May 2011

Region Two Newsletter

•New Jersey • New York • Puerto Rico • Virgin Islands•

In This Newsletter:

National Guard Teen Panel ${\bf 1}$

National Guard Symposium Update **1**

Coming up for GTP 1

Deployment Resources $\mathbf{1}$

Heading to New York 1

Helpful resources ${f 2}$

Recent Activity in Reg. Two ${\bf 2}$

 ${\rm AP \ Study \ Help \ } 2$

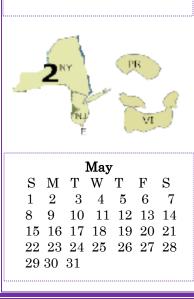
National Guard Youth of the Month **2**

National Guard Event of the Month ${\bf 2}$

Get Connected ${\bf 2}$

Quote of the Month: Perseverance is not a long race; it is many short races one after another.

-Walter Elliott



The National Guard Teen Panel consists of ten regions. Our region is region two. As a panel member, it is my responsibility to represent the teens and youth in region two and speak on behalf of them to ensure that their concerns are addressed and fixed to the best of our abilities. Typically, these concerns are brought to a higher power that can make successful changes. In order for me to represent our region, I work with the State Youth Coordinators (SYC'S) who know their area and their teens needs best.

Heading to New York: Last month, on April 15-17th I went to New York's Annual Volunteer and Youth Workshops titled "Empowering FRG and Key Volunteers" in beautiful Saratoga Springs, New York. On the first night. I worked with the Youth Coordinators, Colleen and Keri, to discuss the upcoming youth council. On Saturday, I worked the National Guard Youth Programs table to discuss with the FRG's and parents the different camps and programs they can get involved with. I promoted Guard Teen Panel and encouraged involvement in the start of the New York Youth Council. Later in the day, I went to 4-H training center to assist with the youth activities such as geocaching and building bird houses. Sunday was dedicated to the teens attending the training. I presented to them everything about my position and responsibilities on the Guard Teen Panel to let them know about the opening in my position at the end of this year. I also briefed them on the New York Youth Council and how to get involved with more programs similar to these. It was a great and successful weekend in New York!

Coming up for Guard Teen Panel: The Guard Teen Panel is currently working on deciding the National Guard Teen Panel logo, along with its slogan.

National Guard Symposium Update: The delegates per state/territory have finally been selected! Soon, I'll be contacted each new and old delegate to introduce them to the program as well as give them a little bit of an insight to how the Symposium works. My main goal is to get them comfortable and well prepared for the trip. In addition, the National Guard Youth Symposium Logo has been selected! The decision was tough and took a lot of consideration, but your votes along with GTP chose the Derby logo! The logo will be on all of the shirts and souvenirs at the Symposium.

Great Deployment Resources: Deployment is tough process for the whole family. Sometimes it's hard to get connected to all of the resources available to military families. Here is a quick resource guide (all are FREE for military families):

- Need a night off? **Sittercity.com** will help you find local babysitters. - Sesame Street's Talk, Listen, **Connect Initiative for Military** Families: This bilingual kit features Elmo and friends as they cope with deployment. Materials include a DVD and print resources for children and adults. www.sesameworkshop.org/initiativ es/emotion/tlc/deployments - Real time activities with deployed parent MyChildMyMilitary.com allows you to read interactive books, play games and do activities with your child in real time from anywhere in the world. If you have any questions about these resources, please don't hesitate to ask!

AP Study Tips:

Advanced Placement courses are important because they get students ready for college courses and in some cases, give a student a head start with college credits. AP is geared to get you thinking, so stay calm, get plenty of rest and be prepared for the big day. Here's a few things to remember:

- Calculator! (make sure you don't need to change your batteries)
- # 2 pencil AND pen with black or blue ink
- More than one snack and plenty of water
- Extras: watch, gum

Education is a key to success. Sometimes is difficult to get help with classes. Try out this great tutor website, free for all military dependents! www.tutor.com/military

Get In Touch With Your Region:

Region Two Representative:

-Lydia Cartagena -Lydiacartagena@gmail.com

New Jersey SYC's

Amanda Balas -amandabalas@us.army.mil Nicole Morgan -nicole.l.morganlewis@us.army.mil

New York SYC's

Colleen Casey -colleen.e.casey@us.army.mil Keri O'Neil -keri.j.oneil.ctr@us.army.mil

Puerto Rico SYC's Keila Perez -keila.perez@us.army.mil Derilis Santos -derilis.santos@us.army.mil

Virgin Island SYC Eliza Rampersad -eliza.rampersad@yahoo.com



National Guard Youth of the Month:

Congratulations Emma(11) and Katie(10) for being the National Guard Region Two Youths of the month! Your outstanding and motivational stories are truly inspirational. After going through a deployment and a move, these two girls stepped up to the plate, picking up new responsibilities. In school they are involved with Odyssey of the Mind Competition. Marching Band, Jazz Band & Select Choir, NYSMA Competition, and sports such as bowling, figure skating, and softball. They also volunteer outside of school at the local nursing home for women. At home, they help mom with their younger four year old brother. These two girls exemplify the heroes we have in our military children. Great job girls, keep up the great work!

New York:

This month New York has a plethora of programs for the teens and youth! The main event is the Youth Summer Job Fair in Brooklyn, New York on Wednesday, May 11. The event is hosted for 12-18 year olds looking for a summer job. For more information call (718) 923-829.

Virgin Islands: This month the Virgin Islands main event is their Pre Father's Day Sports Event on May 21st.

Puerto Rico:

Puerto Rico is mainly focusing on the Yellow Ribbon events. Keep up the good work!

New Jersey:

New Jersey has yellow ribbon events and is prepping for the summer activities! In addition, the New Jersey Teen Panel chose their new state pin.

National Guard Event of the Month:

The Spring Break Youth Camp was held at the Lawrenceville Armory on April 19-21st.We toured the National Guard Militia Museum of New Jersey. The museum collects preserves and displays artifacts, documents, and memorabilia that have specific historical significance to the Army National Guard, the Air National Guard, and the Naval Militia of New Jersey. We also went to the Kafka farm and went to workshops such as Color Me Mine, Team Torres Martial Arts and Get Moving. The Finale was a trip to Liberty Science Center and the Statue of Liberty. We explored the Liberty Science Center for the morning, before boarding the ferry and heading through the Hudson River to the Statue of Liberty. This trip was so much fun. We really had a great time.

> Submitted by: Zaniya Lewis

