

This template is used to document inpatient teaching on home weight and BP monitoring, and diet. Continued on next slide.

Title: CARDIOLOGY-CHF-DISCHARGE PLANNING/EDUCATION

TEST, ONE has been seen today regarding discharge planning and instructions. The following information has been given.

WHAT WAS TAUGHT:

1. Medication instructions regarding purpose and side effects given verbally and in writing.
2. Instructions for daily weights at home.
 - Working scale is in the home.
 - No scale in the home (scale has been ordered through Prosthetics).
3. Patient has been given instructions on home blood pressure monitoring.
 - Patient has working blood pressure cuff.
 - No cuff at home (cuff has been ordered through Prosthetics).
4. Patient counseled on smoking cessation.
 - Non-smoker
 - Smoker. Patient advised to stop smoking. Smoking cessation classes offered.
5. Patient to call health care provider if any of the following symptoms occur:
 - Worsening shortness of breath
 - Weight gain of 3 pounds overnight (or 5 pounds in 5 days)
 - Increasing weakness or fatigue

6. Patient counseled on diet. Recommended diet is low sodium, low cholesterol diet. Drink fluids when thirsty.

7. Activity as tolerated or as directed by health care provider.

8. Given copy of "Taking Control of Your Heart Failure" handout.

WHO WAS TAUGHT: * Patient Other, (specify):

PRE-EDUCATION NEEDS:

- already knows well
- needs review
- new material

* Indicates a Required Field Preview OK Cancel

Title: CARDIOLOGY-CHF-DISCHARGE PLANNING/EDUCATION

Barriers to learning:

- None
- Hearing
- Vision
- Physical, Explain:
- Motivation, Explain:
- Cognitive, Explain:
- Religious/Cultural, Explain:
- Emotional, Explain:

TYPE OF INSTRUCTION: Verbal Demonstration/Return Demonstration

Written Krames on Demand Patient Education Audiovisual

Group Telephone Drug Information Sheet PDI

Informed of community resources

EVALUATION OF LEARNING: *

- Verbalizes understanding
- Demonstrates accurately
- Needs additional instruction/practice (explain below)
- Needs assistance (please explain)
- Unable to learn (explain below)
- Does not participate (explain below)

Patient will receive phone call within 24 hours of discharge and will follow-up

- With Primary Care Provider in 1-2 weeks.
- In CHF Clinic (Date): Nov 5,2004 ...

* Indicates a Required Field

Preview OK Cancel