

Other NLM Links

MedlinePlus®

Reliable source of consumer-oriented health information.

www.nlm.nih.gov/medlineplus

MEDLINE/PubMed

The NLM database of references and abstracts of published biomedical journal articles with links to some full-text articles.

www.ncbi.nlm.nih.gov/pubmed

PubMed Central™

Free digital archive of biomedical and life sciences journal literature.

www.ncbi.nlm.nih.gov/pmc

ClinicalTrials.gov

Searchable database of clinical research studies from across the country and internationally.

clinicaltrials.gov

American Indian Health Web Portal

An informational portal to issues affecting the health and well-being of American Indians.

americanindianhealth.nlm.nih.gov

Tox Town®

Environmental health concerns and toxic chemicals where one lives, works, and plays are displayed in color, graphics, sounds, and animation.

toxtown.nlm.nih.gov

Native Voices:

Native Peoples' Concepts of Health and Illness

Online, multimedia exhibit that explores the interconnectedness of wellness, illness, and the cultural life of Native peoples.

www.nlm.nih.gov/nativevoices/

For more information, contact:

Alaska Medical Library
University of Alaska Anchorage
3211 Providence Drive
Anchorage, AK 99508
1-907-786-1870 (national)
1-888-997-7878 (in state)
aml@uaa.alaska.edu
www.arctichealth.org

University of Alaska Anchorage
www.uaa.alaska.edu

National Library of Medicine
www.nlm.nih.gov

National Institutes of Health
www.nih.gov

U.S. Department of Health and Human Services
www.dhhs.gov

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ARCTIC HEALTH

An information portal to issues affecting the health and well-being of our planet's northernmost inhabitants



www.arctichealth.org

The Arctic Health Web Portal



Valuable Information for Health Professionals, Researchers, and Consumers

This Web site collects, evaluates, and organizes information on health issues affecting people of the Arctic. The major sections of Arctic Health are:

Health Topics—Links to topics selected for people living in the Arctic, including information specific to Alaska Natives. Topics include chronic disease, mental health, healthy lifestyles, accidents and injuries, and several more. Each page contains the following information:

- **Our Health**—Addresses how the health topic affects the people of the Arctic.
- **Our Stories**—Uses storytelling traditions, like those of the Alaska Natives, to discuss personal experiences as they relate to health topics.
- **Organizations, Programs, and Tools**—Links to available resources and programs for northern people.
- **General Health Information**—Provides resources for understanding symptoms, diagnosis, and treatment found at Web sites such as the National Library of Medicine MedlinePlus.®

Publications—Contains multiple resources, including the Arctic Health Publications database with more than 200,000 records; media such as slide collections and videos; and bibliographies and access to full-text articles from specific journals.



Research—Links to Arctic health research projects, organizations, and funding opportunities.

Climate Change—Links to Web sites, publications, and multimedia presentations covering the impacts of climate change on the health, activities, and well-being of people in the Arctic.

Traditional Healing—Explores the interface between traditional healing practices and the modern world. Contains unique and rare interviews and discussions with Alaska Native healers and elders.

Food, Air, and Water—Recognizes that contaminants from outside the Arctic region accumulate in Arctic food webs. Provides information on monitoring and mitigating contaminant pathways and concentrations, understanding the disease risks, and balancing the benefits of traditional foods with potential toxic exposures.

Governments and Organizations—Includes important agencies, programs, and initiatives related to Arctic health. Provides links to international groups, such as the Arctic Council, as well as state and tribal entities, such as the Inuit Circumpolar Council.

Arctic Health . . . the People and the Environment

The Arctic region is a vast geographic area surrounding the North Pole that includes all or portions of:

- Alaska
- Canada
- Denmark
(including Greenland and the Faroe Islands)
- Finland
- Iceland
- Norway
- Russia
- Sweden

The people and communities of the Arctic face special challenges to their health and well-being.

These challenges range from a rapidly changing climate and extreme environmental conditions, to threats from pollution and emerging infectious diseases, to suicide and substance abuse. To meet the information needs of these communities, the U.S. National Library of Medicine (NLM) and the University of Alaska Anchorage (UAA) developed the Arctic Health Web site.