TPOST Volume 41 No. 3 July 11, 2011

Published for the employees and families of Yuma Proving Ground, Yuma Test Center, U.S. Army Garrison — Yuma, Cold Regions Test Center and Tropic Regions Test Center

U.S. Army Yuma Proving Ground, Yuma, Arizona 85365

Employee saves coworker's life

CPR training used in 'real-life' situation

By Mary F. Flores

Most people agree there is nothing more precious than life. When someone does something to save a human life, that person deserves commendation and praise.

This is exactly what took place in early June when field test engineer Alex Molina jumped into action to perform cardio-pulmonary resuscitation (CPR) on a co-worker. The result was a life that was saved.

In honor of his heroic deed. Molina was presented with the Yuma Proving Ground Safety Award by

YPG commander Col. Reed Young, and a certificate of recognition from Lt. Col. Bruce A. Ryba, Army Product Manager for Counter Radio-Controlled Improvised Explosive Device Electronic Warfare.

"Presenting awards is one of my favorite things to do as commander," said Young. "This instance is particularly meaningful because the number one element of my philosophy is 'mission first, people always."

It was a typical work day when Molina drove to his remote office. only to discover his co-worker slumped inside his vehicle.

"When I pulled up, it looked like he was asleep in the driver's seat.

see **CPR** page 5 Col. Reed Young, YPG commander, presents Alex Molina with a commander's coin.

YPG commander keynotes celebration at Armed Forces Park



By Mark Schauer

Weeks before the Declaration of Independence took force on July 4, 1776, future American President

YPG Commander Col. Reed Young speaks at Yuma's 4th of July celebration. PHOTO BY MARK SCHAUER

John Adams wrote future Supreme Court Justice William Cushing about the tremendous changes being discussed by the Continental Congress in Philadelphia.

"Objects of the most stupendous magnitude that will impact millions yet unborn are now before us," he wrote. "We are in the

midst of a revolution, the most complete, unexpected and remarkable of any in the history of nations."

Nearly 150 of the millions of descendants of American liberty turned out at Yuma's kickoff celebration of the country's most significant holiday. YPG Commander Col. Reed Young delivered

the keynote address at the community's 25th annual Independence Day flagraising ceremony early in the morning on July 4th, reminding attendees how pervasive, yet fragile the ideals of the nation's founders have become.

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What was your favorite summer vacation? Page 4



Celebrating two successful years with GM Page 6



Yuma Soldier is a softball champ Page 7



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Blazing vehicle



After a mild spring, a seasonably scorching Yuma summer is causing unexpected havoc. Late last month, the overheated engine of a visitor's car burst into flames while stopped at the Main Administrative Area gate. Quick thinking officers pushed the vehicle away from the structure and immediately radioed the YPG Fire Department dispatcher. A fire truck was on the scene in no time flat, and firefighters wasted no time before extinguishing the blaze. "Our guys had the fire out in less than 30 seconds," said Chief Don Kist. Though the unfortunate car was ruined beyond repair, there was no additional property damage, and no one was hurt.

Super manager training offered at AWC

This flexible, interactive, fourmodule, certificate program prepares supervisors and potential supervisors to become more effective in a diverse and ever-changing work environment. Successful completion of all four modules is rewarded with a certificate of completion.

The schedule includes four threeweek modules, two nights per week for two hours each. There are a total of 12 class hours per module, Tuesday and Thursday evenings from 5:30-7:30 pm.

The schedule is: Module 1: Skills of the supervisor (August 23,25,30 and September 1, 6, 8, 2011); Module 2: Functions of the supervisor (September 13, 15, 20,

22, 27, 29, 2011); Module 3: Modern supervision challenges (October 4, 6, 11, 13, 18, 20, 2011); and Module 4: Supervision and human resources (October 25, 27 and November 1, 3, 8, 10, 2011).

The fee for the class is \$129 per module with a 10 percent discount for payment of all four modules in advance. There is also an additional \$140 textbook and material fee.

The classes take place at the AWC Entrepreneurial Center located at 1351 S. Redondo Center Drive in Room 170. To register, call 317-6186 or email carmen.madero@azwestern. edu. Visit www.azwestern.edu/ continuinged for more information.

New leader for YPG's freefall operations

By Yolie Canales

Every two years, commanders transfer the reins of command to an incoming leader. This is often a bittersweet experience, as it was for Maj. Darrell Carr, outgoing commander of Company B, 2nd Battalion, 1st Special Warfare Training Group, Military Freefall School (MFFS), who said, "YPG is a unique place, and we have a unique mission. B Company is an integral part of the YPG community in mission, families and volunteers. I'm going to miss B Company and YPG."

Late last month, Carr turned over the MFFS command to Maj. Abraham Foster of Evant, Texas. Foster is an Army Special Forces officer. Foster is accompanied by his wife, Lindsay and two daughters, Campbell and Blaine.

In his farewell speech, Carr noted that during his command of the school, over 33,000 parachute jumps were conducted, nearly 1000 students were trained from all services and foreign militaries, the quality of instruction at the school was increased, and the tactical focus of the training was improved.

"The vertical wind tunnel located at YPG is scheduled to break ground later this year," said Carr at the ceremony. "We've remained focused on our vision, which is training joint Special Operations personnel in military freefall techniques. Our technical and tactical proficiency set the conditions to clandestinely deliver Special Operation Forces (SOF) warriors to the battlefield to destroy the enemy." Carr explained that the school is agile, adaptable, and fully prepared to remain relevant



Maj. Abraham Foster takes over duties as the commander for the Military Freefall School

to Department of Defense and interagency requirements and challenges.

"Our core values of safety, mission accomplishment and caring for each other are maintained on a daily basis," he said.

Carr, who departed for Fort Leavenworth to attend Army Intermediate Level Education, formally known as Command and General Staff College, will rotate back to an SOF unit afterward. "I'd like to leave these words of encouragement to the company as a whole: 'Stay focused on our vision and core values while enjoying the training mission. Remember the family and take care of each other. Get out and enjoy Yuma and its great surrounding areas.""

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Milton shares final thoughts

After two years in command of Yuma Test Center (YTC), Lt. Col Stephen Milton is departing next week for his next assignment, as well as a promotion to full colonel. It's been a busy tour of duty that saw his command establish workload records

What were some of the challenges you faced? What impressions will you take away?

To be in a job where I get to work directly with Soldiers, and, on occasion, even jump from airplanes, well it really doesn't get any better than that! Of course, like all large organizations, we encountered some challenges such as budget constraints, civilian personnel vacancies, and challenges in facilities construction and renovation. But, what makes YTC the busiest and best test center in the Army Test and Evaluation Command (ATEC) is—the people just keep working harder and smarter to meet customer requirements.

There was not a day that I did not learn something new from a YTC employee. There was not a day that I wasn't pleasantly surprised and impressed by at least one innovative solution or display of selfless service.

What impressions will you take away of the Yuma community and the people who live here?

Amy and I found Yuma to be an exceptionally friendly town. We found Yuma's elected officials to be very helpful and supportive. We will miss the winter weather, the sunsets, and the mountains. Most of all, we will miss our neighbors, friends and the people of YPG.

How did YTC change while you were

We grew, a lot! YTC reached 1,850 employees, the largest in YTC history, and achieved 2.4 million direct labor hours in FY09 and 2.7 million in FY10 and are projected to surpass that mark by the end of FY11. We executed 3,970 tests (the busiest test center in ATEC); hosted a dozen large scale operational tests; reorganized; built 16 new facilities; and completed two major lab revitalization projects. Our Airborne Test Force military grew from seven to 20.

Throughout your tenure as commander,

the Army has been involved in combat operations overseas. What role does YTC play in supporting our troops?

YTC directly contributes to combat operations, averaging 90 to 100 tests programs per day. Many of the systems were deployed and are in use overseas. Our Training Exercise Management Office supports all nine military working dog courses—the most in DoD. In my view, by providing quality testing and training. YTC is supporting our war fighters every day. How is YTC positioned for the future? YTC has and continues to invest in the latest technology as well as training. The majority of our senior civilian managers have been working at YPG for over 15 years and began their careers as test officers or test support professionals. YTC's workforce possesses the requisite skills to meet current and future DoD testing requirements.

Our Ground Combat Test Directorate tested every MRAP vehicle and mine roller (over 150 systems) and dozens more tracked and wheeled, nearly a million test miles in two years. They tested many artillery, mortar and M1 tank rounds, firing over 650,000 rounds.



LT. COL STEPHEN MILTON

Our Air Combat Test Directorate tested myriad Joint Precision Airdrop Systems and several personnel parachute systems, and dozens of unmanned aircraft and sensor platforms, in addition to continued testing of the Apache helicopter. YTC's National Counter-Terrorism Counter Insurgency Integrated Test and Evaluation Center not only tested every

see **Q&A** page 10



THEOUTPOST

The Outpost is an unofficial publication authorized under provisions of AR 360–1. The Outpost is published every two weeks by the Public Affairs Office, Yuma Proving Ground. Views and opinions expressed are not necessarily those of the Army. This newspaper uses material credited to DTC, ATEC, and ARNEWS. While contributions are solicited, the PAO reserves the right to edit all submitted materials and make corrections, changes or deletions to conform with the policy of this newspaper.

> News may be submitted to: The Editor, Outpost, Yuma Proving Ground, Yuma, AZ, 85365. Phone: (928) 328-6143/6189 or DSN 899-6143. Visit our website at: www.yuma.army.mil or email to: yolanda.canales@us.army.mil

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VIEWPOINTS

Summer is here, but not everyone at busy YPG will have the opportunity to take a vacation this year. Nonetheless, we asked members of the workforce, "What was your favorite summer vacation?"



Tom McIntire

Test vehicle operator lead

Renting a large beach house at Oslo Beach near Jacksonville, N.C. about 10 years ago. It was nothing but fishing, swimming, and relaxing with my family, my parents, and my brothers. It is located near Camp Lejeune, where my brotherin-law was stationed at the time. There was also a seven-day cruise to Alaska out of Seattle. It ran from Sunday to Sunday, and never got dark.

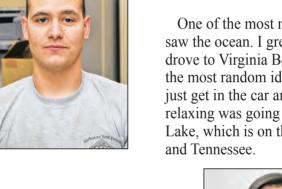


Hawaii about 10 years ago. I was stationed in Alaska at the time and went as part of a Barracks and Single Soldier program. It was great: hanging around on the beach, swimming, and walking around. There was also some drinking. including the best 'bahama mamas' I've ever had.



Brian Michael Video editor

For the past few years, it is going to La Jolla Beach for swimming and surfing. Around the last week of July, leopard sharks come in and you can jump in the water with them. Leopard sharks don't have teeth, so it is as safe as jumping in with catfish. I plan to go again this year with a few more friends, and eventually I plan to swim with and photograph great white sharks.



Kim Sander

Fuel and generator lead

My favorite summer vacation is spending eight to 10 days in the Laguna Mountains. I like to go over to Cuyamaca and do some fishing, then take a few days to go to the beach in San Diego. Sometimes it is just me, my wife and our kids, and sometimes it is a family reunion with 20 to 30 people. We always stay in tents. It's a lot of fun, and a lot cooler than Yuma.



One of the most memorable was the first time I saw the ocean. I grew up in the Midwest, and we drove to Virginia Beach. My parents always had the most random ideas, so sometimes we would just get in the car and pick a direction. The most relaxing was going on a houseboat on Dale Hollow Lake, which is on the border between Kentucky





Cynthia Garibay Operations assistant

I'm a kid at heart, so my favorite summer vacation is going to Disneyland. I've been there a good five or six times, and I really enjoy spending time with friends and family there. It is a really good environment.



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CPR FROM PAGE 1

with the windows rolled up," Molina said with a chuckle. "I thought, okay, I'm going to scare him to wake him up." He proceeded to shout through the window, but no reaction came in response. He then opened the door, shouted again, but, still, no response. "I then shook his shoulder," related Molina, "but he didn't react at all."

The co-worker was unconscious and appeared to be gasping for air. After Molina checked his pulse and found it shallow, he came to the realization that the situation was serious. He immediately went inside the office to summon an ambulance.

"After making the phone call, I returned and noticed his skin was pale, and this time there was no pulse and he wasn't breathing at all," Molina said. "I tilted his head back to begin CPR, but there was one problem -- I couldn't open his mouth because the jaws were clenched

tightly."

Remembering what to do from his training, Molina began performing CPR by breathing through the individual's nose. After several breaths, his chest began to rise. Once the YPG ambulance arrived, Molina felt relieved and a little shaken by what he had gone through.

"This was my first experience performing CPR in a real-life situation," he said. "I highly encourage everyone to learn CPR if you don't know it. You never know when you may have to use this skill to save someone's life."

After learning the co-worker was okay, Molina breathed a sigh of relief. But if he ever had to do it again, he told himself, he wouldn't hesitate.

"The subject of safety is very, very important to me," commented Col. Young at the ceremony. "All YPG employees have attended safety training, but to fully understand it, remember the skills and actually do it when the time comes, is truly deserving of recognition."



Tony Gutierrez
BENEFITS SPECIALIST

Question:

When is the best time to enroll in Medicare and purchase a Supplement?

Answer:

If you are not covered by a group health plan then the "Initial Enrollment Period" puts you in the driver's seat. That's 3 months before you turn 65 years of age and 3 months after the month you turn 65. It's in your best interest to enroll 2 or 3 months before you turn 65 so that you are covered on the first of the month you actually turn 65 or the month before if your birthday falls on the first of the month. This gives you the best opportunity to have your ID Cards ready on the first of the month.

If you are covered in a group health plan then you will have a "Special Enrollment Period". This means that you may enroll in Medicare & choose a Supplement anytime you are still covered by the group plan or 8 months after your employment or coverage terminates whichever occurs first. Your Group Plan may also have some provisions that could be very significant and may mean that you should enroll in Medicare when you turn 65. You should consult with your group plan administrator.

For most people Part A (Hospital coverage) will not have a cost associated with enrollment.

Part B (Medical coverage) and Part D (Prescription Drug coverage) will have monthly premiums. Those premiums can be deducted automatically from your social security benefit.

If you don't enroll during the "Initial Enrollment Period" or the "Special Enrollment Period" or have "End Stage Renal Disease" or Disability through Social Security you most likely will be penalized for Medicare. You will pay more and have a gap in coverage. Instead of enrolling in a Medigap Supplement the Insurance Carriers can decline your application if you are not in good health.

So the best time to enroll in Medicare and choose a Supplement is when you are in the driver's seat.



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Like a Rock: YPG and GM celebrate first two years of partnership

By Mark Schauer

What a difference two years make. When the General Motors 2,400acre Desert Proving Ground (DPG) opened at Yuma Proving Ground in June 2009, the company was in deep distress. A share of company stock sold for less than one dollar, a price too low to merit being traded on the New York Stock Exchange.

"Our official opening was June 1, 2009, the day GM filed for Chapter 11 bankruptcy," recalled Frank West, site manager at the GM facility. "We had 75 people moving down here who were very concerned about their jobs and future. There was no assurance that anyone could give them about their jobs. It was almost

The grim times almost overshadowed the groundbreaking success of the YPG-GM partnership. Though YPG was the Army's premier hot weather test site, it lacked a sufficiently specialized facility to conduct continuous high speed testing on paved roads. In response to this hard fact, a legal device called "enhanced use lease" was developed to allow the military to lease government property to private sector entities whose business was relevant to military needs, with the provision that the Army would be allowed to utilize the private facilities. For its part, GM was interested in relocating from its antiquated hot weather test track in Mesa, Ariz. The Army and GM inked a 50-year lease with an option for an additional 50 years at YPG in 2007.

"I give our workforce a tremendous amount of credit for making the move and keeping a positive attitude while maintaining our reputation as a place



GM durability test engineer Alex Frias evaluates engine performance on a new Camaro at GM's desert proving ground. Frias, a Yuma native, is a college intern.

that does its work well," said West. "Win-win is an overused term, but I really think the partnership was a win for everyone."

GENERAL MOTORS

Today, GM has returned to profitability. As the dedicated hot weather test facility for the global corporation, every automobile manufactured by the company now comes to Yuma at some point. The National Association for Stock Car Auto Racing (NASCAR) has visited the facility and many Yuma residents can boast of seeing test cars with manufacturer's license plates on the public streets in and around town.

Aside from the long-term lease and the opportunity to use YPG facilities, GM was also attracted to the unique means of protecting their competitive advantage that the partnership provided. Locating on a secure Army installation with 2,000 square miles of restricted

airspace above it eliminated security concerns that had existed in Mesa, where urban encroachment gave people the opportunity to view new vehicles from the windows of houses overlooking the test track.

"Our new location gives us air and ground cover, courtesy of the U.S. Army," West said with a smile.

When not working, employees of the GM facility have found time to give back to their new hometown. From mentoring local high school students in a robotics competition to contributing money toward the construction of a new marquee at Price School, GM has left its mark on the local community. More importantly, though, the facility continues to generate jobs for the community. Several Arizona Western College students originally hired as interns now work for GM full-time as technicians and engineers, and the company recently hired 20 summer

test drivers.

ARMY TESTING

With YPG testers on the front line in the critical effort to field the Mine Resistant Ambush Protected (MRAP) vehicle to Iraq and Afghanistan in the middle of the last decade, the need for high speed test capability was more acute than ever. As part of the agreement, GM built a four and one-half mile high speed paved oval road course specifically designed to accommodate the heaviest vehicles in the Army inventory.

"We can do high speed testing at 75" or 85 miles per hour easily and safely on our oval course," said Zack El-Ansari, chief of YPG's Combat and Automotive Systems Division."We didn't have that capability in the past. Before, we could only accommodate two vehicles at a time on our hot weather test track. Now we can have as many as eight simultaneously."

YPG is currently the busiest test center in the U.S. Army Developmental Test Command, with testing of combat vehicles the largest component of the workload. In the event the new tracks aren't sufficient to accommodate the robust test requirements for multiple Army vehicles under evaluation at YPG, getting on the schedule at the GM track is easily accomplished through a phone call or email to the facility's traffic safety department.

"We recently needed to do some dynamic testing on a platform," recalled El-Ansari. "We went to the GM facility and they were busy, but they were able to work us in. They are very responsive and professional."

AN ARMY SHOWCASE

As the largest enhanced use lease

see **GM** page 10

THE OUTPOST

YPG recognizes 480 years of federal service

By Yolie Canales

Late last month, 23 Yuma Proving Ground Garrison employees were recognized for the contributions they made in performing nearly 500 combined years of government service.

Recognizing each person was Rick Martin, garrison manager. "These types of events are always a pleasure to do," he said before presenting the awards. "I want to thank each of you for your dedication to the mission and for your years of service to the government."

Certificates were presented to the following: Kelly York, Jr., for 45 years; Sylvester Burton, 40 years; Tim Burgess and Jim Einwaechter, 35 years, and Manuel Enriquez, 30

years. Those receiving certificates for 25 years of service were: Ellen Cunningham, Dale Devore, Abdollah Ebadirad, and Rhonda LaRose. Awardees receiving 20 year awards were: Patricia Frost, Bradford Henderson, Eseroma Maefau, John Simpson, and John Staggs. William Allsup, Robert Barocio, Beatrice Brimmage, Vicky Martin, Barbara Quiroz, and William Session received certificates for 15 years of service, and Kevin Bulkeley, Derek Mull, Theresa Day, Angelia Pinto and Anthony Rios for 10 years.

Following the ceremony, refreshments, cake and finger foods were available for everyone attending. They were provided by YPG's Family, Welfare and Recreation Directorate.



Yuma Proving Ground Garrison employees were recognized last month for their many years of dedicated service to the federal government. Each employee received a certificate of appreciation for his or her service.

Yuma Soldier is an Army softball champion

By Mark Schauer

Call him Super Q.

During duty hours he is a parachute rigger for the Airborne Test Force,



Maikeld Quarles, "AKA" Super Q, trots to home plate after hitting a grand slam home run to dead center at the annual Pacific-Wide Softball Tournament in Korea.

but in his spare time Staff Sgt. Maikeld Ouarles is an athlete extraordinaire, playing shortstop for the Scrapulators, an all-Army softball team with players from installations around the country.

He has barnstormed with the team through small towns across the United States, winning games and goodwill for the Army, as well as a home run derby in Panama City, Fla., in 2009. His outstanding skills on the field made him a coveted player for the annual Pacific-Wide Softball Tournament in Korea. Though invited several times, Quarles thought asking for leave to participate would be hopeless.

"I had been invited before, but I never thought I would get support," said Quarles. "I thought, 'it's just to go play ball,' so I never asked. This time around I did, and I got support

from the entire chain of command, up to the commander. They said, 'that's so cool, that's awesome!' I wish I had asked before "

When a jet-lagged Quarles arrived at the Yongsan Sports Complex in Seoul, South Korea, at the start of Memorial Day weekend, there was little time for rest before getting down to business. The tournament featured action from over 70 men's and women's teams from countries including the United States, Korea, Japan, and Thailand. The more than 700 players competed in a grueling schedule of as many as 15 games over four days. Each game was seven innings in length, though a blowout rule halted play if one team led by 10 or more runs after four innings. Typically in these games, teams are only allowed eight home runs per

game -- any fence-clearing blasts beyond the eight are considered outs, which makes for a more strategic game. There were no such restrictions in this tournament, though, and fans were treated to a slugfest.

"It was a huge ballpark, but homeruns were flying out of there like it was nothing," said Quarles.

Ouarles added nine of his own to the assault, mostly down the lines but with one electrifying dinger over the 367 foot centerfield fence during a night game.

"There was one game I hit a home run to dead center. Everyone looked at me like, 'check his bat.' It was probably just luck," he said with a smile.

During their few moments of rest, the team eyed the competition on

see **SOFTBALL** page 10

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The heat is on! Are you ready?

Submitted by YPG Safety Office

Summer temperatures are expected to be well above the 100s for the foreseeable future. That weather pattern has changed and predictions are that we will experience temperatures two degrees hotter

than our normal summer average temperature of 108 degrees. This heat, even if it is a "dry heat" is very dangerous to the unaware. The effects of extreme heat conditions are or can be severe and deadly.

There are many keys to survival in this extreme climate; however, one

of the main keys is hydration! As we acclimate ourselves yet again to another "hot" summer, we need to think about keeping hydrated, even when not thirsty, because our bodies are not good messengers when it comes to dehydration.

Your body uses available body fluids (water) for its cooling system much like an evaporative cooler does. If the levels of water are low, there is less fluid (sweat) to evaporate which equates to less cooling effect on the body. Fluids are the key to survival! Don't drink the ones with lots of sugars or alcohol as these can cause the body to lose fluids at a more rapid pace than normal. You can tell by your urine output whether you need to hydrate more. (Dark urine normally is an indicator that you need to drink more fluids (water). Clear is good, dark yellow or amber is not!)

Dehydration and heat can lead to heat stress medical emergencies.

see **HEAT** page 9



Next Outpost deadline is noon July 14th

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These can be as simple as minor sunburn to such things as heat cramps, heat exhaustion and heat stroke. All heat stress injuries can be life threatening depending on the severity. According to the Center for Disease Control (CDC), if you try to do too much on a hot day, or spend too much time in the sun or in an overheated space, you are susceptible to heat related illnesses/injuries.

If you experience sunburn, avoid repeated sun exposure, apply cool compresses, immerse the affected area in cool water, or apply moisturizing lotion. Heat cramps, heat exhaustion, or heat stroke can be deadly! Without treatment, you can rapidly progress from heat cramps to heat stroke and death!

Heat stroke is the result of the body being unable to regulate its temperature, much like a car engine overheating. Death or permanent disability can occur from heat stroke if not rapidly and properly treated. Some of the warning signs are extremely high body temperature, no sweating, flushed dry skin, rapid and strong pulse, throbbing headache, dizziness, confusion, nausea/ vomiting, or unconsciousness.

If any of these signs are present call for immediate medical attention. Get the victim into a shady area and rapidly cool them by whatever means are available, such as immersing in a tub of cool water, a cool shower, cool water spray from hose, sponge skin with cool water, or wrap in wet sheet if the humidity is low (evaporative cooling) and rapidly fan them to move air across the wet surface. A victim of Heat Stroke can have muscular spasms/twitching. If this happens, do not place any objects in their mouth.

- Look what's happening

Federal employees taking care of families

The 3rd annual "Feds Feed Families" Food drive campaign is underway right now through August 31. Donations are being collected at the commissary in bldg. 536 of nonperishable food items for distribution to local food banks

Sexual Assault Hotline: 920-3104 or 328-3224. Report Domestic Violence: 328-2720 or 328-3224

Vietnam War dinner slated for Oct. 22

The Arizona Department of Veterans' Services and the Arizona Military Museum in conjunction with the Department of Defense 50th Commemoration of the Vietnam War will host a dinner in honor of Arizona Vietnam veterans on Saturday, October 22 at the Wild Horse Pass hotel & Casino in Chandler, Ariz.

You must register to attend. Seating is limited, first come, first served. For more information or to RSVP, call 602-253-2378 or 529-868-6777.

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Chaplain's Corner

Should you do something about the 'blank'?

By Chaplain (Maj.) Douglas Ball

Someone should do something about the ______. How many times have you said that? I asked people to fill in the blank last Sunday at the chapel and got a wide variety of answers: heat, poverty, abortion, child abuse, cancer, floods, tornadoes, human trafficking, drugs, and the Huskers (actually, no one said that, but I do hope the team has a better season this year).

There is a fascinating story in the

book of Judges about a guy named Barak. God asked him to deliver the people of Israel from an evil nation oppressing them. Barak was scared, though, for this nation had a large, powerful army under the command of a general named Sisera. Finally, a woman named Deborah called Barak out. "Didn't God tell you to go fight Sisera?" she said. "Why haven't you done it?"

Barak replies that he will only fight if she goes with him. He is frightened to be part of God's story and Deborah explains that he will miss out on being part of God's glory – a woman will kill Sisera, not Barak. As the story unfolds, God helps Barak win on the battlefield. However, Sisera escapes and takes shelter in the tent of a woman named Jael. She lulls Sisera to sleep and then proceeds to pound a tent peg through his head. She receives the glory for the victory.

I am sure that many people in Israel were standing around saying, "Someone should do something about Sisera." None of them stepped up and did anything. Barak was told that he was that someone, but he chose not to be the person who filled in the blank. But Jael, even though it wasn't her role or her job, did something about Sisera (and she nailed it!).

Let's hammer this in—in case you didn't get the point. Maybe you should be the person to do something about the "blank" you filled in at the beginning of this column. Maybe you are the 'someone' who should do something about the

SOFTBALL FROM PAGE 7

the other side of the bracket and saw Camp Casey and the American Legion team consistently edging closer to the middle. By Monday, the Scrapulators faced the American Legion in a best of three game championship. Incomprehensibly,

the team struggled in the first game. The Scrapulators entered the bottom of the fourth inning down 30- 19, meaning the team needed at least two runs to keep the blowout rule from going into effect. Quarles delivered a clutch home run to keep the team alive, then watched in the next inning as the Scapulators' left fielder robbed the opposition of a home run with a

spectacular leaping catch.

"That play did it," Quarles recalled. "After that, they were just crushed."

The Scrapulators fought back to win 31-30, then rolled to an easy victory in the deciding game, scoring 17 runs in the first inning and never looking back. Quarles' all-around excellence was recognized when the event organizers named him to the

all-tournament team.

Quarles won't be resting on his laurels, though. He'll soon be off to a weekend tournament in Dallas, Ga., having fun and promoting the Army.

"We go into a small town and are a walking commercial for the Armed Forces," said Quarles. "Many people don't know the Army has these types of opportunities for playing sports."

GM FROM PAGE 6

project in the Army, the partnership has attracted the attention of the organization's highest levels. In late April, Katherine Hammack, Assistant Secretary of the Army for Installations, Energy and Environment, made a special point of touring the GM facility during her day-long visit to YPG.

"The relationship with GM and the proving ground is a great example of public-private partnership, and is something we are encouraging all of our installations to take a look at," said Hammack. "If we can leverage

our resources together, it helps save money for both the Army and the private sector."

On the ground, officials from both YPG and GM are optimistic that the partnership will be fruitful and enduring.

"The partnership has worked well because the people on the ground are committed to making it work," said West. "We're looking forward to a 50 to 100 year partnership."

"It has been a very good relationship that is paying off well for the Army and our mission," added El-Ansari. "We want to maintain a culture of cooperation for many years to come."

Q&A

IED-countermeasure device in DoD, it also provided accurate and timely information to counter emerging, real world threats.

Our Training Exercise Management Office accounted for over 60 military working dog courses and the training of over 7,000 joint forces Soldiers. Finally, YTC's Range Control and Range Scheduling Offices did a truly

outstanding job in safely and effectively synchronizing simultaneous testing and training.

Of course we could not have maintained such a rapid pace without our dedicated maintenance and ammunition management divisions or technical services, metrology and simulation, and optics divisions that gather and manage terabytes of data every week.

Any thoughts on the incoming YTC commander?

Lt. Col. Chad Harris is the right man for the job. He comes with a great amount of operational leader experience as an Armor officer. Additionally, he has a firm understanding of testing gained from the Operational Test Command, where he was a test officer. I am confident he will hit the ground running and be very successful.

If you could gather the entire YTC workforce in one room, what would you say?

This question brings a smile to my face, for there were many instances where I wished I could do this. Trouble is, that was impossible. However, if I had the chance, I'd ask folks how they are doing; what things they need to help them do their jobs better and safer; but mostly, I would take the opportunity to shake nearly 1,900 hands and look folks in the eye and tell the assembled group that they are doing an absolutely fantastic job!

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KEYNOTE FROM PAGE 11

"Today, democracy and the rights of mankind are so much a part of our national identity that many don't realize, or have simply forgotten, how fortunate we truly are," Young said in his remarks. "It is up to all of us, both military and civilian, to preserve our freedom for the Americans of the future."

Held for the third straight year at Yuma's Armed Forces Park, participants honored scores of military veterans in attendance and watched with rapt attention as reverent members of the Adventure Corps and Salvation Army Girl Guards raised a large American flag on the park's 50-foot flag pole. Retired YPG commander Rob Filbey was the event master of ceremonies.

Participants also took time to recognize YPG's Soldier of the Year, Spec. Chung Ho Kuk, and Non-Commissioned Officer of the Year, Staff Sgt. Paul Goeman, both

of whom received commemorative awards from the Yuma Chamber of Commerce's Military Affairs Committee.

Among the YPG employees in the audience was Connie Whitener, operations research systems analyst, who thoroughly enjoyed the ceremony.

"I think Col. Young gave a very moving speech," Whitener said. "This was my first time at the ceremony, and I think it was very appropriate and covered all the bases. I loved seeing the flag-raising and the Soldiers being honored."

Standing amidst more than 2500 granite plaques honoring Yuma-area veterans, Young urged attendees to remember local heroes.

"I urge you to look at a few of the plaques in this park today and spend a moment with each," he said. "Think of the courage and the face behind each. But also remember the long months of sacrifice and the loved ones left behind."

COCOPAH'S Starts Memorial Day weekend through Sept. 30, 2011 Call (928)722-6677 to reserve your package today!

Welcome To The Neighborhood!



MESA DEL SOL - 4 Bedroom, 3 Bath pool home with finished basement. Outstanding features include Saltillo tile, large rooms and a great view overlooking the pond on the 3rd Fairway. \$449,900. MLS# 94727.

MESA DEL SOL – 3 Bedroom, 2 bath home with remodeled gourmet kitchen. You must see to believe! Desert landscaping, granite kitchen countertops, covered patio and split floor plan. Short sale - \$199,900. MLS# 94462





FOOTHILLS – 3 Bedroom – 2 Bath home with RV parking and hook-up. Large open living area with vaulted ceilings, split floor plan, bay window in dining area, ceramic tile flooring in living area and large covered patio. \$232.500. MLS# 93483.

MESQUITE AT MESA DEL SOL – 3 bedrooms – 2 bath home on a large corner lot. Bay window in living room, vaulted ceilings, walk-in shower and oversized garage. Builder pays up to \$5,000 towards closing costs. \$189,000.



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Buying or selling real estate is always a complicated process. Never is it more so than when the market is unstable and fluctuating in wide ranges. During these times, a steady, experienced and knowledgeable professional is your best source of information to make significant decisions.

With a background in business management and accounting, I bring over 20 years experience in the Yuma real estate market. This experience will bring you the service and consultation you deserve in your home selling or buying process. Together, we'll meet YOUR needs.

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Brow (2)

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Bring Your World Into Focus



LASIK... What's it all about?

LASIK (laser in situ keratomileusis) is an outpatient surgical procedure used to treat near-sightedness, farsightedness, and astigmatism. With LASIK an ophthalmologist uses a laser to reshape the cornea in the front of the eye. This improves the way the eye focuses light rays on to the retina at the back of the eye and subsequently improves your vision.

Does LASIK work?

More than ninety percent of those who have LASIK achieve somewhere between 20/20 and 20/40 vision without glasses or contact lenses. In many cases the need for eye glasses and contacts is reduced significantly or eliminated.

Who is a candidate for LASIK?

Generally speaking a large portion of the adult population can benefit with LASIK. It cannot, however, correct all vision impairments. Before the decision can be made you must have an eligibility exam and consultation. The doctor will ask questions about your medical history and give a thorough eye

exam designed to determine if the procedure is appropriate for your individual case. The doctor will also talk about the benefits, risks, available options, and preparation and recovery associated with the surgery to ensure that your goals and expectations are realistic.

How is LASIK done?

LASIK is an out-patient surgical procedure usually performed in an ophthalmologists surgery suite. After the eye is numbed with a few drops of topical anesthetic a hinged flap of corneal tissue is created using an automated microsurgical device. The surgeon will then use the laser to sculpt the corneal tissue. Upon completion the corneal flap is placed back into position. No stitches are required.

While some patients report some discomfort or pressure on the eye, pain is not associated with this procedure. It is important to remember that the procedure is surgery and you should know the qualifications of the surgeon as well as the technological status of the equipment being used. Like all surgeries, the patient needs advance knowledge.

See Better, Live Better

For more information call **(928) 782-1980**

The Aiello Eye Institute has two locations to serve your needs:

275 W. 28th Street Yuma 11551 S. Fortuna Rd Ste E Foothills

About Dr. Aiello



Patrick D. Aiello, MD

Dr. Aiello received his MD degree from the University of Michigan. After completing both an Internship and Residency in Internal Medicine at the University of North Carolina, he finished a Residency in Ophthalmology at the world renowned Mayo Clinic in Rochester, Minnesota. He is board certified in both Internal Medicine and Ophthalmology.

In addition to caring for his patients at the Aiello Eye Institute, he is an examiner for the American Board of Ophthalmology, and a clinical instructor for the Midwestern School of Osteopathic Medicine in Phoenix. He is a Senior Flight Surgeon and State Air Surgeon for the Arizona National Guard.

Having performed more than 15,000 surgeries, he is regarded as one of the state's leading eye surgeons.

Dr. Aiello is the only Ophthalmologist doing Lasik and PRK in Yuma, Arizona.

Aiello Eye Institute

Dr. Aiello organized the Aiello Eye Institute in Yuma in order to provide world-class eye care to the community. With a highly trained staff and associates utilizing only the latest technology and equipment, the Aiello Eye Institute provides the areas most comprehensive and patient-centered vision healthcare. Your vision is our mission.

The Aiello Eye Institute has two offices to serve your needs:

- 275 W. 28th Street Yuma
- 11551 S. Fortuna Rd. Foothills



For additional information or to schedule an appointment call:

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