



Promotional Flyer

Take the HealthierUS School Challenge

Prove to students, parents, teachers, administrators, and the community that your school is one of the best in the Nation, committed to nutrition and physical activity!

Apply for a Bronze, Silver, Gold—or even the highest of honors—a Gold of Distinction award. To be certified, a school must meet the following criteria:

- Be enrolled as a Team Nutrition School (don't worry, it's free!)
- Offer reimbursable lunches that demonstrate the principles of the *Dietary Guidelines for Americans* and meet USDA nutrition standards
- Provide nutrition education to students
- Provide students opportunities to engage in physical activity
- Maintain an Average Daily Participation for reimbursable lunches:
 - All schools: No ADP criteria for schools applying at the Bronze level.
 - Elementary and Middle Schools: At least 60 percent (of school enrollment) at the Silver level or 70 percent for Gold and Gold of Distinction level.
 - High Schools: At least 45 percent (of school enrollment) at the Silver level or 65 percent at the Gold and Gold of Distinction level.
- Adhere to guidelines established by the USDA Food and Nutrition Service (FNS) for all foods served/sold in schools
- Implement a Local Wellness Policy

What is the Challenge?

Obesity is a growing health concern for children in the United States. The USDA believes that schools can take a leadership role in helping students learn to make healthier eating and active lifestyle choices. Many schools have already improved their school nutrition environments, found ways to increase opportunities for physical activity, and provided more nutritious and healthier choices for their students.

FNS encourages schools to make these changes and has established the **HealthierUS School Challenge** to recognize schools that improve their school environment with nutritious foods, physical activity, and nutrition education.

Review the complete criteria on the Team Nutrition Web site at:

teamnutrition.usda.gov

