

AT A GLANCE BULLETIN



Army Community Service 61 Quebec Street, BLD 683 Fort Devens, MA 01434—4479 Serving the Military in New England

August 2012







AUGUST 2012

Army Community Service



Fort Devens Welcome Center

61 Quebec Street, Building 683 Hours of Operation

0630-1600 Monday -Friday

https://www.devens.army.mil ACS TELEPHONE NUMBERS 978-796-3023/3119 DSN 256-3023/3119

MILITARY ONE SOURCE

1-800-342-9647

www.armyonesource.com

Fort Devens Family Programs Utilization and Needs Assessment

| | _ | | _ | | DATE: |
|--|-----------------|-------------------------------|--|----------------|-----------------|
| Active Duty | Reserve | National Guard | Student | | |
| | | W01-CW5 01-03 | | | |
| amily Member | _ Married | _ Single Divorced | DA Civili | an Con | ractor |
| | | nsor's Age: Spouse's | | | |
| Oid spouse/Family a | accompany Ser | vice member on this assignm | ent? Yes | No | |
| Family member in h | ousehold | | | Accompanie | d on assignment |
| | | Sex & Age: _ | | Yes | No |
| | | Sex & Age: _ | | Yes | No |
| Relationship: | | Sex & Age: _ | | Yes | No |
| Languages spoken in | n home: | | | | |
| | Pleas | se indicate all services that | would be of in | terest to you. | |
| Financial Readines | s Program: | | Relocation R | Readiness Prog | ram: |
| First Term Soldier Financial Readiness Training | | | Spouse Installation Orientation | | |
| Budgeting/Developing Spending Plans | | | Lending Closet | | |
| Investments | | | English as a 2 nd Language (ESL) | | |
| Army Emergency Relief (AER) | | | Reentry Workshops | | |
| Thrift Savings Plan (TSP) | | | Settling in Services | | |
| Credit | | | Sponsorship Training | | |
| Debt Liquidatio | n | | Information | e. Dofound Du | namam Dagaymaag |
| Employment Deadiness Duesnam. | | | Information & Referral Program Resources: Installation & Community Resources | | |
| Employment Readiness Program: Resume Writing & Interview | | | Community Information (Local, State, | | |
| Job Resources | | | County) | | |
| Job Placement | | | Entertainment | | |
| Education (GED | D/Higher Degre | e) | Entertain | anicit | |
| | .,8 8 | -, | | Family Membe | er Program: |
| Family Advocacy & Parent Support Programs: | | | Resource Information | | |
| Relationship Building/Conflict Resolution | | | School (Enrollment, Transition, IEP) | | |
| Parent Education Resources | | | Other (Please Specify) | | |
| Parenting/Child Resources | | | Support Groups | | |
| Victim Advocate | | | Respite Care | | |
| Education and Training | | | Housing Accommodations | | |
| New Parent Sup | port/Home Vis | itor | Medical | | |
| Respite Care | | | Advocac | У | |
| Sexual Assault l | Prevention & R | esponse Program | 3 7 1 4 | | |
| Makilim-4i | \amla= 4 | | Volunteers | O | |
| Mobilization and D | | .C., . | Volunteer Opportunities | | |
| Deployment/Reintegration Briefing | | | Army Family Team Building Training | | |
| Support Groups | | | Military Knowledge Skills Personal Growth Skills | | |
| Counseling Other (Please Specify) | | | Professional Skills | | |
| Outer (1 lease specify) | | | Froiessional Skins Army Family Action Plan | | |
| | | | Army Fa | mmy Action Pla | .II |
| How do you prefer | to receive info | rmation? Email ACS | Website N | Iail Bulleti | ns Other |
| What type of social | media do you | use? (For example, Facebo | ook) | | |
| How can the Fort I civilian? | Devens leaders | hip improve services for Se | rvice Member | | |
| | s to prevent vo | our use of ACS Programs | | | |
| RAGGANG AT NOTTIAT | | | | | |

FROM THE OFFICE OF THE ACS DIRECTOR



Imelda Fisher

<u>Family Needs Assessment:</u> Please take a moment to fill out the above Family Needs Assessment so ACS can provide you with the best services possible. Email to <u>Imelda.fisher.civ@mail.mil</u> Mail to 61 Quebec Street, Devens, MA or fax to 978-796-2114. Thank you..!

<u>Fort Devens ACS Face book:</u> Fort Devens ACS is on Face book! "Like" to find out the latest news and happenings on Fort Devens and around the Army. We can be found by linking to our page http://www.facebook.com/pages/Fort-Devens-ACS/123145824448800#!/ or searching for Fort Devens ACS and clicking "Like"

Resiliency Training Available: Call Mel at ACS at 978-796-3023. One of the Army's top priorities is to develop a holistic fitness program for Soldiers, Family members and Army Civilians in order to enhance performance and build resilience. Resilience Trainer is a course that will produce leaders with the capability to improve resilience skills to the Soldiers in order to enhance their performance and increase their resilience, both individually and collectively.

The MRT is an established program that has demonstrated efficacy in reducing behavioral health problems in a wide range of demographics. Soldiers will review the myths about resilience and why resilience is critical for success and well-being. They will also learn about the scientific literature of the core factors that predict resilience, with a specific focus on the factors that are amenable to change. These skills have a proven efficacy in contributing to the success of teams and leaders, families, students, executives and military personnel.

FINANCIAL

Have you thought about Estate Planning?

Estate planning generally refers to the process of planning to pass assets to family or loved ones upon death, but it also encompasses planning for events such as incapacity or disability that may arise during life. An attorney can help plan for a smooth transition during aging and can help you avoid unwanted complications involving your personal care and property. An attorney can also help you navigate a complicated situation that was not properly planned for, such as an illness, incapacity (when a person is no longer physically or mentally able to take care of themselves and/or their finances), or an untimely death in the family.

What documents might be important for me to have during my lifetime? A Durable Power of Attorney, which names a person of your choice to handle financial matters for you in case you are unable to do so. A Health Care Proxy, which names a person to make medical decisions for you if you are unable to do so.

A living will, which states your wishes if there is no reasonable hope of meaningful recovery. Although a living will is not legally binding in Massachusetts, it is useful as an expression of wishes to guide the person you appoint to make decisions on your behalf.

A HIPAA (Health Information Portability Authorization Act) Authorization form, which enables the named persons to have access to your medical records. It can be useful in times of a health crisis to give more than one person access to your medical records and the ability to communicate with your health care providers.

A revocable trust, which holds your assets during your lifetime. This tool can be helpful in times of crisis because a chosen co-trustee (someone you have appointed to have power over the assets in the trust) will be able to access your assets in the event that you are unable to do so. Your co-trustee can use your assets to support you while you are alive. After your death, they will distribute your trust assets according to your wishes. This tool can sometimes be used to successfully avoid probate. However, avoiding probate is not necessary for everyone. It is important to speak with an attorney to determine whether this planning tool would be appropriate for your individual situation. For More information.

http://www.bostonbarlawyer.org/estateplanninglawyerboston?gclid=CLGMkeCAsLEC FUXc4AodeU4AGg or contact ACS at 978.796.3023.

SOLDIER & FAMILY

<u>Free Haircuts:</u> Free haircuts at JCPenny Salons across the US for kids K-6th Grade during the month of August.

Back to School Brigade: Operation Homefront New England is honored to be able to provide FREE backpacks and school supplies to our military families .This program is open to all branches. Active Duty Service Members, E-6 and below and Wounded Warriors. Grades K-12 will receive backpacks and school supplies. Supplies are limited and are on a first come, first serve registration basis. This is our way of thanking our military families for their service. To register go to OperationHomefront.Net/newengland

TRICARE SCAM: Tricare Program Integrity has become aware of a Lottery Sweepstakes Scam in which fraudulent checks bearing the TRICARE name are being utilized. Individuals are contacted via mail with a letter informing them that they are "winners" of a USA Lottery Sweepstakes for \$250,000. Accompanying the letter is a fraudulent check bearing the TRICARE name. The instructions on the letter inform the "winner" that the attached check is a portion of the winnings provided to help pay taxes, insurance, handling, and shipping fees. The "winner" is also instructed to return a portion of the funds from the cashed check. Individuals receiving this letter and check should be aware that individuals may be trying to gain access to their bank accounts, or other personal information. Individuals who cash the check may be putting themselves at financial risk. Once the bank determines the check is fraudulent, the individual who cashed the check could be held responsible for returning funds back to the bank. TRICARE beneficiaries who receive this

Lottery Sweepstakes Scam letter and check are encouraged to report it to their Managed Care Support Contractor Program Integrity Office (i.e. Health Net, Humana Military, TriWest, Express Scripts, or WPS). Reports can also be made to TRICARE Program Integrity by emailing the TRICARE FRAUDLINE at FRAUDLINE@tma.osd.mil or by fax (303) 676-3981.

Military Spouses to Have Portable Careers: Twelve more states have adopted laws to make it easier for military spouses to have portable careers, more than doubling the number since February, when first lady Michelle Obama began to draw attention to the issue. That means 23 states now have laws to address problems spouses can face when they try to bring one state's license or certification to another state when they move with their service member. Those problems affect an estimated 100,000 spouses: teachers, child care workers, nurses, speech pathologists, physical therapists and counselors, to name a few.

"It's a major headache and even a disincentive to work in a profession that a spouse sometimes trains to work [in] for years," said Brad Cooper, executive director of Joining Forces. "We're just thrilled," said Karen Golden, government relations deputy director for military family issues for the Military Officers Association of America. "The Joining Forces initiative, DoD state liaison office and all the partners are making great progress in securing legislation to help military spouses. Career portability is an issue for spouses. It can have an impact on retention."

The Defense Department's state liaison office has been working on this issue since 2008. By February, 11 states had adopted legislation supporting license portability in different ways. For example, Illinois' legislation, signed June 26 and taking effect Jan. 1, offers six-month temporary expedited licenses for spouses and veterans who have separated in the past two years when they move to the state. This allows them to work while they fulfill the requirements of a permanent license.

Another seven states have introduced legislation. The first lady has said the administration's goal is to have all 50 states adopt licensing laws by 2014.

HANSCOM AIR FORCE BASE, MA: Want to know what events are going on at Hanscom? There's now an app for that. The base recently launched a new mobile application, part of an Air Force-wide initiative, called My Military Communities or MyMC2. The app is a free download and is now available through both the Android Market and Apple's App Store. The app opens up to a main page that lists the next five events available at each base. Users then have the option to narrow or expand their search by organizational or event type categories.

In addition, there are two quick-call buttons located on the app's home page. Users can select Base Directory to reach any organization on base or try the Public Affairs office. To download the app, users should open their smartphone app store and search "My Military Communities" or "MyMC2."

New First Aid App Available: The American Red Cross recently launched its official first aid app, putting free and simple lifesaving information right in the hands of smart phone users. Available for use on both the Android and iPhone platforms, gives instant access to information on how to handle the most common first aid situations and includes videos and interactive quizzes. Downloading the app is not a substitute for training. To learn more about American Red Cross first aid or register for a course, visit the American Red Cross Take a Class webpage: http://www.redcross.org/takeaclass

<u>Deep Fishing Trip:</u> Four hour deep sea fishing trip followed by a BBQ for Iraq/Afghanistan Veterans and a guest. There is no cost for this event, it is our way to honor you for your service to our country and to honor SGT Mark Vecchione who was the first fallen Hero from Cape Cod. If you would like to attend, please send an email to <u>cape-cod4thetroops@comcast.net</u> with your name, rank, deployment dates, name of your guest. Also a contact phone number. Last year's trip filled up fast, so please reserve as soon as possible.

Middlesex County 4-H Fair Military Families get in FREE!!

The Annual Middlesex County 4-H Fair takes place August 24 to 26, in Westford MA. It is a family friendly, fun filled way to spend a day with over 5000 exhibits from cows, chickens and rabbits, to horses, dogs, art and photography. Lots of home grown fun! Watermelon & pie eating contests, Corn husking, Face painting and Pony rides. Military Families contact Pam Lefave at least 2 weeks in advance for tickets. Pam can be reached at plefave@umext.umass.edu or 781-891-0650 Ext. 15 Tickets can also be purchased at the gate. Visit www.middlesex4hfair.org for more details.

<u>Operation We Are Here:</u> Resource for military soldiers, parents, spouses, children, tips for caregivers, churches etc. http://www.operationwearehere.com/

<u>Veterans Health Benefits handbook:</u> Here is the link talking about the new Veteran's Health Benefits handbook. Enrolled Veterans should be receiving their personalized handbook as part of a national rollout campaign. http://www.va.gov/healthbenefits/vhbh/

TRICARE Dental Program: On May 1, 2012, MetLife will become the dental carrier for the TRICARE Dental Program. All current TRICARE Dental Program enrollees will be notified about the transition to MetLife and will receive a welcome packet with a new TRICARE Dental Program Benefits Booklet. http://www.metlife.com/TRICARE/index.html#welcome

<u>The Vets4Warriors:</u> Vets4Warriors Website: <u>www.vets4warriors.com</u> Peer support line, 1-855-838-8255 (1-855-VET-TALK), provides easy access to supportive, non-attributional conversations with trained veteran peers representing all branches of the military. This team of veteran peers has immediate access to behavioral health clinicians to respond to potentially emergent issues and can offer referrals to local community services, military veteran centers, and military healthcare providers based upon the needs of the Service Member. A variety of services will be provided to include non-clinical (legal, financial) and referrals for clinical services (substance abuse, behavioral health).

THINGS TO DO August

FREE FUN FRIDAYS INVITES MASSACHUSETTS RESIDENTS AND TOURISTS TO VISIT DESIGNATED CULTURAL ATTRACTIONS EVERY FRIDAY THIS SUMMER WITH FREE ADMISSION. NO REGISTRATION OR TICKETS REQUIRED. VISIT AND ENJOY!

August 3rd:

MUSEUM OF FINE ARTS, BOSTON NORMAN ROCKWELL MUSEUM AMELIA PARK CHILDREN'S MUSEUM

FULLER CRAFT MUSEUM ARNOLD ARBORETUM

August 10th:

BATTLESHIP COVE
BERKSHIRE MUSEUM
CAPE COD CHILDREN'S MUSEUM
FRUITLANDS MUSEUM
SPORTS MUSEUM

August 17th:

INSTITUTE OF CONTEMPORARY ART EDWARD GOREY HOUSE NEW BEDFORD WHALING MUSEUM GARDEN IN THE WOODS CONCORD MUSEUM

August 24th:

BOSTON HARBOR ISLAND ALLIANCE
USS CONSTITUTION MUSEUM
AMERICAN TEXTILE HISTORY MUSEUM
OLD STURBRIDGE VILLAGE
BASKETBALL HALL OF FAME

August 31st:
JFK LIBRARY & MUSEUM
PLIMOTH PLANTATION
THE DISCOVERY MUSEUMS
MASS MOCA
ECOTARIUM

UPCOMING EVENTS AT TICKETS AND TOURS

TICKETS AND TOURS, (781) 225-6505/6498 Judie King, ITT Manager, Hanscom AFB, 98 Barksdale Street Bldg http://www.hanscomservices.com/ PREPAID ORDERS ONLY!! Payment is due at the time the order is placed. Once the order has been placed there are no refunds.

Take a trip with us! – Registration deadline for all trips is 30 days prior to departure or space available.

Old Town Trolley Tour - Available are Old Town Trolley Tour tickets at \$32 each and AMC Cinema tickets at \$6.75 each.

Nantucket Island: Sat., August 11: Depart from Hanscom at 7 a.m. to join us for a tranquil voyage and a refreshing day on beautiful Nantucket Island — one of the premier vacation and fun spots in North America! You'll set sail at 9:20 a.m. on the ferry from Hyannis in Hyline's First Class Cabin, where you'll enjoy complimentary danish and coffee on a private sundeck as you cruise toward Nantucket. Once on the island, you'll have time to take in the exciting shops and explore the art galleries, experience its colonial American architecture and atmosphere, along with its wide variety of activities and miles of sandy beaches. There are great restaurants, shops and The Old Historic Town, whaling museums and much more. You'll sail back at 4 p.m., again in First Class, enjoying

complimentary beverages, crackers & cheese. On the mainland you'll board your coach for the return trip, arriving back at Hanscom at approx. 7:30 p.m. \$75 pp Call Tickets & Tours for more information or to reserve your spot today! (781) 225-6498/6505

HANSCOM AIRMAN AND FAMILY READINESS CENTER August 2012

Please Call 781-225-2765 to Register

Serving the total force...Programs are free to all single and married Active Duty, Reserve, and Guard personnel, DoD civilians, retired Military personnel and Family members

MILITARY FAMILY LIFE CONSULTANTS (MFLCs) provide free, short-term, non-medical, solution-oriented counseling on a range of issues. For service members and their families – no records are kept. Call (781) 686-3084 and leave your first name only for an appointment!

<u>PRIVATE SECTOR RESUME CRITIQUE</u> - Sessions are held by appointment only. Resumes are reviewed by an A&FRC employment specialist with HR experience – a great opportunity for feedback to improve your resume format and content. Email your resume 66.FSS.FSFR.CMB@hanscom.af.mil. You will receive a response in 3-5 business days. Prior attendance at an A&FRC resume writing class is recommended.

<u>VETERANS AFFAIRS DISABILITY CLAIMS REVIEW</u> – Will be held be by appointment only. A representative from AMVETS, a veterans' service organization, will assist you in processing your disability claim and answer questions. Call the AMVETS Service Representative at (617) 303-5698 for an appointment.

FEDERAL RESUME CRITIQUE (By Appointment Only) - Resumes are reviewed by employment specialists — a great opportunity for feedback to improve your resume format and content. Email your federal resume and the applicable Vacancy. Announcement to 66.FSS.FSFR.CMB@hanscom.af.mil. You will be contacted for an appointment after we have reviewed your resume. Prior completion of the A&FRC Federal Resume Writing for USAJOBS Class is strongly recommended.

PRESEPARATION COUNSELING – Will be held on Wednesday, 1, 8, 15, 22, 29 August from 9 – 11 a.m. Weekly sessions for separating and retiring service members to complete the mandatory DD Form 2648, Preseparation Counseling Checklist. Checklist provides critical information about benefits, resources, and services available as you transition from military to civilian life. By law, this counseling must be provided at least 90 days prior to your date of separation or retirement. Service members must complete the counseling prior to attending the Department of labor (DOL) Employment Workshop.

<u>BUILDING SELF ESTEEM IN WORK AND LIFE</u> – Will be held on Wednesday, 1 August from 1 - 2:30 p.m. Join Patty. Marquis as she explores the concept of male and female self-esteem and how our self perception affects us both personally and professionally. Patty will offer a practical definition of self-esteem and steps you can take to develop a more positive self image.

<u>PREPARING FOR HOMECOMING: REUNION BRIEFING FOR SPOUSES AND</u>
<u>CHILDREN</u> – Will be held on Wednesday, 1 August from 3 - 4 p.m. (simultaneous sessions for

spouses and children ages 6 and older). If you are anticipating a reunion with your service member within the next two months, please join us for two special briefings that will help you and your children prepare for the big event. In these interactive workshops, you'll receive practical suggestions for coping with reunion and

reintegration, and the children's session will feature fun reunion activities and a personalized gift for the returning parent.

<u>PREPARING YOUR CHILD FOR KINDERGARTEN</u> – Will be held on Thursday, 2 August from 11:30 a.m. - 12:30 p.m. Starting kindergarten is an important milestone for children. Learn what behavioral, academic, and social skills children should know prior to starting kindergarten and who to help your child prepare for their big day.

<u>HEART LINK NEW SPOUSE ORIENTATION</u> – Will be held on Wednesday, 8 August from 1 - 4 p.m. Welcome to the military family! Heart Link is a wonderful orientation workshop for any spouse married to a service member from any branch of the armed services who wants to learn more about military life. Our spouses are the heart of this great Armed Forces family and the lifeline behind your sponsor's success in the military. The Heart Link program will provide you with essential information you need to know to make your life in the Air Force exciting, fulfilling, and rewarding (and you'll win prizes!). Join us and we'll get started on our journey!

PREPARING YOUR CHILD FOR MIDDLE SCHOOL – Will be held on Thursday, 9 August from 11:30 a.m. - 12:30 p.m. Starting middle school is a big step and can sometimes leave children feeling uneasy or afraid. Learn how to help ease your child's transition to middle school and get off to a good start.

DEPARTMENT OF LABOR (DOL) EMPLOYMENT WORKSHOP (Formerly known as the TAP Seminar) - Will be held on Monday – Friday, 13 – 17 August. This workshop is designed to assist voluntarily and involuntarily separating or retiring service members make a successful career transition. Plan to attend at least 6 months prior to separation or retirement. Dress is civilian attire (business casual). Spouses are welcome! Seminar begins at 12 p.m. on Monday; and runs 8 a.m. - 4 p.m. Tuesday - Thursday and Friday 8 a.m. - 12:30 p.m., featuring out-processing and benefits and entitlements briefings from base and Veterans Administration representatives. Register early.

<u>MAKING EFFECTIVE DECISIONS</u> – Will be held on Thursday, 16 August from 11:30 a.m. - 12:30 p.m. The ability to make effective decisions reduces stress, increases effective communication and is a catalyst to success. This presentation defines problem solving and effective decision-making and guidesparticipants through an eight-step decision making process.

<u>INSTALLATION COMMANDER'S WELCOME</u> - Will be held on Monday, 20 August from 8 – 11:30 a.m., at the Hanscom Conference Center building 1106. Your official introduction to Hanscom AFB features essential base and local community information for new arrivals. Get to know your Hanscom agency representatives and learn what's new and what to expect. Receive the latest information and tips on living and working in New England. Spouses are encouraged to attend!

MEDICAL SQUADRON WELCOME (MANDATORY FOR ACTIVE DUTY) – Will be held on Monday, 20 August from 11:45 a.m. - 1:00 p.m. Information about the Hanscom Clinic and briefings

on TRICARE, the Health and Wellness Center, Mental Health, Public Health, Dental Health, and others. Spouses encouraged to attend!

FAMILY WELCOME – Will be held on Tuesday, 21 August from 9:30 - 11 a.m. New to the area? Are you interested in learning all about Hanscom AFB? Do you have small children and are unable to attend the regular Commander's Welcome? Then this program is designed just for you. Receive money saving tips and shopping information while learning about schools, recreation, local attractions, safety, security, education, employment and more. For families with small children and all others. **NEWCOMERS' PUBLIC TRANSPORTATION AND CITY ORIENTATION** – Will be held on Wednesday, 22 August from 9 a.m. - 4 p.m. Newcomers and family members are invited to learn how to navigate the local public transportation system and obtain information on events and attractions. Ride into Boston with us using the .T.. All you need is \$4 for subway fares. Bring your lunch or purchase downtown. This program is part of the community orientation for in-processing. Newly arrived service members are not required to take leave to attend.

HEARTS APART: "BOWL YOU OVER" – Will be held on Wednesday, 22 August from 4:30 - 6 p.m., at the base Bowling Center. Families of deployed, remote tour, and extended TDY service members, please join us as we take over the lanes at the Base Bowling Center. Free bowling, soda, and pizza! Please RSVP to the Airman & Family Readiness Center at (781) 225-2765 or via email 66.FSS.FSFR.CMB@hanscom.af.mil.

<u>E-SMOOTH MOVE SEMINAR</u> – Will be held on Thursday, 23 August from 11 a.m. - 12 p.m. Learn how to navigate the new internet based resources designed for PCS moves, and where to get answers to your questions about your upcoming move. Informational handouts will be provided. Spouses encouraged to attend!

MOVING WITH CHILDREN – Will be held on Thursday, 23 August from 12 - 1 p.m. Parents! Please join us for this special presentation immediately following the E-Smooth Move Seminar. We'll discuss tips and techniques to help make moving and adjustment to a new school easier for your children – whether it's their first move or their fifteenth.

<u>SOCIAL MEDIA IN JOB SEARCHES</u> – Will be held on Tuesday, 28 August from 1 - 4 p.m. Join the revolution! Learn personal & company tactics, how to write Social Media Profiles, do company research, & avoid potentially damaging mistakes using LinkedIn, Twitter, & Facebook.

<u>MBTI-CHOOSE & CHANGE CAREERS</u> – Will be held on Wednesday, 29 August from 10 a.m. - 2 p.m. Take the Myers-Briggs Type Indicator (MBTI) to learn your personality preferences. This helps you choose a new career or find more satisfaction in your present job. Bring your lunch.

<u>FACING THE CHALLENGES OF DIVORCE</u> – Will be held on Wednesday, 29 August from 11:30 a.m. - 12:30 p.m. Living through a divorce is a tremendous challenge that affects all facets of life. This workshop addresses the causes and the realities of divorce, how to forgive and how to help children work through the challenges so everyone can move on positively.

Family Advocacy Outreach

CELL PHONE COLLECTION: The Family Advocacy Program collects used and old cell phones, and distributes them to local domestic violence agencies. Drop off phones, batteries, and chargers to the Family Advocacy Program, Bldg 1217. Please put each phone and its accessories in a sealed, plastic bag.

WIC, a nutrition and education program for income-eligible expectant parents or parents with children age birth to five is located on base. * **WIC** is located in Bldg 1507 *. **WIC** is on base the first and third **Wednesday** of each month from 0800 to 1530. For WIC appointments or information, call (617) 312-9974.

<u>First Connections-</u> Is a non-profit, family support organization that provides comprehensive services to families with young children birth through age five. First Connections serves a large geographic area that encompasses twelve metro-west communities, including Hanscom Air Force Base. All programs are free or low cost. More information is available on their website www.firstconnections.org or by calling 781-287-0221.

EMPLOYMENT READINESS

<u>Labor Ready</u>: Provides temp jobs to those interested in gaining work experience, want some extra cash, or need immediate income when between jobs or need seasonal work. Flexible work hours; get paid the same day. Over 600 locations throughout the United States. http://www.laborready.com/Temporary-Employment

The above information is provided as a community service. No endorsement of events, products or services by the DoD is implied or intended. For more information, contact the company directly.

<u>Free Resume Help for Military Members</u>: The below website is where Service Members can get free resume writing help and the course schedule. http://www.networkri.org/centers.htm</u>

<u>USA JOB:</u> JOB OPPORTUNITIES ON THE BASE - Remember to go to <u>www.USAJOBS.GOV</u> and search for Newport, RI if you are interested in finding out and applying for positions open onboard the Naval Station. Current opportunities include a Motor Vehicle Operator that's open through next week. Spread the word! USAJOBS - The Federal Government's Official Jobs Site <u>www.USAJOBS.GOV</u> This is a United States Office of Personnel Management website. USAJOBS is the Federal Government's official one-stop source for Federal jobs and employment information.

Job Search: Below please find a link to critical skills needed at Booz Allen Hamilton. Please share with your contacts and have all interested email me their resumes and I will submit on their behalf – this speeds up the review process. Also, applicants must identify the job skills qualification from the list. https://erp.bah.com/hotjobs.htm

Military Spouse Employment Tip of the Week: When applying for a job, state in your cover letter or application that you are a military spouse of an active duty service member who may be eligible for the Military Spouse Internship Program. Spouses can apply for a federal job by visiting the USAJOBS website.

http://www.transitionjobs.us/ Click on "Search for Opportunities" at the bottom of the page. Jobs listed by state.

www.TransitionTalk.com has launched to create an online community with shared information and resources to help veterans who are in transition. This website contains specialized articles, recommended books and links for military transition. Also, there is a web log for Q & A that aims to provide the answers to military transition questions from Category Guides who are military and industry professionals that are eager to help veterans make a successful transition.

Website: Career Resources for Veterans: The Defense Centers of Excellence (DCoE) recently collaborated with PBS to produce a handbook for military families. Created as a companion to the PBS series "This Emotional Life," A Handbook for Family & Friends of Service Members explores the stressors and feelings individuals may encounter throughout the different phases of deployment. The handbook aims to provide solutions for Service members and identifies outside tools and resources that may be useful to friends and family members before, during and after deployment. Topics include what to expect during deployment and how to strengthen or repair relationships. Order the handbooks from the Real Warriors Campaign website at http://www.sc.edu/career/Webresources/veterans.html

http://www.realwarriors.net/materials/order

Hanscom AFS: Resources http://www.hanscom.af.mil

Massachusetts Career Information System: http://masscis.intocareers.org/default.asp

Veterans Employment Services (978) 534-1481 x 117www.wmoore@detma.org

Orion International: info@orioninternational.com

RELOCATION READINESS

ACS has listings for apartments or houses to rent. List is updated as housing is made available to us. Call 978-796-3023. ACS Electronic Welcome Packets https://www.devens.army.mil or call 978-796-3023

Moving and Relocation Information: Terrific tips to make moving easier. http://afmove.hg.af.mil/Default.asp

TRICARE Information at Hanscom AFB:

Hanscom AFB offers a monthly Newcomer Orientation Medical Clinic welcome to all new patients every Tuesday from 1300 to 1500. It is strongly recommended that Army personnel attend so they can find out about their provider, how to access emergency services, and referral. Telephone: 781-377-2120

FORT DEVENS SERVICES:

Fort Devens Mail and Distribution: Mail & Distribution Hours are as follows. The Door will be open for box pick up between the following hours.0730 AM to 1600 PM. Window pick up 0900 AM to 1200 PM 1230 PM to 1430 PM

Education Office: The 99th RSC Education Office is located at 30 Quebec Street, (Building 666) Fort Devens, in Rooms 328,326, and 324. POC is Lee Achenback at 978-796-2968. Services include educational and career counseling, GI Bill questions and issues, tuition assistance, financial aid and scholarship information as well as test administration and test proctoring.

Police Services Division: Vehicle Registration and Fingerprinting

0930-1030 / 1500-1600 or By Appointment.

Police: 978-796-3333

Physical Security: 978-796-2061

Carlson Wagonlit Travel/Veterans Travel: 800-945-0535 or 402-345-7596

Devens Legal: 978-796-2255 Education Office: 978-796-2868

AAFES / Clothing & Sales: 978-772-6838 / 2065

Photo Section DA Photo: 978-796-2559

Fort Devens ID Cards 978 - 796-2130, Building 683

Billeting: Bldg. 978-796-3201

Distance Learning Center: 978-796-3612 / 2605 / 2626

Transportation: Passenger 978-796-2141/ or 2393 Freight 978-796-2832/ or 2840

Vehicles: 978-796-2141

UNITED SERVICES ORGANIZATION:

Military OneSource: 1-800-342-9647 www.armyonesource.com

HELPFUL MASSACHUSETTS RESOURCES:

USO New England: http://www.uso-newengland.org/index.htm

Massachusetts Parks: www.state.ma.us/dem/forparks.htm
Massachusetts Wildlife: www.state.ma.us/dfwele/dfw

State of Massachusetts Child Care Finder: www.qualitychildcare.org Massachusetts Getaway Guide: http://www.mass-vacation.com/

Massachusetts's area Guides net: http://massachusetts.ags.myareaguide.com/

Boston and Local Area Concerts: http://www.bostonconcerts.com/

Boston Pops: http://www.bso.org/