



Anything look familiar?

The clothes are piling up over at AAFES' Stripes-The Alterations Place store... and, they might be yours. According to the AAFES policy stated on the back of the receipt for a work order, given to every customer, if you leave an item at the shop for a period of 90 days or more after the order is ready to be picked up, it becomes the property of the store. Add "Stop by Stripes and pick up my recently (or not so recently) tailored clothes" to your to-do check list. (Photo by Spc. Justin Nieto, SETAF Public Affairs)

Rumsfeld urges Congress for support of defense budget requests

By Donna Miles American Forces Press Service

> Department's ongoing transformation, Rumsfeld said.

Caserma Ederle streets begin changes for HomeFront celebration

Office of the Provost Marshal Community Announcement

o ensure the safety of our community members during the Homefront Celebration and the 4th of July celebrations, several roads will be closed from May 29 until approximately July 5.

side. This area will remain closed until after the 4th of July festivities (See Map).

On June 13, a pedestrian and bicycle lane will be established on Olson Avenue beginning adjacent to 8th Street continuing south to the Chapel Gate, which will allow runners and bicyclist competing in the Tin Man Triathlon to exit Gate 2 (Chapel Gate) safely. The lane will be marked with red cones as personnel run and bike south on Olson Avenue toward the gate. Twoway traffic will still flow on Olson Avenue but everyone should expect minor delays during the morning hours. For question on road closures, contact PMO Operations at 634-7248.

WASHINGTON – U.S. troops serving in the war on terror are giving their all and deserve everything the country can give them to help them succeed, Defense Secretary Donald Rumsfeld said Wednesday in urging Congress to pass the fiscal 2007 defense budget and 2006 budget supplemental requests.

"The troops have done everything that's been asked of them, and they've done so with courage," Rumsfeld told members of the Senate Appropriations Defense Subcommittee. "And we owe it to them and to the country that they have sworn to protect to see that we provide the resources and the capabilities that will not only win today's wars, but also best assure peace in the decades ahead."

The proposed budget and supplemental will provide critical funding for the terror war and other missions to U.S. national defense, including the Defense

If there was ever any doubt about the need for these changes, the events of Sept. 11, 2001, should have dispelled it for good, he said.

"And today that enemy, though under constant pressure and on the defensive, is still conspiring to bring murder and suicide to our cities," he said. "This long war, this struggle against violent extremists, is a central security issue of our time."

Rumsfeld cited progress in Iraq, which will soon be governed by a permanent national unity government elected under a new Iraqi constitution.

"It's entered a hopeful new phase," he said, expressing faith in Iraq's new leaders who will lead it forward. "They seem to be very serious people who recognize that they have a window of opportunity to make headway on the serious challenges that their nation faces."

See Budget Requests on Page 3

The area commonly known as the "North 40" will be closed to civilian vehicular traffic beginning May 29 in order for contractors to begin placing stages and equipment to support the activities planned for June 12-14. This will include the parking lot adjacent to the Vicenza Health Clinic on the field

Exceptional Volunteers honored at Camp Darby

Photos by Chiara Mattirolo *Livorno Public Affairs*

Lt. Col. Stephen J. Sicinski, commander, USAG Livorno, presents the Youth Volunteer of the Year plaque to James Speck during the Camp Darby Volunteer Recognition Ceremony May 9. This year for the first time two youth were recognized for this award. (Left) Kieran Wilde receives the Youth Volunteer of the Year plaque. Also honored were the Camp Darby Exceptional Volunteers: Melissa Wilde, James Speck, Joanne Colon, Jonathan Thomas, Kieran Wilde, Andra Barna, Claudia Ziegenbein, Heidi Fernandez, and John Wilderson Jr.

AAFES makes changes to school lunch program

AAFES Vicenza News Release

With the school year 2005-06' nearing to a close, AAFES would like to remind parents of school-age children to stop by the cashier's cage at the main store and pay any balances owed, or receive a refund for any over payments to their child's school meal account.

AAFES asks parents to do this as soon as possible after the last day of school. They will be closing all school meal accounts effective June 30.

For the school year 2006/07, parents will need to set up a new school meal account for their child. This can be done anytime after July 15.

AAFES encourages parents to do this before the start of the new school year to ensure their child has an active account on the first day of school and to avoid long waiting times at the cashier cage when school starts again.

Stop by the cash cage in the PX for any question or concerns.

Community Action

This forum is to discuss issues affecting the community. If you have an issue you wish to submit, visit the USAG Vicenza Web site at www.usag.vicenza.army.mil and click on the Community Action Council link. This link provides you the opportunity to review issues that have been previously submitted and responded to by post agencies. There is also a form available for you to submit any new issue you would like addressed. If you have questions, call 634-5222 or 0444-71-5222 from off post.

The command encourages you to identify yourself when submitting a CAC issue in order to be able to answer your concern directly.

The command also reminds the community that CAC issues submitted containing vulgar, derogatory or inflammatory language will not be addressed.

Childcare is offered during the CAC at \$4 per hour, per child, for children ages 6 weeks old through kindergarten from 8:45-11:15 a.m. Preregistration is required. Children will be cared for in the Child Development Center, building 395. Children must be registered with Child and Youth Services Central Registration. Call 634-7219 or stop by their location in the Davis Family Readiness Center.

The next CAC will be Wednesday beginning at 9 a.m. in the Ederle Theater.

which is already out of the date? Some of the expired foods are items which should be fresh such as eggs, yogurt and cheeses. Other food items, on the contrary, have no expiration date at all. Who is responsible for controlling this, and what can be done?

Response from DeCA: At the time of this response, March 15, the expiration date on the eggs was April 1 for the white shell eggs and April 4 for the brown shell eggs. On the yogurt, all varieties and companies were checked. None were expired; the expiration dates ranged form March 23-30.

All cheeses to include sliced, grated and block were examined and none were expired. The dates on the cheese items examined on this date ranged from May 15-23. Most items in the Commissary have easy to identify expiration or "best used by" dates. Others have a manufacturing code that can be translated by our on-site Military Public Health personnel.

All perishable items delivered to the Commissary are inspected to insure the products have sufficient shelf life in order to place the items for sale. The Commissary makes every effort to prohibit the sale or release for sale any item that has reached or exceeded its expiration date. In the event an item is received from the states with a very short shelf life, less than 5 days, the product manufacturer will reduce the price of the item in order to stimulate been a large stone-type ashtray placed next to the sidewalk between the library and PX where many smokers (mostly those individuals working inside the PX) come outside to smoke throughout the day. Those walking on the sidewalk from the PX and library are forced to walk through the smoke or walk through the parking lot instead. Due to the smokers being in such close proximity to the library, cigarette smoke drifts into the children's section of the library.

Recommendation: Enforce the policy.

Response from AAFES: Thank you for bringing this issue to our attention. The Vicenza main store has removed the ashtray in question. We have trained our associates on the post smoking policy and will be monitoring to ensure our associates are in compliance.

Issue: DeCA Privileges – Why are the Carabinieri allowed to shop in the Commissary with their family members who do not have Commissary privilege? I am an Italian married to an American, and I am not allowed to bring my Italian family members into the Commissary to shop.

Response from DeCA: On Febuary 28, The Vicenza Commissary began checking ID Cards of all patrons entering the Commissary. Those without the proper credentials are not allowed entrance into the facility. Select members of the Carabinieri and Italian military and their dependants are authorized commissary privileges as specified in the Status of Forces Agreement. Guests of authorized ID cardholders must present a passport and remain accompanied by the ID cardholder while in the Commissary.

and some other trash. The two dumpsters I used along with the cardboard recycling bin were each half empty. In the past week, I have also seen broken glass scattered along the road and parking area around building 108 and have seen civilian employees from that building cleaning it up in order to safely park their vehicles.

I have not seen any community-wide guidance on this subject in quite some time, and it saddens me to see the lack of pride our community is showing. There is no excuse for this kind of negligent behavior; a lot of people have worked very hard and a lot of money has gone into improving this installation, but the carelessness of few will in the end ruin it for everyone. Thank you for your consideration of this issue.

Responding Agency: USAG Vicenza: First and foremost, installation beautification is an ongoing task. We, as a command and a community, take great pride in the appearance of this installation. The installation and community wide guidance is seen daily. Programs are in place to ensure proper maintenance and police calls are being conducted.

Presently, this command has a post detail consisting of four soldiers reporting Mondays, Tuesdays, Wednesdays, and Fridays from 9 a.m. until 3 p.m. walking the installation policing up trash. Also, waste contractors are scheduled to empty dumpsters Monday, Wednesday, and Friday of each week. Staff duty personnel are tasked to police up common areas, i.e. PX, Commissary, Shoppette, and the entrance and exit of the installation during their duty hours. Soldiers on extra duty also walk the installation policing up trash. Each unit on this installation has an area of responsibility they must maintain. However, this command cannot police-up this entire installation without the help of the Soldiers, family members, and civilians. Dumpsters and recycling bins are in place in several areas on the installation. There should be no reason to place trash or boxes on the grounds. The area between building 107 and 108 is a designated unit's area of responsibility and they have been notified to play close attention to their area of responsibility, also the shoes mentioned in this discussion have been removed from the electrical line.

Issue: Movie Rental Drop-Off Box – With the parking squeeze on post, sometimes it is hard to find a spot to park just to return a movie rental at the Shoppette.

Recommendation: Make a drop-off box accessible by car so people don't have to find a parking spot to drop off movie rentals.

Response from AAFES: Thank you for submitting this suggestion. The Vicenza Shoppette has placed a work order through the Department of Public Works to install a Video Drop Box.

DPW and AAFES will survey an area adjacent to the west end of building 243, between the Shoppette and Burger King. This is a one-way road that will allow the customer to drop off the video from the car. We expect to have the box operational by the end of May. Again, thank you for your comment.

Issue: Expired Food in the Commissary – Why does the Commissary have a lot of food

nning sales.

The items are first analyzed by the veterinarian food inspectors for wholesomeness and quality. Only after the Commissary receives approval from the inspectors that these inspected items meet their criteria, will the items be released for sale. Commissary management is responsible for making available the freshest food possible. In this day and age of concern over food safety, the Defense Commissary Agency Vicenza takes food quality very seriously. In the event, under any circumstance, a customer comes across an item on the shelf that doesn't meet with their approval, please don't hesitate in bringing it to our attention before you leave the Commissary. Issue: Smoking Within 50 feet of Government Buildings - There is a very clear sign posted at the entrance to the library stating that there is to be no smoking within 50 feet. Why are smokers being permitted to smoke within 50 feet of the library entrance (as well as other buildings on post)? There has even

However, guests who possess an Italian Passport are prohibited from entering the facility in accordance with the agreement.

Issue: Appearance of Caserma Ederle – Members and non-deployed military were reprimanded numerous times over the past year and threatened with a removal of privileges for the lack of proper usage of the recycle points in the Villaggio housing area; yet we have shoes hanging from electrical lines and trash lying around half-empty dumpsters on post now and no one is saying a word?

Today, March 16, I observed a pair of shoes hanging from the electrical line between buildings 107 and 108. I also found a large number of boxes scattered around the recycling point on 8 Street along with a desk

BUDGET REQUESTS: Rumsfeld urges Congress for support of defense budget requests From Page 1

These developments make it critical Congress to approve President Bush's full budget supplemental request for operations in the global war on terror, Rumsfeld told the subcommittee.

Delays put the services' operations, maintenance and training accounts at risk and force the services to shift funds from other parts of their budgets.

But the effect goes deeper, and could undermine what Rumsfeld called "truly significant progress in turning over greater responsibility and territory to Iraq's army and police forces."

Cuts in the funding

requested to continue this progress will only backfire, costing U.S. taxpayers more in the long run and delaying the time when U.S. troops can return home, he told the subcommittee.

It costs 10 times as much to recruit, train and deploy a U.S. servicemember as an Iraqi soldier, and more than twice as much to sustain a U.S. Soldier in the theater, Rumsfeld noted.

But there's a far bigger cost. "Any slowdown in funding for training and equipping the Iraqi security forces has the added harmful effect of postponing the day when our men and women in uniform can continue to pass off more responsibilities to the Iraqis and come home," the secretary said.

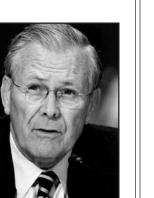
Rumsfeld told the committee of a group of active, National Guard and Reserve troops he met two weeks ago at Atlanta's Hartsfield Airport. All were returning to Iraq, where they'd already served for six months, after two weeks of rest-and-recuperation leave.

The secretary said he was moved to shake their hands and personally thank them for their service and sacrifice. But he said he was equally moved to watch how other passengers in the airport responded to the troops.

"People there waiting for other airplanes spontaneously clapped and stood up as these folks put their duffle bags on their shoulders and moved to charter flights to take them back to Iraq," he said.

Their response shows the American people's high regard for and appreciation of the men and women in uniform, Rumsfeld said.

"It reflects the appreciation and the support for the service that has been manifested by this committee and by the Congress and the people you represent," he told the subcommittee members. "So I thank you for your



ID Theft Lose yourself lately?

By Spc. Justin Nieto SETAF Public Affairs

hen it comes to stealing, many people worry about losing their possessions, like a car, some electronic equipment or money. All that is changing lately, as more and more people find themselves the victim of a crime once thought impossible: Identity Theft.

How can someone actually steal another's identity? It's surprisingly and disturbingly simple, according to Ali Littleton, the security manager for the USAG Vicenza, who states many issues arise when the person's military ID is compromised.

"Once your ID card is compromised, that's it. It's out in the world," said Littleton. "That allows the thief to do just about anything they want."

A prime example of how easy it is for someone to obtain the information on your ID card is a club. If an establishment asks you to leave your identification with them for your stay, you should find somewhere else to go, according to Littleton.

"If you are not focused on personal security while you're out there, you can have someone else pretending to be you," said Littleton. "They can open loans in your name, apply for credit cards in your name, take your Social Security benefits, and you won't even know about it until it's too late."

The techniques utilized to steal one's identity are varied and can range from low to high tech in their design. One common method is known as "phishing."

Phishing is the use of phony emails, often pretending to be sent from banks, needing you to "update your financial information" in order to obtain bank account numbers or other personal information.

A low tech way to get some of your personal information? Your garbage. Simply by going through a person's trash, you can gather a wealth of knowledge.

"Most of the information we get on people who live on post is by dumpster diving," said Littleton.

Over the years, this crime has shown a dramatic increase in activity.

According to the Criminal Investigation Command, the number of complaints related to identity theft has grown from 35,000 in 1992 to 550,000 in 1998, and then to an estimated two billion in 2005.

This crime shows no signs of going away, so it is vital people protect their personal information at all times.

Littleton suggests people obtain three credit reports from three separate agencies, Equifax, TransUnion and Experian, all once a year. This is to keep on top of one's finances and make sure nothing is out of the ordinary.

As the world is slowly making everything available online, it's up to you to make sure one of those things is not your life.



Change of Command

Lt. Col. Kathryn Hall, commander of the 208th Finance Battalion, right, passes the guide to incoming Bravo Detachment Commander Capt. Nicole Fischer, left. Behind Hall is the outgoing commander, Capt. Michael Hagerty Jr., who is on his way to Ft. Meade after three years in command of the detachment. (Photo by Spc. Justin Nieto, SETAF Public Affairs)

Sure Start accepting applications

Vicenza Elementary School has available the Sure Start Preschool Program, modeled after Head Start in the United States. It is a full day, high quality preschool for 4 year olds. It targets children who may potentially be "at risk" for not being ready for kindergarten the following year.

There is a mandatory parent education component including scheduled home visits, quarterly parent meetings and participation in the classroom.

Applications are being accepted now for the school year 2006-07, and children must be 4 years old by Oct. 31.

The program is designed for children of sponsors ranking E4 and below, but anyone is welcome to fill out an application.

Visit the VES office for an application or call 634-7579 for more information about Sure Start.

Quartermaster Laundry Pickup Point – Community Announcement

The Vicenza Quartermaster Laundry Pickup Point prices per item have increased. Some of the changes are: no press cash customer \$2.35; medium and high press cash customer \$2.65; and non-cash (MIPER) customers no press \$.90, medium \$1.40, and high press \$1.85.

The QM Laundry has discontinued dry cleaning services. As an alternative, the AAFES Pickup Point,

the Vicenza military community with dry cleaning service. All efforts where made to keep dry cleaning services and to keep prices at a minimum, but the total cost to operate the facility and the work accomplished has not proven cost effective.

For a complete list of the QM Laundry price changes, stop by their location near the Hall of Heroes. There is a

Defense Secretary Donald Rumsfeld told Capitol Hill lawmakers that cuts in the funding requested to continue progress in the terror war could cost U.S. taxpayers more in the long run and delay the time when U.S. troops can return home. (Photo by Navy Petty Officer 1st

Class Chad McNeeley)

support in this complex and difficult struggle.

located near the post laundromat, is available to service price list posted on their door.

The Outlook

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SETAF Commander Maj. Gen. Jason Kamiya

USAG Vicenza Commander and Publisher Col. Virgil S. L. Williams

> Editor Kelli Covlin

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The editor reserves the right to edit all submissions for style, brevity and clarity.

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Villaggio network infrastructure upgrade begins

Construction begins on the computer and phone network infrastructure upgrade in the Villaggio housing area. Residents can expect manhole and trench excavations during the routing of new fiber optic and copper cabling systems. This effects traffic speed and patterns as the contractor works. Construction will begin May 29 and is expected to be complete in September. (Photo provided by the 509th Signal Battalion)

CYS recognizes outstanding youth for community contributions

Youth of the Year

By Michele Taylor *Outlook Staff*

Editor's Note: Michele Taylor is a senior at Vicenza High School who spends a class period as part of The Outlook team. The following

of The Outlook team. The following is a Q&A interview she conducted with fellow VHS senior, Siddiq Touré, who was named Child and Youth Services Youth of the Year.

Full name: Siddiq Ibrahim Touré Grade, Age: Grade 12, Age 17

Mother: Qamariyyah Touré, works at the Benincaso Mother and Child Pavilion, Vicenza Health Clinic Father: Sékou Touré, works at

SETAF

How long have you lived in Vicenza?

I've been in Vicenza for about two years.

Where are some of the places

you have lived before? Which place was your favorite?

I haven't lived in as many places as you might think a military child would have lived. Actually, I have only lived in three different places, counting here.

I was born in Virginia Beach, VA; however, I don't remember it at all. I lived in Louisiana for about 10 years also.

I lived a total of about six and a half years in Germany; three years in Boutsbauch, about six months in Hanau, and three years in Grafenwohor.

Of all of these places, I would have to say Graf was the best place I have ever lived, so much so that I claim it as my home. I say the people make the place you live, and in Graf, I loved the people.

What are some of your plans for

the future?

After I graduate, I will start taking classes at the education center, with UMUC [University of Maryland Univeristy College]. I will probably do my first two years of college that way. If I am able to get residency, my plans are to attend Evergreen State University in Olympia, WA, majoring in photography or photojournalism.

What do you see yourself doing in 10 years? 20 years?

I honestly never like to think that far ahead because it causes me great anxiety. I tend to think more of all the things that could go wrong in the time rather than what I can accomplish. Hopefully in that amount of time, I will be married and leading a prosperous and productive life.

What is your dream job?

I have always wanted to do some modeling. That's why it is a dream job.

Who has had the most influence in your life? Why?

My parents have obviously had

Child and Youth Services Youth of the Year Siddiq Ibrahim Touré receives the award from Col. Virgil Williams, commander, USAG Vicenza, during the garrison's quarterly award ceremony in March. (Photo by Paolo Bovo, 7th ATC Photo Lab) the most influence in my life. They approached me with the application

the most influence in my life. They have always told me what I can and cannot do. That, and they are my financial support.

What piece of advice would you give to new students of Vicenza?

The best advice I could give a new student to VHS is to follow their heart and not their crowd.

What is the most important thing you have learned so far in your life?

The most important thing I have learned in my life so far is diligence. Being diligent is the key to success. Sticking to things and getting them done is a sure way to ensure that you progress in life.

What is your favorite subject?

Seminar, of all things, is my favorite subject; it makes up for lost time.

What is your favorite sport... favorite hobby?

Of what little free time I have, which is none as of late, skateboarding is my hobby and my favorite sport. Somehow that is not an option on this base since it is considered "criminal activity."

Ich liebe fuball spielen, I love playing soccer. It is a way for me to let go of my pent up aggression. Photography and videograghy are my relaxation tools; without them, I would probably go insane.

How were you chosen for CYS Youth of the Year?

Michel Morris, the Teen Center director, saw potential in me to be able to win this award. He

approached me with the application, explained what the award represented, and asked if I was interested, which I was.

I completed the application and all of its components, which consisted of letters of recommendation and two essays: one on how important I believe a post high school education is, and another on the meaning of "club."

A panel of judges from various backgrounds and professions reviewed my application and came to the conclusion that I was a prime candidate for the award.

For my exemplary leadership skills, community services, and my studious capabilities, I received the award.

How does it feel to be recognized?

It feels pretty good, like I've accomplished something. Actually I feel like some sort of mediocre celebrity.

What is the best part about winning the award?

I finally get more personal recognition for my work, so that feels pretty nice. It also looks good on college applications and other scholarship applications.

How would one go about winning one in the future?

It would do much good to just be proactively involved with improving your community and make your accomplishments known.

<image>

Vicenza takes 2nd in Europe Unit Level Volleyball Championships

The Alpha Sharks, 1st Battalion, 508th Infantry (Airborne) display their awards following the Army Europe Unit Level Volleyball Championships May 14 at the post gym. This was the first tournament the Vicenza team has competed in. Headquarters Company, 1st Armor Division from Wiesbaden, Germany, took first place. (Photo by Ricky Jackson, USAG Vicenza Sports Office)

Basic Airborne Refresher

A paratrooper from the 173d Airborne Brigade jumps from Geronimo Tower May 16 on Caserma Ederle. Sky Soldiers are preparing for a jump exchange with Italian paratroopers in Livorno. This is their first jump since re-deploying from southern Afghanistan.

Top left: A Soldier from Alpha Company, 1st Battalion, 508th Infantry (Airborne), demonstrates the proper use of a reserve parachute during a Basic Airborne Refresher class in preparation for the jump exchange in Livorno.

Left: A Soldier with Headquarters and Headquarters Company, 173d Abn Bde, participates in the BAR class. During the exchange, the Sky Soldiers will be juming with soldiers from the Italian Folgore Brigade. (Photos by Staff Sgt. Jacob Caldwell, 173d Abn Bde Public Affairs)







B.A.R.

WARRIOR GAMES HomeFront

Celebration

Employees of the Directorate of Morale, Welfare and Recreation, and a USAG Vicenza Firefighter, gladiator for the day, promote and sign up people for the events taking place during the Warrior Games HomeFront Celebration, a three-day community party to celebrate Soldiers returning from deployment. Events will take place June 12-14. For information or to sign up, stop by Outdoor Recreation, across from the Shoppette parking lot. (Photo by Spc. Justin Nieto, SETAF Public Affairs)



Celtic Music Festival

On May 27-28, there is a Celtic Music Festival being held in the town of Montecchio Precalcino, 16 kilometers from Vicenza. Different clans and groups will be present and dressed in their order. Some of the main events May 27 include the gates opening at 2 p.m. At 4 p.m. activities begin in the Celtic village where the crafts people will start their work. At 5:30 p.m. there will be activities for children, while at 7 p.m. the Celtic restaurant opens. At 7:30 p.m. is the ritual lighting of the fire, and at 10 p.m. there will be music. May 28 the gates open at 11 a.m. with the Celtic restaurant opening at noon. At 3:30 p.m. there will be activities for children. At 6 p.m. there is battle between the Celts and Cimbri, and at 7 p.m. the restaurant re-opens. Entrance fee is 6 euro, but if you go in costume and are younger than 18, or over 65 it's 4 euro. Children smaller than the king's sword get in for free.

Further information can be found on the Web at www.venigallia.com, in Italian only.

Soccer World Cup

Soccer fans from all over the world are gearing up to cheer for their country when they play their scheduled games. USA finds itself in Group E alongside Italy, Ghana and the Czech Republic. The first games in this group are on June 12 that sees two games: Italy vs Ghana in Hannover at 9 p.m. and USA vs the Czech Republic in Gelsenkirchen at 6 p.m. June 17, Italy vs USA in Kaiserslautern at 9 p.m. and Czech Republic vs Ghana in Cologne at 6 p.m. on June 22 the Czech Republic vs Italy in Hamburg at 4 p.m. and Ghana vs USA in Nuremburg at 4 p.m.. In Italy the matches will be televised on different TV stations. If you're not a soccer fan, this is the chance to explore the deserted city centers while the match is being played.



Over 20 wine

cellars in the province of Vicenza will open their doors on May 28 in towns such as Arcugnano, Breganze, Gambellara, Nanto and Montebello. Visitors can enter from 10 a.m.-6 p.m. Further information can be found on the Web at the following address: www.movimentoturismovino.it. Click on "le regioni," then "Veneto". Find "Cantine della Regione."

Reptiles Day

The 6th exhibition market of Reptiles Day will be held on the exhibition grounds of Longarone, May 27-28. There will be 71 exhibitors from 15 of Italy's regions, and four exhibitors from Germany, Austria, Belgium and Holland. Visitors will see reptiles, insects, tropical and carnivorous plants, such as the Venus Fly Catcher, and appropriate equipment and supplies, all on display. Last year saw over 3,000 visitors. Open 9 a.m.-7 p.m. each day. Entrance fee is 8 euro. Further information can be found on the Web at www.reptilesday.com. Directions from Vicenza (151 kilometers): Autostrada A4, A27 exit at Pian di Vedola and follow directions for Longarone.

Guided tours of Vicenza

Show off your adopted home to your friends and family by taking a guided tour of Vicenza's historical center and villas. Tours take place Saturday afternoon or Sunday morning depending on which tour is chosen. Full details and booking in English at www.vicenzae.org. Click on "Palladio per mano" on the right.

Antique Markets

The following markets will be open May 28: Piazzola sul Brenta, up to 1,200 vendors; Valeggio sul Mincio, 100 vendors; Treviso, 80 vendors; and Dolo, 80 vendors.

By Dorothy Spagnuolo

Vegetable & Fruit **Fests**

Piselli: The town of Peseggia province of Scorze', Venice, will hold its pea festival May 26-June 5. This weekend the following events will take place: May 27 at 7:30 p.m. food stands will open serving dishes with piselli, at the same time a female soccer match will take place at 8:30 p.m. with music by the D'Istinti Beat, who will play music from the 60's.

On May 28, 11 a.m., there will be music by the town's band and parade by majorettes. At 11:15 a.m. a vegetable market opens. At noon food stands open, and at 4 p.m. there will be a horse jumping exhibition. At 6 p.m. a performance by a folklore group will take place.

On June 2, an Italian holiday, food stands open at noon, and then 4 p.m. for a roller skate exhibition.

At 5:30 p.m. there will be a dance exhibition, and at 9 p.m. music by the I Castellani orchestra.

June 4 the food stands open at noon.

The town of Peseggia is 62 kilometers from Vicenza.

Marostica will hold its 62nd Cherry Festival on May 27 in the afternoon hours, and on May 28 it will be an all day event to include an exhibition (La Ciliegia nella Ceramica), Ceramic Cherries, to be held in the small ex-church St. Marco. Open from 10 a.m.-noon and 3-6 p.m. until June 4. In the afternoon, in the Chess Square, see games played from days gone by and medieval dancing.

The town of Castegnero, located near Longare, will hold their cherry festival from May 27-28. Activities and times will more or less be the same as above with a chance to enjoy the food stands, dance and eat some cherries.

At all of the events above, you will find rides for the enjoyment of children.

Now Showing

Caserma Ederle Theater

May 23	Madeas Family Reunion (Pg-13)	7 p.m.
May 24	Running Scared (R)	7 p.m.
May 25	16 Blocks (R)	7 p.m.
May 26	Ice Age 2: The Meltdown (PG)	7 p.m.
	Ultraviolet (PG-13)	9:45 p.m.
May 27	Aquamrine (PG)	4 p.m.
	Ice Age 2: The Meltdown (PG)	7 p.m.
May 28	Aquamarine (PG)	4 p.m.
	The Shaggy Dog (PG-13)	7 p.m.
May 29	CLOSED	
May 30	Ultraviolet (PG13)	7 p.m.

Camp Darby Theater

May 26	Inside Man (R)	6 p.m.
May 27	V For Vendetta (R)	6 p.m.
May 28	She's the Man (PG-13)	2 p.m.

Movie Synopsis

ICE AGE 2: THE MELTDOWN - Ray Romano, John Leguizamo-The Ice Age is coming to an end, and the animals are delighting in the melting paradise that is their new world. Manny, Sid, and Diego quickly learn that the warming climate has one major drawback: a huge glacial dam is about to break, threatening the entire valley. The only chance of survival lies at the other end of the valley.

SHE'S THE MAN - Amanda Bynes, Channing Tatum - Viola Johnson had her own good reasons for disguising herself as her twin brother Sebastian and enrolling in his place at his new boarding school. She was counting on Sebastian being AWOL from school as he tried to break into the music scene in London. What she didn't count on was falling in love with her hot roommate, Duke, who in turn only has eyes for the beautiful Olivia.

Admission: Adults age 12 and over \$4, children \$2. The Ederle Theatre box office opens one hour prior to show time. Tickets to blockbuster shows are presold at Baskin Robbins.

Medieval event

There will be a historical parade with a horse tournament in the town of Grazzano Visconti, province of Piacenza, on May 28. This event is a realistic, painstakingly accurate reproduction of the ancient horse tournaments complete with parade and observers in period costumes.

Horse tournaments include jousting by knights and contests of sword fighting and archery.

The town, Grazzano Visconti, was specifically built in the late 1800s to

have all the characteristics of a medieval town. Events start at 10 a.m. and end at approximately 6 p.m. Entrance fee is 8 euro, children 6-14 years of age costs 6 euro while children younger than 6 get in for free.

Directions: The town is located 11 kilometers from the city of Piacenza and is easily reachable from A1 (exit Piacenza Sud, south,) or from A21 (exit Piacenza Est, east). Follow signs for the "Stadio" until the end of the tangential. Then get on the SS 654 to Valnure-Bettola-Grazzano Visconti.

Grab your tongs, fill your commissary cart with veggies

It's Salad Month

By Kay Blakley

Defense Commissary Agency

FORT LEE, Va. – Have you had your serving of salad today? May is Salad Month, you know. Tossed salads of leafy

the foods contained in the salad, high in water and fiber as well as high in nutrients, brought about satiety (a feeling of fullness) on fewer calories.

Maybe this conclusion is something we already knew, because according to the Association for Dressings and Sauces. lettuce sales in the United States exceed \$1 billion a year, 73 percent of U.S. households

We also have a wide variety of regular, light, reduced-fat, low-fat, and fat-free salad dressings to choose from. Try to avoid making your dressing decision based on the front-of-the-package label alone - turn the bottle around and read the "Nutrition Facts" label on the back panel, too. The 100-calorie salads in the Dr. Roll's lunchtime study, by the way, were topped with fat-free dressing.

Tarragon, Tomato & Spinach Salad

Dressing

2 tablespoons tarragon vinegar*

2 tablespoons canola oil

- 1 teaspoon dill weed
- 3/4 teaspoon salt

¼ teaspoon garlic powder

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May 23, 2006

greens and vegetables are a great source of good nutrition and can be categorized as dirt-cheap when it comes to the number of calories they cost. As long as you purchase your ingredients at the commissary, the dollar cost will be very reasonable too.

Nearly everybody on the planet already knows salads and dieting go hand in hand, but Barbara Rolls, Ph.D., professor of nutrition science at Penn State University. and author of the book "The Volumetrics Weight-Control Plan" took the connection one step further. In a lunchtime study conducted in Penn State's Eating Lab, study participants were served a pasta dish as the main course, but started the meal with a large (100 calorie) salad of leafy greens and vegetables as the first course. Study participants routinely subtracted 100 calories from the total amount of food consumed. It's because, Rolls concluded,

serve salads regularly, and nearly every one of those salads is topped with salad dressing, which translates to more than 60 million gallons of salad dressing consumed each year. Would you care to guess which salad dressing most of us reach for most often? If you guessed Ranch, you're absolutely right. Ranked by popularity, Ranch is followed by Italian, Creamy Italian, Thousand Island, French and Caesar.

Did you ever wonder where some of the unique names for salad dressings came from? Green Goddess - a mixture of mayonnaise, anchovies, vinegar, tarragon, garlic and other spices was created at San Francisco's Palace Hotel in the 1920s for actor George Arliss, who stayed there while performing in the stage play "The Green Goddess." The earliest versions of Russian dressing, a mixture of mayonnaise, pimentos, chives, ketchup and spices, also included the distinctly Russian ingredient - caviar.

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Some lower calorie or lower fat dressings, though, are higher in sodium, so you might have to decide which is more important to you - calories or sodium. Sometimes a squeeze of fresh lemon juice and a tiny teaspoon-size drizzle of oil are enough to dress a salad to perfection without adding many calories at all. Or, you could decide to make your own dressing, as with the salad recipe below.

Decisions, decisions ... Now, here's one more decision for you to ponder. What kind of salad will you have? Remember, all salads don't have to be leafy greens and vegetables. The Tarragon, Tomato and Spinach Salad recipe that follows combines a few typical salad ingredients like tomatoes, green onions and celery, with cooked rice, frozen chopped spinach and sunflower kernels for a unique blend of flavors that's hard to beat. Give it a try! Hope you enjoy! And, I'll see you at the commissary!

teaspoon ary mustard Dash pepper Salad 1 1/2 cups cooked rice 10 oz. Pkg. frozen chopped spinach, thawed, squeezed to drain 1 cup chopped tomato 1/2 cup sliced green onions

1/2 cup sliced celerv

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2 tablespoons sunflower kernels (shelled sunflower seeds)

If you can't find tarragon vinegar, substitute 1/4 teaspoon dried tarragon and 2 tablespoons white wine vinegar, apple cider vinegar, or champagne vinegar.

Combine dressing ingredients in a small bowl until well-mixed, and set aside. In medium bowl, combine cooked rice, spinach, tomato, green onions, and celery; mix well. Pour dressing over rice mixture; toss gently until all ingredients are wellcoated. Refrigerate at least 1 hour to blend flavors. Line serving tray with leaf lettuce, mound rice mixture in the center and sprinkle with shelled sunflower seeds. Garnish with wedges of tomato and cucumber. Serve immediately. (Serves 4 to 6)



View of Villa Barbaro, located in Maser, a small town not far from Asolo. **Attributed to Andrea** Palladio, who started it in 1550, the villa is also known for its unique series of frescoes by Paolo Veronese. The villa is an example of the relationship between man and nature; a balance between the two main functions of farming and using it as a holiday dwelling in the countryside. A cherry festival takes place annually in front of the villa.

Story and photos By Laura Kreider *Outlook Staff*

n Italy, the *Veneto* region is one of four regions producing about 150,000 tons of cherries yearly on 30,000 hectares of land.

Because of this significant production, every year many towns celebrate a *Festa delle Ciliegie*, cherry festival, where the local cherry growers display their sweet fruits. Usually a contest takes place in the main square to award the best production and best of show.

<u>Marostica</u>, a town about 25 kilometers from <u>Vicenza</u>, celebrates its well known human chess game, *Piazza degli Scacchi*, every two years. But another big event happens annually at the end of May in a very unique setting – a Palladian Villa.

Probably second for importance only to the villa *La Rotonda* in the Berici hills, the renowned *Villa di Maser* holds an annual cherry festival. It opens this Sunday from 10 a.m.- noon and in the afternoon until 8 p.m.

This event, now in its 16th year, is called *Mostra delle Ciliegie*. The



background for the display is the *Villa Barbaro*, (now *Villa Volpi* named for its current owner), located in the little town of <u>Maser</u>, not far from the hill town of <u>Asolo</u>.

The construction of the villa dates back to the 1550s and was completed around 1558. The villa, as with others built by the architect and Padova Native, Andrea Palladio, became not only a residence for the rich dwellers, but also an economical center to develop agricultural activities.

It was built for two brothers, *Daniele* and *Marcantonio Barbaro*; the first was the Patriarch of Aquileia and the other an Ambassador of the Venetian Republic. Some of the peculiarities of the villa are similar to other villas designed by Palladio, but this one differs due to the input of its design by the Barbaro brothers.

According to some studies, Daniele Barbaro was a connoisseur of architecture and influenced, along with his brother, some of the choices of the building, including the design of the façade and the creation of the *nymphaeum*, a semicircular water basin behind the villa.

The nymphaeum consists of a decorated exedra, semicircular stone

Cherries on display

Marostica - Vi62nd Festa Provinciale delle CiliegieMay 28Castegnero - ViFesta de Siaresa (cherry in dialect)May 26-29Mason Vicentino26th Mostra Mercato delle CiliegieJune 4Monteforte d'Alpone - Vr54th Mostra delle CiliegieJune 2-5Chiampo45th Mostra Provinciale delle CiliegieJune 17-18



Cherries at the *Castello Inferiore*, lower castle, in a past event in <u>Marostica</u>.



The *Ninfeo*, or Nimphaeum, sits behind the villa. The four giants (two of them visible in the picture) are attributed to *Marcantonio Barbaro*, one of the two brothers who commissioned the villa. In the niches are statues portraying divinities created by pupils of *Alessandro Vittoria*, a sculptor who also created numerous stuccos inside the villa and in the nearby circular church.

Verona. He started the series of frescos in 1560.

or marble seat, with niches and

statues representing mythological

divinities, including four giants

thought to be created by the brother

Marcantonio Barbaro. It also uses a

sophisticated hydraulic system,

which is still used to supply the villa,

the fountains and the fields during

the most unique frescoes of the 1500s.

The painter, Paolo Caliari, called

Veronese, was an artist born in

This villa also contains some of

the rainy season.

Veronese worked in six rooms painting some imaginary landscapes, ancient ruins, daily scenes and mythological episodes. The colors, figures and perspectives of his frescoes match the scenery visitors may see from the villa's windows. He also added a self-portrait with a dog on the wall of the last room on the right after passing the cruciform hall. During the cherry fest it is possible to visit the interiors of the villa. They can also be visited on Tuesdays, Saturdays and Sundays from 3-6 p.m. The entrance fee is 5 euro for adults

and 2, 50 for children 6-14.

Annexed to the villa is a museum of "Historic Carriages" (visit included in the ticket).

For more information, visit the Web site at www.villadimaser.it in English.



Cherries on display during a past cherry festival. Currently the area around <u>Maser</u> can count on an annual production of about 1.5 million pounds of cherries. This fruit was cultivated in this area since the period of Ancient Rome and used in banquets during the Renaissance.