

BUCKEYE

AIRLIFTER

APRIL 2010

WWW.179AW.ANG.AF.MIL

179th bids Farewell & Good Luck!



*Wing Commander
December 2003-May 2010*



Colonel Mark L. Stephens

Command Insight

By Col. (Dr.) Eric D. Ostrem
179th Medical Group Commander

It is surreal to think another year is already upon us. Plus, for us older folk, that it exists as a number like 2010. Sounds more like a sci-fi movie or book.

But I am more of a half-full-kind-of-guy and we need to look to the awesome possibilities and challenges that lie ahead. That said, I know full well the utter necessity of making sure we stay healthy in all aspects of our lives. I can easily see how tightly wound and concerned we are as citizens and Airmen during these current and historic times.

Things around us will not necessarily change any time soon. Plus, we can rarely affect a change on huge scale events or those around us. So, I want us to try something for 2010.

Let's try to schedule some time in our lives to actually relax and repair. You know I am an advocate for physical, spiritual and intellectual

fitness as tools to hedge daily stressors. But why not ensure we take periodic "sabbaticals" during the year? Not at the expense of mission or employment, but scheduled down time to do nothing.

We tend to use any off time, vacation or leave to "accomplish tasks." We assume that surely it will get us caught up so we can stress less. But as you know, we come back from that "free" time just as tired, if not more so, than if we had just kept at work.

So, why not look at the Armed Forces Vacation Club website and schedule one week someplace you can drive to and just relax?

How about, rather than spend money or look for events to experience, why not take a long weekend at home and do absolutely nothing



but read a book and nap when you are tired?

Bottom line is, I care about you, your families care about you, and our nation continues to need you to be healthy. Try it in 2010, for them and you.

APRIL PROMOTIONS

New Master Sergeant:

Christopher S. Strimple – 164 AS

New Technical Sergeants:

Joshua J. Anton – 179 MXS
Michael R. Klebowski – 179 SFS
Christopher J. Mallory – 200 RH
Melissa A. Sullivan – 179 CES
William J. Walter – 200 RH

New Staff Sergeants:

Kurt J. Swinehart – 200 RH
Aaron R. Weakley – 179 CES

New Senior Airmen:

William E. Adkins – 179 SFS
Ryan A. Clark – 200 RH Det 1
Nicholas C. Dotson – 200 RH Det 1
Matthew J. Lamp, Jr. – 179 MXS
Dawn M. McGuire – 179 CES
Philip L. Newton – 200 RH Det 1
Matthew E. Scheff – 200 RH Det 1
Jerrod A. Walp – 200 RH Det 1

Reflection from the Chaplain Section



By Chaplain, Maj. David Shirley
179th Chaplains Office

Remember when your parent would say, “If you can’t say something nice, don’t say anything at all!” I find this age old statement to be very wise advice. Our words are extremely powerful. They can either build up or tear down. The Bible says the tongue is like the rudder of a ship. It is a very small member of the body, and it is powerful, but not in the way we would like to think. It would be nice if we used our words to compliment, encourage, support, or teach; however, in many cases it is used for the very opposite. In recent days we have been hearing of the “Mean Girls” responsible for bullying a 15 year old classmate to death. One of the accused girl’s parents were quoted in the New York Times saying her daughter never lifted a hand against the tormented girl but just “called

her names.” It is imperative that we carefully evaluate what is coming out of our mouths. Even when we are “just playing” the words we speak can truly take life from the person being put down or belittled. It is certain that all of us have been on the bad end of someone’s negative comments at some time in our lives. I want to encourage you to consider speaking life.

An easy way to know if you are speaking life or death is by always asking yourself how you would feel on the other end of your comment. If the words seem to bring you down or hurt a little or a lot, this is the sign that you probably shouldn’t say it to anyone else. Speaking life leads to a bright smile, a laugh, a hug, a sincere thank you, and other delightful expressions of appreciation and joy. You know how



that feels as well. It doesn’t take big piles of money and well thought out strategies to change the world we live in. We can make significant gains when husbands and wives agree to lift each other up rather than tear each other down; when parents decide to teach their children with kindness rather than with abusive authoritative language; when people in general decide to live by what is known as the golden rule and do unto others as you would have them do unto you. Our words are powerful. Let’s use them to lift, strengthen and build-up our neighbor.

OWU shows appreciation for military



On a sunny spring afternoon, Ohio Wesleyan University hosted their 2010 Military Appreciation Day. OWU baseball coach, Jared Franklin organized this event to recognize all military personnel and veterans that attended their early April baseball game.

Prior to the game, they asked these military personnel and veterans to line-up along the left in-field line and introduced each of them individually with their name, rank and branch of service. Sergeant Firsts Class James Ingles was selected to kick off the game by throwing the first pitch.



Farewell to a history-making Wing Commander

By Capt. Nicole L. Ashcroft
179th Chief of Public Affairs

Ohio National Guard Assistant Adjutant General for Air invites you to join him on Sunday, April 18, 2010 as Col. Mark L. Stephens relinquishes command of the 179th Airlift Wing to Col. Gregory N. Schnulo at 2:30 p.m. in Hanger 409.

During his 30 years at the 179th Airlift Wing, Stephens has made a tremendous impact on its members. Since assuming command of the 179th Airlift Wing in December 2003, he has successfully led the unit through numerous inspections, which has led to various awards and recognitions to include: Air Force Outstanding Unit Award, Air Force General Thomas D. White Environmental Quality Award, ANG Outstanding Military Personnel Flight of the year, ANG Outstanding Command Post of the Year, ANG Environmental Award, Ohio Adjutant Generals Award for Environmental Excellence, Alan P. Tappan Award, and many others. Assuming command post 9-11, Stephens has deployed hundreds of his Airmen in support of Operations Enduring Freedom and Iraqi Freedom and safely returned them all home to their loved ones. Additionally, his leadership has led the Wing through staggering turmoil stemming from the 2005

BRAC announcements and brought them to the other side; a bright future with a unique new mission for 179th members to complete the many years to come.

Although Stephens will be missed, a multitude of best wishes follow him as he assumes command of the 121st Air Refueling Wing in Columbus, Ohio. He shares this farewell message with all members of the 179th Airlift Wing:



“Rest assured the Wing is well positioned to continue on with the tradition of excellence you are all accustomed to. Your leadership team will keep you informed as we make the necessary adjustments for a smooth transition in command. It has been an extreme privilege for me to be a member of such an outstanding organization for 30 years and to have spent the last six years as your Commander. But all good things must come to an end and it is time for me to move on. This is not goodbye though as I also look forward to continuing to work with the 179th as our Wings carry forward the great partnership we have developed over the years as the state’s two AMC Wings. I wish you and your families all the best and God speed in your future endeavors.”

Meet the new 179th Wing Commander

The new 179th Airlift Wing Commander, Col. Gregory N. Schnulo brings a multitude of experience with him as he assumes command. As the Director of Staff for the Ohio Air National Guard, he reports to the Ohio Assistant Adjutant General for Air to aid in directing Air National Guard operations and establishing policy to ensure mission readiness of over 5,000 personnel in four flying wings and eight support units that serve our communities, state and nation for both homeland defense and federal missions.

Schnulo began his military career in 1981 as an enlisted avionics technician in the 910th Airlift Group, U.S. Air Force Reserve. He transferred to the 121st Tactical Fighter Wing, Ohio Air National Guard in 1983 where he continued to serve as an Aircraft Mechanic. Five years later, Schnulo earned his commission through the Academy of Military Science then returned to Ohio as a member of the 160th Air Refueling Group. Throughout his career, Schnulo has served in various operations and logistics positions within two Ohio Air National Guard units and commanded the 121st Security Forces Squadron from 2001-2007. He is a Master Navigator with over 2,900 total flying hours in the KC-135.



With a little help from our friends

By Senior Airman Joseph D. Harwood
179th Public Affairs



The line-up isn't what it once was. Our Maintenance Group would be the first to tell you that their job is going through changes. Here at the 179th Airlift Wing, we are slowly converting to a new aircraft, the C27J Spartan. A change like that can't happen overnight and while some of our Hercs have left, the maintenance workload has gone with them. We are currently down to three "Mansfield Tails," one blank tail preparing for its departure and...one visitor.

This visitor is unlike the others, sporting a slightly darker grey with a lighter color underbelly, a scanners position window and a cable across the top that we don't normally see...that's because our visitor isn't just another Herc, it's called an MC130P Combat Shadow and it belongs to the 129th Rescue Wing of Moffett Federal Field in Sunnyvale, California. It's here for our Maintenance Group to perform an Isochronal Inspection.

While some of our aircraft have left, it doesn't mean that our Maintenance folks will have nothing to do. It just means that they will have more visitors. The MC130P Combat Shadow is just the first of a series of aircraft scheduled to appear in the Mansfield skies in the coming months leading up to the transition to our new mission.

Maintenance change of command

Story and photo by Senior Airman Joseph D. Harwood
179th Public Affairs

While all stood still under a blanket of snow outside, the Maintenance Squadron fell into formation for their Change-of-Command Ceremony on Sunday, February 7th, 2010 in Hanger 102.

Lt. Col. Lindsey A. Whitehead returned to the 179th Airlift Wing to take command of the Maintenance Group in September 2009. During the February Unit Training Assembly, he gathered his troops to recognize Lt. Col. Timothy G. Korbas as the new Vice Commander of Maintenance Group. Korbas stepped out of the Aircraft

Maintenance Squadron Commander position and passed the torch over to Capt. Robert A. Cunningham. Cunningham is the second person to hold this position; following Korbas who initially held it for 14 years.



Welcome to the 179th family!

Saige Annalee-Marie Ashcroft

Birthday: December 30, 2010

Weight: 7 lbs. 7 oz.

Length: 20.5 inches

Parents: Todd & Miranda Ashcroft

Grandparents: Kathie & Dave Hursh



*Recently had a baby? Do you know of someone who's just had a baby?
Contact your PAO so their bundle of joy can be featured next month.*



Chiefs Corner

By Chief Master Sgt. Mark A. Dyer
179th Superintendent of Base Services

How to maximize your Air Force Fitness Test

With the birth of the New Air Force Fitness standards I thought I would share with you some tried and true methods to help you maximize your results. Most of you know me as Chief Dyer, the Services Superintendent, what you probably don't know about me is that I have a Bachelor of Science Degree from Kent State University in Exercise Physiology with a minor in Sports Nutrition. I am also certified by the American College of Sports Medicine (ACSM) as a Fitness Specialist. In this article I will talk about the Core components of the fitness test comprised of cardio, pushups and sit-ups.

First off, I would like to address some common fitness requirements. You should do cardio training a minimum of three times per week. Four to five sessions is best. Strength training i.e. pushups and sit-ups should be done no more than three times per week. Strength workouts should always have a day of rest in between sessions.

The rule of specificity states that in order to improve at a given activity, you must perform that given activity. In other words, if you plan on running, you need to practice running. If you plan on walking, you must embark on a walking program. In order to improve your time in the run, you must progressively increase the workload. A simple way to do this is practice doing

run intervals. An interval is a short amount of time that you run faster than your normal pace. In other words, run fast for a minute then jog for a minute. Continue this for the whole 1.5 miles. The key here is to gradually increase the amount of time you run fast, and decrease the amount of time you jog. For example, on Monday you jog for 5 minutes then run at a faster pace for 1 minute. You do this five to one interval ratio for the entire 1.5 distance. When you run again on Wednesday you could jog for 4 minutes 50 seconds, and then run faster for 1 minute and 10 seconds. When Friday comes and you run again, you would jog for 4 minutes and 40 seconds, and then run fast for 1 minute and 20 seconds. You keep doing this 10 second progressive change until you are running fast the entire time. If you are not a runner but want to become one, you can also use this progressive overload system. You could walk for 4 minutes and jog for 1 minute. Next time out, you would walk for 3 minutes 50 seconds and run for 1 minute 10 seconds. Again, remember the idea here is to progressively increase the intensity, but never more than 10 seconds at a time.

When addressing pushups and sit-ups, it is very important to remember that proper technique is rule number one. Check with your unit fitness rep to ensure you are doing them with the proper technique. To get started you need to do a maximum test. You have to know how many pushups and sit-ups you can legitimately do in order for this formula to work. For arguments sake, you perform the test and you can do 24 pushups. Wait at least two days now to start the program. Again we are going to

use the progressive overload principle. You take the 24 pushups you did and multiply that number by 70%. That gives us our starting point which is 16 pushups. On Monday you will do 16 pushups. Wait 55 seconds and do another set of 16 pushups. On Wednesday you will again do 16 pushups but this time only wait 50 seconds and do another set of 16 pushups. Friday do 16 pushups then wait 45 seconds before you do your second set. The formula here is to decrease by 5 seconds the amount of time you rest. At the end of this cycle you will be doing 32 pushups. Once you have completed this cycle all the way through, you should do another max test and start the program all over again with your new numbers. Remember when you start the program over; your first rest cycle is 55 seconds. This program works equally well for pushups and sit-ups, and I have personally seen people that could not do 20 pushups work their way up to 100 over time.

The key with all these programs is gradually increasing the workload. You must be patient and consistent. If for some reason you miss a week, just go back a cycle or two and pick it back up. Armed with all this information, I know you will be very successful with our new Air Force Fitness Standards. Good luck.



ORI Express

The ORI is fast approaching

By 2nd Lt. JoyElla A. Colucci
179th EO Office



The ORE will be June 19-27, and like any inspection the practice is just as important as the exercise itself. This is our opportunity to get an idea of things to come for the ORI on October 17-24. As traditional guardsmen there are only 12 additional days beyond the ORE to help you prepare for the ORI. While that may not seem like a sufficient amount of training time to prepare us for such a serious inspection, the right frame of mind combined with a positive attitude can help us accomplish all the needed tasks with flying colors.

Everyone is a key player in these types of events. If we want to succeed as a unit, we first need to succeed individually. "We are only as strong as our weakest link," is a frequently used phrase and can be aptly applied to these inspections; in order to surpass expectations, we will all need to stay positive and help each other throughout the process. Positive attitudes were

one of many factors that impacted our "Excellent" score at the 2006 ORI.

Doing well in any inspection gives the unit a chance to be recognized at all levels and can affect our future in promising ways. Our record of excellence during inspections and at real-world duty stations helped to ensure the 179th AW's survival after the 2005 BRAC and contributed to our wing being the first base to obtain C27-J

aircraft. Our success in scoring well at the 2006 ORI showcased our merit as a unit and our dedication to the mission, despite being placed on the BRAC list. Without a positive attitude and determination to succeed at individual levels, our unit may not have been as successful during previous inspections.

There are many ways you can prepare yourself for the ORE and ORI. The first is by occasionally reviewing your AFPAM 10-100, the Airman's Manual; ensure all important sections are tabbed and try to become familiar with the content in these sections. Keep in mind, this inspection is similar to an open book test; if you don't know the answer you are allowed to use your Airman's Manual to find the answer. Another way to prepare

yourself is by taking an inventory of your chem bag and ensuring all items are still serviceable. An additional tool to assist in preparation is the Community of Practice (CoP) for the ORI, titled ORI 11-01A 111 AEW. The link is located on the 179th AF Portal homepage. The CoP is full of useful information, such as calendars and timelines, base maps and building layouts. It also has important links such as the IG website listed. Organizing ourselves for the ORI takes much time and planning; the CoP is a resource to help you accomplish the necessary organization for a successful inspection.

Vince Lombardi once said, "The only place success comes before work is in the dictionary." While training over the next few months will mean long hours and tough days, remember to learn as much as possible and keep your sights set high, along with your attitude.



ORI Express

What you need to pack Saturday

Regarding the April 2010 PtF Exercise, there has been a REDUCTION to the items required in your personal bags. The following is a REVISED contents list. Please don't use hard rolling cases/footlockers for personal luggage. The following items should be in a duffel bag, B-4 bag, or commercial luggage equivalent:

(** *Quantity REDUCED and/or item description CHANGED*)

CLOTHING ITEMS:

- ** 1 set x BDU/ABU
- ** 2 each x T-Shirts
- ** 2 each x Underwear
- ** 2 pair x Socks
- 1 each x Belt
- 1 each x BDU/ABU Cap
- 1 pair x Boots
- 1 each x BDU Field Jacket, Gortex, or APEC Jacket
- ** 1 each x PT T-Shirt
- ** 1 each x PT Shorts
- 1 pair x Running Shoes
- ** 1 pair x White Socks
- ** 1 each x Towel
- ** 1 each x Washcloth



PERSONAL HYGIENE KIT ITEMS:

- 1 each x Deodorant
- 1 each x Soap
- 1 each x Toothbrush with Container
- 1 each x Toothpaste
- 1 each x Shaving Cream/Gel
- ** 2 each x Shaving Razors
- 1 pair x Shower Shoes
- 1 each x Comb/Brush
- ** 1 box x Feminine Hygiene Items
- ** 1 each x Shampoo



DAYS OF REMEMBRANCE

27 April-4 May 2010



In Germany, they first came for the communists, and I didn't speak up because I wasn't a communist. Then they came for the Jews, and I didn't speak up because I wasn't a Jew. Then they came for the trade unionists, and I didn't speak because I wasn't a trade unionist. Then they came for the Catholics and I didn't speak up because I wasn't a Catholic. Then they came for me – and by that time there was nobody left to speak up.

-Martin Niemoller

Days of Remembrance or “Yom Hashoah” call the nation to remember. The purpose of the Days of Remembrance observance is to reflect upon, to learn about, and never forget what happened to the millions silenced during the Holocaust. The days of Remembrance are held annually from a designated Sunday to the following Sunday. “Yom Hashoah”, the international day of remembrance, which is the 27th day of the month of Nissan, is sandwiched between the Sundays. Nissan is the seventh month on the Jewish calendar based on the lunar year.

There is no specific date on which the Holocaust actually began. Many events contributed to the entire development of the situation. The general time period assigned to the tragedy is from 1933 – 1945. Years before war was declared by any nation, many Germans were already instilling fear in the Jewish population by denying them their rights as citizens and invoking increasingly threatening laws. All Jewish people had to sew the Star of David on all outer layers of clothing and forced to wear badges following November 1938. This policy was a form of labeling, enabling Jews to be easily distinguished and separated from the rest of society.

The first mass deportation of 300,000 Jews to Treblinka began in the summer of 1942. The number of deportees averaged about 6,000 people daily, and reached a high of 13,000. On April 19, 1943, the Jewish Fighting Organization rose up against the Nazis when they attempted another deportation from the Warsaw ghetto. In retaliation, on May 16, 1943, the ghetto was liquidated and blown up. Over 60,000 Jews died in the Warsaw Ghetto Uprising.

Why must we remember? It is important to remember this event and apply its lessons to our lives today. The victims of the Holocaust deserve this respect and remembrance. There may come a day when our Armed Forces will once again have to combat an enemy attempting to repeat the Holocaust. Hopefully that day will never come. Nevertheless, it is pertinent that each member of the military be educated and sensitive to the memorials dedicated to the 11 million who lost their lives.

**That which has happened is a warning. To forget it is guilt.
It must be continually remembered. It was possible for this to
happen, and it remains possible for it to happen again at any
minute. Only in knowledge can it be prevented.**

-Karl Jaspers

Excerpts from Defense Equal Opportunity Management Institute

Mansfield Lahm Military Families Scholarship Program

Attached is the formal application for the Mansfield Lahm Military Families Scholarship(s). Please follow all instructions carefully and attach all documents that are required. It is preferred that the application form be typed or printed as neatly as possible.

This application must be completed with all documentation attached and returned to: Mansfield Lahm Military Families, c/o Ms. Debra Robinson, 2503 Alta West Road, Mansfield, OH 44903-8232. It must be **POSTMARKED NO LATER THAN APRIL 24, 2009**. It is important that you keep to the above mentioned deadline or your application will be returned without action.

The deadline will be observed in all instances. Applications must include all required information to be considered. Application forms may be obtained in the Lobby of Bldg. 422 and or in the orderly room of each squadron.

Scholarships will be announced through the mail and proceeds will be awarded when verification of the student's enrollment has been received by the Scholarship Chairperson. Verification can be in the form of a letter, invoice, or other proof of enrollment from the student's college / university registrar's office.

Mansfield Lahm Military Families Scholarship Program and Criteria

Mansfield Lahm Military Families will be awarding five (5) \$500 Scholarships for the 2009 - 2010 academic year. An impartial panel of judges will rank the scholarship applications.

Scholarship Requirements:

The following persons are eligible:

1. Children, grandchildren and spouses of active or retired 179th AW Air National Guardsman.
2. Unmarried dependent children of deceased 179th AW ANG members who were in good standing at the time of their death.

The following persons are ineligible:

1. Current members of the National Guard.

Academic criteria:

1. Applicants must be enrolled as either a high school senior (in good standing) or a full-time student at a college, university, trade or business school in order to receive funds.
2. Must have at least 2 semesters left for degree completion.

GRADUATE STUDENTS ARE NOT ELIGIBLE FOR SCHOLARSHIP AWARDS.

The Mansfield Lahm Military Families Scholarship Committee will award scholarship grants as approved by the MLMF Executive Board. Grants will be sent directly to the recipient with each check made payable to the recipient school of choice. To receive the grant, verification of enrollment is necessary.

Grants will be awarded on the basis of scholarship, character, leadership and need. All applications will be accompanied by:

1. Transcript of High School Credits (and college credits if applicable).
2. Letter from applicant with facts as to his/her desire to continue his/her education, comments about their individual future goals and objectives, and comments as to the value that this financial aid will afford.
3. Three (3) letters of recommendation verifying the application and giving personal traits. (High School principal, counselor, dean, professor, minister, employer, etc.)

Upon selection of recipients a photograph suitable for publication may be requested, but no photograph should be sent with the application.

If the student is granted a scholarship and fails to complete the school term for reasons other than illness, injury, or other extenuating circumstances, the student agrees to return any scholarship money to the Mansfield Lahm Military Families.

If you should have any questions please contact Bill Kohler at (419) 529-6353 or Troy Cramer at (419) 544-1297.

Scholarship Application

Mansfield Lahm Military Families

NAME: _____ DATE: _____
Last First Middle

HOME ADDRESS: _____
Number Street P.O. Box or Apt. #

CITY: _____ STATE: _____ ZIP CODE: _____ PHONE: () _____

DATE OF BIRTH: _____

PARENT/SPONSOR _____
Rank Full name

ACTIVE OR RETIRED (A/R): _____ YEARS OF SERVICE (IF RETIRED): _____

HOME ADDRESS: _____ () _____
Home address/City/State/Zip Phone Number

Relationship to Sponsor Enlistment Expiration Date Unit/Squadron
(If active)

APPLICANT'S STATUS: (Check one) High School () Business/Trade School () College ()

School/College & Grade/Term _____

Have you received any other scholarships? (if so, please specify) _____

List Activities (School, Community, Church): _____

List offices to which you have been elected in Any Organization: _____

List Honors which you have been awarded: _____

List College/Trade/Business School you plan to attend or are currently attending: _____

What career are you planning to pursue and why? _____

If you need additional space to answer , please attach a separate sheet to this form.

I have answered the above questions to the best of my knowledge and belief.

Signature of Applicant/Date

Signature of Parent or Spouse/Date

If granted a scholarship and I fail to complete the school term for reasons other than illness and injury, I agree to return any scholarship money to the Mansfield Lahm Military Families.

Signature of Applicant/Date

(This application can be reproduced for applicant purposes.)



Do you wish your employer knew more about your work in the Ohio Air National Guard?

Are you getting ready to deploy and want to engage your employer so they support you while you're gone?

Or do you simply want them to know more about what you do so they'll give more support when you're at the base?

Then invite your supervisor to the upcoming Joint Employer Event on July 10, 2010.

The day begins at the 179th Airlift Wing where employers will have a continental breakfast followed by a Guard 101 briefing from the Ohio Adjutant General, Maj. Gen. Gregory L. Wayt. Afterward they'll check out our night vision system, parachute simulator then tour the hanger and C-130. Then they'll fly via Chinook to Ravenna Training Center where they'll ride experience hands-on activities in a humvee simulator, IED simulator course and ride in a tank. The day will wrap up after a short Chinook flight back to the 179th Airlift Wing.



This is an experience your employer will NEVER forget and they'll become a strong supporter of the Ohio Air National Guard...and the work YOU do while you're here...after this memorable day.

Nominations are due May 10, 2010 so get yours turned in today!!



Employer Outreach Event Nomination Form

Today's Date: _____

Instructions: Please invite your employer to the event hosted nearest to your assigned military installation. Personally ask your employer to "save-the-date" before submitting this nomination form to the Outreach Office. This approach will help promote a smoother process and increased attendance. Ask your employer to be on the lookout for their formal event email invitation from the Outreach Office.

Dates and locations of events:

____ **10 July 2010** **Northeast Region** (179th AW, Camp Ravenna, 174ADA, 73 TC, etc)
____ **16 October 2010** **Central Ohio Region** (121 ARW, 73rd TC, etc)

I understand that this individual must be in an executive or supervisory position with the Company or Agency in which I am employed. I recommend the following employer to be invited to participate in this Employer Outreach event: *(Please print legibly!)*

Name

Title

Company/Agency Name

Address

City State Zip

Phone Number

E-mail address (mandatory)

Cell phone

Airman/Soldier Information:

Military Unit

Rank / Name

Civilian Occupation

E-mail (mandatory)

Best Contact Phone Number

NOMINATION FORMS ARE DUE NLT 60 days prior to the event date.

E-mail form to Capt. Nicole Ashcroft at nicole.ashcroft@us.army.mil; work phone: 614-336-7077.

MILITARY APPRECIATION DAY

TUESDAY, JUNE 1, 2010

All active, reserve, National Guard, retired and immediate family complimentary admission, simply show your military ID.

Gates open at 7:00 A.M.

Free exclusive PGA/Military golf clinic – 1:30 P.M.

Honoree Ceremony – 3:00 P.M. (Seve Ballesteros)

Jack Nicklaus Golf Clinic – 4:30 P.M.

the Memorial  Tournament

PRESENTED BY

Morgan Stanley



LOCAL HEROES DAY

at the Ballpark



vs.



Saturday, May 8 at 1:05 p.m. | tailgate at 11 a.m.

Bill Davis Stadium

Tickets are only **\$8.25** and include a pregame
City Barbeque tailgate

Click here for tickets | Enter promo code **HEROES**

MANY Camps offered this summer for service members, family members and youth!!

For more information and to register, visit: www.jointservicesupport.org



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Stories or story ideas may be submitted to the Public Affairs Office for publication consideration in the Buckeye Airlifter. Information should be emailed to nicole.ashcroft@ohmans.ang.af.mil. The Buckeye Airlifter is a monthly publication.

MAY 10 DEADLINE: Sunday 18 April 10

Commander.....Col. Mark Stephens	Public Affairs Broadcaster.....Master Sgt. Bob Jones
Chief of Public Affairs.....Capt. Nicole Ashcroft	Public Affairs Broadcaster.....Tech. Sgt. Joe Stepp
Multimedia Manager.....Master Sgt. Lisa Haun	Public Affairs KM.....Senior Airman Dustin Edgell
Public Affairs Journalist.....Staff Sgt. Jessica Hill	Family Readiness Manager.....Ms. Faline Rowland
Public Affairs Photographer.....Staff Sgt. Rob Koehler	Reporters.....Unit Public Affairs Representatives
Public Affairs Photographer.....Senior Airman Joe Harwood	