

Please visit the following website for more information on the USDA School Nutrition Program: <http://www.fns.usda.gov/cnd/>

Monday	Tuesday	Wednesday	Thursday	Friday
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### SALAD BAR TOPPINGS STATION

#### Open Daily!

#### It's Simple:

1. Purchase your Meal, which includes the Salad Basics.

2. Proceed to the Salad Bar Toppings Station & Select your favorite toppings for your Salad or Sandwich.

3. Enjoy a Variety of Garden Fresh Vegetables.



#### Point of Contacts:

McCool EMS Kitchen  
(671) 339-2778

Andersen EMS Kitchen  
(671) 366-1655

Guam High Kitchen  
(671) 344-7223



<p>4</p> <p>(2oz) Baked Chicken Nuggets</p> <p>(4oz) Seasoned Potato wedges</p> <p>(3oz) Fresh Garden Salad w/ (1oz) Shredded Carrots</p> <p>(4oz) Fresh Cantaloupe</p> <p>Chilled Assorted Milk</p>	<p>5</p> <p>1ea-(2oz) Beef Soft Taco (1oz) Spanish Brown Rice</p> <p>(4oz) Southwest Style Kidney Beans</p> <p>(3oz) Fresh Garden Salad w/ (1oz) Shredded Carrots</p> <p>(4oz) Fresh Honeydew</p> <p>Chilled Assorted Milk</p>	<p>6</p> <p>( oz) Cheesy Italian Baked Ziti (3oz) Steamed Broccoli</p> <p>(3oz) Fresh Garden Salad w/ (1oz) Shredded Carrots</p> <p>(1)-ea. Whole Banana</p> <p>Chilled Assorted Milk</p>	<p>7</p> <p>(2oz) Chicken Adobo (2oz) Brown Rice</p> <p>(4oz) Crisp Celery Sticks</p> <p>(3oz) Fresh Garden Salad w/ (1oz) Shredded Carrots</p> <p>(4oz) Fresh Cantaloupe</p> <p>Chilled Assorted Milk</p>	<p>7</p> <p>1 Slice Pizza w/ (1oz) Seasoned Ground Beef, (1oz) Cheese &amp; (1oz) Whole Grain Crust</p> <p>(4oz) Crisp Celery Sticks</p> <p>(3oz) Fresh Garden Salad w/ (1oz) Shredded Carrots</p> <p>(1)-ea. Whole Apple</p> <p>Chilled Assorted Milk</p>
<p>11</p> <p>1 Slice Pizza w/ (1oz) Seasoned Ground Beef, (1oz) Cheese &amp; (1oz) Whole Grain Crust</p> <p>(4oz) Crisp Celery Sticks</p> <p>(3oz) Fresh Garden Salad w/ (1oz) Shredded Carrots</p> <p>(4oz) Fresh Cantaloupe</p> <p>Chilled Assorted Milk</p>	<p>12</p> <p>(2oz) Chicken Teriyaki w/ (2oz) Brown Rice</p> <p>(3oz) Steamed Broccoli</p> <p>(3oz) Fresh Garden Salad w/ (1oz) Shredded Carrots</p> <p>(4oz) Fresh Honeydew</p> <p>Chilled Assorted Milk</p>	<p>13</p> <p>(2oz) Meatloaf w/(1oz) Brown Gravy (1oz) Whole Grain Dinner Roll</p> <p>(4oz) Creamy Mashed Potatoes</p> <p>(3oz) Fresh Garden Salad w/ (1oz) Shredded Carrots</p> <p>(1)-ea. Whole Banana</p> <p>Chilled Assorted Milk</p>	<p>14</p> <p>(2oz) Chicken Adobo (2oz) Brown Rice</p> <p>(4oz) Sautéed Green Beans</p> <p>(3oz) Fresh Garden Salad w/ (1oz) Shredded Carrots</p> <p>(4oz) Fresh Cantaloupe</p> <p>Chilled Assorted Milk</p>	<p>15</p> <p>(2oz) Hotdog on (2oz) Whole Grain Hotdog Bun</p> <p>(3oz) Sweet Potato Fries</p> <p>(3oz) Fresh Garden Salad w/ (1oz) Shredded Carrots</p> <p>(1)-ea. Whole Apple</p> <p>Chilled Assorted Milk</p>
<p>18</p> <p>President's Day-Federal Holiday</p>	<p>19</p> <p>1ea-(2oz) Soft Beef Taco</p> <p>(4oz) Southwest Style Kidney Beans</p> <p>(3oz) Fresh Garden Salad w/ (1oz) Shredded Carrots</p> <p>(4oz) Fresh Honeydew</p> <p>Chilled Assorted Milk</p>	<p>20</p> <p>(2oz) Chicken Fajitas (2oz) Grilled Bell Peppers on 6" (1oz) Tortilla</p> <p>(1oz) Spanish Brown Rice</p> <p>(3oz) Fresh Garden Salad w/ (1oz) Shredded Carrots</p> <p>(1)-ea. Whole Banana</p> <p>Chilled Assorted Milk</p>	<p>21</p> <p>(2oz) Chicken Adobo w/(1oz) Brown Rice (3oz) Steamed Broccoli</p> <p>(3oz) Fresh Garden Salad w/ (1oz) Shredded Carrots</p> <p>(4oz) Fresh Cantaloupe</p> <p>Chilled Assorted Milk</p>	<p>22</p> <p>(2oz) Spaghetti &amp; (2oz) Meat Sauce</p> <p>(3oz) Carrot Sticks</p> <p>(3oz) Fresh Garden Salad w/ (1oz) Shredded Carrots</p> <p>(1)-ea. Whole Apple</p> <p>Chilled Assorted Milk</p>
<p>25</p> <p>(1oz) Beef &amp; (1oz) Cheddar Cheese Burrito</p> <p>(3oz) Mexicali Corn</p> <p>(3oz) Fresh Garden Salad w/ (1oz) Shredded Carrots</p> <p>(4oz) Fresh Cantaloupe</p> <p>Chilled Assorted Milk</p>	<p>26</p> <p>(1oz) Mild Chili Mac w/ (2oz) Ground Beef</p> <p>(4oz) Steamed Green Beans</p> <p>(3oz) Fresh Garden Salad w/ (1oz) Shredded Carrots</p> <p>(4oz) Fresh Honeydew</p> <p>Chilled Assorted Milk</p>	<p>27</p> <p>(2oz) Chicken 'n (2oz) Penne w/ (3oz) Steamed Broccoli</p> <p>(3oz) Fresh Garden Salad w/ (1oz) Shredded Carrots</p> <p>(1)-ea. Whole Banana</p> <p>Chilled Assorted Milk</p>	<p>28</p> <p>(2oz) Hotdog on (2oz) Whole Grain Hotdog Bun</p> <p>(3oz) Sweet Potato Fries</p> <p>(3oz) Fresh Garden Salad w/ (1oz) Shredded Carrots</p> <p>(4oz) Fresh Cantaloupe</p> <p>Chilled Assorted Milk</p>	

**NOTE:** Choice of Nonfat Chocolate Milk; Nonfat Strawberry Milk; Skim or 1% White Milk, included with each meal. Students with physician documented milk allergies will receive soy milk. Fruit portion is 1 ea or ½ cup, salad portion is 3.0 oz., dinner roll is 1.0 oz., tortilla shell for burrito and quesadilla is 1.5 oz., taco shell is 1.5 oz., hamburger and hot dog buns are 2.0 oz. each, pizza crust is 1 oz., garlic bread is 1.5 oz.

Menu is subject to change due to grocery availability. **IAW Federal law and USDA policy**, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age or disability (Not all prohibited basis apply to all programs). Prestige Foods Corporation is an Equal Opportunity Employer and Provider.