

My HealtheVet: It's Quick, Easy, and It's for You!

Video Transcription – Full Video

(time: 9:23)

FEMALE NARRATOR:

As a former member of our armed forces, you deserve the best health care anywhere.

FEMALE NARRATOR:

That's why VA created My HealtheVet. A free online resource, available 24 hours a day, seven days a week to empower you to take charge of your health, so together we ensure you get the best care that you deserve.

MALE NARRATOR:

From refilling VA prescriptions online, avoiding duplicate tests and procedures, making communication with your providers easier, improving overall safety, and providing you personalized VA wellness reminders, My HealtheVet a secure tool that works for you.

MALE NARRATOR:

To sign up today, just visit www-dot-my-health-dot-va-dot-gov. You'll then have access to features such as trusted medical libraries, information on VA medical centers nationwide, mental health resources and screening tools.

To get the most out of My HealtheVet, visit your nearest VA health care facility and complete an In Person Authentication form .

FEMALE NARRATOR:

My HealtheVet is a secure online home for your personal health records. Your privacy is our priority, so rest assured your information is safe.

THERESA HANCOCK:

Our mission is to take care of all of our Veterans. Authentication process is to protect the Veteran. It is our first and foremost obligation to our Veterans, privacy and security.

FEMALE NARRATOR:

In a matter of minutes, registrants can create a Personal Health Record and have easy access to a variety of medical resources.

When you appear in person to complete this one-time upgrade, you can then access enhanced features such as refilling your VA prescriptions online by name and receive scheduled electronic VA Wellness Reminders.

This means better access to care, a better understanding of your health, clear and efficient communication between you and your provider, and greater patient satisfaction.

WILLIAM T. MAYNARD:

The day I enlisted into My HealtheVet, I went right down and signed my IPA. I think without the IPA you lose a lot of critical information that could be a benefit to you. It puts you in control of your own health.

MALE NARRATOR:

By simply visiting My HealtheVet online, you can have critical medical resources and information at your fingertips, 24 hours a day, seven days a week.

MARGO ELLIS:

I absolutely love My HealtheVet. In addition to working full time now I also go to school in the evenings so you can imagine I don't have a lot of time. With My HealtheVet I can reorder my prescription medications online, which saves me a great deal of time from having to go into the VA Medical Center. Additionally it helps me to stay fit and healthy with the online journals, for tracking my eating as well as my activities, physical activities. So for me it's an absolute necessity to life.

FEMALE NARRATOR:

On My HealtheVet, you can enter and track your medical records, store your emergency contact information, and print a wallet card that contains your critical information.

You can also take important prevention and wellness steps like tracking your weight, blood pressure, cholesterol levels, and more.

DR. NEIL EVANS:

For a patient, their encounter with their primary care provider is just one small piece of the puzzle. Illness or wellness continues on well after that visit, and having tools in the home available to continue management and learning about their health conditions is really important.

JACKIE GANNUSCIO, RN:

I think that My HealthVet allows for better communication between the veteran and his or her provider.

MALE NARRATOR:

My HealthVet stores and allows you to track and manage your personal, family, and military health history, your insurance information and your allergy and immunization records.

You can also enter diagnostic test results for easy personal and physician access. This will help you avoid duplicating these procedures when it's not necessary.

CYNTHIA PRUSCHKI:

You as a patient or a Veteran, should be proactive in your own health care, because you know the doctor is not going to be with you 24/7. It's a two way street, you know so by giving information on both sides, they can put the package together.

FEMALE NARRATOR:

With the tools offered on My HealthVet you have prevention and wellness information right at your fingertips.

STEVE FYFE:

Well I got off active duty a couple months ago. To be on active duty as most of us know you've got your team leader and your squad leader that's making you do the workouts and making sure you get the right food and staying in shape. Now that I do that by myself it is good to have My HealthVet to track what I'm doing, track my exercise, my eating habits. It definitely helps the accessibility of getting care. The younger Veterans who are more apt to using the computer and who don't necessarily like to come to places to get our services. So to be able to do everything right on the website, also gets us involved in the VA and it gets us our care that we're asking for in a much more convenient way.

FEMALE NARRATOR:

So why should you sign up for a My HealthVet account? Because it's easy, free and completely secure. With My HealthVet, you can access VA health and benefits information that you deserve.

JACK MACFADDEN:

Well I must say that's an outstanding site and being a computer person only recently I found it most invaluable to get my health records on the internet, on a website.

PHILIP L. BUCHANAN:

I think it's a wonderful idea. Mainly because you can save a lot of time by using it.

BERNARD GIBSON:

You can go in and you don't have to be standing in line. Once you get your code and know how to operate that computer, I think it works better.

JACK MACFADDEN:

And it really is a wonderful program. And I highly recommend it to any Veteran, get your records on there so that when you can be anywhere literally in the world the doctor will be able to access your records and give you the best treatment. And the nice thing, down at the VAMC, they will give you instructions and help you learn to use it.

FEMALE NARRATOR:

To begin using My HealthVet today, first register online.

To receive the full benefits offered, get an upgraded account during your next visit at your local VA medical center or clinic.

It only takes a few minutes to authenticate before you are up and running. And while you're there, be sure to ask any questions you might have.

By personally appearing to upgrade your account, you also gain access to your DoD benefits information through My HealthVet by using a single username and password. Remember, it is important to safeguard and protect your password and user id.

JULIUS ALLEN:

We want the Veteran to have an ease of experience and use with this tool. The whole intent is to provide an environment where a Veteran can maintain his health in a rich environment with the simplest of tools.

MALE NARRATOR:

If you don't have access to a computer, you can complete the entire process at your local VA medical center or clinic.

My HealthVet is a convenient and secure way for you to take control of your health care and access VA benefits and information. To learn more and sign up, visit www-dot-my-health-dot-va-dot-gov. Then go to your local VA facility and complete the in-person identity proofing or IPA process.

DR. NEIL EVANS:

I encourage all my patients to do two things, number one register, if you haven't registered and number two get In-Person Authenticated right here at the medical center. Absolutely, In-Person Authentication is the way to go.

ROBERT A. PETZEL, M.D.:

The men and women of the Department of Veterans Affairs are committed to ensuring that VA's Personal Health Record is a secure and confidential way to store and access your personal health information. My HealthVet is a powerful tool to enhance your overall health and well being. The power to use My HealthVet is now in your hands. We urge you to log on, get an upgraded account with In-Person Authentication and access trusted, safe and secure VA information for all three of our administrations; The Veterans Health Administration, the Veterans Benefits Administration and the National Cemetery Administration. On behalf of the U.S. Department of Veterans Affairs and all VA health care facilities I want to thank you for watching this video and thank you for your service. I wish good luck and good health.

FEMALE NARRATOR:

My HealthVet. It's quick, easy, and it's for you!