

EFMP Sports Day unites U.S., Italian communities

By Katherine Wanika
U.S. Army Africa Public Affairs

A day of fun in the sun brought together exceptional Family members from the Vicenza military community as well as the surrounding Italian community for the 2012 Exceptional Family Member Program Sports Day at Caserma Ederle today.

With a little “Waka-Waka” playing in the background, 66 children and more than 300 volunteers from the Vicenza Military Community, marched on the field ready for a day filled with fun, competition, and most importantly, a day of camaraderie and community.

“Today is a day of friendship, an occasion for the two communities to come together in unity,” said Maj. Gen. David R. Hogg, commander, U.S. Army Africa. “I want to especially thank the 173rd Airborne ‘Buddies’ Soldiers and Family members who are here to support this wonderful day.”

The event was filled with a morning of sporting events, an afternoon of recreational activities, and a special jump tower demonstration by the 173rd ABCT. Cara Panzarella-Tarr, EFMP coordinator, and Loraine DeOliveira, EFMP Sports Day volunteer coordinator, along with a slew of other Vicenza directorates brought this day together after six months of planning along side Bryan Morvay, overall volunteer coordinator and Andrea Barlow, sports coordinator.

“This event could not have happened without the hard work of many volunteers who from the get-go stepped-up to the plate and did a great job,” Panzarella-Tarr said. “We had a sign team, we had food team, we had a sports team and many more teams. Everyone came together and did what they were supposed to do and the result is all the smiles you see here today.”

DeOliveira said the day exceeded all her expectations. “My expectations have been exceeded not only in the overall participation, but the number of volunteers who have come out to give their time,” DeOliveira said. “In fact, we have had every single corner of this community come out and volunteer from all the units – USARAF, 173rd Soldiers, Garrison, and the Red Cross,” she said.

The consistent sentiment voiced by EFMP volunteers was one of appreciation.



Photo by Sgt. Terysa King

A participant the Exceptional Family Member Program Field Day crosses the finish line with his Soldier buddy May 2. This is the second year for the event that is open to local Italians. See page 4 for additional photos.

“I see the faces of the people here and I have a sense that it’s a rewarding day for everyone involved – to see the benefits of the exchange between service members and participants is amazing,” Panzarella-Tarr said. “I love to see participants who rarely get to join in any competitive event running down the track struggling so hard and watch them get so excited and really get ‘into it’ and really competing, because they really enjoy competing.”

This year’s event brought even more participants than last year’s inaugural EFMP Day, to include participants from the local community.

“One of the Italian teachers said some of the people in their community and schools were hesitant to participate in today’s event,” Panzarella-Tarr said. “Now, he said he will go back with the message that this is a fantastic and beautiful event and the values the kids receive from this event are priceless.”

Sky Soldier earns European knighthood for selfless service

Story and photo by Staff Sgt. Bruce Cobbeldick
173rd ABCT Public Affairs Office

For many, the notion of knights in Europe might conjure up images of swords, shields, capes and musketeer hats with plumes doing cavalierish feats that evoke awe in people.

For one noncommissioned officer with the 173rd Airborne Brigade Combat Team, knighthood became a reality after he received the Knighthood of Merit in the Sacred Military Constantinian Order of St. George from His Royal Highness, Prince Don Carlos di Borbone delle Due Sicilie, an honor usually bestowed upon colonels and above who have done extraordinary acts

of community service.

“The Order of St. George, similar to the Knights of Malta, are Catholic orders. It is not so important where you come from as much as it is what you have done for society,” said Master Sgt. Melvin Lopez, air operations noncommissioned officer in charge for the 173rd ABCT. “If one is fortunate enough to be awarded this honor, knighthood is granted either from the Pope, who is the highest of sovereigns, or the king of a sovereign or former sovereign state,” said Lopez.

To say that Lopez has a passion for learning would somehow not do him justice.

Lopez is a Ph.D Candidate and has a wealth of experiences and achievements that serve as an example

to his Paratroopers at the 173rd ABCT, inspiring them to achieve great things as enlisted Soldiers.

“Being here in Europe is a tremendous opportunity and it’s one we all may not ever get again anytime soon, so that is why it is so important to connect and engage with the local people in this region. We are several hours away from five, different nations. The opportunities to do incredible things are staggering,” Lopez said.

Lopez hails from Caguasi, Puerto Rico, and originally joined the Army to attend and complete U.S. Army Ranger School, which to him is the epitome of being an infantryman.

See KNIGHTHOOD, page 2

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News pages 3 & 4

Tips for children on handling deployment; Photos from Lion Shake emergency exercise



Sports page 8

Mothers, daughters play basketball against locals; VHS boys and girls soccer teams compete at home



79/57
Friday



77/52
Saturday



55/48
Sunday

VHS is holding a variety show Tuesday from 3:30-5:30 p.m. at the post theater.

Women's health on focus during week of activities

U.S. Army Health Center
Vicenza

This year, heart disease, cancer, and stroke will be the top three leading causes of death in American women. Many risk factors for these illnesses as well as other chronic diseases—high blood pressure, high cholesterol, smoking, drinking excessively and physical inactivity—are modifiable.

Too many women's deaths in 2012 will be premature and at least in part preventable. It's time to get the word out and get the world moving: enabling our mothers, grandmothers, aunts, sisters and daughters to take charge of their health and reinvent their lives. It's your time to join the movement to improve women's health and make a difference that will last a lifetime.

National Women's Health Week, Saturday-May 19, is a week-long health observance coordinated by the U.S. Department of Health and

Human Services' Office on Women's Health. It brings together communities, businesses, government, health organizations, and other groups in an effort to promote women's health. It empowers women to make their health a top priority. It encourages women to take the following steps to improve their physical and mental health and lower their risks of certain diseases:

Visit a health care professional to receive regular checkups and preventive screenings. Get active and eat healthy. Pay attention to mental health, including getting enough sleep and managing stress. Avoid unhealthy behaviors, such as smoking and not wearing a seatbelt or bicycle helmet.

The Surgeon General of the Army has called for Army communities to celebrate women's health throughout the entire month of May. The U.S. Army Health Center-Vicenza will host several activities in celebration of

women's health promotion. Mark your calendars for some fun and beneficial events:

Friday: "Pap-a-thon" and "Mammo-thon". The whole day will be dedicated entirely to these preventive screenings which can save your life. To schedule a Pap test, call the OB/GYN Clinic at 636-9160 or 0444-61-9160. No appointment necessary to get a mammogram. Just walk-in to the Radiology department to complete your screening. For questions, call 636-9614 or 0444-61-9614.

Wednesday: water aerobics at the post pool at 4:30-5:30 p.m. Put on your swim suit and jump in with Chiara. The class is free for the first 25 people and sign ups are at the front desk at the Fitness Center.

May 18: Nutritional consultation and Commissary tour led by the Health Center Dietician, Maj. Adrienne Jefferson. For further details, keep an eye out for fliers posted around the community or contact Jefferson at 636-

9603 or 0444-61-9603.

May 19: EmpowHER Relay at 8:30am at the track. Come alone or with your friends and walk, jog, run or even cartwheel your way to better health. Complete details for this fun activity are available on the Health Center's Facebook page. Point of contact is Stephanie Lewis at 636-9597 or 0444-61-9597 or stephanie.lewis@amedd.army.mil.

May 24: Women's Health Q&A at noon in the Wellness Center conference room. Von Syda, Women's Health nurse practitioner, will answer all of your questions. For more information, call 636-9160 or 0444-61-9160.

Remember — you have community services that will assist you in staying healthy and fit for yourself especially, but for your family as well. Join in the fun.

To learn more about National Women's Health Week, visit www.womenshealth.gov/whw/, and <http://www.cdc.gov/women/nwhw/index.htm>.

KNIGHTHOOD: 173rd ABCT Soldier earns unique recognition



Master Sgt. Melvyn Lopez, air operations noncommissioned officer in charge, for the 173rd Airborne Brigade Combat Team, explains to Spc. Youngblood the importance of getting involved with the local, host nation community and some of the opportunities that exist here in Italy for those who make the effort to learn the language or volunteer their time to the local community. Lopez was knighted for his selfless service by the Sovereign Military Order of Malta.

Continued from page 1

Knighthoods are awarded based on merit and service. The Sovereign Military Order of Malta, which dates back to The Crusades, is particularly service-oriented and Lopez served in various roles, including that of an emergency medical technician. Lopez used his Spanish as a bridge language to help communicate with the Italians and picked up Italian increasingly, as he got out in the community and made the effort to learn even more Italian.

"If Soldiers learn the local language – even a little – it really is useful and so important for improving the quality of your time spent here and for assisting others, while here."

When Lopez was on vacation in Puerto Rico 14 years ago, he was fascinated by the knighthood and the history

and traditions that went along with the various orders of knighthood here in Europe.

"I found the Italians here who are in the knighthood to be tremendous people and you never would know who are Counts or who is royalty often times. Unless you knew, you would just view them as regular people. It's not easy to tell who comes from royalty and who has earned prestigious titles. Most everyone is very humble about their family lineage or the honors that they have earned based on service to their fellow man," said Lopez.

Lopez recommends that Soldiers from Italy and Germany take into account just how special being in Europe is and then get out there and seize opportunities to learn, grow and contribute.

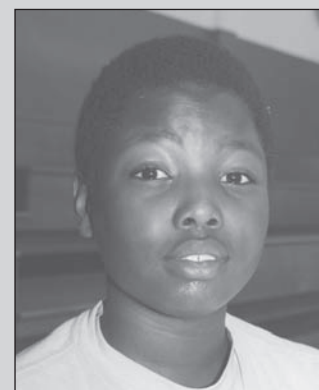
Speak Out

What do you want to say to your mother this Mother's Day?



Mary Cahill
Family member

"Mom you are the best and I love you"



Josiah Bulgin
Family member

"Happy Mother's Day! I love you."



Delia Gordon
Family member

"I love you; I want to give you a hug, a kiss and a gift."

By Laura Kreider

Clues on deployment effecting children of all ages

By Dr. (Lt. Col.) Bob McKenzie
U.S. Army Health Center Vicenza

Parents need to communicate with their children in ways that each child can understand. Different kids will understand things in different ways, based on their age, maturity, and the context in which things are being discussed. Timing and what is being shared are important factors. Children have different emotional and cognitive capacities, so understanding and planning our conversations and interventions by age group might be a good strategy.

Infants ages one and under mainly require that their very basic needs are met. They need to be held and nurtured in order to thrive. If their needs are met, their world is safe. If their parent is doing well, most infants will be doing well. Eating difficulties may be a sign of distress.

Toddlers ages 1-3 take their cues from their parents, or other care-givers. They respond how you respond. If their parent or caregivers are doing well, they will be doing well. These children do not understand abstract concepts, so answer them with reassurance and optimism. Kids this age have no concept of time. A three year old thinks that three months is next week. You need to use markers, like "Daddy/Mommy will be home right before/after your birthday or before this holiday." Signs of distress in this age group may be sleep problems, temper tantrums or a lack of interest in their toys or activities. Toddler's respond to increased attention and physical reassurance. Spend time with them and give them lots of hugs. Let your child set their own pace. Most kids will have no difficulties at all.

Pre-schoolers ages 3-6 will absorb all the emotions in their environment, good and bad; they are like little sponges. If their environment is full of positive emotions, they will be too. Kids at this age may experience some guilt, believing that Dad left because they were bad or fear that the other parent will be leaving; talk with them. They have a better concept of time and understand that three months is a long time. Calendars are helpful. You can mark the calendar and say that this is the day dad/mom is supposed to come home. Preparing some canned statements like "Your dad/mom is busy doing their job and they are safe," or "I bet they miss you too," and then distract them onto another topic may be helpful. Signs of distress



U.S. Army photo

William Beaumont Army Medical Center in Fort Bliss, Texas recently held a Teddy Bear clinic for Month of the Military Child in April. Through the clinic, medical professionals were able to gain the trust of the children.

may include increased irritability, becoming withdrawn, sad or aggressive. They may begin to complain about various physical problems like headaches or stomachaches. Reassure them with extra attention and physical closeness. Make the point that deployments are job related, not kid related.

School aged children ages 6-12 understand time and bigger concepts. They can mark the calendar and discuss larger topics, but remember they are not adults. Older or more mature children in this group understand more complicated concepts like the "national good," or that mom/dad went away to take care of the bad guys. Reinforce their skills by providing them with pre-stamped envelopes, as well as private email accounts, as appropriate, for communicating with their deployed parent. Some children in this age may harbor resentment over missed events, like birthdays or graduations. Remember, your kids are allowed to have their own feelings too and they need to talk about them. They may begin to demand more time and attention from you so be aware. Maintain routines, kids respond to structure, which will give security.

Teenagers ages 12-18 are a challenging age group.

This is an emotional period of time under the best of circumstances. Most teenagers should be able to understand advanced concepts and manipulate information and language like most adults. Under stress teenagers may become more irritable. They may act out or engage in other risk taking or attention seeking behaviors. They will continue to deny or minimize any problems they may be having, so stay engaged and be available to talk, when they are ready.

Whether this is your first or your fifth deployment, change causes stress. Everyone is allowed to have a little difficulty during times of change, even you. You can expect to see some changes in your child's behavior, most of which is temporary. Be patient and have open communication with them. Reassure them and maintain your routines and expectations. If you or your children begin to experience increased distress which does not seem to go away, then a visit to your primary care provider, chaplain or mental health counselor may be warranted. Stay engaged with your family readiness group or your child's school. There are a lot of resources within this community; you don't have to go through this alone.

Cyber Smart message from the 509th Signal Battalion:

In May 2011, 200,000 credit card holders had data stolen costing \$22 million. Be cyber smart — make a password not easy to detect. Stay informed — visit <https://portal.eur.army.mil/sites/iassure/default.aspx>.

The Outlook

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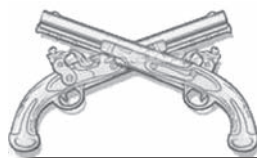
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Provost Marshal's corner



Crime stats for April 29-May 5

DUI (on post) 1
DUI (off post) 0
Assault (on post) 3
Assault (off post) 0
Burglary (on post) 0

Burglary (off post) 1
Vehicle break in (on post) 0
Vehicle break in (off post) 0
Parking Citations (on post) 20
Speeding citations (on post) 10

Community Camera



Marching together: A group of participants, Soldiers and volunteers walk together during the opening ceremony during the 2nd annual EFMP Field Day.



Photos by Sgt. Terysa King

Everyone a winner: Above, winners of an event have medals placed around their necks at the Exceptional Family Member Program Field Day. At left, a Soldier buddy demonstrates how to dribble the ball during an event at the EFMP Field Day.



Photos by Laura Kreider

Emergency exercise: Above, Soldiers carry a mock victim during the Lion Shake exercise May 3. At right, the Carabinieri make their assessment of the accident scene during the exercise. The situation included an active shooter at the Caserma Ederle theater.



Soldiers make a donation to give back

By Staff Sgt. Ross Salwolke
AFN Livorno

It is often said “life is a roller coaster and we’re just along for the ride”, but there is a program that helps Soldiers have at least some control over that rollercoaster. Army Emergency Relief (AER) Fund helps Soldier with financial assistance when they have hardships and not feel alone when in dealing during times of adversity.

“The AER campaign is important because everybody can have unforeseen financial hardships and this is a way to relieve the stress on the soldier in financial,” said Sgt. Cara Parker, USAG Livorno AER representative.

Parker said the AER program has had a large impact on the Camp Darby community.

“The Camp Darby military community donated \$7,024 during last year’s AER campaign and local Soldiers received \$21,859 in aid,” said Parker.

Last year world-wide, AER provided \$77.5 million to 64,000 Soldiers and Family members for many different



Photo by Chiara Mattiolo

Lt. Col. Kevin Bigelman fills out his Army Emergency Relief pledge during the AER Campaign March 1- May 15.

categories of financial assistance to include emergency needs, children and spouse scholarships and grants to widows and Wounded Warriors.

“This is a noble cause- Soldiers taking care of Soldiers,” said USAG Livorno

Command Sgt. Maj. Felix Rodriguez. “I encourage community members to please support this great endeavor and encourage others to donate if they can.”

The AER campaign runs through Tuesday at every Army Installation.

Local youths take to the air waves

By Marisa Gaona
AFN Livorno

If you ask most American Forces Network employees about job security, most would say they are solid. Well, not so fast, because the local AFN DJ’s may soon have to make room for the new kids on the block.

Suzanne Sperl’s video communications class at Livorno Unit School is hard at work, polishing up radio spots for their client, the U.S. Army Garrison Livorno’s environmental office. AFN Livorno’s broadcasters needs to watch out, because one student is sounding pretty good.

“It took us a while to make the commercial, but it was still a fun process,” said Lexi Harvey, student.

Another young producer says it’s been challenging at times, but credits the support of her teacher.

“It was like having a guardian angel sitting there helping me through what I needed to finish and accomplish,” said fellow student Makayla Fleming.

Even the AFN videographers and combat cameramen need to watch out because student Sam Goodwin is eyeing a possible future in audio production.

“I’m not going to be one of those guys who earns a thousand dollars a minute or at least one of those, where you go, ‘mmmp-mmmp,’ but I’m better at doing that with video,” said Goodwin.

The radio spots produced by Sperl’s class are currently airing on AFN Livorno 106.0 The Eagle and 107.0 The Power Network. To learn more about how your child can become involved in the video communications class visit www.livo-ems.eu.dodea.edu.

News Briefs & Happenings



Photos by Chiara Mattiolo

See new photos everyday on our web site or share yours with us on the Camp Darby Facebook page

Army Sustainment Commander visits Leghorn Army Depot

Linda Eckley, right, engineer, explains the key initiatives at Army Field Support Battalion- Italy to Maj. Gen. Patricia McQuiston, left, commanding general of U.S. Army Sustainment Command, the renovation project of the maintenance facility during her visit to Field Support Battalion Italy April 30.



Making a difference for Earth Day everyday:

Lisa Woeber, left, Core Compliance Manager, talks with Kim Fairnut, right, and her son CJ on Earth Day about Camp Darby’s Environmental Offices initiatives at the Livorno Commissary April 24. Learn more about what you can do to help the community be Earth Friendly by visiting the environmental web page at www.usag.livorno.army.mil.

Darby Dates

Visit the community calendar for upcoming events and details at www.usag.livorno.army.mil

New Running Club

Every Tuesday at 7 a.m. “The Back of The Pack” running club meets at the gym. Strollers and families are welcome. It is free to be in the club with option of purchasing a T-shirt and running in noncompetitive races.

Lights Out Comedy Show

Comedians Johnny Cardinale, Motavasseli Assad, Sean Kent, Mark Serritella and Maria Shehata will have a free show May 25 at 7:30 p.m. at the Darby Community Club.

American Beach Opening

633-7775

The official beach opening is May 25. There will be a ribbon cutting at noon to be followed by a free barbecue, entrance and parking kayaks, umbrellas, pedal boats, boogie boards, volleyball courts and children’s playground are all free.

Child, Youth, School Services

633-7681

Join America’s Armed Forces Kids Fun Run May 19 at 9 a.m. Register online at www.americankidsrun.org.

Sports & Fitness

633-7438

May Strong B.A.N.D.S promotion means the Half Ironman Triathlon Challenge, free TRX Straps clinic, Aqua Zumba/Fitness classes (first class free), Swim meet and more. Sign up at the Fitness center.

ITR

633-7589

- ◆ Venice, May 19
- ◆ Pisa and Lucca, May 26

Retiree Information

633-7084

Those currently receiving Social Security should check to see if their military time was calculated in their SS benefits. If you served on active duty military service from 1957 through 2001, visit www.socialsecurity.gov/retiree2/military.htm#2002 for more information.

Religious Activities

633-7267

- 9:40 a.m. Catholic reconciliation
- 10 a.m. Catholic Mass
- 11:15 a.m. Protestant worship
- 11:15 a.m. Catholic CCD

Historic bow competition:

Locals gather for this renaissance-like competition Sunday in Montecchio Maggiore, near Villa Cordellina Lombardi, about 12 miles west of Vicenza.



Courtesy photo

Piazzola Sul Brenta (Padova)
B.B. King: July 13 in Pistoia
Norah Jones: July 14 in Lucca
Duran Duran: July 16 in Verona, July 23 in Piazzola Sul Brenta (Padova)
Lenny Kravitz: July 16 in Sarzana (La Spezia), July 19 in Vigevano (Pavia)
Bob Dylan: July 16 in Barolo (Cuneo)
Ben Harper: July 20 in Piazzola Sul Brenta (Padova)
The Beach Boys: July 27 in Milan
Alice Cooper: July 30 in Milan
Leonard Cohen: Sept. 24 in Verona
 Tickets available in Vicenza at Media World, Palladio Shopping Center or at www.greenticket.it/index.html?imposta_lingua=ing or <http://www.ticketone.it/EN/>.

Local events

New Conversations Jazz Festival:

In Vicenza, Friday-May 12. Entitled "Fair East: on the routes of Marco Polo and Thelonious Monk," this year 17th edition is dedicated to the Far East featuring musicians from India, Japan and Southeast Asia. Tickets: €25; reduced €20 for the concerts held at the Olympic Theatre; €20, reduced €15 for the concerts held at the Vicenza City Theatre; reduced fee are for people younger than 30 and older than 60; free entrance to all the other events.

Thursday: 7 p.m. Palazzo Cordellina, Sax (Ettore Martin) and piano (Matteo Alfonso)

♦ 9 p.m. Vicenza City Theatre, Annie Whitehead "Soup songs: Tribute to Robert Wyatt"

♦ 9:30 p.m. Panic Jazz Café Trivellato, Basilica Palladiana, Pagliaccia-Gallucci-Pozzer Trio and Antonio Sanchez Quartet

Friday: 5 p.m. Vicenza historical center, Mo' Better Band

♦ 6 p.m. Palazzo Cordellina, Monk's songs

♦ 9 p.m. Olympic Theatre, Fabrizio Bosso Quartet & Olympic Theatre Orchestra; 9:30 p.m. Panic Jazz Café Trivellato, Basilica Palladiana, G.J. and Dominic Miller Quartets

Saturday: 5 p.m. Piazza Matteotti, The Ukulele Lovers

♦ 9 p.m. Olympic Theatre, "3 Monkish Pianos"

♦ 10:30 p.m. Panic Jazz Café Trivellato, Basilica Palladiana, Final Surprise Band

Bisi (dialect for peas) Festival:

Friday-Monday, in Lumignano di Longare, 8 miles south of Vicenza. 6:30 p.m.: food booths featuring the local "risi e bisi" (rice and peas), peas lasagna, polenta and cheese, sopressa (Vicentine salami), prosecco and other local wines. 9 p.m. live music.

Nanto Festival:

Thursday-Monday, in Ponte di Nanto, about 10 miles south of Vicenza. 7 p.m. food booths featuring local specialties,

prosecco, and spritz. Saturday and Sunday live music and ballroom dancing at 9 p.m. Monday at 11:30 fireworks.

Romeo and Juliet Historical Bow Tournament:

Sunday, 9 a.m.-1:30 p.m., in Montecchio Maggiore, near Villa Cordellina Lombardi, Via Lombardi, about 12 miles west of Vicenza.

100th Spring Festival:

Friday-May 18, in Camisano Vicentino, about 11 miles east of Vicenza. This year's theme is "From Corn to Polenta, From Craft to Trade". Food booths in Piazza della Costituzione featuring local specialties; carnival rides, raffle; merry-go-around in Piazza Umberto I; local products exhibit and sale; vintage agricultural tools and vehicles in Piazza della Repubblica and Piazza Libertà

♦ Friday: food booths open at 7 p.m.

♦ Saturday: 3 p.m. "Camisano like Montmartre" exhibit of paintings by local artists in Piazza Umberto and surrounding streets; 7 p.m. fair's grand opening with the local musical band; food and wine tasting; 9 p.m. live music with the Vagabond Kings-Bon Jovi tribute band and Eternal Doubt

♦ Sunday: 9 a.m.-6 p.m. in Piazza della Repubblica local products exhibit and sale; from 9 a.m. Welcome Vespa Day, Vespa Rally; 9:30 a.m. historical costume parade from Via XX Settembre to Piazza Umberto I; 4:30 p.m. dance and artistic gymnastic shows; 9 p.m. singing contest

♦ Monday: 9 p.m. in Piazza della Repubblica, live music and ballroom dancing with Marco and I Niagara, cost: €2

♦ Tuesday: 9 p.m. in Piazza della Repubblica, live music and ballroom dancing with I Sabia, cost: €2

♦ Wednesday: 9 p.m. live music and ballroom dancing with Rossella Ferrari and I Casanova, cost: €2

Bondola Festival:

Friday-Sunday, in Torrelvicino, Via Fogazzaro,

about 18 miles northwest of Vicenza. Food stands featuring the bondola, pork sausage, a typical local product.

• Friday: 7 p.m. food booths; 9:30 p.m. entertainment and music with the Reset Band.

• Saturday: 6 p.m. food booths; 9 p.m. live music and dancing with I Rodigini Orchestra

• Sunday: 10 a.m. food booths and bondola sale; 7:30 p.m. dance show; 8:30 p.m. live music and dancing with Santamonica Orchestra

26th Italian Biker Fest - Italian Motorcycle Championship:

Thursday-Sunday, in Lignano Sabbiadoro (Udine), Terrazza Mare and Piazza M. D'Olivo, about 102 miles east of Vicenza. Custom motorcycle show, airbrushing and pin striping demonstration, American car show, and carnival rides. Free entrance. For detailed info in English, visit <http://bikerfest.it/index.php?lang=en>.

FREE concerts, exhibits & events

Concert with the Conservatory students:

Saturday, 5 p.m., in Vicenza, Conservatory, Contrà San Domenico 33.

Gregorian songs, antique and modern polyphony:

Sunday, 3 - 5 p.m., in Vicenza, San Vincenzo Church, Piazza dei Signori.

Mother's Day Concert:

Sunday, 5:30 p.m., in Vicenza, Teatro Comunale, Viale Mazzini 39.

Ceramics exhibit:

in Vicenza, ongoing through May 15, ViArt, Contra' del Monte 13, Tuesday, Thursday, Saturday and Sunday 10 a.m. -12:30 p.m. and 3-7 p.m.; Wednesday and Friday 3-7 p.m.

Acoustic night:

Monday, 8:30 p.m., Marostica, Panic Jazz Club, Piazza degli Scacchi. Enjoy live jazz and

Concerts

Metallica: Sunday in Udine
Allan Holdsworth Band: May 23 in Milan

Coldplay: May 24 in Torino
The West Group - From USA with love: May 29, in Vicenza, Teatro Comunale

Metalfest: June 5-7 in Monza
Marilyn Manson: June 7 in Padova

Bruce Springsteen and the E Street Band: June 7 in Milan, June 10 in Florence, June 11 in Trieste

Madonna: June 12 in Rome, June 14 in Milan, June 16 in Florence

Black Sabbath: June 24 in Rho (Milan)

Tom Petty and the Heartbreakers: June 29 in Lucca
Cranberries: June 30 in Piazzola Sul Brenta (Padova)

Al Jarreau: July 2 in Milan

Joan Baez: July 3 in Milan

Gipsy Kings: July 5 in Milan

Billy Idol: July 7 in Piazzola Sul Brenta (Padova)

Sting: July 10 in Piazzola sul Brenta

Wolfmother: July 11 in

ODR trips

Munich and Dachau express: Saturday

Photo Travel Workshop at Lake Garda: Wednesday

Sea kayaking: May 19

Piedmont wine tasting: May 19

Croatia Basic Open Water SCUBA course: May 21-28

Aqualandia: June 2

Grappa tasting and Bassano: June 6

Marche Region - Portorecanati, Sirolo and Numana: June 9-10

Sea kayaking: June 10

Tuscany Road Ride: June 15

Slovenia weekend: June 15-16

Sports day at Lake Garda: June 16

Jesolo Beach: June 17

Wine-down Wednesday: June 20

Cinque Terre Cruise: June 23

Burano Island: June 24

Trips can be booked on WebTrac at <https://webtrac.mwr.army.mil/webtrac/Vicenzarectrac.html> or by following the WebTrac link on www.vicenzaMWR.com or at ODR.

Now Showing



Ederle Theater

Thursday	Wanderlust (R)	6 p.m.
Friday	Gone (PG 13)	6 p.m.
	Project X (R)	9 p.m.
Saturday	The Avengers (PG 13)*	3 p.m.
	The Avengers (PG 13)*	6 p.m.
Sunday	The Avengers (PG 13)*	3 p.m.
	The Avengers (PG 13)*	6 p.m.
Wed.	The Lorax (PG)	6 p.m.
May 17	The Lorax (PG)	6 p.m.
May 18	John Carter (PG 13)	6 p.m.
	Silent House (R)	9 p.m.

Camp Darby Theater

May 18	Gone (PG 13)	6 p.m.
May 19	Safe (R)*	1 p.m.
May 20	John Carter (PG 13)	6 p.m.
May 25	Silent House (R)	

Admission: *First runs, age 12 and older, \$5, younger than 12, \$2.50
 Regular release, \$4.50/\$2.25 Special pay \$3/\$1.50
 The Ederle theater box office opens one hour prior to show.

View MOVIE TRAILERS and more online at
www.shopmyexchange.com/ems/euro/vicenza.htm or
www.aafes.com/ems/euro/livorno.htm

Special events

Giorno Della Famiglia (Family Day) will be held June 2 noon-6 p.m. It's a fun day for Soldiers and Families hosted by Family and MWR, USO and the 173rd. Event includes food, live music and antique car and motorcycle show, two bouncy houses, face painting, static displays, something for everyone. The event is open to ID card holders, their Families and guests and takes place at the Arena and the N-40 field area.

Around the post

- A new service at Tax Relief Office allows you to set up automatic payments from your credit card or debit with credit card. Why stand in line to pay? Never worry about paying late fees when you are on leave or deployed! Sign up with your Chase MWR MasterCard and save even more. MWR Card users earn 2 percent cash back from Chase. Customers in both Livorno and Vicenza are eligible, so stop by your Tax Relief Office now and sign up. Sign up between Monday-May 30 and be eligible for a drawing for these great prizes; \$300 DeCA gift Card, \$200 DeCA gift card and the Family and MWR prize package that includes a Fold up Chair, 6-pack or 2-bottle wine cooler bag, laptop computer bag and a solar charger for your small electronics. The drawing for prizes will be held June 1, 5:30 p.m. at the Old Soldiers' Bar inside the Golden Lion. You don't need to be present to win but that night Old Soldiers' Bar will feature special finger foods 5-7 p.m. and \$2 Spritz special all evening long.

- Last chance to respond to the MWR Services Survey. Data collected through this survey will be used by garrison and HQ IMCOM leaders to make decisions on what programs to continue, new construction projects, justify funding to improve existing programs and new programs and improve MWR programs overall. They need your opinion. Currently response rates from Soldiers are 5-12 percent from spouses. They want to know what programs and services are important to you. If you received an invitation to be a part of the survey sample please log on and take the survey. It only takes a few minutes and can make a difference for our future. The survey closes May 18.

- There is a very special opportunity for free tickets to the Terri Clark Concert at the Cowboys Guest Ranch in Voghera June 3. This is available to U.S. ID card holders only and while the ticket is free, there is a €90 fee for transportation and hotel. The deadline to reserve your space is May 26. Email your request to specialevents@vicenzaMWR.com.

CYSS

- Teens head to Gardaland for an exciting day at the amusement park May 19. All middle school and high school students are encouraged to sign up on line with WebTrac or at Parent Central Services. Call 634-7659 for details.

- Check out the local talent in this

year's Variety Show Tuesday, 3:30 p.m. hosted by the Student Council and the Teen Center at the AAFES Post Theater. It's free and open to the entire community. The show includes a talent and fashion show plus the Mr. and Ms. VHS pageant. Call 634-7659 for more information.

- The next Parent Advisory Group meets May 22, noon-1 p.m. in the large classroom at ACS. On the agenda are CYSS summer activities, deployment benefits, Strong Beginnings and the DoDDS School Reduced Lunch Program. Call 634-8347.

PTSA Spring Carnival

The Vicenza Parent Teacher Student Association is holding a school carnival May 18 from 6-9 p.m. Games, food and prizes will be available.

Food Handler's course

A course on how to properly handle and serve food will be offered Tuesday, sponsored by the Vicenza PTSA from 3:15-3:45 p.m. at the Villaggio school. A card will be received from the course that is good for 12 months.

Soldiers' Theatre

"Sylvia" an adult comedy about a man, his dog and his marriage opens this week At Soldiers' Theatre. Performances are on Fridays, and Saturdays at 7:30 p.m. and Sundays at 2 p.m. through May 20. Stop by the box office or call 634-7281.

Army Community Services

The ACS Job and Volunteer Fair will be held Wednesday, 11:30 a.m.-1 p.m. in the lobby of building 108. It's the place to be if you are looking for a job or want to volunteer in the community. You'll have the chance to meet face to face with the hiring agencies on post. Call 634-7500 for more information.

Job opportunity

Central Texas College announces the opening of a position for the Vicenza Functional Academic Skills Training instructor. The goal of a FAST class is to improve a Soldier's GT score. Requirements: bachelor's degree, two years of college math

and two years of college English plus teaching experience. Pay rate: is \$20 per hour. Apply to Central Texas College, Lisbeth Farinella, Academic Program Manager, 634-8930 or lisbeth.farinella@europa.ctcd.edu

Small unit training

The Vicenza Mission Command Training Center has an operational language and cultural training system available for units to conduct language and cultural training for Soldiers in a self-paced course. Units should contact the Vicenza MCTC at 634-8076 or go to building 350.

Health center limited operations

In support of the deploying Soldiers, the Vicenza Health Center will provide limited operations from 7:30 a.m.-12:30 p.m. Mondays-Thursdays, through May 17. During this time, only the Birthing Center will be open.

For emergencies and/or to call an ambulance when the Health Center is closed, call 118. To speak with a nurse, 24x7, call the Nurse Advice Line at 800-877660. To call the San Bortolo patient liaisons, call 0444-75-3300, 634-8384. To book an appointment on line, visit www.tricareonline.com.

EFMP

Art with Anything classes will be every second and third Friday of the month beginning this Friday and will be May 18 and June 8 and 15 at the Arts and Crafts Center. A fee of \$3 will cover the cost of supplies and siblings are welcome. For more information or to register call 634-7500/8582.

Arts and Crafts Center

- You can still sign up for a two-hour session on Wheel Throwing Basics Sunday, where you will learn about using the studio, prepping the clay, centering, opening, pulling and shaping. Then you will schedule a follow-up class that is included in the price that will cover trimming and glazing techniques. Call 634-7074.

- The next Intro to Framing scheduled May 19 will teach you

the basics and certify you to use the frame studio. Also May 19, at 2 p.m. join a two-hour class designing mosaic coasters. Once you've learned the basic skills in this session you can create many other great projects.

Equal Opportunity

An observance will be held May 24 at 3:30-4:30 p.m. at Hoekstra Field Pavillion in honor of Asian American/Pacific Islander Heritage Month. Guest speaker will be Lt. Col. Editha Ruiz, chief of women's health at the U.S. Army Health Center Vicenza. The event will also feature traditional dances and food sampling. For more info. contact the EO office at 634-7914/6061.

Health Assessment appointments

School physicals will be June 19, Aug. 14 and Aug. 21 at the Vicenza Pediatric Health clinic for ages 5 and up by appointment only. Forms are available at CYS registration and the high school office or online and must be filled out and signed before appointment. A shot record is necessary. These appointments are not for patients with chronic medical conditions, such as asthma or ADHD. Children ages 14 and older may be unaccompanied. To register call 0444-61-7000 or go online to www.tricareonline.com.

UMUC summer classes

University of Maryland University College is offering some new classes and few regular favorites for the Summer session: Art History of the Western World, Human Health and Diseases, Elementary Italian I and Foundation of Oral Communications. With the exception of Italian, all classes are in the hybrid format, where half of the course is done in the class room and the rest online. New students earn \$700 by applying for "New Student Scholarship." There is also a \$150 textbook scholarship and 25 percent off all textbooks offered this term. Registration for classes runs from now to June 3 and classes run June 4-July 27. For more info call: 634-8927 or email: vice@europa.umuc.edu

Religious activities

Chaplain Crisis Line

To speak with a chaplain after hours, call **634-KARE** (634-5273)

Sunday services

9 a.m.: Mass, Sacrament of Reconciliation following Mass, or during duty hours
11 a.m.: Protestant worship
1:30 p.m.: Full Gospel Pentecostal worship
5 p.m.: Contemporary Christian service

Mondays

5:30 p.m.: High School Small Group (sponsored by Club Beyond) meets at The CLUB House for dinner; Bible study starts at 6:30 p.m.

Tuesdays

9 a.m.: Protestant Women of the Chapel
12:30 p.m.: Middle School Small Group (sponsored by Club Beyond) meets at the Middle School in room 1017
5 p.m.: Contemporary Praise band practice

Wednesdays

3:15 p.m.: Middle School Club Beyond meets room 1017 in VMS
5:30 p.m.: PWOC Bible study. Dinner provided. No child care
5:30 p.m.: High School Club Beyond meets at the Teen Center for dinner; meeting starts at 6:30 p.m. Call 340-665-3453 for information
5:30 p.m.: Catholic choir practice
6:45 p.m.: Gospel choir practice

Thursdays

9:30 a.m.: Catholic Women of the Chapel
5:30 p.m.: Gospel service choir rehearsal
7:15 p.m.: Gospel service Bible study

Faith group contacts

Bahá'í Faith: Call Russell Menard at 389-133-4627 or 349-708-2535
Islamic: Call 634-7519 (0444-71-7519)
Jewish: Call Paul Levine at 345-907-2108
Latter Day Saints: Call Chance Wilson at 327-869-8107. Sunday services, 9:30 a.m.-12:30 p.m. at Viale Trento 246, Vicenza

Call the Caserma Ederle chapel at 634-7519 (0444-71-7519) for more information on religious activities.



Photo by Annette Franklin

Hiking in the Alps: A group of Girl Scouts from Vicenza take a walk during a trip to Switzerland to visit the World Centre April 27-29. Thirty-one girls and nine adults traveled by bus and learned the Swiss-German language, basic first aid and camped while there.

DON'T BE LATE: Email briefs to editor@eur.army.mil by noon on Monday, or by 4 p.m. Friday if Monday is a holiday.

Sports

Sports shorts



Mothers, daughters ball:

Above, Vicenza Daughter team Adriana Lovelace, #44, tries to take a shot surrounded by Italian opponents during the Mother and Daughter Day Basketball held at the Vicenza Fitness Center Sunday. At right, Julia Sibilla looks for an open teammate as a player on the Mother's team Sunday. Many community members attended the third annual event where Caserma Ederle's ladies basketball team competed on the court against a local Italian team.



Photos by Laura Kreider



Photos by Laura Kreider

Above, Vicenza High School soccer team Tatiana Miranda, white jersey, battles against a Sigonella opponent during the game held at the multipurpose field Saturday. At right, VHS Boys Dale Howell celebrates his goal scored Saturday during the game against Sigonella.



Strong B.A.N.D.S.

Army MWR Strong B.A.N.D.S. programs are offered throughout the month of May and feature balance, activity, nutrition, determination and strength. Attend featured events in Vicenza, get your band and wear it throughout the month and visit the Strong B.A.N.D.S. website www.armymwr.com/strongbands for fitness tips and prizes every day in May. Featured events in Vicenza include a Veneto Trail Run May 22, and an Outdoor Power Pump May 23 and 24. Visit www.VicenzaMWR.com for complete details on all these events.

Summer Strong

Earn a T-shirt this summer in the "Summer Strong" program. Pick up a card at the Fitness Center desk and each time you participate in a fitness class or use a personal trainer between May 23 and Sept. 19, have the instructor initial your card. When your card is full you can claim your T-shirt. Call 634-7616 for more information.

Long Distance Training Program

It's the best time of the year for going out on a run. How about trying to train for the Army 10 Mile Race at Grafenwoehr, Germany July 7, or any half or full marathon? Get motivated and train in a group atmosphere to increase performance, endurance and speed. Meet new running friends in the community, explore new running routes and learn new ways to train for a distance race. Whether you're a beginner or a pro, anyone ages 18 years and older and out of high school is welcome. For questions contact Christina Salas, Post Fitness Center, 634-7502. Basic schedule is Monday 6 a.m. Tempo run meets at the track four-seven miles. Wednesday 6 a.m. Speed work meets at the track. Saturday 7 a.m. Meets outside Chapel Gate 2: Long Run — seven-plus miles. Sign-up at the Fitness Center Front Desk or return invitation to front desk.

Lifeguard training

Get ready for a summer job at the pools. Lifeguard training will be held Sunday-Wednesday or June 7-10. Participants must be at least 15 years of age by the last day of the course. Call 634-8642 or visit www.vicenzaMWR.com for details about the course and the required pre-test.