



50/35 Friday 50/35 Saturday 50/35 Sunday

The PX main store will be CLOSED all day Jan. 20 & the shoppette will close at 2 p.m. Jan. 19 for inventory.

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Little League World Series umpire visiting to train future officials

Looking for a job? Check out the listings.

Officials urge treatment for 'invisible' wounds



Army photo

U.S. Soldiers with 1st Battalion, 4th Infantry Regiment, discuss their sectors of fire during an area reconnaissance mission in Zabul province, Afghanistan, in October. Army leaders say the "invisible" wounds of war, such as PTSD, can affect troops and families post deployment.

By Fred W. Baker III
American Forces Press Service

Military leaders and troops alike need more time at home between deployments to help diagnose and receive treatment for the "invisible" wounds of war such as post-traumatic stress, a senior Army officer said. "It affects everything. It affects the

divorce rate. It affects substance abuse. It affects everything. And we've kind of taken our focus and shifted it to ensure that we're getting at that," Army Gen. Peter W. Chiarelli, the vice chief of staff of the Army, said on ABC's "This Week" with Christiane Amanpour Dec. 26.

"You want to get at these issues. We need more time at home before deployment,"

Chiarelli said.

Complicating matters, the symptoms of post-traumatic stress take sometimes months or years to show. More research is needed to understand the brain and the effects of stress, Chiarelli said.

"I think we're doing everything we possibly can to learn as much as we can

See PTSD, Page 3

Visit PX for chance to win AAFES' country music awards Vegas trip

AAFES news release

The Army & Air Force Exchange Service and Dr. Pepper are starting 2011 on a high note with an exclusive trip to "Country Music's Party of the Year", the 46th Annual Academy of Country Music Awards.

Military shoppers worldwide can visit their nearest Army or Air Force Exchange between Friday and Jan. 27 to enter the contest and have a chance to win the grand prize.

Valued at \$6,000, the winning Exchange shopper will receive roundtrip airfare for two to Las Vegas, deluxe hotel for three nights

along with tickets to the ACMA Awards Show, a welcome reception and post show all-star jam. The all-star jam features performances by some of the winners. The 2010 show featured more than 30 performers, including Carrie Underwood, Lady Antebellum, Luke Bryan, Laura Bell Bundy, Gretchen Wilson and more.

"We're rewarding the people who make our country great with a trip to see some great country music," said the Exchange's Chief of Staff Col. Virgil Williams.

No purchase is necessary to enter the contest and entrants need not be present to win. The sweepstakes drawing will take place on or about Feb. 22.

New Year's baby's birth connects family to Italian heritage

Story and photo by Annette Fournier
Outlook editor



Audrey Campi holds newborn Evelina with her husband, Dr. (Maj.) Jon Campi, chief of obstetrics and gynecology, at the Benincaso Women's Center, Caserma Ederle. Evelina was the first baby born at the center in 2011, on a date and in a place significant to her family's history as well.

Dr. (Maj.) Jon Campi is building an impressive list of firsts at Caserma Ederle.

The doctor, chief of obstetrics and gynecology, delivered the first baby born at the Benincaso Women's Center, delivered the first baby by C-section at the center, and now he and his wife Audrey's first child was the first baby born at Caserma Ederle in 2011.

Evelina Lee Campi was born by C-section at 8:05 a.m. Jan. 4. Dr. (Maj.) Wendy Conway made the trip from Landstuhl Regional Medical Center in Germany to perform the C-section.

The baby girl's birth in Veneto connects Dr. Campi's history back a century to his family's history.

Evelina's paternal great-grandfather was

See CAMPI, Page 3

Opinion & Editorial

A vision for the future—Installation Management Community

Like many others this time of year, I have been reflecting on the past twelve months and looking forward to the new year.

In my professional capacity, I am focusing on the future of the Installation Management Community. Specifically, what should the Installation Management Community look like a year from now?

I have been asking this question of Installation Management personnel during meetings, town halls, and garrison visits. After all, the dedicated professionals at the garrisons and headquarters are doing the work on a daily basis; they know what it takes to deliver the facilities, programs and services that support our Soldiers and Families.

I have also been seeking feedback from Soldiers, Families and leaders through a number of avenues, including installation visits, the Family Forums at the Association of the United States Army annual conference, the Army Community Service focus groups I recently held, and the Army Family Survey.

This feedback is critical because everything we do is focused on providing Soldiers and Families the programs, services and facilities that support their well-being, resilience and readiness. We need to know where we are on target and where we are missing the mark.

Urge everyone - Installation Management personnel, Soldiers, Family members, leaders - to continue to send me solid ideas that help answer the three fundamental questions: Are we doing the right things? Are we doing things right? What are we missing?

The point of asking for input from so many different people is to build a shared vision of where we are going in the next year. I am meeting with senior Installation Management Community leaders this month to develop that vision based on all of this input. The shared vision

will enable us to begin with the end in mind. Once we have a shared vision of what right looks like, we can figure out how to get there from here. We can eliminate random activities and focus all our efforts on the initiatives that will have the greatest impact on Soldiers, Civilians and Family members.

We started 2010 by producing version one of the Installation Management Community's Campaign Plan. The Campaign Plan laid out a vision, strategy and way ahead for providing the programs, services and facilities that support Soldiers and Families. With the Campaign Plan and the three fundamental questions as our guides, we have continually challenged ourselves to improve our performance.

Some of our efforts are visible to those we serve. For example, based on feedback from Soldiers and Families, we have enhanced delivery of several vital programs, including the Exceptional Family Member Program, Survivor Outreach Services, the Total Army Sponsorship Program, the Army Substance Abuse Program and the Army Continuing Education System.

Many of our efforts will not be immediately apparent to those outside of our workforce. For example, we are reducing the number of administrative regions from six to four and integrating the Family and Morale, Welfare and Recreation Command into IMCOM Headquarters. Soldiers and Families will see no difference in the quality of support or number of services they receive, but behind the scenes, we will be working smarter. We will streamline delivery of services to our customers and generate savings that can be applied to Soldier and Family programs.



Now, as we build a shared vision of what the Installation Management Community should look like in November 2011 and lay out the plan to achieve that vision, we will continue to challenge ourselves to go beyond what we already know and are comfortable with. We will continue to look at the shape and size of our organization and workforce. We will continue to reach out and build relationships with others committed to supporting Soldiers and Families, including universities, businesses, non-government organizations, and other government agencies. We will continue to identify, develop and align the resources, policies and processes needed to support Family programs, safety, sustainability, energy security and other priorities.

The process of developing a shared vision can be difficult for some, since it carries the possibility of change, but it can also be energizing, and it is important for us to do if we take our jobs seriously.

For one, we owe it to our fellow citizens to be good stewards of all the resources entrusted to us. We always have to be mindful of how we impact the environment, how we treat our people and how we spend taxpayer dollars. If we do our job well, if we are good stewards of the resources entrusted to us today, then we will have the resources we need in the future.

An even more important reason is the Soldiers and Families we support. We are committed to providing a strong, supportive environment in which they can thrive. We do not chase change for change's sake, but if the only reason we do something is because we have always done it that way, then we can do better. We owe it to our Soldiers and Families to ask what right looks like and to make sure we are on track to get there.

Support and Defend.

Lt. Gen. Rick Lynch, Defender 6

The Outlook is looking for love

By Annette Fournier
Outlook editor

Christmas has come and gone and it's not quite time for the stores to drag out the potting soil, the Easter baskets, or even the Halloween candy. C'mon, you know it gets displayed earlier every year - why not in January? Now that I think of it,

there are only 352 shopping days left until Christmas...

But what is supposed to fill the empty seasonal shelves until then?

Not to fear - if you've been in the PX lately, you know they're honoring one of our greatest shopping traditions. It's the time that makes women swoon, men groan and single people surly.

The shelves are dripping with heart-shaped candy, heart-shaped boxes filled with candy, baskets filled with candy



and stuffed animals holding hearts, and possibly candy. Nothing says love like a stuffed bear in a T-shirt.

In front of these aisles stand harassed-looking men, heads swiveling between the candy and the jewelry counter. As a completely non-biased representative of females, I say to them - go for the jewelry.

But *The Outlook* is hoping to get beyond the commercial aspects of Valentine's Day and so we want to hear your love stories. Funny, inspiring, sweet or off-the-wall - if you've got a great love story about how a couple

met or other memorable love stories, we want to hear them!

We'll plan to print some of the best stories in the Feb. 10 edition of *The Outlook*. I say we'll "plan to" because we can't do it without your help!

E-mail your stories to us at editor@eur.army.mil. Write "Valentine's Day" in the subject line and include your full name and a phone number.

After all, Valentine's Day celebrates love! It's not about roses, chocolates or jewelry! But if you happen to see my husband, remind him I prefer white gold to yellow. Silver is nice, too.

Speak Out

How did Dr. Martin Luther King Jr. contribute to society?



Tye Daniels
Sports, Fitness & Aquatics

"He contributed and influenced the society for equal opportunity and equal rights."



Francesca Venosino
AAFES

"I think he strongly influenced our society. We need more individuals like him."



Ricky Jackson
Sports, Fitness & Aquatics

"He influenced society by uniting cultures as one, and working on fairness and discrimination. Some progress has been made although some work still need to be done."



Nashla Tirado
Family member

"His contributions were important for equality."



Sgt. Adrian Armstrong
1st Bn., 503rd Inf. Regt.

"I would say he contributed to progress and giving minorities a voice."

By Laura Kreider

Postal Center's shipping policies change

Vicenza Postal Service Center

Community members who plan to ship items through the Postal Service Center will find some new postal requirements as a result of changes to security policies.

Customers will now be required to fill out customs forms as well as sign a form stating that their packages are free from any items that are restricted or prohibited. People shipping are responsible for ensuring the legality of the items that they are shipping and will be acknowledging that violations of these prohibitions are punishable by federal law, according to Postal Service Center personnel. Attempting to ship prohibited items or falsifying customs forms may result in fines and other penalties.

The Milan Customs office, which handles Vicenza's APO mail, is scanning all mail and returning mail with prohibited or illegal items.

Hazardous materials cannot be shipped. If a material or substance can cause harm to someone

or something, it can be considered a hazardous material. This includes many common household and consumer products.

A few examples of prohibited or illegal items are: alcoholic beverages (beer, wine, liquor), firearms, flammable items (perfumes and colognes, cleaning supplies and fireworks) and other hazardous items, including batteries (including those inside objects) and aerosols, such as air fresheners.

As a precaution, community members should ensure that all items are declared on the PS 2976A U.S. Postal Service Customs form required for all parcels mailed from an APO.

Other changes include new shipping prices for packages. For a list of new prices, see page 7.

Postal authorities also stated that winter weather affecting airports and the new security guidelines have caused some delays in mail delivery to Caserma Ederle.

For more information, contact the Postal Service Center at 634-7032.

PTSD: New programs focus on immediate treatment

continued from Page 1

about the brain. And that's really the issue. It's trying to understand the brain as well as we do the other organs in the body," he said. "We just don't know that much about the brain. We automatically assume so many times that a person that's in a blast has a concussion. Many times, they don't have a concussion. Instead, they have post-traumatic stress."

The Army has implemented new programs both in theater and at home to identify and treat those who show signs of suffering from post-traumatic stress, but there is still much to learn about the brain and treatment.

In Afghanistan, Soldiers are now sent to resiliency centers after suffering a bomb blast. If a Soldier is in a vehicle that is damaged, within 15 meters of a blast, in a building with a blast or if they lose consciousness, they are given an initial medical evaluation and pulled from the fight for 24 hours.

"Sometimes the symptoms of concussion don't display themselves for 24 hours. We give them a second evaluation, and if they pass that, they in fact go back to duty. If they fail either one of those in that 24-hour period, they go to a resilience center where we rest them until the brain has had an opportunity to heal from that concussion," Chiarelli said.

Before, Soldiers would have likely continued on duty. "We had Soldiers who knew that they'd had a concussion, knew that they had had their, quote, 'bell rung,' and they did nothing about it," the general said.

Chiarelli said that treating the stress on the battlefield is more effective than waiting until the Soldier returns from deployment for medical help.

"We know in treating PTS the closer you treat PTS to the event that occurs, the more likely you are to help that individual," he said. "So much so that, if the event occurs in the morning, it's very important that you bring the individual's anxiety level down before they go to sleep that night, because in [rapid eye movement] sleep, something happens in the brain that causes an individual to remember that and make the PTS harder to treat."

Once the Soldier returns from combat, military leaders at Army installations work to identify those troops who engage in high-risk behaviors.

"What we see is a Soldier who's down range for 12 months in a very high adrenaline environment, where every single day, he or she finds themselves facing an enemy. And they come home, and many times, want to replicate that," he said.

"We're looking at programs that, first of all, ensure that we are identifying early on those who are going to have a rough time reintegrating. And then taking Soldiers and putting them in high-stress kind of events that are safe for them, such as water rafting and out doing those kind of sports to burn off that adrenaline, rather than getting on a motorcycle and traveling down the road at 100 miles an hour without a helmet on," he said.

Chiarelli said he briefs the leadership of every brigade combat team before deployment on the effects of traumatic brain injury and post-traumatic stress and needed treatment.

FAST FACT

Did you know the Vicenza health clinic now has a mild traumatic brain injury clinic?

CAMPI: OBGYN doc, wife have Caserma's first 2011 baby

continued from Page 1

born 100 years ago in 1911 in Montecchia di Crosara, about 20 miles west of Vicenza. She also happens to share her birthday with her maternal grandmother.

"It's amazing that she was born here, back so close to where my grandfather came from," Dr. Campi said. "It's like coming full circle. She was conceived in Germany and delivered in Italy. She is a real OCONUS baby."

Being a patient and family member at the center has been a different experience for the Campis.

"I must have delivered four thousand babies in my career," the new father said. "Legally or ethically, I couldn't deliver our baby, so I was the one up next to my wife, talking to her and telling her I loved her, while someone else was doing the surgery. It was surreal."

"He was trying hard not to be my doctor, just to be my husband," Audrie said. "But it was nice because I could just pepper him with questions. I had my own pregnancy expert around whenever I had a question."

Audrie wanted to be surprised as to the gender of their baby, so her husband, who could tell the gender from the ultrasound, kept the secret that they were having a girl for months.

Finally, he told his wife as a Christmas present.

"He was really good. He didn't let on, even when we talked about boy's names," she said.

Dr. Campi said the experience of being the family member of a patient rather than the doctor was eye opening for him.

"I've never spent so much time in a patient's room before and I've developed an enormous respect for what the nurses do. Usually, as a doctor, I just come



Photo by Annette Fournier

Evelina Campi was born in Italy 100 years after her great-grandfather, born in a town about 20 miles from Caserma Ederle.

in and check on patients, but the nurses are here 24 hours doing it. When they come in at 3 a.m. and say, 'We'll take the baby and let you get some sleep,' they're just a God send.

"I couldn't have asked for a better place for Audrie to have the baby," he said. "This facility, the staff, are top of the line."

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At your service



Equal Opportunity

Sgt. 1st Class Richard Colon is the new Garrison Equal Opportunity advisor. He is the advisor to the USAG Vicenza commander and six tenant unit senior leaders on all equal opportunity issues concerning Soldiers, civilians, and family members in two military communities.

In this position, Colon's mission is to recognize and assess indicators of discrimination and harassment, and collect, organize and interpret demographic data concerning all aspects of unit climate assessment.

Colon can be contacted in Bldg. 305, 9 a.m. - 5 p.m. or at 634-7914 or 334-608-4422, or e-mail richard.colonvaldes@us.army.mil.

To suggest a new staff member or volunteer to be featured in "At Your Service", e-mail their name, contact information and why we should feature him or her to editor@eur.army.mil.



Courtesy photo



A change in diet, exercises and lifestyle have brought big changes for Carol Korth, a budget analyst with the Office of the Superintendent DoDDS Mediterranean District. She has lost 70 pounds since moving to Italy in October of 2009. She has taken off 55 pounds since May, a change that she credits largely to the programs and support of staff from the Fitness Center and the Army Wellness Center.

Photo by Annette Fournier

USAG Vicenza, MEDCOM programs help employee shed 70 pounds

By Annette Fournier
Outlook editor

It took a journey of 6,000 miles, 15 years and the aid of a few dedicated helpers to do it, but one Caserma Ederle employee has rediscovered the energy, self esteem and waistline she lost during a progressive weight gain.

Carol Korth, a budget analyst with the Office of the Superintendent DoDDS Mediterranean District, has lost 70 pounds since moving to Italy - 55 pounds since May - a change that she credits largely to the programs available through the Fitness Center and the Army Wellness Center.

"I floundered for fifteen years, trying to change bad habits, but nothing worked," Korth said. "I always used to stay slim but (as I got older) what I used to do just didn't work anymore. I'd go to the gym and got very little results. I've tried all the different diets all my life and then I just tried to get healthy and it wasn't working. Finally, someone proved to me that something was going to work."

That someone was Chiara Oswald, a personal trainer with the Fitness Center, who helped Korth identify ways to get the pounds off and build a stronger, healthier body. Korth, who struggles with diabetes, also started going to Shanda Holley, massage therapist, partially because of trouble with circulation in her legs. As the weeks passed, Korth watched the pounds begin melting away and felt increased mobility, flexibility and strength in her body.

"It's amazing. My hips used to be almost frozen. Now I run up and down the steps at my house. I have legs now that I wouldn't mind wearing a short skirt! I don't have trouble with my knees anymore and my back doesn't hurt. My goal is to be able to sit down cross legged on the floor and play with my grandkids."

Korth now works out four to five days a week and goes for a walk or does some activity, even on her off days. She also changed her eating habits, "And I like what I eat," she adds. "This has helped to be more aware of the cause and effect of my body."

Korth decreased her sodium intake, and concentrated on eating proteins, and adding more fruits and vegetables to her diet. Those starting a diet, especially if they have other health concerns, should speak with a specialist, said Maj. Adrienne Jefferson, RD, LD, dietician with Preventative Medicine/Community Health at the U.S. Army Health Center Vicenza. The Army Wellness Center can offer only basic nutrition education, said Lacy Wolff, director of the Army Wellness Center.

"It's wonderful to see the change in Carol," Wolff said. "She has learned how to balance input and output and she will live a longer, happier, healthier life because she has truly learned what it means to be healthy. There is no magic pill. It takes hard work and education to change one's lifestyle."

The Army Wellness Center falls under the U.S. Army Public Health Command as part of their integrated healthcare system, Wolff said. The center helps link garrison programs with MEDCOM resources to inform community members of what programs are offered and assist them with accessing those programs, so they can meet their wellness goals.

"The arrangement is unique to Europe and CONUS installations are trying to replicate what we have done here in Vicenza," Wolff said.

The use of integrated services is also central to the tenants of the Army's Comprehensive Soldier Fitness program, implemented locally by Vicenza's Comprehensive Soldier and Community Fitness working group. The program's

intent is to help community members balance their social, physical, emotional, spiritual and family needs to maintain holistic health and overall wellness, according to the Comprehensive Soldier Fitness web site.

The mix of services and programs seems to work for Korth, who said she will continue pursuing her health goals.

"I think the combination of the Wellness Center and the Fitness Center staff are what made the difference for me," Korth said. "I can sit down and talk with them about what their specialty is and they can give guidance about where I want to go. Lacy has been the person I talk to the most. The caring, that's what makes the difference. They have empathy. They never told me 'you can't' and I didn't feel embarrassed going there because I knew they were there to help."

Korth is now trying to help others with

her new ideas and energy. She is writing a cookbook for herself with low-fat and low-sugar recipes that she has started sharing with friends and associates.

"I don't like to have attention drawn to me, but if I can help someone else then it's worth it. My son keeps reminding me that I'm not on a diet. I'm making life style changes. The pride and support my family shows has kept me on the path of success, and I try to pass it on to others making the same efforts.

"I want to tell people who are trying to lose weight, don't give up. I always wanted to live in Europe before I retired and it took me six years to get a job, but I got here. It took me fifteen years to lose the weight, to feel like I'm becoming me again, but I did it. Find a support network, like Lacy, Chiara and Shanda, at the Wellness Center and the Fitness Center. I did it. You can do it, too."

Army Wellness Center

The Wellness Center offers a variety of programs.

- ♦ **Metabolic testing:** a simple, 10-minute test that measures a person's resting metabolic rate, or how much energy is burned while at rest.
- ♦ **Fitness assessments:** health educators help individuals identify goals and walk through a comprehensive fitness assessment in order to track changes and develop a personal exercise program to improve fitness levels.
- ♦ **Biofeedback:** measures the body's level of coherence during guided-relaxation techniques.
- ♦ **Principles of Strength Training:** this group education class is offered monthly to teach weight-room basics and to teach participants how to design a strength-training plan.

To speak with the Army Wellness Center staff, call 634-8186 or 634-8421

Fitness Center:

The Fitness Center offers personal trainers, massage therapists, exercise equipment, racquetball courts, a basketball court, an indoor pool, many classes and a Parent & Tot Room where adults can work out on cardio equipment while watching their kids. There are also intramural sports and activities starting frequently. See Page 8 for upcoming activities or to speak with the Fitness Center staff, call 634-7616.

Dietician & Preventative Medicine/Community Health

Call 636-9000 to make an appointment with a dietician at the U.S. Army Health Clinic Vicenza. Their direct line is 636-9519.

Community remembers post photographer

By Vincenzo Leto
USAG Livorno Public Affairs

Marino Gioia, a long time employee of Camp Darby, passed away on Jan. 3.

Gioia worked at the 7th Joint Multinational Training Command Training Support Center as an official photographer for the Camp Darby community since 1986.

Gioia spent a lifetime documenting the history and growth of Camp Darby through his camera. His coworker, Elena Baladelli, said he was a professional photographer and his work truly displayed his marvelous skills.

However that was not the only reason why he was well-known within the community.

"Gioia was primarily a true gentleman, a kind person always cheery and accommodating and nice to talk to," said Chiara Mattiolo, who worked closely with Gioia in an official capacity.

"He had many interests in life and he had always a fascinating perspective or an interesting personal anecdote on travels,

art, people and food," Mattiolo said.

Gioia was well-known outside his job in the musical arena.

Stefano Bollani, a major jazz drummer in Italy, remembers him as the "shy artist" in a blog written on the day of his death.

"Gioia was a fine musician also; he was a gifted guitarist with a deep passion for jazz, ready to embrace the bass if needed," said Bollani.

According to Baladelli, Gioia spent the first years of his working career travelling across the world with a jazz-band where he had the opportunity to play with some of the most famous international jazz players, including his favorite, Helen Merrill.

After many years of travel, he returned to his hometown, Livorno, where he has spent more than 25 years with his wife, Rita.

"He is going to be greatly missed," said Baladelli.

Gioia's family wishes to thank the Camp Darby community for the comfort and affection expressed to them.



Photo courtesy of 7th JMTC TSC

Marino Gioia passed away in the Livorno Hospital Jan. 3. He is survived by his wife, Rita, and step-daughter, Elena Baladelli.

Gioia was primarily a true gentleman, a kind person always cheery and accommodating and nice to talk to.

Chiara Mattiolo

HR covers top pay freeze questions

By Dona Brooks
USAG Livorno Human Resources

Last month, Human Resources received final comprehensive Office of Personnel Management and Office of the Secretary of Defense guidance on the freeze of pay-increases for federal employees.

Below is a simplified synopsis of some of the most frequently asked questions.

- ◆ All IMCOM positions are impacted by this freeze, including senior executive service and highly qualified expert, appropriated fund and non-appropriated fund employees on annual salary or hourly rate.
- ◆ The freeze provides limited exception for locality-rate increases (not basic salary) to only Alaska and Hawaii based on previous legislation that phases out the COLA (over a three-year period) and grants locality-based adjustments as offset. This law is designed to ensure that employees retiring in Alaska and Hawaii are given comparable salary to rest of CONUS for basis of retirement computation. COLA does not count as salary. Locality rate is part of salary for retirement purposes.
- ◆ There will be no increase in special salary rates or new special salary scales added except in "extraordinary circumstances." These salary scales are limited and occupation-specific (medical, police, certain information technology occupations, low-grade clerical in high cost areas, etc).
- ◆ Pay increase associated with promotion and regular step increases are not impacted.
- ◆ Performance cash awards and the use of quality step increases for sustained exception performance are not frozen.



Photo by Joyce Costello

Community members enjoy a free lunch buffet during the grand opening of the Girasole Jan. 10.

New eatery Girasole opens for business

By Chiara Mattiolo
USAG Livorno Public Affairs

The Camp Darby community got a chance to check out the newest eatery on post at the grand opening ceremony of Girasole Monday in the bowling center.

"I am proud to give a new place to eat, especially for our military living in the barracks and having no other place to eat after 6 p.m.," said Otis Newton, U.S. Army Garrison Livorno deputy commander. "I am sure this facility will improve the quality of life at Camp Darby."

The new restaurant's menu includes a combination of Italian and American specialties, plus daily specials. Salad, fruit salad

and dessert will also be available daily.

"The restaurant is run by a Cooperative which runs seven restaurants in Livorno and provides catering service for schools in town," said Elisabetta Burgassi, responsible for the special services branch of the Cooperative.

Burgassi said there are over 200 people working in the Cooperative.

"We are here to serve and to provide a good service to the Soldiers and families of the Camp Darby community," said Burgassi, who ran the summer beach buffet.

Girasole is open Monday-Friday from 11 a.m. to 9 p.m. and on Saturday and Sunday from 5 p.m. to 9 p.m.

Darby Dates

Visit the community calendar for upcoming events and details at www.usag.livorno.army.mil

New airport shuttle

Outdoor Recreation is now offering a shuttle service to the airport. Reservations and payments must be made 72 hours in advance. Call 633-7775.

"Biggest Loser"

Registration for the "Biggest Loser" competition runs until Jan. 26, with the actual competition taking place Feb. 1 - March 31. Call 633-7440 for information.

Army Family Action Plan

ACS is seeking issues for the upcoming Army Family Action Plan conference Feb. 16-17. Submit issues online or fill out a form at ACS. Representatives are available to speak to units and groups.

Free R&B show

The Ray, Goodman & Brown Rhythm & Blues Band will perform a free show at the Darby Community Club Jan. 29 at 8 p.m.

Vet visit

The next vet visit is Jan. 20. Schedule appointments for pets by calling 635-4841

Army Community Service

- ◆ Use credit wisely, Tuesday
 - ◆ Card making class, Wednesday
 - ◆ Operation Warm Heart, Jan. 20
- Call 633-7084 to learn more.

Youth Services

- ◆ Paying for college, Jan. 27
 - ◆ Kick back night, Jan. 28
- Call 633-7629 for more information.

Outdoor Recreation

Join Outdoor Rec for a one-day ski and snowboarding trip to Abetone and Monte Cimone every Saturday until March 12. Call 633-7555 for details.

ITR trips

- Join ITR for an upcoming trip.
- ◆ Venice, Jan. 22
 - ◆ Rome, Jan. 29
 - ◆ Viareggio Carnival, Feb. 20 & 27
- Call 633-7589 for information.

Religious activities

9:40 a.m. Catholic reconciliation
10 a.m. Catholic Mass
11:15 a.m. Protestant worship
11:15 a.m. Catholic CCD
Tuesday morning Tony Horton's P90X workout in the chapel at 6:30 a.m. followed by devotion from Our Daily Bread.
Call 633-7267 for more information on Chapel programs.

New Wine Festival:

Men add grapes to a press at the Torcolato New Wine Festival, being held Sunday in Breganze. The area is famous for the sweet Torcolato wine, made from Vespaiola grapes which are dried hanging from the wooden beams of attics.

The festival will include folk music and dances, free Torcolato wine sampling, a market featuring local products and free guided visits to the Diedo Tower.

Courtesy photo



Local festivals & shows

New Wine festival:

The Torcolato New Wine Festival is Sunday in Breganze, Piazza Mazzini, about 15 miles north of Vicenza. The Torcolato is the gem of Breganze's wine making tradition. It is produced from pressing dried Vespaiola grapes which are hung (torcolate, in the local dialect) on strings from the wooden beams of the attics of farmhouses. Entertainment includes folk music, free Torcolato wine tasting and market of local products. Free guided visits to the Diedo Tower with free wine tasting, 2:30 p.m.; traditional Vicentine folk dances; Torcolato association parade, 3 p.m.; public pressing for the 2010 grape harvest, 4:30 p.m.

Motor Bike Expo:

Jan. 21-23, 9 a.m.-7 p.m. in Verona, Via del Lavoro, 8, about 38 miles west of Vicenza. Admission fee: €16; €13 for children between 6 and 12. For more details in English visit www.motorbikeexpo.it/inglese/index.htm.

Antique show:

"Time window" Antique Show and Market is Saturday - Jan. 23; Monday-Friday, 3-8 p.m., Saturday and Sunday, 10 a.m.-8 p.m., in Pordenone, Viale Treviso, 1, about 92 miles northeast of Vicenza. Admission fee: €10. Reduced €5 for children younger than 13, senior citizens over 65 and for people with disabilities.

Broccolo Fiolaro festival:

Friday - Sunday and Jan. 21-23 in Creazzo, in a heated pavilion near the sports center, Via Torino, about 5 miles west of Vicenza. The broccolo fiolaro, a typical cultivation of the Creazzo hillside area, is named for the sprouts along the stalk of the plant, which

in Venetian dialect are called "fioi" (offspring). The festival will feature food booths featuring typical Creazzo dishes, such as "gnocchi with broccoli" and the traditional "fritola" doughnut.

- ♦ Friday: 8 p.m., nature walk on the Creazzo hill led by local guides departs from Piazza Roma; 9 p.m., live music with Tony la Muerte Band.; 10 p.m., Italian indie rock concert with Diva Scarlet.

- ♦ Saturday: food booths open at 7 p.m., featuring broccoli and spit-roasted quails; 9 p.m., live music with Toys - Queen Tribute Band.

- ♦ Sunday: local products exhibit and market; 12:30 and 6:30 p.m., food booths; 3 p.m., live entertainment with G. Verdi Band and Creazzo's majorettes; 9 p.m., ballroom dancing and live music with the Mirage Band.

Salvador Dalí exhibit:

"The Dream is getting closer" exhibit, ongoing through Jan. 30 in Milan at the Royal Palace. Buy your ticket on line at www.ticketone.it/EN/.

Nativity Scenes exhibit:

Ongoing through Jan. 23, 9 a.m.-8 p.m. at the Arena in Verona. It features more than 400 nativity scenes from around the world. Entrance fee: €7; reduced cost of €6 for children 6-12 and senior citizens older than 60.

Movie festival:

The "It's a wonderful film! Some like it original" movie festival at the Odeon Theater in Vicenza, Corso Palladio 176, is featuring movies in English throughout the winter season. Monday: "The Social Network" by Jonathan Levine, 4 p.m.; 6:15 p.m. and 8:30 p.m. Tickets: €6; reduced €4.50 for students.

World Fencing Championship:

Jan. 15-16, in Castellanza, Varese.

World Roller Skating Grand Prix:

Jan. 26-27 in Florence, Nelson Mandela Forum.

FREE concerts, exhibits & events

Painting exhibit:

Joel Stein 1946-2010 photo exhibit, ongoing through Sunday in Vicenza, LAMeC, Basilica Palladiana, Piazza dei Signori, 10:30 a.m.-1 p.m. and 3-7 p.m.

Contemporary engraving exhibit:

Exhibit ongoing through Jan. 23 in Vicenza, Busato Printing House, Contrà Porta Santa Lucia, 38. Mondays-Saturdays, 3-7 p.m.

Memorabilia exhibit:

Vicenza Souvenir & Memorabilia photo exhibit ongoing through Jan. 30 in Vicenza, Casa Cogollo, Corso Palladio, 165. Tuesdays-Sundays, 10:30 a.m.-1 p.m. and 3-7 p.m.

Renaissance painting exhibit:

Ladies' portraits exhibit ongoing through Feb. 6 in Vicenza, Palazzo Thiene, Contrà San Gaetano Thiene. Tuesdays-Fridays, 3-7 p.m., Saturdays-Sundays 10 a.m.-7 p.m.

Explore the sky:

Astronomical Observatory of Arcugnano, Tuesday at 8:30 p.m., Via S. Giustina, 127, about five miles south of Vicenza. View the sky and the planets in great detail with the observatory's telescope.

Live music

Mr. UK One-Man Band:

Thursday, 9 p.m., in Vicenza, Sabotage Bar, Via dell'Industria 12T.

Rat Race - a tribute to Bob Marley: Thursday, 9:30 p.m., in Vicenza, Country Club Restaurant, Strada Vicinale Monte Crocetta.

McNando - Irish & Ethno Music:

Saturday, 9:30 p.m. in Poggio, Equobar, Via Marosticana, 350.

Gospel Concert: Saturday, 9 p.m. in Sarego, Meledo, S. Maurizio Church Recreation Center, Via IV Novembre, 29, about 16 miles southwest of Vicenza.

Conservatory students in concert: Saturday, 5 p.m., in Vicenza, Conservatory, Contrà San Domenico 33.

Classical Concert: Sunday, 4 p.m., in Montecchio Maggiore, St. Peter's Church. The money collected will be given to the flood victims in Vicenza.

Buy or sell items in the classifieds at www.mwrmarketplace.com

ODR trips

From Tuesday to March 31, ODR will have limited ski/snowboarding equipment available for check out, due to the Warrior Adventure Quest Program.

Alleghe ski/snowboard: The Italian resort of Alleghe offers access to 21 km of downhill skiing. Saturday, 6 a.m. -7 p.m. Cost: \$30 (includes transportation).

Innsbruck & brewery tour: Visit the beautiful city of Innsbruck in the heart of the Austrian Alps and the Starkenberger beer brewery, located in part of the medieval Starkenberg Castle and the modern brewery. Jan. 22, 5:45 a.m.-9 p.m. Cost: \$65 (includes beer tasting and transportation).

Ferrari Museum & Bologna: See the most famous Ferraris and visit the historical city of Bologna. Jan. 23, 5:45 a.m.-9 p.m. Cost: \$55 (includes museum entrance and transportation).

See the complete ODR schedule online at www.VicenzaMWR.com.

Concerts

My Chemical Romance: March 7 in Milan, PalaSharp.

Roger Waters: April 1-2, April 4-5, July 6 in Assago, Milan.

Belle & Sebastian: April 14 in Milan, Alcatraz.

Backfield: April 19 in Milan; April 21 in Roncade (Treviso).

Delain: May 9, Milan, Alcatraz.

Sade: May 6 in Assago, Milan, Mediolanum Forum.

Gods of Metal: June 22, Milan, Arena.

Take That: July 12 in Milan.

Bon Jovi: July 17 in Udine, Stadio Friuli.

Elton John: July 14, in Lucca.

Tickets are available in Vicenza at Media World, Palladio Shopping Center or online at www.greenticket.it/index.html?imposta_lingua=ing or <http://www.ticketone.it/EN/>.

Now Showing



Ederle Theater

Thursday	Skyline (PG 13)	6 p.m.
Friday	Megamind (PG)	6 p.m.
	Due Date (R)	9 p.m.
Saturday	Megamind (PG)	3 p.m.
	Due Date (R)	6 p.m.
Sunday	Megamind (PG)	3 p.m.
	Due Date (R)	6 p.m.
Wed.	Megamind (PG)	6 p.m.
Jan. 20	Due Date (R)	6 p.m.

Camp Darby Theater

Friday	Little Fockers (PG 13)	6 p.m.
Saturday	Saw 3D (R)	6 p.m.
Sunday	Gulliver's Travels (PG)	1 p.m.
Jan. 21	Due Date (R)	6 p.m.

Admission: Age 12 and older, \$4, younger than 12, \$2. The Ederle theater box office opens one hour prior to show.

View MOVIE TRAILERS and more online at www.shopmyexchange.com/ems/euro/vicenza.htm or www.aafes.com/ems/euro/livorno.htm.

AFAP

Army Family Action Plan is collecting issues for the 2011 AFAP Conference. Submit your issues at www.vicenzamwr.com/acs_afap.html. The deadline for issue submission is Jan. 31.

Volunteers are needed to assist during the conference Feb. 8-10 to volunteer or for more information, contact Jean Sweeton at aekyong.sweeton@eur.army.mil or call 634-8526/7500.

Become a volunteer

Become a community volunteer, build your experiences and resumé and meet a new network of people. Call the Army Volunteer Corps to find out about the volunteer opportunities in our community. Register at www.myarmyonesource.com to log your hours. Call 634-7500 for more information.

Country night

Thursdays are Country Night at the Lion's Den, 8 p.m. - closing.

MOMS Club events

- ♦ Tuesday: Toddler play, 10 a.m.
- ♦ Wednesday: Aquarium, 9 a.m.
- ♦ Jan. 20: Bunco, 7 p.m.
- ♦ Jan. 21: Out-n-About, 9 a.m.
- ♦ Jan. 24: Monthly mtg., 10 a.m.
- ♦ Jan. 25: Book club, 10:30 a.m.
- ♦ Jan. 26: Preschool play, 4 p.m.
- ♦ Jan. 28: Art Center, 4 p.m.; MNO, 7:30 p.m.

CTC Classes

Central Texas College is registering students for classes through Jan. 21. Register for courses in Criminal Justice, Early Childhood Professions, Legal Assistant and Applied Management/Military Science. Term 3 is Jan. 24 - March 19. For more info, call 634-6514 or e-mail vicenza@europe.ctcd.edu.

UMUC classes

Register for University of Maryland University College spring session 1 (Jan. 24-March 11) by Jan. 23. For info, call 634-7055 or e-mail vice@europe.umuc.edu.

U of Phoenix degrees

The University of Phoenix offers master's programs in MBA, MAED, classroom or online. The MBA classroom courses start Jan. 25. Classes are six weeks long and offer continuous enrollment. For more info, call at 634-8928 or e-mail Sarah.Foley@phoenix.edu.

VCC scholarship

The deadline to apply for the Vicenza Community Club's scholarship is March 1. Applications are available through the VHS guidance counselor, VCC Thrift Shop, Davis Hall and the Post Library. For more info, contact Mari Mackenzie at scholarships@vccitaly.org.

AER scholarship

The deadline for the AER Overseas Spouse Education Assistance Program (term 4) is Feb. 14. Spouses of active-duty Soldiers pursuing their first undergraduate degree and residing with the Soldier overseas are eligible. Applications for the 2011-2012 MG James Ursano Scholarship Program are

available for dependent children (of active-duty, retired and deceased Soldiers) pursuing a full-time undergraduate degree. Deadline is April 1. Applications for both programs are available at www.aerhq.org/education.asp. Call AER at 634-8524/7500.

Improve GT score

Take the FAST class and improve your GT score. The next class begins Jan. 24. Call 634-8933 for more information.

Thrift shop sale

The Vicenza Thrift Shop is having a 50-percent-off sale on all merchandise (except consignments and transformers). The sale lasts until February, or until stock runs out. The sale will end at the manager's discretion.

Arena

Dig out those sweaters and join in the fun at the Arena's "Tacky Sweater Night" on Jan. 21 from 8 p.m. to 1 a.m. There will be giveaways while supplies last.

Soldiers' Theatre

♦ Relax with other music lovers and enjoy light refreshments while listening to local musicians at the next **Music Café** Friday at 7:30 p.m. If you are interested in performing, call 634-7281. This event will celebrate the one year anniversary of Music Café.

♦ The **Acoustic Jam 2011** is Jan. 21-22 at 7:30 p.m. Guitarist Roberto Dalla Vecchia returns with a concert of folk, blues, bluegrass and classical guitar music. Call 634-7281 for reservations.

Arts and Crafts

♦ **Kids' Craft Club** is every Wednesday from 4-6 p.m.

♦ **Beginning Quilting** starts Jan. 20, 5:30-7:30 p.m. The six-week course teaches the basics of construction; rotary cutting, piece blocks, assembling, binding and more. No experience is required.

♦ **Cake Decorating Class** begins Jan. 19. Classes are Wednesdays from 5:30-7:30 p.m. Register at the center by Monday and pick up a supply list.

♦ **Junior Hand Building Basics** for kids ages 7-11 is Jan. 20, 3:30-5:30 p.m. Learn the basics of working with clay.

♦ **Italian Cooking** class is available at two times. Daytime classes will be Mondays for 4 weeks beginning Jan. 24, 1-3 p.m. Evening classes are Fridays from 6-8 p.m. beginning Jan. 28.

CYSS PAC meeting

The next CYSS Parents' Advisory Group meeting is Wednesday at noon in the ACS conference room. On the agenda; nomination and selection of a CYSS Parents' Advisory Group coordinator, a review of the fees for no-show and late arrivals in hourly care, opportunities for new parent education, review of homework and assistance available at the SAC and YC, Youth Apprenticeship Program and Family Care update. For information, call 634-8347.

Youth night

The Youth Center and Club Beyond will host a Napoleon Dynamite Night Jan. 21, 6-9 p.m. at the Villaggio Youth Center for ages 11-18, for dancing, dinner and fun. Call 634-7659 for more info.

EFMP Athletics

The new Exceptional Family Member Program's coed athletic program offers a four-week Intro to Basketball class teaching basic skills, including ball handling, passing and shooting, Tuesdays, Jan. 18-Feb. 8, 3:30-5 p.m. Register with EFMP at 634-7500.

EFMP support group

EFMP will host their monthly support group Jan. 25 from 11 a.m.-noon. Ann Gasparini, CSC chairperson at Vicenza Elementary School and Special Education Assessor for the Elementary, Middle and High Schools, will share the ins and outs of the IEP (Individual Education Plan) process. All are welcome.

Homework help

The Villaggio Homework Lab is available Monday - Friday until 6 p.m. Students who attend typically see their grades improve within three months. Call 634-7659.

Bentornati

Bentornati is Jan. 21 from 9:30 a.m. - 2:30 p.m. at ACS. It is for re-deployed single Soldiers and couples. Get reacquainted with post

Community Calendar Highlights

Friday: Schools release students early at 12:35 p.m.
Jan. 13: Martin Luther King Jr. Memorial March
Jan. 17: Federal holiday (Martin Luther King Jr. day)
Jan. 28: No school

resources, enjoy an Italian cooking demonstration and lunch, learn about fun things to do in Vicenza and the Veneto and build mental toughness with resiliency training.

Health Clinic closure

The Health Clinic will be closed Jan. 17 in observance of Martin Luther King day. For urgent concerns or emergencies, go to the nearest hospital or call 118. Call the patient liaisons at 0444-75-3300 or 634-8384. Pregnant patients can call 0444-61-9150. Visit tricareonline.com for appointments. Call the 24-hour nurse line at 800-877-6660.

Prayer breakfast

Vicenza's celebration of the National Prayer Breakfast will be Feb. 8 at 7 a.m. at the PX Food Court. The guest speaker will be Chap. (Col.) Jonathan McGraw, US AFRICOM command chaplain.

Vicenza Middle School

The VMS drama performance is Jan. 26 at 6 p.m. in the multipurpose room. The VES/VMS will host a spelling bee Jan. 26 at 6 p.m. in the multipurpose room.

Postal changes

The new 2011 priority flat-rate prices will be: flat rate envelopes, \$4.95; small flat rate box, \$5.20; medium flat rate boxes, \$10.95; large flat rate boxes, \$14.95. Priority mail by weight will begin at \$5.10. Two new flat rate categories will be available once supplies arrive. They are: legal flat rate envelope and padded flat rate envelope, both \$4.95.

Info X

The next Info X is set for Jan. 26 at 10 a.m. in the Arena, second floor. The Info X is a townhall-type forum open to the community.

Religious activities

Chaplain Crisis Line

To speak with a chaplain after hours, call **634-KARE** (634-5273).

Sunday services

8 a.m.: Sacrament of Reconciliation, or by appointment

9 a.m.: Roman Catholic Mass

(Daily Mass is held weekdays at noon)

9 a.m.: Protestant Sunday school and AWANAs (September-May at Vicenza High School)

10:45 a.m.: Catholic religious education (September-May at Vicenza High School)

11 a.m.: Protestant worship

1:30 p.m.: Full Gospel Pentecostal worship

5 p.m.: Contemporary Christian service

Mondays

Noon: LDS scripture study

Tuesdays

9:15 a.m.: Protestant Women of the Chapel

Wednesdays

3 p.m.: Praise dance practice

3:30 p.m.: Middle School Club Beyond meets in VHS cafeteria September-May

5 p.m.: Contemporary Praise band practice

5:30 p.m.: PWOC Bible study. Dinner provided. No child care.

5:30 p.m.: High School Club Beyond meets at the Teen Center September-May. Call 340-139-4073 for information.

5:30 p.m.: Catholic choir practice

6:45 p.m.: Gospel choir practice

Thursdays

9:30 a.m.: Catholic Women of the Chapel

5:30 p.m.: Gospel service choir rehearsal

7:15 p.m.: Gospel service Bible study

Faith group contacts

Islamic: Call 634-7519 (0444-71-7519) for info.

Jewish: Call Paul Levine at 345-907-2108.

Latter Day Saints: Call Chance Wilson at 327-869-8107. Sunday services, 9:30 a.m.-12:30 p.m. downtown. Scripture study held Mondays, noon-1 p.m. at the chapel.

Call the Caserma Ederle chapel at 634-7519 (0444-71-7519) for more information on religious activities.



Photo by Capt. Jose Mendez

Epiphany performance: The Choir from Villalta di Gazzo sang at Catholic mass Jan. 2 at the post chapel in celebration of Epiphany. "Our team is very proud and honored to come to Caserma Ederle and join the American Community in this celebration," said Giuliano Martinello, Gazzo Proloco president and choir leader.

DON'T BE LATE: E-mail briefs to editor@eur.army.mil noon on Monday, or by 4 p.m Friday if Monday is a holiday.



Courtesy photo

Umpire Jack Conway, left, officiates a Junior Little League game in Whalley, Canada, near Vancouver. Conway will teach the upcoming officials' clinic in Vicenza Jan. 31-Feb. 4 at Villaggio. Conway has 30 years experience as an umpire, including officiating at two Little League World Series. His international experience includes teaching in Canada, Belgium, Poland and Italy. This is his fourth trip teaching with the Child and Youth School Services program's clinics.

Little League World Series umpire to teach officials' clinics

Tom Hlavacek

EDGE! Program manager

Veteran Umpire Jack Conway of Florham Park, New Jersey will return to present this year's Little League Baseball and Softball Officials Clinic in Germany and Italy.

The annual clinic teaches participants to become officials and, if selected, to provide follow up clinics at their garrisons. The target audiences are members who want to be officials and/or clinic instructors at their installations for CYSS.

Few Little League umpires have more experience than Jack Conway. He has officiated at two Little League World Series, and has taught clinics for 10 years in Williamsport, Pa.

Conway has worked for 20 years as an NCAA Baseball official in Division I, II, and III and 30 years as a high school umpire. His international experience includes teaching in Canada, Belgium, Poland and Italy. This is his fourth trip

teaching with the Child and Youth School Services program's clinics.

Since 1975, Conway has umpired baseball and softball from Little League to semi-pro. He is the current president of the American Legion Baseball, Babe Ruth Baseball and Florham Park LL umpires. He is a graduate of the PRO-IMAGE umpire school, Little League Umpire Academy and has served as an instructor since 1993.

During the training, clinic attendees will learn current rules, proper signaling, points of emphasis, rule changes, plate and field mechanics and procedures. The clinic will culminate in a written test and a practical examination.

The local clinic will be from Jan. 31 – Feb. 4 at the Villaggio Child Development Center conference room, Bldg. 703, from 6 - 9 p.m.

To register for the clinic, contact Alex Ruiz, Vicenza CYSS Sports & Fitness director at 634-6151 or 0444-71-6151.

SOLDIERS & CIVILIANS COMMUNITY UNIT/REC OPEN PLAY SPORTS

2010-2011 Basketball League:

Team	Win	Loss
USARAF	3	0
DO WORK	3	1
464TH MP PLT	2	1
14TH TRANS	2	2

ALL IN	1	1
PUSH DA ROCK	1	2
D CO 2-503RD	0	2
TEAM LOYALTY	0	3

Championship games scheduled for Feb. 17-19

Jan. 13
6 p.m. ALL IN vs. USARAF
7 p.m. PUSH DA ROCK vs. 14TH TRANS
Tuesday
6 p.m. USARAF vs. DO WORK
7 p.m. D CO 2-503RD vs. ALL IN

Job openings at Caserma Ederle

♦ Central Texas College is seeking **instructors for Emergency Medical Technology and Automotive Mechanic/Technician**. Contact the field representative at 634-6514 or vicenza@europe.ctcd.edu.

♦ CACI is hiring part-time, on-call, **data entry operators** to support the Installation Access Control System at Vicenza. For info, email jillian.york@us.army.mil.

♦ Search AAFES job listings at <http://odin.aafes.com/employment/default.asp> or go to www.aafes.com and click on "careers".

Family and MWR is seeking:

♦ Two **supervisory program leads** for Child and Youth School Services; one full-time and one part time (20 hours minimum);

♦ **Recreation assistant lifeguards** (part to full time); applicants must be American Red

Cross Lifeguard and CPR for Professionals certified or equivalent;

♦ **Recreation assistant** at Outdoor Recreation (part-time flex position), applicant must hold a valid SETAF driver's license;

♦ **Hotel desk clerk**, regular part time, 20 hours weekly (minimum);

♦ **Financial assistant**, flexible, 0-40 hours per week;

♦ **Food service worker**, part time, flexible, 0-40 hours weekly;

♦ **Bartender**, regular part time, flexible, 0-40 hours weekly;

♦ **Cook**, regular part time, flexible, 0-40 hours weekly;

♦ **Child and youth program assistant**, part time, flexible.

For more information, contact the Vicenza CPAC NAF Office at 634-7349 or 7290 or vicenza.naf@eur.army.mil.

Other openings, various agencies

♦ Program Support Specialist GS-9/11

♦ Human resources specialist, GS-12

♦ Logistics management, GS-11

♦ Information technology specialist (network / systems analysis) GS-11

♦ Installation transportation officer, GS-12

♦ Supervisory supply management specialist GS-13

♦ IT Specialist, GS-12

♦ Supervisory program lead (NAF-3)

♦ Supervisory program lead (NAF-3 Part Time)

♦ Supervisory safety & occupational health specialist

Apply for the above positions and search other jobs at www.usajobs.gov.

By March, all GS positions will be posted at USA Jobs and not CPOL.

For information on resume workshops or to receive e-mails of local positions (including many NAF and non government jobs), contact the Employment Readiness Program at 634-6884.

Beginners swimming

Learn the basics of swimming and feel comfortable in the water. Beginner classes start Jan. 26 and meet Wednesdays and Fridays 12:30 - 1:15 p.m. or 5:45-6:30 p.m. Cost is \$45. Classes are for adults 18 and older. Sign up at the Fitness Center.

Zumba class

Join the Zumba fitness classes on Mondays, 10:30-11:30 a.m., Tuesdays, noon-12:45 p.m. or Thursdays, 9:15-10:15 a.m. Zumba is a style of dance-aerobic workout to Latin music.

Seeking group instructors

The Fitness Center is seeking certified group fitness instructors. Not certified? Stop by the Fitness Center and get information on how you can become certified and get paid while you lead a work out. Call 634-7887 for more information.

Volleyball open play

There will be volleyball open play matches Saturday at 9:30 a.m. at the Fitness Center. Sign-up at the Fitness Center.

Recreational volleyball

A recreational volleyball league starts around Feb. 24. A coaches' meeting is set Feb. 17 at 2 p.m. in the Fitness Center upstairs conference room. Coaches should bring a roster. Sign up by Feb. 17.

Racquetball tournament

A racquetball tournament is set Jan. 21-22. There is a participants' meeting Jan. 21 at 6 p.m. in the Fitness Center. The tournament has male and female divisions and includes: beginners, 0-2 years experience; intermediate, 2-5 years experience; advanced, more than 5 years experience; open play; doubles. There is a prize drawing and 1st & 2nd place awards per category. Sign up by Friday.

Dodge ball league

The recreational dodge ball league starts around Feb. 8. There will be a coaches meeting Feb. 2 at 2 p.m. in the Fitness Center upstairs conference room. Coaches should bring a roster. Sign up by Feb. 2.

Snow sports workout

Skiers and snowboarders can join a coached workout at the fitness center Tuesdays at noon. Call 634-6240 for information.

CYSS coaches needed

Potential coaches must pass a background check, and will receive training and certification. Contact 634-6151, alex.ruiz5@eur.army.mil or Krista.Cahill@eur.army.mil for information.

Unit & rec play

Basketball: 11:45 a.m.-1:30 p.m. Mondays, Wednesdays and Fridays for 10 or more, fitness center.

Volleyball: 6:30 p.m. Tuesdays for 8 or more players, fitness center.

Men's Soccer: 7-8:30 p.m. Tuesdays and Thursdays for 11 or more players.

Women's Soccer: 5:30-7 p.m. Tuesdays for 8 or more players. Call 634-7009.