

Stay Connected

Mobile MedlinePlus

Provides reliable health information for mobile Internet users in English and Spanish.

m.medlineplus.gov

m.medlineplus.gov/spanish



Twitter

Receive and share the latest health and medical news and information instantly.

twitter.com/#!/medlineplus

E-mail Updates

Provides the latest information on health topics of interest to you.

nlm.nih.gov/medlineplus/listserv.html

MedlinePlus RSS Feeds

Stay up-to-date on the latest health news and information.

nlm.nih.gov/medlineplus/rss.html

MedlinePlus Connect

Allows any electronic health record (EHR) system to easily link to MedlinePlus information.

nlm.nih.gov/medlineplus/connect/overview.html

Additional Resources

Guide to Healthy Web Surfing

nlm.nih.gov/medlineplus/healthywebsurfing.html

Consumer Health Information on the Web
(NN/LM)

nmlm.gov/training/consumer/prescription

Toll-free Numbers for Health Services
healthhotlines.nlm.nih.gov

NIH Senior Health Information
nihseniorhealth.gov

Registry of Clinical Trials
(United States and abroad)
clinicaltrials.gov

Contact NLM for Assistance

1.888.FIND.NLM (888.346.3656)
custserv@nlm.nih.gov

National Library of Medicine
8600 Rockville Pike
Bethesda, MD 20894

www.nlm.nih.gov



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NATIONAL LIBRARY OF MEDICINE

**CONSUMER
HEALTH**
information



medlineplus.gov

1

2

3

4

11

Want to Protect Yourself & Your Family from the Flu?



Learn how at flu.gov

→ Health Topics

Information on diseases, illnesses, and wellness

- ▶ Read about symptoms, treatment, and prevention for various health conditions.
- ▶ Learn about clinical studies that you can join.
- ▶ Find health information specific to women, men, children, seniors, and various population groups.
- ▶ Locate health information in multiple languages.

→ Drugs & Supplements

Find out about prescriptions, over-the-counter medicines, herbs, and supplements

- ▶ Learn how to take a drug and how it affects your body.
- ▶ Read about the side effects and precautions of a drug or supplement.
- ▶ Find information about the safety and effectiveness of herbs and supplements.

→ Videos & Cool Tools

Learn about health topics through various interactive tools

- ▶ Watch prerecorded surgery and animated anatomy videos.
- ▶ Locate calculators, quizzes, games, and self-assessments to evaluate your health knowledge and health risks.
- ▶ Watch interactive tutorials that explain health conditions, medical tests, and treatment procedures.

Special Features

Easy-to-Read pages use plain language to help understand health conditions.

Medical Encyclopedia has pictures and illustrations to help understand health conditions, medical words, tests, and procedures.

NIH MedlinePlus Magazine is a free, quarterly publication for patients and their families.

Spanish Version provides access to MedlinePlus entirely in Spanish.
medlineplus.gov/spanish

MedlinePlus can help answer questions about many topics such as:

vitamin D

wellness

anemia

influenza

nutrition

asthma

hypertension

stress

depression

pregnancy

disease prevention