

Buckeye Airlifter

MAY 2009

THE 179TH AIRLIFT WING, OHIO AIR NATIONAL GUARD, MANSFIELD OH.



FAMILY PROGRAMS AWARD RECIPIENT P2

ENVIRONMENTAL AWARD P4

CARING FOR KIDS WITH CANCER P5

BASKETBALL CHAMPS P10

FLU VIRUS P8

Award recipient for superior Family Program support

By 1st Lt. Nicole L. Ashcroft
179 AW Chief of Public Affairs

During the Ohio National Guard Family Readiness Conference in May, it was announced that Col. Willis (Bill) L. Waldron, Jr., 179th Airlift Wing Vice Commander, was selected to win the 2008 Adjutant General's Award for Commander of the Year in Support of Family Programs.

All four flying wings and five Army Guard units throughout Ohio competed for this prestigious award.

Waldron exemplified service-before-self by attending as many departure and welcome home parties as possible. He places great importance on showing 179th Airlift Wing members and their families how important and highly valued they are to the Ohio National Guard, United States Air Force and United States. Waldron has worked tirelessly to revamp the welcome home ceremony process to ensure members have time with their families during the in-processing; during which, he takes the time to meet with every member and their family. Military families noted a number of times how much it means to them to have his dependable support.

He once again personified the meaning of "leader" by accomplishing a number of things for the 179th Family Programs. He

established the Community Action Information Board (CAIB) and Integrated Delivery System (IDS) at the 179th Airlift Wing. These two programs are imperative to providing communication and support for military members and their families. Together, they ensure IDS success in providing the right help at the right time by integrating all 179th Airlift Wing helping agencies into one seamless team that addresses all aspects of physical, mental, emotional and spiritual well being.

Waldron is a tremendous supporter of the "Wingman" concept by ensuring we take care of each other at all times; something he personally strives toward daily. He does this by attending all Family Readiness group meetings, briefing volunteers, supporting all events and being available to provide support to members and families 24 hours a day, 7 days a week, 365 days a year.

He is an inspiration to all because he leads by example with his presence and support that directly reflects his dedication to the Family Readiness Program, the 179th Airlift Wing, and the families.



"Col. Waldron, and his wife Pat, have provided such tremendous support for our Family Programs. When he retires in May, he will be sorely missed by our members and their families; his leadership and love of family will continue as a legacy for the 179th Airlift Wing." stated Faline M. Rowland, 179th Wing Family Program Coordinator.

RUTA Deadline

The last day to physically do a RUTA is **August 18, 2009**. This is a National Guard Bureau deadline so there is no flexibility to this deadline. The day to turn a RUTA into Finance is **August 19, 2009**. Remember the finance cannot process RUTA for pay on the same day you perform it, the system will not accept it.

If you have any questions, contact military pay; Master Sgt. Barb E. Nihei at 419.520.6138 barbara.nihei@ohmans.ang.af.mil or Staff Sgt. Mike C. Swick at 419.520.6139 michael.swick@ohmans.ang.af.mil.

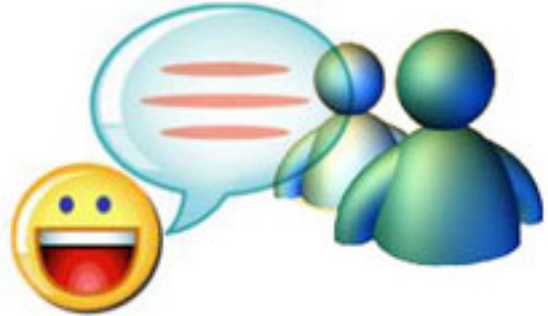
Leaving on deployment? Stay in touch with family via instant messaging...

Friends and family members can keep in touch with airmen anywhere in the world through an instant messaging program available through the Air Force Portal.

Every airman is permitted up to five guest users through the Friends and Family Instant Messaging service, which works "24 hours a day, seven days a week, 365 days a year," said Lt. Col. David Gindhart, the Global Combat Support System-Air Force program director.

To register, follow these steps:

- Log into the Air Force Portal at: www.my.af.mil
- In the upper right hand corner, click on the My Profile tab
- Then click on the Manage FFIM tab
- Click on Add an Account
- Fill out the required information and read the user policy
- Click on Register



In addition to a morale tool, the AFIM program can be used as a business tool to communicate with colleagues across the Air Force. The Messenger even allows multiple individuals to create and join an on-line conference room to share thoughts and ideas.

Welcome to the 179th family!

NAME: Heath Jeffery Wallace Hout
BIRTHDAY: April 5, 2009
WEIGHT: 8 lbs 4oz
LENGTH: 19 inches
PARENTS: Jeffery & Shawna Hout



NAME: Sophie Brynne Shifflet
BIRTHDAY: March 19, 2009
WEIGHT: 9 lbs 7 oz
LENGTH: 21.5 inches
PARENTS: Chad & Kelly Shifflet

179 AW wins award for environmental excellence

By 1st Lt. Nicole L. Ashcroft
179 AW Chief of Public Affairs

The Ohio Air National Guard's 179th Airlift Wing has been awarded the General Thomas D. White Environmental Quality Award in the reserve component category.

This distinctive award, presented in honor of former Air Force Chief of Staff Gen. Thomas D. White, is designed to recognize the efforts of installations for environmental quality, restoration, pollution prevention, recycling and conservation of natural and cultural resources.

The 179th Airlift Wing was selected from among all 88 Air National Guard wings and installations, and all Air Force Reserve units across the country. The award covers the two-year period from October 2006 through September 2008 and is the highest honor that can be awarded to an Air Force Reserve component unit for their commitment to environmental excellence.

There were a number of noteworthy environmental advances by the 179th Airlift Wing during this two-year period that lead to their selection, including: annual hazardous waste generation reduced by over 2,700 pounds; an aggressive installation-

wide program collected over 70,000 pounds of paper products; diesel fuel consumption reduced by 3,000 gallons per year by converting to biodiesel products; and finally the wing has reduced deicing fluid usage by over 70 percent.

These new programs resulted in \$150,000 in savings for the National Guard Bureau.

"Winning this award is validation of the tremendous professionalism of the men and women of the 179th and their commitment to our environmental programs," said Col. Mark L. Stephens, 179th Airlift Wing base commander. "They continue to not only achieve these goals but also set the standard for others to follow."

The 179th Airlift Wing continues to strive toward environmental excellence with its current "Green Project." The unit is the first to require the mandatory use of recycled content material for the renovation of a building.

Preparing for a project of this magnitude required much preparation, Ohio Guard officials said.

In February 2008, the unit held a Green Procurement Day of Training then participated in the Michigan DoD Green Procurement Day of Training in October 2008.

The preparation has paid off, because the use of



recyclables has accounted for 38 percent of the construction materials. Over 500 tons of construction and demolition debris has also been used for this project that is scheduled for completion in May 2009.



Caring for kids with cancer

By 1st Lt. Nicole L. Ashcroft
179 AW Chief of Public Affairs



Members of the 179th Airlift Wing participated in the annual "Shaving the Way to Conquer Kids Cancer" event on March 27, 2009 in order to raise money to help kids with cancer.

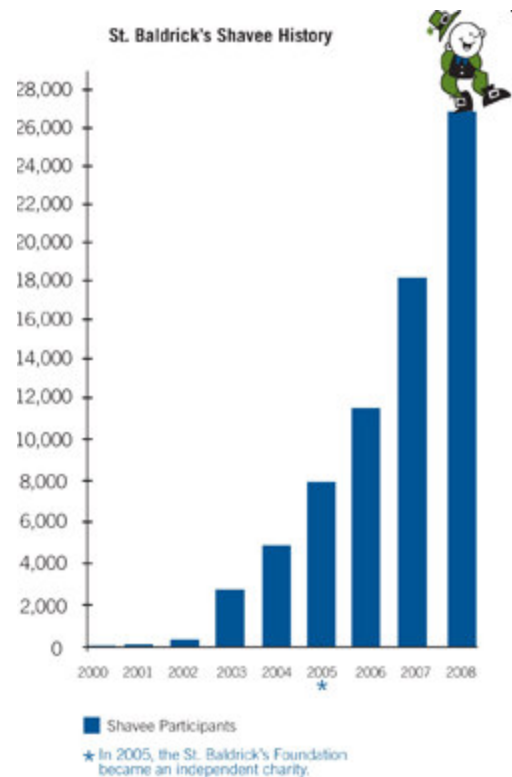
St Baldrick's Foundation hosts this annual event to support their mission of raising awareness and funds to cure kids' cancer by supporting cancer research and fellowships. Supporters have weeks to raise pledged funds prior to the event where they shave their heads.

This years' 179th Airlift Wing representatives included; Master Sgt. Marc C. Pumala, Aiden Pumala (Marc's son), Jonathan Abshire (Master Sgt. Amy L. Abshire's son), Master Sgt. Ray T. Curratti, Tech. Sgt. Nate Howe, Staff Sgt. Brett R. Nemitz, and Senior Airman Eric N. Huff.

In total, they raised over \$350 to directly impact the fight against kids cancer. The team was honored to participate in such a rewarding event that will make a significant impact on the fight against kids cancer and help our hospitals continue the search for life saving treatments.

"The St. Baldricks Foundation event is an excellent way to demonstrate solidarity with children afflicted with cancer, as well as raise funds to support treatment and cancer research. The 179th Airlift Wing Team had great participation this year from our members, but what stood out to me were the youngsters that volunteered to support the St. Baldricks Foundation cause. To see children following a positive example set by our members, just adds to the personal rewards of being a part of this event." stated Howe, the team coordinator.

To learn more about St. Badricks Foundation and the many events they organize, visit their website at www.stbaldricks.org.



Photos provided by 179 AW members

ASIAN PACIFIC AMERICAN HERITAGE MONTH

In May 1990, President George Bush signed a proclamation expanding what once was a week long observance of Asian Pacific American Heritage Month, to a month long celebration for the month of May. The Department of Defense identifies Asian or Pacific Islander as a person having origins in any of the original peoples of the Far East, Southeast Asia, the Indian subcontinent, or the Pacific Islands. This area includes China, India, Japan, Korea, the Philippine Islands, and Samoa.

Asian Pacific Americans have been here for over 150 years; however little is known about their history. “Pushed” out of their country by economic depression and “pulled” by hopes and dreams of fortune, emigration to America by Asians and Pacific Islanders was seen as an opportunity for a better life.

A review of past contributions provides clear evidence of Asian Pacific Americans’ abilities and willingness to serve DOD honorably. Despite early laws that denied various Asian American groups the freedoms and privileges of other Americans, this group’s desire for a better life for themselves and future generations propelled them to overcome extreme prejudice upon their arrival in the United States. They began to immerse themselves in all aspects of American life including fighting in America’s wars since the Spanish American War of 1898. As of February 2002, Asian Pacific Islanders made up a large percentage of the American fighting force: Active duty Army 15,266, Navy 23,623, Marines 4,404 and the Air Force 9,657. Asian Pacific Americans contributions to the Armed Forces have greatly benefited America as a nation.

The words written at the base of the Statue of Liberty reinforces the beliefs that all Americans hold true. “Give me you’re tired, you’re poor, your huddled masses yearning to breathe free, and the wretched refuse of your teeming shore. Send these, the homeless, tempest-tost to me; I lift my lamp beside the golden door.” – Emma Lazarus

Excerpts from Defense Equal Opportunity Management Institute Observance Series Pamphlet 02-3

MAY PROMOTIONS

NEW MASTER SERGEANTS

Robert C. Jones – AW
John P. Klopfenstein – Ops

NEW SENIOR MASTER SERGEANTS

Jonathon S. King – AW
Judson M. Shull – AW

NEW STAFF SERGEANTS

Delmas E. Smarr III – AW
John A. Sykes – 200RH Det1
Lyndsy B. Earley – MXS
Robin L. Balok – SVF
Brock M. Mowry – 200RH Det1

NEW SENIOR AIRMAN

Michael J. Hoptry – SFS
Johnathon M. Hallock – MXS
Christopher L. Kenyon – 200RH
Matthew R. Miller – 200RH
Chad D. Moody – 200RH
Alexander J. Demyan – 200RH
Joshua A. Blankley – 200RH



Stop the Spread of Germs

Tell your health care provider immediately if you have any of these symptoms: fever, headache, tiredness, dry cough, sore throat, nasal congestion or body aches

Cover Coughs and Sneezes



- ▶ Cover your mouth and nose with a tissue when you cough or sneeze
- or*
- ▶ Cough or sneeze into your upper sleeve, not your hands



- ▶ Drop your used tissue in a waste basket

If Asked, Wear a Mask



- ▶ Secure ties behind head or place elastic bands behind ears
- ▶ Fit flexible band at top of mask to bridge of nose
- ▶ Fit mask snug to face and below chin

Clean Your Hands



- ▶ Wash with soap and water for at least 15-20 seconds
- or*
- ▶ Clean with alcohol-based hand cleaner



Especially:

- ▶ After using the restroom
- ▶ After sneezing or blowing nose
- ▶ Before touching food
- ▶ Before touching your eyes, mouth or nose



<http://usachppm.apgea.army.mil>



April 30, 2009

Dear State Employee:

As you may be aware, the Ohio Department of Health (ODH) recently confirmed a case of the H1N1 virus, previously referred to as swine flu, in Lorain County.

Yesterday, the World Health Organization raised the level of influenza pandemic alert from phase 4 to 5. This indicates human-to-human transmission is occurring in at least two countries in the same region of a new influenza virus to which humans have not been exposed and can cause “community-level outbreaks.”

H1N1 virus symptoms are similar to those of seasonal flu in humans and include:

- fever above 100;
- sore throat;
- cough;
- stuffy nose;
- chills;
- headache and body ache;
- fatigue;
- some patients have reported diarrhea and vomiting associated with H1N1.

People with symptoms should see their doctors and stay home from work or school.

Respiratory illnesses such as H1N1 virus are easily spread when infected individuals cough or sneeze around others. **While ODH is doing what it can to protect the health of all Ohioans, individuals play an essential role in limiting the spread of disease.** ODH advises that employees can take the following everyday actions to stay healthy:

- Practice respiratory etiquette and cover coughs and sneezes with a tissue and throw the tissue away.
- Wash your hands with soap and water. If soap and water are not available, use alcohol-based hand sanitizer.
- Do not touch your eyes, nose or mouth, as this is an easy way to spread germs.
- If you are sick, stay home and try to maintain distance –at least six feet – from people who exhibit flu symptoms, such as coughing or sneezing.

Pork continues to be safe for consumption. Remember to follow proper handling and cooking instructions. Cooking pork to an internal temperature of 160°F kills all viruses and food-borne germs.

Finally, because it is unclear how pervasive this virus may become, I recommend that all state employees take time to understand the needs of their household and to make a plan that attempts to lessen the impact of a potential influenza pandemic on you and your family. Visit www.ready.gov for assistance in preparing.

ODH has established a toll-free information line to answer questions about the H1N1 virus. Ohioans can call 1-866-800-1404 between 8 a.m. to 5 p.m. Monday through Friday for information. Additional information is also available on the ODH and CDC Web sites at <http://www.odh.ohio.gov/> and <http://www.cdc.gov/swineflu>.

Thank you,

Alvin D. Jackson, M.D.
Director, Ohio Department of Health

Protect yourself from identity theft

Identity theft occurs when a criminal uses your personally identifiable information (PII) – your name, social security number, bank account information, or credit card number – without your authorization to perform fraudulent crimes in your name. Identity theft is big business and the criminals are working overtime.

“The Federal Trade Commission estimates that as many as 9 million Americans have their identities stolen each year. In fact, you or someone you know may have experienced some form of identity theft.” ~FTC

The crime takes many forms. Identity thieves steal identities by doing anything from dumpster diving to cyber crime. Criminals cannot be stereotyped as people too dumb to do anything other than break bones or rob liquor stores. We must realize criminals include graduates from Ivy League universities and even computer savvy teenagers when it comes to cyber identity theft. The days of dumpster diving for personal information have not passed, but now compete with automated programs searching millions of pieces of data to collect social security numbers, bank account information, and even things as simple as your pet’s name. Creating, buying, or using one such automated search program often proves more lucrative and less time consuming than the “traditional” data collection methods.

Email accounts, bank account information, and credit card information all require a password to access and through the training provided in previous Cyber Bulletins you know the importance of creating a strong password. Most intrusions into your accounts can be prevented with a combination of a properly protected computer, situation awareness, and the use of a strong password; but there is also another way cyber criminals often access password protected information. If you were to forget a password, you are often asked to provide some specific data to

unlock the account. Information such as your birthday, a school you attended, or your pet’s name may be some of the security information requested to authenticate the user. However, people often forget such information can be found on the Internet in public records or even on a personal Facebook or MySpace account. This can also apply to information that you supply to individual online pages regarding your occupation and military career. Cyber criminals (and terrorists - both home grown and international) are able to find an abundance of seemingly useless information and reset your password, create false accounts, and eventually steal your identity.

To receive automatic notification of each new Cyber Threat Bulletin loaded to the AF Portal, select the “Set an Alert” button at the top of the Cyber Threat Bulletin web page. Contact your local Anti-terrorism or Law enforcement Officer at 419-520-6616 or 6259



2008 basketball champs

By 1st Lt. Nicole L. Ashcroft
179 AW Chief of Public Affairs

The 179th Airlift Wing Basketball League held their Annual Championship Game at the Ontario High School on April 5, 2009. The tip-off between the Maintenance Squadron (MXS) and Fire Department began the game at 3:00 p.m.

Both teams came into the championship undefeated (2-0). After an intense game, MXS brought home a win with a final 48-39 score. Leading scorers were Airman 1st Class Zachary J. Maxey, with MXS, scoring 23 points and Senior Airman Charles J. Kellogg, with the Fire Department, scoring 18 points.

The championship players included:

Maintenance Group

Staff Sgt. Joshua J. Anton
Airman 1st Class Joshua P. Burghard
Master Sgt. Garland H. Harvey
Airman 1st Class Zachary J. Maxey
Tech. Sgt. David S. Ondo
Tech. Sgt. Brandon V. Pickton
Master Sgt. Michael J. Schue
Senior Airman Terry D. St. Clair
2nd Lt. David L. Stephens

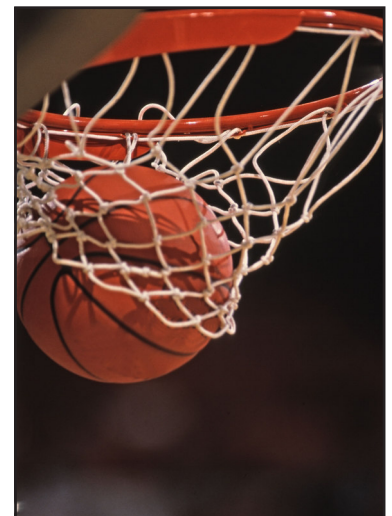
Fire Department

Staff Sgt. Brennan M. Bowes
Staff Sgt. Bradley D. Brammer
Tech. Sgt. Stephen J. Buzzard



Senior Airman Charles J. Kellogg
TSgt Matthew J. Kelly
Maj. Joseph F. Logan
Tech. Sgt. Steven V. Swihart
Chief Master Sgt. Bradley L. Williams

Many thanks to all 2008 league participants. A special thank you to the program coordinators, which includes; Senior Master Sgt. Mark A. Dyer, Master Sgt. John Willis, Master Sgt. April R. Gunnoe, and Staff Sgt. David Cutlip.





AIR NATIONAL GUARD NONCOMMISSIONED OFFICERS ACADEMY

FY 2009 SP 10-2 Satellite NCOA

IS IT TIME TO TAKE YOUR CAREER TO THE NEXT LEVEL?

JOIN US IN SEPTEMBER 2009

**TAP INTO THE KNOWLEDGE BASE THAT WILL HELP YOU HONE YOUR
LEADERSHIP SKILLS AND ABILITIES.**

***YOU CAN ENROLL IN-RESIDENCE EVEN IF YOU HAVE PREVIOUSLY
COMPLETED THE COURSE BY CORRESPONDENCE**

**THE CLASS IS FORMING NOW. SIGN UP WITH YOUR TRAINING MANAGER
USING AN AW12, ACCOMPANIED WITH A CURRENT FITNESS ASSESSMENT
FORM. (NEED 8 STUDENTS SIGNED UP NLT END OF JULY UTA)
EACH STUDENT WILL BE PAID A PT DAY (4 HOUR PERIOD) FOR EACH NIGHT
OF CLASS AT HOME STATION.**

REQUIREMENTS:

TSGT-NO MINIMUM T.I.S. & 7 LEVEL

(If Member is currently on a 422 Profile specific coordination is needed)

**THE HOME STATION PHASE AT MANSFIELD: 8 SEPTEMBER TO 24
NOVEMBER 2009**

**TUESDAY & THURSDAY NIGHTS -TIME: 1800-2200 HOURS
(LAST WEEK OF CLASS WILL BE MON/TUE DUE TO THANKSGIVING
HOLIDAY)**

THE IN-RESIDENCE PHASE : 30 NOVEMBER – 15 DECEMBER 2009

MC GEE-TYSON ANGB TN

For More Information Contact:

CMSgt. Greg Eyster 419.520.6578

MSgt. Heidi Bishop 419.520.6821

SMSgt. Steve Mock 419.520.6399

6

OR YOUR UNIT TRAINING MANAGER



NATIONAL GUARD BUREAU

3500 FETCHET AVENUE
ANDREWS AFB MD 20762-5157

10 Apr 09

MEMORANDUM FOR ANG LRS/CC

FROM: NGB/A4R

SUBJECT: Requisitioning of All Purpose Environmental Clothing System Jacket (APECS)

- 1. Air Force policies for the wear and purchase of the APECS continue to evolve as supplies of the new uniform increase. The last official message on this subject (DTG: P 181837Z Sep 08 located on the ANG Supply Chain Management CoP, Clothing folder) authorized ANG personnel to purchase APECSs only for deploying personnel. Since then, stock levels have improved to the point that we are expanding the approved customer base of APECSs.
2. Beginning 15 Apr 09, units may purchase APECSs for Airmen who mainly perform their duties outdoors. Examples include, but are not limited to, maintenance, civil engineering, security forces, etc. Please be aware there are no O&M funds allocated to pay for these items. Since this is an organizational item, you will order the items directly from the Defense Logistics Agency (DLA). If time constraints warrant an alternate source, then IMPAC purchases are authorized as long as the ordered product meets Berry Amendment criteria. KYLOC will not be a source for these items.
3. Stocks of APECSs are not yet sufficient to outfit all our Airmen, but we will continue to reevaluate our policies as inventories improve. As a reminder, deployers still receive priority on receipt of the APECS. My staff has worked extensively with Air Staff and DLA to ensure adequate stocks are available to meet this ANG requirement. I ask that if you experience stock support problems with DLA, please notify MSgt Robert Cook, A4RM, Robert.Cook@ang.af.mil, DSN 278-8487. My staff will work issues with DLA as they arise.

Handwritten signature of Scott J. Tew, Col, USAF
SCOTT J. TEW, Col, USAF
Chief, Logistics Readiness Division

This funded Air Force newspaper is an authorized publication for members of the U.S. Military Services. Contents of the Buckeye Airlifter are not necessarily the official views of, or endorsed by, the U.S. Government, the Department of Defense, or the Department of the Air Force. The editorial content is edited, prepared and provided by the Public Affairs Office of the 179th Airlift Wing, 1947 Harrington Memorial Road, Mansfield, OH 44903-0179.

Stories or story ideas may be submitted to the Public Affairs Office for publication consideration in the Buckeye Airlifter. Information should be emailed to nicole.ashcroft@ohmans.ang.af.mil. The Buckeye Airlifter is a monthly publication.

JUNE 09 DEADLINE: Sunday 3 May 09

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Public Affairs Journalist.....Staff Sgt. Jessica Cauvel
Public Affairs Photographer.....Staff Sgt. Rob Koehler
Public Affairs Photographer.....Airman 1st Class Joe Harwood

Public Affairs Broadcaster.....Master Sgt. Bob Jones
Public Affairs Broadcaster.....Tech. Sgt. Joe Stepp
Public Affairs KM.....Airman 1st Class Dustin Edgell
Family Readiness Manager.....Ms. Faline Rowland
Reporters.....Unit Public Affairs Representatives