

4 Lessons for \$45.00

Requires participation of a minimum of 2 and maximum of 6 children per class Register at the Odom Fitness Center, Building 1507

		SESSION 1	SESSION 2	SESSION 3	Level 1: 1100 - 1140
		6 January	3 February	3 March	
		13 January	10 February	10 March	Level 2: 1200 - 1240
	2(20 January	17 February	17 March	Level 3: 1400 - 1440
-		27 January	24 February	24 March	

INDOOR POOL BLDG. 1507

For more information, call **301-619-2498.** *www.detrick.army.mil/mwr*



U.S. ARMY

 IMCP LOE 2: Soldier, Family and Civilian Well-being

 "If you catch my staff doing something nice let me know through ICE" - Director Family and MWR