



FIRST ARMY

Suicide Prevention & Safety Stand Down

OCTOBER 4TH AT 0850 HERITAGE HALL BLDG #60

Schedule of events follows:

0900-0905: Introduction with COL Davis

0905-0920: Opening remarks by LTG Bednarek

**0920-0950: Vietnam Veteran John Muskgrave
Testimonial**

**0950-1015: Small Group Time Magazine article
discussion**

**1015-1200: "Terrain Walk" Each group will rotate
through seven stations**

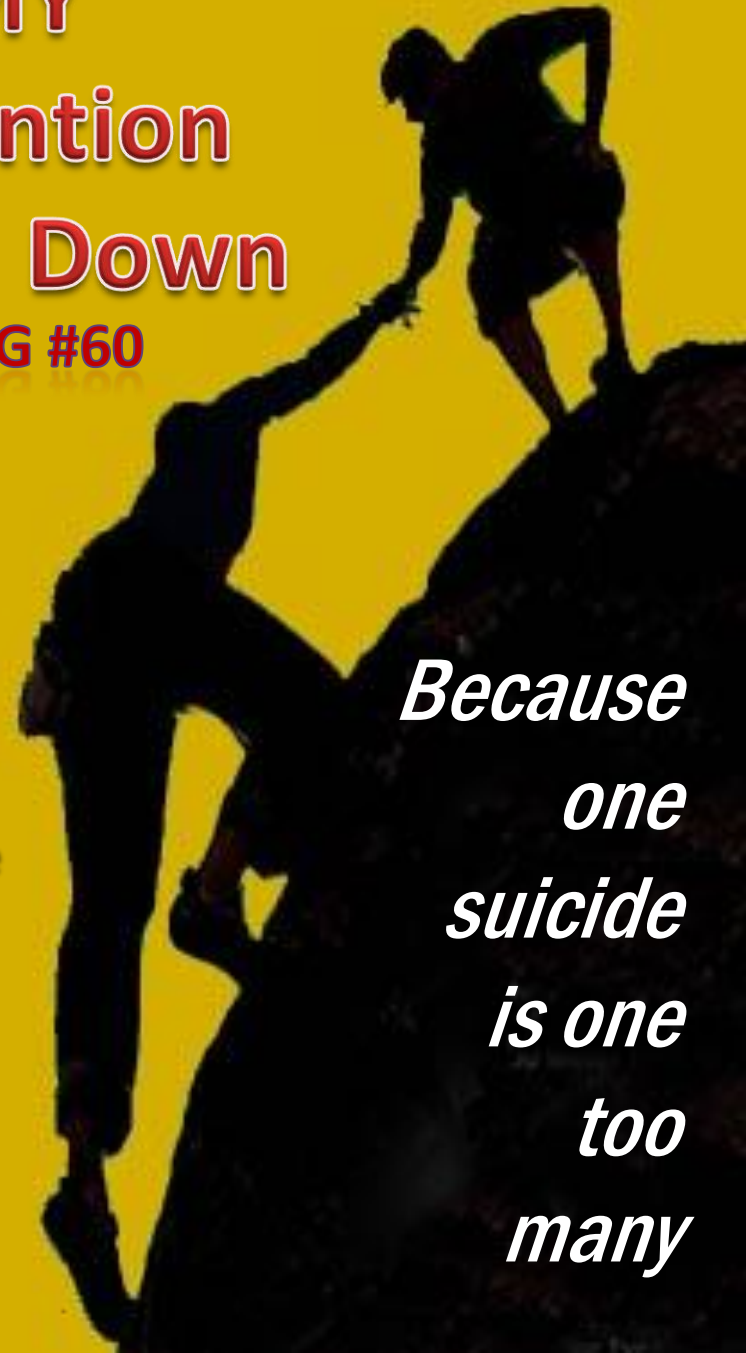
1200-1255: Break (Lunch)

1300-1330: MAJ Hall "Good News" Testimonial

**1330-1400: Ask, Care, Escort(ACE) Training with
CH(COL) Wilkinson**

1400-1430: Resilience Training with SFC Covey

1430- Closing Remarks by COL Merkel



*Because
one
suicide
is one
too
many*