March 6, 2007 U.S. Army Garrisons Vicenza & Livorno www.USAG.Vicenza.Army.Mil Vol. 40 Issue 9

Sky Soldiers dill for training

Story and photo by Sgt. Brandon Aird

173d Airborne Brigade Combat Team Public Affairs

GRAFENWOEHR, Germany — Upside down in a combat zone isn't the way to go, but if you ever find yourself in this predicament don't worry. Hopefully you had enough sense to wear your seat belt.

The paratroopers used the Humvee Egress Assistant Trainer (HEAT) in Grafenwoehr, Germany during the first two weeks of February to learn how to handle vehicle rollovers.

"Alpha Company has been training here for the past five days," said Sgt. Edward Waugh, Alpha Company, 173rd Brigade Support Battalion.

The HEAT simulates the roll over of an up-armored humvee by using an electric hydraulic system to rotate the cab a complete 360 degrees.

The HEAT trains four Soldiers at a time. It in enables crews to conduct battle drills in multiple scenarios.

The Soldiers practiced getting out of the vehicle at different angles with out gear first, then with a combat load.

"We even turned out all the lights in the building to add to effect,"

The training is being conducted by everyone in the combat team. It won't stop accidents, but hopefully when an accident does occur, the Soldiers inside the vehicle are better trained and will be able to react appropriately in a dangerous situation.

(Right) Capt. Jennifer Carr, Headquarters and Headquarters Company, 173d Airborne Brigade Combat Team Support Battalion, holds on to keep herself steady while upside down in a Humvee Egress Assistant Trainer Feb. 10 in Grafenwoehr, Germany. The brigade was training for their upcoming deployment to Afghanistan.



Brigade barracks first of their kind overseas

By Navy Lt. Dean Allen **Resident Office in Charge** of Construction Vicenza Special to the Outlook

The new barracks housing Soldiers of the 173d Airborne Brigade Combat Team recently received a "LEED Silver" rating from the U.S. Green Building Council. LEED (Leadership in Energy and Environmental Design) Green Building Rating System is a nationallyaccepted benchmark for the design, construction and operation of high performance green (energy-efficient)

The barracks complex at Vicenza is the first overseas DoD facility to achieve a LEED certification. Worldwide, it is the first Army building and the second project managed by NAVFAC to be certified by USGBC.

about the LEED's Certification for this project," said Rear Adm. Rich Cellon, commander, Naval Facilities Engineering Command Atlantic Division. Cellon was in Vicenza to look over the finished project and receive briefings on upcoming projects. "It is a very rigorous process: there are five categories that are looked at: sustainable site development, energy efficiency, water savings, materials and indoor environmental

"This project was ongoing by the time I took command in August 2005," said Col. Virgil S. L. Williams, USAG Vicenza commander in a brief speech during the ceremony. "I was just fortunate in the fact that I inherited it, and had some great folks prior to me push this project along, and with the help of NAVFAC we were able to see this through to fruition. I appreciate all the "We are here today to specifically talk support that everybody has put forth in this



Spc. Anthony Stamper, a Soldier with 2nd Battalion, 503d Infantry (Airborne), 173d Airborne Brigade Combat Team, relaxes in front of his computer in the brigade barracks. (Photo by Laura Kreider, Outlook staff)



(Left to right): Pvt. Justin Haney and Pfc. Andre Anthony Christman prepare the drinks, while Spc. Juston Herbert, and Spc. Anthony Stamper get ready to put the pizza in the oven in one of the community kitchens in their barracks. All Soldiers are with Destined Co, 2d Battalion, 503d Infantry (Airborne).

effort and NAVFAC for pulling all these folks together and making it happen."

In order to be considered for a LEED rating, a new or existing building must be registered with USGBC and undergo a stringent review of "quantifiable aspects of sustainable design and building performance.'

Accredited USGBC professionals evaluate 34 criteria of the facility, awarding up to a maximum of 69 credits towards LEED accreditation; the Vicenza barracks received 33 credits. Ratings range from "certified" through silver, gold and platinum. More than 400 buildings, mostly in the United States, have received accreditation since the 1998 inception of LEED.

The evaluation criteria are updated often. the most recent guidelines conforming to the Energy Policy Act of 2005 and Executive Order 13123.

The post facilities, comprised of two separate four-story structures and resembling university dormitories, were designed by Clark Nexsen Architecture and Engineering, Norfolk, Va.

Completed in July and December 2005 respectively, the barracks were constructed by Impresa Pizzarotti of Parma. Italy for 21 million euro.

The complex houses approximately 300 soldiers and conforms to the Army's 1+1 barracks standard.

It also includes an armory, bulk storage areas, day rooms and laundry facilities. Construction began in October 2003 and was managed by the ROICC Vicenza team of Christopher Menia and Giancarlo Bastianello.

"This award represents the great teamwork of Clark-Nexsen. Pizzarotti and ROICC Vicenza to provide our sister service the highest quality facility," said Menia.

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God's gift: getting older

By Chap. (Lt. Col.) Scott Carson SETAF deputy command chaplain

Every March a personal milestone unexpectedly sneaks up on me, taps me on the shoulder and sends cold shivers down my back...i t's my birthday!

Yearly it faithfully comes, taking me by surprise and encouraging me to recount the days I have sojourned upon this planet (I do tend to live in denial of aging - and I can't ever remember exactly how old I am without going through math).

However, in recent years my body has begun sending daily reminders about just how long ago my birth actual was!

For years I proudly suffered little from the road marches, the airborne operations, the long runs and many push ups. But now my joints are rebelling against Army standards. Appalling, I know.

The scripture says, "The spirit is willing but the body is weak." And I think, at least in my case, age has much to do with the weakness. Ouch! My knee just

Years ago when I pastored a small

country church in Texas, a "young" woman on her 80th birthday said something I'll never forget.

She couldn't get her mind around the fact of her age. She shared with me that she felt like a 20- year-old captured inside a rapidly aging body.

Someday she (and I) will receive a renewed body, better, with no aches and pains, and forever full of energy being perfect in every way.

Until then, I reluctantly acknowledge my annual reminder, but with a view towards gratitude knowing that each day is another celebration of love of family, the richness of good friends, of the beauty of this earth and finding purpose in service to God and country.

Life is a gift and I am blessed beyond measure living my life in this moment of human history.

The Bible says, "This is the day that the Lord has made, let us be glad and rejoice in it." Indeed, I will rejoice by adding another digit to my age. My birthday serves as a reminder that I'm on a supernatural walk through this wonderful experience called life.

More responses needed; OHA, MIHA survey extended to March 16

USAREUR Public Affairs

Press Release

The Overseas Housing Allowance, and Utility and Move-In Housing Allowance Expenses survey results across Germany, Belgium, the Netherlands, and Italy are below the 50-70 percent targeted response rates.

Without a larger survey response, the Department of Defense will be unable to adjust the monthly utility and recurring maintenance allowance rate and the one-time MIHA rate for these countries

To allow more time for service members to

take advantage of this important opportunity to impact their paychecks, the survey completion date for these countries has been extended through March 16.

This survey pertains to all uniformed service members residing in privately-leased economy quarters and receiving OHA. These service members are encouraged to complete the online survey at : https://www.perdiem. osd.mil/oha/survey/feboha.html. The survey may be taken from a home or office computer and does not need to be filled in all at once – however, it must be finished on the same computer it was started on.

Electronic submission now available for regular Army officer evaluation reports

Human Resources Command

Press Release

Units can start electronically submitting regular Army Officer Evaluation Reports using the "Send to HQDA" feature in the Army Knowledge Online "My Forms" portal. In order to be submitted electronically,

regular Army OERs must be on a PureEdge form, digitally signed, have no enclosures, and not be referred.

This is Phase 1 of the multi-phase implementation of electronic submissions.

Use the link on S1NET for details and instructions: https://forums.bcks.army.mil/ secure/CommunityBrowser.aspx?id=342274.

Community Action Council

The next CAC will be **March 28** beginning at 10 a.m. in Club Veneto.

Longer hours for Cinnabon eaters

Issue: Why isn't Cinnabon open later customer traffic warrants extended hours. during the winter months?

Recommendation: Cinnabon stay open until at least 6 p.m. or Cinnabon and Baskin Robbins swap hours, or both stay open.

Response from AAFES: Cinnabon will remain open on a trial basis until 6 p.m.

We will monitor sales for a period of one month and at that time we will determine if

Also, in light of the upcoming deployment, it is possible that other adjustments will be made and we will handle them on a case-bycase basis with relationship to customer traffic.

We will take hourly readings in sales during this time period to monitor the operating hours with relationship to sales.

Physical Fitness run route guidance

Issue: Per guidance of the SETAF Commanding General, a run route was established for morning PT. This closed off traffic to a certain portion of post from 6:30-7:30 a.m.

I've found that people are not using the run route. What really bothers me is seeing a formation run in the road when not on the run route. Once, a car pulled out not seeing this group. The person in the car may have been in a hurry to get to work which does

not excuse this, but the formation should have been on the run route and avoided the situation

Additionally, I have seen some formation runs that go past 7:30 a.m.

Response from Maj. Gen. Frank G. Helmick, SETAF commander: Chain of command will make certain that Soldiers are adhering to the guidance. In addition, Soldiers should not run the Monte Berico stairs as it is a religious site.

Green Tips

from the Directorate of Public Works, Environmental Engineering division

How can I save water?

Toilet:

-Avoid flushing toilets unnecessarily. Dispose of tissues and other waste in trash bins instead of in the toilet.

-Use water-saving function of toilets if available. These are the buttons that use a shorter flush and use less water).

Shower and bath:

-Don't leave water running while washing hands, brushing teeth, shaving,

-Take a short shower instead of taking

Italian students visit Caserma Ederle



Maj. Gen. Frank Helmick (right), SETAF commander, and Col. Aldo Rando, USAG Vicenza Italian liaison officer, talk to high school students from surrounding schools who were chosen to visit Caserma Ederle. SETAF and garrison personnel - Italian and American - gave the youth a briefing about the mission of the SETAF community and answered questions that ranged from life on post to construction projects at Dal Molin. (Photo by Spc. Justin Nieto, SETAF Public Affairs)

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THE Outlook

Wash your hands!

Contagious virus affecting Europe

U.S. Army Health Center-Vicenza Special to the Outlook

The norovirus made the news in the U.S. in December when Indiana health officials blamed the virus for an outbreak of illness among nearly 400 patrons of an Olive Garden restaurant outside Indianapolis.

More than 380 passengers and crew members aboard Royal Caribbean's "Freedom of the Seas" were sickened by the virus during a November Caribbean cruise.

According to Maj. James Madson, chief, Preventive Medicine, the Vicenza area has seen a noticeable increase in the number of norovirus-like cases.

This increase peaked during the first week of February and has since fallen back to the normal baseline number.

The word *norovirus-like* is often used because health clinics do not normally culture or identify the virus that may be causing the symptoms.

This test is not needed since medical care is the same regardless of the actual virus, and norovirus is self-limiting and not dangerous.

Norovirus is a group of viruses that cause flu-like symptoms, according to the U.S. Centers for Disease Control and Prevention. It spreads through contaminated food or liquids, contaminated surfaces, or direct contact with someone who is infected.

Viruses are very different from bacteria and parasites, some of which can cause illnesses similar to norovirus infection. Like all viral infections, antibiotic medication does not cure patients affected by noroviruses.

Norovirus symptoms usually include nausea, vomiting, diarrhea and some stomach cramping. Sometimes people have a lowgrade fever, chills, headache, muscle aches, and a general sense of tiredness.

The illness often begins suddenly, and the infected person may feel very sick. In most people, the illness is self-limiting with symptoms lasting for about one or two days. In general, children experience more vomiting

than adults do. Most people with norovirus illness have both of these symptoms.

Noroviruses are found in the stool or vomit of infected people. People can become infected with the virus in several ways, including:

- Eating food or drinking liquids that are contaminated with norovirus;
- ◆ Touching surfaces or objects contaminated with norovirus, and then placing their hand in their mouth;
- Having direct contact with another person who is infected and showing symptoms (for example, when caring for someone with illness, or sharing foods or eating utensils with someone who is ill).

Persons working in day-care centers, barracks, or dining facilities should pay special attention to children, employees, Soldiers, and patrons who have norovirus illness. This virus is highly contagious and can spread rapidly throughout such environments. Particular care should be taken with young children in diapers who may have diarrhea

People infected with norovirus are contagious from the moment they begin feeling ill to at least three days after recovery. Some people may be contagious for as long as two weeks after recovery. Therefore, it is particularly important for people to wash their hand and apply other hygienic practices even after they have recovered from the illness.

People may feel very sick and vomit many times a day, but there are seldom long-term health effects related to their illness.

However, sometimes people are unable to drink enough liquids to replace the liquids they lost because of vomiting and diarrhea. These persons can become dehydrated and may need special medical attention. This problem is usually only seen among the very young, elderly and persons with weakened immune systems.

"Handwashing is the single most important thing you can do to prevent noroviruses and other viruses from making you sick," said Madson.

Norovirus infection prevention tips

You can decrease your chance of coming in contact with noroviruses by following these preventive steps:

- ◆ Wash your hands frequently, especially after toilet visits and changing diapers and before eating or preparing food.
- Wash fruits and vegetables, and steam oysters before eating them.
- ♦ Thoroughly clean and disinfect contaminated surfaces immediately after an episode of illness by using a bleachbased household cleaner.
- ♦ Immediately remove and wash clothing or linens that may be contaminated with virus after an episode of illness.
- Flush or discard any vomit or stool in the toilet and make sure the surrounding area is kept clean.

Persons who are infected with

norovirus should not prepare food while they have symptoms and for three days after they recover from their illness. Food that may have been contaminated by an ill person should be disposed of properly.

Norovirus illness is usually brief in healthy individuals. When people are ill with vomiting and diarrhea, they should drink plenty of fluids to prevent dehydration. Dehydration among young children, the elderly and the sick can be common. It is the most serious health effect that can result from norovirus infection.

Sports drinks do not replace the nutrients and minerals lost during this illness.

(Information from these articles came from the CDC website, www.cdc.gov/and the U.S. Army Center for Health Promotion and Preventive Medicine Health Information Operations Weekly Update.)

Eco Center expands operating hours

Directorate of Public Works Special to the Outlook

To help community members with their recycling needs, the Eco Center has expanded their hours. The hours are Monday-Friday, 8 a.m.-noon, 1- 6 p.m., and Saturday 9 a.m.-noon. Bring your items such a furniture,

wood scraps, yard refuse (lawn clippings, leaves, tree branches), mattresses (cotton, foam, rubber and box springs), electrical appliances, electronic items, glass and mirrors, cans, scrap metal, flattened cardboard boxes, plastic, tire, batteries and wastes.

Call Reginal Gillespie at 634-8406 for details.



Roll on down to the Eco center, now open Saturdays. (Outlook file photo)

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SOLDIERS' TARREST

(Above) Participants of the Spouse Leadership tour receive a briefing prior to entering Soldiers' Theatre. Once inside the theater, Ross Daniels, USAG Vicenza Entertainment director, gave the ladies more details about what the facility offers the community.

Around the post in 80 minutes

Story and photos by Laura Kreider Outlook Staff

Getting to know Caserma Ederle's facilities and what they offer the community was the goal of the Spouse Leadership tour, a sort of "Around Caserma Ederle in 80 Minutes" Feb. 27. "This tour was suggested by Melissa Helmick, wife of the SETAF commander," said Shay Morris, USAG Vicenza Directorate of Morale, Welfare and Recreation's Community Activities coordinator. "It provided an overview to spouse leaders regarding community facilities and programs."

The group toured several locations including Davis Family Readiness Center, Central Processing Facility, Club Veneto, Arts and Crafts, Outdoor Recreation, Information,

Tours and Registration, USO, Auto Skills Center and Soldiers' Theatre.

"At each location, the activity managers showcased their programs and gave a short but informative overview of current and upcoming programs," said Morris. "The Directorate of Logistics, Installation Transportation office provided a bus and driver who gave us a windshield tour of the base and took us to each location."

Along the way, information was

distributed regarding Soldier and family readiness programs, recreational activities and in/out processing information, according to Morris.

At the end of the tour, Marshall Fowler, South of the Alps Dining Facility general manager, spoke to the spouses about how the DFAC works. The tour ended with lunch at the DFAC.

(Left) Charlie DeCelle, USAG Vicenza Auto Skills Center manager talks to the participants of the Feb. 27 Spouse Leadership tour about programs and classes offered at the



Breakfast offers prayer, advice

Chap. (Brig. Gen.) **Douglas Carver, deputy** chief of chaplains, U.S. Army, addresses Soldiers and Vicenza community members at the Post **Exchange food court** during National Prayer day breakfast, Wednesday. "Don't quit regardless of what knocks at your door," said Carver. "Don't stop, don't run in the other direction; stand and wait, God is there." (Photo by Pfc. Crystal Abbott, SETAF **Public Affairs)**



Dinner dance helps families create a memory



"Creating a Memory" participants enjoy dinner at Club V Feb. 24. The event, coordinated by MWR, was an opportunity for more than 60 people to enjoy an evening of food and dance. "This is the second Parent Child Dance that I have coordinated," said Shay Morris, DMWR Community Activities coordinator. "It holds a special place in my heart because it is so beautiful to see the special bond that is held between a child and their parent. This year I decided to put a theme on the event which was *Carnevale* – "Creating a Memory". It went over so well that I will continue to do this in the future," she explained. Families also had the chance to have their picture taken at the event by Monika Stachura who works at the Arts & Crafts center. (Photo by Laura Kreider, Outlook Staff)



Club Beyond teens work the griddle making pancakes for the hungry crowd. The girls are members of Club Beyond, the non-denominational youth group which meets at the post chapel.

Youth serve up supper to support service project

Club Beyond held a pancake supper Feb. 26 to raise funds for the group's annual service trip to Slovakia during spring break. The donation-only dinner netted the group about \$1,400. "This will enable each youth to take \$50 off the cost of their service trip," said Jocelyn Cary, Club Beyond director. "We have been blessed by the generosity of the chapel congregations and the Vicenza Military Spouses and Civilians Club, each has helped to take \$100 off the cost for each child." (Right) A girl enjoys whipped cream instead of syrup on her pancake. She was one of more than 60 community members who enjoyed the Club Beyond pancake supper at the post chapel. Besides pancakes, the crowd enjoyed bacon, sausage, fresh orange slices, strawberries and an assortment of toppings and drinks. (Photos by Diana Bahr, USAG Vicenza Public Affairs)



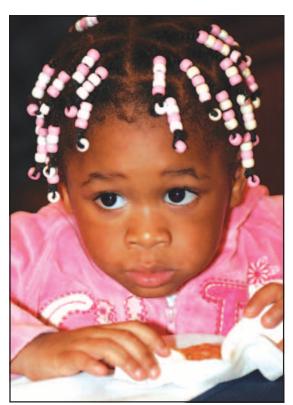
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Exploring identity through heritage

Story and photos By Staff Sgt. Joyce Costello USAG Livorno Public Affairs

To help celebrate African American History month at Camp Darby, former under secretary of the Air Force, Ruby DeMesme, met with community members and spoke about how a lack of identity can cause personal and social problems.

DeMesme spoke candidly about developing her own distinct background by drawing on her experiences being raised



A child looks up to see who got the last piece of homemade sweet potato pie her mother made for soul food tasting night at the Darby Community Club.

during years of segregation.

Just two generations from slavery, DeMesme went to a four-room school house that was segregated and went to a historically black college.

"I have been called a Negro, black and now an African American," said DeMesme in a soft-spoken, but firm voice. "No matter what I was called, I always maintained my own identity."

DeMesme revealed how she was determined to not let adversity and hardship stop her from becoming the first female

African American in her position.

She encouraged Camp Darby community members to find something that was a strong part of their identity and to leave a legacy behind – not as individuals – but as a community.

The community held another event that was much lighter in delivery, but with a message every bit as serious; comedian Walter Campbell bridged racial lines to share his experiences and sense of identity and culture in a clean comical manner.

Campbell, a 12-year Air Force veteran who has performed with actress Monique and fellow comedian Sinbad, is currently a supply instructor at Lackland Air Force base in San Antonio, Texas.

He prides himself on being able to share his culture through comedy and doesn't feel he needs to resort to swear words in order to be funny.

"It's something I love to do and feel is part of my identity; but, it's a hard life being a comic. Comedy doesn't have Tricare and there's no medical benefits doing comedy"



(Left to right) Soldiers meet former under secretary of the Air Force, Ruby DeMesme, after her African American History month speech about rising from slavery to create a legacy.

jokes Campbell. "I can't go to the dentist and tell him I'll make him laugh if he fills my cavity."

Having a clear sense of identity can help improve understanding and communication between cultures, according to USAG Livorno command sergeant major, Command Sgt. Maj. William Berrios.

"It is good that the Soldiers, Airmen and civilians from a wide variety of backgrounds and races come out to African American History month events," said Berrios, "because the military is diverse and we need to learn about each other's cultures so we can appreciate where others are coming from so we can work better together in the future."

(Right) Comedian Walter Campbell jokes with the Camp Darby community about the difference between the Army and the Air Force when they go to the field. Campbell, was invited by George V. Lottier Masonic Lodge #130 to perform at Camp Darby.



Drive Miss Daisy home



Daisy is sweet-natured intelligent dog in need of a loving family. The Darby Animal Welfare Association is looking for candidates at Camp Darby to adopt this friendly and playful spayed female Doberman. Contact DAWA at 347-831-5062. (Photo by Staff Sgt. Joyce Costello, USAG Livorno Public Affairs)

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Out & About



Antique market

Antique market downtown in the main squares of Vicenza March 11, open sunup to sundown.

Daylight Savings Time

On March 11 at 2 a.m., most of the U.S. will turn their clocks forward one hour.

However, for most of Europe, Daylight Saving Time begins at 1 a.m. GMT March 25 and ends Oct.

Bear this additional time difference in mind when calling friends and family back in the states.

Holiday exhibition

The Holiday Exhibition-Market 2007 takes place in the Padova exhibition grounds March 10-11.

Find all you need to know on campsites, motor homes, bird watching, holiday villages, exotic vacations, accessories for your hobbies and more.

Open daily from 10 a.m.-8 p.m. the entrance fee is 5 euro, however, you can find a free entrance (ingresso omaggio) ticket on the Web site www.vacanzeweekend.it. You'll need to print it, fill it in and present at the box office.

Festa della Donna

March 8 is International Women's Day. In Italy this is a day where men bring bunches of Mimosa flowers to the women in their lives: wives, girlfriends, mothers, secretaries, daughters and so on. The flowers are bright yellow and highly perfumed.

On this day, women enjoy themselves by having dinner in restaurants or pizzerias and then going to discos or clubs where special shows are organized. The dinner usually ends with the traditional 'Mimosa cake.'

Father's Day in Italy

March 19 Italy celebrates La Festa del Papa (Father's Day). Stores offer specially-gift wrapped items to tempt family members into buying such products for their father.

Outlet shopping

centers in Italy - a few are:

Mantova: In the 'Fashion Outlet.' find the latest in clothes, shoes, sportswear and more with brand names such as Miss Sixtv. Calzedonia, LJ; Gucci, Valentino, Tommy and others.

There are also bars and restaurants available.

Open Monday-Friday 10 a.m.-7 p.m. Saturday-Sunday 10 a.m.-8 p.m.

Directions leave the autostrada at Mantova sud and follow signs for 'Fashion Outlet.'

Serravalle Scrivia: 'McArthur Glen Outlet' has more than 170 stores, including some of the world's best-known names in fashion, sport and homewares to include Clarks/Lacoste, Levi's/ Dockers, Nike, Fiorucci and more.

Open Monday-Friday 10 a.m.-7 p.m., Saturday-Sunday 10 a.m.-8 p.m.

Directons are at: www. serravalle.mcarthurglen.it .

S. Pietro di Legnago: A little nearer (in the province of Verona), but much smaller, is a factory outlet by the Max Mara group - a fashionable women's store.

For an idea of prices and what is on sale check out www.diffusione tessile.it although in Italian, it's easy enough to understand. Click on 'punti vendita' for directions.

Open Tuesday-Friday 9:30 a.m.-1 p.m. and 3-7:30 p.m., open all day Saturday, and Monday afternoons.

<u>Castel Guelfo</u>: Outlet City, with 49 stores, is located 25 km east of Bologna on the A14. Exit at Castel San Pietro Terme and follow the directions.

Open Monday 2-7:30 p.m. Tuesday-Friday 10 a.m.-7:30 p.m.; weekends 10 a.m.-8:30 p.m.

Ospitaletto: Outlet Village Franciacorta has 160 stores and is located near Brescia.

Find details at the Web site: www.franciacortaoutlet.it.

Butterfly houses, fairy's wood

The Entomological Museum in the town of Schio has more than 10,000 butterflies of 250 different species on display.

The exhibition is held in an area There are several factory outlet of 2,000 square meters and is By Dorothy Spagnuolo

divided into five glassed-in sections: temporal, natural, geographical, scientific and ecological surroundings.

The show is an initiative of Giancarlo Paglia and his family who traveled throughout most of Italy – from Posina to Cervino from Val Senales to Mount Novegno passing Tuscany and Liguria searching for the different butterflies in Italy.

Visitors can view the maps showing where the different butterflies can be found and find more than 1.000 other insects that are the friend or foe of the butterfly.

The museum is located in the industrial area of Schio, below the Tecnel agency.

It's open everyday 9 a.m.-12:30 p.m. and 2-7 p.m., closed in August, the entrance fee is 5 euro for adults, children 3 euro. Groups of 25 or more pay 2 euro each.

In the House of Butterflies, in Montegrotto Terme, near Padova, you can see more than 400 beautiful butterflies from throughout the

Visitors can observe all the stages of development of butterflies – from the egg to the caterpillar to the chrysalis and finally, the butterfly.

You can also learn the difference between diurnal butterflies and nocturnal butterflies, moths and

Located nearby, in the same location is the fairy wood where you can see and learn about different fairies.

Before you visit check out the Web site www.casadellefarfalle.it and click on the English version for details on the butterflies and fairies

Or go to: www.butterflyarc. it. This has pages on the butterflies and fairies for teachers and other

Butterfly Arc is open everyday in March, October and November, 9:30 a.m.-4 p.m.; from April through September, 9:30 a.m.-5:30 p.m.

Entrance fees: 7 euro for adults, children ages 4-12 pay 5 euro.

Directions: Take the A4 autostrada east, take the Padova ovest exit and follow the signs for Terme Euganee, then follow the signs for Butterfly Arc.

Now Showing =

Caserma Ederle Theater

Camp Darby Theater

March 8	Code Name: The Cleaner (PG13)	6 p.m.
March 9	Bridge to Terabithia (PG)	6 p.m.
March 10	Night at the Museum (PG)	6 p.m.
March 11	Charlotte's Web (G)	2 p.m.

Movie Synopsis

THE NUMBER 23 - Jim Carrey, Virginia Madsen. A man's life unravels after he comes into contact with an obscure book titled "The Number 23." As he reads the book, he becomes increasingly convinced that it is based on his own life. His obsession with the number 23 starts to consume him, and he begins to realize the book forecasts far graver consequences for his life than he could have ever imagined.

CHILDREN OF MEN - Julianne Moore, Clive Owens. A futuristic society faces extinction when no children are born and the human race has lost the ability to reproduce. England has descended into chaos, until an iron-handed warden is brought in to institute martial law. The warden's ability to keep order is threatened when a woman finds that she is pregnant with what would be the first child born in 27 years.

WILD HOGS - John Travolta, Tim Allen. A group of middleaged friends decide to rev up their routine suburban lives with a freewheeling motorcycle trip. Taking a long dreamed-of breather from their stressful jobs and family responsibilities, they can't wait to feel the freedom of the open road. When this mis-matched foursome – who have grown far more used to the couch than the saddle - set out for this once-in-a-lifetime experience, they encounter a world that holds far more than they ever bargained for.

NIGHT AT THE MUSEUM - Ben Stiller, Carla Gugino. Goodhearted dreamer Larry Daley accepts what appears to be a menial job as a graveyard-shift security guard at a museum of natural history. During Larry's watch, extraordinary things begin to occur: Mayans, Roman Gladiators, and cowboys emerge from their diorama to wage epic battles. Amidst the chaos, the only person Larry can turn to for advice is a wax figure of President Teddy Roosevelt, who helps our hero harness the bedlam, stop a nefarious plot, and save the museum.

Admission: Age 12 and over \$4, under age 12, \$2. The Ederle Theatre box office opens one hour prior to show time.

Classified Ads

community members may place free classified ads (not personal or personal services ads) on the MWR Web site: www.vicenzamwr. com/marketplace.

Every Tuesday at noon, MWR sends the ads to *The Outlook* for the next publication.

The Outlook and Directorate of MWR are not responsible for any errors in the advertisement.

Photos accompanying the advertisement will not appear in The Outlook. Because The Outlook has limited space available, the ad may be edited.

The Outlook does not take classifieds; sellers must place ads on www.vicenzamwr.com.

For details on an item you see listed here, visit the MWR Web site: www.vicenzamwr.com/market place.

Editor's Note: Caserma Ederle **X-Box games:** 18 used games in and satellite with stand. \$250. original case with instruction manuals.\$5/ea, or \$75 for all.

Wanted-Trampoline: In new-to-

slightly used condition. Car audio equipment: Call for

brands and prices. Wooden desk: Good condition.

Glass coffee table: With iron stand. Good condition. \$20.

Samsung HDTV CRT: \$250

PlayStation 3: New. \$500.

Transformers: 750w, and 1000w, make an offer.

Diamond ring: 1/4 carat, make an offer. Car wanted: Need a four-door in

decent condition. Will pay up to

Queen size mattress: Like new. 320 Euro.

SKY TV system: Includes box

Motorcycle for sale: Black Kawasaki ZX 10 R. Like new. \$9,500 OBO.

1997 Audi Quattro S6 Plus Limited: Loaded. \$10,000 OBO.

Honda Civic: Excellent condition. 3,900 Euro OBO.

Oak table w/4 chairs: Excellent condition \$150.

Full-length mirror: Adjustable \$25.

Harley exhaust system: Samson upswept exhaust for Harley Davidson softails, 1984-present. \$200 OBO. If you don't need the bracket it's \$150.

Car wanted: Looking for sedan or station wagon in the \$5-\$7K price range.

suitable for Villaggio. \$50, OBO. Cell phone: Nokia 7610. 115

Euro, or \$150.

Fence: Large metal fence,

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Erimavera del Erosecco 2007

Vidor March 3 - 19

Santo Stefano March 17 - Apr. 1

Guia March 24 - Apr. 9

Col S. Martino March 24 - Apr. 15

Villa di Cordignano March 31-Apr. 9

S. Petro di Barbozza Apr. 7 - 15

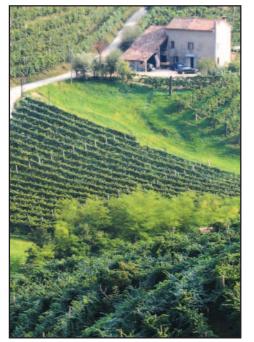
San Giovanni Apr. 13 - 22

Refrontolo Apr. 14- May 1

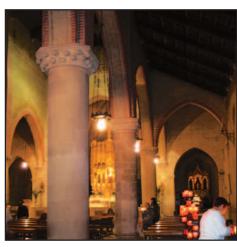
Miane Apr. 20 - May 6



Basilica and bell tower of Follina from the second cloister, called 'Abbot's Cloister', which was built in 1535.



Top: Details of the frescoes of the Abbey. Far up and above: Small towns, hills and vineyards shape the landscape of the area between *Valdobbiadene* and *Vittorio Veneto* in the so-called *Marca Trevigiana*. Below: The interior of *St. Maria* in *Follina*. On the altar, a stone statue of 'Virgin with the Child' dates back to before 1000 A.D.





Followa 1998

Story and photos by Laura Kreider *Outlook Staff*

along one of the most spectacular wine roads in the Veneto Region, sits *Follina*, a medieval hamlet which was probably founded and developed by a group of Cistercian monks. There, they started the process of reclaiming the valley and followed the Benedictine rule of 'Ora et labora'- pray and work, which after St. Benedict's scripts of the late 500s described some basic virtues of humility and silence, as well as some indications of monastic daily living such as common prayer, meditative reading and manual work.

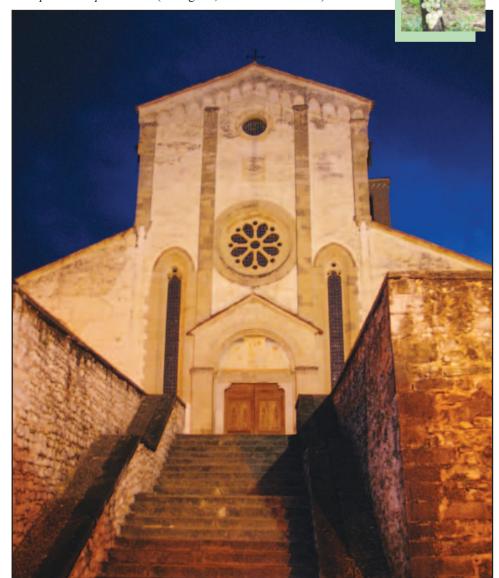
But going back to Follina, its name may come from the word 'follatura', or fulling, which refers to a technique of manufacturing wool. Fulling is the process of fluffing up an already woven or knitted piece of woolen cloth and requires hot water. Due to the abundance of water in this area, this practice has taken place here since the Middle Ages, if not even before the Roman period. Considered as one of the most important

examples of Cistercian architecture, the *Abbazia di Santa Maria*, St. Mary Abbey, was started in the 12th century. The Basilica, completed by the Abbot Nordio in 1335 sits atop a hill precedeed by stone stairs. On the facade, a rose window surmounts a frescoed lunette of the 14th century positioned over the entrance representing a Madonna with the Child and two saints. After entering the basilica, on the right it is possible to enter the Romanesque cloister built between 1170 and 1268. A restoration of the church and the cloister was necessary after WWI.

Throughout the centuries, the cloister was partially walled up and had different functions, including some dwellings, workshops and poultry pens. During the last battle of WWI, the explosion of a grenade caused some damage. Only in 1921, was the restoration completed, thanks to the religious order of the *Servi di Maria, Mary's Servants*. From this first cloister, it is possible to reach another one called 'Abbot's Cloister' created in 1535 with a classic small loggia on the second floor.

In addition to visiting this unique abbey, nowadays this area is also a renowned destination for its hills shaped by vineyards on the *Prosecco* Road, which crosses the so-called *Marca Trevigiana*.

This geographical region lies in the heart of the Veneto and includes many hills around the *Piave* River on the foot of the *Prealpi Bellunesi*. Starting at the beginning of March, all the towns participate in the annual '*Primavera del Prosecco*', Spring of the Prosecco. This event covers the entire area throughout the spring. (See list on the left of the locations where the events take place) Each week, a different town holds a *festa*, where it is possible to taste and purchase the local Prosecco wine. Other local products are also on display and booths or tents house thousands of visitors. For information about this annual event, check the Web site *www.primaveraprosecco.it* (in English, Italian and German).



(Above) The facade of the Abbey of *Follina*, whose foundation dates back to the 12th century when a group of Cistercian monks started to reclaim the valley. It became a destination for pilgrims since ancient times. The Basilica was erected in the 14th century in a late Romanesque style, whose cloister (left) well represents an example with its series of double columns decorated with medieval symbols.