

On-final



U.S. AIR FORCE

507th Air Refueling Wing - 513th Air Control Group
Tinker Air Force Base, Oklahoma

May 2006

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507th ARW
Commander's Column
By Brig. Gen. Dean Despinoy

The 507th just finished the Site Activation Task Force (SATAF) for the standup of the first ever AFRC/ANG associate unit. This is not only the first time the Guard has ever associated with another unit, but it is also the first time an AFRC wing has been the host wing to an associate unit.

Much progress was made during the week-long meeting, but it is clear that much also remains to be done. The 507th is no stranger to the stresses of an aircraft conversion. The 137th Airlift Wing from Oklahoma City is not only converting from their current C-130 aircraft into the KC-135, but also are associating with the 507th. There are many challenges just with these tasks, but the list of challenges continues. There are also challenges in the mixing of personnel from the different systems of the State Title 32 and the Federal Title 10. There are decisions to be made as to how many people the Guard will have at Tinker and how many they will leave at Oklahoma City. Finally there is also difference of opinion concerning the overall Concept of Operations.

It is understandable that there is confusion concerning the Con Ops. AFRC has had decades of experience associating with the active duty, mostly in Strategic Airlift wings and the Guard is a newcomer to this concept. AFRC has MOAs and Instructions governing all aspects of the structure and the relationship of the active duty/AFRC associate unit, the Guard does not. It will take time to work our way through this critical step.

It is important to remember that the 507th is not alone in this process, nor are we the only unit associating during this BRAC cycle. AFRC headquarters is intimately engaged with the process here at Tinker and all the other locations impacted by BRAC. It is AFRC's desire, along with the newly established Pentagon office, Total Force Integration, to standardize

the organizations across the Air Force. We all want to make sure that the end result of the AFRC/Guard associate relationship not only works here at Tinker but also works everywhere there is an associate unit.

I have heard many rumors concerning the four additional aircraft coming to Tinker. These aircraft are coming from the Portland AFRC unit which is relocating to Vandenberg. The aircraft are currently possessed by AFRC and will remain possessed by AFRC after their transfer to Tinker and the 507th Air Refueling Wing. There is no plan to give possession of these aircraft to the Guard. The Guard will work together with the 507th to fly these aircraft under an associate concept.

I have also heard the rumor concerning crew ratio. It is important to remember the way the personnel folks determine manning for maintenance as well as operations. It is based on crew ratio and it is possible to have a different maintenance manning crew ratio from the operations crew ratio. It is best not to get too wrapped up with these terms and keep in mind misunderstood information is worse than no information at all and only fuels more rumors.

I am sure any one of you can think of a question that we just don't have the answer to at this time. I have had many discussions and e-mails with the 4AF/CC as well as the AFRC/XP. I can tell you that the entire command is very motivated to insure that no one loses their job and the mission capability of the 507th is not degraded because of this association.

Throughout this entire process, it is important to remember we are the current experts concerning the KC-135. The operations and maintenance personnel of the 137th have a daunting task to join us as professional operators of this weapons system. They, of course, will attend formal schools, but we must open our arms to give them as much help as they want in their conversion.

I have been very pleased with the contact and cooperation I have already seen between the two organizations. I know this spirit of cooperation will continue as we take our first steps toward the combined future of these two great wings.

CHAPLAIN'S CORNER

A Chaplain by any other rank, is still 'Chaplain'

By Chaplain (Lt. Col.) Mike Jones

Pop Quiz: If you happen to be in your work area when a chaplain walks by, what would be the proper way to address him or her?

Did you even know that there is an "official" title for chaplains to be used regardless of rank? Well, there is! As I've walked around the 507th I am often greeted by my rank, "Hello Colonel." Now that's fine...I'm not complaining. But when it comes to greeting and addressing chaplains, a better

way would be to say, "Hello chaplain" or "Hello chaplain [last name]." Actually, this comes straight out of our AFIs. AFI 52-101, para 2.1.1.2. states: "Address chaplains as 'chaplain' regardless of rank." Also, chaplains may be addressed by tradition or denominational titles such as Father, Reverend, etc. (2.1.1.3.).

So why do I even bring it up? It's certainly not because I'm upset when someone refers to me by my rank. After all, that

is the normal protocol. I bring it up so that you know that you can refer to me or any other chaplain by that title, regardless of our rank or religious affiliation. It makes no difference whether the chaplain is a first lieutenant or a major general, he or she is still "chaplain." And a chaplain who is a Catholic Priest, a Presbyterian minister, an Islamic Imam, or a Jewish Rabbi is also still "chaplain."

Your Chapel staff hopes you have a good and safe UTA weekend or ORE week.

New Chaplain ready to serve

By Tech. Sgt. Melba Koch
507th ARW/Public Affairs

Chaplain (1st. Lt.) Kelly Stahl is the newest member of the 507th ARW Chapel staff. He may look young, and he is, but he's got a lot of military time and experience under his belt. Chaplain Stahl started as an enlisted troop with the Army in 1993 and got out of the military while he was stationed at Camp Humphries, South Korea as an Aviation Operations Sergeant.

While he was stationed in Korea, he had to make that tough choice to either get out or stay in. "I began to pray and seek council about my future path," said Chaplain Stahl. "I reflected that I had come into the military very young, and inexperienced, searching for who I was and what kind of dent would I make in this world," he continued. "I found my faith as central to who I am and saw that it created meaning and purpose. I realized that many young men and women enter the military with a similar desire, to find out who they are and what kind of dent they will make in this world. I felt called to the military community to



Chaplain (1st. Lt.) Kelly Stahl

help with those that are searching for something more from life and find hope and peace through faith," he said.

He enlisted into the Army National Guard in 1997, and four years later left the military.

Chaplain Stahl graduated from the University of Northern Colorado, Greeley, Colo., in December, 2000, with a Bachelor of Arts in Psychology. Then he received his Masters in Divinity in July 2005 from the Nazarene Theologi-

cal Seminary, Kansas City, Mo.

Chaplain Stahl came to Tinker AFB in the summer of 2004 as a Chaplain Candidate, while still in seminary, and met Chaplain (Lt. Col.) Mike Jones. "He (Chaplain Jones) was my mentor and supervisor," said Chaplain Stahl. "I was very impressed in the time he spent with me, so when he asked me about being a chaplain in the 507th, with him as my Wing Chaplain, I jumped at the opportunity," continued Chaplain Stahl.

"I am here to support the Wing Commander and Wing Chaplain in any way I can. I am also here to help fulfill the mission of the Wing and uphold the chaplain mission of 'Glorifying God, Honoring Airmen, and Serving All,'" said Chaplain Stahl. "I look forward to serving this Wing. My door is always open and I look forward to meeting everyone."

Chaplain Stahl serves as the Protestant Community Coordinator with the Tinker Chapel Office in a civilian capacity. His wife also works at the Tinker Chapel as the Religious Education Coordinator. They are expecting their first child (baby girl) this summer.

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507th ARW Mission: Man, train, equip, and sustain an Expeditionary Reserve Force in support of DoD peacetime and wartime taskings.

513th ACG Mission: Citizen-airmen extending America's Global Power operating the world's best airborne battle management, warning and control platform.

Airman credits brother-in-law for decision to join

Commentary by Senior Airman Jared Marquis
3rd Wing Public Affairs

ELMENDORF AIR FORCE BASE, Alaska — Most people have a hero or someone they credit for being the person they are today.

For me, that person isn't a teacher, supervisor or parent. While I have had my share of influential people in my life, that credit goes to Senior Airman Jason Cunningham.

Before March 4, 2002, I had never seriously thought about joining the military. I went to see recruiters when I graduated from high school and listened to what they had to say. But, I never really considered the military as a career path.

I wanted to do something important with my life; I just didn't know what. I worked hard at what I thought I wanted to be, reaching most of my goals and being relatively successful.

But that all changed on March 4, 2002.

That morning, my wife and I received a phone call at 5:30. A phone call that early is usually bad news, and this time was no different.

My mother-in-law called to tell us that Jason — her son, my wife's brother, an Air Force pararescueman — had been killed in Afghanistan.

Most of the two weeks after that were a blur. Unless you are faced with it, no one can possibly understand the pain and suffering a situation like that brings.

I felt completely helpless, doing everything I could for the people I love, but always feeling like I came up short.

Before then, I had never directly faced war. As a civilian living in a town without any kind of military influence, other than the local recruiters, I felt a million miles away.

Before that moment, I had never considered the effect war could have on my life.

Military service is a responsibility. Jason showed me that by his dedication, service and commitment. Not one time, did anyone who knew Jason think that he wouldn't succeed at whatever he did.

One of the most powerful moments I experienced was

at Jason's funeral at Arlington National Cemetery. I remember seeing a three-star general salute Jason's casket as it made its way to his final resting place.

I am here to tell you, even as a civilian, I understood how powerful an image that was. I could see in his face how much respect he had for the fallen Airman.

After the funeral, I had a lot of time to think, and came to a conclusion. I knew I wanted to serve my country the way Jason did, the way that all our fallen servicemembers have.

When Jason died, he left behind a wife and two daughters. I didn't feel it was right for me to stay home with my wife and kids, enjoying the freedom he fought for. I couldn't stay home when people like him were unselfishly risking everything. I felt it was my responsibility to stand up and fight.

For that reason, I have a tremendous amount of respect for anyone wearing the uniform of the U.S. military.

It doesn't matter what job they chose or why they joined, because the bottom line is they accepted the responsibility. They stepped up to defend our country.

Too often, I think we forget why we are here and why we chose this path in our lives. I have a daily reminder of why I am here. Not a day goes by that I don't think of Jason and what he left behind.

In my technical school class, my instructor would write a question on the board every day. Most of the time it was something like, "What is your favorite movie?"

Usually, I would think for a minute, never really picking out an answer that mattered to me.

But one day he wrote: "If you could talk to anyone, living or dead, who would it be?" Most of my classmates wrote someone famous.

As soon as I saw that question, I knew my answer. Like most of the people affected by Jason's death, I would give anything for one more conversation with him. I would share with him what his life, and death, meant to me.

Where ever my Air Force career takes me, one person deserves the credit.

That person is Senior Airman Jason Cunningham.

New kitchen to be unveiled at ORE

By Lt. Col. Richard Curry
507th ARW Public Affairs

Wing members deploying on this month's Operational Readiness Inspection will be able to experience the future of Air Force field food service as the wing's new field kitchen is put to the test.

The new kitchen, called a "SPEK" or Single Pallet Expeditionary Kitchen, is pictured on the front page.

According to Senior Master Sgt Terry Tunender, 507th Food Services Air Reserve Technician, "Everything needed to establish this portable kitchen, excluding meals and heating fuel, fits on one standard 463L aircraft pallet."

Sergeant Tunender said it takes four people roughly 1½ hours to set it up. The first hot meal can be served within 4 hours of arrival at the site (including set-up time). It's configured to feed 1,100 personnel in a bare-base environment. It can be operated in some of the most austere and savage of weather conditions and in a mobile mode from the back of a truck.

The SPEK is ideally suited to prepare Unitized Group Rations (UGRs) – a prepackaged heat and serve food line which does not require food preparation. Each UGR set of three boxes provides all the necessary utensils, plates, food, condiments and assorted accouterments to feed 50 personnel. There are seven breakfast and 14 lunch or dinner menus available.

The system consists of a three-section TEMPER tent,

flooring, pot and pan racks, tables and other miscellaneous equipment. New diesel-fueled, electrically-operated Babbington Burners replace the older match-lit, gasoline-fueled M2A1 burners. The new burners are a high-tech replacement for the M2A1 burners that have been around since 1959. A person simply pushes the button to ignite the BB. It runs a self diagnostic on itself prior to initiating ignition, adding a level of safety never possible with the more hazardous M2A1. The sergeant noted the Marine Corps was the test bed for this new system/kitchen and the wing's burners all have the Marine Corps emblem on the access plate.

The core equipment of the new kitchen is the Tray Ration Heating System (TRHS) and the Field Sanitation Unit (FSU). These are also powered by the Babbington Burners. The TRHS heats up to 24 tray rations at a time with each tray feeding between 10 and 20 personnel, depending on the menu item being served. Using 15 servings per T-ration as a planning tool, the TRHS heats 24 trays every 30 minutes, providing 360 servings. Sergeant Tunender stated that theoretically, under ideal conditions, the new system could feed up to 1,440 personnel in 2 hours.

The SPEK is ideally suited to operate rapidly in situations involving minimum food preparation and should provide a superior mobile platform to get hot meals to the 507th ARW Airmen "at the front lines" during the wing's ORE.

Command selects top services people, programs

Master Sgt. Jennifer Johnson and the 507th Services Readiness program



Jennifer Johnson

won com- a n d a w a r d s for 2006. Johnson was selected as Senior NCO in the individual winner category. Johnson's drive and dedication resulted in Services being the only

unit with zero discrepancies during the 4th AF IG SAV in February.

Headquarters AFRC officials announced the award winners April 12.

Individual winners by category are:
Company grade officer – 2nd Lt. Dennis T. Davis, 934th Services Squadron, Minneapolis-St. Paul International Airport Air Reserve Station, Minn.

Civilian manager – Giuseppe LaBella, 452nd Mission Support Group Services, March Air Reserve Base, Calif.

Senior civilian specialist – Michael J. Svenddal, 934th SVS, Minneapolis-St. Paul IAP, ARS

NCO – Tech. Sgt. Barbara A. Brown, 315th SVF, Charleston AFB, S.C.

Airman – Senior Airman Elisha M. Olivas, 302nd SVF, Peterson AFB, Colo.

Civilian technician – Kimberly V. McClendon, 94th SVS, Dobbins ARB, Ga.

Program winners by category are:

Fitness and sports program – 452nd MSG/SV, March ARB

Consolidated club – 94th SVS, Dobbins ARB

Readiness program – 507th SVF, Tinker AFB. The management process has decreased lodging "no-shows" cost by 66 percent with four straight months of zero no-shows. Unit is reenergized to emphasize a mission/warfighter focus which drives yearly planning and training scenarios. Daily operations are managed by one dedicated Air Reserve Technician.

Marketing program – 94th SVS, Dobbins ARB. (AFRC News Service)

Baird is new Security Forces commander

By Tech. Sgt. Melba Koch
507th ARW Public Affairs

Maj. Robert C. Baird became the 507th Security Forces Squadron commander during ceremonies March 18. He has 10 years experience in the security forces career field and came to us from the Oklahoma Air National Guard unit in Tulsa where he was commander of the 138th SFS.

Major Baird entered the military in 1993. He started his career in the Army Reserve as an infantryman. "I got in the service after I graduated from college," said Baird. He was determined to eventually earn an officer's commission, however he always heard the best officers were prior enlisted. "So I started at the bottom," stated Baird. "Fort Benning helped me learn and I am thankful for my time there. The Army asked me first if I wanted to fly rotary wing. I turned them down for the infantry. The guidance counselor gave me a funny look and said, 'OK.' Mine is a good job; I get to work with people," he continued.

"When I joined the military, something in the combat arms arena was always my first choice," said Baird. "When I moved back to Oklahoma from Colorado, one of my best friends from college had joined the Air Force from the Army and went on about the differences. I transitioned over in 1995 and found a home in the security forces career field. It just kind of fit; no better words."

He says the long-term professional growth in the Reserve system is also very attractive. The opportunities in the 507th, NAF, and higher are hard to match in the other Reserve components.

Major Baird says what excites him most about his job is that a commander's business is people business. "The people side of the house fascinates me. Creating a positive and responsive atmosphere where troops are motivated to learn and work is rewarding beyond belief."

The goals that Major Baird has established for himself and his team include helping the SFS continue on its path to excellence. "I am a simple person. For the most part I expect for the troops to do what is right and uphold the core values of the Air Force and our career field. As for the security forces, I do not have a lot of preconceived ideas ... just need to get into the organization and learn the

ground a bit better," continued Major Baird.

Major Baird's responsibilities as a squadron commander are to train, equip, mentor, and deploy Airmen to fight, survive and win on any battlefield in the world. "I am amazed at the breadth of our mission in the security forces squadron. These troops can go from the static mission of missile field security, to Operations in Iraq and Afghanistan, and all the way back to humanitarian relief as we saw when we responded to Katrina. I know of few other career fields in the military that have so much flexibility and adaptability as the security forces troop."

"The DoD overall is reminding itself how valuable and flexible the capabilities of our career field are. Whether the troop is a SF, MP, Master of Arms, the skill sets and critical thinking capabilities of our forces in the Global War on Terrorism are hard to match. We are cheap to maintain, also we like MREs; just need some decent coffee, bullets and a dry place to sleep (whenever that is)," continued Major Baird.

As far as personal goals, Major Baird says he's still thinking about trying to attend ACSC in-residence. "The experience of an in-residence school cannot be matched, and I feel this is important also for the members of my squadron, especially ALS, 7-level and Senior NCO Academies," continued Maj. Baird. The

professional peer interaction gained in these experiences does nothing but help us and the units we are associated with.

Major Baird says family support is a huge deal. "When I took the oath of officer in February, my wife and three kids were there with me. I did not join, we did. The families of our troops have just as much at stake in our organization. We ask a lot, and continue to ask for sacrifices from our families. An aggressive squadron level family support program is an important task. We get the easy part of deploying; they have the hard work to keep the home front going," he continued.

"I could do none of this without the support of my wife. Our second child was born while I was deployed to Jordan in 2001. She lets me go out at night and be a police officer in our community, and stay in the Air Force. She has kept the family going through two+ years of mobilization, two OIF deployments, and a move to DC."

Major Baird's civilian job is as a police officer with the Broken Arrow Police Department, where he has been since 1999.



Maj. Robert Baird and family

507th ARW selects first quarter winners

Wing winners for the first quarter of 2006 have been selected. They are: Capt. Jenette Jensen, Company Grade Officer of the Quarter; Senior Master Sgt. Jodie Zollo, Senior NCO of the Quarter; Staff Sgt. Jeremy Scoles, NCO of the Quarter; and Senior Airman Aaron Smith, Airman of the Quarter.

Captain Jensen is a KC-135R Instructor Pilot with the 465th Air Refueling Squadron. She maintains worldwide mission-ready status in the KC-135 aircraft. Captain Jensen coordinates and plans all aspects of flight and instructs squadron pilots in ground and air operations. "An outstanding instructor pilot and natural leader who sets the example for junior officers in the squadron," says Lt. Col. Michael Mahon, 465th ARS commander. "She's always a first choice to represent the squadron and wing on critical missions and high visibility events."

Captain Jensen is chief of Weapons and Tactics and responsible for developing and maintaining a complete tactical training plan. She is a top graduate from Combat Aircrew Tactics School and lauded by the unit commander for excellence. Captain Jensen was hand-picked to represent the wing at RIMPAC Planning Conference and establish tanker rules of engagement. She single-handedly drafted the tanker air refueling plan for RIMPAC SPONS in multinational force projection exercise.

Captain Jensen consistently volunteers to attend professional military courses and graduated from the Aircrew Tactics Course in February.

Captain Jensen participates in the non-profit Habitat for Humanity and devotes free time at numerous local animal shelters and assists in locating adoption candidates.

Sergeant Zollo is an Operations Superintendent for the 507th Civil Engineer Squadron.

"Sergeant Zollo takes personal pride in her work," said Lt. Col. Ernest Goodman, 507th CES commander. "She personally ran and evaluated 17 self-inspection and 13 different UCI checklists to ensure completeness and squadron readiness for the February UCI inspection team."

Sergeant Zollo was identified as an "Outstanding Performer" from the UCI team. The inspectors commented that her IMPAC log was considered the best seen to date. She manages over \$2M in home station, SORT reportable items and ADPE equipment.

Sergeant Zollo is directly responsible for a four-fold improvement in four required Category I training areas going from 20 percent trained to an outstanding 90 percent trained in a squadron of 152 individuals covering 18 career fields.

Sergeant Zollo is a member of and involved in several organizations (Air Force Sergeants Association, Reserve En-

listed Association, Tinker Reserve Top Three, Women in the Military and Mustang Elementary Parent/Teachers Association) on and off base. She is working toward an associate CCAF degree in Operations Management. She took the lead and raised money for cancer research for a squadron member, a first, and collected over \$3,500. Sergeant Zollo routinely donates blood to the Oklahoma Blood Institute and is a member of the "three gallon club."

Sergeant Scoles is a production controller with the 507th Maintenance Operations Flight. He wrote an operating instruction to schedule flight tracking and a continuity book on production processes. He also created a Weapons System Familiarization training course for newly assigned personnel.

"Sergeant Scoles maintains composure under the most trying and stressful conditions," said Capt. Frank Monaco, 507th MOF commander. "He was selected as an Outstanding Performer with zero discrepancies recently by the Maintenance Standard Evaluation Program inspection (MSEP) team."

Sergeant Scoles fulfilled all requirements for 5-level upgrade training in his third AFSC; completed six months ahead of schedule. He represents the Maintenance Group as a CPR instructor; continually training new recruits as well as keeping over 70 personnel current through recertification. He serves as treasurer of the Human Resource Development Council and vice president of the Tinker Reserve Enlisted Advisory Council.

Senior Airman (now Staff Sergeant) Smith is a communications-computer systems technician with the 35th Combat Communications Squadron.

"A self-motivated technician who quickly accepts responsibility by taking the lead on any task at hand," says Lt. Col. Roy Peterson, 35th CBCS commander. Under his direction, his team helped complete acceptance inspections on vital communications equipment received in preparation for the unit's journey to full operational capability in March. Within two days he managed to build network equipment for use in a field training exercise, reconfigured hardware on tactical equipment to upgrade systems, and built and tested several networking cables.

Airman Smith is often commended for his military bearing, adherence to customs and courtesies, appearance, and professional image; routinely selected as a military escort and for participation in military functions. He is a member of the Tinker Honor Guard, has performed a variety of details and actively recruits new members. Airman Smith scored a 90.5 on his fitness test, receiving a Fitness Excellence Award from the commander.



513th ACG
Deputy Commander's
Column

By Maj. Max Stitzer

Proud to have served with you

It wasn't long after I arrived here at Tinker in June 2004 before I realized that you can't swing a dead cat around here without hitting a patriotic, capable, and motivated warrior! I've just described nearly everyone alongside whom I've served for these past two years. Now, as I say farewell, I can't muster the words that will be profound enough; funny enough; wise enough to convey my gratitude for the opportunity to have served you all and Col. Gregory "Farb" Phillips as your Deputy Commander for Maintenance. Even before I arrived here, I had known for years of the excellence and accomplishments of this unit. However, nothing prepared me for how hard I have had to work to keep up with you all and to attempt to do justice to the position that I have been privileged to hold as we accomplish this great and unique AWACS mission.

From my first day at work here, I was proud to witness your extreme competence

that has earned you the reputation that I knew of before I arrived. I have stood by in amazement as I have continued to gain knowledge of the countless facets involved with every one of your jobs, from our best-in-the world aircrews to our peerless Aircraft Maintainers. The decision in 1996 to stand up this Associate unit was truly inspired because, as I have seen firsthand, the men and women of the 513th Air Control Group bring to the fight exactly the kind of capability, continuity, and innovation for which the Associate Program was designed. I have been more than proud to be the ceremonial figure in Maintenance who receives all of the positive feedback and endless compliments for your daily contributions to the 552nd Air Control Wing mission and for the training and combat readiness of our own Reserve troops. In return, I hope you have found me to be a worthy representative.

It has been said of other great warriors in the past that "uncommon valor was a common virtue" and I have been shaped and burnished through our trials together as you have taught me repeatedly about the meaning of service and dedication. From each of you, I will take away lessons of humility; of ingenuity; of pride in accomplishing one of the toughest missions that any armed force undertakes. You have made every mission, every tasking look like a cakewalk and I have

literally worn myself out just trying to keep up! Dedication and excellence are absolutely commonplace here and I will be able to serve even more effectively in my next assignment at Hill AFB because of your influence on me.

Finally, while I can't begin to offer you even a fraction of what you've given to me in terms of my personal, professional, and spiritual development, I would humbly like to offer my prayer for your continued well-being and strength as you diligently serve our nation in the greatest Air and Space Force on this earth; and I would like to leave you with the promise of the fourth verse of *The Star-Spangled Banner*:

O thus be it ever
When free-men shall stand
Between their lov'd home
And war's desolation;
Blest with vict'ry and peace,
May the heav'n-rescued land
Praise the Pow'r that hath made
And preserv'd us a nation!
Then conquer we must,
When our cause it is just,
And this be our motto:
"In God is our trust!"
And the star-spangled banner
In triumph shall wave
O'er the land of free and
The home of the brave!

2005 Reserve Flag Football Team

Top Row: Wes Updegraff, 507th Civilian; Floyd Conner, Base Civilian; Mike Templeman, 507th Civilian; Anthony Lee, 507th ART. **Mid Row:** Ken Sarsycki, 507th ART; Ralph Hawkins, Lauch McMillan, and Andy Clarke, 513th ARTs. **Front Row:** Joe Huizar, 507th TR; Bob Atkins, 507th ART; Bob Cameron, 507th TR; Tim Milliken and Brian Finley, 507th ARTs.

Not pictured: Ben Yoder, 507th ART; Jim Sherman, 513th TR; Travis Newton, Base Civilian.

The Reserve team ended the season with a 10-5 overall record, with a 3rd place finish on base (out of 32 teams). They lost the semi-final game 7 to 0.



FREE COLLEGE TESTING

Air Force Reserve members, spouses and civilian employees may take DANTES Subject Standardized Tests (DSSTs) or College-Level Examinations Program (CLEP) or Excelsior College Examinations (ECE) FREE! (Military Only for Excelsior examinations). These examinations test college-level knowledge you may have gained through your job, reading, travel, or hobbies. You must test at your Reserve DANTES approved test center. Testing at another DANTES test center will be on a case-by-case basis. The third Tuesday of each month at 0800 has been set aside for testing. You must call us four weeks prior to test date to ensure we will have your test. **For more information contact Chief Master Sgt. Charlotte Epps in the MPF Education and Training Office at 734-7075.**

FOREIGN LANGUAGE PROFICIENCY PAY (FLPP)

Reservists may apply for FLPP by submitting a written request for FLPP testing to his/her commander. FLPP I requires you to be on a tour of duty that requires the language. FLPP II will pay based on active duty days or IDT periods performed. Spanish and Tagalog speakers are not entitled to FLPP II. If you are proficient at a foreign language and are interested in this program please contact Chief Master Sgt. Charlotte Epps or Master Sgt. Sharon Lochman in the MPF Education Office at 734-7075 for instructions on how to apply for FLPP.

TUITION ASSISTANCE

Reserve members are eligible to apply for TA for Distance Learning and In-Residence courses to further their education up to a Master's Degree.

The basic enrollment requirements are that you must:

Be a participating member in good standing (no UIF, Article 15, etc.).

Retainability: Officers - two years; Enlisted - ETS after course completion.

Enrollment form must show course number/title, credit hours and cost of tuition.

Complete TA forms in our office PRIOR to class start date.

Payment occurs after satisfactory course completion. **You must provide a paid receipt and your grade NLT 60 days after course completion.** TA reimbursement amounts are set at 75 percent (\$4500) per FY (Masters) or 100 percent (\$4500) per FY (Bachelors). **For more information contact Chief Master Sgt. Charlotte Epps or Ms. Kim Silkwood in the MPF Education and Training Office at 734-7075.**

AFRC NCO LEADERSHIP DEVELOPMENT COURSE

The success of the Air Force Reserve NCO corps depends on their ability to apply leadership and management skills learned primarily in a civilian setting to a military environment. Not all of today's mid-level NCOs have extensive first-hand supervisory experience in a reserve environment; therefore, the instruction in this course is intended to improve the students' military supervisor capabilities and understanding of their positions as related to the USAFR. We focus on individual improvement which is ultimately the real source of organizational excellence and success. **See your unit training manager for more information. NEXT CLASS: July 24 - Aug. 4, 2006.**

FAMILY CARE

If you need to be on the Family Care Plan, notify your first sergeant ASAP - IAW AFI 36-2908. Single parents and dual military couples with children must have a Family Care Plan completed within 90 days of in-processing or family status change.

VIRTUAL MPF

- 1. Address Changes** - You no longer have to go to 4 different screens/areas to update your address!!!
- 2. Point Summaries** - Point Summaries can also be viewed and printed.
- 3. Record Review RIPS** - You will now be notified via e-mail, on your birthday, to log on to vMPF to review your RIP.
- 4. Awards and decorations** - You can also get a picture display of your awards and decorations.

HOT TOPICS :

All testing (paper and computer) must be scheduled by sending an e-mail to Kimberley.Silkwood@tinker.af.mil with the time and date that you would like to test and include the course number.

Computer-based and paper testing on the UTA is available on Saturday at 1300 and Sunday at 0800 and 1300 in Bldg. 1030 (Hangar) in Room 214. Please schedule all tests NLT 1500 on Friday before the UTA. If you are unable to keep the scheduled time please e-mail Ms. Silkwood or call 734-7075 prior to scheduled testing time.

All testing is also available on Tuesdays at 0800, Wednesdays at 0800 and 1300 and Thursdays at 1300.

NOTE: If you are retaking a test, you must bring the authorization letter with you or you will not be allowed to test.

EDUCATION REMINDER:

This is just to remind everyone who wishes to update their Education Records, officer and enlisted, that we need OFFICIAL transcripts to send or accomplish any updates. This means that it CANNOT say "ISSUED TO STUDENT." You may have the college/university send it, we can request it, or you may bring it in as long as it is in a sealed envelope with a SEAL on the flap AND it does not say "ISSUED TO STUDENT."

Pass and ID Hours of Operation: 0800 - 1200 on Saturdays of the UTA.

IEU open from 1200-1500 on Saturday of the main UTA.

Nomination packages for AMN, NCO, or SNCO of the quarter are submitted quarterly. Packages are due by 1400, on Saturday of the UTA after the end of the quarter. (Apr, Jul, Oct, Jan)

FY2006 UTA SCHEDULE

03-04 June 06	08-09 July 06
05-06 Aug 06	16-17 Sept 06
14-15 Oct 06	04-05 Nov 06
02-03 Dec 06	06-07 Jan 07
03-04 Feb 07	03-04 Mar 07
14-15 Apr 07	05-06 May 07

As of May 10, 2006

MAY TRAINING PLANNER

Fri, 19 May 2006

1300 Pre-UTA Cmdr Staff Mtg Bldg 1030, MSG Conf Rm
 1400 Pre-UTA First Sgts Mtg Bldg 1043, Wg Conf Room
 1430 Pre-UTA CChief & 1st Sgt Mtg Bldg. 1043, Wg Conf Room
 1600 Top 3 Executive Board Mtg Bldg 1066, OG Conf Room

Sat, 20 May 2006

Unit Designated Sign In Unit Designated
 0730-0930 Newcomers In-Processing Bldg 1043, Room 203
0800-1530 MPF/Customer Service Section Open
 0800-0900 IG period w/Capt. Vardaro Bldg 1030, Room 106
 0830-0900 6 Month Contact Mtg Bldg 1043, CC Conf Rm
 0900-1000 Mandatory 3A0X1 Tng Bldg 1066, OG Conf Rm
 1000-1130 Newcomers Orientation Bldg 1043, Wing Trng Room
 1000-1100 Mobility Rep Meeting To Be Determined
1300, by appt. CDC testing Bldg 1030, Room 214
 1300-1545 Newcomers Ancillary Tng Ph I Bldg 1043, Wing Trng Room
 1300-1400 Adverse Actions Mtg Wg Commander's office
 1300-1400 Wg. Career Advisor Trng Bldg 1066, OG Conf Room
Unit Designated Sign Out Unit Designated

Sun, 21 May 2006

Unit Designated Sign In Unit Designated
0730-0930 MPF Closed for In-House TngBldg 1043, Rm 203, 213
0730-0800 Protestant Chapel Service 513th ACG Auditorium
0730-0800 Catholic Mass Bldg. 1066 OG Conf Rm
0750- by appt CDC testing Bldg 1030, Rm 214
 0800-1100 Newcomers Ancillary Tng Ph II Bldg 1043, Wing Trng Room
 0800-1030 Haz Com for supervisors Bldg 1030, Room 104
0800-1500 MPF/customer service section open
 0830-0930 Enlisted Advisory Council Bldg 1043, CC Conf Rm
 0900-1000 Mandatory 3A0X1 Tng Bldg 1030, MSG Conf Rm
1300, by appt. CDC Testing Bldg 1030, Room 214
 1300-1600 First Duty Station Bldg 1043, Wing Trng Room
1300 SORTS/Post UTA Mtg CAT
 1400-1500 IG period w/Capt. Vardaro Bldg 1030, Room 106
Unit Designated Sign Out Unit Designated

Fri, 2 June 2006

1300 Pre-UTA Cmdr Staff Mtg Bldg 1030, MSG Conf Rm
 1400 Pre-UTA First Sgts Mtg Bldg 1043, Wg Conf Room
 1430 Pre-UTA CChief & 1st Sgt Mtg Bldg. 1043, Wg Conf Room
 1600 Top 3 Executive Board Mtg Bldg 1066, OG Conf Room

Sat, 3 June 2006

Unit Designated Sign In Unit Designated
 0730-0930 Newcomers In-Processing Bldg 1043, Room 203
0800-1530 MPF/Customer Service Section Open
 0830-0900 6 Month Contact Mtg Bldg 1043, CC Conf Rm
 0900-1000 Mandatory 3A0X1 Tng Bldg 1066, OG Conf Rm
 1000-1130 Newcomers Orientation Bldg 1043, Wing Trng Room
 1000-1100 Mobility Rep Meeting To Be Determined
1300, by appt. CDC Testing Bldg 1030, Room 214
 1300-1545 Newcomers Ancillary Tng Ph I Bldg 1043, Wing Trng Room
 1300-1400 Adverse Actions Mtg Wg Commander's office
 1300-1400 Wg. Career Advisor Trng Bldg 1066, OG Conf Room
 1400-1500 Training Managers Mtg Bldg 1043, CC Conf Room
Unit Designated Sign Out Unit Designated

Sun, 4 June 2006

Unit Designated Sign In Unit Designated
0730-0930 MPF Closed for In-House TngBldg 1043, Rm 203, 213
0730-0800 Protestant Chapel Service 513th ACG Auditorium
0730-0800 Catholic Mass Bldg. 1066 OG Conf Rm
0750- by appt CDC testing Bldg 1030, Rm 214
 0800-1100 Newcomers Ancillary Tng Ph II Bldg 1043, Wing Trng Room
 0800-1030 Supvr Safety rep training Bldg 1030, Room 104
0800-1500 MPF/customer service section open
 0830-0930 Enlisted Advisory Council Bldg 1043, CC Conf Rm
 0900-1000 Mandatory 3A0X1 Tng Bldg 1030, MSG Conf Rm
1300, by appt. CDC Testing Bldg 1030, Room 214
 1300-1600 First Duty Station Bldg 1043, Wing Trng Room
1300 SORTS/Post UTA Mtg CAT
 1400-1500 IG period w/Capt. Vardaro To Be Determined
Unit Designated Sign Out Unit Designated

OCCUPATIONAL SURVEYS

These surveys provide information essential for developing personnel programs, classifying occupations, and developing training programs. The Wing Survey Control Monitor (SCM) works with the Unit Training Manager (UTM) to ensure surveys are completed. AFI 36-2623, paragraph 2.7 makes completion of these surveys mandatory for all Air Force Reserve members. It is extremely important these surveys are completed by the suspense date. If you have any questions, contact Ms. Kim Silkwood or Staff Sgt. Jeremy Hudson at 734-7075 or your UTM.

Newcomers Ancillary Training

Newcomers Ancillary Training Phase I & II are conducted monthly in Bldg 1043, Wing Training Room in basement. Unit/Ancillary Training Managers are responsible for ensuring their new personnel are scheduled to attend within 90 days of their first UTA. If you have questions, contact the MPF Education & Training Office at 734-7075.

Day	Time	Subject	OPR
		Phase I	
Saturday	1305-1315	Wing Lodging Program	SVF
Saturday	1315-1345	Information Assurance	CF
Saturday	1345-1445	Drug and Alcohol, Suicide/ Workplace Violence Prevention	SG
Saturday	1445-1515	Local Conditions/ORM	SE
Saturday	1515-1545	OPSEC Training	OG
		Phase II	
Sunday	0800-0815	Base Populace	CEX
Sunday	0815-0830	IG Briefing	IG
Sunday	0830-1000	UCMJ/Ethics	JA
Sunday	1000-1030	Counter Intel/Awareness	SF
Sunday	1030-1100	Human Relations	ME
Sunday	1300-1600	First Duty Station	ME

UCMJ Briefing:

All enlisted personnel are required to have the UCMJ briefing within two UTAs of their first reenlistment. This briefing is held during Phase II of the monthly Newcomers Ancillary Training at 0830 on Sunday of the UTA in Bldg 1043, Wing Training Room.

Ethics Briefing:

All reserve personnel are required to have the DOD Ethics Briefing within 90 days of reporting for duty. This briefing is held in conjunction with the UCMJ briefing during Phase II of the monthly Newcomers Ancillary Training at 0830 on Sunday of the UTA in Bldg 1043, Wing Training Room.

Disaster Preparedness:

Unit Training Managers must schedule Chemical Warfare Training, by name, at least one UTA prior to the requested dates by calling CEX at 734-5249. All personnel must bring a complete training ground crew ensemble (GCE) including the mask and its hood to all classes. Those attending Initial must be prepared to process through a tear agent chamber. Wear of contacts is prohibited in all classes. Anyone arriving late, without a complete GCE with mask, or wearing contacts, will be released back to their unit and reported as a no-show.

Drug Testing: You must report within two hours of notification.

Military Pay

File for pay by:	Receive Direct Deposit by:
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18 May	26 May
22 May	30 May
24 May	01 Jun
30 May	07 Jun
01 Jun	09 Jun
06 Jun	13 Jun
08 Jun	15 Jun
13 Jun	21 Jun
15 Jun	23 Jun
19 Jun	28 Jun
21 Jun	30 Jun
27 Jun	05 Jul
29 Jun	07 Jun
03 Jul	12 Jul
06 Jul	14 Jul
11 Jul	17 Jul

Military Pay (405) 734-5016

BAQ Recertification Deadlines

If Last Digit of SSAN is:	Then Forward Listing to Unit Commander in:	Recertifica- tion due in by end of month in:
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1	November	January
2	December	February
3	January	March
4	February	April
5	March	May
6	April	June
7	May	July
8	June	August
9	July	September
0	August	October

Legal Office hours

Hours for legal assistance (wills, powers of attorney, and other personal legal matters) will be from 1300 to 1500 on Saturdays and from 0900 to 1100 on Sundays, on a walk-in basis. The office will be closed on Sundays from 1330 to 1530 for in-house training. For more information, call the Legal Office at 734-3823.

If you need assistance or have suggestions on how we can improve our service to you, please call us at (405) 734-7075, or stop by our office in Building 1043, Room 213.

Editor:	Chief Master Sgt. Sharlotte A. Epps, Chief, Education & Training (ART)
Assistant Editor:	Master Sgt. Sharon Lochman, Asst. Chief, Education & Training (ART)
Contributing Editors:	Tech. Sgt. Chris Rogers, Education and Training Advisor
	Tech. Sgt. Jimmy Talley, Education and Training Advisor
	Staff Sgt. Jeremy Hudson, Education and Training Advisor (ART)
	Ms. Kimberley Silkwood, Testing and Education Advisor

HRDC workshop encourages career advancement

By Lt. Col. Richard Curry
507th ARW Public Affairs

Where you go, what you do or how far you advance in your military career depends upon the choices you make.

That was the theme of last month's Reserve Human Resource Development Council workshop presented by Col. Bob Colyer, former 507th Mission Support Group commander.

Although Colonel Colyer retired the next day after presenting the workshop, he stated he wanted the chance to provide final reflections and guidance to help others pursue their military careers.

"You can do practically anything and

make your career as challenging as you want," he said. "It's the choices you make that make the difference." The colonel stated that people can't expect to advance if they don't complete required professional military education. "Other people are getting their courses completed. If you choose not to do so, that's going to determine how far you can advance."

Likewise, the colonel stated that those who want to advance as far as they can go may need to look at making changes such as moving to where the next challenging career assignment exists. "This isn't for everyone. Some people want

to stay at a certain unit, base or geographic location. For some people their priorities are different. They would rather stay rooted for family or personal reasons. That's fine, but the opportunities for advancement at a particular unit are limited. There are only so many positions available. Your career is affected by these choices," he said.

The colonel cited personal examples to illustrate ways each member could "Maximize Their Military Career" and concluded the hour-long session with words of encouragement that anyone can succeed if they plan for it and take advantages of the opportunities available.

Tinker Reserve EAC sponsors mentoring forum

By Master Sgt. Takesha Williams
President, TREAC

Did you know that mentoring is the best way to share knowledge, experience and expertise throughout an organization? If you had an opportunity to work with someone that could give you an inside track to career advancement, without spinning your wheels on irrelevant goals, would you take it? If so, your opportunity has arrived...

The Tinker Reserve Enlisted Advisory Council (TREAC) is sponsoring the Wing's first Q&A Mentoring Forum in the 513th ACG Auditorium on Sunday of the July UTA. All junior enlisted personnel (Airman through staff sergeant) are strongly encouraged to participate. The panel will consist of two 1st Sergeants and two Chief Master Sergeants from 11 a.m.-1 p.m. Sign-up will be on a 1st-come, 1st-serve basis with a limit of 30 person-

nel, and lunch will be provided. Those interested should send an email to Takesha.Williams@tinker.af.mil. Deadline to sign-up is close of business, Saturday of the July UTA.

Mentoring provides you with insight into knowledge and skills that are RELEVANT to your professional and personal goals. It allows you to receive critical feedback in key areas, such as communications, interpersonal relationships, technical abilities, and leadership skills. It also gives you an opportunity to gain knowledge about the organization's culture and unspoken rules that can be critical for your success. Basically, it helps to develop a sharper focus on what is needed to grow professionally within the organization. These forums are only part of our commitment to you to help shape you as successful leaders of tomorrow.

For more details, e-mail me (Takesha.Williams@tinker.af.mil) or Jeremy.Scoles@tinker.af.mil.

Looking for a summer camp for your children?

Summer is quickly approaching... looking for a summer camp for your children? Try the Summer Camp Locator.

Whether you're looking for a day camp or overnight camp for your children, **Military One Source** offers an online service designed to help you simplify the camp search and application process. It's simple, fast and easy to use. With the click of a mouse you can find the summer camp that's right for you and your family.

Logon to Military One Source at

www.militaryonesource.com and click on Summer Camp Locator or call Military One Source today at **1-800-342-9647**.

Air Force One Source is brought to you by your Family Support Office and other



base helping agencies, at no cost to you. And best of all, it's here for you—any time of day, wherever you are. So get in touch with them today. They have consultants who speak Spanish and offer simultaneous translation into more than 150 other languages. TTY/TDD and accessibility Web site also available.

Online: www.militaryonesource.com

En español, llame al 1-877-888-0727

TTY/TDD: 1-800-346-9188

Stats show fitness program needs to get on track

By Lt. Col. Tim Bennett

**Air Force Reserve Command public health officer/
health promotion director**

ROBINS AIR FORCE BASE, Ga. - Since the new fitness program began in 2004, Air Force Reserve Command's performance has stumbled.

In 2003, 76 percent of unit reservists took the fitness test. Most of them - 98.9 percent - passed their assessments.

Two years later 68 percent of the reservists tested. But, this time 7 percent of them finished with a marginal score and 12 percent of them performed poorly. AFRC's failure rate in this category was six times higher than the rate for active-duty members.

In 2005 individual mobilization augmentees performed slightly better than unit reservists. Four percent of the IMAs were marginal. Six percent were classified as poor. Today their performances are part of the AFRC statistics since they are under the administrative control of the Readiness Management Group.

If a person failed the 3-mile walk assessment under the previous fitness program, he or she simply took it again a few months later and generally passed.

However, with more stringent force-wide fitness standards in place, AFRC officials recognized that this approach to fitness testing wasn't good enough anymore. They needed a comprehensive education and intervention program to help reservists improve their overall fitness scores.

Col. (Dr.) Jim Collier, AFRC surgeon, directed a working group to develop an intervention program for reservists who scored marginally or poorly on their fitness assessments.

The group, consisting of experts from Reserve units across the country, met in December to tackle development of an intervention tool for people needing information, encouragement and a plan to improve.

Members of the group were orthopedic surgeon Col. (Dr.) Mark Hopkins, commander of the 944th Aeromedical Staging Squadron at Luke AFB, Ariz.; Maj. (Dr.) George Kolo, a sports medicine expert and flight surgeon assigned to the 442nd Medical Squadron at Whiteman AFB, Mo.; dietician Lt. Col. Shelly Pino, an IMA assigned to AFRC headquarters at Robins AFB, Ga.; and Capt. David Tharp, a behavior modification and clinical psychology expert from the 433rd MDS at Lackland AFB, Texas.

The result of their meeting is an intervention program titled Healthy Living Program for Reservists. In addition, the group developed a tri-fold brochure to give to reservists. It highlights the fitness program requirements and provides helpful Web resources.

Totally Web-based, the new Healthy Living Program for Reservists will be posted on the Air Force portal under the

Air Force Fitness Management System. It is divided into three instruction modules, each focusing on a specific topic.

The fitness module takes a comprehensive look at the frequency, intensity, length and types of exercises required to develop strength, endurance and flexibility. It also discusses ways to avoid injury and provides warning signs to look out for.

The second module on nutrition discusses not only on the basics of a healthy diet but also gives helpful hints for portion control and eating out.

The behavior modification module takes a different approach. It uses the "Top Ten Reasons for Not Exercising" to teach participants how to make proper choices while keeping them entertained. This module encourages participants to change their behavior and take control of their lives. And, it shows them how to get started.

Health and wellness centers on active-duty bases offer a wealth of assistance. These centers provide one-stop shopping to help military members achieve a high level of wellness. Among other things, they provide smoking cessation, weight management, fitness, nutrition, and health education and intervention programs. And most centers perform fitness testing and offer exercise and nutrition prescriptions for those who need professional oversight.

Unfortunately, health and wellness centers are only located on active-duty bases and may not be available to reservists on weekends or after hours.

One of Colonel Collier's goals for the future is to establish a centralized virtual health and wellness center with a full-time staff available to provide reservists, via the Web, personalized exercise and nutrition prescriptions. Although still in the formative stages, Colonel Collier's vision is for the virtual health and wellness center to serve as a resource for reservists who need help but don't have access to health and wellness or fitness centers where they live. If approved, the colonel hopes this resource will be up and running by 2008.

The hardest part of exercise for some people is just getting started. The statistics clearly show that many reservists have yet to incorporate fitness as an integral part of their lifestyle.

Retired Gen. John P. Jumper, former Air Force chief of staff, said in his July 2003 Chief's Sight Picture that "the amount of energy we devote to our fitness programs is not consistent with the growing demands of our warrior culture. It's time to change that."

Fitness is so much more than passing a fitness test once a year. It's about embracing a culture of fitness that can enhance all aspects of life.

If you haven't started developing your own personal culture of fitness, here's some gentle advice - start slowly, start safely but start now! (AFRC News Service)

Dental News

Don't miss your window of opportunity

It is very important that you stay on top of your responsibilities and accomplish your physical/dental requirements every year. The dental portion of the physical exam process can get confusing at times. At the 507th Dental Clinic, we are here to help you and make the physical/dental process a little less stressful. It is important to remember your own "window opportunity." This means every year at six months prior to the end of your birth month you will hit your window of opportunity for accomplishing your annual physical/dental requirements. For example, your window of opportunity begins on July 1 of every year if your birth month is December. The window of opportunity ends on the last day of your birth month.

On the years you are required to complete a DD 2813 (civilian dental exam) it is important to remember a few items. The form must be signed by the dentist on items six through 11.

The DD 2813 may be accomplished six months prior to the end of your birth month but not before then. The DD 2813 can be turned into your Unit Health Monitor. Be sure to have the DD 2813 completed in your "window of opportunity" (six months prior to the end of your birth month). If the exam is completed before the window of opportunity, then the exam will be too old and cannot be used. This often frustrates members when they have to reaccomplish their dental exam. A DD Form 2813 cannot take the place of a military dental exam when a military dental exam is due. If you become expired on your dental requirements, you will no longer be World Wide Duty Qualified.

The 507th Dental Clinic will provide a military dental exam every third year. This exam will be done as part of your complete or "long" physical examination. Only dental examinations scheduled as part of the physical examina-

507th Medical Squadron at YOUR Service
by Tech. Sgt. Kristie Subieta

tion process will be accomplished by the 507th Dental Clinic during the UTA weekend. The 507th Dental Clinic is not staffed to see members who should be going to their civilian dentist. Remember: Tricare Dental Insurance is available for all members.

For more information about Tricare Dental Insurance, contact the 507th Medical Squadron or go online to UCCI.com.

For questions regarding your dental examination, contact your Unit Health Monitor, your unit's 1st Sergeant, or the 507th Medical Squadron.

6-Month Window of Opportunity According to Birth Month

Birth month Cycle	January Aug. 1 – Jan. 31	Birth month Cycle	July Feb. 1 – July 31
Birth month Cycle	February Sept. 1 – Feb. 28	Birth month Cycle	August Mar. 1 – Aug. 31
Birth month Cycle	March Oct. 1 – March 31	Birth month Cycle	September Apr. 1 – Sept 30
Birth month Cycle	April Nov. 1 – Apr. 30	Birth month Cycle	October May 1 – Oct. 31
Birth month Cycle	May Dec. 1 – May 30	Birth month Cycle	November June 1 – Nov. 30
Birth month Cycle	June Jan 1 – June 30	Birth month Cycle	December July 1 – Dec. 31

*News from 'the shirt'***Don't make things harder than they already are**

**By Master Sgt. Larry Bryant
507th Maintenance Operations
Flight**

Not too long ago, I was at a fountain and noticed all the coins laying at the bottom. I began to think about all the wishes that those coins represented and a strange thought came to mind. I wonder how many people cast money into that fountain with the wish that they would become wealthy. Since I don't have a superstitious bone in my body, I found this very ironic. I then took this same irony and applied it to other goals we have in life.

Almost every military member has the goal of getting promoted, but how often have you seen those same people make conscious decisions that hamper the attainment of that goal. Every time they're late for work, decide to delay getting a haircut, or disregard customs and courtesies, they

put doubts in their supervisors' minds about whether they are ready to move up in rank and responsibility. Every time they pass up an opportunity to volunteer for additional responsibility or a special project, they failed to stand out among their peers.

Ask any Chief Master Sergeant how they got all those stripes on their sleeve, and I bet they would tell you that they earned each and every one of them. They certainly weren't bestowed upon them by the rank fairy. They made conscious decisions to do more than their co-workers so that when their supervisor wrote an EPR or selected someone for that important TDY there weren't any reasons to doubt their worthiness.

These same principles can also be applied to personal relationships, money management, and just about every other aspect of our lives. If you keep your goals in mind when you make your choices in day-to-day



Master Sgt. Larry Bryant

activities, you'll reach those goals much more quickly and easily. So, if you're really serious about getting rich, add that quarter to all the others that you waste and put them in the bank. I think you'll find that much more productive.

Future Total Force is now Total Force Integration

Our name has changed, but not our mission.

Much has happened since the original Future Total Force effort got off the ground; the BRAC and QDR processes have had a significant impact on how we are shaping our force and how we realize our integration goals.

Led by the Directorate of Total Force Integration (AF/A&F) the Air Force, through new Force Structure focused on programs, forces and technology, and new Organizational Constructs that fundamentally improve the effectiveness of our Active Duty, Guard and Reserve people and systems, will improve its overall combat capa-



bilities and continue to be a primary enabler in joint operations.

Secretary Wynne recently stated, "The Total Force is now." His vision confirms that the Regular Air Force, Air National Guard and Air Force Reserve are moving together into the future ... quickly. Integration of all components will continue to leverage the strengths inherent in each and will be a critical enabler as we meet current and future threats.

The future is now.

RETIREMENTS



Brig. Gen. Dean Despinoy presented Col. Bob Colyer his certificate of retirement during the April retirement and relinquishment of command ceremonies. Colonel Colyer was the 507th Mission Support Group commander. His plans include teaching high school in Las Vegas, Nev.

U.S. Air Force Photo by Capt. Bill Pierce



Guy Wilson, a master sergeant with the 507th LRS, and his commander, Maj. Dennis Sivert, display the Certificate of Appreciation received from President George W. Bush. Wilson, superintendent of Fuels, retired in April with over 22 years service; 10 of those years were in the 507th. He plans on spending more time with family (wife, Terri, is in the 35th CBCS) and coaching her son's soccer team.

U.S. Air Force Photo by Master Sgt. Jimmy Gonzales



Tech. Sgt. Stanley Radgosky, 507th LRS, retired in April. Radgosky and his commander, Maj. Dennis Sivert, display the Certificate of Appreciation received from President George W. Bush. Radgosky, a fuels craftsman in the fuels section, retired in April with more than 26 years of service. He spent 13 of those years in the 507th.

U.S. Air Force Photo by Master Sgt. Jimmy Gonzales



Tech Sgt. Richard O. Lilly, 507th LRS, retired in April. Lilly and his commander, Maj. Dennis Sivert, display the Certificate of Appreciation received from President George W. Bush. Lilly, an aircraft refueling operator in the fuels section, retired in April with over 22 years in the military. He spent 19 of those years in the 507th.

U.S. Air Force Photo by Master Sgt. Jimmy Gonzales

507th Services Flight superintendent retires

Senior Master Sgt. Clyde D. Hankins, Superintendent of the 507th Air Refueling Wing's Service Flight, retired last month. He assisted the Flight Commander on matters of personnel training and readiness and was a monitor and mentor for the welfare and career progress of the enlisted members of the flight.

In 1989, Hankins executed an inter-service transfer to the Air Force Reserve from the Oklahoma Army National Guard. He was assigned to the 507th Tactical Fighter Group, Combat Support Squadron. Hankins performed many functions in the MPF until he was selected by then 507th Combat Support Squadron commander Lt. Col. Gary Mixon to be the 1st Sergeant for the squadron. He has served as 1st Sergeant or Acting 1st Sergeant for four Wing commanders, three Group Commanders, three Squadron Commanders, and two Flight Commanders. In September 2002, Hankins was selected by Lt. Col. Monty Goodman to be the Superintendent of Services. In April 2003, the 507th Services Flight was activated with Hankins playing a significant role in the transition period. He has continued to be the Flight's first Superintendent until his retirement.

Hankins began his military career by enlisting with the United States Marine Corps in April of 1972. After graduating from "Boot Camp" at the Marine Corps Recruit Depot located in San Diego, Calif., he attended Administrative School at Camp Pendleton, Calif. His first duty assignment was with Sub Unit One First ANGLICO in the Republic of Vietnam. Upon the signing of the peace treaty with North Vietnam, Hankins was assigned to a unit at Iwakune, Japan, where he served on the staff of Major General Lang, Commander of Marine Corps Air Operations in the Asian Theater. His next tour of duty was an assignment at Camp Pendleton where he was given the sole responsibility of deactivating Camp Pendleton's Casual Company. Hankins was released from active duty April 26, 1974. He then entered the Marine Corps Reserve and in 1978 received his Honorable Discharge from the Marine Corps.

Hankins enlisted with the Oklahoma Army National Guard in April 1979. He was assigned to the 45th Infantry Brigade, 700th Support Battalion, Alpha Company, Oklahoma City, OK. While with Alpha Company he served in a variety of positions. In 1982 he served a two-year AGR tour as a training NCO responsible for all wartime and peacetime training missions as well as all Company OJT records, supply records, and unit administrative responsibilities

for Alpha Company. During his tenure with the ARNG, he also served as staff NCO to the office of the 45th Infantry Brigade Inspector General.

Hankins has been an educator and mentor of children in Mustang Public Schools since 1980, with the exception of the afore mentioned two-year AGR tour. Over 900 children have walked into his classroom and hundreds more have been touched by his compassion as an educator of children. Additional accomplishments and honors which have been bestowed upon Hankins during his career include being honored as one of the nation's Outstanding Young Educators in 1988; selected as the Noncommissioned Officer of the Year for the 507th Tactical Fighter Wing in 1992; honored by Channel 9 News and Gary England with the Medal for Excellence for his dedications and work on the Weather Classroom project; selected as the recipient of the Commandant's Award for Leadership while attending the Noncommissioned Officer Academy in 1993; and most recently selected for inclusion in "Who's Who Among America's Teachers 2005/2006."

He is a 1970 graduate of Lyman High School in Orlando, Fla. He earned a Bachelor of Science degree in education from the University of Central Oklahoma in 1979. In 1984 he received his Master's Degree in Educational Administration. His in-residence PME include Army Basic NCO School in 1983, USAF NCO Academy in 1993, and the USAF Senior NCO Academy in 1999.



Capt. Mechille Braden, 507th Services Flight Commander, presents a Certificate of Appreciation from President George Bush to Hankins at his retirement ceremony last month.

Up close

By Tech. Sgt. Ty Yoshida

The following question was asked of members of the 507th ARW during the April UTA:
“Do you intend to review your Airman’s Manual (AFMAN 10-100) before the ORE?”



Senior Airman Joe Huizar and Staff Sgt. Robin Gamble, 507th CF

“Yes, our flight reviewed it as a team.”



Senior Airman Adrian Mack, 507th LRS

“Yes. Due to my prior experience at Volk Field, I know what to review.”



Airman Chris Webb, 507th LRS

“Yes, I plan to review it at home.”

Airman First Class Latece Christmon, 507th LRS

“Yes, so I can be better prepared; I’ll look over material that I might have overlooked in the past.”



Staff Sgt. Jennifer Corbin, 507th LRS

“Yes, I will review it before I leave here. It’s great reading material for our trip.”



Reservists go online to correct duty history

By Tech. Sgt. Rob Mims

Air Reserve Personnel Center Public Affairs

DENVER—As of March 31, Air Force Reserve members around the world can correct or change their duty history via the virtual Personnel Center Guard and Reserve, a 24/7 customer service Web portal operated by the Air Reserve Personnel Center here.

Before the ARPC Personnel Service Delivery system went online, Airmen had to visit their local military personnel flight or call several agencies to correct their duty history. Now, no matter the time of day, reservists can log on to the vPC-GR at <http://arpc.afrc.af.mil/support/default.asp>. If no account is established, they will have to answer a few questions to receive a user name and password.

Once an account is established, Airmen just click on the “Correct Duty History” link and annotate their desired changes, attach any relevant supporting documentation such as enlisted performance reports, officer performance reports, special orders, general orders, etc., and click on “submit.”

Once correction requests are submitted, customers will receive an e-mail containing a tracking number. Moreover, when the actions are completed, they will receive an e-mail letting them know.

The process for updating current duty information has not changed; it still must be done through local commander’s support staff or base individual mobilization augmentee administrators.

ARPC and the Air Force Personnel Center are working simultaneously on centralizing and automating many of their processes for all Airmen and civilians in the Total Force.

Some processes that have been automated or centralized at ARPC include 20-year letter (re-issue), mortgage letter, current points request, promotion board counseling request, and electronic promotion letter to the board president.

In the future, automated and centralized services should account for nearly every aspect of every Airman’s personnel actions, from initial enlistment to retirement and everything in between.

Between now and Sept. 1, 2007, ARPC, with assistance from Air Force Reserve Command Personnel Readiness and the Air Force Reserve Active Guard Reserve Management Office, will work to automate or centralize retirements, separations, awards and decorations, evaluations, enlisted promotions, assignments, retraining, reenlistments, duty status, classifications, adverse actions and accessions.

More information about the ARPC Personnel Service Delivery system is available by visiting <http://arpc.afrc.af.mil/psd/default.asp>. (AFRC News Service)

A base traffic ticket can cause big problems

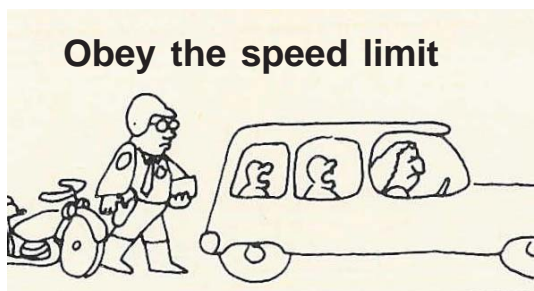
Speeding in base housing will result in suspension of on-base driving privileges of one-day for every one-mile over the posted speed limit that the individual was cited for. The individual’s traffic history will assess points IAW AFI 31-204, Air Force Motor Vehicle Traffic Supervision.

Subsequent speeding offenses in base housing areas will result in suspension of on-base driving privileges of one-day for every one-mile over the posted speed limit the individual was cited for, plus an additional 30-day suspension.

If during that suspension you decide to “sneak” in by driving yourself, it will be an automatic two-year loss of driving privileges on the installation ... no questions asked, no appeal.

Personnel who have had their base driving privileges suspended/revoked may not park their vehicles in any park-

ing lot, on or off the installation, that is controlled by Tinker AFB with the exception of the following designated lots located immediately outside the installation: parking lot just outside Gott



Gate/Gate 34 and the northwest parking lot adjacent to the Defense Reutilization & Marketing Office (DRMO) compound outside the fence.

Information also added to the supplement: Five miles per hour in all parking lots, Defense Logistics Agency disposal areas and when passing troop formations. **NOTE:** Military formations have

the right-of-way at all times.

A new policy took effect in April, which stated that drivers can be cited by security forces personnel for talking on cell phones without hands-free devices. Cell phone use while driving is categorized as a moving violation in Air Force Instruction 31-218(I).

Motorists should note that, although hands-free listening devices are permitted for cell phones, the instruction prohibits the use of other portable headphones, earphones or other listening devices while operating a motor vehicle. Use of those devices impairs driving and masks or prevents recognition of emergency signals, alarms, announcements, the approach of vehicles, and human speech.

For more information, check out Tinker Supplement 31-204/Air Force Motor Vehicle Traffic Supervision, dated May 17, 2005.

Parting Shot



Several members of the 507th ARW, including Chief Master Sgt. John Beasley, left, and Master Sgt. Clifton Howard, far right, volunteered to work at the OETA telethon recently. In a six-hour period the 17 volunteers helped raise more than \$29,000. "After starting off a little slow, everyone got into the swing of things and we had a great time," said Sergeant Howard, 72nd Aerial Port Squadron and volunteer organizer. "I appreciate everyone that took the time to come out and help us out on their Saturday. Hopefully we will have a bigger crew next year," he said.

On-final

R-News

Upcoming blood drives

The next campus blood drive will be held Sunday of the June UTA from 10 a.m. to 2 p.m. A blood drive will also be held in August.

Legal Assistance Hours

The legal office will only be conducting legal assistance (wills, powers of attorney, and other personal legal matters) on Saturdays from 1 - 3 p.m. and on Sundays from 9 - 11 a.m., on a walk-in basis. The legal office is closed on Sundays from 1:30 - 3:30 p.m. for in-house training.

For true emergencies, call 734-3823 during the UTAs.


First Sergeants Board in June

The Wing will conduct a First Sergeants Board during the June UTA (time and place to be determined). There is one position open, in the 507th Operations Support Flight. An all-purpose checklist with all First Sergeant Qualification/Requirements can be picked up at the MPF. The POC at the MPF will be Master Sgt. Glenn Meadows. All completed packages must be delivered to the MPF by COB May 21, 2006.

NEWS / INFORMATION / FAMILY READINESS

**507th ARW
and
513th ACG**

TINKER AFB
OKLAHOMA



www.507arw.afrc.af.mil

507th ARW Recruiters

<http://get1now.us>

Tinker AFB, OK

(In-Service Recruiter)
Master Sgt. Gene Higgins
(405) 739-2980



Moore, Norman, OK

Tech. Sgt. Michael Comfort
(405) 217-8311

Midwest City, OK

Master Sgt. Carla Lang
Staff Sgt. Neil Lambrecht
(405) 733-9403

Tulsa, OK

Master Sgt. Monica Basye
(918) 665-2300

Lawton, OK

Tech. Sgt. Ronald Gregory
(580) 357-2784

McConnell AFB, KS

Master Sgt. David McCormick
(In-Service Recruiter)
(316) 681-2522

Vance AFB, OK

Master Sgt. David McCormick
(316) 759-3766