



NAVY RESERVE
Ready Now. Anytime. Anywhere.

RC COMMUNICATOR

A summary of facts, figures and talking points
for the Navy Reserve Leader

November 2009

Navy Reserve: Ready Now. Anytime. Anywhere.

- **Mission:** The mission of the Navy Reserve is to provide strategic depth and deliver operational capabilities to our Navy and Marine Corps team, and Joint forces, from peace to war.
- **Core Values:** Honor ... Courage ... Commitment
- **Strategic Focus Areas:** Deliver a Ready and Accessible Force, Provide Valued Capabilities, Enable the Continuum of Service

HOT ISSUES

- [Navy Reserve Strategic Plan](#)
- [Day in the Navy](#)
(Dated 24 OCT 2009)
- [The Way Ahead for Navy Energy](#)
(Rhumb Lines dated 10 OCT 2009)
- [Women on Submarines](#)
(Rhumb Lines dated 5 OCT 2009)
- [Observance of National American Indian and Alaska Native Heritage Month 2009](#)
(NAVADMIN 305/09)

KEY LEADERSHIP (with links to biographies)

- **Secretary of the Navy** [Honorable Ray Mabus](#)
- **Chief of Naval Operations** [ADM Gary Roughead](#)
- **Vice CNO** [ADM Jonathan W. Greenert](#)
- **Chief of Navy Reserve** [VADM Dirk J. Debbink](#)
- **Commander, Navy Reserve Forces Command**
[RADM John G. Messerschmidt](#)
- **Commander, Naval Air Force Reserve**
[RADM Patrick E. McGrath](#)
- **Force Master Chief** [FORCM\(FMF\) Ronney A. Wright](#)

NAVY RESERVE FORCE BY THE NUMBERS (as of 02 NOV 09)

Operational Support Snapshot	Active Component Numbers	NAVY ENTERPRISES & ENABLERS
FTS 11,156 RC HQ and Staff Support 3,013 Operational Support 8,143	Officers 51,680 Enlisted 272,600 Midshipmen 4,512 Total 328,792	Warfighter Enterprises <ul style="list-style-type: none"> ▪ Naval Aviation ▪ Surface Warfare ▪ Undersea Warfare ▪ Naval Expeditionary Combat (NECE) ▪ Naval Expeditionary Warfare / ForceNet (NNFE)
SELRES 54,682 Mobilized to Active Duty 6,037 Active Duty for Special Work / Active Duty for Operational Support 933 Annual Training 724 Active Duty for Training 1,027 Inactive Duty Training 3,727 Total 12,448	RC Major Commands <ul style="list-style-type: none"> ▪ Region RCCs: 6 Mid-Atlantic, Navy District Washington, Southeast, Mid-West, Northwest, Southwest ▪ Aviation Wings: Tactical Support Wing, CFLSW ▪ Navy Operational Support Centers: 128 – There is at least 1 NOSC in every U.S. state 	Providers and Enablers (support to Warfighter Enterprises) <ul style="list-style-type: none"> ▪ NTF ▪ NAVSEA ▪ NAVAIR ▪ SPAWAR ▪ NAVFAC ▪ NAVSUP ▪ CNIC ▪ ONR ▪ BUMED ▪ OJAG
FTS/SELRES Onboard 66,446 FY09 End strength 66,500 Delta 946		
Total Navy RC Performing Operational Support: 20,894 (31%)		
IRR 42,767 VTU 3,671 ASP 39,096		

RC TALKING POINTS

NAVY RESERVE: READY NOW. ANYTIME, ANYWHERE *Monthly Communication Priority: Force Multiplier*

“We cannot be the Navy we are today without our Reserve component. And the way that they move in -- into our active force after having served in an active capacity is absolutely seamless. And the importance that we place on our Reserve programs is extremely high.”

-- ADM Gary Roughead, Subcommittee on Defense, Senate Committee on Appropriations, June 2, 2009

- The Navy Reserve is a perfect example of a Force Multiplier for the military – a small input that yields a larger output.
- Executing the Maritime Strategy and supporting our Nation’s warfighting efforts requires our Navy Total Force – Active and Reserve.
- A relatively small number of Navy Reserve Sailors – at a much lower cost – are delivering tremendous results.
- Navy Reserve Sailors are providing about half the Navy’s Individual Augmentees (IAs) serving in Iraq, Afghanistan and other vital areas.
- Navy Reservists are also mobilizing, providing warfighting support to operational commanders and allowing the Navy to maintain a sustainable operating tempo around the world in support of the Chief of Naval Operations’ Maritime Strategy.
- We are committed to ensuring the Navy Reserve has the SEAT resources...
 - Sailors
 - Equipment
 - ADT days, and
 - Training funds

...to remain a Force Multiplier for the long term and be

Ready Now. Anytime, Anywhere.



**READ THE FULL STRATEGIC PLAN AT
[THE NAVY RESERVE WEB SITE](#)**

RETURNING WARRIOR WORKSHOPS

Helping Warriors and Families After Deployments

- The Returning Warrior Workshop (RWW) is a weekend for the Navy Reserve to take care of military personnel who have been deployed in support of combat or combat-support operations.
- Taking care of our people is one of the CNO’s and CNR’s top priorities.

Three Major Goals of the RWW

- Honoring the warrior and warrior’s guest for their service to our country.
- Providing information about the many resources available that will assist with reintegration into civilian life.
- Raising awareness with the service member and the family about symptoms associated with combat stress and provide resources for assessment and referrals.

Objectives of RWW

- Validate contribution of the Sailor and the Sailor’s family.
- Motivate Sailors and families to use their experience to achieve transformational growth.
- Open dialogue to discuss combat stress and lay groundwork for crisis intervention.
- Reward Sailors and families for their sacrifice to our country.

Topics at RWWs Include:

- Warrior Transitions
- Spiritual Balance and Well Being
- Telling Your Story
- Improving the Process
- Transformational Growth
- Military Families
- Combat Operational Stress
- Financial Management
- Couples Communication
- Why I Want to Go Back
- Stress Management

**FOR MORE INFORMATION,
PLEASE CONTACT:
LCDR Ross Mackenzie
(757) 322-5668
ross.mackenzie@navy.mil**