

# Follow-up Instructions for Individuals Involved in a Radiological/Nuclear Event

**Instructions for all persons involved in a radiological/nuclear event (victims, persons concerned they may have been victims, and all responders)**

- Register with an official government agency (federal, state, or local) charged with collecting the names of all persons involved in the incident, so that appropriate monitoring can be arranged later.
- Monitoring is appropriate for all persons connected with the incident, including:
  - Persons who had any radiation-related health effects identified at the time of the incident
  - Persons who may not have had radiation-related health effects at the time but who were near the scene of the incident
  - Persons who participated in the response to the radiation event: e.g., health care providers, EMS personnel, hospital personnel, security personnel, etc.
- Listen for follow-up instructions from authorities managing the event.
  - Since every incident is different, you should try to find out what recommendations are made by authorities after more is known about the whole incident.
  - Listen for how to contact officials who may be able to provide you with additional information or answer any questions you may have.
- ***It is normal to feel psychologically affected by the incident (fear, anxiety, depression, hopelessness, etc.) and you should speak with your doctor about these feelings.***