

July 28, 2011

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U.S. Army Garrisons Vicenza & Livorno

www.USAG.Vicenza.Army.Mil

Vol. 44, Issue 30

173rd ABCT completes drop zone assault mission

Friday Saturday Sunday Volunteer soccer coaches needed for CYSS youth sports. To sign up call 634-6151 or email www.cyssports@ vicenzamwr.com

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Courtesy photo

Soldiers from the 4th Battalion, 319th Airborne Field Artillery Regiment fire off live rounds after a Drop Zone Airborne Assault mission in Germany July 19.

by Maj. Timothy Chavis 173rd ABCT PAO

The 173rd Airborne Brigade Combat Team completed a Drop Zone Airborne Assault July 19 in Germany. This was the first time since the brigade was reconstituted into a modular brigade combat team. The 173rd's field artillery battalion, 4th Battalion, 319th Airborne Field Artillery Regiment, performed the heavy drop operation.

The operation involved dropping a M119A2 Howitzer cannon, which weighed more than 4,000 pounds, from a C-130J aircraft onto the drop zone. They derigged it and started shooting live rounds

from the drop zone into the impact area. The rapid emplacement of the Howitzer provides support to maneuver forces conducting a joint forces entry operation. Seventy two Soldiers from the 4th Bn., 319th's Alpha and Bravo Batteries took part in this historic event by conducting their own airborne operations. Riggers from the 5th Quartermaster Company, 21st Special Troops Battalion and the 173rd Brigade Support Battalion supported the operation.

This is the first of many drop zone airborne assaults that the brigade is scheduled to conduct. These operations are intended to increase the proficiency of the individual Soldiers and the unit. This training aids in the 173rd ABCT's mission to rapidly deploy and conduct a full spectrum of military operations.

USARAF employee reflects on upcoming retirement after 13 years

concerts & more

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Wrestlers compete in rope climb; Soccer camp teaches fundamentals

Story and photo by Rich Bartell U.S. Army Africa PAO

It's been said that people should retire from work and not from life. That's exactly what Vera Frater will be doing when she leaves her position as secretary to the commanding general of U.S. Army Africa.

Frater will be leaving a legacy having worked with eight commanding generals during her 13-year tenure.

"It's been exciting working for the Army," said Frater. "Every day is different, so there is a lot of variety. All the people I worked for and with have been so good and kind. It's really been a blast. I have been very, very fortunate."

In spite of her job satisfaction over the years, Frater is looking forward to retired life.

"I will miss Italy; however we plan to return frequently. I won't miss work because I always have so much to do at home. So we will be concentrating on setting up our new home," she said.

Frater has been married for 41-years to a former active-duty Soldier who is also Department of the Army civilian and will retire in the near future as well. They will make their new home in Florida, not far from family.

"We found our dream home last Christmas in Florida and it has See FRATER, page 3



Vera Frater poses for a photo with Maj. Gen. David Hogg, commanding general, U.S. Army Africa. Frater will soon retire after 13 years of government service.

Opinion & Editorial Security security tips when traveling, staying in hotels

By Peg Clevenger

USAG Vicenza security manager

Plan your stay in advance – Check the internet for any information on the hotel. www.hotels.com has user reviews that may be helpful. Avoid staying in a room located on the first floor of a hotel. These rooms often have doors/windows that are accessible from the

ground level and pose a greater security risk than rooms on a higher level. Third to fifth floor rooms are usually the best choice in the event of a fire as they are more easily accessible for rescue than rooms on higher levels. Rooms on these floors are less accessible by criminals as well.

Keep a low profile – The bottom line is you can prevent trouble and enhance your personal security if you take some simple precautions such as:

Keep a low profile and try to blend in with the locals. Do not discuss your business or travel plans in public areas where they may be overheard. Discuss your travel plans and movements during your stay with as few people as possible.

Do not allow strangers in your hotel room.

Be alert to overly friendly locals who may have criminal intentions. They may offer to show you the sites or take you to that special restaurant. Their ruse may be to offer drugged refreshments and rob you.

Never leave valuables in your hotel room exposed or unattended, even in a locked suitcase. Place valuables — money, jewelry, airplane tickets, credit cards, travel checks in the room safe. Keep your passport and CAC card with you at all times. If the room does not have a safe, secure the items in the locked trunk of your vehicle.

Familiarize yourself with escape routes in case of fire or other catastrophe. Look for the exit and then find an alternate exit. Have a plan with your family on where you would meet if an incident occurs.

Use the door chain or bolt lock whenever you are in your room.

Use the door viewer (peephole) before opening the door to visitors.

Do not discuss your room number while standing in the lobby or other public areas within the hotel. Criminals often position themselves in these areas so they can gain room information on guests.

Do not open your door for unexpected visitors. Some criminals pose as repairmen or room service from the room and call the front desk for verification.

Keep your room neat so you will notice disturbed or missing items quickly.

Keep TV/radio on while away from room or in the shower. This gives the impression that room is occupied. If you are leaving for the day put out the "Do



Not Disturb" sign.

Some hotels that do not have their own dining facilities allow food to be delivered to your room from outside the hotel. It is best to have these deliveries made to the lobby instead of your room. Delivery to your room allows an outsider to do surveillance on you and your room. This is especially dangerous for women traveling alone.

Similarly, if someone comes to your room delivering an unexpected package, do not answer the door but tell the person to leave the package with the concierge so that you can pick it up later. Then notify the police and/ or military law enforcement as applicable.

Don't leave a message using your name on the answering service in the room. This can confirm for someone that you are in that particular room. Better just

hotel so always be careful. If this happens, stay in your to use the generic message provided by the answering service. People who know you will either try to reach you by cell phone and/or know what room you're staying in, so no need to provide extra information to those who don't need to know.

Always keep your room key with you at all times in and out of the hotel so that no one can see by checking

the front desk that you are not in your room. If the concierge asks you to leave the key with them and the keys are visible to anyone casually observing, politely insist on being allowed to carry the key with you anyway.

Use valet parking especially if the hotel's garage is dimly lit or the area has a high crime rate.

Always ask the concierge about the safety of any area you're setting out to see. Neighborhoods can change and new threats can emerge since the last time you visited or since the guidebook was printed. Checking with the embassy's Regional Security Officer is also a good practice.

Avoid staying next to government offices, embassies, landmarks, or religious centers especially in destinations where there's been recent unrest or that have been the subject of a U.S. State Department travel warning or alert.

In an emergency — iJet, a risk management firm, had 40 clients in Mumbai during the attacks, 11 in the two hotels under siege. iJet representatives talked these travelers through the same instructions they use in the event of a hurricane, a tornado, a biological/chemical attack or terrorist activity.

Avoid windows: Many were killed after the initial Islamabad Marriott blast because they rushed to see what happened.

Double-lock your door and barricade it with heavy furniture.

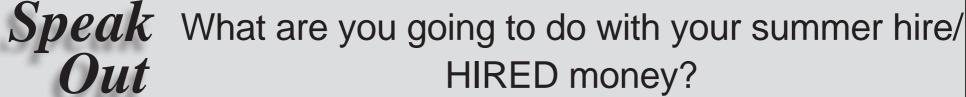
Drag the mattress to the center of the room and hunker down under it - the mattress can provide a buffer in case of gunfire.

If there is smoke, stuff wet towels under the door.

Don't broadcast your whereabouts. The temptation, of course, will be to call loved ones on your cell phone, but chatter can alert attackers of your presence. While trapped in the basement of the Taj in Mumbai, the dining editor of the Chicago Tribune listened in horror as people screamed into their cell phones to family abroad, "We're in the basement".

Bottom line – plan ahead and be aware of your surroundings.

For questions about these tips or any of security issues, call 634-8998.



Tara Clinton DPW (Summer hire) "I'm going to buy a stuffed rabbit."



Priscilla Jogthong AFN (HIRED) "Buy a new DSRL camera and lenses."



Anna Myers ACS (Summer hire) "Clothes and possibly shoes ... hair dye."



Jarra Woods Library (Summer hire) "Buying a desktop computer, Wacom tablet and a digital scanner."



Catarina Gomez Arts Center (HIRED) "I will use my hardearned money to buy my brothers and sisters toys or clothes."

By Laura Kreider

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Garrison news

Caserma Ederle spouses welcome Rohling with luncheon

Story and photo by Spc. Michael Sword 173rd ABCT PAO

When a new commander arrives to a unit, they are welcomed along with their family during the Change of Command as well as Hail and Farewells. 173rd Airborne Brigade Combat Team also welcomed the brigade commander's wife, Alicia Rohling, with a special lunch that formally welcomed her back into the "Herd" family.

The lunch, at local restaurant La Valletta, was put on with the help of spouses from around the brigade as well as the 173rd's Family Readiness Support Assistant. The Rohlings were in Vicenza from 2002-2006, and though Caserma Ederle has changed in the years between, this was a welcome back to a familiar friend.

"My family is extremely honored to be a part of the 173rd, " said Rohling. "I thank you for your warm welcome."

Rohling also had a few words of advice to the spouses who are in Vicenza for the first time.

"If there are any words of wisdom that I would give to you, if you haven't already done so, embrace the culture," she said.

Along with the 173rd's FRSA, Rohling and the rest of the 173rd spouses will continue working to expand the Family Readiness Group program, improving the quality of life for all Sky Soldiers and their Families.



Alicia Rohling, right, wife of Col. Andrew Rohling, 173rd Airborne Brigade Combat Team, speaks with other brigade spouses during a lunch held to welcome the new commander. The Rohlings had previously lived in Vicenza for four years.

FRATER: Retirement plans to relocate after 13 years of government service

Continued from page 1

a lake view, a pool and our two grandsons are only 45 minutes away," Frater said.

Friend and former work colleague Lucia Soliman praises Frater's friendship and work ethic.

"Vera is best of the best. I always said I wanted to be like her when I grow up," Soliman said. "She's incredible both as a friend and a co-worker. She always goes the extra step."

Frater and Soliman worked together at Armed Forces Network South on Caserma Ederle. Soliman is the AFN South commander's secretary.

Originally from Munich, Germany, Frater overcame some challenges in her early life as a young Army spouse. Her biggest challenge was dealing with a change in cultures.

"I'm Bavarian and used to the city life in Munich. I was used to crowds of people socializing in the center of a metropolitan area. When we moved to Colorado, it wasn't as easy to socialize at first," Frater said.

Venturing into Colorado Springs, Colo. was an eye-opener for her.

"Coming from Munich, I was used to seeing and socializing with people in a

really homesick, but isolated," Frater said.

Eventually Frater met and made friends.

"I love Colorado and we developed many friendships with people who have traditional family values like we have in Germany. I really fell in love with the state and the people. We stayed there for nine years," Frater said.

Frater's husband Adeal is looking forward to their retirement as well. His pride, love and admiration for his wife is evident.

"I would have been crazy not to marry "She's a great example of big busy city. I didn't see that in Colorado this awesome lady and any employer what he had been doing for all those professionalism. You couldn't ask for a Springs. So I felt a little isolated. Not who she has worked for will say they years," she said.

would have been crazy not to hire her. She is dedicated to her family, job and is always kind to everyone. After being married and spoiled by her for more than 40 years, I am going to do my best to spoil her to no end during our retirement," Adeal said.

Prior to coming to work for the Army, Frater worked various jobs in community where her husband was stationed. Then she took the opportunity to work for the U.S. Army.

"I really started appreciating what my husband did when I started working for the Army. I finally started to understand

better co-worker," Soliman said.

The Outlook July 28, 2011, Vol. 44, Issue 30

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The Outlook is an unofficial publication authorized and provided by AR 360-1. All editorial content of The Outlook is prepared, edited and approved by the U.S. Army Garrison Vicenza Public Affairs Office in Bldg. 109 on Caserma Ederle in Vicenza, Italy. The office's DSN number is 634-6363, off post at 0444-71-6363 or e-mail: editor@

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The Outlook is published weekly by the USAG Vicenza PAO, Unit 31401, Box 10, APO AE 09630. It is printed by Artigiana Grafica, Montegalda (VI), 0444-636-427.

Editorial publication is an authorized section for members of the U.S. Army overseas. Contents of The Outlook are not necessarily the official views of, or endorsed by, the U.S. government, Department of Defense, Department of the Army, Installation Management Command-Europe, U.S. Army Garrison Vicenza or the U.S. Army Africa.

Submissions: Send all submissions for publication to editor@eur.army.mil. Submissions should be made via e-mail and must be received by Monday at noon for that week's publication.

The editor reserves the right to edit all submissions for style, brevity and clarity. Circulation is 2,000 per week.

At Your Service



Sports, Fitness and Aquatics

Luca Urbani is a lifeguard for the Sports, Fitness and Aquatics. Duties for the lifeguards include maintaining the safety of the facilities on post and Villaggio and make sure they are clean.

"We try to offer the best service to the community," Urbani said. "We organize a recreation swim area for Families and have several swim lanes for all levels of swimmers."

The post pool is located in the Fitness Center, while an outdoor pool is on Villaggio. Swim classes and aqua aerobics are offered. For more information or hours of operation call 634-6536.

To suggest a new staff member or volunteer to be featured in "At Your Service," email their name, contact information and why we should feature him or her to The Outlook staff at editor@eur.army.mil.

News

Sesame Street entertains Families on Caserma Ederle





Above left, post children enjoy giveaways from the USO and Sesame Street Tuesday. Above, puppets from Sesame Street say goodbye to the crowd at end of the show at the Fitness Center. At left, puppets dance and sing during the two free shows, sponsored by the Directorate of Family and Morale, Welfare and Recreation and the USO. The show featured a character that is moving and is used to help military children during moves.

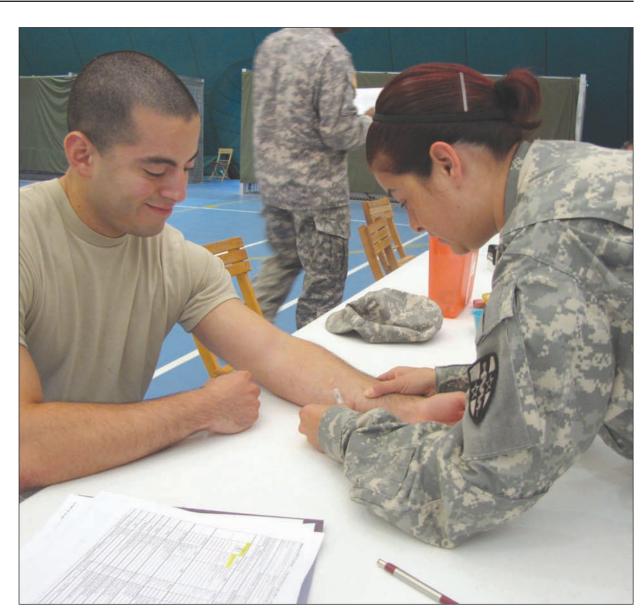
Photos by Laura Kreider

Beat the heat by staying cool, conserve

DPW Environmental Division

During summer months, electrical energy consumption peaks as air conditioner units are needed to keep our living and working environment comfortable.

However, it is also important to bear in mind the importance of energy saving, as outlined in the USAG Vicenza energy conservation policy, available at http:// www.usag.vicenza.army.mil/sites/local/Pol_Let/08-36. pdf This policy states that the minimum temperature allowed during the cooling season is 74 degrees Fahrenheit (around 23° Celsius), and air conditioners and cooling systems will not be operated before 9 a.m. or after 10 p.m. The policy also requires the shut off of air conditioners one-half hour before the close of business. Additionally, the policy directs occupants to turn off lights in all facilities when not in use and to use minimum wattage light bulbs consistent with safety and work requirements; when possible, substitute incandescent bulbs with fluorescent equivalent lumen output lamps.



By following these simple steps in all our living and working environments, we can contribute to lowering the community energy bill and save precious resources for the future generations.

If you want to receive more information, contact the Environmental Division at *eco@eur.army.mi*l or 634-5023/8941.

Sgt. Sandra Garza, right, a Reserve Soldier with 4005th U.S. Army Hospital, Houston, administers an annual tuberculosis shot to Spc. Michael Navarro, 509th Signal Battalion July 20. The shot is given to protect from the airborne virus and improves unit readiness.

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Photo by 1st Lt. Neville Rose

839th Transportation Battalion changes command

By Joyce Costello USAG Livorno Public Affairs

Lt. Col. Douglas Vallejo transferred his duties as commander of 839th Transportation Battalion to Lt. Col. Marcilyn Patterson in a ceremony July 22 on Camp Darby's Parade Field.

Col. William Moseley, commander of 598th Transportation Brigade said, "Lt. Col. Vallejo has improved the mission focus and was instrumental in the flawless success of more than 7,000 vessel operations, moving over 120,000 containers and 15,000 vehicles in support of 11 Brigade combat team equivalent units.

"During this time of high operations tempo, the battalion has incorporated and enhanced expeditionary operations which involved deploying on short notice to austere environments in order to provide Joint Task Force Port Opening Command and Control Capabilities," said Moseley. "During Vallejo's leadership, the battalion has spearheaded the Joint Task Force Port Opening for the 598th Transportation Brigade and led the JTFPO Sea Port of Debarkation during African Lion 11 in Tan Tan and Agadir, Morocco."

According to Moseley, Vallejo has improved the 839th Transportation Battalion in every way and will be an asset to the Chief of Transportation and the entire Transportation Corps at his next duty station in Fort Lee, Va.

Vallejo said that the excellence in mission comes from the steadfastness and professionalism of the workforce comprised of Military, Department of the Army civilians, and Host Nation civilians who serve as the primary staff, the deployment distribution and support team, and in the detachments.

"It is the workforce team that ensures every day that the needs of the war fighter are met through the movement of strategic cargo, sustainment, privately owned vehicles, and household goods in over 40 countries in the United States European Command and The United States Africa Command areas of responsibility," said Vallejo. "It is the 839th team who



Photo by Chiara Mattirolo

Lt. Col. Douglas Vallejo, right, passes the colors to Col. William Moseley, commander of 598th Transportation Brigade in a ceremony July 22. Incoming commander, Lt. Col. Marcilyn Patterson, looks on from the left. More photos from the event can be found on *www.flickr.com/photos/campdarby/sets/*.

supported operations from the Ukraine to Spain, from Morocco to Djibouti to Kenya and it is the 839th workforce's synergy from planning to execution makes this the best battalion in SDDC and the Army. My family and I thank all of you for your dedication and commitment; your actions ensure success."

According to Moseley, Patterson was most recently the Division Transportation officer of 2nd Infantry Division and Joint Task Force North plans officer.

"When I found out I was coming to this assignment, everyone said I hit the jackpot; I am looking forward to this opportunity and I am honored by the responsibility given to me," said Patterson.



James Speelman, right, helps Daniele Crew, 509th Signal Battalion, to ensure his personal protective equipment is properly set up during Confined Spaces training July 18.

Sesame Street comes to Darby



Photo by Joyce Costello Camp Darby families enjoy a



Camp Darby

Visit the community calendar for upcoming events and details at <u>www.usag.livorno.army.mil</u>

Quarterly Awards Ceremony

Suspense for submitting awards to DHR is Aug. 20 for the Sept. 16 Camp Darby awards ceremony. This includes Incentive awards and military awards. Call 633-8232.

Vet visit

Schedule your pet's appointment now for the next vet visit Aug. 25. Call 635-4841.

Army Community Services

- Play group, Aug. 3
- Sponsorship Training, Aug. 9
- Anger Management, Aug. 10
- Smooth Move, Aug. 10

• Marriage & Parenting, Aug. 18 Call 633-7048.

ITR trips

Daily trips in August

- Cinque Terre, Mondays
- Venice, Tuesdays
- San Gimignano and Siena, Wednesdays
- Rome, Thursdays
- Elba, Fridays
- Call 633-7589.

Outdoor Recreation

- Aqua Fitness Class at the pool at noon, Mondays and Wednesdays in August.
- Adventure Park, Aug. 6
- Elba Island trip, Aug. 10

• Capraia Island trip, Aug. 13 Call 633-7775.

Darby Community Club

- Karaoke every Thursday
- Texas Hold 'em, Aug. 12 Call 633-7855.

Fitness Center

• Free Spin class with Nicole Tuesdays at 10:30 a.m. and Fridays at 11:30 a.m.

- Pilates Class at noon Tuesdays and Thursdays
- Free TRX strap class with

Story and photo by Chiara Mattirolo USAG Livorno Public Affairs

The 509th Signal Battalion Network Enterprise Center, Livorno, took part in the Confined Space Training July 18 at the Camp Darby Depot Area in order to ensure their workforce had the latest safety training needed to do their job.

According to James Speelman, 2nd Signal Brigade safety officer, the 509th Dial Central Office Outside Cable Plant technicians learned how to perform gas readings of the manholes before work is permitted, how to clear the air from the manholes and the how to properly wear the safety harness.

"Each trainee had to practice on manually retrieving an injured worker in a manhole, lift a 300-pound manhole, and operate a lift dolly currently equipped to hoist 5,000 pounds," said Gary Khan, Camp Darby's 509th Signal Battalion's Dial Central Office chief.

Khan explained that the training was necessary to ensure safety during manhole-repair projects which is just a portion of a larger task which includes the replacement of the entire outside cable plant for Camp Darby, Camp Darby Leghorn, Ammunition Area, and the Livorno Training Area, and the installation of several telephone cables to support 30 telephone lines at the Tombolo dock.

"The training was invaluable to health and safety of the 509th Outside Plant Cable men and now we feel confident that we can perform our work in the manholes in a safe manner," said Khan. special visit from their furry friends from Sesame Street at the Fitness center July 24. Sesame Street and USO partnered together to bring a special tour for military Families around the world.

"Sesame Street thought it was important to take the extra step forward to help military Families cope with deployments," said Lonnie Cooper, USO tour manager.

"In this tour, we introduce 'Katie' our military child that is moving to a new place and the kids can really relate to this new character. They know exactly what she is talking about in the show and they know what happens when you move around and how hard it is to keep old friends and make new ones."

Read the full story on *www.usag. livorno.army.mil.* Photos of the event can be found on *www.flickr.com/ photos/campdarby/sets* Ken at noon Wednesdays Call 633-7438.

Religious Activities 9:40 a.m. Catholic reconciliation 10 a.m. Catholic Mass 11:15 a.m. Protestant worship 11:15 a.m. Catholic CCD The Appropriated Fund Personal Services contracts for Catholic Priest, Catholic Religious Education Coordinator and Protestant Religious Education Coordinator are open at Camp Darby Chapel. Contract terms are for Oct. 1-Sept. 30, 2012. The application deadline is Sept. 23. Call 633-7267 or e-mail DLUSAGLivornoPostChapel@ eur.army.mil for more information.

Out&About

Raft race: Rafters don 18th century clothing to commemorate the historic return to normality after a flood in 1851. The race will be Sunday in Valstagna at 4:30 p.m. A parade will begin at 3 p.m. before the race.



Courtesy photo

Local events

25th Districts' Raft Race:

Sunday, in Valstagna. A reenactment that commemorates the historic return to normality after the 1851 disastrous flood. 3 p.m.: the representatives of the nine town districts along with flag-wavers, armigers, noblemen and Brenta River's rafters parade through the town following the eighteenth century gonfalon of the ancient Republic of Venice. At the same time, the group of the "Old Trades", dressed up in traditional costumes, demonstrate old crafts and trades in traditional workshops using original tools. The raft race starts at 4:30 p.m.

Saint Osvaldo Fair:

Thursday-Sunday, in Marostica, Pradipaldo, about 27 miles north of Vicenza. Food booths featuring paellas, lasagna and local specialties open at 7:30 p.m.

 Thursday: 8 p.m. disco music night with DJ's Sandro War, Cocco, Bih H and Rudi Lanotte

• Friday: 8 p.m. live music with the Utopia Band

• Saturday: 5 p.m. games and entertainment; 8 p.m. live music and ballroom dancing with the Santamonica Orchestra

• Sunday: food booths open at noon; entertainment and live music with I Canfini Group at 8 p.m.;

php. It offers a short description, opening hours, admission fees and a photograph of each of the top 80 most beautiful Italian gardens.

Lessini Mountains Walk – Km 6-11-25-42 non competitive walk:

Sunday, in Durlo di Crespadoro, about 32 miles northwest of Vicenza. Departure 7:30 a.m.-9 p.m. from Via Chiesa 31. Participation fee: $\notin 2$ (km 6-11); €2.50 (km 25), € 3 (km 42).

Watermelon Festival:

Sunday, 8 p.m., in Lonigo, Parco Ippodromo, about 15 miles southwest of Vicenza. Food booths, live music and ballroom dancing.

Antique Market:

Sunday, in Piazzola sul Brenta, 8 a.m.-6 p.m., Via Camerini, about 16 miles east of Vicenza. (700 vendors).

"A Walk with Palladio":

Ongoing through Oct. 2. Discover Palladio's works in downtown Vicenza and some of his most important villas in surrounding towns. Saturday downtown tour on foot, route A, 2:30-5:30 p.m, €11. Sunday bus tour, route B, 9 a.m.-3:45 p.m., €12; route C, 3:45-5:30 p.m. €6; or route B + route C 9 a.m.-5:30 p.m., €15. This tour also includes a visit to Bassano del Grappa and to the Alpini's Bridge. English tour guide provided. For information and bookings visit http://www.palladio2008.

Palladio) and a yellow route to visit the Palladian villas and Bassano del Grappa (Villa Caldogno, Villa Godi Malinverni, Marostica, Alpini Bridge in Bassano del Grappa, La Rotonda, Villa Cordellina Lombardi).

Horse-Drawn Carriage Tours:

Saturdays, July-September, 8-11:30 p.m., in downtown Vicenza. Enjoy this unique way of seeing the most beautiful sites in Vicenza. The 20-minute tours depart from and return to Piazza Biade. The cost is €15 for a maximum of four people at a time. Padovaland water park:

In Padova, Viale della Regione Veneto 6, about 24 miles southeast of Vicenza. Open until Aug. 27, Monday-Saturday 10 a.m.-6:30 p.m.; Sunday and holidays 9:30 a.m.-6:45 p.m. Wave pool, water slides for children and adults, playground built on piles, restaurant, and game rooms. General admission: €18 all day ride pass and €14 euro from 3 p.m. to closing; €12 all day ride pass for children (2-12) and €10 from 3 p.m. to closing. Web site (only in Italian) http://www. parcopadovaland.it/.

CanevaWorld Resort:

In Lazise sul Garda, Località Fossalta, 58, about 51 miles east of Vicenza. Movieland Studios, AquaParadise, Medieval Times, and Rock Star theme areas. For detailed information in English, opening hours and prices, visit http://www.canevaworld.it/parks_ studios_aqua.php

by Anna Terracino

Sesto San Giovanni (Milan) Ziggy Marley: Aug. 26 in Bologna

George Michael: Sept.10 in Florence; Sept. 11 in Naples, Sept. 13-14 in Verona

Brooke Fraser: Sept. 27 in Bologna; Sept. 28 in Milan

Bruno Mars: Oct. 10 in Assago (Milan)

Alice Cooper: Oct. 14 in Trezzo sull'Adda (Milan)

Machine Head: Nov. 13 in Milan

Lenny Kravitz: Nov. 20 in Villorba (Treviso); Nov. 21 in Assago (Milan)

Red Hot Chili Peppers: Dec. 10 in Torino, Dec. 11 in Assago (Milan)

Rihanna: Dec. 11 in Torino; Dec. 12 in Assago (Milan)

Tickets available in Vicenza at Media World, Palladio Shopping Center or at www.greenticket.it/ index.html?imposta_lingua=ing or http://www.ticketone.it/EN/.

ODR trips

Cinque Terre, Aug. 6

- Paragliding, Aug. 6
- Sea kayak Garda, Aug. 7 Tour the Dolomites by cable

car, Aug. 7

Lake Garda waterpark, Aug. 13

Whitewater rafting, Aug. 20 Innsbruck, Austria brewery visit, Aug. 20

Sottomarina beach, Aug. 25 Lake Bled, Slovenia, Aug. 27 Asiago Cheese and Honey, Aug. 27

Sea Kayak Garda, Aug. 28

Regatta in Venice, Sept. 4

pottery shopping, Sept. 10

Tuscany Wine Tour and

Trips can be booked on WebTrac

www.vicenzaMWR.com or at ODR.

WWI Hike, Aug. 27

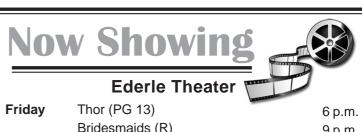
• Nabucco by G. Verdi, Aug. 5, 12, 21, 25; Sept. 1

• La Bohème by G. Puccini,

Romeo et Juliette by Charles

For more info and special offers, visit http:// booking.veronatuttintorno.it/ offertespeciali.cfm?NL=Eng

Flogging Molly: Aug. 17 in



Zumba Classes: Tuesday, 7-8 p.m. in Vicenza, Parco Fornaci.

Parco Querini; Bring your own mat.

Hip Hop minds Revolution:

Saturday, 7 p.m. in Vicenza, Campo Marzo.

Live blues folk music with Phil Reynolds:

Wednesday, 9 p.m. in Vicenza, Campo Marzo.

Concerts

89th Opera Festival at the Verona's Area: 89th Arena Festival in Verona:

• La Traviata by G. Verdi, Aug. 4, 11

- Aida, by G. Verdi, Aug. 7,14, 28, 31; Sept. 3
 - Weekend in Zagreb, Croatia, Sept. 3 Adriatric Sea fishing, Sept. 4

Aug. 6, 13, 19, 26, 30; Sept. 2

Gounod, Aug. 20, 24, 27

at https://webtrac.mwr.army.mil/ webtrac/Vicenzarectrac.html or by following the WebTrac link on

charity raffle drawing

Saint Anna Fair:

Friday-Monday in Villaga, about 14 miles south of Vicenza. 7 p.m. food booths, charity raffle and art craft exhibit.

• Friday: 6 km night walk on the Berici Hills; departure 8 p.m. from Via Crocenera; registration fee: €2, which includes refreshments; 9 p.m. live music with the Italiane Espressioni Band

• Saturday: 7 p.m. food booths; 9 p.m. live music and dancing with Simona Rossetti Orchestra

• Sunday: 7 p.m. food booths; 9 p.m. live music and dancing with I Pionieri Orchestra

Gardens of Italy online:

Find out about the many gardens of Italy open to the public by visiting the English Web site http:// www.grandigiardini.it/EN/index.

info/html/news/evento. *php?idEvento=91&idCat=0*. To receive the English pamphlet via email, send an email to anna. terracino@eur.army.mil.

Palladio Sound Touring:

Visit the main works of Andrea Palladio by renting an MP3 at the Vicenza Tourist Information Office, Piazza Matteotti 12, next to the Olympic Theater. The cost is €3 per day. You'll have to leave your state driver's license there and return the MP3 by 6 p.m. Two routes are available: a blue route to visit Vicenza's historical center (Olympic Theater, Chiericati Palace, Casa Cogollo, Santa Corona Church, Garzadori Altar, Leoni Montanari Palace, Thiene Palace, Piazza dei Signori, Corso

FREE concerts, exhibits & events

"Once upon a time" contemporary art exhibit:

Ongoing through Sept. 30, in Vicenza, Galleria Porti, Corso Palladio 3, Tuesday-Saturday, 10 a.m.-1 p.m. and 4-7:30 p.m.

Yoga Class:

July 28, 7-8 p.m. in Vicenza, Parco Querini; Bring your own mat.

Aerobics, toning and stretching exercises:

Friday, 7-8 p.m. in Vicenza,

		0 p.m.
Saturday	Thor (PG 13)	3 p.m.
	Captain America: First Avenger (PG 13)	6 p.m.
Sunday	Captain America: First Avenger (PG 13)	3 p.m.
	Bridesmaids (R)	6 p.m.
Aug. 5	The Conspirator (PG 13)	6 p.m.
	Hangover 2 (R)	9 p.m.

The Caserma Ederle Post Movie Theater will be closed Monday-Thursday for renovations until further notice.

Camp Darby Theater

Friday	Bridesmaids (R)	6 p.m.	
Saturday	Thor (PG 13)	6 p.m.	
Sunday	Horrible Bosses (R)	1 p.m.	
Aug. 5	Pirates of the Carribean 4 (PG 13)	6 p.m.	
Admission: Age 12 and older, \$4, younger than 12, \$2.			
The Ederle theater box office opens one hour prior to show.			

View MOVIE TRAILERS and more online at

www.shopmyexchange.com/ems/euro/vicenza.htm or www.aafes.com/ems/euro/livorno.htm.

Community briefs

Special events

Looking for a quieter place to unwind with coworkers before heading home? The Old Soldiers' Bar is now open on Wednesdays and Fridays from 5-7 p.m. inside the Golden Lion Conference Center. Enjoy a bottle of beer or a few standard mixed drinks, free popcorn and the sounds of oldies music.

Chapel Chicken Specktacular

Free barbecue grilled chicken as well as other food and fun Aug. 5, 6-8 p.m. Activities include paint the chicken coop, make chicken crafts and do the Chicken Dance.

Dental Assistant program

The American Red Cross is now accepting applications for the Dental Assistant Apprenticeship program. Applications are available in Davis Hall and the deadline is Aug. 12. For questions call 634-7089.

ACS

Military & Family Life Consultants are licensed clinicians who work with existing Military Family Support Programs to complement those services. They provide non-medical counseling services. MFLCs can help with issues such as anger management, deployment stress, and relocation adjustment, building resiliency, sadness, grief and loss. Consultations are free and anonymous; no records are kept. If you are interested in meeting with a consultant call their cellular phone at 333-489-8967, call DSFRC at 634-7500 or stop in at the DSFRC. The 173rd Embedded MFLC cell number is 345-077-0476.

CYS Services

• High Performance Volleyball with EDGE! begins Monday and is open to youth in grades 6-12. It's free but space is limited so enroll now on line or at Parent Central Services.

• Volunteer soccer coaches needed. USAG Vicenza CYSS Youth Sports & Fitness Programs provide a way for volunteers to make an impact on youth by coaching soccer ages 3-15 years of age. Potential coaches must fill out the required background check forms and all coaches must complete required training that is provided and funded by CYSS, including NYSCA Coaches Training and Certification. For more info. on training dates and how to sign up, contact Youth Services Sports and Fitness at 634-6151 or email *www*. cyssports@vicenzamwr.com • Children who have completed kindergarten this past school year can enroll in "KinderKamp." The program runs Mondays-Fridays 5:45 a.m.-6:15 p.m. Full-day and hourly care are available. Children will enjoy a variety of activities including swimming, on post excursions, water fun days and occasional off post trips. Cost is based on the IMCOM-Europe fee policy and income category.

Enroll at Parent Central Services, 634-5700.

• Visit *www.vicenzamwr.com* for a complete listing or call Parent Central Services at 634-7219.

Summer PWOC studies:

• Mondays, 9-11 a.m. "She's Gonna Blow" book club at Big Park in Villaggio. Children welcome to play, runs Monday until Aug. 15.

• Tuesdays, until Aug. 16, 9:30-11 a.m., six-week summer Bible studies & book clubs with child care available. Bible studies include, "Satisfied...at Last!" by Kay Harms and "Understanding Spiritual Gifts" by Kay Arthur, meets in the chapel kitchen area.

• Wednesdays 10 a.m-noon, "Conversation Peace" book club at Jeannine Anderson's home in Secula runs until Aug. 10.

Email *Vicenza@pwoc.org* for more details.

MOMS Club eventsBowling, Friday

Arena

• Summer Movie Nights are Thursdays through Sundays, 6-8 p.m. Enjoy a movie, two hours of bowling, shoe-rental, a large pizza and a pitcher of soda for as many as five people for \$29.95.

• The Strike Zone offers summer specials made fresh daily. Caesar salad \$4.95, chicken Caesar salad \$5.45, chicken Caesar wrap \$4.95 and barbecue chicken wrap \$5.45. Quantities limited.

• Children younger than 18 and still enrolled in school can bowl all summer for \$1 per game including shoes 11 a.m.-6 p.m. Mondays-Fridays.

VHS newcomer info.

• New Student Orientation in the gym - lunch included, will be Aug. 25 from noon-3 p.m. The first day of school will be Aug. 29 with all eight periods.

• Fall Sports begin Aug. 22 for all sports. Football camp, Aug. 14-19

at Ansbach High School. Volleyball camp will be Aug. 14-19 at Vilseck High School. For sports physicals, contact the U.S. Army Health Clinic-Vicenza.

Arts & Crafts Center

• Ease into sewing basics while you make a beach bag. You will learn basic sewing machine operation, machine trouble shooting and practice using a pattern sewing straight and curved stitches Wednesday, 10 a.m.-2 p.m. Call 634-7074.

• Messy Art is back Aug 13. Children and parents alike will love this creative experience. Book your space and bring messy clothes and a camera. Call 634-7074.

• Looking for something to do inside to get away from the heat? Stop by to use one of the many studios – all open for use for only \$2.50 per hour. The multi-craft room closets are full of projects – for adults as well as many activities for children. There is also an assortment of bisque ware ready to be glazed. Stop by to see the selection in our front lobby area, items from bowls and mugs to boxes and planter pots.

• If you or someone you know placed a Dietz print framing order with the Arts and Crafts Center prior to Feb. 28, be sure to pick up ASAP. They will become property of the Arts and Crafts Center if they have not been picked up by Monday.

• Upcoming in September classes include cake decorating, quilting and soap making.

Girl Scouts

• The Vicenza Girl Scouts need leaders/co-leaders for all age groups (kindergarten-high school). If you are interested, call Nancy at 349-5209980 for more information. Registration will take place in September after new leaders have been trained.

The Vicenza Girl Scouts is

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looking for a chairman. Training is necessary and will be provided this year. For more information, call Nancy at 349-5209980.

UMUC fall classes

Registration for UMUC's Fall Session 1 classes runs from now until Aug. 21. The session runs from Aug. 22-Oct. 15. The following face-to-face classes are being offered this session: ITAL111, ITAL334, SPCH100, HUMN198B & 398B, BIOL101 & 102, BMGT110, LIBS150, MATH103 and SOCY100. For more info call 634-7055 or email *vice@europe.umuc.edu*.

Library

• The next Book Club meeting is Aug. 4, 7 p.m. The group will discuss the Autobiography of Mark Twain. Limited copies are available at the Library counter. Bring a snack to share and a friend to join in the discussion. Call 634-8419.

Alcoholics Anonymous

AA meetings have moved to building 395, room 5 behind the Mensa dining facility. Meetings are open and times are 5:30-6:30 p.m. Wednesdays and Fridays.

It is an open meeting and anyone can come to learn about AA's 12 step recovery. There are no requirements except confidentiality. Contact 634-7554 for more information.

VFW

A memorial ceremony for the fallen in Afghanistan will be in Paspardo Aug. 14. For more information call 634-7913 or email *vfwpost8862@yahoo.com*.

• Monthly meetings for the VFW are held the second Thursday every month at 5:30 p.m. at La Rondine, a retiree club, located at Via Paolo Calvi, 56, Vicenza. For membership inquiries, contact post commander Corey Kerzmann at 634-8266 or *corey.kerzmann@ yahoo.com.*



Religious activities

Chaplain Crisis Line To speak with a chaplain after hours, call **634-KARE** (634-5273)

Sunday services

8 a.m.: Sacrament of Reconciliation, or by appointment
9 a.m.: Mass
11 a.m.: Protestant worship
1:30 p.m.: Full Gospel
Pentecostal worship
5 p.m.: Contemporary
Christian service

Tuesdays

9:30 a.m.: Protestant Women of the Chapel, until Aug. 16. No child care available.

Wednesdays

3 p.m.: Praise dance practice
3:15 p.m.: Middle School
Club Beyond meets in
Villaggio Youth Center
5 p.m.: Contemporary Praise
band practice
5:30 p.m.: PWOC Bible

study. Dinner provided. No child care

5:30 p.m.: High School Club Beyond meets at the Teen Center for dinner; meeting starts at 6:30 p.m. Call 340-139-4073 for information

5:30 p.m.: Catholic choir practice 6:45 p.m.: Gospel choir

practice

Thursdays

9:30 a.m.: Catholic Women of the Chapel
5:30 p.m.: Gospel service choir rehearsal
7:15 p.m.: Gospel service Bible study

Faith group contacts Islamic: Call 634-7519

(0444-71-7519) for info Jewish: Call Paul Levine at 345-907-2108 Latter Day Saints: Call

Latter Day Saints: Call Chance Wilson at 327-869-8107. Sunday services, 1:30-4:30 p.m. at Viale Trento 246, Vicenza. Bahá'í Faith: Call Russell Menard at 389-133-4627 or 349-708-2535.

Photo by Laura Kreider

Messy art: Alexia Robbins, 5-years-old, works on one of her creations during Messy Art held at the Arts & Crafts Center Saturday.

DON'T BE LATE: E-mail briefs to editor@eur.army.mil noon on Monday, or by 4 p.m. Friday if Monday is a holiday.

Call the Caserma Ederle chapel at 634-7519 (0444-71-7519) for more information on religious activities.

Know of an event we're missing? Email the *Outlook* at *editor@eur.army.mil* We gladly accept story ideas, photo and story submissions. All submissions are subject to editing.

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News & Sports

Caserma Ederle participants capture gold in international tourney

by Tom Hlavacek

Special to the Outlook

Seven members of the Vicenza military community teamed with the Vicenza Sud America Team winning the 10-team international tournament hosted in Padua, June 1-July 17. In the month and a half tournament, the team lost only one of 16 games and beat Treviso Ecuador 4-0 in the finals.

In the championship game, Ivan Egusquiza, Headquarters and Headquarters Company, 173rd Airborne Brigade Combat Team netted two goals and Luis Estepa, 106th Finance Company, scored the third goal to highlight the Soldier attack. Egusquiza scored first from 18 meters out and his second from 6 meters. Estepa netted the third goal from the top of the penalty area.

"All players are playing in the post unit soccer league and this tournament helped them improve their skills," said Egusquiza. "The off-post play helps our on post play."

Veteran post team player Wilmer Aguilar, 509th Signal Battalion emailed that, "We maintained our military bearing thru the whole tournament and



Courtesy photo

Members of the first place Vicenza Sud America Team from the Caserma Ederle community include, from the left, Luis Estepa, Ivan Eguisquiza, Maynor Rodriguez, Wilmer Aguilar and Cesar Villagomez. Other members of the team not pictured include Reyes Fernandez and Cirilo Galvan.

continue displaying that we are the (sports) ambassadors of the United States Army."

The players are already discussing competing in the U.S. Forces Soccer Championships to be contested in Wiesbaden, Germany, Oct. 20-23. Team members include Wilmer Aguilar, 509th Signal Bn, Cesar Villagomez, 14th Transportation Battalion, Cirilo Galvan, 173rd ABCT, Reyes Fernandez, 2nd Bn., 503rd Infantry Regiment and Maynor Rodriguez, civilian.



Rope challenge:

Dylan Stone pulls himself up a rope during a rope-climb challenge for wrestlers July 21. Participants had 18 minutes to go up and down 10 times and earn a T-shirt.



Breast cancer 5k

A group is forming to participate in the Susan G. Koman Race for the Cure 5 kilometer run in Bologna in September. Weekly training and fun runs will be held. For more information contact Julie Lucas at 634-7581 or email *julie*. *lucas*@eur.army.mil

Flag football registration

Registration for Flag Football begins Monday through Aug 17. The coaches meeting will be Aug. 17 at 2 p.m. at the Fitness Center Conference room. League play runs Aug. 24- Oct. 17. The Officials Clinic for Flag Football is July 26-30. Learn the rules, meet other officials and earn some extra cash. Call 634-7009 for information.

Unit & rec play

New players are always welcome. Call 634-7009 or individual POCs.

Rugby: on break until Aug. 1 **Basketball:** 11:45 a.m.-1:30 p.m. Mondays, Wednesdays and Fridays for eight or more, Fitness Center.

Men's Soccer: 7-9 p.m. Tuesdays and Thursdays for 24 or more players at the turf field behind the Ederle Inn. Email *shaun.nurse@amedd.army.mil* or call 636-9648/9120/9632.

Women's Soccer: 5:30-7 p.m. Tuesdays & Thursdays for 12 or more players at the turf field behind the Ederle Inn. Email *sr_brasher@yahoo.com* or call 634-8925.

Volleyball: 6:30 p.m. Tuesdays for eight or more, Fitness Center.

Frisbee golf: 6 p.m. Wednesdays, North 40 field.

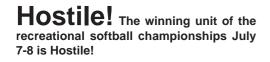
Women's softball

Participants and coaches for softball must be at least 18 years old and out of high school. For those interested, call 634-7009 or 634-5033.

Photo by Laura Kreider

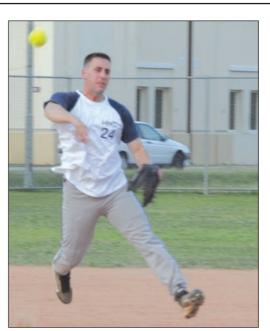


Courtesy photo



Airborne! William Delong, Headquarters and Headquarters Company, U.S. Army Garrison, hurls the softball with all his might during the championship game July 14. The team was incorrectly identified in last week's *Outlook*. The HHC, USAG Vicenza team will participate in the championships in Germany.

Photo by Julie M. Lucas



Check out the new Ninpo Taijutsu class at the Fitness Center. Learn the ancient art of Ninja with classes Tuesdays and Thursdays at 5:30 p.m. at the Fitness Center.

Volunteers needed

The Mako Sharks Swim Team is looking for adult volunteers to assist with summer conditioning and/or the fall competitive season. Swimmers are elementary-high school ages and compete in the European Forces Swim League. For more info, contact John Casey at 0444-91-2612 or email *john.j.casey@us.army.mil.* Visit *http://makosharks.homestead. com/index.html.*

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