



88/50 Friday 86/52 Saturday 82/55 Sunday

The Villaggio pool opens Saturday, weekends only until June 20, 11 a.m.-7 p.m. For more information call 634-6536.

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Photos by Laura Kreider

Italian-American Fest: At left, Caserma Ederle Soldiers, along with Carabinieri, work together as of color guard in Camisano May 20. Above, Camisano Mayor Renzo Marangon, along with Col. Kyle Lear, commander, 173rd Airborne Brigade Combat Team, addresses the crowd at the festival. This was the second year for the fest, which included food, music and dancing.

Recognition, celebration for recent post grads

By Michael Leahy
University of Maryland University College Europe

"Pomp and Circumstance" echoed off the walls of the newly renovated Golden Lion facility, as regalia-clad students proudly marched through a sea of admiring guests. It was the 2011 U.S. Army Garrison Vicenza Graduation/Recognition Ceremony. This was the fifth official college graduation/recognition ceremony held at Caserma Ederle.

In defiance of superstition, the ceremony was held in May "Friday the 13th." Bad luck did not ruin the day nor the accomplishments it represented. Students had weathered

deployments, long days of going to class after work hours and juggling work, family and studying to achieve this goal. Their perseverance resulted in three master's degrees, 15 bachelor's degrees and 20 associate's degrees. The success of the students could be credited partially to the support from the Education Center.

This year's ceremony boasted the largest number of graduates to date. Participants in the program feel this is indicative of a growing and viable education program supported by knowledgeable teachers, a helpful education center staff and a supportive command.

Two of the center's teachers were

recognized during the ceremony. Deborah Griggs, University of Maryland University College was honored with the 2011 Stanley J. Drazek Teaching Excellence Award and Frank Niccoll, UMUC, received a Lifetime Teaching Award for 33 years of service.

Overall it was a successful event that was the result of total community involvement, from the participation of Luciano Presitipino, director of BNL and Marva Dixon, director of Army Community Service, singing the national anthems, and the Vicenza Community Club, Central Texas College, UMUC and University of Phoenix providing the reception afterwards.

Women's health myths exposed at Wellness Center program

Story and photo by Annette Fournier
USAG Vicenza Public Affairs Office

Do women really need a break from birth control? How does a woman know if she is fertile? Is weight gain unavoidable as a woman ages? All these questions and more were up for discussion at the Vicenza Army Wellness Center's program, "Myths, Legends and Lies in Women's Health," held May 10 at the Wellness Center as part of Women's Health Week.

The program featured Nurse Practitioner Laurel Von Syda, ARNP-C, from the Obstetrics Gynecology department at the U.S. Army Health Center-Vicenza. The forum was a chance for community members to ask questions directly to a subject matter expert, said Lacy Wolff, Army Wellness Center director, who organized the event. A group of about 10 women listened as Von Syda started by pointing out that women should always speak with their healthcare provider and the information she provided was meant to address some common misconceptions.

She gave an overview of hormone therapy myths and misconceptions. Next she discussed different types of birth control, adding that is not true that women need to go off of birth control occasionally. When taken as a pill, birth control hormones leave the body within 24-hours, and there is no "grace period" after



Lacy Wolff, right, Army Wellness Center, along with others listen to Nurse Practitioner Laurel Von Syda talk about common myths about women's health during a program May 10.

stopping birth control. She said there is no evidence showing that staying on birth control long term has increased health risks, and that some birth control can actually reduce a woman's chance of developing certain cancers.

Pregnancy came up next. Von Syda said that women who are

See WOMEN, Page 3

Garrison commander bids farewell to Vicenza community

As my wife Cathy and I move on to our next assignment, Afghanistan for me and Northern Virginia for her, I'd like to take this opportunity to express our gratitude to the many people who have made our three years living and working in Vicenza most memorable.

U.S. Army garrisons exist to support our Soldiers, civilian employees and their families as they prepare for military operations, and to provide them facilities and services on the installation commensurate with their service. In order to accomplish this mission successfully from an overseas location, a garrison must have the cooperation of every other organization on the installation and the support of the host nation off the installation. We couldn't have asked for better cooperation and support from Americans and Italians, making Vicenza a model for other overseas communities.

It was the greatest honor of my command tour to support the deployments of our brave Soldiers safely deploying from Vicenza to Afghanistan, Iraq, and Africa. American and Italian Army and Air Force personnel, Carabinieri, U.S. and local national employees worked together around the clock to ensure unit movements went smoothly from Caserma Ederle, and that our families were properly supported throughout these deployments. So good was the deployment support in Vicenza that our community won Department of the Army Deployment Excellence awards two years in a row.

Many towns in the Vicenza province reached out to American families during these deployments to help them deal with the challenges of living in a foreign country while their Soldiers were deployed. I can't thank enough the many mayors and city officials who put our differences over the Dal Molin construction project aside to extend a hand of friendship to American Soldiers and their families. I will never forget the many local ceremonies, fests and sagra Cathy and I attended during our tour in Vicenza. Each event was unique, but yet similar in the warmth and hospitality Vicentini showed towards us and all Americans in attendance.

Yes, the Dal Molin installation project will be completed sometime in 2013. It will not, however, be the environmental hazard some have predicted. To the contrary, Dal Molin will be the most environmentally friendly military installation anywhere in the world, provide the most modern facilities for our Soldiers, and create new jobs for local residents. Just as we have enjoyed an open relationship hosting local residents and government officials at Caserma Ederle, we will welcome our Italian guests at Dal Molin.

Cathy and I look forward to the day we can return to



Outlook staff photos

Top photo, U.S. Army Garrison Vicenza Commander Col. Eric Daiga says farewell to a 173rd Airborne Brigade Combat Team Soldier while the unit was leaving for deployment in December 2009. Above, Daiga, along with USAG Vicenza Command Sgt. Maj. Jeffrey Hartless, speaks with city officials in Grisignano during the fairground opening in September. At right, Daiga speaks to the crowd at the Italian-American festival in Camisano last year.

“bella” Vicenza and again enjoy her welcoming hospitality. Grazie mille e arrivederci.

- Col. Eric Daiga

Commander,

U.S. Army Garrison Vicenza



Saluto a Vicenza in occasione del commiato del Comandante della Guarnigione

A breve mia moglie Cathy e io lasceremo Vicenza per trasferirci, rispettivamente, nel Nord Virginia e in Afghanistan. Vorrei cogliere quest'occasione per esprimere la mia più sincera gratitudine a tutti coloro che hanno contribuito a fare dei tre anni che abbiamo trascorso in questa città un'esperienza veramente memorabile.

Il ruolo fondamentale delle guarnigioni dell'Esercito Statunitense è di fornire supporto ai militari, ai civili e alle loro famiglie nello svolgere le operazioni militari e di offrire servizi e strutture adeguati al lavoro da essi svolto. Per poter portare a termine con successo la propria missione all'estero, una guarnigione deve poter contare su una cooperazione ottimale di tutti gli elementi che la compongono, come pure sul supporto della nazione che la ospita. Non avremmo potuto ricevere una collaborazione e un supporto migliori sia da parte del personale americano sia da quello italiano che, insieme, hanno contribuito a fare della guarnigione di Vicenza il modello da emulare per le altre comunità americane all'estero.

Durante i miei tre anni a Vicenza, è stato un grande onore per me supportare le missioni dei nostri

valorosi militari che sono partiti da Vicenza alla volta dell'Afghanistan, dell'Iraq e dell'Africa. Il personale militare americano e italiano dell'Esercito, Aeronautica e i Carabinieri nonché i civili americani e italiani hanno lavorato insieme incessantemente per assicurare il successo di tali missioni e fornito, allo stesso tempo, tutta l'assistenza necessaria alle famiglie dei militari inviati in missione. Il supporto offerto è stato tale che la nostra comunità stanziata a Vicenza è stata insignita del Premio di Eccellenza per il Supporto alle Missioni del Dipartimento dell'Esercito per due anni consecutivi.

Vicenza e molti comuni della sua provincia si sono adoperati per aiutare le famiglie americane ad affrontare e superare gli ostacoli che inevitabilmente si incontrano allorché si vive in una terra straniera mentre uno dei componenti del nucleo familiare viene inviato in missione all'estero. Non riuscirò mai a ringraziare abbastanza i Sindaci e le autorità cittadine che, mettendo da parte le controversie legate al “Dal Molin”, hanno offerto la loro amicizia ai militari americani e alle loro famiglie.

Non dimenticherò mai le molte cerimonie, feste e sagre alle quali Cathy e io abbiamo partecipato durante

il nostro soggiorno a Vicenza. Ogni evento era a suo modo unico ma, allo stesso tempo, simile agli altri in quanto caratterizzato dalla calda accoglienza e ospitalità che la gente vicentina ha mostrato a noi come a tutti gli altri americani presenti.

Il progetto dell'installazione Dal Molin verrà completato nel 2013. Non comporterà, tuttavia, nessuno dei rischi ambientali predetti da alcuni. Al contrario, essendo stata progettata seguendo i criteri innovativi di ecosostenibilità, il Dal Molin sarà l'installazione militare con il maggior rispetto per l'ambiente esistente al mondo. Allo stesso tempo, fornirà le strutture più all'avanguardia per i militari e creerà nuovi posti di lavoro per i cittadini italiani.

Così come fino ad ora abbiamo avuto l'onore ed il piacere di ospitare cittadini italiani e autorità governative alla Caserma Ederle, saremo lieti di porgere il nostro benvenuto agli ospiti italiani anche al Dal Molin.

Cathy e io speriamo con tutto il cuore di poter ritornare un giorno a visitare la bella città di Vicenza e di poter gioire nuovamente della sua accogliente ospitalità. Grazie mille e arrivederci.

Soldiers' Theatre receives honors at 2011 TOPPERS



Soldiers' Theatre

The play, "Godspell" received 11 nominations and took home two TOPPER Awards in this year's festival. Winners included Best Orchestra and Best Set Design for a Musical for Jerry Brees. Other nominations include Best Military Performance in a Musical by Spc. Jerome Flores; Best Musical; Best Ensemble for a Musical; Best Instrumentalist by Francesco Tresca on the drums; Best Keyboard Accompanist by Ciriaco Colella; Outstanding Male Youth in a Community Theatre for Harrison Tarr; Best Featured Actress in a Musical for Donna Cassels; Best Supporting Actress in a Musical for Laura Livingston; Best Technical Director for a Musical, Best Lighting Design for a Musical, and Best Director of a Musical for Jerry Brees.

Godspell ran from March 4-20 and had a cast and crew of around 20. The show is based on Jesus's life, with different biblical stories with singing and dancing.

"We are honored to have received so many nominations and the awards for 'Godspell,'" said Brees. "I am very proud of the multi-talented cast and crew of 'Godspell' for their hard work and dedication in producing a quality show."

Brees also said that the production was a community effort with representatives from numerous organizations all access Caserma Ederle.

"It is always nice to be recognized with nominations and awards among peers, but most important is the outstanding support from the audience, the actors, the technicians and our community that made this show a success," said Brees.

For more information about Soldiers' Theatre or upcoming events, call 634-7281 or visit www.vicenzamwr.com.

Photo by Laura Kreider

Cast members of the show, "Godspell," dance during a song in the show that ran from March 3-20. The show was recently honored with awards among other Army installations in Europe. A total of 11 nomination were given for the show.

WOMEN: Myths about women's health debunked during program

continued from page 1

planning to get pregnant should try to be in good health prior to getting pregnant. Although women should talk with their doctor about how much to exercise, being physically fit will make pregnancy easier and help mothers to get their shape back more quickly after delivery.

Von Syda said that all young females should be vaccinated against human papillomavirus, or HPV. HPV is primarily sexually transmitted, but can also be transmitted orally or skin-to-skin when there are no signs of the disease. At least 50 percent of sexually-active Americans will become infected at some point in their lives, according to the Centers for Disease Control's web site. There are many strains of HPV, but the vaccine is effective against the four most common or dangerous strains. Two of those types can lead to genital warts and two types can lead to cells that can cause cervical cancer. The vaccine is intended for girls and women ages 9-26, with earlier intervention preferable, she said.

"The intent is to have girls vaccinated before they ever even think about having a boyfriend," Von Syda said. "We don't ask our kids if they want to be vaccinated against measles or polio – we just protect them. That's how we should look at the HPV vaccination."

Von Syda also discussed menstrual cycle myths, calcium needs and bone density, exercises that can help women avoid incontinence or bladder control issues as they age or post-pregnancy, and fertility information. She also discussed mammograms and self-breast exams, pointing out that women with a history of breast cancer in their families should be sure to let their health care provider know and get check-ups.

On aging, she added that for about every 10 years a women ages, she needs

about 100 fewer calories per day. If a woman does not increase her exercise level or decrease her calorie intake, "she's going to gain weight," Von Syda said, "but it is not inevitable that you get old and get fat!" With exercise and a healthy diet, women can maintain a healthy weight, she said.

The best advice women should follow in order to be healthy, according to Von Syda? "Take care of yourself. It's hard for women to do that. We are brought up to take care of everyone else, and put ourselves last. You have to be healthy to be able to take care of others and to be your best," she said.

Eunice Sohn, with the Directorate of Human Resources, said she found the program helpful and interesting.

"It's great that (the Army Wellness Center) provides these programs for the community, so you can ask questions directly," she said. "It's a chance to learn about things that are important for women, especially if you might not have time to make an appointment and get all your questions answered."

Wolff said the Army Wellness Center, which falls under the Public Health command-Mediterranean District, offers educational programs on an occasional basis. The staff tries to schedule speakers if they know there is interest from the community and that there will be adequate attendance.

To find out about more programs or to request that a certain topic be offered, call the Vicenza Army Wellness Center at 634-8186/ 8421 or 0444-71-8186/8421. They also offer information and resources for weight loss and exercise programs.

To visit the Wellness Center, follow the main hallway through the Fitness Center and exit the building. Follow the stairway to your right to the second floor and the Wellness Center is directly inside.

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U.S. Army Africa Commander
Maj. Gen. David R. Hogg

USAG Vicenza Commander and Publisher
Col. Erik Daiga

USAG Vicenza Public Affairs Officer
Grant Sattler

Editor
Julie M. Lucas

Photojournalist
Laura Kreider

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eur.army.mil.

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At Your Service



DEERS/ID CARDS

Jennifer Scoggins is a customer service representative for DEERS enrollment and identification cards for both Common Access Cards and dependent ids. She has been working in her current assignment for a year and a half.

Scoggins wants to remind everyone to make an appointment to get ID cards if they will be coming from far away or if they were pressed for time by going to <http://appointments.cac.navy.mil/>.

The ID cards are processed in the Central Processing Facility, building 393. The office hours are 9-11 a.m. and 1-4 p.m. Mondays-Fridays. Scoggins can be contacted at 634-8352.

To suggest a new staff member or volunteer to be featured in "At Your Service," e-mail their name, contact information and why we should feature him or her to *The Outlook* staff at editor@eur.army.mil.

Community Camera

Vicenza USO aids local community

Vicenza USO

The Vicenza military community extended its helping arms and embraced a local charity in need. Vicenza USO Manager Glenn Gibbs took special interest in a recent phone call from Sister Anna Maria of the Casa Della Carita located at Villa Argine, Via G. Mazzini 68 Reggio Emilia. Sister Anna Maria expressed the difficulty in obtaining adequate finances to sustain the treatment, care and food for the disabled persons living in her facility. Thus Operation “Can Help” was orchestrated.

The USO started gathering canned and dried goods with sufficient shelf life to donate to this organization. Community members dropped off items daily and the small bags full of groceries grew to be more than 200 pounds of nourishment for the institution. Big smiles and tears of joy were all the thanks needed as Laura Gibbs presented the bags and boxes of canned and dried goods to the sister at the entrance of the institution.

“God bless you” whispered the nun. “God bless us all,” replied Laura and final salutations were made. According to Glen, the return home was enlightened with the fulfillment of a good deed completed in the name of the USO.

USO Vicenza jumps at the opportunity to help, with thanks especially to the Vicenza community for the items donated. The cost was merely an extended drive home for the manager.

“It’s days like today that make this one of the greatest jobs in the world,” said Glen.



Courtesy photo

USO Vicenza recently gathered items to donate to a local cause in need. The Casa Della Carita expressed a need for items for their facility that assists the disabled and the USO jumped at the opportunity to help the local community.



Photo by Laura Kreider

MP band concert: Members of the IPA Connection Band, an Italian Military Police band, perform at Hoekstra Field May 18. The group, created a couple of years ago, performed both Italian and American pieces such as, “Everybody Needs Somebody,” “Stand By Me” and “Sweet Home Chicago.”



Photo by Julie M. Lucas

CrossFit PT: Caserma Ederle Soldiers work in various stations outdoors for physical training May 19.



Photo by Julie M. Lucas

Command breakfast: Rita Bonamego speaks to an audience filled with Caserma Ederle commanders and first sergeants May 20. The breakfast is held quarterly to hail and farewell post leadership, as well as integrate all units.



Photo by Julie M. Lucas

Vintage bikes: Caserma Ederle Military Police Staff Sgt. Trevor Brandenburg and Spc. Aaron Zodrow, check out the vintage Indian and Harley Davidson motorcycles ridden in from Brescia, Italy, for a barbecue for Armed Forces Day, sponsored by the USO at Hoekstra Field Saturday.

TRX Fitness proves wave of future at Darby

By Ken Owen
Camp Darby Fitness Specialist

Does it seem that the newest, latest fitness tool is many times a “flash-in-the-pan” gadget that has questionable results?

Remember that you heard it here first: this will not be true of one of the newer items in the fitness repertoire, the TRX Suspension Training system. Designed by ex-Navy Seals, the TRX is light, compact, portable and can be used virtually anywhere. It was designed to increase unit readiness by making Soldiers stronger. When a Soldier needs physical strength to accomplish a task, the Army wants them to be able to tap into the source.

Regardless of the level of muscular fitness, more power is generated if the “core” is strong. Increasing strength of the core as well as developing muscular endurance is the central focus of the TRX. It operates based on three basic principles: Pendulum, Vector and Instability.

These basic principles are applied in a series of exercises that challenge the balance, muscular endurance and core strength of the individual all at the same time. There are no outside weights. Using only their own body weight, the individual can adjust the resistance by adjusting their angle of work and the positioning of the center of gravity.

In February, Jimmy Roddy, Sports and Fitness director, attended a workshop in Vicenza to learn about the



Photo by Joyce Costello

Derrick Bolden tries the new TRX suspension straps at Camp Darby Fitness Center.

Mission Essential Fitness program. The program is being piloted in Vicenza and incorporated into the usual PT sessions, to test for increased performance in the areas being tested (cardiovascular fitness, muscular strength and endurance, body composition and flexibility).

Mission Essential Fitness is designed as a circuit training program with a variety of stations. The TRX system is strongly emphasized due to the flexibility and spectrum of exercises that can be performed. By combining this with a traditional running program, it is hoped

that performance will be improved to its maximum potential. If successful, PT training programs for Soldiers will change dramatically.

All of this may be intriguing but most people may be asking, “What’s in it for me?” The answer is simple. The TRX system is now installed at the Camp Darby Fitness Center and clinics are being conducted to introduce Soldiers and civilians to the exercises.

Schedules of other fitness May-nia events are posted in the Fitness Center as well as online.

Focus on Physical Fitness Month

Gym highlights programs to help community pump up, get fit

By Ryan Hall
Special to Outlook

The Camp Darby Fitness Center is hosting Fitness May-nia, a program that ties into May’s National Physical Fitness and Sports Month.

In addition to the gym’s regularly scheduled fitness programs, the Fitness Center offers flexibility screenings, aqua fitness, body mass index screenings and several other health and fitness-related programs. The programs have been running throughout May, and instructors include a former high school swim captain and current University of Florida “Tri-Gator,” who leads up the swim stroke clinic, a class that helps swimmers improve their swim technique at the post aquatic facility.

Ken Owen, fitness specialist, said too many people fall into a fitness rut.

“They lift the same weights in the same order and a change in routine, many times, is really refreshing,” said Owen. “Many of these latest fitness offerings are centered on assessing the current health of community members and are designed as a form of long-term preventive medicine that will help to ensure good habits in the future.”

Owen said participants can benefit greatly from flexibility screenings, where they’ll hear that, “post-exercise stretching is infinitely more important than pre-exercise stretching because the muscle is warm and more receptive to the stretch.”

Owen added that participants will receive an Army Strong B.A.N.D.S. wrist strap to show that they’ve participated and are supporting the program. For upcoming fitness events click on the community calendar at www.usag.livorno.army.mil.



Photo by Chiara Mattiolo

Community members try new Aqua fitness program.



Photo by Joyce Costello

Dario Mencacci, left, F.I.P.C.F. trainer/ C.S.E.N. fitness instructor, shows how to properly spot during a Strength, Power and Olympic Lifting Clinic May 14.

Darby Dates

Visit the community calendar for upcoming events and details at www.usag.livorno.army.mil

Decoder Upgrade

AFN is moving to a new satellite. You will need to program your decoder to a new frequency and realign your satellite to a new position by July 31 or you will no longer be able to view AFN.

If you have a decoder issued by the government, you have two options: you can contact CFRMO at 633-7882 to schedule an appointment to bring your decoder in to the office to be reprogrammed or you can visit www.usag.livorno.army.mil and click on AFN upgrade. It will take you directly to the AFN Europe Help site and you can program the decoder yourself.

Private rental housing members should call 633-7301 to see if their landlord will reposition the satellite dish.

Army Birthday

- ◆ Every Monday from 11:30 a.m.-1:30 p.m. in front to the PX, the Army team is selling hamburgers and hotdogs.
- ◆ Army Birthday Celebration, June 10 at 7 p.m. at the American Beach in Tirrenia. Tickets are on sale at USAG Livorno HHD. Parents’ Night Out will be available.
- ◆ Army Birthday Fun Run June 13 at 7:30 a.m. Open to all.

Army Community Services

- ◆ TSP 101, June 7
 - ◆ Smooth Move, June 8
 - ◆ Card making, June 8
 - ◆ Baby massage, June 14
- Call 633-7084 to learn about these programs.

ITR trips

ITR is offering the following day trips from June-August. Call 633-7589.

- ◆ Cinque Terre, Mondays
- ◆ Venice, Tuesdays
- ◆ San Gimignano and Siena, Wednesdays
- ◆ Rome, Thursdays
- ◆ Elba, Fridays
- ◆ Florence, Saturdays

Outdoor Recreation

◆ Seasonal pool and beach passes are still available. Call 633-7775.

Darby Community Club

- ◆ Texas Hold’em, June 3
- ◆ Xbox, tournament June 6

Religious Activities

Call 633-7267
9:40 a.m. Catholic reconciliation
10 a.m. Catholic Mass
11:15 a.m. Protestant worship
11:15 a.m. Catholic CCD
Sign up or volunteer for Vacation Bible school June 27 - July 1

Antique market:

More than 700 vendors line up in Piazzola sul Brenta, Villa Contarini, Via Luigi Camerini, Sunday, about 16 miles east of Vicenza for the antique market.



Courtesy photo

Local events

Fish Festival:

Friday-Monday, in Costabissara, Via Monte Grappa, about 7 miles northwest of Vicenza.

- Friday: 7 p.m. food booths; 9:30 p.m. dance show; 10 p.m. live music with the Sergio Cremonese Orchestra.

- Saturday: 6:30 p.m. food booths; 9:30 p.m. live music with D'Animos Band Orchestra

- Sunday: 6:30 p.m. food booths; 9:30 p.m. live music with Graziano Maraschin Orchestra

- Monday: 7 p.m. food booths; 9 p.m. Latin-American music and dancing with DJ El Malanga and Tortuga dance school from Vicenza

Bondola Festival:

Friday - Sunday, in Torrebelticino, Via Fogazzaro, about 18 miles northwest of Vicenza. Food stands featuring the bondola, a typical local product based on pork.

- Friday: 7 p.m. food booths; 9:30 p.m. entertainment and music

- Saturday: 6 p.m. food booths; 9 p.m. live music and dancing with I Rodigini Orchestra

- Sunday: 10 a.m. food booths; 6:45 p.m. acrobatic spin, step aerobics, hip-hop and belly dancing shows; 8:30 p.m. live music and dancing with La Nuova Music Orchestra

Rose Festival:

Saturday-Wednesday, in Gazzo Padovano, Via del Donatore, about 11 miles east of Vicenza. Food booths featuring fried fish and snails; grilled meat and horse meat; carnival rides and raffle.

- Saturday: 9 p.m. live music and dancing with I Duca d'Este Orchestra

- Sunday: 10 a.m. in Piazza del Municipio Fiat 500 rally; 5 p.m. model airplane exhibition; 8 p.m. jazzercise show; 9 p.m. live music and dancing with Linda Biscaro

- Monday: 9 p.m. live music and dancing with Marco e il Clan

- Tuesday: 9 p.m. live music and dancing with Lara e Chiara

- Wednesday: 9 p.m. live music and dancing with I Vegas; 11:30 p.m. fireworks

Cherry Festival:

Friday-June 5, in Castegnaro, Piazza Mercato. Cherry exhibit and sale. Food booths featuring local specialties.

- Friday: 7:30 p.m. food booths and cherry sale; 9 p.m. country music and dancing with Luke & Nike Band.

- Saturday: 7 p.m. food booths and cherry sale; 7:30 p.m. cherry contest with award ceremony at 8 p.m.; 9 p.m. live music and dancing with California

- Sunday: 8 a.m. local products exhibit and sale; food booths at noon; 4 p.m. entertainment for children with clowns and games; 9 p.m. live music and dancing with Esse Band

Water Festival:

Friday-Sunday and Tuesday-Wednesday, in Dueville, about 8 miles north of Vicenza. Food booths open at 7 p.m. featuring fried freshwater fish and frogs, pasta with frog sauce, gnocchi and bigoli with duck sauce, polenta with herrings and local wines; take-away service available. Bounce houses.

- Friday at 9 p.m. country music and dancing

- Saturday at 9 p.m. live music with I Batuka Band

- Sunday food booths open at noon; at 5 p.m. dog show; 9 p.m. Latin-American live music and dancing

Pizza Festival:

Friday-Saturday, in Montegaldella, Parco Robinson, Via Roma, about 12 miles southeast of Vicenza.

- Friday: 7 p.m. Happy hour and food booths; 10 p.m. live music with Anime in Plexiglass

- Saturday: 6 p.m. Happy hour; 7 p.m. food booths; 10 p.m. live rock music with a Guns N' Roses cover band

Flowers and flavors in Montagnana:

Sunday, in Montagnana, Piazza Maggiore, about 27 miles south of Vicenza. Flower exhibit and sale, local craft fair, food booths, entertainment and live music; stores will be open all day; 1 p.m. vintage vehicles parade.

Trout Festival:

Friday-Saturday and Wednesday, June 3 -5, in Altissimo, Sports field, Via Garavaglia, about 24 miles west of Vicenza. Food booths open at 7 p.m. and feature grilled trout with polenta, deep fried trout, smoked trout sauce pasta and other local specialties.

- Saturday at 9 p.m. live 60's music with the Querrymen Band

- Sunday at 9 p.m. live music and ballroom dancing with Silvio Bevilacqua and Le Melodie

- Wednesday at 9 p.m. live rock music with Beyond the River, I Gelati, and The Oppoisers Bands

"La Galopera" 5.5, 7.5, 12 - 22 km. non-competitive walk:

Held in Vicenza on Sunday at Maddalene Sports Center, Via delle Maddalene. Also available, a 4 km disabled-friendly route. Registrations are 8 a.m.-9:30 a.m. at Maddalene Sports Center. The €2 fee includes: medical coverage, bib number, free minestrone, homemade bread, yogurt, a beer and pastries

Magnacurta - food and wine walking tour:

Sunday, in Ponte di Barbarano, Via Monticello 20, about 13 miles south of Vicenza. 8 km walk with 8 stops to enjoy local food and wine. Registrations start at 8:45 a.m. at Villa Pedrina, via Monticello. The €10 fee (€3 for children younger than 12) includes unlimited food and drinks at the 8 stops during the march and visits to the Villaga, Barbarano and Mossano wineries; 11:30 a.m. predatory birds exhibit; 12:30 p.m. 1700's music and dances; 1 p.m. awards ceremony; more entertainment in the afternoon and, 8:30 p.m., tasting of traditional local cakes

FREE concerts, exhibits & events

Sculpture/painting exhibit:

Renato Meneghetti paintings and sculptures exhibit: ongoing through July 3, in Bassano del Grappa, Palazzo Agostinelli, Via Barbieri 34, about 22 miles northeast of Vicenza. Tuesday-Friday 3-7 p.m.; Saturday, Sunday and holidays 10 a.m.-1 p.m. & 3-7 p.m. For more info in English, visit http://www.meneghettirenato.com/bio/annexes_eng.php.

Sculpture exhibit:

Ongoing through Saturday in Vicenza at Vi.Art, Contrà del Monte 13. Tuesday, Thursday, Saturday and Sunday 10 a.m.-noon & 3-7 p.m.; Wednesday and Friday 3-7 p.m.

Explore the sky:

Astronomical Observatory of Arcugnano, Tuesday, 8:30 p.m., Via S. Giustina, 127, about five miles south of Vicenza. View using the observatory's telescope.

Live Punk'N'Roll music:

Friday, 9:30 p.m. in Vicenza, Sabotage Bar, Via dell'Industria 12/T. **"Lord you are Good" - live Gospel concert:** Friday, 9:30, in Vicenza, Piazza dei Signori.

Conservatory student concert:

Saturday, 5 p.m., in Vicenza, Conservatory, Contrà San Domenico 33.

European Orchestra - live concert:

Sunday, 9 p.m., in Vicenza, Piazza dei Signori.

Riviera Folk Festival:

Wednesday, 7 p.m., in Vicenza, Santa Croce Bigolina, Via Orlando.

Concerts

Heineken Jammin' Festival: June 9 -11 in Mestre (Venice), Parco San Giuliano

- June 9: Coldplay with special guests

- June 10: Negramaro with special guests

- June 11: Vasco with special guests

For more details in English, visit <http://www.venezia.net/heineken-jammin-festival/en/> and <http://www.venezia.net/heineken-jammin-festival/en/>

www.greenticket.it/x/eventi_cerca.html?r_id=72521&o_s_id=1646

Gods of Metal (Judas Priest, Whitesnake, Mr. Big, Cradle of Faith): June 22 in Milan, Arena

Bob Dylan and his Band: June 22 in Milan, Alacatraz

Roger Waters: July 3 and 4 in Assago (Milan)

Ricky Martin: July 4 in Verona

Skunk Anansie: July 6 in Udine; July 10 in Ferrara; July 19 in Milan; July 20 in Rome

Burt Bacharach and Mario Biondi: July 5 in Lucca, July 6 in Milan

Chicago: July 10 in Milan

Elton John: July 12, Piazzola sul Brenta, Padova; July 14 in Lucca

Joe Cocker and B.B. King: July 15 in Lucca (Summer Festival)

Amy Winehouse: July 16 in Lucca (Summer Festival)

Bon Jovi: July 17 in Udine, Friuli Stadium

Deep Purple: July 18 in Verona

George Michael: Sept. 10 in Florence, Sept. 11 in Naples, Sept. 13 in Verona

Rihanna: Dec. 11 in Torino; Dec. 12 in Assago (Milan)

Tickets available in Vicenza at Media World, Palladio Shopping Center or at www.greenticket.it/index.html?imposta_lingua=ing or <http://www.ticketone.it/EN/>.

ODR trips

Rome overnight, June 4-5

Catch some sunrays at Rimini Beach, June 5

Wind Caves and Lucca, June 11

Hike 52 tunnels carved during World War II, June 11

Adriatic Sea fishing, June 12

King Ludwig Castle, June 17-18

Wakeboard Lake Garda, June 18

Sea Kayak Lake Garda, June 19

All trips need to be booked in person. See the complete ODR schedule online at www.VicenzaMWR.com.

Now Showing

Ederle Theater

Friday	Rango (PG)	6 p.m.
	Red Riding Hood (PG 13)	9 p.m.
Saturday	Mars Needs Moms (PG)	3 p.m.
	Priest (PG 13)	6 p.m.
Sunday	Mars Needs Moms (PG)	3 p.m.
	Priest (PG 13)	6 p.m.
June 3	Sucker Punch (PG 13)	6 p.m.
	Lincoln Lawyer (R)	9 p.m.

The Caserma Ederle Post Movie Theater will be closed Monday-Thursday for renovations until further notice.

Camp Darby Theater

Friday	Fast Five (PG 13)	6 p.m.
Saturday	Thor (PG 13)	6 p.m.
Sunday	Rango (PG)	1 p.m.
June 3	Battle: Los Angeles (PG 13)	6 p.m.

Admission: Age 12 and older, \$4, younger than 12, \$2.
The Ederle theater box office opens one hour prior to show.

View MOVIE TRAILERS and more online at
www.shopmyexchange.com/ems/euro/vicenza.htm
or www.aafes.com/ems/euro/livorno.htm.

Special Events

- ♦ Enter to win a trip for two to the Armed Forces Recreation Centers Resort Destination of your choice. The grand prize winner will receive round-trip airfare for two to the AFRC resort of their choice plus \$2,500 spending cash. Visit www.AFRCResorts.com and click on the "Great Getaways" banner to enter and a chance to win by June 15. One entry per day allowed.
- ♦ Photos are needed of Vicenza Family and MWR facilities, activities and events, and people enjoying all that Family and MWR has to offer. All images will be submitted in electronic format on the Vicenza Family and MWR Facebook. Photos can be entered until Tuesday when the contest closes. Judging will be based on the number of "Likes" received for each eligible photo. The winner in each category will win a \$100 gift certificate to the Family and MWR facility of their choice. All eligible entries will be archived by FMWR, and may be used for exhibitions, publicity and display. The complete rules are on vicenzaMWR.com or email your questions to marketing@vicenzamwr.com.

Holiday office closures

- The U.S. Army Vicenza Health Clinic will be closed Friday and Monday. It will be open Saturday, 9 a.m.-1 p.m., as usual.
- For emergencies and/or to call an ambulance call 118. For the San Bortolo Patient Liaisons, call 444-75-3300. For the Nurse Advice Line, call 800-877660.
- To make an appointment on line, log on www.tricareonline.com.
- The Vicenza Dental Clinic will be closed Friday and Monday. The clinic will return to normal hours Tuesday, opening at 7:30 a.m.

Techy Training

- Classes will be offered as a fundraiser by the Future Business Leaders of America by donation. To register for a course, email Lori Encke at lori.encke@eu.dodea.edu.
- ♦ Advanced Photoshop CS4 - Wednesday; learn advanced techniques with Photoshop including creating color accents, working with clipping and layer masks, advanced layer and blending techniques, photo enhancements and more.

Saturday Vaccine Clinic

The Vicenza Veterinary Treatment Facility is sponsoring a vaccination clinic June 11 from 8 a.m.-noon. No appointments are necessary — walk-ins only on a first-come-first-served basis. Only Microchipping and health certificates will also be available on this day. For info., call 0444-71-4841.

USARAF FRG meeting

USARAF will hold its next FRG meeting June 16, from 5:30-6:30 p.m. at the ACS/Davis Hall Conference Room, building 108. There will be light refreshments served, door prizes and free childcare for those registered

with Parent Central Services by Wednesday. The topic is the repeal of "Don't Ask, Don't Tell." RSVP with Tashunda S. Vaughn by June 10 at tashunda.s.vaughn@eur.army.mil or at 634.6084.

Estate Claim

Anyone having any claims on or obligations to the estate of Spc. Matthew Allen Spoon, Chosen Company, 2nd Battalion, 503rd Parachute Infantry Regiment, 173rd Airborne Brigade Combat Team, should contact the Summary Court Officer, 1st Lt. David T. Kim at 634-5092 or david.t.kim1@eur.army.mil.

Early paper

Next week's Outlook will be coming out on Wednesday, June 1, due to the Italian holiday and rest day. Send items to editor@eur.army.mil by Friday noon for next week.

CYS Services

- ♦ SAC heads to the Aqualandia water park June 4, 10 a.m. -6 p.m. Cost is \$49 but you can save \$16 by using your four free child care hours. The price includes adult supervision, admission to the park, transportation and lunch. Call 634-5700 for more information.
- ♦ The Youth Center partners up with Club Beyond for the "Muck Wars" June 4, 12:30 p.m. at the Villaggio Youth Center. It's the sickest mud fight in town for middle school and high school students only. Call 634-7659.
- ♦ Space is limited for Flag Football registration is Wednesday-June 17. Youth ages 9-18 with a valid CYSS registration through the end of the season can sign up, July 13-Aug 17. Call 634-6151 for more information.
- ♦ Visit www.vicenzamwr.com for a complete listing or call Parent Central Services at 634-7219.

Club Beyond Service Project

Spots are still available for the 2011 Romania Service Project

with Club Beyond, June 24-July 2. Transportation costs will be covered for the next 10 high school students who sign up (a \$320 value). Also, if you've never been on a Club Beyond trip, huge scholarships are available. Contact Laura Livingston at LLivingston@clubbeyond.org or 340-139-4073 for more information or to receive a registration form.

UMUC classes

University of Maryland University College Europe is currently registering for the summer session. Registration for onsite (face-to-face) courses is available now through June 5, with classes beginning June 6. Registration for Europe online (distance education) courses continues through June 12, with classes starting June 13.

A \$500 Military Family Member Scholarship is available to help military spouses and dependents of all active-duty servicemembers and may be used toward UMUC tuition and textbook fees for the summer session. Both new and current students are eligible to apply. For active-duty enlisted servicemembers, UMUC is also offering the \$100 Orkand Family Military Book Award. Details can be found at http://www.ed.umuc.edu/financial_aid.

Field study courses are available in England and France. For more information contact a local UMUC Europe field representative, visit www.ed.umuc.edu, or contact UMUC at 314-370-6762 or +49-(0)6221-3780.

VFW

- ♦ Veterans of Foreign War Post 8862 in Vicenza is taking a trip to Florence for a Memorial Day ceremony and wreath laying. Members in uniform are free; all others are €30, which includes transportation and lunch. For more information, contact post commander, Corey Kerzmann at 634-8266 or corey.kerzmann@yahoo.com.

- ♦ Monthly meetings for the VFW are held the second Thursday of every month at 5:30 p.m. at La Rondine, a retiree club, located at Via Paolo Calvi, 56, Vicenza. For membership inquiries, contact post commander Corey Kerzmann at 634-8266 or corey.kerzmann@yahoo.com.

Skills training

Are you interested in improving your communication or leadership skills or how you can overcome the fear of public speaking? Attend an information meeting Tuesday at 11:30 a.m., building 305. Contact Janet Geisler at 634-5033.

Arts & Crafts Center

- ♦ Come by to use one of our many studios for just \$2.50 per hour. Get creative with clay, paint on canvas, have fun making cards, finish up some of your framing projects, or choose from our wide variety of bisque ware and paint some pottery.
- ♦ Shell Painting Class with Franco Lidron is a free class with shells and painting supplies provided. Class will be at the Arts and Crafts Center June 3, 4-6 p.m.
- ♦ Learn about watercolors from local artist, Sabrina Lamonica in her Intro to Watercolors class. Begins June 2 and runs for three consecutive Thursdays from 10-11:30 a.m. All materials included. Stop by the Arts & Crafts Center to see samples of Sabrina's work.
- ♦ Use your digital camera more successfully with an in-depth look at aperture, shutter speed and ISO. Bring your camera and manual and be ready to take some great shots. Every Wednesday starting June 1, 1-2:30 p.m.

Vacation Bible School

This year's theme is Pandamania: Where God is Wild About You. Bible school will be held at the Post Chapel June 27-July 1 from 8:30-11:30 a.m. Participants should be age 4 by Sept. 1 or Pre-K through completed 5th grade. Spaces are limited so register early.

Religious activities

Chaplain Crisis Line

To speak with a chaplain after hours, call **634-KARE** (634-5273)

Sunday services

- 8 a.m.:** Sacrament of Reconciliation, or by appointment
- 9 a.m.:** Roman Catholic Mass. Daily Mass is held weekdays at noon
- 9 a.m.:** Protestant Sunday school and AWANAs (September-May at at "Spiritual Fitness Center", building. 395 behind the Arena)
- 10:45 a.m.:** Catholic religious education (September-May at "Spiritual Fitness Center", building 395 behind the Arena)
- 11 a.m.:** Protestant worship
- 1:30 p.m.:** Full Gospel Pentecostal worship
- 5 p.m.:** Contemporary Christian service

Tuesdays

9:15 a.m.: Protestant Women of the Chapel

Wednesdays

- 3 p.m.:** Praise dance practice
- 3:15 p.m.:** Middle School Club Beyond meets in Villaggio Youth Center September-May
- 5 p.m.:** Contemporary Praise band practice
- 5:30 p.m.:** PWOC Bible study. Dinner provided. No child care
- 5:30 p.m.:** High School Club Beyond meets at the Teen Center for dinner; meeting starts at 6:30 p.m. September-May. Call 340-139-4073 for information
- 5:30 p.m.:** Catholic choir practice
- 6:45 p.m.:** Gospel choir practice

Thursdays

- 9:30 a.m.:** Catholic Women of the Chapel
- 5:30 p.m.:** Gospel service choir rehearsal
- 7:15 p.m.:** Gospel service Bible study

Faith group contacts

- Islamic:** Call 634-7519 (0444-71-7519) for info
- Jewish:** Call Paul Levine at 345-907-2108
- Latter Day Saints:** Call Chance Wilson at 327-869-8107. Sunday services, 1:30-4:30 p.m. at Viale Trento 246, Vicenza.
- Call the Caserma Ederle chapel at 634-7519 (0444-71-7519) for more information on religious activities.



Photo by Laura Kreider

Job and volunteer fair: More than 13 post agencies came together May 18 in Davis Hall to give out information about jobs or volunteering on post. For additional information about volunteering, contact Allie Vallery at 634-7942.

DON'T BE LATE: E-mail briefs to editor@eur.army.mil noon on Monday, or by 4 p.m. Friday if Monday is a holiday.

4 VHS players selected for International tourney

By Tom Hlavacek
Special to the Outlook

Vicenza High School freshman Alex Frank is one of four players selected for the upcoming Soccer Olympic Development program tournaments in May and June. Frank will compete in Milan while John Taylor, John Camuso, and Ronaldo Reyter travel to the Netherlands. The U.S. Soccer Federation ODP is a structured program that identifies players in Europe for higher-level programs to play on European All-Star teams, professional training and to try out for youth national teams.

Frank will compete with the USYS-E ODP Italia, according to Heather Ierardi, a coaching member of the ODP. The team is made up of high school girls living in Italy playing on the Europe ODP team. There are also girls from Rome and Naples on the team. The tournament is hosted by the Milan International School June 11-12. Other teams competing are from Germany, Switzerland, England, the Netherlands and host Italy.

The VHS girl's team returned from last week's Europeans with a 2nd place finish for the first time in history. The team has 12 players, which was the smallest in the tournament yet outscored every team with the exception of Sigonella boys. Until game 5, they allowed the least amount of goals. Coach Charity Smith was proud of her team's accomplishments.

"These girls played with such class and tenacity — it's a hard balance to master," Smith said.

The boys travel to Heumen, Netherlands, May 28-29. They will compete in a two-day tournament. One of the teams they will compete against is the National Team of Luxemburg. They are also identified to compete in the San Diego, Calif., Surf Cup Tournament at the end of July.



Photo by Laura Kreider

Vicenza High School freshman Alex Frank was chosen along with three others for Soccer Olympic Development program tournaments. The program is for players in Europe to play with tougher preprofessional programs. The VHS girls finished in second place last weekend in the Europeans.



Photos by Laura Kreider

Rugby scrumage: The Caserma Ederle Men's Rugby Team play a scrumage for the first time May 14 and a first ever for some of the players. If you are interested in playing or learning, practices are on the sports field Tuesdays and Thursdays at 6 p.m.

COMMUNITY UNIT/REC OPEN PLAYSOFTBALL

American League	Win	Loss	National League	Win	Loss
USARAF	3	0	1/503rd Hostile	2	0
Mod. Co. 1/503rd	2	2	Rough Riders	2	0
HHC USAG V	2	1	E Co. 1/503rd	1	1
Chosen Co.	2	1	Vicenza Health Clinic	1	1
HHC 173rd BDE	1	1	Battling B's	1	1
1/503rd Attack	0	1	USARAF (OSJA)	1	1
D. Co/1-503rd (Dogs)	0	1	AFN South	0	2
386th MCT	0	1	1/509th Sig.	0	2
			USAG V Females	0	2

The 2011 USAG-Vicenza Unit/Recreational Softball League games are Mondays, Tuesdays and Wednesdays at 6, 7 and 8 p.m. on the post softball field. Call the Fitness Center for specifics at 634-7616.

Sports Shorts

Villaggio pool

The Villaggio pool opens Saturday, weekends only, until June 20. Summer hours of operation will be 11 a.m.-7 p.m. daily except Wednesdays when the pool is closed for maintenance. Combat Water Survival Training is by appointment only Tuesdays 5:30-8:30 a.m. Call 634-6536. The Ederle Inn pool is under renovation and will not be open until completed.

Swim challenge

Last chance to sign up for "Swim the English Channel in the Vicenza Post Pool!" This incentive program runs June 1-Aug. 31. Compete with others over a two-month period to see if you can swim the distance of 21 miles, equal to the English Channel. When you complete the distance you will receive an "I Swam the English Channel" T-shirt. Cost is \$5 and you must register before Friday at the Fitness Center desk or on WebTrac.

Unit & rec play

New players are always welcome. Call 634-7009 or individual POCs.

Basketball: 11:45 a.m.-1:30 p.m. Mondays, Wednesdays and Fridays for six or more, Fitness Center.

Volleyball: 6:30 p.m. Tuesdays for eight or more players, fitness center.

Men's Soccer: Registration for Soccer League runs June 7-July 7. Teams are 9 vs. 9, and the maximum 16 players to include coaches. Submit your roster with entry or bring to the coaches meeting July 7, 2 p.m. at the Fitness Center Conference Room.

Women's Soccer: 5:30-7 p.m. Tuesdays & Thursdays for eight or more players at the turf field behind the Ederle Inn. Email sr_brasher@yahoo.com or call 634-8925.

Frisbee golf: pickup game, 6 p.m. Wednesdays on the North 40 field.

Water safety training

Water safety instructor training will begin June 3 at the Post Pool. Learn skills and techniques to teach swimming lessons for all ages. Upon successful completion of this course, you will be a certified American Red Cross water safety instructor. Call 634-6536 for information.

Become a ninja

Check out the new Ninpo Taijutsu class at the Fitness Center. Learn the ancient art of Ninja with classes every Tuesday and Thursday at 5:30 p.m. at the Fitness Center.