



February 2013



Military Saves Campaign Week, 25 FEB-1 MAR. Military Saves Week is a DOD-wide financial readiness campaign to persuade the greater military community to reduce debt and save money to help ensure personal financial readiness.

Federal Resume Job Kit Workshop

Fri, 1 Feb, 0830-1600, Bldg 1520, ATC Classroom. Create a Federal Resume using various techniques. Learn all aspects of what it takes to obtain a Federal Government Job. Call 301-619-2208 for more information

Levy Brief

Wed, 6 Feb, 0830-1130, Bldg 1520, Rm 7
Wed, 20 Feb, 0830-1130, Bldg 1520, Rm 7

Baby Signs

Thu, 7 Feb, 1000-1100, Balfour Beatty Community Center. A onetime class for parents and babies 8 months and older to learn natural baby sign language that allows babies and their parents to use simple signs to communicate important things like being hungry or thirsty, hot or cold, afraid or sad. Easy to use pamphlet/handouts provided.

The Pathway Back to Passion-Do You Know the Way?

Fri, 8 Feb, 0900-1500, Chapel Activities Room. Presenter: Dr. Pat Love. Lunch and Child Care provided. Call 301-619-7171 to register. Passion separates romantic love from friendship. Without passion, relationships can become vulnerable as well as conflicted. Come explore this vital subject in a day filled with understanding, insight and compassion.

The workshop is private—yet surprisingly powerful!

Mandatory 1st Term Soldiers' Personal Finance Class

Tue, 12 Feb, 0800-1600, Bldg 1520... Course is for all service members on 1st duty assignment who have not completed mandatory training. Please call to register or for more info, 301-619-3456/2197.

Coupon Exchange

Thu, 14 and 28 Feb, 1130-1300 AND 1530-1700, Post Chapel, 1776 Ditto Ave. Come browse our boxes of clipped and organized coupons to help you save a little or a lot. Bring your unwanted coupons to exchange with others. For more info, 301-619-3456/2197.

Hearts Apart

Thu, 14 Feb, 1100-1130, Bldg 1520, ACS Family Room. Valentines Day Luncheon and Rescue bracelet Workshop. Please call 301-619-6364 and reserve a spot by 12 February so we can plan accordingly for lunch and bracelet supplies.

Newcomers Briefing

Mon, 21 Feb, 0900-1100, CAC

Employment Development 2 Day Workshop

21-22 Feb., 0830-1630, Bldg 1520, Rm 7. This 2 day comprehensive employment workshop is for all military and their family members seeking employment! Learn how to

create resumes, conduct interviews, and negotiate salaries, etc. Learn various skills to enhance your job search. Call 301-619-2208/6636 to register!

Are You Retiring in the Next 5 Years?

Mon, 25 Feb, 1130-1300, Bldg 1520. How confident are you when it comes to retirement? This workshop will help you understand the many aspects of your approaching retirement. For more info, 301-619-3455/3456/2197.

How to Evaluate the Different Types of Insurance

Tue, 26 Feb, 1130-1330. What's the difference between insurance types and which ones are best for you? How do combination policies work and are they better than two separate policies? For more info, 301-619-3455/3456/2197

Financial Peace University Preview

Tue, 26 Feb, 1730-1830, Bldg 1520. Come find out if FPU is for you at this special preview. The preview is FREE and does not require commitment. For more info, 301-619-3455/3456/2197.

Computer Class-Advanced

Wed, 27 Feb, 0830-1230, Bldg 1520, Computer Classroom 3. Advanced computer workshop to include hands-on instructions for Word, PowerPoint, and Excel. Must register in advance, only 12 slots available. Call 301-619-2208/6636 to register!

What's in Your Financial First Aid Kit?

Wed, 27 Feb, 1130-1230, Bldg 1520. Know what you should have "within reach" should a financial emergency occur. For more info, call 301-619-3455/3456/2197.

Eating Healthy While Pregnant

Thu, 28 Feb, 1000-1100, Balfour Beatty Community Center. Since you are eating for two you should know what is tasty, easy and good for the both of you. The class focuses on 9 basic principles for eating healthy during the 9 months of pregnancy. The connection between good nutrition and good pregnancy results is compelling and far more reaching than you may realize. Participants will get a free copy of the book, "What to Expect® Eating Well When You're Expecting."

Finance Advice 1 on 1

Fri, 1 Mar, Bldg 1520. Call and schedule your appointment with a Personal Financial Counselor (PFC) to help you take control of your finances, approach finance dilemmas, and plan long-term goals. All PFC services are free, anonymous, and confidential. Schedule appointment by 27 FEB. For more info, 301-619-3455/3456/2197.

