat a Polish Armed Forces mock victim in the CERFP Medical Treatment Tent during Eskulap '09. (Photo submitted by Capt. Justin Short)

able to the ANG today. This system is capable of simultaneously providing Expeditionary Combat Support to the war fighter for Air and Space Expeditionary Force missions, Homeland Defense emergency response capabilities to the states and support to the Air National Guard Wings. This new Medical Operations structure makes our three Medical Groups in the State perfectly suited to respond collectively for the CERFP mission which has an 8 hour 'wheels up' response time from the time we are ordered by the Governor or President to deploy. After working with the Army Guard over the past few years I have not met a more dedicated and professional group of individuals. Despite the cultural differences between the two sister services and some growing pains along the way the joint Army and Air CERFP Team has melded into a cohesive unit ready to respond at a moments notice to protect and rescue our neighbors.

This deployment to Poland is the first OCONUS deployment of any National Guard CERFP team and could not have happened without the tremendous support from all three Wings and the 404th Chemical Brigade.

More documentation mandated to renew, replace or issue ID cards

by Staff Sgt. Bonnie Williams
NCOIC, Career Enhancements

Homeland Security Directive 12 has instituted additional guidelines when any military member, retiree or dependent seeks a new, replacement or renewal identification card. These additional guidelines are absolutely necessary to help mitigate the issuance of unauthorized identification cards, which will, in turn keep each of us and the United States Government safer.

Military members, retirees and family members who only need a replacement or renewed ID card must provide two of the following types of current identification and one must include a photo:

- Driver's license or ID issued by a state or outlying U.S. commonwealth or possession
- ID card issued by federal, state or local government agencies or entities
- School ID card with a photograph
- Voter's registration card
- U.S. Military ID card
- Certificate of U.S. citizenship
- Certificate of Naturalization

For persons younger than 18, who are unable to present the document previously listed, they may bring:

- School record or report card
- Clinic, doctor or hospital record
- Daycare or nursery school record

If you are adding a brand new member of your family, you will also be required to provide the following:

- Marriage license
- Birth Certificate
- Social security card

All of the documents must be the original certified copies; hospital heirloom and souvenir documents are not acceptable. The listing above is not all inclusive. A list of acceptable documents can be found at <http://www.uscis.gov/files/form/I-9.pdf>, page 4.

Before visiting any ID card facility, it is a good idea to call first to determine what specific documents may be required, to verify the process to renew or replace an ID card, and to obtain an appointment, if necessary. For contact information and the location of the nearest ID card issuing facility, visit <http://www.dmdc.osd.mil/rsl/owa/home>. You can search by city, state or zip code at this site.

Also, please remember that if your dependent is in need of an ID card, you must accompany them to the ID card issuing facility, unless you have previously obtained, signed and had verified by a Verifying Official at an ID card issuing facility a DD Form 1172. This form is only valid when issued and verified at an ID card issuing facility and is only valid for 90 days after it is issued. The only exception to this is if your spouse has a valid Power of Attorney.

Please contact the customer service office at 217-757-1308 with any questions.

Saying "Thank-you" to Quincy University

by Col. Stephen Baggerly
183rd ASUS Commander

In one of his last official acts as the Assistant Adjutant General – Air, Brig. Gen. John "Jay" Sheedy traveled to Quincy University to present Dr. Robert Gervasi, President of the university, with a gift from the Illinois Air National Guard. The gift was presented to Dr. Gervasi as a token of appreciation for the hospitality shown to our members while they were housed at the university in response to being called up to State Active Duty during the flood of June 2008. The gift presented represented all three of the air wings in Illinois by including a picture of the aircraft flown by each wing and their wing patch. Accompanying Brig. Gen. Sheedy to the presentation was Col. Stephen Baggerly, who served as the Joint Task Force Commander – Quincy during Operation MISSISSIPPI WESTERN RESPONSE last year.



A gift from the Illinois Air National Guard was presented to Dr. Robert Gervasi (center), President of Quincy University, by Brig. Gen. John Sheedy (right), Assistant Adjutant General – Air, accompanied by Col. Stephen Baggerly (left), Air Support Squadron Commander, who served as the Joint Task Force Commander-Quincy, during flood duty last summer. (Photo submitted by Col. William Cobetto)

Getting some good training

by Master Sgt. Deb Schumer
183rd Base Legal Office

Some unit members from the Medical Group, Legal Office, Air Operations Group, and Logistics Squadron had the opportunity to receive their annual duty training in Hawaii from May 10 – May 22. Twenty-four members of the 183rd Medical Group conducted their training at the Tripler Army Hospital in Honolulu. “This type of training really affords our members the chance to work at a large active duty hospital, as well as in a joint effort with the Army.” said Lt. Col. Cheryl Miles, 183rd Medical Group. Medical Group personnel did a variety of functions. Medical technicians worked in the Operating Room, Emergency Room, and orthopedics clinic. They learned how to do casts and practiced putting them on and sawing them off of one another. Medical Administration personnel helped bring in and take out Air Evacuation patients, which they found very exciting. Bioenvironmental completed training on drinking water analysis, health physics, industrial hygiene, entomology, sanitations, and food inspections. The dental staff even ventured to the center of the island to go



Unit members from the Bioenvironmental and Public Health sections pose for a photo after a day of collecting beach water samples. (Photo submitted by Lt. Col. Robert Schell)

to work everyday. There they completed their training by providing dental support to Schofield Barracks dental office.

Senior Airman Daniel Whitlow, 183rd Logistics Squadron, helped out the Hawaii Air National Guard, 154th Logistics Squadron, gear up for their Corando trip to San Diego. In addition, Airman Whitlow was very important in coordinating the return trip home to Springfield for all the unit members.

A few members observed and/or participated in Terminal Fury '09, PACOM's premier annual exercise. Senior Master Sgt. Jon Wheeler, Air Operations Group, was able to observe the action and get some insight into the functions of the AOC. Majors Kevin Strine and David Cox from the Legal Office assisted the cNAF in which they handled various operational law issues, including LOAC, ROE, and conflict scenarios. They also assisted the PACAF Judge Advocate's office with guard relations issues, associate relationship agreements, and government vehicle issues, and also provided the 15th AW with legal assistance.

This was a wonderful opportunity for members to complete their required training that cannot be accomplished at our base. It was a very successful annual training. As one member put on her after-action report, “I was hoping to get ten core tasks signed off and I got 20 tasks signed off.”



From left to right, Major Kevin Strine, Master Sgt. Deb Schumer, and Major David Cox, Base Legal Office, pose for photo during their annual training at Hickam Air Force Base. (Photo submitted by Master Sgt. Deb Schumer)

Youth camps available this summer

by Mr. Joe Ward
Wing Family Rediness Manager

Hello from the Family Readiness Group. I hope all is well.

Well the weather is getting warmer (at least a little), and everyone is anxious to get outside (as soon as you can walk across the yard without needing a winch to get out of the mud). There are some new things coming out of the Family Readiness area. There are four youth camps, part of Operation Military Kids (OMK), which will be here before you know it:

1. IL OMK Teen Leadership Camp (open to military youths ages 13-18), held June 22-24, 2009, at Camp Wartburg – Waterloo, Ill. Learn new citizenship and leadership skills! Teens will use the Mobile Technology Lab to develop group plans and strategies, create presentations, and lend peer support to other youth in military families. Campers will experience high and low rope courses and use problem-solving skills to reach team goals.

2. IL OMK Teen Leadership Camp (open to military youths ages 13-18), held July 12-14, 2009, at Pilgrim Park Camp – Princeton, Ill. (Same description as #1)

3. OMK Youth Teambuilding & Technology Camp (open to military youths 8-12), held August 2-6, 2009, at Pilgrim Park Camp – Princeton, Ill. Join other 8-12 year old youth whose parents are Guard, Reserve, or Active Duty military for an exciting week of camp in the green wooded hills of north central Illinois. Youth will work together in science, engineering, and technology activities, using computers and GPS units as well as being involved in a variety



of physical activities such as a low ropes challenge course. Teambuilding and technology camp is designed to enhance self-responsibility, problem-solving skills, and cooperation among youth.

4. OMK Youth Teambuilding & Technology

Camp (open to military youths 8-12), held August 10-14, 2009, at Camp Wartburg – Waterloo, Ill. (Same description as #3)

For any questions on this you can go to this website: <http://operation-militarykids.org/public/statePOCHome.aspx?state=Illinois> or contact Linda Kupferschmid at Lkupfers@illinois.edu or call 217-265-8209.

I know we have some members that are deployed at this time, some that are preparing to leave, and we have some that will soon be coming home. This creates so many emotions. If there is anything you need, all you have to do is call. My contact information is: office 217-757-1569; in case of emergency 217-416-1644; e-mail joe.ward.1@ilspri.ang.af.mil; or come by the office, P-48 Room 238 (take elevator to 2nd floor, turn right, walk right in).

Please remember those of you that have deployed overseas as a result of 9/11/2001 are entitled to a \$500.00 grant through the Illinois Military Family Relief Fund. www.il.ngb.army.mil/FamilyReadiness/IMRF/FamilyRelief.htm

Our next Family Support meetings will be June 4 and July 30, 2009, at 5:30 p.m. in the Aerospace Dining Facility. If you plan to attend, please let me know so I can set up an entry access listing for Security Forces.

Thank you for your help and support.



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Mowing season is here

by Senior Master Sgt. Steven Stewart
183rd Safety Office

For many of us working outdoors on the lawn and in the garden is a great way to exercise and relax. Experts warn that if you are not careful with lawn and garden tools, you could be spending more time indoors, starting with a trip to the hospital emergency room. The most frequent injuries are from lawn mowers. Statistics tell us that each year lawn mower accidents send 84,000 people to the emergency rooms. Nearly 15,000 others need medical treatment for injuries from trimmers and other power garden tools. As lawn and garden work begins, we have found some precautions recommended by safety professionals when working with power equipment.

Lawn Mowers

- Read your lawn mower's owner's manual and know how to stop the mower instantly in an emergency.
- If you have a gasoline-powered mower, store the gas in an UL Listed safety can.
- Always start the mower outdoors. Never operate the mower where carbon monoxide can collect, such as in a closed garage, storage shed or basement.
- Do not operate an electrically powered mower on wet grass.
- Use an extension cord designed for outdoor use and rated for the power needs of the mower.
- Keep your hands and feet away from the mower's blades. Never reach under the mower while the mower is running. Make all adjustments with the motor off.
- Ensure all safety guards are in place. If you hit a foreign object or have a malfunction, turn off the mower (and disconnect the power cord from electric mower's) before inspecting the damage.
- Never leave a lawn mower 'ON' while unattended.
- Keep other adults, children and pets clear. Mowers can fling rocks at up to 200 miles per hour.
- Do not allow children to operate lawn mowers.
- Make sure your shoes provide good traction and have sturdy soles to resist punctures and protect toes. Never work barefoot or in sandals, canvas shoes, etc.

Lawn and Garden Tools

- Use lawn and garden power tools bearing the UL Mark, which means that representative samples of that product have been tested to stringent safety standards with regards to fire, electric shock and related safety hazards.
 - Read and follow the manufacturer's use and care instructions.
 - Before use, inspect tools for frayed power cords and cracked or broken casings. If the product is damaged, have it repaired by a qualified repairman, or replace it.
 - Always wear safety glasses.
 - Always wear proper attire. Keep your clothing, hands and feet away from cutting blades at all times. Never wear loose jewelry when you are working with tools.
 - Never alter a tool or remove safety features such as blade guards or electric plug grounding pins.
 - Use only properly rated outdoor extension cords with outdoor electrical tools.
 - Check the switch on a power tool or garden appliance to make sure it's 'OFF' before you plug it in.
 - Unplug all portable electrically operated power tools when not in use. These tools contain electricity even when turned 'OFF' but still plugged in.
 - Pay attention to warning markings. Don't allow tools to get wet unless they are labeled "Immersible." When using tools outside, make sure they are appropriate for outdoor use.
 - Use and store power tools and garden appliances away from water sources to avoid electric shock. Never use power tools and appliances in the rain.
 - Never carry an appliance by the cord, and never yank the cord when removing it from the receptacle. When disconnecting the cord, always grasp the plug – not the wire. Keep the cord away from heat, oil and sharp edges.
- Here are a few safety reminders before digging, even if it is just planting flowers.
1. Call J.U.L.I.E. 1-800-892-0123, in Illinois before you dig. It's free. The utilities that are members of J.U.L.I.E. will come out and locate their lines. You are responsible for your own privately owned lines.
 2. Look up before you prune trees or shrubs to make sure there are no wires around.
- Keep these tips in mind so everyone can enjoy the summer to come.

Rememberance Run Photos

The 2nd Annual Brian McMillen Lincoln Land Community College Memorial 5K Run/Walk was held in Springfield on May 23rd. The run was organized to fund the Brian McMillen Veterans Scholarship which is presented annually to a veteran attending Lincoln Land Community College.



Enlisted Perspective



The Enlisted Perspective

By CMSAF Rodney J. McKinley

27 April 2009

Air Force Diversity

Diversity is the greatest strength of our Air Force. We have many capabilities that enable us to project airpower any time, any place. However, the real strength of our service comes from our Airmen who work hard to execute the mission. These Airmen come from diverse backgrounds and work together seamlessly to build an unstoppable team. This diversity enables successful action across the full spectrum of operations in cultures with different religious beliefs, laws and values. The knowledge and experience of our Airmen allows us to translate their diversity into organizational effectiveness, mission readiness and exacting execution.

The Air Force attracts men and women from all walks of life; we welcome these teammates and value their differences. Every Airman is important to our Air Force, and every Airman, combined with the background and support his or her family provides, strengthens our Service. Whether officer, enlisted, civilian or contractor, young or old, male or female, and no matter their ethnicity, all Airmen share the core values of Integrity First, Service before Self, and Excellence in All We Do.

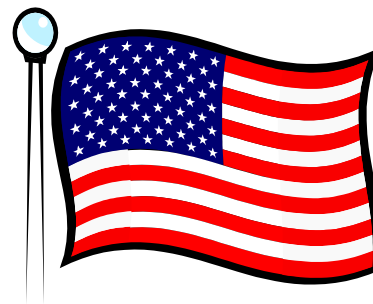
It is important Airmen are treated the same...as Airmen. Throughout my career, I have seen Airmen reluctant to correct Airmen of a different ethnicity or gender. Instead, the Airman either does nothing or asks a co-worker to make the correction. This is wrong. Every Airman has a responsibility to uphold professional standards. Whether you're correcting uniform violations or addressing behavioral issues, we all have a duty to uphold our core values; regardless of an individual's gender or ethnic background. The reluctance to uphold standards could lead to situations where Airmen are allowed to progress down a misguided path until it's too late to help them. Small course corrections help Airmen become productive and valuable members of the Air Force team. As leaders, it is imperative we provide every Airman the right path to success.

Take a look around our Air Force. You will very soon notice Airmen from every corner of this great nation, and quite a few from around the world. I see in every Airman a desire and the potential to serve their country to the best of their abilities. The diversity of these great Americans fuels our power to *fly, fight and win* in air, space and cyberspace.



Rodney J. McKinley
RODNEY J. MCKINLEY
Chief Master Sergeant
of the Air Force

Observe Flag Day



June 14th

Leadership training

Sponsored NCOAGA and 183rd HRA

The NCOAGA, with support from the Commanders, Chiefs and First Sergeants, is offering Leadership training to the 183rd. The training will be held during June drill. Training will consist of a 15 minute ice breaker and introduction, one hour of leadership instruction, and 15 minutes for questions. The instructors are Chief Master Sgt. Donald Felch, an instructor at Maxwell AFB, and Tech. Sgt. Robin Mason, an instructor at the NCO Academy at McGhee Tyson ANGB. Unit members are encouraged to attend. Contact your UTM and supervisor to attend a class. Times and locations are subject to changes. Changes will be announced.

SNCO's and Officers – CEX Training Room (P-48)

Saturday June 6	Sunday June 7
1030-1200	0930-1100
1430-1600	1230-1400
	1430-1600



AB thru TSgt – 217th Training Room

Saturday June 6	Sunday June 7
0930-1100	1030-1200
1230-1400	1330-1500
1430-1600	

Wreath laying ceremony

The ceremony is scheduled for June 7 at 0830 by the static display. If you know of any retirees that have passed away since our last ceremony in October 2008, please contact Joe Ward, Family Readiness Manager, with the names. The NCOAGA will hold this ceremony each year in May or June to honor those retirees or current members that may have died over the course of the year. You may be asking yourself why we need your help to provide the names of the deceased retirees, and why the unit does not have this information. It is unfortunate that the unit is not notified when every retiree dies. If the family does not notify the Personnel Section or the Family Readiness Section of a death then they have no way of knowing that a retiree has become deceased. Therefore, we need your input to ensure we have an accurate list. We want to ensure that we honor all of our fallen comrades each year at this ceremony.



Six Flags

Once again, the Non-Commissioned Officer Academy Graduates Association, Chapter 75, has discounted tickets for Six Flags in St. Louis.

The Six Flags tickets are available for purchase in the Financial Management Office, building P-48. The park will be open from March 28 to Nov. 9. Please go to the Six Flags website to view park hours for these dates.

Tickets this year are as follows:

Ticket	NCO AGA price	Gate price plus tax
1 day General Admission	\$24.00	\$39.99
2 day adult	\$41.00	\$42.99
2 day child*	\$34.00	\$32.99
Season Pass**	\$46.00	\$64.99

* Children 48" and under; Children age two and under are free

** The Season Pass is only valid for residences with a zip code outside a 50-mile radius of Six Flags St. Louis. You must first validate your season ticket at Six Flags in St. Louis and get your season pass, then you may use it at any Six Flags.

For the Six Flags calendar and events, go to

<http://www.sixflags.com/stLouis/events/CalendarEvents.aspx>

Promotions

Brigadier General

John P. Hughes

Major

Rodney E. McCraine

Captain

Tara L. Bryan
James D. Cribbitt
Kevin C. Pennell

Chief Master Sergeant

Mark J. Stevens

Senior Master Sergeant

Brian K. Willoughby

Master Sergeant

Diane L. Liesen
Rachel L. Meyers
Charles O'Malley

Technical Sergeant

Jeffrey D. Hancock
Carl C. Hasselbring
Ted E. Lyons
Scott E. Miller

Staff Sergeant

Graham A. Danyus

Senior Airman

Chelsea M. Harris
Jeremy M. Tobin

Enlisted Leadership

Command Chief

CMSgt Thomas Hergenrother
Ext. 219

Wing HQ

SMSgt Kim Piskacek
Ext. 839

Mission Support Group

MSgt Austin "Chris" Dearing
Ext. 405

Air Operations Group

MSgt Richard "Rick" Reimann
Ext. 829

Medical Group

MSgt Charles O'Malley
Ext. 360

217th EIS

MSgt Andrew Grzesiak
Ext. 704

Maintenance Squadron

MSgt Robert Stults
Ext. 275

Civil Engineering Squadron

MSgt William "Bill" Casson
Ext. 214

Security Forces Squadron

MSgt Timothy Ingram
Ext. 370

June Lunch Menu



**Served
1100-1300**

Saturday

Hamburgers
Hot dogs
♥Chicken breast
Baked beans
Cole slaw
Potatoe salad
Mushrooms and peas
Salad bar
Fresh fruit
Brownies

Saturday - no short order

Sunday

♥Tilapia
Chicken cordon bleu
Rice
Oven fried potatoes
Spinach
Corn
Salad bar
Fresh fruit
Cake

Sunday - short order

Pizza
Fries
Hot Wings

*Menu is subject to change

♥ Heart healthy

Welcome Aboard

Brig. Gen. John P. Hughes	Headquarters, Illinois Air National Guard	April 1, 2009
Staff Sgt. Marius B. Cailen	183rd Medical Group	April 2, 2009
Senior Airman Bradley D. Ellis	Detachment 1	April 5, 2009
Airman 1st Class Cody N. Woods	183rd Security Forces Squadron	April 23, 2009
Airman 1st Class Alex M. Dudley	Detachment 1	April 23, 2009
Master Sgt. Brent D. Keller	183rd Mission Support Group	April 26, 2009
Airman 1st Class Andrew J. Hemberger	Detachment 1	April 30, 2009
Airman 1st Class Aaron M. Grover	183rd Civil Engineering Squadron	April 30, 2009

Sun safety - It's that time of the year

by Tech. Sgt. Amy Murphy
183rd Medical Group

Did you know that you can get sunburned on a cloudy day? Also, concrete, sand, water, and snow reflect 85 percent to 90 percent of the sun's UV rays. More than 1 million people are diagnosed with skin cancer each year in the United States. Melanoma (a skin tumor) is the deadliest form of skin cancer and kills one person every hour. We'll talk more about skin cancer shortly. Let's now discuss sunscreen. Sunscreen should be applied all over your exposed skin surface to ensure adequate coverage. It should be applied before doing any outdoor activities and reapplied after swimming, sweating, or toweling off your body. SPF (sun protection factor) indicates how much longer a person wearing sunscreen can stay in the sun before starting to burn. The numbers range from two through 50, but a SPF of 15 or higher is recommended by the American Academy of Dermatology. With children a minimum SPF of 30 is recommended.



Skin cancer can be easily seen and detected. Skin cancer starts in the outer layer of your skin and develops into any of these three types:

- Basal cell carcinoma: the most common form of skin cancer usually appears as slow-growing, translucent, raised, pearly nodules which, if untreated, may crust, ulcerate, and sometimes bleed. If detected and treated early there is a greater than 95 percent cure rate.
- Squamous cell carcinoma: a common form of skin cancer that appears as nodules or red, scaly patches and can metastasize if untreated. While the cure rate is very high if treated early, squamous cell carcinoma can sometimes result in death.
- Melanoma: a disease of the skin in which cancer (malignant) cells are found in the cells which color the skin (melanocytes). It is the least common but fastest growing and most dangerous type of skin cancer. While it usually occurs in adults, it may also occasionally be found in chil-

dren and adolescents.

Skin cancer is detected by thoroughly examining your skin every few months. Look for changes in size, color, texture and shape, or a dark spot or mole. If you see or feel anything suspicious, show your doctor at once.

Visible Warning Signs

Unlike some forms of cancer, skin cancer can be easily seen. Here are some visible warning signs you should be on the lookout for:

- Asymmetry – one half unlike the other half
- Border irregular – scalloped or poorly circumscribed border
- Color varied from one area to another; shades of tan and brown, black, sometimes white, red, and blue
- Diameter larger than six millimeters as a rule (the diameter of a pencil eraser)

You can enjoy all kinds of outdoor activities if you follow these precautions to help prevent serious skin damage:

- Keep in mind the sun is strongest between 10 a.m. and 4 pm.
- Wear clothing that is dark and tightly woven.
- Wear a wide-brimmed hat and sunglasses.
- Remember that UV rays bounce off sand, snow, concrete, and water.
- Do not use sun tanning beds.
- Keep very young children (6 months or less) out of the sun.
- Sunscreens need to be applied liberally and evenly over all exposed areas.
- Apply a sunscreen with a SPF of 15 or higher whenever you're outdoors. To achieve adequate UV protection you should use products that provide broad spectrum protection, which means protection against both UVB and UVA rays. For broad spectrum protection, look for products that provide an SPF of at least 15 and contain ingredients like Avobenzone (Parsol 1789) or zinc oxide.
- For children, the Sun Safety Alliance recommends sunscreen with an SPF 30 or higher.
- Apply sunscreen before going outdoors and reapply often.
- Reapply sunscreen after swimming, perspiring, and toweling off.
- Provide complete sunscreen coverage for your skin (including neck, ears and lips!).
- For people with thin or thinning hair, apply sunscreen to the scalp as well.
- And remember-stay in the shade whenever possible!

**183d FW/PA
Illinois Air National Guard
Capital Airport
3101 J. David Jones Parkway
Springfield, IL 62707-5001**



COMMANDER

Colonel Michael A. Meyer

183D PUBLIC AFFAIRS

Master Sgt. Shaun Kerr
Master Sgt. Samuel Kassis
Staff Sgt. Steven D. Martin
Staff Sgt. Shelly Stark
Senior Airman Sarah Pherigo
Senior Airman Chasity Johnson

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Stop Delivery

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