

HAPPENINGS

Your Source For What's Happening on Schriever AFB

September means Back To School!

**50 FSS Expo (pg 4)
Camping Rentals (pg 4)**



What's Inside

Did You Know?	Pg1
Child & Youth Programs, Fitness . . .	Pg2
Tickets & Attractions	Pg3
FSS Expo & Info Fair	Pg4
Airman & Family Readiness	Pg5
Professional Development.	Pg6

Directory

Force Support Administrative Office

Bldg 210, Room 210, 567-3721
Mon-Fri: 7:30am-4:30pm

Satellite Dish Dining Facility:

Mon-Fri:
Breakfast: 6am-7:30am, Lunch: 10:30-1pm,
Dinner: 4pm-6:30

Weekends/Holidays:

Breakfast: 6:30am-8am, Lunch: 11am-1pm,
Dinner: 4pm-6:30pm

***Restricted Usage:** Open to Active Duty and DoD Civilians Mon-Fri Breakfast and Lunch. Open to all Schriever employees for dinner, and all meals on weekends and Federal holidays. For information regarding eligibility call 567-4732/4741.

Outdoor Recreation/Information, Tickets & Travel

Bldg 300, Rm 133, 567-6050
Mon-Fri: 7:30am-4pm

Awards, Engraving and Framing Shop

Bldg 300, Rm 131, 567-6050 or 567-4370
Mon-Fri: 7:30am-4pm

Installation Personnel Readiness Office

Bldg 780, Rm 110, 567-2492 or 567-5294

Child Development Center

Bldg 60, 567-4742
Mon-Fri: 6am-6pm

School-Age Program

Bldg 60, Rm 22, 567-4742
Mon-Fri: 6am-6pm

NAF Human Resources

Bldg 210, Rm 137A, 567-4737
Mon-Fri: 7:30am-4:30pm

Military Personnel Section

Bldg 210, Rm 137, 567-5900
CAC/ID/Customer Service: Mon-Fri, 7:30am-4:30pm
Last CAC/ID Customer taken at 4pm
Other Services: Mon-Fri, 9am-3pm

Professional Development & Career Advisor

Bldg 210, Rm 310, 567-5927

Civilian Personnel

Bldg 210, Rm 217, 567-5778 Mon-Fri: 7:30am-4:30pm

Manpower & Organization

Bldg 210, Rm 215, 567-2754 Mon-Fri: 7:30am-4:30pm

Main Fitness Center

Bldg 120, 567-6628
Mon-Fri: 5am-7:30pm
Sat, Sun, Family Days and Federal Holidays: 7am-3pm

Restricted Area (RA) Fitness Center Annex

Bldg 502, 567-3338
Mon-Fri: 10am-6pm

Airman & Family Readiness Center

Bldg T-65, 567-3920
Mon-Fri: 7:30am-4:30pm

50 FSS Marketing and Commercial Sponsorship

Bldg 210, Rm 366, 567-3588 or 567-4740
Mon-Fri: 7:30am-4:30pm



It's Back to School time again! 'Tis the season for stocking up on school supplies, shopping for new clothes and shoes and getting back into that "school" routine for most families with kids. Transitioning from the lazy days of summer can be tough for everyone, so try adjusting schedules a few weeks before the actual start date so that everyone is in the routine and well-rested before school actually begins! Doing so will help reduce the stress of busy mornings!

The Airman and Family Readiness Center has programs that can help parents decide which school best meets their children's needs and most closely adheres to their families' education goals, as well as assist families that have a child with special needs find the resources that they need. The Military Family Life Consultant at the Airman and Family Readiness Center helps families deal with the stressors of military life or adjustment issues stemming from a deployment, a recent move or any change that is causing hardship.

The Airman and Family Readiness Center has a CD titled "Understanding Your Child's Test Scores" and books entitled "All About IEP's: Answers to Frequently Asked Questions About IEP's" to help families enrolled in the Exceptional Family Member Program understand what Individual Education Plans are and how they can help educators better instruct their child.

In addition to the services offered on base, there are several excellent websites that support military families that the staff can provide to you.

Stop by the Airman and Family Readiness Center located in building T-65 on Hahn Avenue between the hours of 7:30am and 4:30pm and check out all of the things they offer!

Did You Know...

... that Force Development information is now available on MY DP?

Force Development information is now available on MY DP. MY DP is a web-based resource that enables Airman to access career field news and education and training information from one web site that is customized to each individual's needs. The program has been improved to allow employees to get easy access to Air Force training and education information, for supervisors to use as tool to mentor and coach their employees and for Force Development Flight staff to use when advising employees and supervisors on training and development. MY DP is available off the Air Force Portal; click on Life and Careers and scroll down to Force Development (FD).

Child Development Center

Monday - Friday • 6am-6pm
Bldg 60
567-4742

Sidewalk Chalk Extravaganza • 14 September

The Child Development Center is having a sidewalk chalk extravaganza from 2:30-3:30pm on September 14. Parents of registered children are invited to join their child(ren) in creating beautiful sidewalk art!

School-Age Program

Monday - Friday • 6am-6pm
Bldg 60, Rm 22
567-2850

Back to School Registration

Registration for the School Age Program (SAP) is now open for ages 5 through 12 years. In addition to Before and After School Care, hourly care is available on Fridays for children in school districts other than Ellicott. Hours of operation are 6am to 6pm, Monday through Friday. Your children will enjoy structured activities, field trips, and the upcoming addition of clubs like the Fishing Club. Participating children are provided USDA-approved meals and snacks, and eat breakfast before the bus picks up. For additional information, call 567-2850.

Give Parents A Break

Paid for by the Air Force Aid Society

15 Sep • 1pm-5pm

Reservations with Voucher must be made by 10 Sep.

The Give Parents A Break program is designed to provide free child care to Active Duty Air Force families with deployed spouses or special hardships on one select Friday or Saturday each month.

To participate in the program, families must be referred by their Squadron Commander or First Sergeant, Chaplain, Family Advocacy personnel, doctor or other medical professional, and Airman & Family Readiness Center or Child Development Center personnel.

For more information and to find out if you are eligible to participate in the program, contact the Airman & Family Readiness Center.

567-3920



Teen Steps to Success

Fridays, Noon, Tierra Vista Community Center

Middle & High School students discuss:

- Exploring Careers
- The Interview Process
- Résumé Writing
- Mentoring
- Finances
- Getting the job You Want



Call 567-3920
for more info

Main Fitness Center



Monday-Friday • 5am-7:30pm
Sat, Sun, Family Days & Fed. Holidays • 7am-3pm
Bldg 120
567-6628

Sports Advisory Council: 26 September

The quarterly Sports Advisory Council Meeting is scheduled for September 26, 10am in Building 300, Room 122A. A representative from each squadron is required to attend.

14er Hike: 28 September

Mt. Democrat is a 14,148 ft. mountain in the Mosquito Range. The first ten participants to register receive transportation to the trailhead; others arrange their own transportation. The hike is considered difficult, so potential participants should be very physically fit in order to ensure safe, successful completion of the climb. Registration is limited and is on a first come, first served basis.

Closures

1-3 September • The Fitness Center Annex will be closed for the Labor Day Weekend. The Main Fitness Center will be open holiday hours from 7am-3pm.

25 September • Basketball court is closed 1pm-5pm in support of the Commander's Call.

28 September • Basketball court is closed 1pm-5pm in support of the 50 SW Promotion Recognition Ceremony.

RA Fitness Center Annex

Monday - Friday • 10am-6pm
Sat, Sun, Family Days & Federal Holidays Closed
Family Days & Federal Holidays Closed
Bldg 502
567-3338
Avoid the crowd and workout at the RA Annex!

Closures

1-3 September • The RA Fitness Center Annex is closed in observance of Labor Day.

Adult Lap Swim Now Available
Tuesday and Thursday, 6am - Noon

Base Housing Community Center Pool

Pool Entrance is located on the west side of the
Base Housing Community Center

FREE!

Restroom & Locker Room
Available



The entire Schriever Community is Welcome (AD Military Have Priority)
For more information, please call 567-6628

Outdoor Recreation and ITT

Monday - Friday • 7:30am-4pm

Bldg 300, Rm 133

567-6050

Call us for ticket delivery options on Schriever AFB, outside the RA.



Available Tickets:

- Elitch Gardens
- DisneyWorld Base
- DisneyWorld Hopper
- Disneyland
- Sea World Florida
- Sea World California
- Busch Gardens Tampa
- Busch Gardens Williamsburg
- Universal Studios Base
- Universal Studios Hopper
- San Diego Zoo
- Six Flags: Fiesta Texas
- Six Flags over Texas
- Medieval Times
- Kennedy Space Center
- Legoland
- Wet'n Wild
- ...and more!

**Check out
our
discounted
pricing!**

Awards, Engraving & Custom Picture Framing

Monday - Friday • 7:30am-4pm

Bldg 300, Rm 131: 567-6050

Bldg 805: 567-4370

Your one-stop shop for awards, personalized gifts and custom picture framing!

A beautiful Rosewood coin box with a custom engraved lid makes a great gift for departing co-workers. Stop by and take a look!

Services are available to all active duty and retired military, DoD and NAF civilians, and contractors. If you do not have access to the Restricted Area, call for an appointment and staff will meet you at an alternate location.



Satellite Dish Dining

Monday - Friday

**Breakfast: 6am-8am, Lunch: 10:30am-1pm,
Dinner: 4pm-6:30pm**

Sat, Sun, Federal Holidays & Family Days:

**Breakfast: 6:30am-8am, Lunch: 11am-1pm,
Dinner: 4pm-6:30pm**

Bldg 300, Menu Phone: 567-3333

Online Menu: Schriever SharePoint site > News >

Click "Satellite Dish Dining menu"

Air Force Birthday Meal: 18 September • 10:30am-1pm

Grilled Steak, Herb Lemon Baked Fish, Chicken Breast with Teriyaki Glaze, Mushroom gravy, Baked Potatoes, Rice Pilaf, Corn on the Cob, Steamed Peas, Steamed Carrots, Sautéed Mushrooms, Sautéed Onions

Italian Meal: 26 September • 10:30am-1pm

Minestrone Soup, Spaghetti with meat sauce, Chicken Parmesan, Lasagna, Garlic Mashed Potatoes, Rice Pilaf, Italian Blend Vegetables, Corn, Broccoli

Lunch on the Patio: Fridays • 10:30am-1pm

Grilled Hamburgers, Grilled Brats, and other grilled favorites like Turkey Legs! (Weather Permitting).

Weekly Specialty Bars

Monday: Chicken or Cobbler Bar (Chicken Strips, Nuggets, Chicken Sandwich, Grilled Chicken or assorted Cobblers)

Tuesday: Taco Bar (Shredded Chicken, Beef, Soft or Hard Shell Tacos, Tortilla Shell Bowl, Burritos)

Wednesday: Pizza Bar (Assorted Pizza, Bread Sticks & Marinara Sauce)

Thursday: Build-Your-Own Burger Bar (Sautéed Green Peppers, Onions, Mushrooms, Chili, Bacon)

Friday: Bratwurst Bar (Honey, Cheddar Cheese & Jalapeno, Andouille, Spicy Polish Sausage, Sauerkraut)

Bright Beginnings are on the Horizon ... Explore yours! FSS Expo & Information Fair

Oct 17, 2012 | 10am-1:30pm

Call 567-4740
for information

Main Fitness Center



40+ FSS programs, base agencies, companies & universities onsite!

Enter to win a 42" HD LCD TV & other prizes!

Enjoy Free Lunch & Shuttle to/from the Restricted Area.

Active Duty, Retirees, DoD & NAF Civilians, Contractors and Family Members are eligible to participate.

No Federal Endorsement of Sponsors Intended




8th Annual
SCHRIEVER HALF MARATHON
START LINE AT THE RUNNING TRACK BEHIND THE MAIN FITNESS CENTER
5 Oct 2012, 9am
Sign-in no later than 8:45am
Register By 3 Oct
Free event T-shirt to first 50 to check-in.
Prizes to top 3 Male & Female Finishers.
FOR MORE INFORMATION PLEASE CALL 567-6628



GET MORE BANG FOR YOUR BUCK WITH A WEEKEND CAMPING PACKAGE
CAMPING PACKAGE INCLUDES
Four-Person Pop-Up Tent •
Four Sleeping Bags with Pads •
Lantern •
Cooler •
JUST \$40
FRIDAY PM PICK-UP
MONDAY AM RETURN
For More Information, Call Outdoor Recreation at 567-6050

Airman & Family Readiness Center (A&FRC)

Monday - Friday • 7:30am-4:30pm
Bldg T-65
567-3920

September Class & Program Offerings

All classes are held at A&FRC, Bldg. T-65, unless otherwise specified. For complete class descriptions, visit

http://www.schrieverfss.com/afrc_09_pfm.asp

Pre-Separation Briefing

4 & 18 September • 2pm-4pm (Separatees)

11 & 25 September • 2pm-4pm (Retirees)

Learn what your benefits and entitlements are when you leave the military.

Give Parents A Break Program

15 September • 1pm-5pm

Free Child care is available for families who have a parent feeling stressed due to deployment, family crisis, special needs children, or other unique circumstances. For more details on the program and obtaining the voucher, please call 567-3920.

Financial Fundamentals for Supervisors

13 September • 7am-4pm

Attention military supervisors; this training is only offered once a year, and provides you with everything you need to better educate and equip your Airmen with financial readiness skills. Learn what you can do to help service members and find out about available non-profit resources online and in the community.

Dorm Move Class

18 September • 3pm-4pm

Dorm residents learn how to project a budget and see if they are financially ready to live off-base.

Right Start Newcomers' Brief

20 September • 8am-2:30pm

(Bldg 300 Auditorium)

Newcomers to Schriever must attend this brief specifically geared towards military personnel and their families.

Spouse Money Talk

20 September • 1pm-2pm

Are you a military spouse that wants to learn how to better manage your family finances? Not sure how to create a budget that really works? This workshop was made for you. Learn how to read a Leave and Earnings Statement, understand cash-flow statements, and create a realistic monthly budget that is flexible enough for your family's monthly spending needs.

Transition Assistance Program (TAP) Workshop

24 - 28 September • 8am-4:30pm

Learn about transitioning into the civilian workforce.

VA Medical Records Review Phase 1

28 September • 8am-4pm

By appointment only. Active Duty military personnel who are 180 days away from retirement or separation may have their records assessed. Attendees must bring their medical records in order to participate.

NAF Human Resources

Monday - Friday • 7:30am-4:30pm
Bldg 210, Rm 137
567-4734

NAF jobs are *virtually* yours for the taking!

View NAF job openings on the web at www.nafjobs.org

Civilian Personnel Office

Monday-Friday • 8am-4pm
Bldg 210, Rm 137
567-5799/5788/3734

Resumé Update Process

Take the time to update your resumé in the electronic Official Personnel File (eOPF). The process is easy, and your resumé is uploaded within 10 – 15 calendar days of submission. To update your resumé, log on to the Civilian Personnel home page and access the link:

<https://eis.afspc.af.mil/unit/50sw/50FSS/cpo/default.aspx>

NAF Human Resources Office Bldg. 210, Rm. 137

Non-Appropriated Fund Positions

The following lists NAF positions offered at Schriever AFB.

While the positions may not be currently available, applicants are encouraged to apply.

All applications remain on file for 90 days.

Child Development Center

- Child and Youth Program Assistant (CY-01/02/03)
- Child and Youth Program Leader (CY-04)
- Cook (NA-06)
- Food Service Worker (NA-02)



Fitness Center/Annex

- Recreation Aid (NF-I)
- Lifeguard (NF-I)
- Recreation Assistant (NF-II)
- Assistant Fitness Center Manager (NF-III)



Marketing and Publicity

- Commercial Sponsorship Coordinator (NF-III)
- Marketing Assistant (NF-III)
- Visual Information Assistant (NF-II)

NAF Financial Management Office

- Financial Management Assistant (NF-III)
- Accounting Technician (NF-II)
- Accounting Technician (NF-III)
- Office Automation Clerk (NF-II)



NAF Human Resources Office

- Human Resources Assistant (NF-II)



Outdoor Recreation/ITT

- Clerk - Outdoor Recreation (NF-II)
- Sales Clerk - Outdoor Recreation (NF-I)
- Recreation Assistant - Engraving and Framing (NF-II)

For more information, please call 567-4737/5701

Professional Development Center

Monday-Friday • 7:30am-4:30pm

Bldg 210, Rm 310

Career Assistance Advisor: 567-5927

FTAC NCOIC: 567-7329

Base/Formal Training Manager: 567-5903

Peterson AFB Education Counselors: 556-7734

PAFB Counselors do not come to Schriever AFB, but are available for consultation at Peterson AFB, Monday through Friday, 8am-2pm, and at email address:

21mss.dphe@peterson.af.mil

ASVAB Retesting at the USAF Academy: 333-3826

Defense Language Aptitude Battery

Request this class through the Peterson AFB Education Center. Call 554-7734 for more information.

Schriever Professional Class Schedule

FTAC: 4-11 September • 7:30am-4:30pm

You Stink!: 25 September • 1pm-3pm

Informed Decision: 27 September • 12:30pm-3pm

PME /CDC End of Course Schedule

Tuesdays, Thursdays and Fridays • 8:30am-Noon

Call 567-5903 for inquiries.

Military Personnel Section

Monday-Friday • 7:30am-4:30pm

Bldg 210, Rm 137

567-5900

Services and Offerings:

- Common Access Card
- Base In-Processing/Intro
- Duty Title Updates
- Leave Program
- AFSC Changes
- PCA Actions
- SEI Updates
- Assignments
- Promotions

Installation Personnel Readiness (IPR) Office

Bldg 780, Rm 110

567-5346/2492

Initial Briefings for Deployers

Mondays and Wednesdays: 9am-11am, IPR Office

Out-Process Briefings for Deployers

Tuesdays and Fridays: 1pm-3pm, IPR Office

Education Services

Bldg 210, Rm 310

556-7392/7734

On-site University Office Hours

Representatives from the universities/colleges listed below are available for consultation in Bldg 210, Rm 310, on the respective dates provided for them.

Ashford University • 360-820-0780

5 September • 10am-1pm

Colorado Christian University • 867-5814

Thursdays • 1pm-3pm

DeVry • 866-6701

5 & 19 September • 10am-12pm

Embry-Riddle Aeronautical University • 576-6858

25 September • 1pm-4pm

National University • 749-8967

7 & 21 September • 2pm-3pm

Regis University • 264-7021

18 September • 10am-12pm

University of Maryland • 640-9670

4 & 18 September • 10am-2pm

University of Phoenix • 640-9670

Call for an appointment.

University of the Rockies • 314-1656

24 September • 11am-2pm

Webster University • 574-7562

Every Monday • Noon-2:30pm

To find out more about classes or to enroll, please visit:
<https://afkm.wpafb.af.mil/community/views/home.aspx?Filter=OO-ED-SP-14>

Attention Air Force Spouses!
Have you been married to your military member 5 years or less?

Heart Link

Oct 26, 7:45am-2:15pm
Multipurpose Facility (Bldg T-135)


Would You -

- ✔ Like to meet other spouses from Schriever?
- ✔ Like to know more about your role in the mission of the USAF?

Learn about entitlements, benefits, and protocol.
Find out about education and employment opportunities available only to you.
Hear about Housing, Legal & Financial Services and more.
RSVP by Oct 18 to register: 567-3920
Free Child Care during the event for children 6 months -12 years and complimentary lunch for attendees.

FITNESS CENTER PROGRAMS

September 2012

Mon	Tue	Wed	Thur	Fri	Sat
11am - Spinning 3pm - Triple Threat Aerobics	6am - Spinning 11am - Equipment Orientation 1pm - FIP 4pm - Yoga	11am - Zumba 3pm - Body Blitz	6am - Spinning 1pm - FIP 4pm - Yoga	3pm - Zumba	9am - Spinning 

Family Time in the Main Fitness Center: Monday - Friday 6:30pm-7:30pm, Saturday & Sunday Noon-3pm

Avoid the crowds and workout at the Annex! Annex Hours: Mon-Fri, 10am-6pm

Special Dates

1-3 Sep	Holiday Hours: 7am - 3pm for federal holiday. Annex closed.
25 Sep	Basketball court is closed from 12pm - 4pm in support of Commander's Call.
26 Sep	Sports Advisory Council meeting 10am in Rm 122A, Bldg 300.
28 Sep	Basketball court closed 1pm - 5pm for 50 SW Promotion Ceremony.
28 Sep	Mt. Democrat 14er Hike.

Sun	Mon	Tue	Wed	Thur	Fri	Sat
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29/30

HALF-MARATHON
Safb Main Fitness Center, See Page 4 for details!

FIP

Fitness Improvement Program Class is targeted for those who do not meet Air Force fitness standards. Participants must sign up by calling 567-6628 24 hours in advance.

Triple Threat

Triple Threat Aerobics is a dynamic blend of step aerobics, cardio-kickboxing and strength training.

Yoga

Yoga is a system of exercises practiced as part of this discipline to promote control of the body and mind. Joins or integrates all aspects of the individual. Yoga can improve flexibility, strength, balance, and stamina.

Spinning

Aerobic exercise that takes place on a specially designed stationary cycle. Participants simulate riding on a flat road, climbing hills and sprinting.

Zumba

This high energy cardio-dance class uses a combination of rhythms (Latin, International and Contemporary) to provide a fun, calorie-burning workout. Join the party!

Body Blitz

This workout combines high-intensity Intervals with basic aerobic movements, calisthenics, plyometrics and strength training. The class may incorporate the use of steps, BOSU balls, resistance bands, hand weights and/or body bars.

All fitness classes are FREE of charge. No registration is required.

All classes above are conducted at the Main Fitness Center | For more info call 567-6628