

Historic Deployment for 179th



AROUND THE 179TH

1. Col. Howard and Faline Rowland shake hands with Larry Monica of McDonald's. They are donating a portion of value meal purchases to the 179th AW and 200th RHS.

2. Col. McCue hands off the guidon to Col. Howard as he assumes the position of Vice Wing Commander.

3. Col. Burkett signs paperwork during his commander swear-in. He will be assuming command of the Maintenance Group.

4. Airmen from the 179th work on the processing line for the deployment of 179th and 164th AS personnel.



photo by: Staff Sgt. Joe Harwood



photo by: Master Sgt. Lisa Haun



photo by: Master Sgt. Lisa Haun



photo by: Master Sgt. Lisa Haun

AROUND THE 179TH







- 5. Friends, familiy and 179th members gather for Col. Lewis' sendoff in July.
- Assistant Adjutant General for Air, Brigadier Gen. Mark Bartman, addresses members during the Ask,
- 7. Australian Air Force members visit the 179th Airlift Wing and met with members of the 164th Airlift Squadron.
- 8. Col. Lewis salutes Col. Mccue during an award presentation at his going away get together as former wing commander, Brigader Gen. Mark Stephens, and Col. Whitehead look on.



photo by: Staff Sgt. Joe Harwood



IRMEN FROM THE 179TH AIRLIFT WING MADE AIR NATIONAL GUARD HISTORY, JULY 26, BY DEPLOYING IN SUPPORT OF OPERATION ENDURING FREEDOM FOR THE FIRST TIME WITH THE C-27J SPARTAN, ONE OF THE AIR FORCE'S NEWEST AIRCRAFT.

THIS JOINT MISSION IS BEING CONDUCTED WITH AIRCREW FROM THE 179TH AW AND SOLDIERS FROM THE OKLAHOMA AND GEORGIA NATIONAL GUARD, THEY WILL BE WORKING IN CONJUNCTION WITH THE 159TH COMBAT AVIATION BRIGADE FROM FORT CAMPBELL, KY. IN DIRECT SUPPORT OF THE ARMY FOR AIRLIFT AND AIRDROP OPERATIONS.

"THE 164TH AIRLIFT SQUADRON IS THE FIRST OPERATIONAL UNIT TO CONVERT TO THE C-27J AND IT HAS BEEN THE HARD WORK OF THE 164TH MAKING HISTORY WITH A AIRLIFT SQUADRON, 179TH AIRLIFT WING, NATIONAL GUARD BUREAU, L-3 COMMUNICATIONS AND ALENIA TO MAKE THIS DEPLOYMENT HAPPEN," SAID LT. COL. DARREN HAMILTON, 164TH AIRLIFT SQUADRON COMMANDER.

AIRMEN FROM THE 179TH AW HAVE BEEN TRAINING FOR THIS DEPLOYMENT SINCE THE CONVERSION FROM THE C-130 HERCULES TO THE NEW C-27J SPARTAN LAST YEAR, AIR FORCE AND ARMY AIRCREW MEMBERS HAVE UNDERGONE 12 WEEKS OF TRAINING AT WARNER



ROBINS AIR FORCE BASE, GA. AND AN ADDITIONAL 120 DAYS OF JOINT OPERATIONS SEASONAL TRAINING TO BECOME FULLY MISSION QUALIFIED ON THE NEW AIRCRAFT.

THE 179TH AW IS ALSO NINE MONTH OVERSEAS ROTATION AS OPPOSED TO THE TYPICAL FOUR TO SIX MONTH AIR FORCE DEPLOYMENT SCHEDULE. MANSFIELD'S UNIT DEPLOYED IN 2009 WITH THE C-130 H TO LAY THE GROUND WORK FOR THIS JOINT OPERATIONS DEPLOYMENT IN DIRECT SUPPORT OF THE ARMY'S TIME SENSITIVE MISSIONS.

"I COULD NOT BE MORE PROUD OF THE FOLKS AROUND THE COUNTRY AND THE AGENCIES AND ORGANIZATIONS THAT ASSISTED WITH GETTING THESE PLANES OUT THE DOOR," SAID COL. GARY

McCue, 179TH AIRLIFT WING COMMANDER.

ADDITIONAL AIRCREW MEMBERS ARE CURRENTLY UNDERGOING TRAINING TO BECOME MISSION QUALIFIED ON THE NEW C-27J SPARTAN AIRCRAFT FOR STATE, FEDERAL AND OVERSEAS OPERATIONS.

THE C-27J SPARTAN IS A TWIN TURBOPROP AIRCRAFT WITH A SHORT TAKEOFF AND LANDING THAT CAN PROVIDE ACCESS TO AIRSTRIPS OTHERWISE UNREACHABLE BY FIXED-WING AIRCRAFT.

THE 179TH AW WAS THE FIRST UNIT IN THE AIR FORCE TO RECEIVE THIS NEW AIRCRAFT.

2011 MLMF SCHOLARSHIP WINNERS

STORY BY: AIRMAN IST CLASS STEPHANIE CARROLL ARTWORK AND PHOTOGRAPHY BY: STAFF SGT. JOE HARWOOD



Every year the Mansfield Lahm
Military Families Scholarship
Program awards scholarships to children, grandchildren, or spouses of an active or retired 179th Airlift Wing member.
To submit an application, they must write a letter explaining their desires for continued education, goals and objectives for their future, and tell what getting this scholarship would mean to them. A panel of judges ranks the applicants and grants are awarded based on scholarship, character, leadership and need.

This year, six \$750 scholarships were awarded. The MLMF Scholarship Committee wishes these individuals the best in their future endeavors and congratulates them on the accomplishments they have already achieved.

Ms. Cortney Mruk, the daughter of TSgt David Mruk of the 179th Maintenance Squadron, has recently graduated from Revere High School in Akron. Cortney will be attending Kent State University to pursue a degree in Middle Childhood Education.

Ms. Michelle Jones, the wife of Chief Master Sgt. Larry Jones, 200th Red Horse Det. 1, is currently a freshman attending Mt Vernon Nazarene University pursing a Bachelor's degree in Nursing.

Mr. Taylor Thomas, the son of Lt. Col. Todd Thomas, 179th Operations Group, recently graduated from Lexington High School and plans on attending Miami of Ohio University to study Dentistry.

Ms. Sarah Nagy, the daughter of MSgt Stephanie Nagy, 200th Red Horse Det.

1, recently graduated from Buckeye Local Schools in Medina. Sarah plans on attending Ashland University to pursue a degree in Dietetics.

Ms. Monica Clevenger, the daughter of Master Sgt. Beth Kilgore, 200th Red Horse Det. 1, plans on attending Malone University to pursue a career in Child Psychology.

Ms. Elizabeth Holsopple, daughter of Maj Kent Holsopple, 179th Logistics Readiness Squadron, recently graduated from Centerburg High School in Centerburg. Ellie plans on attending Wright State University to pursue a degree in Early Childhood Education.



amily and friends gathered at the 179th Airlift Wing, June 12, for Family Day 2011. Members were able to bring their families, dress down and take a day off from their normal duties to partake in fun activities across the base.

The events held included a family fun walk, which also helped to promote fitness for members and their families, pictures in front of the new

C-27J Spartan, a silent auction, smoke. bounce houses, computer games, and family movies.

There were representatives from the Civil Air Patrol, local Veterans of Foreign War posts, and the Ohio State Highway Patrol. Also participating was the base fire department, which had their fire trucks on display and demonstrated to children how to escape from a building that is filled with

This year's Family Day was coordinated through Faline Rowland, the Family Programs coordinator for the 179th AW in conjunction with many other entities on and off the installation. This event encourages unit members to bring their family and friends for a day of fun at their home station.







Family Day 2011





Donna Baki

A world class volunteer

Story by: Faline Rowland Airman and Family Programs Coordinator

onna Baki goes above and beyond for the 179th Airlift Wing and the 200th Red Horse Squadron Det. 1. Her tireless efforts have earned her three awards this year including Volunteer of the Year. In April she was named Adjutant General's 2010 Air Volunteer of the Year for Ohio. This prestigious award is normally presented at the State Family Readiness and Warrior Support

Conference held
every April. But, since
State Conference was
cancelled in April,
Donna has not yet been
presented with that award.
She will be presented with
her award October 22 at
the 179th Annual Awards
Banquet that is being held
at Café Main.

In May, Donna was awarded the American Red Cross Spirit of the American Red Cross Hero In July, Donna was named National Guard Bureau Region 5 Volunteer of the Year. Donna received this award at the NGB 2011 National Volunteer Workshop and Conference that was held in Louisville, Kentucky.

Donna was accompanied on stage by the Adjutant General of Ohio, Maj. Gen. Debbie Ashenhurst. The award was presented by Chief, National Guard Bureau, Gen. Craig McKinley.

OUTSTANDING 624/2011 - TRANSIT CENTER AT MANAS Kurmyzstan -- Every week, a mem-

624/2011 - TRANSIT CENTER AT MANAS, Kyrgyzstan -- Every week, a member of the 376th Air Expeditionary Wing is selected as the Warrior of the Week. This individual is recognized based on outstanding performance, good conduct, work ethic and most importantly, for a job well done.

Meet the Warrior of the Week - Staff Sgt. Denise Pfahler, 376th Expeditionary Force Support Squadron mortuary affairs NCOIC, deployed from the Air National Guard's 179th Airlift Wing, Mansfield, Ohio. She grew up in Attica, Ohio.

Here's what Sergeant Pfahler has to say about herself and this deployment to the Transit Center at Manas.

What do you do on a daily basis at Manas? I work in the 376th EFSS mortuary affairs NCOIC, flight chiefs' office supply representative and vehicle control NCO, along with the other things I am tasked with daily. This allows me to have a hand in all of the facilities we operate on base and to be an important asset in the EFSS mission.

What do you enjoy about being at the Transit Center? The population of permanent party personnel at Manas allows for a small, tight-knit community that gives off an at-home feel. Though, with the amount of transient personnel coming through, it also gives the opportunity to meet new faces, hear different stories, and enjoy the heartbeat and energy Manas encompasses with its fast-paced mission.

Why did you choose to serve in the military? I felt as if I knew what I wanted to do career-wise since I was young. In searching for a way to pursue that career the Air National Guard made it possible to train and experience the mortuary field as I pursued it in college. The two paths I was taking seemed to merge and I've had the passion to tie the two together ever since.

How do you feel about your contributions to the Transit Center mission and current operations in the AOR? Because I play a sort of "liaison" role within different EFSS facilities, and between EFSS and other squadrons, I have the ability to assist in our squadron's mission by providing needed assets. Those assets directly contribute to the troops coming through the Transit Center and their well-being. With the mortuary detail I have been involved with here, I can think of no better mission to be a part of than sending our Fallen Warriors home with the respect they and their loved ones deserve.

Family: Mother, father, four sisters and a brother

Time at Manas: 2 months

Time in military: 7 years in July

Greatest accomplishment: Being accepted into West Virginia University's Pathology Assistance Program, to obtain a master's degree and pursue my goal of conducting autopsies and biopsies.

Goals you want to achieve or meet while here: Fitness Self-Improvement: Run the half marathon in September. Job: Maintain and improve networking with other squadrons this job has allowed me to create for EFSS. Also, to supply the squadron with what it needs to enhance the morale of troops coming through the Transit Center and to leave it one step better in all aspects than we found it. Academic Self-improvement: To focus on self-improvement in the field in which I study. A deployment can be demanding, but there is no better time to review prior academic material in order to better prepare myself for the next career step.

Hobbies: Basketball, weight-training, running, drawing, painting and listening to live music

Your best habit: Health and fitness

Favorite Quote: "If you don't believe in yourself, you defeat yourself."

Favorite movies: Million Dollar Baby and 300

Who is your favorite mentor and what did you learn from him/her: My mother, who always taught me that one could achieve anything when their heart was full of passion, drive and the pursuit of their own true happiness.

If you could spend one hour with any person, who would it be and why: My one hour would be spent with Marie Curie. She, being the first female modern world scientist, allowed her mind to curiously discover what was unknown. I believe one hour with her would provide much advice in chasing what needs to be chased, and leave a feeling of motivation and self-innovation that the average person cannot instill onto another.

Story by: 376th Air Expeditionary Wing Public Affairs



OUTSTANDING A I RMEN

C taff Sgt. Mike McQuillen Oproves that an Airman is never off duty. A member of the 179th Airlift Wing, he did not expect to use any of his training on Saturday, June 18, 2011. Staff Sgt. McQuillen was simply enjoying a day at the pool with friends at Eagle Point, Mifflin, Ohio. Suddenly, someone shouted for help. There was a lifeless man in the pool in clear need of help. In situations like this, the average ...person might freeze. McQuillen and his friends quickly reacted to remove the victim from the water. The man was turning purple and had become unresponsive without a pulse. Time was running out.

McQuillen acted quickly and began to perform CPR. After receiving an initial response, he turned the victim on his side and allowed some water to escape. Unfortunately, the vital signs were again absent. As the man lay unconscious, McQuillen

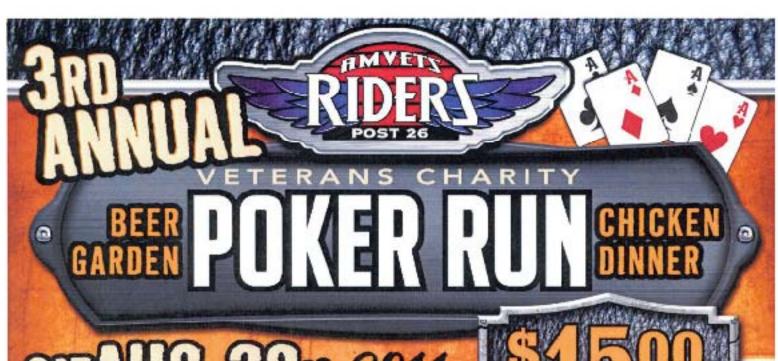


repeated CPR and managed to regain a pulse and signs of breathing although the man remained unconscious. McQuillen then covered the man to keep him warm and monitored him until the rescue squad arrived to transport him to a hospital. Deputy Mifflin Fire Chief Fred Kauser reported that the victim survived and fortunately seems to be recovering well.

It takes a special act of courage to take charge of a situation when a life depends on it. Let us all recognize Staff Sgt. McQuillen for his ability to step up and

> represent himself and the Air National Guard as an honorable citizen soldier and protector of his fellow man.





SATAUG 20th 2011

POKER RUN

First Bike Out - 11:00 Last Bike Out - 12:30 Last Bike In - 4:30

Ride starts and ends at the Amvets Post 26 1100 West 4th, St. Mansfield, Ohio 1st PLACE

2nd PLACE

INCLUDES POKER RUN RAFFLES & DINNER

> 4th PLACE SSU 5th PLACE \$20

All Bikes Welcome!

DJ Jeff Vermillion

Call to Book Him For Your Party

MARQUIS 66 BAND Starts at 8:00pm Inside

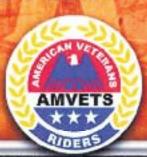
50/50 RIDERS

You: 60% Us: 40%

An affordable breakfast is available from 9:30 to 11:30am

DINNER & RAFFLES Start at 4:30

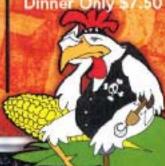
Stay for the extra cash raffles! Tons of prizes, bring some friends!





AND LOCAL VETERANS

LA CARTE



VENDOR SPACE AVAILABLE CALL JACK 419/565/

The 4th Annual LCpl Luke Yonkee Memorial Ride August 13, 2011 Sponsorship: HEROES IN ACTION



*\$20.00 entrance fee, \$10.00 passenger/2nd bike

- *REGISTRATION AT BOTH LOCATIONS:
- *Ohio riders will meet at Secor Park 10001 Central
 Avenue Berkey, Ohio (6 miles west of US 23,
 3 miles west of Centennial Road) 9-9:30 AM
- * Michigan riders will meet at Cabelas in Dundee,
 Michigan and ride to Secor Park. 8-8:45 AM



Lunch will be provided around 2:30 PM at Genesis Village 2429 S. Reynolds Road, Toledo, Ohio 43614—use Heatherdowns entrance.

FUN...FOOD...PRIZES...SILENT AUCTION

\$1,000.00 Goal for a College Scholarship

for A High School student

For More Information Contact

Dawn Heisler 419-699-3439 E-mail dheisler7@bex.net
Keith Kruse 419-356-0737 Jimmy K 734-625-7533
REGISTER IN ADVANCE, CALL OR E-MAIL TO GIVE NUMBER ATTENDING

-----cut here------

Registration form: Make check payable to:

www.heroesinaction.org

Heroes In Action
P O Box 352046
Toledo, Oh 43635-2046

Name:	Number of people:
Address:	Phone Number:
Signature:	E-Mail Address:

You are invited to the Welcome Home Initiative Retreat – Dayton

23 - 25 August 2011

Athletes in Action Conference and Retreat Center 651 Taylor Drive, Xenia Ohio 45385

Our goal is to minister practically and prayerfully to members and veterans of the Armed Forces and their spouses affected by combat deployments, providing support and resources to help them heal and thrive.

This retreat is our gift to you and your spouse.

There is no cost to attend.

To learn more about or register for the retreat, please contact Eric Chen at 937.938.0654 or WelcomeHomeDayton@gmail.com

Welcome Home Initiative is a ministry of Christ the King Spiritual Life Center, Greenwich NY. www.ctkcenter.org/WelcomeHome

WHI Retreat – Dayton is hosted by Mount Zion Church, Beavercreek OH, in partnership with area churches, veterans, and organizations. www.MountZionChurch.org/featuredevents.htm

IMPORTANT RESOURCES OHIOCARES

http://www.ohiocares.ohio.gov/ 1-800-761-0868

VA Healthcare Facilities in Ohio

http://www.visn10.va.gov

 Chillicothe
 Columbus

 740-773-1141
 614-257-5200

 Cincinnati
 Dayton

 513-861-3100
 937-268-6511

 Toledo
 Cleveland/Wade Park

 419-259-2000
 216-791-3800

Ohio Department of Mental Health

Community Mental Health Centers http://mentalhealth.ohio.gov/where-to-get-help/

Ohio Dept. of Alcohol and Drug Addiction Services

www.ODADAS.com
Click to find a provider
http://www.ebasedtreatment.org
1-800-788-7254

Substance Abuse and Mental Health Services Administration (SAMHSA)

24-Hour Referral Helpline and Facility Locator http://www.findtreatment.samhsa.gov/ 800-662-HELP (English & Spanish) 1-800-487-4889 (TDD)

ADDITIONAL RESOURCES:

TRICARE

www.tricare.osd.mil 1-877-TRICARE

Military One Source

www.militaryonesource.com 1-800-342-9647

OH National Guard Chaplain's Office 614-336-7377

014-330-7377

The National Suicide Hotline

www.suicidepreventionlifeling.org 1-800-273-TALK (8255)

OHIOCARES Committee: Governor's Office of Veterans' Affairs, Ohio National Guard; Ohio Dept. of Alcohol and Drug Addiction Services; Ohio Dept. of Mental Health; Dept. of Veterans Affairs; Ohio Assoc. of County Behavioral Healthcare Authorities; Ohio Council of Behavioral Healthcare & Family Services Providers, Ohio Rehabilitation Services Commission, Brain Injury Assoc. of Ohio, National Alliance on Mental Illness Ohio.



OHIOCARES

The mission of OHIOCARES is to provide a one-stop-shop for referral to behavioral health and traumatic brain injury care for all Service Members, Veterans, and their Families.



Call OHIOCARES:
1-800-761-0868
http://www.ohiocares.ohio.gov





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