



Buckeye

AIRLIFTER

www.179aw.ang.af.mil

May | June 2011

A large, mature tree with a thick trunk and dense green foliage stands in a grassy field. A group of about a dozen people, including children and adults, are gathered around the base of the tree. Some are looking at something on the ground, while others are talking. In the background, there are more trees and a few houses under a clear sky.

179th Gives Back

AROUND THE 179TH

1. Army Honor Guard soldiers carry fallen comrade Army 1st. Lt. John Runkle to an awaiting car. Members of the 179th gathered for this ceremony, June 6, 2011.

2. Airmen from the 200th RED HORSE Squadron lay concrete around a new water drain on base June 8, 2011.

3. 2nd Lt. Jo Ella Colluci sings the National Anthem at the Tappan Awards held June 2, 2011.

4. Master Sgt. Williams of the Aerospace Ground Equipment shop prepares to dispose of a flag at the flag disposal ceremony June 8, 2011.



photo by: Staff Sgt. Joe Harwood



photo by: Staff Sgt. Joe Harwood



photo by: Staff Sgt. Joe Harwood



photo by: Staff Sgt. Joe Harwood

AROUND THE 179TH



photo by: Staff Sgt. Joe Harwood



photo by: Master Sgt. Lisa Haun



photo by: Staff Sgt. Joe Harwood

5. Col. Howard helps out in the Earth Day activities May 11, 2011.

6. A C-27 J Spartan sits on the flightline of the 179th Airlift Wing.

7. Members of the 179th Airlift Wing and community members gather for a fallen comrade ceremony honoring Army 1st Lt. John Runkle, June 6, 2011.

8. Members of the 200th RED HORSE Squadron build a fence during the Earth Day activities, May 11, 2011.



photo by: Staff Sgt. Joe Harwood

Boy Scouts from Troop 126 in Belleville were on base June 8 to participate in a flag disposal ceremony in honor of Flag Day and to enjoy a cookout provided by the 179th Aerospace Ground Equipment shop.

As a tradition each year, Master Sgt. Roger Williams of the 179th AGE shop, organizes a flag disposal ceremony and takes in donations from the local community to properly dispose of them. This year, Senior Master Sgt. Craig Dotson, an adult leader for Troop 126 and member of the 179th AGE shop helped organize the ceremony.

The organizers received a record number of more than 500 flags

from the surrounding communities and Veterans Service Organizations to include Prisoner of War/Missing in Action, state of Ohio, and American flags.

“We should listen to veteran’s music so that we burn them with honor and respect,” said one of the Boy Scout troops during the safety briefing that morning.

The group then moved to a designated area of the base where an American flag was raised at the site while patriotic music played in the background. Williams then explained that there would be two burn pits, one for the blue field of the flag and the other for the red and white stripes. The Boy

Scouts then helped to cut up the flags and separate them into their respective burn pits. After all the flags had been properly disposed of, the Boy Scouts moved into the AGE shop for a cookout lunch and received goodie bags with patriotic memorabilia.

When asked if the Boy Scouts would receive a tab for this, Randy Echelberger, Scout Master for Troop 126, replied that they would not receive a tab but that it was a great community service activity for them.

179th, Boy Scouts Honor Flag Day

Story by: 2nd Lt. Holli Snyder
Photos by: Staff Sgt. Joe Harwood





**“We should listen to
veteran’s music so
that we burn them with
honor and respect.”**



HONORING A FALLEN COMRADE

STORY BY: 2ND LT. HOLLI SNYDER
PHOTOS BY: STAFF SGT. JOE HARWOOD

Members of the 179th Airlift Wing, local authorities, retirees and family members attended a fallen comrade ceremony the morning of June 6, 2011, for Army 1st Lt. John M. Runkle on the flight line at Mansfield Lahm Airport.

Runkle, along with six other soldiers from Fort Campbell, Ky., died of wounds suffered when insurgents attacked their unit with an improvised explosive device in Kandahar province, Afghanistan.

The fallen comrade was



flown into Mansfield Lahm Airport by a charter jet to a crowd of family members, retired military, Ohio State Highway Patrol members, local police officers and military personnel working at the base that morning. A six member team of Army soldiers carried the hero to the procession car where he would be taken to be laid to rest.

Runkle was assigned to the 4th Battalion, 101st Aviation Regiment, 159th Combat Aviation Brigade, 101st Airborne Division (Air Assault), Fort Campbell, Ky.



179th Gives Back for Earth Day

Story by: Airman 1st Class Stephanie Carroll

Photos by: Staff Sgt. Joe Harwood



On Wednesday, May 11, members from the 179th Airlift Wing spent the day around Richland county working on different projects for Earth Day. It was a beautiful, warm sunny day and enlisted members, officers, and even commanders spent time planting flowers, spreading mulch, and cleaning barns.

For this year's Earth Day, volunteers partnered with the North End Community Improvement Collaborative, or the NECIC, to help with their community gardening program. Such new projects involved things such as building handicap accessible flower beds at Richland New Hope.

Earth Day volunteers worked to create three new gardens and prepare the five existing gardens for this year's planting. All together, there were fourteen different projects at thirteen sites in Mansfield, Ontario, Lexington, Bellville, and Shelby. Seventy-seven total volunteers came out to help elementary schools, the Raemelon equestrian center and the different community gardens programs.

The guard members worked with children and other members of the community. The children were very excited to be helping the environment and didn't hesitate to get their hands dirty. Many of the guard

members got to spend the day digging in the dirt side by side with their own children.

Earth Day is an annual event for the 179th Airlift Wing and this was their 12th year participating. With the new missions the base has taken on, participation was down this year. Base commanders are hoping to see more members reach out in the upcoming years.

There are always many different Earth Day projects to take part in and volunteering is a fun, and rewarding way to give back to the community.



SUBSTANCE ABUSE PREVENTION

What is Alcoholism:

In Italy, he/she is called an "alcoolisto." In France, he/she has the title of an "alcoolique." In Germany, he/she is labeled as an "alkoholiker." But for the rest of the world, he/she is more popularly known as an alcoholic, or to be more precise, a person suffering from alcoholism. Alcoholism is defined as the excessive and repeated use of alcoholic beverages, usually considered to be compulsive and thus an addiction and a disease. Alcoholism has plagued society since ancient times. But it was only in 1849 when Swedish physician Magnus Huss was able to integrate chronic alcoholism in modern day medical studies. Huss was also the first to name the disease in his essay entitled "Alcoholismus Chronicus."

Today, there are around 5,400,000 people in the United States alone who are suffering from alcoholism. 4,500,000 of them are males while 900,000 are females.

Roots of Alcoholism:

Theories vary as to whether alcoholism is a physiological or a psychosomatic disease. Some experts claim that the electrical brain waves in people suffering from alcoholism are different from those who are non-alcoholics, thus proving that alcoholism is more of a disease that is physical in origin. According to them, alcoholism has a negative effect on our neurotransmitters, which are the cells that carry emotions to our different senses.

There are other experts however who claim that alcoholism is a psychological illness, as overdependence is more of a mental defect.

A few, on the other hand, are of the belief that alcoholism is hereditary in nature. Their studies show that people whose parent or parents are alcoholics, have a greater danger of falling victim to the ills of alcoholism. They are conducting constant research to pinpoint the genes that increase risks of acquiring alcoholism.

Despite the seeming uncertainty about the exact origin of alcoholism, one fact remains clear. Alcoholism is a real disease the poses real dangers to real people in the real world.

Problems Caused by Alcoholism:

Inveterate (habitual) drunkenness consists of recurrent intake of alcoholic beverages to the point that the drinker becomes dependent. This dependence makes him ignore the mental and physical dangers caused by alcoholism. Among these dangers of alcoholism are:

- damages on the brain, heart, liver and intestines
- delirium tremens, which is an extreme delusional state characterized by repeated hallucinations
- susceptibility to accidents, as alcoholism impairs alertness

and judgment

- problems at work caused by diminished productivity and efficiency

- problems at home caused by the aforementioned impairment of judgment that often leads to low tolerance levels and irrational conduct

How to Treat Alcoholism

Throughout the years, experts have developed effective forms of medication and behavioral treatment methods to combat alcoholism and empower alcoholics to stop drinking and remain sober. Medication may come in the form of multivitamin supplements or hormones that would strengthen the endocrine system, which has been long believed to be directly related to the development of alcoholism.

Behavioral treatments include one-on-one counseling and group therapies that would allow the patient to accept that he is indeed suffering from alcoholism. From his acceptance, goals are formulated and a program is devised to achieve them, either with the patient as an individual, or with the patient as a member of a support group.

For more information, contact the 179th Military Equal Opportunity office.

To be Senior Master Sergeant:

Troy Siebenaler - 200 RHS DET 1

To be Master Sergeant:

Travis McBride - 200 RHS DET 1

Henderson New - 200 RHS DET 1

James Perry - 179 SFS

To be Technical Sergeant:

Kelli Dyer - 179 LRS

Brock Mowry - 200 RHS DET 1

Robert Whitaker - 200 RHS DET 1

JUNE | promotions

To be Senior Airman:

Daniel Thompson - 179 MXS

Daneil Radosevich - 200 RHS DET 1

Alexander French - 200 RHS DET 1

Sean Anderson - 179 MXS

Wayne Campbell - 179 AMXS



MILITARY APPRECIATION NIGHT



COLUMBUS CREW VS. COLORADO RAPIDS SUNDAY, JUNE 26TH - 8:00PM

As a special thank you, we are offering all of our service men and women a **COMPLIMENTARY TICKET** to our Military Appreciation Night and Red, White & Crew, where your Columbus Crew will battle the 2010 MLS Cup Champion Colorado Rapids*. This match will kick off at Columbus Crew Stadium at 8 p.m. on Sunday, June 26. Military family members can also get discounted tickets to this match for \$20 each (reg. \$32).

Events that night include:

- Pre-Game Military themed plaza with contests and activities
- POW/MIA moment of silence
- Coin flip featuring a member of the military
- Presentation of our Nations Colors
- Post-Game Fireworks
- And much more!

To order your tickets, go to: www.thecrew.com/militarynight

DEADLINE TO ORDER TICKETS: Thursday, June 23rd @ 5 PM

Sponsored By:

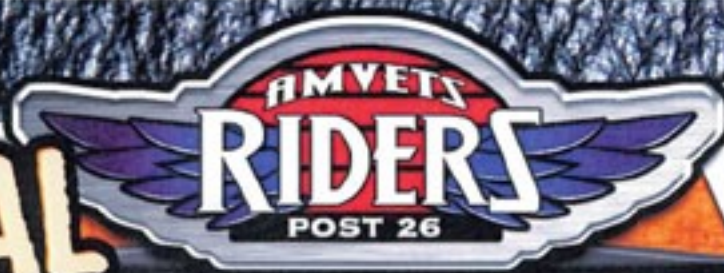


MAIL ORDER FORM TO:
COLUMBUS CREW Attn: John Sperry
ONE BLACK & GOLD BLVD. COLUMBUS, OHIO 43211

ORDER BY PHONE: 614-447-4189 FAX ORDER FORM: 614-447-4114

**WORK HARD
PLAY HARDER**

3RD ANNUAL



VETERANS CHARITY

BEER GARDEN

POKER RUN

CHICKEN DINNER

SAT AUG 20th 2011

\$15.00 PER PERSON

INCLUDES POKER RUN
RAFFLES & DINNER

POKER RUN

First Bike Out - 11:00
Last Bike Out - 12:30
Last Bike In - 4:30

Ride starts and ends at
the Amvets Post 26
1100 West 4th. St, Mansfield, Ohio

1st PLACE

\$250

3rd PLACE

\$50

4th PLACE: \$30

5th PLACE: \$20

2nd PLACE

\$100

Rain or Shine!

All Bikes Welcome!
Drive your car if you want to!

DJ Jeff Vermillion

Jeff's cell:
[419] 651 4350
3:00 - 9:00

Call to Book Him
For Your Party!

MARQUIS 66 BAND

Starts at 8:00pm Inside

50/50 RIDERS WAY

You: 60%
Us: 40%

An affordable breakfast is
available from 9:30 to 11:30am

DINNER & RAFFLES

Start at 4:30

Stay for the extra
cash raffles!

Tons of prizes,
bring some friends!



PROCEEDS TO SUPPORT:



WOUNDED WARRIOR PROJECT

AND LOCAL VETERANS

A LA CARTE

Dinner Only \$7.50



FREE VENDOR SPACE AVAILABLE CALL JACK 419/565/8945



The 179th Airlift Wing's C-27 J Spartan receives new aircraft markings distinguishing its belonging to Mansfield's unit. (U.S. Air Force photo by Master Sgt. Lisa Haun)



Buckeye
AIRLIFTER

This newspaper is an authorized publication for members of the U.S. Military Services. Contents of the Buckeye Airlifter are not necessarily the official views of, or endorsed by, the U.S. Government, the Department of Defense, or the Department of the Air Force. The editorial content is edited, prepared and provided by the Public Affairs Office of the 179th Airlift Wing.

Stories or story ideas may be submitted to the Public Affairs Office for publication consideration in the Buckeye Airlifter. Information should be e-mailed to lisa.haun@ang.af.mil.

The Buckeye Airlifter is a bi-monthly publication.

Commander
 Chief of Public Affairs
 Public Affairs Officer
 Public Affairs Manager
 Broadcaster

Col. Gary McCue
 Capt. Nicole Ashcroft
 2nd Lt. Holli Snyder
 Master Sgt. Lisa Haun
 Technical Sgt. Joe Stepp

Journalist
 Photographer
 Photographer
 Broadcaster
 KOM

Technical Sgt. Jessica Hill
 Staff Sgt. Robert Koehler
 Staff Sgt. Joe Harwood
 Airman 1st Class Stephanie Carroll
 Senior Airman Dustin Edgell