

4 Lessons for \$45.00

Requires participation of a minimum of 2 and maximum of 6 children per class Register at the Odom Fitness Center, Building 1507

| | | SESSION 1 | SESSION 2 | SESSION 3 | Level 1: 1100 - 1140 |
|---|----|------------------|------------------|------------------|----------------------|
| | | 6 January | 3 February | 3 March | |
| | | 13 January | 10 February | 10 March | Level 2: 1200 - 1240 |
| | 2(| 20 January | 17 February | 17 March | Level 3: 1400 - 1440 |
| - | | 27 January | 24 February | 24 March | |

INDOOR POOL BLDG. 1507

For more information, call **301-619-2498.** *www.detrick.army.mil/mwr*



U.S. ARMY

 IMCP LOE 2: Soldier, Family and Civilian Well-being

 "If you catch my staff doing something nice let me know through ICE" - Director Family and MWR