

DEPARTMENT OF THE ARMY

HEADQUARTERS, U. S. ARMY MEDICAL COMMAND 2050 WORTH ROAD FORT SAM HOUSTON, TEXAS 78234-6000

REPLY TO ATTENTION OF

MCHO-CL-H (600-85)

JAN 0 2 2002

MEMORANDUM FOR Commanders, MEDCENs/MEDDACs

SUBJECT: Positive Drug Testing Results Requiring Medical Review Officer Review

1. References.

- a. Department of Defense Instruction 1010.16, Technical Procedures for Military Personnel Drug Abuse Testing Program, 9 Dec 94.
- b. Army Regulation 600-85, Army Substance Abuse Program,
 1 Oct 01.
- 2. Reference (a) requires a qualified Medical Review Officer (MRO) prior to initiation of disciplinary action review certain types of positive drug urinalysis results in order to rule out legitimate medical use of prescription drugs. Reference (b) requires that the Medical Command (MEDCOM) specify which specific drugs require MRO review.
- 3. The following positive drug results require MRO review. Disciplinary action should only be initiated only upon a determination of "no legitimate medical use" by the MRO.
- a. Barbiturates. These include phenobarbitol, secobarbitol, and butabitol.
- b. Opiates. These include codeine and morphine, but not monoacetylmorphine (see below).
- c. Amphetamines. These include amphetamine and methamphetamine, but not the designer amphetamines (see below).
 - d. Steroids.

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- 3. The following positive drug results do not require MRO review prior to initiation of disciplinary action.
 - a. Tetrahydrocanabinol (THC). Metabolite of Marijuana
 - b. Benzoylecgonine (BZE). Metabolite of Cocaine
- c. Designer amphetamines (Street name: ecstacy). These include methylenedioxyamphetamine (MDA), methylenedioxymethamphetamine (MDMA), and methylenedioxyethylamphetamine (MDEA).
 - d. Monoacetylmorphine (6-MAM). Metabolite of Heroin
 - e. Phencyclidine (PCP)
 - f. Lysergic Acid Diethylamide (LSD).

4. MRO review of results not listed above should be considered on a case-by-case basis. Questions concerning MRO review of drug positive results or policy issues should be directed to the MEDCOM point of contact, LTC Dale Haak, DSN 471-7256, Commercial (210) 221-7256, dale.haak@cen.amedd.army.mil.

Colonel, MC

Assistant Chief of Staff for Health Policy and Services