



PEG101: Physical Ed 7A

Course Title: Physical Ed 7A

GRADE LEVEL: 7

CODE: PEG101

COURSE LENGTH: 9 weeks

Major Concepts/Content: This quarter course is designed to enable seventh grade students to develop movement skills and conceptual knowledge and attitudes related to the needs of the adolescent. Developmentally appropriate concepts of physical fitness and personal and social development are included in this course. Students apply appropriate physical activity and fitness concepts and attitudes to the development of a health-enhancing level of physical fitness. They demonstrate responsible and safe behavior applying appropriate concepts and attitudes to personal and social development.

Major Instructional Activities: Instructional activities are designed to further develop students' movement and physical fitness. Students participate in a variety of partially modified sports, rhythmic/dance, physical fitness, and other physical activities. Applications of concepts, thinking skills, and positive attitudes to movement and physical fitness are featured. A focus on combining basic elements of movement to a rhythmic beat is emphasized in this course.

Major Evaluative Techniques: Multiple assessment strategies are used to enable students to develop their movement skills, concepts, and attitudes; e.g., checklists, written summaries, authentic performance tasks, and portfolio and product assessment by the teacher, self, and peers. The approved DoDEA Physical Fitness Education and Assessment program is implemented in this course. It is important that the level of fitness not be used as grading criteria for this course.

Last Revised: March 16th, 2009 at 3:01 pm.