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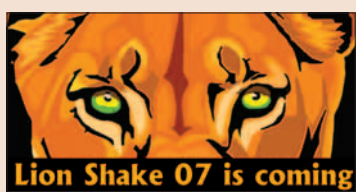
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Afghan police get medical training

Story and photo by
173rd ABCT Public Affairs

NANGARHAR PROVINCE, Afghanistan – Afghan National Police officers graduated from an Army Combat Life Savers medical course conducted by the Nangarhar Provincial Reconstruction Team.

The class, which graduated eight officers, was a joint effort between the ANP and the military police from the 173rd Airborne Brigade Combat Team and is believed to be the first class of its type conducted at the PRT, according to 1st Lt. Amanda Newsom, Headquarters and Headquarters Company, 173rd Special Troops Battalion (Airborne).

“These policemen were hand selected by their respective district commanders to become the principle medics for their ANP stations,” said 1st Lt. Newsom.

The class was one day of fast-paced learning and all of the major life-saving measures were taught including treating sucking chest

wounds, abdominal lacerations, amputated limbs, blocked airways and treating for shock.

All of the training culminated in a practical exercise conducted at the end of the day.

In the exercise, the policemen had just ten minutes to secure, treat and evacuate their suffering comrades to safety, said Newsom.

The simulated wounds varied and the treatments were limited to field-expedient measures.

“Through their ingenuity and dedication to duty, these Afghan police didn’t let any obstacle stop them from saving a life,” said Newsom.

The training didn’t stop at the PRT. ANP Sgt. Mujahid, from Kuz Kunar District, which is north of Jalalabad, took what he had learned and passed it on to his fellow policemen.

According to a release issued by the 173rd STB, the training was focused on the basic first-aid Soldiers would need during that “hot minute” when their life was on the line and his peers were extremely receptive.



An Afghan National policeman stabilizes the head of a “patient” before clearing his airway during the Combat Life Saver training with military policemen from the 173rd Special Troops Battalion (Airborne) and the Nangarhar Provincial Reconstruction Team. The joint training graduated eight ANP from the day-long class.

509th Signal fields new gear



Sgt. Rodney King, 509th Signal Battalion computer analyst configures the router on the Broadband Global Area Network system, which provides internet access and commercial phone lines to deployed units.

Story and photo by
Pfc. Crystal Abbott
*Joint Task Force-East
Lion Strike Public Affairs*

NOVO SELO, Bulgaria — In today’s fast-paced environment, it

is critical for deployed units to have instant communication capabilities regardless of how austere the location.

The 509th Signal Battalion, deployed two Soldiers to Bulgaria in support of Joint Task Force-East Lion Strike to test a new Broadband Global Area Network system to provide all U.S. military personnel involved in the exercise with internet access and commercial phone lines. Sgt. Rodney King, a computer analyst, and Sgt. Eric Jackson, a radio operator, set up the system upon arrival Sept. 14.

“This system has been configured to provide Joint Task Force -East Lion Strike service members with commercial phones, military e-mail access and unclassified internet services,” said King. “We also have a satellite radio that provides extra communication for us in case of emergencies.”

The system can also provide users with a secure internet line, secure voice line and a video-telecommunication line, he said. A built-in router allows printing and scanning capabilities as well as many other features.

This equipment was acquired by the 509th in July of this year, but this is the first time it has been used in the field or in a mission, said King.

“They call this the EEP, or Early Entry Package,” said King. “It is a critical part of the mission. This system can be moved in first to establish communication systems even before the main unit arrives,” he said.

Maj. William Johnson, executive officer for 1st Battalion, 94th Field Artillery (MLRS), is deployed with JTF-E Lion Strike in Bulgaria and has found the system to be helpful.

“It creates another means of connectivity with the chain-of-command, as well as giving us a means of transmitting documents” Johnson said. “Without it, communication would be much more difficult.”

“Because of the world we live in, e-mail and internet access is necessary. Without that connectivity, we would be missing out on the information flow,” said Lt. Col. Bruce Sones, commanding officer, JTF-E Lion Strike.

“It enhances our ability to update our higher command efficiently and regularly, as well as communicate with outside agencies such as the ministry of defense, the embassy and the media,” he said.

Setting up the system is relatively fast and simple, said King. First, the satellite receiver for the system is positioned so it receives a strong signal, then the computer can be hooked up to the system to provide internet.

This allows the Signal Soldiers to give units communication capability as soon as their boots hit the ground.

“This system gives troops on the ground means to communicate through phones and the internet where conditions would otherwise make it impossible,” said King. “We are here to support our service members by providing mobile and reliable communication.”

Garrison News

2-503rd hosts video conference from Afghanistan



Sgt. 1st Class Michael Zeidler (offscreen) had the opportunity to talk to his wife Julie and sons, Braxton and Gunner during the video conference.

Story and photo by
Spc. Kathryn Jorgenson,
SETAF Public Affairs Office

Family members of paratroopers from the 2nd Battalion, 503rd Infantry, 173rd Airborne Brigade Combat Team, had the opportunity to learn what their Soldiers are doing in Afghanistan.

Lt. Col. William Ostlund, commander of the 2-503rd, and Command Sgt. Maj. Bradley Meyers hosted a video conference for the families on Sept. 18 at the Caserma Ederle post theater.

The conference consisted of an operational update and slide presentation letting families know where their Soldiers were and what they were doing.

After the briefing family members participated in a question and answer period with Ostlund and

Meyers.

Approximately 50 spouses turned out for the event, most bringing their children with them in the hopes of having the opportunity to speak to their loved ones on camera.

“We will try to get every paratrooper on a video conference as soon as possible,” said Ostlund during the question and answer portion of the briefing.

One of the major concerns brought up was communication. With the remote location of the Soldiers, communication is sporadic at best and some Soldiers do not have regular access to phones or email.

Ostlund stated that getting paratroopers rotated through the more technologically sound bases was a main priority for the commanders.

September fever

Do you have it too?

Thoughts from Chaplain
(Lt. Col.) Bill Phillips
Special to the Outlook

I don't know about you, but my family and I suffer every year from "September Fever." You won't find this disorder in any medical handbook, but I can assure you from personal experience that the condition really does exist. And what's worse, this disease is preventable.

It starts back in June, when so many routine responsibilities slow down or stop altogether and the summer begins. You become a good host for the disease as you go on leave and get some rest. And then, as the summer draws to its inevitable conclusion, you begin to prepare for the return of responsibilities that come around Labor Day.

If you are like me, you see so

much that needs to be done and there are always others around with even more really important things. Who will step up and help out with this or that?

Then, refreshed from your summer break, you volunteer and say, "Sure. I'll be glad to do that!" And then you say it again to somebody else. And again. And again. And again.

Everything goes along OK till September actually comes and you find yourself overwhelmed by your commitments. Things you know you should be enjoying now appear to be just another chore and you swear you don't know how you ever got this over committed.

Congratulations. You have "September Fever."

Do you know the story about the two sisters and the dinner party? Jesus was teaching in a home and the women of the family

were preparing a meal for later.

One of the women became annoyed that her sister was just sitting around listening and not helping out with the preparations. When she complained to him, Jesus told the overly responsible Martha that it was not only OK for Mary to take a break and listen, but that it was preferred.

This life is a blessing from God and is meant to be enjoyed. Don't allow your schedule to become so full that you have no time to watch your child's game or concert.

Or that you are always too busy for fun. Sometimes life comes at us pretty hard and we have no choice about our commitments, but frequently we bring the stress on ourselves.

I hope your case of September Fever isn't too bad this year. By the way, we really could use a little more help over at the chapel.



School fire caused by defective wiring

CASERMA EDERLE, Vicenza, Italy—Base fire investigators determined the cause of the fire at the Vicenza High School Sept. 17, was a result of defective electric wiring.

Caserma Ederle's Italian and U.S. firefighters quickly responded to a fire alarm Monday evening from the school. When firefighters arrived, there was visible smoke coming from the building. They entered the building and successfully isolated the fire approximately 10 minutes after receiving the call.

Nobody was present in the building at the time of the fire. There were no injuries. The estimated damage of the fire is \$80,000.

Local Vicenza firefighters arrived at approximately 10:50 p.m. and were available to provide mutual aid.

Speak Out

"Who has made the most impact on your life and why"



Shebree K. Dean,

American Red Cross
 "My grandmother is such a sweet, beautiful person. Her spirit and patience makes her a phenomenal women. Always quick to listen and slow to speak, forgiving and understanding."



Christina Salas,

MWR
 "My mother. She has gone through so much, yet she managed to raise my sister and I with a positive outlook on life. She's taught me that your attitude is the most significant factor in your success."



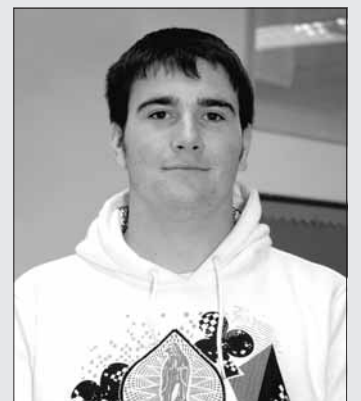
Staff Sgt. Justin Anderson,

HSC, SETAF
 "I would have to say my wife. I've learned a lot of things from a lot of good people, but no one has ever made we want to be the best person I can be, besides my wife."



Debora & Xylia Higgins,
Family member

"My husband, because he is serving his country and making it safe for everyone, including his family. Even though he is away a lot, he is doing it so that the world would be a safer place."



Steven Merlino,

Grade 12
 "My mom has really influenced me because she is always there for me when I need her. She knows just what to say everytime."

Garrison news

Jumping French-style

Story by Spc. Kathryn Jorgenson, SETAF Public Affairs Office

Southern European Task Force Chief of Staff Col. Skip Davis and eight other SETAF Soldiers had the unique opportunity to participate in a jump hosted by the Ecole do Troupes Aeroportes (paratrooper school) in Pau, France and the 11eme Brigade Parachutistes (11th Airborne Brigade) in Toulouse.

The U.S. played a vital role in the development of the French paratrooper and special forces corps, something the French have recognized in the newly renovated Paratrooper Museum located just outside of the school. The museum displays the different uniforms and weapons of significant periods in the French Airborne history.

The SETAF contingent participated in two jumps during their visit. The first was a conventional jump from a Spanish Casa aircraft, and the second was a tandem jump from 10,000 ft. with freefall students. Some the students carried tactical equipment weighing nearly 250 pounds.

Even in France, Sept. 11 was remembered in a formation as more than 600 military and civilians looked while French, Belgian and U.S flags were raised and the national anthems were played. "It was a simple ceremony, but effective and

memorable", said Col. Davis.

"It was a great experience for everyone involved", said Davis after he returned to Vicenza. Future opportunities to train with the French and Belgian paratroopers are being discussed.



(Above) Col. Skip Davis, SETAF chief of staff, joins French commanders of the Ecole de Troupes Aeroportes in a salute during the Sept. 11 commemoration at the school. (Right) French and American paratroopers run off the drop-zone after a succesful jump from a Casa CN-235 twin-engined cargo plane.



Hispanic Heritage month began with a cake cutting. In celebration of Hispanic Heritage Month, (L-R) Sgt.1st Class Stu Cameron, equal opportunity advisor, Sgt. Maj. Amaury Ochart, G-4, and Master Sgt. Tamika Anderson, equal opportunity advisor, cut the first slice during the ceremony held at the Post Exchange Food Court Sept. 21.

"This is a time in which we can join together and recognize the proud history and rich culture of Hispanic Americans," said Sgt. Maj. Amaury Ochart, SETAF G-4. The theme for this year's celebration is *Hispanic Americans: Making a positive impact on American Society.* (Photo by Laura Kreider, Outlook Staff)



(Above) SETAF chief of staff, Col. Skip Davis (second from left) and NATO liaison officer, Col. Aldo Rando, show the Mayor of Longare, Roberto Walczar (far right) and members of the Longare town council a bunker at the Longare site. The bunkers are primarily used for equipment storage and the barbed wire is slated to be removed in the near future. (Photos by Laura Kreider, Outlook Staff)

Captains retention bonus program

Military personnel has announced a new incentive program for all eligible captains.

The following eligibility applies:
-Only Active Duty, Regular Army Officers are eligible

-Based on dates of rank, virtually all Captains in year groups 1999-2004 are eligible to participate
-Army Nurse and select Medical Service officers are also included

-This program is not open to NG/AR/IRR/AGR component officers

There are five options available for selection:

1.Critical Skills Retention Bonus (CSRB)- A tiered cash option based on the officer's

accession branch in \$25K, \$30K, or \$35K amounts.

25K - Air Defense, Army Nurse, Engineer, Finance, Quartermaster, Signal Corps, and Selected Medical Services

30K - Adjutant General, Armor, Chemical, Military Police, Ordnance

35K - Aviation, Field Artillery, Infantry, Military Intelligence, Transportation

2.Graduate School - Graduate slots will be allocated based on availability and targeted towards YG's 03/04, but all Captains may apply.

3. Military School - Officer may choose to attend either Ranger school or language school.

4.Branch/Functional Area of Choice-Normal procedures for processing/consideration will apply; however expedited processing will occur.

5.Post of Choice-Guaranteed stabilization for 24 months.

•All captains have received notification via AKO and must submit request as soon as possible. HRC has \$300 million available to spend prior to 30 September 2007

•Contractual agreements are completed by officer, reviewed and signed by first LTC and submitted directly to HRC

•Call SETAF G-1, Katrina G. Reyter, 634-7454 for more information.

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Community events

1-91 Cav kids earn spurs



Photo feature by Michael Rundell
1-91st Cavalry FRSA
Special to the Outlook

Stetson and spurs are worn only by the Soldiers assigned to the Cavalry. However, these items can not be worn by any just any cavalry trooper.

Before any trooper can don the coveted spurs and black Stetson, they must first prove themselves worthy of the honor by demonstrating their skills during a "Spur Ride." Only then are they awarded the coveted title of spur holder and inducted into the "Order of the Spur."

Sept. 8, more than 70 children of the 1-91 Cavalry did just that by participating in the inaugural 1-91 Cavalry Kids Spur ride. In the tradition of having to "earn your spurs," the candidates had the chance to pit their skills and determination against a course designed to challenge and entertain.

The events included an obstacle course, camouflage station, physical training, drill and ceremony, weapons simulator training, hand grenade course, sand bag relay, tug-of-war contest and a paintball assault course.

A great event and day was had by spur candidates and families alike. At the end of the spur ride, 1st Sgt. Domingus Lee and Sgt. 1st Class Kevin Timmons, 1-91 Cav Rear Detachment, inducted all the successful spur candidates into "The Order of The Spur."

So parents beware, there are a lot of Cav children who have earned their spurs and demonstrated the grit, determination and know-how to use them: don't make them "put the spurs to ya."

(Left, Left to Right) Elijah O'Lear, Beau Timmons, Rafael De Almeida and Josh Johnstone test their strength during the tug-of-war event. (Left, Bottom) Aoy negotiates the low crawl portion of the Obstacle course. (Below) A child can't quite make it through the tire obstacle.

(Above,Left-Right) Young children participate in the physical training test to earn their spurs.



Community events

No horsing around for Darby Scouts



Joshua Downes practices his horsemanship skills at a local Italian ranch.

Story and photos by
Stephen Speck
Boy Scout Troop # 76
Special to the Outlook

Three members of Boy Scout Troop 76 started their weekend with a five-mile hike in the fields of Fauglia, Italy, with a satellite map and a compass.

When James Speck, Joshua Downes and I completed this tough trek Friday night we then went back

to camp to set up our tent and made a delicious dinner of hotdogs and hamburgers on a propane stove. We refrained from building a fire because we didn't want to upset horses nearby.

The next day we got up at 7:30 a.m. and worked on our horsemanship merit badge. We had to describe the safety precautions you should take when handling and caring for a horse.

We explained and demonstrated

how to approach and lead a horse safely from a stall, corral, or field and how to tie the horse securely.

We learned how to safely mount and ride a horse and how to dismount safely. We even had to polish the saddles.

"I thought that the horsemanship camp was hard, but fun," said Joshua Downes.

"I enjoyed the work it took to earn this merit badge because I received a reward for the work I did



Assistant Scoutmaster Barry Speck leads Joshua Downes on a horse at a local Italian ranch. Downes practiced his horsemanship skills in order to earn the horsemanship merit badge.

and was able to do it with friends." Assistant Scoutmaster Barry Speck added that working with horses is something few boys get to do.

"It gives the boys the opportunity to experience riding a horse and learning to take care of a very large, live animal," said Barry Speck.

"Through learning these basic skills, the boys see different ways of approaching situations. They also see that their time out of the States can bring them new experiences," he said.

"I joined Boy Scouts because I just moved here and I thought that it would be a good way to make some new friends," said Joshua Downes.

Fellow scout, James Speck, says he joined Boy Scouts because it sounded like fun and because he wants to be an Eagle Scout.

"There are a lot of benefits to being an Eagle Scout," says Speck.

"You can get letters from the President, famous actors and astronauts. If you join the Army or Air Force after being an Eagle Scout, you get an automatic promotion.

Plus, you can get college scholarships like the full four-year one that is offered by Lamar University College of Engineering."

I joined because I could see all the fun my brother James was having and I didn't want to miss out.

Earning a horsemanship badge is only one of the many fun things I've learned to do in Boy Scouts. I hope if you are a boy age 11 - 18 that you think about joining the Camp Darby Boy Scouts. For more information about joining or volunteering, please call 633-7018 or email scouts.darby@us.army.mil.

(Steven Speck is currently working on earning his journalism merit badge. Writing a story and taking photos is only one of the many tasks he must complete.)

Camp Darby Youth Services wins grant

Story and photo by
Joyce Costello
USAG Livorno

Camp Darby's Youth Services program was looking for a way to enhance its digital arts program under recent budget cuts, the ever-shrinking value of the dollar to Euro and reduction in staff hours.

Thomas Adderley, a non-appropriated funds employee at U.S. Army Garrison Livorno, was able to identify a solution.

"It's been incumbent upon those of us at Youth Services to scrap for every opportunity. In this case, I received a last minute e-mail from a friend notifying me of Boys and Girls Clubs of America solicitation for grant proposals," said Adderley. "It looked to me like we had a fairly good shot at winning at least one of the grants, so I figured I'd devote some time to putting the proposal together."

BGCA had solicited proposals for two Club Tech Mini Grants for music and photography. Adderley applied for both, scrambling to enter before the deadline.

"I think I managed to e-mail them our entry 45 minutes before close of business on the last day," said Adderley.

Adderley's quick reaction resulted in Camp Darby's Youth Services winning the music program grant.



Thomas Adderley

"We were one of 60 worldwide organizations that were selected," said Adderley. "I'm very excited that we managed to win because now we will have digital music software, microphones and external hard-drives. The kids are going to love it."

Adderley added the grant demands that they submit entries in several age groups for music making within the next two years. It also calls for instructional and project time each week.

"Though I'm sure that by winning the grant it means a bit more work for me, it also means more effective work," said Adderley.

The equipment is expected to arrive at the end of October. Adderley's goal is to improve the photography program next.

Villaggio tree shows Soldier support

Story and photo by **Laura Kreider**
Outlook Staff

Juana Paulino created a "Support Our Troops" tree in her Villaggio yard with yellow ribbons about a month ago.

"I started it with my daughter Zianna," Paulino said.

"She helped me cut the ribbons and did the sign [Support our Troops tree] and put the ribbons on," she explained.

"Anyone can come by, use the marker and put the first name of the person they know who is down range to wish them a safe return," said Paulino.

"They can also put anybody's name on, even if they are from here, or from the States or anywhere else that they are deployed."

Everybody who has seen this eye-catching tree has responded positively.

"It really is beautiful. Come by and see for yourself," said Kellena Miller, a family member who also lives in the neighborhood.

"This is a good way to show support for the community in Villaggio," Miller added.



Zachary Paulino and his sister Zianna place ribbons on the "Support our Troops" tree located in their yard in Villaggio.

Volleyball yields mixed results

Story and photos by
Laura Kreider
Outlook Staff

While the Vicenza High School football team flew to Sigonella for an away game, Vicenza hosted many sports during this past weekend including cross country, tennis and volleyball.

At the Vicenza High School Gym, boys and girls volleyball teams from Milan and Mary Mount International played Vicenza.

They started on Friday night and played again on Saturday until mid-afternoon.

Vicenza Girls won both matches

3-0, while the Boys lost their matches.

"We did very well on our games," said Sabrina Vimoto, one of the VHS Volleyball Girls Team players after the match against MMI.

"When we watched them [MMI] play, we had the chance to see their skills, and it really helped us."

According to her sister (Captain) Ariel Vimoto, it really felt good to win both matches.

"I think Friday night's match was really good, but today [Saturday] we barely won but it was still a good game," Ariel Vimoto said.



(Above) The Cougars join for some team spirit after a hard earned point. (Right) Adrian Kabonick, VHS volleyball player sends the ball over the outstretched arms of MMI player no.18 Julian Modiano. (Below) Rachel O'Neill, No.15, makes the play over the net as her team lends their support.



Weekend scores:

Cross-Country; VHS vs. Marymount and Milan, incomplete results, April Petersen 3rd in Girls' race.

Football; VHS defeated Sigonella 45-12

Volleyball (Boys); Milan defeated VHS 3-0 and Marymount defeated VHS 3-1.

Volleyball (Girls); VHS defeated Milan 3-0. VHS defeated Marymount 3-0.

Tennis (Boys); VHS vs. Marymount 1-0, and VHS vs. Milan 1-2.

VHS Boys number one seed Donovan Houston defeated both top ranked players from MMI and Milan.

Tennis (Girls); VHS vs. Marymount 0-2 and VHS vs. Milan 1-1.

Walk-4-Freedom marches on

Story and photo by
Lesely Gomez
Special to the Outlook

Operation Walk-4-Freedom is a wellness initiative for the entire community. The basis of the program is to combine physical training and support for the troops downrange by virtually walking to Afghanistan or Iraq along with other exercising.

Member Patti Johnson said, "This program has practically changed my life. I get myself up early in the morning and walk to Afghanistan, with my two children in their double stroller, I watch the sun rise. This program rocks."

For more information on the program call 634-8828.



Sports shorts

Sports with our neighbors

The CYS Sports and Fitness Department would like to organize games with Italian child and youth teams, with players 7-15 years old, in soccer, basketball, tennis, baseball, softball, and cross country.

Interested coaches or players on host nation teams can call CYS Sports at 0444-71-6151.

Open court play

Keep up your game with Sports and Fitness Open Court Play.

Volleyball; Monday, Wednesday and Friday 7-8:45 p.m.

Basketball; Monday, Wednesday and Friday 11:30-a.m.-1:30 p.m., Saturday 11:30-5:45 p.m., Sunday 9 a.m.-5:45 p.m.

Sand Volleyball; Monday-Friday, 8 a.m.-8 p.m., Saturday and Sunday 9 a.m.-5:45 p.m.

Tennis; Monday-Friday, 8-11:30a.m., 1-8:45 p.m., Saturday and Sunday 9 a.m.-5:45 p.m.

For information call 634-7009.

CYS tennis, cross country

The CYS Tennis Season ends Oct. 29. Practice is held Wednesday from 5:15-6:15 p.m. The season will end with a tournament on Oct. 29.

Cross country practice is held Tuesday and Thursday from 6-7 p.m. The season ends with a race Oct. 29.

Open to kids 6-18. Registration for tennis Sept. 18.

The cost of both sports is \$25 which includes a t-shirt, and the equipment for tennis.

Sports and Fitness incentives

The Vicenza Sports and Fitness Center is offering the community incentives for working out.

Sports and Fitness introduces the runners' and bench press clubs, and the Gym Rat program.

All clubs are self-directed based programs. Participants will receive prizes after completion.

Bowling leagues

Fall Bowling Mixed Leagues begin Sept. 25 at 6 p.m. and will continue through December.

The Ederle League will accept new teams for a few weeks after the opening of the season.

They are also forming teams for Friday night and Friday Lunch Fun Leagues which are shorter a season.

No experience is necessary. For complete information stop by the Ederle Lanes.