DEPARTMENT OF THE ARMY
HEADQUARTERS, TRAINING SUPPORT BATTALION
3360 EARLY STREET
FORT JACKSON, SOUTH CAROLINA 29207-7025

REPLY TO ATTENTION OF

ATSG-SB

12 July 2010

MEMORANDUM FOR DISTRIBUTION

SUBJECT: Command Policy Memorandum #14: Physical Training Incentive Policy

1. PURPOSE: To establish a policy that promotes physical fitness and enhances cohesion within the Training Support Battalion. This policy is effective second quarter, FY09, and supersedes any other PT incentive program within the battalion.

2. GENERAL: A disciplined unit is one that is physically and mentally fit. Combat and our duty as Soldiers demand for us to be tough, agile, and meet height and weight standards. A vigorous but balanced physical training program enhances productivity and mental alertness while reducing sick call.

3. The Army Physical Fitness Test (APFT) is the standard that measures each Soldier's physical readiness. All Soldiers should strive to surpass the minimum established standards. We will recognize Soldiers who attain physical excellence as measured against the APFT, height and weight, and body fat standards IAW AR 600-9. In addition, the company with the highest average for the quarter, which exceeds the battalion APFT goal of 250, will be awarded a PT Streamer.

4. To encourage exceptional high levels of physical fitness, the following incentives are established:

Action	Incentive/Reward
Company with highest average	PT Streamer
Soldiers scoring 270 (90 points or higher in each event)	Battalion Certificate of Achievement Physical Fitness Excellence Patch
Soldiers scoring between 290-299	Battalion Certificate of Achievement Physical Fitness Excellence Patch Three Day Pass
Soldiers scoring 300 or higher	Battalion Certificate of Achievement Physical Fitness Excellence Patch Battalion Coin of Excellence Four Day Pass
Soldier who scores the highest in their company during a 6 month window	Battalion Certificate of Achievement Four Day Pass

5. Soldiers with valid profiles, which preclude them from taking certain events, will still be eligible to compete for passes. Soldiers attaining 90-99 points for the events taken will receive a 3-day pass. Those attaining 100 points for the events taken will receive a 4-day pass. Soldiers who earn a pass will coordinate with their supervisors before taking it.

6. Organized runs including the battalion and SSI, are great for building esprit de corps and displaying unit pride to our sister units. These runs are generally 3 miles long with a pace of 8 to 9 minutes per mile. Although not a graded event, it is an opportunity to display our enhanced physical fitness. Therefore, any company that completes any SSI organized run with zero fallout will receive a 3-day pass within the quarter.

7. Point of contact is the S3 at (803) 751-3604/3605.

8. One Team, One Mission!

SULA L. IRISH
LTC, AG
Commanding

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