

BUCKEYE

AIRLIFTER



MARCH 2010

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200th RED HORSE SEND OFF

Command Insight

The time has come

By Col. Michael P. Skomrock
200th Red Horse Commander

The 200th RED HORSE Squadron has been called to duty with a full activation for the third time. The big difference this time is that the unit is entirely made up of Ohio Air National Guardsman and I couldn't be more proud of that fact. Maj Dan Tack and members of the 200 RH Detachment have done an incredible job of standing up the unit and preparing for this deployment. The level of support we have received from the 179 AW has been superlative and I have every expectation that it will remain that way. I would like to thank all involved for the efforts put into helping us get ready for this deployment and out the door.

With any deployment this size, there are so many issues to work by so many different sections and personnel involved that I am sure we have missed some issues; but I rest assured that the people remaining or augmenting in our absence will fix what I may have missed. Lt. Col. Mark Shoaf will be the Commander of the 200 RH while we are gone as we will become the 1st RED HORSE Group while we are deployed. I have full confidence that with his leadership, those left behind will be taken care of and make the progress required in their training so they can deploy with us the next time we are activated.

I ask that the families left behind be included in your thoughts and if you ever have an opportunity to help them in any way, please do so. The deployment is as difficult for those left behind as it is for the members deploying.

This is what we train for and we are well trained and prepared. We are now adding another page to a well documented and distinguished unit history. I could not ask for a better group of people to deploy with.

TO THE HORSE!!!!



Farewell for 300+ deploying members

By Capt. Nicole L. Ashcroft
179th Chief of Public Affairs



The 200th RED HORSE (Rapid Engineer Deployable Heavy Operational Repair Squadron Engineers) hosted a Call-to-Duty ceremony at 4:00 p.m. on Sunday, February 28, 2010 for their 331 members deploying the following Monday in support of Operation Enduring Freedom.

The Ohio National Guard Adjutant General, Maj. Gen. Gregory L. Wayt, military members, families, friends, employers and community leaders gathered to show their support for these deploying members at Mansfield Senior High School. Hungary's Chief of Defense, Gen. Laszlo Tombol and Serbia's Chief of Defense, Lt. Gen. Miloje Miletic also attended the ceremony. This was the first time both Ohio National Guard State Partnership Program Chief's of Defense attended an event open to the public concurrently. Indeed a rare farewell honor for the Airmen, as the Chiefs of Defense in both Serbia and Hungary are equivalent to the Chairman of the Joint Chiefs of Staff in the US.

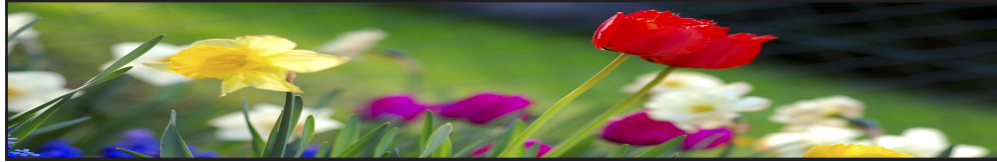
During the ceremony, Staff Sgt. Tim Reed gave his girlfriend Sarah Horn a memorable goodbye that she'll never forget by getting down on one knee to propose. With a joyful smile she accepted.

The Airmen will first complete a month of combat skills training then deploy overseas for six months in locations throughout United States Central Command (CENTCOM). CENTCOM is responsible for US security interests in 20 nations stretching through the Arabian Gulf region into Central Asia.



Photos by Senior Airman Joseph D. Harwood

Reflection from the Chaplain Section



Be strong and courageous

By Chaplain, Capt. Troy A. Diersing
179th Chaplain's Office

“Be strong and courageous.” These are words that we sometimes need to hear from those in authority over us. In the Old Testament book of Joshua, the Lord speaks these words to Joshua right before the children of Israel are about to enter into the Promise Land. Joshua, who had served faithfully for years under the leadership of Moses, was now being asked to assume command and lead the people in this important quest.

In our ever changing world of deployments, retirements and downsizing, we sometimes find ourselves in the same position that Joshua was in years ago. For years, we have served faithfully and obeyed the orders that we have been given; but when the day finally comes for us to be the one making the decisions, life now seems to take on a whole perspective. I believe it's only natural at times for us to question our abilities or feel overwhelmed by the situation at hand. These are the moments we most need to hear the words “be strong and courageous.” From our reading of Joshua 1:1-9, we read that in his hour of need, Joshua was encouraged by the Lord Himself. When we look at this passage, we see that this phrase is actually a command to Joshua. This was an order from the Lord, “be strong and courageous.”

No matter what situation you find yourself in today, know that you are not there by accident. Your rank, time in service and training has prepared you for the task at hand. And even if you do not have a supervisor standing over your shoulder speaking these words, know that they trust in your abilities, otherwise you would not be doing the task. On a spiritual level, it's also important to hear the words that God spoke to Joshua in verse 5, “I will never leave you nor forsake you.”

Greetings from your new Chaplain

By Chaplain, Capt. Ester Lee
179th Chaplain's Office

Greetings!! I am a new chaplain, Esther Lee from Upstate New York. I came to 179th Airlift Wing in January 2010 from the 158th Fighter Wing in Burlington, Vt. As soon as I arrived, everyone extended a warm welcome which made me feel right at home. As a newcomer, I was asked to share a thought from the Chaplain's Office for the month of March. Although I felt a bit pressured to come up with something theologically profound to share with my new Airmen, I've decided to share one of my life experiences.

As a Chaplain in the Air Force and also as a Hospice Chaplain, I often think of what “life” is. As I send Airmen off to the harm's way and say the final farewell to cancer patients, I often meditate and ponder on the meaning of “life.” It is interesting to ask people about their opinions on the meaning of life and many answer with a metaphor. I have not yet met anyone who gives me a theoretical dictionary definition of life. Most answers I receive are: life is a party, a minefield, a roller coaster, a puzzle, a symphony, a race, a game and a test. How we view “life” directs our lives. If one views life as a party, their primary value will be “having fun.” If one views life as a minefield, their primary goal will be coming out of it unharmed. If one views life as a race, they will value speed and will

probably be in a hurry all the time. If one views life as a game, winning at any cost will be very important. Among many metaphors, one of my favorites is test. Yes, life on earth is a test. Although preparing for a test is hard work, there is a great reward after the hard work. Also, all tests have purpose. Most tests in our lives have purpose.

In my opinion, the purpose of tests in life is to help us grow in character. God often allows different tests in my life. Of course I do not always like them, but I've found out that tests were given to me so that I might grow stronger and more mature in spirit and character.

As I begin my new ministry here, I am sure there will be many tests for me and the many Airmen. In fact, many of our Airmen might be in these tests right now; such as test of relationship, test of finance or test of deployment. But my beloved 179 AW family members, it is my hope and prayer that we would continue to grow in the Divine love to deepen our knowledge in faith, hope, love and spirituality as we support one another in this journey of life.

Statewide snow delays affect 179th Airlift Wing

By Senior Airman Joseph D. Harwood
179th Public Affairs Office

The 179th Airlift Wing was forced to cancel the Saturday portion of the February Unit Training Assembly due to a severe snowstorm that crippled Mansfield with 14 inches on Friday Night. Not all members were relieved of their duties due to the storm. Security Forces weathered the storm and Civil Engineers had a daunting task of snow removal in order to salvage the Sunday portion of February UTA.

Their hard work continued into Sunday. By this time they had created mountains of snow strategically placed around the base and shoveled knee-deep pathways to help members enter each building.

The weather may have got the best of us Saturday, but we were fully operational for Sunday, a testament to the dedication of our members to get the job done fast and efficiently.

Although many of you may have been excited to have a "Snow Day", it is not much different than when you were in school...you'll have to make it up.



It's Daylight Savings time again!!

Don't forget to move your clock forward 1 hour when you go to sleep Saturday night...otherwise you'll be late to work on Sunday.

MARCH PROMOTIONS

NEW MASTER SERGEANTS:

Brent L. Baisden – 179 AW
Robert J. Bearss – 200 RH
Timothy A. L. Elliott – 200 RH

NEW TECHNICAL SERGEANTS:

Bradley D. Brammer – 179 CES
James D. Hempfield – 179 AMXS

NEW STAFF SERGEANT:

Christopher A. Washington – 179 SFS

NEW SENIOR AIRMEN:

Alex L. Marsh – 179 AMXS
Nathan V. Michael – 179 AMXS
Joshua R. Wareham – 179 MOF

NEW AIRMAN:

Ashley L. Crawford – 179 MDG

ORI Express

Why an ORI and what is PTF anyway?

By Lt. Col. Lindsey A. Whitehead
179th Maintenance Group Commander

Several Airmen recently asked me, “Why do we have to do another ORI? We have real world deploying people, equipment and airplanes all over the planet since our last ORI in 2006! Doesn’t that count for something? Why fight a simulated war and of all places why Alpena, Michigan?” The obvious answer is yes, what we do for our people “Real World” will always count because failure is not an option in our ongoing Global War on Terrorism. The reasons why we do ORI’s is to test the Wing’s ability to deploy, fight and win under the most stringent conditions short of war and to assess unit efficiency, effectiveness and more importantly, combat readiness . . .this is done in accordance with AFI 90-201 and AMCI 90-201, the grade card. Needless to say, after supporting so many real world deployments, one of the biggest challenges our Airmen face is switching to ORI mode. I have heard over the years that the ORI is just a game . . .well here’s the deal, like any other “game” the outcome is dependent upon knowing what the rules are. Try playing Crud or Flicker Ball; looks easy, however it extremely difficult to win until you start learning and understanding the rules.

As you know by now, we are ramping up for our upcoming IGX/ORE (19-27 June) and ORI (16-24 Oct). As the Team Chief for the Positioning the Force (PTF) Process, we are now putting the finishing touches on the Position the Force Exercise which will be April 16-19, 2010. Most of you know this by another name, Initial Response, but the mechanics are basically the same. Over the course of a 3 day exercise, the Wing will process approximately 50 tons of cargo and 250 passengers on a simulated deployment. On Friday, April 16, 2010 work centers will be operational and ADVON personnel will be processed. Then April 18-19, 2010, we will process remaining personnel as well as cargo/

equipment and sometime Sunday afternoon, perform a Hot wash.

Unlike previous ORI’s where Operations and Maintenance were critical players, the entire focus of the PTF process will be “Mission Support Group centric.” That means we will not be generating aircraft. However, both the Operations and Maintenance Groups have stepped up to the plate and are manning several key positions typically filled by MSG. As a result, there will be a learning curve and the functionals have scheduled several key training events to get everyone competent in their new jobs. It goes without saying, we will have several new people who aren’t familiar with various PTF deployment processes. The exercises in April and June will provide the necessary training and focus to ensure success during the October ORI.

AS we get ready for our first PTF Exercise there are a few things you should know . . .Key Team Leaders operating and feeding the “Mobility Machine” are as follows:

- Installation Deployment Officer – Maj Holsopple
- Cargo Deployment Function Superintendent – SMS David Schaefer
- Personnel Deployment Function Superintendent- SMS John Gibson
- Mobility Bag/Weapons Issue Processing Superintendent- SMS Erik Bieznieks
- All Unit Deployment Managers (UDM)– The conduit between the Unit’s and the “Mobility Machine”

SOME TIPS FOR SUCCESS...

- Safety, Safety, Safety, no matter what we do, SAFETY FIRST ITS PARAMOUNT!!

ORI Express

- Bring your positive ATTITUDE...I know this may be tough for some of you, be that's OK, there will be plenty of folks around during the exercise to provide positive reinforcement and motivation.

- Bring your "A" game. I don't expect it to be pretty, in fact there will be many mistakes, but that's OK. The only way we're going to make this ORI a success is to practice, train, and execute the way we are going to fight.

- Please make sure your personal bags are packed and all associated mobility requirements are updated and current. Get to know your UDM, he/she is your key person in terms of prepping you to go to "war." Also, your UDM will have the latest information on what you will need to process with as it relates to the April Exercise. **DON'T LEAVE THIS UTA WITHOUT KNOWING WHAT YOUR REQUIREMENTS ARE!**

- In terms of IG jargon, like EET, ICC, EOC, DCC, CDF, PTF, PDF, IDRC, IDO, IDP, DCC, UDM, etc...don't sweat it. The PTF Team will provide you monthly "home work" assignments to get you up to speed. In the interim, check out your Airman's Manual, it really is a good source of information and is required reading in terms of successfully passing the ORI

- The EET will assist us and evaluate the PTF process, command and control, recall procedures, deployment readiness and cargo/equipment preparation. First impressions are everything...when the IG/EET are here to evaluate us, the very first impression they get of the 179th Airlift Wing is when they see the PTF process and Mobility Machine in action. It's absolutely imperative

that we impress upon them that we are "The Best."

Again, practice this for April and June so that October will be a walk in the park.

Lastly, as your Team Chief along with the EET, we will "nit pick" and scrutinize the entire PTF deployment process so that we are all ready on game day. As Teammates and Wingmen, what I need from all of you over the next several months is an open mind, sense of urgency and most importantly, your winning attitude. Clearly, everyone knows that the 179th Airlift Wing is the best at everything we do. We prove it every day, but being the best doesn't mean we can't be better; so team, let's be better than the best. As Col. Jeffrey Lewis always says "Lets have some fun!!"





Mansfield Lahm Military Families Scholarship Program



Attached is the formal application for the Mansfield Lahm Military Families Scholarship(s). Please follow all instructions carefully and attach all documents that are required. It is preferred that the application form be typed or printed as neatly as possible.

This application must be completed with all documentation attached and returned to: Mansfield Lahm Military Families, c/o William H. Kohler, 25 Oxford Avenue, Mansfield OH 44906. It must be **POSTMARKED NO LATER THAN APRIL 23, 2010**. It is important that you keep to the above mentioned deadline or your application will be returned without action.

The deadline will be observed in all instances. Applications must include all required information to be considered. Application forms may be obtained in the Lobby of Bldg. 422 and or in the orderly room of each squadron.

Scholarships will be announced through the mail and proceeds will be awarded when verification of the student's enrollment has been received by the Scholarship Chairperson. Verification can be in the form of a letter, invoice, or other proof of enrollment from the student's college / university registrar's office.

Mansfield Lahm Military Families Scholarship Program and Criteria

Mansfield Lahm Military Families will be awarding six (6) \$500 Scholarships for the 2010 - 2011 academic year. An impartial panel of judges will rank the scholarship applications.

Scholarship Requirements:

*The following persons are **eligible**:*

1. Children, grandchildren and spouses of active or retired 179th AW and 200th RHS DET 1 Air National Guardsman.
2. Unmarried dependent children of deceased 179th AW ANG & 200th RHS DET 1 members who were in good standing at the time of their death.

*The following persons are **ineligible**:*

1. Current members of the National Guard.

Academic criteria:

1. Applicants must be enrolled as either a high school senior (in good standing) or a full-time student at a college, university, trade or business school in order to receive funds.
2. Must have at least 2 semesters left for degree completion.

GRADUATE STUDENTS ARE NOT ELIGIBLE FOR SCHOLARSHIP AWARDS.

The Mansfield Lahm Military Families Scholarship Committee will award scholarship grants as approved by the MLMF Executive Board. Grants will be sent directly to the recipient with each check made payable to the recipient school of choice. To receive the grant, verification of enrollment is necessary.

Grants will be awarded on the basis of scholarship, character, leadership and need. All applications will be accompanied by:

1. Transcript of High School Credits (and college credits if applicable).
2. Letter from applicant with facts as to his/her desire to continue his/her education, comments about their individual future goals and objectives, and comments as to the value that this financial aid will afford.
3. Three (3) letters of recommendation verifying the application and giving personal traits. (High School principal, counselor, dean, professor, minister, employer, etc.)

Upon selection of recipients a photograph suitable for publication may be requested, but no photograph should be sent with the application.

If the student is granted a scholarship and fails to complete the school term for reasons other than illness, injury, or other extenuating circumstances, the student agrees to return any scholarship money to the Mansfield Lahm Military Families.

If you should have any questions please contact Bill Kohler at (419) 529-6353.

Scholarship Application Mansfield Lahm Military Families

NAME: _____ DATE: _____
Last First Middle

HOME ADDRESS: _____
Number Street P.O. Box or Apt. #

CITY: _____ STATE: _____ ZIP CODE: _____ PHONE: () _____

DATE OF BIRTH: _____

PARENT/SPONSOR _____
Rank Full name

ACTIVE OR RETIRED (A/R): _____ YEARS OF SERVICE (IF RETIRED): _____

HOME ADDRESS: _____ () _____
Home address/City/State/Zip Phone Number

Relationship to Sponsor Enlistment Expiration Date Unit/Squadron
(If active)

APPLICANT'S STATUS: (Check one) High School () Business/Trade School () College ()

School/College & Grade/Term _____

Have you received any other scholarships? (if so, please specify) _____

List Activities (School, Community, Church): _____

List offices to which you have been elected in Any Organization: _____

List Honors which you have been awarded: _____

List College/Trade/Business School you plan to attend or are currently attending: _____

What career are you planning to pursue and why? _____

If you need additional space to answer , please attach a separate sheet to this form.

I have answered the above questions to the best of my knowledge and belief.

Signature of Applicant/Date

Signature of Parent or Spouse/Date

If granted a scholarship and I fail to complete the school term for reasons other than illness and injury, I agree to return any scholarship money to the Mansfield Lahm Military Families.

Signature of Applicant/Date

(This application can be reproduced for applicant purposes.)





Most Americans know very little about women's military history because most documentation covers men's roles in combat. Researching information on women's roles in combat involves piecing together accounts from letters, stories, myths, and legends, instead of examining history books. There are many written records of male soldiers' non-combat roles, such as potato peeler, boot polisher, or medical specialist, but women who performed these same duties were called "nurses," not soldiers. They endured poor living and working conditions, worked under fire, were captured and even killed during war. Their contributions have been downplayed and overlooked because they served selflessly and did not demand recognition.

Women have served the U.S. military in many capacities since the beginning of our nation, but were not given permanent military status in the armed forces until 1948. Before that time, they served during wartime as volunteers or civilian contractors. When wars ended, women were promptly discharged with little recognition or compensation. Until the early 1990's, women were prohibited from engaging in combat, although they often found themselves exposed to it.

It was never the case that women did not want to serve their country, but they had to overcome numerous barriers in order to be "allowed" to do so and be recognized. It is noteworthy that a significant portion of the American population remained an untapped resource and was discouraged or prevented from performing a difficult but necessary service because of attitudes and traditions, not because they were incapable or unwilling. Our national attitudes and traditions should not discourage anyone from contributing to the best of their abilities without interference.

***From the beginning of time, nothing
was accomplished without
Women...and nothing has been
ignored more than their
accomplishments.***

B.A. Wilson

Commissary and AAFES Site Sales

(Sponsored by the DES-C Morale Welfare and Recreation (MWR) Office @ 614-692-1420)

Where: Defense Supply Center C, 3990 East Broad St., Columbus, OH, Bldg 17, Section 4

When: Saturday, April 17 (1000-1700)
Sunday, April 18 (1000-1600)

Who: Military personnel (Active, National Guard, and Reservists), retirees, and their dependants with a valid military ID card.

Commissary Site Sale:

Defense Supply Center Columbus (DSCC) and the Wright-Patt AFB Commissary are working together to provide our military community Commissary shopping at a convenient location. Parking is located around Bldg 17 with designated handicap parking. Forms of payment: Visa, MasterCard, Star, American Express, Check and Cash. Items for sale: cereals, laundry & paper products, canned goods, juices, diapers, fresh meat (hamburger, steak, roasts), and produce.

AAFES Site Sale:

Shop for assorted rugs, recliners, outdoor living, electronics, bikes, pet items & Class VI.

Pass & ID Office, Bldg 52:

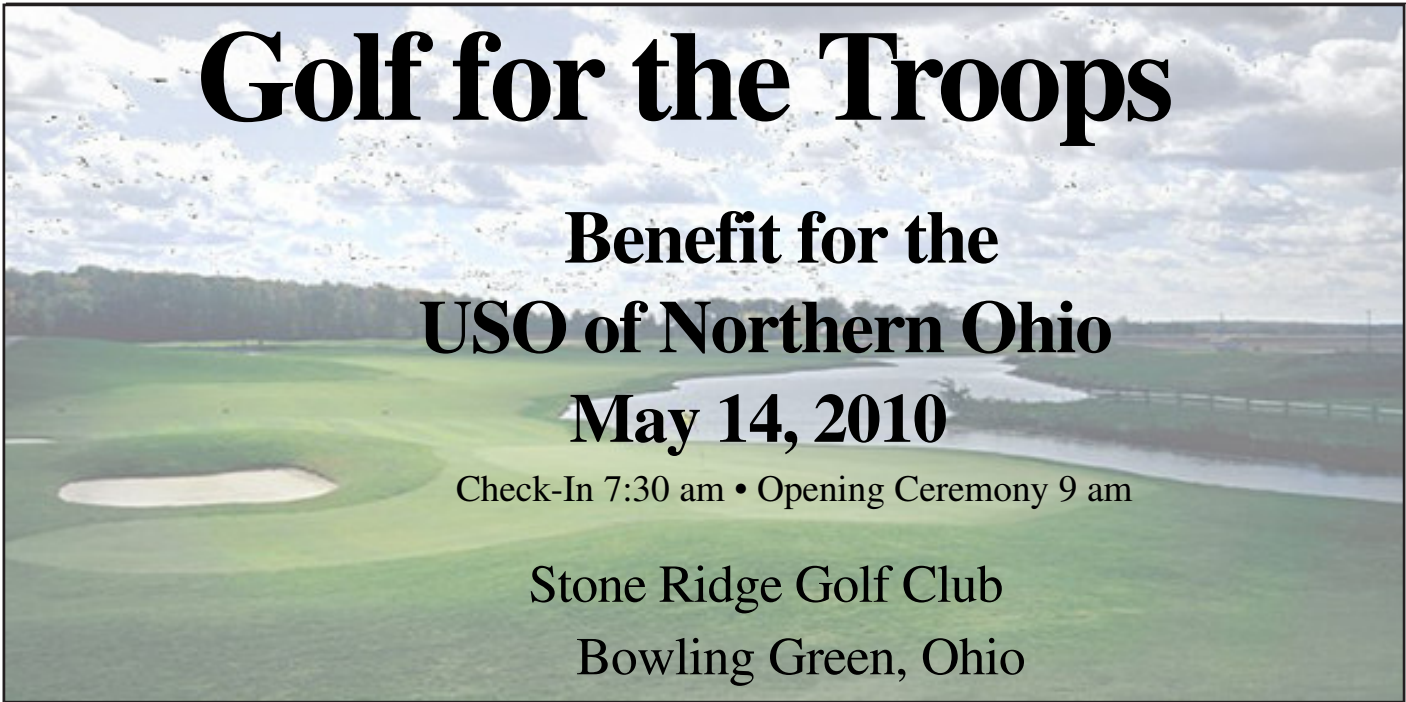
Will be open as an additional Warfighter service in providing ID's from 1000-1400 both days to assist military, retirees, and dependents obtain Military and/or Dependent ID cards. To obtain a new ID card, Retirees (Self Sponsor) and Dependents over the age of 18 will need to bring two forms of valid identification with Sponsor present. Valid identification consists of:

- Military ID card and/or Military Dependent ID card
- Valid/Unexpired State License
- Valid/Unexpired State ID
- Valid/Unexpired Passport
- Original Birth Certificate with state seal
- Original SSN Card Original Voter
- Registration Card Unexpired Permanent Resident Alien Card.

Pass and ID will also be available to issue decals for vehicles. To obtain a vehicle decal you must have a valid unexpired State License and valid registration in the sponsor or spouses name, and Military or Dependent ID card. For additional information contact 614-692-3141.

SPECIAL NOTE: During last year's Site Sale, we experienced a huge crowd when we first opened on Saturday morning. Since DeCA provided a limited number of shopping carts and cashiers, there were very long lines waiting for carts and waiting to check out. DeCA would encourage shoppers to come throughout the day and assured us that there will be plenty of product to satisfy everyone's needs. As was done last year, DeCA will make return trips back to the WPAFB Commissary to refresh any products that run out, such as meat products and produce.





**Scramble • Shotgun Format • 18 Holes with Lunch • Dinner
Contests • Raffle • Silent Auction**

Individual – Golf/M meal

Enlisted Active/Reserve/Guard \$65
 All Others \$75
 Dinner & Raffle Only \$25
 Gift of Golf (for Military) \$65

Hole Sponsor \$100
 Patriot Golf Sponsor \$800
 (*Patriot includes foursome, shirts, dinner, signage*)
 I cannot attend but would like to donate \$_____

**** A Made Reservation is a PAID Reservation****

Players in Foursome-

Make checks payable to: USO
 Mail to: USO Toledo- NOSC
 28828 Glenwood Rd, Perrysburg OH 43551
 (419) 662-1373 or (800) 503-8766

#1- _____
 #2- _____
 #3- _____
 #4- _____

Name: _____

Address: _____ City: _____ State: _____ Zip: _____

Phone: _____ Email: _____

Credit Card #: _____ Exp: _____ CVC #: _____



Northern Ohio

MILITARY APPRECIATION DAY

TUESDAY, JUNE 1, 2010

All active, reserve, National Guard, retired and immediate family complimentary admission, simply show your military ID.

Gates open at 7:00 A.M.

Free exclusive PGA/Military golf clinic – 1:30 P.M.

Honoree Ceremony – 3:00 P.M. (Seve Ballesteros)

Jack Nicklaus Golf Clinic – 4:30 P.M.

the Memorial  Tournament

PRESENTED BY

Morgan Stanley





Marriage Enrichment Retreats

WHAT'S NEW!

- Laugh Your Way to a Better Marriage (LYW)
- Optional Friday Night Arrival

Ohio National Guard Chaplain & Family Readiness Offices
Open to: Any Ohio Service Member & Spouse



2010 PREP DATES & LOCATIONS

- 13-14 March: Marriott Cleveland East
26300 Harvard Road
Warrensville Heights, OH 44122
- 19-21 March: Salt Fork State Park
- 30 July – 1 Aug: Maumee Bay State Park

2010 LYW DATES & LOCATIONS

- 1-2 May: Hilton Garden Inn
3498 Pentagon Park Blvd.
Dayton, Oh 45431
- 21-22 August: Hilton Polaris
8700 Lyra Dr.
Columbus, Oh 43240

2010 LINKS DATES & LOCATIONS

- 24-25 April: Netherland Plaza
35 W 5th St.
Cincinnati, Oh 45202
- 16-18 July: Quail Hollow Resort
11080 Concord Hambden Rd,
Painesville, Oh 44077



PREP, LINKS & LYW
FREE WEEKEND RETREAT!

For more information visit: www.ong.ohio.gov/family or call: 614-338-7377

PREP, LINKS & LYW

COST: FREE!

WHO: Married Couples in ALL branches of service, whether Active or Reserve, and veterans from the Global War on Terrorism.

WHAT: Strong Bonds Marriage Retreats offer military couples a fun and refreshing time to reconnect with the love of your life! These weekend retreats are conducted at some of the premier hotel and resort locations around the state. It's our way of saying thank you for the sacrifices you and your family make every day.

Strong Bonds Marriage Retreats are not intended to be a substitute for marital counseling, nor is this group therapy. Instead, you'll gain practical information based on world-class curriculums developed from years of research. As a couple, you'll practice relationship-building skills, as well as share intimate moments.

The retreats are designed to strengthen relationships, inspire hope and rekindle marriages. You and your spouse will gain skills that fortify your marriage as you enjoy a time of relaxation, recreation, fellowship, and fun. Three curriculums are currently offered:

PREP (Prevention and Relationship Enhancement Program)

PREP stands for Prevention and Relationship Enhancement Program. **PREP** is a skills based curriculum designed to help partners say what they need to say, get to the heart of problems, and increase their connection with one another. Couples also learn the secrets of keeping busy lifestyles from crowding-out the fun in your relationship.

PREP teaches couples effective communication skills and how to avoid the communication danger signs that can lead to marital discord. Couples discover how to express concerns constructively. These communication skills are foundational for every successful marriage.

LINKS (Lasting Intimacy through Nurturing, Knowledge & Skills)

Falling in love is easy... staying in love is an art. While the communication skills learned in **PREP** are foundational, the **LINKS** Program teaches couples the skills they need to nurture a lasting love.

The **LINKS** Program shows couples how to regularly revitalize the dynamic *links* of their marriage with the *Relationship Attachment Model* (R.A.M.). This model illustrates how couples grow closer by meeting one another's needs for an open, trusting, and fulfilling relationship.

LYW (Laugh Your Way to a Better Marriage)

Viva La Difference! Gain fresh insight into why men and women see life so differently. In **Laugh Your Way** helps couples deal with tough issues in a way that is fun and non-threatening. **Laugh Your Way's** great content and unique approach has yielded one of the highest success rates in the country.

You will **Laugh Your Way** through this retreat with Mark Gungor's video based messages. Topics include "The Tale of Two Brains" and "The #1 Key to Incredible Sex". Your presenter will facilitate the weekend and walk your group through the entire Laugh Your Way experience including the insightful Flag Page program.

ADDITIONAL DETAILS: Military members are not required to be on orders; however spouses will be reimbursed for travel outside the commutable area. Hotel accommodations will be reserved & paid by the program. All meals are provided. Couples are responsible to pay for any incidentals such as room service and movies. No child care is provided. Dress is business casual.

SCHEDULE: This year, an optional Friday night arrival has been added. Registration begins at 7PM with a brief program from 8-9PM. Friday night arrival is optional for all events except for the following events (**Mar 19-21 Salt Fork, July 16-18 Punderson, Jul 30-Aug 1 Maumee Bay**). (Due to contract obligations, **Friday night arrival is mandatory for these three events.**)

The event continues Saturday morning at 9AM and will conclude in time for you and your spouse to enjoy a relaxed evening on your own. Sunday's session begins with breakfast and runs from 9AM to 12PM.

REGISTER AT

www.ohio.gov/family or directly at www.jointservicesupport.org (first-time users must create an account)

For more information or if you are unable to register online

call: Chaplain Andrew Aquino at 614-336-7377

Annual Joint Employer Event

It's that time again...our 179th Airlift Wing Joint Employer Event will be held on Saturday, July 10, 2010. Nominate your employer to participate. The day begins here with a continental breakfast. Your employer will learn about the Ohio National Guard then take a tour here on base before boarding a Chinook to fly up to Ravenna Training Site where they'll get to learn more about the Army National Guard through a multitude of hands-on demonstrations.

To nominate your employer for this exciting event, complete the attached form. Should you have any questions, call the Ohio National Guard Employer Outreach Coordinator, Capt. Nicole Ashcroft, at 614-336-7077.





Employer Outreach Event Nomination Form

Today's Date: _____

Instructions: Please invite your employer to the event hosted nearest to your assigned military installation. Personally ask your employer to "save-the-date" before submitting this nomination form to the Outreach Office. This approach will help promote a smoother process and increased attendance. Ask your employer to be on the lookout for their formal event email invitation from the Outreach Office.

Dates and locations of events:

- _____ **15 May 2010** **Northwest Region** (180th FW, Camp Perry, 371st SB)
- _____ **10 July 2010** **Northeast Region** (179th AW, Camp Ravenna, 174ADA, 73 TC, etc)
- _____ **16 October 2010** **Central Ohio Region** (121 ARW, 73rd TC, etc)

I understand that this individual must be in an executive or supervisory position with the Company or Agency in which I am employed. I recommend the following employer to be invited to participate in this Employer Outreach event: *(Please print legibly!)*

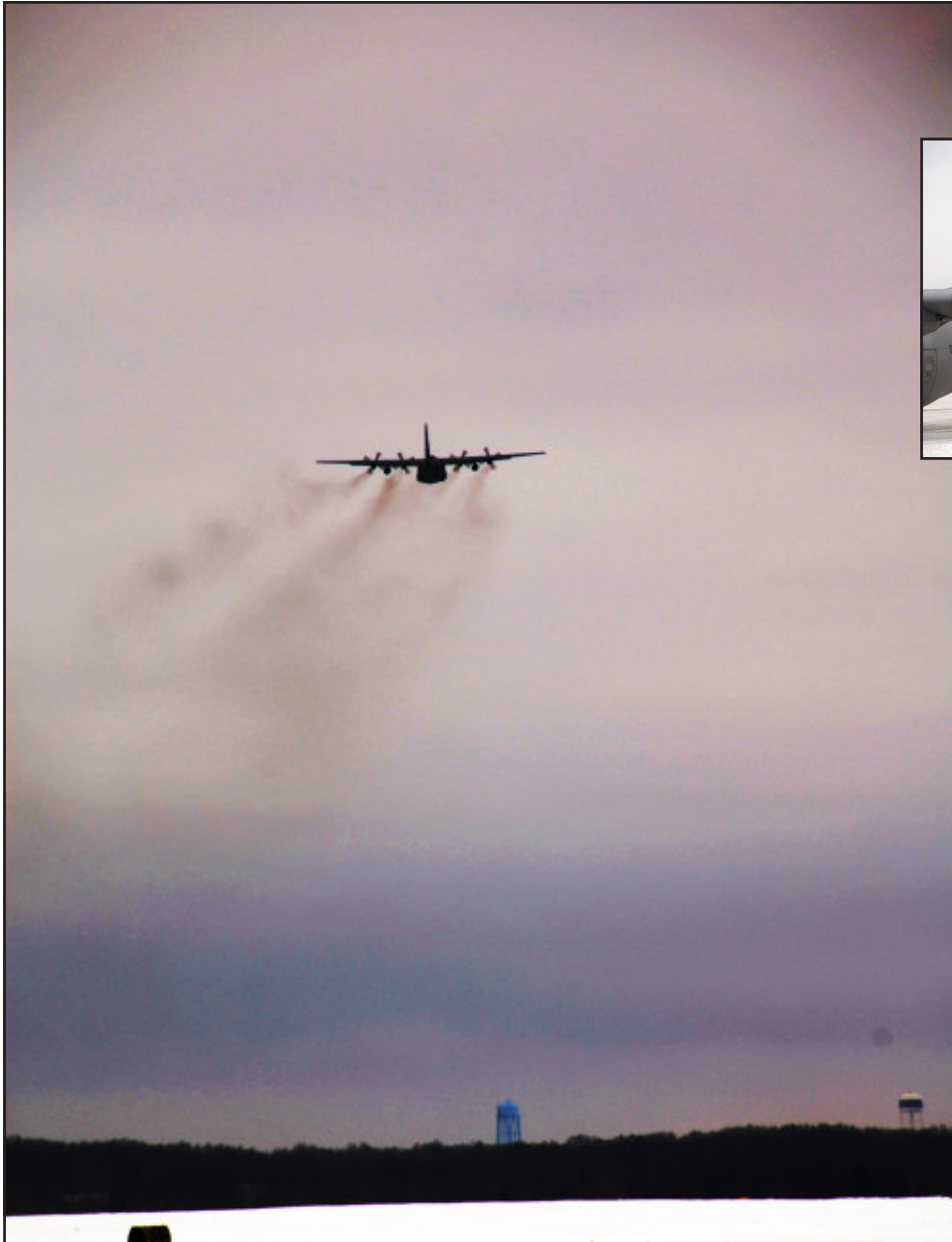
Name	Title
Company/Agency Name	Address
City State Zip	Phone Number
E-mail address (mandatory)	Cell phone

Airman/Soldier Information:

Military Unit	Civilian Occupation
Rank / Name	Best Contact Phone Number
E-mail (mandatory)	Best Contact Phone Number

NOMINATION FORMS ARE DUE NLT 60 days prior to the event date.
E-mail form to Capt. Nicole Ashcroft at nicole.ashcroft@us.army.mil; work phone: 614-336-7077.

Tail 96 left the 179th for St. Joseph, Mo. on Thursday, February 11, 2010



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Stories or story ideas may be submitted to the Public Affairs Office for publication consideration in the Buckeye Airlifter. Information should be emailed to nicole.ashcroft@ohmans.ang.af.mil. The Buckeye Airlifter is a monthly publication.

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