Volunteer News...

Recognizing the Efforts of VA Volunteers in Upstate New York



- **Volunteers Make Summer Fun**
- **Donations Needed for Golden Age Games**



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Web Site

www.visn2.va.gov/vet/volunteer.asp

The VAVS newsletter has been created for all volunteers and potential volunteers of VA Health Care Upstate New York. This publication is meant to showcase the wonderful work our volunteers contribute to VA. Produced by VISN 2 Public Affairs. Printed by Veterans in the Therapeutic Printing Program, Bath VAMC.

We Want to Hear from You!

If you have any comments, questions, story ideas, etc. contact:
VISN 2 Public Affairs
VA at Clinton Crossings
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Building B, Suite 115
Rochester, NY 14618
(585) 463-2642
Kathleen.Hider@va.gov

Campaign in Full Swing

We are supporting the 2013 National Veterans Golden Age Games in upstate New York. The Games give Veterans the opportunity to compete in recreational activities they enjoy, experience camaraderie with their fellow Veterans and stay active. Veterans will be in the greater Buffalo area May 30 through June 4, 2013



competing in events such as cycling, golf, swimming, table tennis and sled hockey.



Dr. Patrick Welch

Dr. Patrick Welch, Director for Center for Veterans & Veteran Family Services at Daemen College, and our Local Honorary Chairman for the 2013 National Veterans Golden Age Games, and his volunteer team have raised \$16,858. Our goal is to raise \$200,000 by May, 2013 to make this a fun and memorable event for Veterans, their families and the community. Please help us in spreading the word that donations are needed for the 2013 Games to your organization,

area businesses and neighbors. Any contribution would be greatly appreciated. We are expecting over 800 Veterans and their families to travel to the Buffalo area to compete in 14 competitive games.

Monetary donations of \$1,000 or more will have their individual, organization or business name listed in the official National Veterans Golden Age Games program, on the ceremonies promotional banner, complimentary tickets and VIP seating.

We are also in need of gifts in kind for the event including water bottles, towels, ice, cups, office supplies, tents, road cones and individually wrapped snack type items.

If you are interested in volunteering we need volunteers to assist with the Games, registration, meals, ceremonies and travel.

We are counting on you and other volunteers in upstate New York who always give generously to support Veterans.

Thank you.

David J. West, FACHE Network Director

Donation checks can be made out to:

VA Western New York Healthcare System, with GPF 1815 Veterans National Golden Age Games in the memo line and mail to:

VA Western New York Healthcare System Voluntary Service, 3495 Bailey Avenue, Buffalo, NY 14215

For more information or a Golden Age Games donation package contact **Kelly Clark-Roberts** at (716) 862-8672 or **Mark Francis** at (716) 862-8667.

> Albany

Hand Made Afghans and Quilts Donated

Volunteer **Joan Gross** loads the Veterans Welcome Cart with handmade afghans and quilts. Joan has three years on station and over 300 hours of volunteer service. Afghans and quilts are given to newly admitted Veterans. To date volunteers have given out over 1400 afghans and quilts this year.





Jim Shulfer, Volunteer Specialist, with one of the 750 cases of "K" Cup coffee donated by Holy Joes Café to the Albany VA. Holy Joes is a non-profit organization that has been sending coffee to U.S. Troops around the world since 2006 via a network of cafes run by military chaplains. http://www.holyjoescafe.org

Wish List

- Coffee, creamer and sugar
- Gift cards for Walmart, Price Chopper or Shop-Rite
- Gillette Fusion 5+1 razors and cartridges
- Sweatpants and sweatshirts (all sizes)
- Tee shirts and underwear (all sizes)
- Toiletries
- Work boots
- * Contact Jim Keller at (518) 626-5506 for more information on making donations.

Volunteer Opportunities

- DAV van drivers
- Clothing room volunteers
- My HealtheVet must have computer skills
- No One Dies Alone (NODA) hospice
- Recreational aides
- Helping Veterans with life skills
- Wheelchair escorts
- * Contact Jim Shulfer at (518) 626-5507 for more information on volunteer opportunities.

Calendar

Wednesday, July 4th
Patient Visitation and Gift Distribution

Auditorium - 9:30 a.m.

Saturday, August 4th

Car Show sponsored by Vietnam Veterans of America

Employee Parking Lot - 10:00 a.m. to 3:00 p.m.

Tuesday, September 11th VAVS Committee Meeting

Auditorium - 1:00 p.m.

Friday, September 14th POW/MIA Remembrance Day

Auditorium - 10:00 a.m.

Saturday, September 29th Capital Region Veterans Stand Down

Colonie Elks Lodge, Latham - 8:00 a.m. to 1:00 p.m.

Bath

A Donation Made to Remember

Army Sergeant Devin A. Snyder, 20, of Cohocton, NY, died on June 4th while defending freedom for the country she loved so dearly. Devin and three fellow soldiers were killed while serving for Operation Enduring Freedom in Afghanistan with the military police, 164th MP Company of the 793rd Military Police Battalion out of Ft. Richardson, Alaska. Women from her church made and donated a quilt in her honor. The quilt hangs in the new women's clinic.



Sergeant Devin A. Snyder

Devin was the daughter of Ed, an employee of the Bath VA, and Dineen Snyder of Cohocton. Her father said she knew by seventh grade that she would follow her father's steps (a Veteran of the U.S. Navy) and enlist in a branch of the armed forces.

Devin "Twiggy" Snyder was a 2008 graduate of Wayland-Cohocton



The donated quilt made to honor Devin, hangs in the new Women's Clinic.

High School. She took great pride in athletics and loved being a part of a team but, the US Army became her love once she began her military journey. Never giving up, always looking forward to returning from Afghanistan to enter the Green to Gold Program. The Army was her future, the Army was her life. Devin was a true patriot and hero.

Kristen Bennett, recreation therapist assistant, brings in her pet dog Widget, a popular visitor, for the community living center and Domiciliary residents to enjoy every Friday.



Bath's bike program has over 50 bikes that support 220 Veterans. The latest donation of bikes came from the Cuba Masons and TJ Resch Lumber. Hardware & Feed store.



Left to right: **Don Beaver**, Cuba Masons; **Tim Resch** owner of TJ Resch Lumber. Hardware and Feed Store; and Lynn Dinehart, Voluntary & Recreation Services Manager.

Over 1300 people attended the **Memorial Day Service**



Shannon Reynolds, daughter of Lynn Dinehart Voluntary and Recreation Services Manager, a high school teacher and a volunteer at the Bath VA, sang the National Anthem at the Memorial Day observance.



Many Veterans and community residents attended the Bath VA Memorial Day observance.

Volunteer **Opportunities**

- Clerical support
- DAV volunteer transportation drivers
- Friendly visitor volunteer
- Greeters
- My HealtheVet assistant
- Patient escorts
- Physical therapy
- Recreation
- Reminder phone calls
- Sewing room assistants
- Special event volunteers
- Women's Wellness Clinic peer support

> Bath

Wish List

- Baby shampoo
- Bicycles (new or gently used)
- Body wash
- Creamer/sugar packets
- Denture adhesive
- Denture cleanser
- Deodorant
- Lotion
- Fishing poles and reels
- Gift cards (\$5-\$10.00) for fast food or Walmart
- New men's sneakers (sizes 8½ -12)
- New stamps

*The Homeless Veterans and Jump Start programs need cleaning supplies, toasters, coffee makers, dishes, silverware, linens and pots & pans (can be gently used).

Dixie O'Dell, Helping Hospitalized Veterans Specialist, held a model competition with our Domiciliary Veterans recently. In the picture left to right: **Jack Rickard,** Cuba AMVETS volunteer; Dixie; and **Joe Morello**, Veteran.





Veteran **William Carter** showing off his dream car and prize.





Staff of the Bath VA hosted their quarterly family dinner for the Community Living Center patients and their family members.



Skip Merrick and the American Legion Riders from Alleghany County visited patients on the community living center on Fathers Day and presented a monetary donation.

Calendar

Thursday, August 9th VAVS meeting and picnic 5:00 p.m.

Saturday, August 11th Marine Corp League (MCL) picnic

Saturday, August 25th American Legion Auxiliary (ALA) picnic

Wednesday, August 29th United Auto Workers (UAW) fishing trip

Tuesday, September 11th Patriot Day Observance - Chaplains

Saturday, September 15th Ithaca football game sponsored by Elks

Friday, September 21st POW-MIA luncheon

Sunday, September 23rd 7th District ALA – field day Thursday, October 18th VAVS meeting 1:00 p.m.

Sunday, November 11th Veterans Day & Elks Carnival

Monday, November 19th Care N Share kick off

November & December ALA Gift Shop

Friday, December 7th Pearl Harbor Day

Friday, December 14th
Operation Santa Claus

December Holiday gift distribution and celebrations

Canandaigua

Volunteer Recognition Banquet

Craig Howard, Medical Center Director, presents volunteer awards at the Burgundy Basin Inn on April 18, 2012.



Patricia Mooney receives the "Above and Beyond Volunteer" award. Patricia was nominated by Recreation Therapists Susan Lisi, Kay Campbell and Carol Courtney.



Cindy Helker receives the "Above and Beyond Volunteer" award. Cindy was nominated by Recreation Therapist Deanna Fagan.



Carol Serrett received the "Above and Beyond Staff" award from the VAVS committee. Carol is a Medical Support Assistant on the Golden Memories Community Living Center. Carol was nominated by volunteer Elaine Miller.

Donations



Veteran of Foreign Wars (VFW) VAVS representative Dick Grube presents a check donation from VFW Post 8495, Fairport, NY for \$10,587 to Louise Motyka, Volunteer Specialist. The funds will be used to support activities at the medical center.



On May 10, the community was invited to attend the annual "Pie, Ice Cream, Plant and Rummage Sale". This year's event raised \$1,328.25.



Don Miller, National Membership Director 40/8 presents Recreation Therapy Supervisor Hank Riegal with a check donation for \$2,000. The funds will be used to support recreation programs and activities.

Thank You



As part of its Service to Armed Forces program, the American Red Cross applied for and received a grant from the National American Red Cross to fund the purchase of nine kayaks and paddles, and personal flotation devices for patients at the Canandaigua VA. Recreation Therapy worked with Canandaigua Sailboarding to purchase the equipment at cost.

Canandaigua

Volunteer Opportunities

All volunteers must complete an orientation prior to volunteering. Orientations are held in building 7 basement room 19 of the Canandaigua VA Tuesdays at 10:00 a.m. You will need your driver's license and Social Security card for ID. Please call Louise to schedule an appointment at 585-393-7729. Thank you for considering volunteering with the Canandaigua VA Medical Center!

Canandaigua VA

- Activities evenings and weekends, socialization activities, games, cleanup, and wheelchair escort
- Clerical Tuesday or Thursday, 3 hours between 8:00 a.m. and 4:00 p.m.
- Compassionate companion for hospice
- Donated cans every other week, pick up donated cans for Voluntary Services and return
- Driver CDL-B, pass endorsement (N1 or K) to drive Veterans to outings
- Library Saturdays and as needed weekly
- Grounds crew
- Laundry weekdays
- Loving spoonful evenings and weekends
- Pharmacy Monday, Wednesday, Friday mornings.
- Seamstress flexible days and hours
- Stockroom assistant one day per week
- Volunteer Transportation Network driver weekdays/flexible Canandaigua, Rochester and Waterloo area driving DAV van to get ambulatory Veterans to/from clinic appointments
- Wheelchair escorts Monday Friday, 8:00 a.m. - 4:00 p.m.

Mt. Hope Road Clinic

Clerical/resource compiler - Weekdays 7:00 a.m. - 2:00 p.m.

Rochester VA Outpatient Clinic - Westfall Road

- My HealtheVet: distribute information and assist Veterans to register using the computer
- Van drivers for DAV Transportation Network weekdays 7:00 a.m. - 2:00 p.m. driving DAV van to get ambulatory Veterans to/from clinic appointment



consider volunteering

Wish List

- Creamer, sugar, sugar substitute and coffee
- Deodorant, shampoo, shaving cream; body lotion, nail clippers (no hotel samples)
- Forever postage stamps
- Gift cards from Walmart, Wegmans, Tops, iTunes, prepaid gas and phone cards
- Monetary donations for wood shop and recreation therapy canine program
- New socks and underwear, sweatshirts, sweatpants and t-shirts
- Non-perishable foods and baking items
- Paper products; plates, napkins
- Tickets to sporting events, zoo and outings, bowling/ movie tickets
- For Homeless Program:
 - New blankets and pillows, alarm clocks, new twin size mattresses (call first to arrange drop-off), brooms, mops, new vacuum cleaners, kitchen items (dishes/utensils), toilet paper and cleaning supplies
 - Monetary donations are always welcome. If you or your organization wishes to make a donation to the account of your choice, please specify that you are in agreement that food and beverages may be purchased for our Veterans. This is in compliance with the new rules and regulations associated with the purchase of food

Volunteers make make fun fun fun



Pets always bring a smile to patients



Gardening with **Barbara Hallahan** on the Albany VA Wilson Lounge patio

Summer maybe over but...



Kayaking on Canandaigua Lake



Outrigger canoeing on the Erie Canal in coordination with Cape Ability Outrigger Ohana Inc., Disabled Sports USA and VA WNY Healthcare System Recreation Therapy Program



Horseback riding in Buffalo at Lothlorien Therapeutic Riding Center, East Aurora, NY in partnership with VA WNY Healthcare System Recreation Therapy Program

...fond memories were made



Scuba diving in Buffalo



Sled hockey at Bud Bakewell Ice Rink in Buffalo



Playing Bocce Ball at the Bath VA



Canandaigua

This past winter, seven Veterans representing the Canandaigua VA Medical Center and the Rochester VA Outpatient Clinic participated in the Outdoor Adventures for Sacrifice in Service (OASIS) ice skating program. OASIS is a non-profit organization offering instruction, equipment and support to disabled military Veterans in a variety of sports activities. During the three sessions program held at the Sports Centre at Monroe Community College (MCC), participants were provided hockey skates, helmets, arm pads and one-on-one skating instructions. Funding and instruction donations were provided by the Rochester Americans Alumni. With the huge success of this program, Veterans can look forward to the program again this fall.

Reminders

- Please let Voluntary Service know if you have changed your address or phone number.
- If you have not done so already, please remember to contact Voluntary Service for a new Identification Badge and/or fingerprints.
- All volunteers and organizations that serve food to Veterans need to have a copy of their food safety certificate and/or NYS license to serve food on file in Voluntary Service. Please mail yours to our office if you have not done so already.



Calendar

All events are held in the Auditorium building 5 unless otherwise noted.

Meeting 2nd Monday of each month **Bee Keepers Association** 7:00 p.m.

3rd Monday of each month **Canandaigua Lake Trout Unlimited meeting** 7:30 p.m.

4th Tuesday of each month **Project Healing Waters Clinic** 7:00 p.m.

Wednesday, August 1 **Annual Volunteer Picnic and Student Awards Program**

5:30 p.m. Courtyard 1 Pavilion

Wednesday, August 1 **VAVS/Community Council meeting** 7:30 p.m.

Tuesday, August 7 **Ice Cream Social**

6:00 p.m. Courtyard 1 Pavilion

Sunday, *September 2 Bingo

Noon

Thursday, September 6 Pizza/Picnic

5:00 p.m. Courtyard 1 Pavilion Tuesday, *September 11 **Patriot Day Ecumenical Prayer Service** 10:00 a.m.

Tuesday *October 2 Bingo 7:00 p.m.

Sunday, *October 14 Bingo Noon

Thursday, *October 18 Bingo 7:00 p.m.

Tuesday, October 23 Blood Drive

10:00 a.m. - 3:00 p.m.

*Catholic Mass is held Mondays and Tuesdays in the Catholic Chapel in Bldg. 3 at 11:00 a.m.

*Protestant Services are held Sundays starting 8:45 - 11:30 a.m. Please contact Voluntary Service (585) 393-7729 for more information. *Fscorts Needed

Escorts are needed 45 minutes prior to the event to take Veterans to the

auditorium and/or pavilion. Without your assistance, many of the Veterans may not be able to participate.

Syracuse

Volunteer of the Year



Lef to right -James Cody, Syracuse VA Medical Center Director and Ernie Green

On April 23, 2012 the Syracuse VA held its Volunteer of the Year Recognition. Ernie Green was chosen as the Volunteer of the Year. Nominees included Bill Fowler, Tom George, Michael Kopack, George Green and Joe Schneider.

Ernie is a volunteer in the Recreation Department. He enthusiastically takes on all tasks and is a self-starter with projects assigned. Ernie arrives early to help Veterans get coffee, serves meals and helps clean the community dining room so that it is ready for the day's events. Ernie is patient and understanding and works well with the advanced dementia patients and other residents on the Community Living Center. Because of

Ernie's dedication and involvement with the residents, more outings have been scheduled such as lunches, movies and other community venues. Ernie does not hesitate to volunteer to work a 12 hour day, simply because he knows the CLC residents need him in order to go on a trip.

Ernie is an asset to VA, the Community Living Center and Recreation Therapy.



Ernie Green with Veteran Earl Cayea doing a little fly fishing.

Donations and Thank Yous

The Marine Corps League presented a check to the Syracuse VA on April 17th.

Empire Chapter of the Antique Motorcycle Club of America.

The 10th Mountain Division Polar Bears from Fort Drum visited. We thank them for their service to our country and for the time and company they offer the hospitalized patients. We invite all military organizations to contact the Recreation Therapy Office to schedule a visit from their members.



The Dream Machine Car Club with Right Coast, Inc.



The Eastwood American Legion Post 1276 donation of a big screen 100 inch television and sound system.

Syracuse

Wish List

- Price Chopper gift cards (\$50 per month) in support of the Rome Adult Health Day Care program
- Contact entertainment groups coming into the area to see if they are willing to stop by for a visit or perform for the Veterans
- Gift cards to Dunkin Donuts, Varsity Pizza and other local restaurants such as Heid's in Liverpool, TGIF and Olive Garden
- Ice cream socials, barbecues, picnics
- Personal care items (travel size only): shaving cream, deodorant, shampoo, toothpaste and disposable toothbrushes
- Sponsor a musician to perform at the Syracuse VA.
 Contact Suzanne Hawes
- Sweats (tops and pants in various sizes)

Volunteer Opportunities

- Ambassador Program for Greeter Desk
- Office Clerks Monday through Friday
- Patient Transport
- Respite Caregiver Program volunteers needed to visit with Veterans. Volunteers would not provide any patient or household assistance. Oneida, Rome, Binghamton, Massena, Watertown areas are in high need of volunteers

Get to Know

Norm and Donna Davie have been volunteers at the Syracuse VA since 2002. Norm and Donna always take an active interest in patients who attend appointments at the Syracuse VA. The Davie's sing songs, dress in costumes and are constantly trying to find new ways connect with Veterans. They get patients and staff to smile and feel a little bit brighter about their day.

Their newest initiative is a "Smile Coin". These are given out by

Syracuse Greeters to patients and family members as they enter the building. These coins have been well received by everyone who receives one. Visitors love giving the coins to their family members who are patients in the Medical Center.



We invite other patient initiatives. Please contact Suzanne Hawes in Recreation Therapy or Robert Hawes in Voluntary Service to find out if your idea would work at the Medical Center.



Norm and Donna Davie

Western New York

Volunteer Opportunities

- Adult Day Health Care program Buffalo
- Clerical Buffalo
- Coffee cart Buffalo
- Coffee cart Community Living Center Batavia
- Computer Assistant Batavia
- Computer Assistant Buffalo
- DAV Volunteer Transportation Program transport
 Veterans to and from clinical appointments Batavia
 and Buffalo
- Emergency room and Women's Wellness Clinic transportation services - Buffalo
- Greeters Buffalo
- Guest parking lot shuttle Buffalo
- Mailroom Buffalo
- Patient/Ward Visitation(s) Batavia and Buffalo
- Patient Escort/Transport Service Batavia and Buffalo
- Physical Therapy Buffalo
- Reminder phone calls Nutrition & Food Service Buffalo
- Recreational Aide Batavia and Buffalo
- Volunteer Office special activities and events support by assisting staff coordinating various
 Veteran events throughout the year – task(s) to include photocopying, correspondence, phone calls, faxing, etc. – Batavia and Buffalo

Calendar

Wednesday, August 29 Blood Drive in Freedom Hall

Monday, September 3 Labor Day - Holiday

Tuesday, September 28 Commander's Day - 9:00 a.m. Freedom HallBuffalo Campus

Monday, October 8 Columbus Day - Holiday

Saturday, October 20 Annual VAVS Luncheon - 11:00 a.m. Freedom Hall Buffalo Campus

WNY Wish List

- Rolls of quarters for newspapers Batavia & Buffalo
- Patient activities Batavia & Buffalo
- Travel for patients in need Buffalo
- DAV Volunteer Transportation Program Batavia & Buffalo. Send donation directly to DAV Department of New York
- Art Therapy supplies Buffalo
- Birthday cards Batavia/Buffalo
- Bus tokens (Niagara Frontier Transportation Authority) - Buffalo
- DVDs Buffalo
- Phone cards Batavia/Buffalo
- Stamps/Stationery Buffalo
- Treadmill(s) Buffalo
- Comping coupons Batavia/Buffalo
- Welcome kits Buffalo, comfort Items (combs 8 inch black), shaving cream-trial size, deodorant-full size, shampoo & conditioner-trial size
- Gift cards for Babies R Us, Target, Tops, Walmart, and Wegmans
- Snack packs Batavia & Buffalo
- Bread mixes Batavia & Buffalo
- New items sweat pants, sweat shirts, t-shirts, socks, men's and women's undergarments (please check sizes needed prior to purchasing), as well as new clothing
- Homeless Veterans Program please contact for donation information (716) 881-5855

Note: Before purchasing any item, please contact the Volunteer Program Office to determine that the item has not been already purchased.

We no longer accept used clothing items.

Puzzles are not needed at this time. Used/current magazines subscriptions should be dated 3 months/less and we do not accept hard cover books.

Batavia – (585) 297-1196 Buffalo – (716) 862-8672

Please consider donating to the
National Veterans
Golden Age Games (2013)
for Buffalo, General Post Fund 1815

Western New York

Thank you for your donations



Flag Day at Forestville Elementary School: Left to right — **Michael Valvo**, WWII Veterans from Forestville, **Patricia Miller**, Teacher and Flag Day Program Coordinator, **Mark Francis**, Volunteer Program Manager accepting quilt for Willow Lodge Vietnam Veteran/VA WNY Healthcare System (Buffalo).

Department of New York AMVETS Foundation check presentation to the 2013 National Veterans Golden Age Games being held in Buffalo and hosted by VA Western New York Healthcare System May 30th thru June 4th, 2013.



Left to right: **Mark J. Francis**, VA WNY Healthcare System Volunteer Program Manager and **Frank DeMarco**, President Department of NY AMVETS NYS Service Foundation and past department commander.

West Seneca Rotary Club – presents a new set of Stations of the Cross for the Blessed Sacrament Chapel at our Buffalo facility – the Stations were a gift "In Loving Memory of Lieutenant Daniel B. Nazzarett, USAF, 1944".



Left to right seated - Louise and Ettore Porreca; standing - Jack Amico, Larry Rose, Eugene Hess, Joseph Porreca, Paul Rudnicki and Robert Rigby.



The Department of NY AMVETS Auxiliary presented a \$2,000 check for the 2013 National Veterans Wheelchair Games. Pictured from left to right: Rosemary Blachowski, AMVETS Auxiliary VAVS Representative, Brian Stiller, Director, VA WNY Healthcare System, Rosalee Waid, Department President, 2011-2012, Richard Kennedy, Sons of AMVETS Jamestown.

Western New York



Assistant Police Chief **Jason Jaskula**, keynote speaker for the Memorial Day Observance, takes with **Bill & Marcia Dill** in Freedom Hall. Marcia Dill is the Gold Star Mother of Army Reservist Staff Sergeant Christopher W. Dill who was fatally wounded in Iraq April of 2005 and who was a close comrade of Jason Jaskula.



Marine Corps League Conrad F. Kania Detachment from North Tonawanda present donation to Buffalo VA. Left to right — Mark Francis, Volunteer Program Manager, Joseph Moreno, Marine Corps League, Richard Hollister, Commander, Marine Corps League, Jason Petti, Associate Medical Center Director and George Brock, Marine Corps League.



Brockport Elks Lodge #2110 present their annual \$1,000 check to **Royce Calhoun** (center, holding check) Assistant Medical Center Director.



Genesee County United Way Day of Caring May 16th at VA Batavia Campus – Genesee Alumni leadership poses for photo prior to a full day of weeding, planting and painting.

Holding the plant is Team Captain for Leader Genesee Alumni **Kathleen D. Martin**, retired VA Volunteer Program Specialist from the Batavia campus.

VA Health Care Upstate New York VISN 2 Public Affairs **VA at Clinton Crossings** 919 Westfall Rd., Bldg. B, Suite 115 Rochester, NY 14618

OFFICIAL BUSINESS

FIRST CLASS U.S. POSTAGE PAID Permit No. 41 Bath, NY 14810

RETURN SERVICE REQUESTED



VA Medical Centers

Albany

113 Holland Avenue Albany, NY 12208 (518) 626-5000

Batavia

222 Richmond Avenue Batavia, NY 14020 (585) 297-1000

Bath

76 Veterans Avenue Bath, NY 14810 (607) 664-4000

Buffalo

3495 Bailey Avenue Buffalo, NY 14215 (716) 834-9200

Canandaigua

400 Fort Hill Avenue Canandaigua, NY 14424 (585) 394-2000 (800) 204-9917

Syracuse

800 Irving Avenue Syracuse, NY 13210 (315) 425-4400

Community-Based Outpatient Clinics

Auburn

Auburn Memorial Hospital 17 Lansing St. Auburn, NY 13021 (315) 255-7002

Bainbridge

109 North Main Street Bainbridge, NY 13733 (607) 967-8590

Binghamton

425 Robinson Street Binghamton, NY 13901 (607) 772-9100

Catskill

Greene Medical Bldg. 159 Jefferson Heights Catskill, NY 12414 (518) 943-7515

Clifton Park

1673 Route 9 Clifton Park, NY 12065 (518) 626-5205

Coudersport Satellite Clinic of Wellsville

24 Maple View Lane, Suite 2 Coudersport, PA 16915 (814) 260-9342

Dunkirk

Valor Health Center 166 East 4th Street Dunkirk, NY 14048 (800) 310-5001

Elizabethtown/Westport

7426 NYS Rte. 9N Westport, NY 12993 (518) 626-5236

Elmira

Health Services Building 200 Madison Avenue Suite 2E Elmira, NY 14901 (877) 845-3247 ext. 44640

Fonda

Camp Mohawk Plaza 2623 State Highway 30A Fonda, NY 12068 (518) 853-1247

Glens Falls

84 Broad Street Glens Falls, NY 12801 (518) 798-6066

Jamestown

608 West 3rd Street Jamestown, NY 14701 (716) 338-1511

Kingston

63 Hurley Avenue Kingston, NY 12401 (845) 331-8322

Lackawanna

Our Lady of Victory Family Care Center 227 Ridge Road Lackawanna, NY 14218 (716) 822-5944

Springville Satellite Clinic of Lackawanna 27 Franklin Street

Springville, NY 14141 (716) 592-7400

Lockport

5883 Snyder Drive Lockport, NY 14094 (716) 438-3890

Malone

3372 St. Rt. 11, Main Street Malone, NY 12953 (518) 483-1529

Mansfield Satellite Clinic of Elmira

63 Third Street Suite 104 Mansfield, PA 16901 (570) 662-0507

Massena

1 Hospital Drive Massena, NY 13662 (315) 769-4253

Niagara Falls

2201 Pine Avenue Niagara Falls, NY 14301 (716) 862-8580

Olean

465 North Union Street Olean, NY 14760 (716) 373-7709

0swego

437 State Route 104E Oswego, NY 13126 (315) 207-0120

Plattsburgh

80 Sharron Avenue Plattsburgh, NY 12901 (518) 561-6247

Rochester

465 Westfall Road Rochester, NY 14620 (585) 463-2600

Rome

Griffiss Park 125 Brookley Road, Building 510 Rome, NY 13441 (315) 334-7100

Saranac Lake

33 Depot St. Saranac Lake, NY 12983 (518) 626-5237

Schenectady

1322 Gerling St. Sheridan Plaza Schenectady, NY 12308 (518) 346-3334

Tompkins/Cortland County

1451 Dryden Road Freeville, NY 13068 (607) 347-4101

Troy

295 River Street Troy, NY 12180 (518) 274-7707

Watertown

19472 U.S. Route 11 Watertown, NY 13601 (315) 221-7026

Wellsville

3458 Riverside Drive, Route 19 Wellsville, NY 14895 (877) 845-3247 (Bath)

Vet Centers

Albany Vet Center 17 Computer Drive West Albany, NY 12205 (518) 626-5130

Binghamton Vet Center

53 Chenango Street Binghamton, NY 13901 (607) 722-2393

Buffalo Vet Center

2372 Sweet Home Road, Suite 1 Buffalo, NY 14228 (716) 862-7350

Rochester Vet Center

2000 South Winton Road Building 5, Suite 201 Rochester, NY 14618 (585) 232-5040

Syracuse Vet Center

716 East Washington Street, Suite 101 Svracuse, NY 13210 (315) 478-7127

Watertown Vet Center

210 Court Street, Suite 20 Watertown, NY 13601 (315) 782-5479

Caregiver Support 1-855-260-3274

For help with caring for a disabled Veteran www.caregiver.va.gov

Health Information on the Web www.myhealth.va.gov

National Call Center for Homeless Veterans Hotline 1-877-4AID-VET 1-877-424-3838

TelCare 1-888-838-7890

24-hour, toll-free medical advice for enrolled Veterans

Veterans Crisis Line 1-800-273-TALK (8255)

Veterans Service Contact Center 1-888-823-9656

For information on eligibility, VA health care benefits, enrollment, or questions on your billing statement