



# Trading Cards

**Name:** Dr. Patricia Cowings

**Title:** Research Psychologist

**What I do:** I study how people adapt to space, and I develop methods to help them adapt faster. I also travel a lot between the different NASA astronaut training facilities. Preparing astronauts to cope with space is what I love doing best!

**Education:** B.S., M.S. and Ph.D. in Psychology

**Experiences:** twenty-three years heading the Psychophysiological Research Labs at NASA, fifteen years leading life science shuttle experiments

**Skills:** working with people, science (psychology and performance assessment), processing data (statistics, computers)

**Interests:** understanding human's capacity to adapt, motherhood-my 11 year old is my hobby, writing science fiction

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